



BUFFALO
GROVE
PARK
DISTRICT

2013

SUMMER Programs & Events



ARE
YOU
IN?

Dear Buffalo Grove Resident:

Summer is one of our favorite (and definitely busiest) seasons of the year, and for this upcoming summer, the Buffalo Grove Park District has an incredible variety of programs and events for the entire family.

Over the past few months, the Alcott Center has been undergoing a much needed renovation of the entire heating and cooling system. Because of the magnitude of this project, many programs have been either relocated or canceled during the construction period. Although this project has stayed on schedule and gone much smoother than we anticipated, it has been a challenge. Once the new system is up and running, the Alcott Center will much more energy efficient and comfortable for everyone who visits. The project should be complete by early May.

Our next project will be the redevelopment of Kilmer Park. The Buffalo Grove Park District received a State grant of \$394,000, which will cover close to half of the projected cost of the entire project. Once complete, Kilmer Park will have 2 new tennis courts with lighting, a basketball court, a new playground with a rubberized safety surface, fitness equipment, a 20' shelter, skate elements, a badminton court, a bag toss court, a new baseball field that can also be used for flag football, benches and bleachers, as well as landscaping, shade trees, bio-swale and drainage. The Kilmer Park project is scheduled to begin in June and be complete in fall.

Special events have become a staple in the Buffalo Grove community; and, summertime is the busiest season for Park District events. Back for a fourth year is our Flag Day event, and we look forward to seeing you and your neighbors at Fun Free Tuesdays, Lawn Chair Lyrics, Movies Under the Stars, the Family Camp Out, National Night Out and a variety of other fun events for the whole family.

Speaking of special events, the many free programs in our community are made possible through generous donations from a variety of businesses in the area. The Park District's corporate partnerships program gives local businesses the opportunity to promote their business, while also supporting the community. We'd like to welcome some new sponsors this season, Stiletto's Boutique and Forsight Vision.

The Happy Tails Dog Park is now in its fourth season of operation, and now is a great time to get an annual pass to the dog park. We have just recently opened the dog park to nonresidents as well; however, all dog park users must have a permit. Dog park permit forms are available at bgparks.org. Please remember that all dogs must also have a current village license in order to obtain a dog park permit.

If you still haven't signed your child up for summer camp, the Park District still has openings in a wide variety of camps for children of all ages. A detailed list of camps offered is available on pages 45 - 50.

On behalf of the entire Board of Commissioners and the staff at the Buffalo Grove Park District, we hope you and your family have a safe and fun summer, and we look forward to seeing you enjoy the parks.

Dr. Larry Reiner
President of the Buffalo Grove Park District Board of Commissioners and Staff

Board of Commissioners

The Buffalo Grove Park District Park Board of Commissioners are five elected officials, each serving four-year terms. The Board is primarily a policy-making body that reflects the needs and interests of all taxpayers. Your personal participation is an integral part of this decision-making process. The Park Board meets the second and fourth Monday each month at the Alcott Center, 530 Bernard Drive, at 7 pm. Please feel welcome to attend.



Dr. Larry Reiner
President



Jack Schmerer
Vice President



Scott Jacobson
Treasurer



Richard Drazner
Commissioner



Adriane Johnson
Commissioner

Facilities & Program Registration

Alcott Center

530 Bernard Drive
847.850.2100
TTY: Dial 7-1-1 or 800.526.0844
Fax: 847.459.5741
E-mail: info@bgparks.org

Raupp Museum

901 Dunham Lane
847.459.2318
Fax: 847.459.3148

Buffalo Grove Fitness Center

601 W. Deerfield Parkway
847.353.7500
Fax: 847.353.7530

Spray 'N Play

951 McHenry Road
847.793.0570 - Information

Twin Creeks Park

401 Aptakistic Road
847.478.8721

Emmerich Park

150 Raupp Boulevard
847.459.2311

Willow Stream Pool

600 N. Farrington Drive
847.459.2309

Golf & Sports Center

801 McHenry Road
847.459.2321

Alcott Center Front Desk & Registration Hours

Monday	8:30 am - 7:30 pm
Tuesday - Friday	8:30 am - 5 pm
Saturday	9 am - 12 pm

Online, Drop off & fax registration available 24 hours a day.

Drop off box is located in the Alcott Center parking lot.

Register by fax: 847.459.5741

Drop off and faxed registration forms received after office hours will be processed the next business day. Please call 847.850.2100 with any questions.

Alcott Center Holiday Hours

May 25 - 27	Memorial Day Weekend	Closed
July 4	Independence Day	Closed

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CLICK & YOU'RE IN!

Online Registration is available

This symbol indicates online registration is available for the class or program listed.

See our website at

bgparks.org

Staff Directory

Administration

Dan Schimmel, CPRP	Executive Director	847.850.2109
Ryan Risinger, CPRP	Director of Recreation & Facilities	847.850.2122
Bill Heider, CPRP, CPSI	Superintendent of Parks	847.459.2311
John Short, CPA, CPRP	Business Manager	847.850.2114
Tim Beckmann	Risk Manager	847.850.2115
Mike Terson	Public Relations & Marketing Mgr.	847.850.2116
Kim Cashmore, CPRP	Superintendent of Recreation	847.850.2108
Greg Ney, CPRP	Superintendent of Recreation	847.850.2127
Kristy Vik, LPGA	Superintendent of Revenue Facilities	847.353.7505
Robin Racusen	Office Manager/Customer Service	847.850.2103

Recreation & Facilities

Rick Missing, CPRP	Facility Coordinator	847.850.2107
Andrew McDowell	Assistant Facility Coordinator	847.459.2321
Debbie Fandrei	Museum Curator	847.459.2318
Chuck Burgess, CPRP	Recreation Supervisor	847.850.2125
Terri Ebner	Recreation Supervisor	847.850.2117
Chris Eckert	Recreation Supervisor	847.850.2123
Melissa Lewis	Recreation Supervisor	847.850.2134
Alyson Stanczak, PPRP	Recreation Supervisor	847.850.2105
Erika Strojinc, CPRP	Recreation Supervisor	847.850.2133
Martha Westerberg, CPRP	Recreation Supervisor	847.850.2111
T.J. Wilkes	Athletic Supervisor	847.850.2199
Patrick Griffin	Aquatics Coordinator	847.850.2110
Bryan Adams	Recreation Specialist - Clubhouse	847.850.2119
Lindsay Grandt	Performing Arts Coordinator	847.850.2132
Gail Piggott	4-Year Preschool Director	847.850.2138
Jose Lanza	Head Custodian	847.850.2120
Yoni Matute	Custodian	847.850.2120

Business & Registration

Aleta Kahn	Accounting Specialist	847.850.2112
Eliza Hollis	Accounting Specialist	847.850.2113
Martha Weiss	Administrative Assistant	847.850.2104
Judith Kessler	Receptionist	847.850.2150

Fitness Center

Mike Schulewitz	General Manager	847.353.7582
John Wierzbicki	Assistant Facility Coordinator	847.353.7510
Carol Lucido	Membership Sales Manager	847.353.7520
Andrea Pfeiffer	Guest Services/Kids Club Manager	847.353.7525
Dave Anderson	Building Maintenance Manager	847.353.7557
Laura Camastro	Business and Marketing Specialist	847.353.7529
Marcy Abrams	Accounting Specialist	847.353.7540
Mike Jost	Member Services Specialist	847.353.7506
Dennis Houghton	Programs Specialist	847.353.7517
Felix Yarovsky	Equipment Specialist	847.353.7556

Parks 150 Raupp Boulevard - 847.459.2311

Brian Faczek, CPSI	Supervisor of Parks
Bob Shiel	Supervisor of Mechanical Operations
Jim Holder, CPSI	Supervisor of Operations
Randy Croissant, CME	Fleet Manager
Jim Faczek	Grounds Foreman
Steve Houde	Grounds Foreman
Rosendo Soto	Grounds Foreman
Clint Poynor, CPO	Facilities Technician
Randy Smith, CPO	Facilities Technician
Matt Raupp	Athletic Field Maintenance
Mark Bajno	Athletic Field Maintenance
Tom Hoffman	Park Maintenance
Jose Soto	Park Maintenance
Tony Porreca, CPSI	Park Maintenance
Scott Buckley	Park Maintenance

Buffalo Grove Park District Mission Statement

Enriching life and community through premier parks, programs and facilities.

Adopted January 2013.

Registration Information

General Program Registration Dates

Resident Registration

Begins: May 6

Nonresident Registration

Begins: May 13

All registrations received prior to the above dates and times will be processed at random.

Please note: All programs that are available for online registration are first-come, first-served and will fill up quickly.

Proof Of Residency

You must provide proof of residency the first time you register in order to receive Buffalo Grove Park District resident rates. Once you are in our system, you will not need to prove residency again unless your address changes. The only acceptable forms of proof include a valid driver's license or state identification card, or a current electric, gas, water or garbage bill.

Registration Information

The Park District's registration process was developed to permit fair access to Park District programs and services for all our residents.

- Complete your registration form(s), including second choice programs and signature. Unsigned forms or incorrect payments will delay the registration process.
- Make sure that all program codes indicate the classes you want. If the code is incorrect, it may delay your registration.

Waiting Lists

Wait lists are automatically created when we have more registrations for a program than we have space. Your receipt will indicate if you are registered for a program or on the waiting list. We will process refunds once we are certain that we cannot find an opening for you.

Second Choice Programs

Selecting a second choice increases the likelihood of getting into a program. Write your second choice in the shaded sections of the registration form. Please pay the total of the highest fees. If your payment is less than the necessary total, your registration cannot be processed. If the program you want is full, we will place you in your second choice program. If both programs are full, you will be placed on a waiting list for your first choice program and your fee will be refunded.

Refunds

- Full refunds will be issued for any program cancelled by the Park District.
- Participants may request refunds for programs up to 5 business days before the program's first meeting. In athletic programs and leagues, the program is considered to begin with its first practice.
- Refunds received with less than 5 business days notice will only be issued for a medical problem, when accompanied by a doctor's note.
- Refunds for trips and contractual workshops will only be issued if the spot can be filled from the waiting list.
- Once a program has ended, a refund will not be issued.
- A \$5 administration fee will be charged against your refunds, including medical problems, to cover clerical and administrative costs. There are no administrative fees charged when a program is cancelled by the Park District.
- Fees paid by credit cards will be refunded through charge account credits.
- If you register on-line and cancel online, you must call 847.850.2103 to expedite a refund, otherwise the money will be credited to your account to be used towards future registrations.
- Refund processing takes 2 weeks.

Receipts

A confirmation of registration will be sent to you electronically if an e-mail address has been provided. If not, a receipt will be mailed to the address on the registration form. The Buffalo Grove Park District will reissue past receipts when a Receipt Request Form is completed. There is a \$5 fee per request. Receipt Request Forms are available on our website or at the Alcott Center. Once the fee is paid and the form is completed, please allow 5 days for processing.

Program Changes & Cancellations

- Programs are sometimes cancelled or altered due to low registration, changes in staff or facility availability.
- If your receipt indicates a program has been cancelled or altered, please contact the Park District right away at 847.850.2100. We may be able to transfer your registration to another program of your choice.
- You are entitled to a full refund for a program that has been cancelled by the Park District.

Park District Advantages

If you live within the boundaries of the Buffalo Grove Park District, you are entitled to:

- Registration for limited programs before they are opened to non-residents.
- Pre-Registration for certain continuing programs.
- Resident rates for all programs.

The boundaries of the Buffalo Grove Park District and the Village of Buffalo Grove are not exactly the same. Some neighborhoods at the edges of Wheeling and Arlington Heights are in the Buffalo Grove Park District boundary. Other neighborhoods within the Village of Buffalo Grove are outside the Park District. If you are not certain whether you qualify as a resident, please check your property tax bill, or contact our registration office at 847.850.2100.

Nonresident Fair Share Fees

Buffalo Grove Park District residents make significant contributions to the operation of the agency through their property taxes. This contribution is beyond the fees they pay for programs and services. The Fair Share fee policy was adopted by the Park District's Board of Commissioners to equalize this financial burden. Fair Share fees will be 25% more than the resident fee, up to a maximum of \$100.

Registration Form

Part 1 » Family Information (please print clearly)

Family's Last Name: _____ Address: _____ City: _____

Zip: _____ Home Phone: _____ Alternate Phone Number: _____

Name of Parent: _____ Parent's Work Number: _____

Name of Parent: _____ Parent's Work Number: _____

Head of Household's e-mail Address: _____

Part 2 » Fill in 1st and 2nd choice programs for each participant (Please pay the higher of the 2 fees when including 2nd choice programs)

Participant's Name	Sex	Birthdate	Program	Code Number	Age	Fee
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			

Please describe any accommodation needed for your enjoyment of this program: _____

Credit Balances of \$10 or less will be applied to your account. Total Fees = \$ _____

Part 3 » Signature

Waiver and Release of All Claims - Must be signed or registration cannot be processed.

Please read this form carefully and be aware that in registering yourself or your minor child/ward for participation in Buffalo Grove Park District programs, you will be waiving and releasing all claims for injuries you or your child/ward might sustain arising out of said programs.

I recognize and acknowledge that there are certain risks of physical injury to participants in the program(s) for which I have registered and I agree to assume the full risk of any such injuries, damages or loss, regardless of severity, which I or my child/ward may sustain as a result of participating in any activities connected or associated with any such program(s). I waive and relinquish all claims I or my child/ward may have against the Park District and its officers, agents, servants and employees as a result of participation in any of these program(s). I hereby fully release and discharge the Park District and its officers, agents, servants and employees from any and all claims from injuries, damage or loss which I or my child/ward may have or which may accrue to me or my child/ward on account of my participation or the participation of my child/ward in any of these program(s). I further agree to indemnify and hold harmless and defend the Park District and its officers, agents, servants and employees from any and all claims resulting from injuries, damages and losses sustained by me or by my child/ward, and arising out, connected with, or in any way associated with the activities of any of the program(s). Photo Disclaimer: Registrants and participants of programs and special events permits the Park District to take photos and videos of themselves and their child/ward for publication in the program brochure, website and additional uses as the Park District deems necessary unless the registrant or participant expressly files with the Park District a written objection as to photos or videos of themselves and/or their child/ward.

I have read and fully understand the program details and waiver and release of all claims.

Signature of Participant or Parent (If participant is under 18) _____

Date _____

Part 4 » Fill in Charge Card Information

This section must be filled out if you are using VISA, Mastercard or Discover

Charge My:

Visa

Mastercard

Discover

Account Number _____

Expiration Date _____

Card holder (print name) _____

Amount of Payment \$ _____

Authorized Signature _____

Part 5 » Return your form to the Park District

Mail in, Drop off or Fax it in!



Buffalo Grove Park District
530 Bernard Drive
Buffalo Grove, IL 60089
Fax: 847.459.5741

General Information

Americans With Disabilities Act

The Buffalo Grove Park District will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. We invite any resident with any special need to contact our staff, or our special recreation staff upon registration so that a smooth inclusion may occur. In addition to the programs listed within our program guide, our district also provides specialized services for people with disabilities through the Northwest Special Recreation Association (NWSRA). Feel free to contact NWSRA at 847.392.2848 for more information.

If you have questions regarding the Park District's policy regarding ADA, or believe that you have been unfairly discriminated against in the provision of services or activities at the Buffalo Grove Park District, please contact Kim Cashmore, our ADA compliance officer, at 847.850.2108. A procedure is available to you for the prompt resolution of your complaint.

Please attach a description of any accommodations needed to your registration form. This procedure will help ensure your enjoyment of our programs and events.

Illinois Relay Center

The Buffalo Grove Park District encourages people who have hearing or speech impairments to use the Illinois Relay Center if they wish to call the Park District. The service is available at no cost to those using a TDD or TTY.

If you use a TDD or TTY and want to call the Park District, or someone who uses a standard telephone, the Communications Assistant (CA) will voice your typed words to the person using a standard telephone and type the standard phone users words to you.

To use this service:

1. Dial 7-1-1 or 800.526.0844.
2. When the Communications Assistant answers, type the telephone number of the person you want to call.
3. When the person answers, proceed as you would with a regular TTY call. Direct your conversation to the person you are calling, not to the Communications Assistant.
4. Type "GA" when you are ready for the other person to respond. When you are finished with your conversation, end the call by typing "GA or SK (stop keying)," giving the person you are calling an opportunity to continue or end the call.

Changes/Errors Disclaimer

Due to the large amount of information available in the Buffalo Grove Park District program guide, errors before or after publication may occur. We apologize for any errors in this publication, and we will advise you of any changes as quickly as possible. We will also attempt to keep information on our website, bgparks.org as current as possible. Thank you for your patience and understanding when these situations occur.

Park District Tours

Whether you are new to the area or are a longtime resident that has not been able to keep up with all of the development over the past few years, the Buffalo Grove Park District is offering tours of the Park District. It is a great way to learn about the more than 50 parks and facilities within the district, as well as an opportunity to ask any questions you might have regarding any of the hundreds of programs and events offered throughout the year. If you are interested in taking a tour, please contact Chris Eckert at 847.850.2123 to schedule one.

Photo Disclaimer

Registrants and participants of programs and special events permit the Buffalo Grove Park District to take photos and videos of themselves and their children for publication in the program guide, website and additional uses as the Park District deems necessary unless the registrant or participant expressively files with the Park District a written objection as to photos or videos of themselves and/or their children.

Facilities

All facilities participants are expected to follow the rules of the facilities. Specialty areas of the facilities (example: Fitness Center and the pools) have posted signs stating special rules specific to that area. Disregard or abuse of facility rules may result in removal by staff or police from the facility for a designated length of time or permanently.

Warning Of Risk

Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Buffalo Grove Park District to guarantee absolute safety.



Volunteer Opportunities

Discover endless volunteer opportunities at the Buffalo Grove Park District. Who can volunteer at the Park District? Anyone! Opportunities are available for people of all ages and interests. With so many programs and projects to choose from, there's bound to be something you or your group will find interesting and rewarding.

Become a face in the park and volunteer today!

For more information, visit bgparks.org.

Accident Insurance

The Park District does not carry medical or accident insurance for program participants. Participants should review their personal insurance before registering for Park District programs to be certain of adequate coverage.

Behavior Policy

Part of the Mission of the Buffalo Grove Park District is to provide safe and wholesome programs, parks and facilities for our residents and guests. The Behavior Policy has been established to help fulfill this mission. We ask all staff, volunteers, participants and spectators to help us in our effort to provide the best possible environment to enjoy our recreation activities. The Behavior Policy is available for viewing at the Alcott Center or on our website at bgparks.org. Questions about this policy and the disciplinary procedure should be directed to the Director of Recreation and Facilities, or to the Superintendent of Recreation at 847.850.2100.

Smoking

Smoking is not allowed on Park District property. This includes all parks, facilities, buildings, athletic fields, spectator/viewing areas and parking lots. Thank you for your cooperation.

After Hours Hotline

Need information? Try these telephone information lines, available 24 hours a day:

- 847.850.2192 - Athletic Field Conditions and Program Cancellations due to inclement weather.
- To report acts of vandalism and/or hazardous park conditions, please call Jim Holder at 847.850.2163.

Park Hours

Unless otherwise posted, all lighted parks close at 11 pm and non-lighted parks close at 10 pm. All parks open at 6 am.

Tennis Courts

The Buffalo Grove Park District has 24 outdoor tennis courts (see inside back cover for locations), including lighted courts at Emmerich, Willow Stream and Woodland Parks. Due to inconsistencies in seasonal weather conditions, tennis courts, nets and lights remain open and operational all year long.

Light Operation:

- Turn lights on by pressing the button near the entrance gate. Once turned on, the lights will remain illuminated for approximately 60 minutes.
- After 50 minutes a horn will sound.
- Once horn is heard, press the button again for an additional 60 minutes.
- Once lights turn off it will take approximately 15 - 20 minutes to re-light.
- All courts are playable until 10:30 pm
- Please report any vandalism or switch problems by calling the Park District Vandalism Hotline at 847.459.2311 ext. 168.

Observers

Observers of programs are also expected to behave appropriately. Parents, friends, and any other observer is held to the same standards of behavior as participants. If inappropriate behavior of a program observer is reported or observed by a staff person, the observer will be asked to leave by staff or police if necessary.

Tree Memorial Program

If you would like to commemorate a date, person, event or organization, you may arrange to have a tree of your choice planted in your favorite park. The Park District recognizes tree memorial donations with plaques at the Alcott Center. The Park District will consult families or individuals on the tree species and potential location. The Park District will complete all installations. All donations are tax-deductible. A brochure on the tree Memorial Program is available at the Alcott Center.

Gift Certificates

Give the gift of fun! The Buffalo Grove Park District offers gift certificates in any dollar amount. Park District gift certificates can be used towards any program, such as classes, camp, preschool and Clubhouse, or towards season passes at the pool or Golf and Sports Center. To purchase a gift certificate, call Robin Racusen at 847.850.2103.



Concessions

If you are in our parks very often, you have probably seen the green utility vehicles and the portable concessions carts at some time. The Buffalo Grove Park District operates Jillie's Concessions and the Park Services Patrol from mid March thru mid November.

The Park Services Patrol assists our park patrons in a variety of ways, such as checking park and field rental permits, providing directions and first aid when necessary and assisting with special events. The Park District operates 2 concession stands at Willow Stream Park, as well as 4 portable concessions carts that serve hot and cold food, beverages, snacks and ice cream. You will see these carts at all of our large parks. Jillie's Concessions can also provide food, drinks or ice cream for any of your private parties or park events.

Private use of all of parks and fields requires a special permit. Applications and procedure information is available on our website at bgparks.org, or you may call 847.459.2321 for more information. Reservations are not taken over the telephone. All applications must be completed and fees included before they can be processed.



Providing outstanding opportunities through recreation for children and adults with disabilities.

Buffalo Grove Park District is a member of a 17 park district cooperative which forms the Northwest Special Recreation Association (NWSRA). The NWSRA team of full-time therapeutic recreation professionals and trained part-time staff offer quality year-round recreation for individuals of all ages with disabilities.

NWSRA activities provide opportunities for children and adults with disabilities to have fun, make friends, be included, learn new things, go new places and celebrate their lives. After school, evening and weekend programs feature sports, games, arts and crafts, fitness, cooking, drama and more. Camps, trips and special events are planned throughout the year.

Inclusion Assistance

NWSRA provides assistance to individuals who wish to participate in their local park district programs. Indicate on the registration form if any accommodations are needed to successfully participate in the program. The Park District staff will contact NWSRA for assistance.

Learn More about NWSRA

For more information on NWSRA programs and to register online, visit nwsra.org. Brochures about NWSRA programs are available at the Administration Center or from NWSRA at Park Central, 3000 W. Central Road, Rolling Meadows. Contact NWSRA at 847.392.2848 (voice); 847.392.2855 (TTY); or 847.392.2870 (FAX).

Leaders Needed

NWSRA is looking for energetic individuals looking to enrich the lives of NWSRA participants. If you are interested in working with NWSRA programs, please call 847.392.2848 or visit nwsra.org/ns/join/employment.html.



Arson & Vandalism Tipster Program

Buffalo Grove Park District parks, buildings and playgrounds have become targets of vandalism, and even acts of arson. When a loss occurs, the result may be that buildings and playgrounds may not be usable and park grounds or trees are destroyed. Ultimately, the public losses access to these facilities, or programs using those facilities have to be cancelled until repairs can be made. Expenses for these repairs can easily be worth tens of thousands of dollars.

As much as the staff and local law enforcement officers try to prevent these incidents, it is sometimes local residents and park users that are the best source of information about who may be involved in these acts. The Buffalo Grove Park District has adopted the Arson and Vandalism Tipster Program. The program encourages the public to call the Park District Vandalism Hotline at 847.459.2311 ext. 7 with information related to acts of arson or vandalism. Should that information lead to the arrest and conviction of a perpetrator or a conspirator, that person will receive a cash reward up to \$1,000. For more information, call Mike Terson at 847.850.2116.

Active Duty Military Policy

The Buffalo Grove Park District Board of Commissioners admires the sacrifice of military personnel and their dependents, and wants to provide the support they need. The Board feels that these families should be able to enjoy the many parks, programs, memberships and facilities in our community. Therefore a comprehensive program is available to military personnel and their dependents residing within the Buffalo Grove Park District.

Joining the Park District are the Friends of the Parks Foundation and the Rusty Reiner Veterans Memorial Fund. These two groups have provided financial

support to supplement this Park District commitment. Combined with the Park District, these groups help make sure that most programs and services are available to active duty military personnel and their dependents. This policy is for active duty military personnel, including reservists called to duty.

Please call 847.850.2100 for more information or to receive a scholarship application packet. All requests will remain confidential.

Rusty Reiner Veterans Memorial Fund

A fund has been established in memory of Vietnam Veteran Russell "Rusty" Reiner, a long-time Buffalo Grove resident. His daughter, former wife, parents, brother and many cousins still live in Buffalo Grove. The Reiner family partners with the Park District to provide a scholarship/fee assistance program for Active Duty Military personnel and their families.

If you are interested in participating in this program, as either a scholarship recipient, or as a contributor to the program, please contact Dan Schimmel, Executive Director, at 847.850.2109.

The Buffalo Grove Park District thanks the Reiner family for their generosity in supporting financial relief to resident military families.

HAPPY TAILS DOG PARK



*Hours: Sunrise to Sunset
Open all year, but not maintained in winter.*

The dog park is only available to pass holders, which are now available to both residents and nonresidents. Permits are available for purchase at the Alcott Center. You can download the annual or daily use permit at bgparks.org and return it to the Alcott Center for processing.

In order to purchase a dog park permit, you will need to provide proof of Buffalo Grove Park District residency (Village and Park District borders are not identical) and a Village dog license.

Free parking is available at the south end of the train station. Out of consideration for residents in the neighborhood just west of the dog park, we ask that all dog park users refrain from parking on neighborhood streets and only use the parking lot at the Sidney Mathias Metra Train Station.



*Located at the south end of the parking lot at the Sidney Mathias Metra Train Station
835 Commerce Court
Buffalo Grove, IL 60089*

**Permits
are on sale
at the
Alcott
Center**



Special Events

at the Buffalo Grove Park District



Flag Day - Friday, June 14 • FREE to Everyone

Flag Day is a day for all Americans to celebrate and show respect for our flag, its designers and makers. Our flag is representative of our independence and unity as a nation, with a proud and glorious history. It was at the lead of every battle fought by Americans, and many people have died protecting it. It even stands proudly on the surface of the moon. Join us at 5:30 pm at Veterans Park, located at 1300 N. Weiland Road in Buffalo Grove, as we proudly celebrate Flag Day. The Buffalo Grove Fire Department's Honor Guard will be presenting the colors. Speeches and changing the flags will also be part of this fascinating program.



Have you ever had to walk through a cloud of smoke? Has your little one ever picked up a cigarette butt while playing?

Enjoy the fresh air!

Smoking is not permitted anywhere on Buffalo Grove Park District property. This includes all parks, athletic fields, spectator viewing areas and parking lots.

- No secondhand smoke.
- No cigarette litter means cleaner parks.
- A safer environment for everyone.

Ordinance 05-7-1

Buffalo Grove Park District Presents

Lawn Chair Lyrics Concert Series

Tuesdays from 7 - 8:30 pm | Willow Stream Park South | 651 Old Checker Road



Concerts are **FREE!**

In case of rain, concerts will be cancelled. In the event of questionable weather, please call Erika Strojinc, Recreation Supervisor, at 847.850.2133.

June 25 **Jin & Tonic**
Country



July 23 **Buffalo Grove Jazz Band**
Jazz

July 2 **Industrial Drive**
Rock



July 30 **Billy Elton featuring Reid Spears**
Rock

July 9 **Shy Violet**
Dance

August 6 **The Nevery Brothers**
A Rock 'n' Roll Evolution -
From Elvis to the Beatles!

Cosponsored by
Vitality Spa
&
Dakota K

July 16 **Connexion Band**
Contemporary Pop Music



Special Time 6 - 8 p.m.



The 2013 Rotary Village Green Concert Series is proudly brought to you by Lou Malnati's and the Buffalo Grove Rotary Club.

Rotary Village Green is located immediately north of the Buffalo Grove Post Office on Buffalo Grove Road

Thursday Evenings at 7 pm

The Buffalo Grove Town Center is host to a wonderful concert park, The Rotary Village Green, which since the 1980s has entertained a generation of Buffalo Grove residents with a variety of home grown and professional talents. This year, the series hosted and coordinated by the Rotary Club of Buffalo Grove promises to offer a comfortable venue of free lawn chair concerts. Picnicking and dancing are welcomed for our 7 pm concerts, which extend from June 20 through August 8. Rotary welcomes you to the Green for a great summer pastime.

June 20 - BG Singers

Launched several years ago as a vocal club, the BG Singers have developed into a highly credible and energy packed vocal troupe. Their selections are bound to satisfy all ages.

June 27 - Sag Valley Boys

What summer concert series would be complete without a great country ensemble, and the Sag Valley Boys promise to present a strong selection of the best of country music.

July 4 - Buffalo Grove Symphonic Band

Traditionally our largest concert which precedes immediately the annual July 4 fireworks display, Conductor Howard Green brings his full symphonic ensemble to the Green for the best of midsummer entertainment. This extended concert will contain selections of traditional and contemporary scores with a patriotic flair to accompany our national holiday.



July 12 - Village Jazz Band SPECIAL FRIDAY PERFORMANCE

This special Friday concert features our own Village Jazz Band and is scheduled to launch the Arifest weekend, which is being held in the Buffalo Grove Town Center.

July 18 - Blowing in the Wind

Classic folk singer David HB Drake brings his ensemble to the Green to entertain those who grew up in the folk song tradition.

July 25 - Hot Shots Dance Team

The Hot Shots Dance Team has performed and competed throughout the Chicagoland area. Their performances have earned them top honors and awards at competitions. They have also been invited to perform at Dance for Life's: Next Generation benefit concert, Navy Pier and Walt Disney World. This talented group of dancers ages 5 - 14 will be sure to entertain the entire family with their dazzling smiles and high energy routines.

August 1 - Industrial Drive

Back by popular demand, one of last year's most popular concerts was Industrial Drive. They will be returning this summer with some new songs and old favorites. Industrial Drive is a fresh, eclectic and fun way to hear live music; a combination of the best of your iPod and the songs you turn up on your radio. They will have you singing and dancing, and with such a wide variety of music in their repertoire (70s thru current), Industrial Drive appeals to the most diverse of crowds.

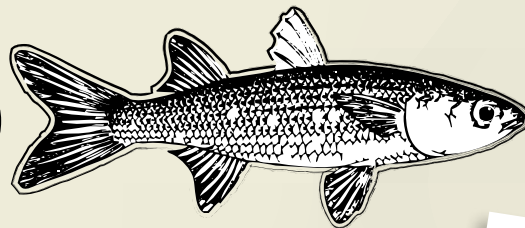
August 8 - United States Navy Band, Great Lakes

What a great way to end the 2013 concert series, as we have in the past, with our great musical ambassadors in uniform. If you have not seen this concert in the past it, is well worth your time. Bring your dinner, your flags, and your service mementos to this great event.

All concerts will be held on the Rotary Green, immediately north of the Post Office at Buffalo Grove and Old Checker Roads. Whatever the reason, come to relax and enjoy your summer and the concert series presented by the Rotary Club of Buffalo Grove.

HUCK FINN FISHING DERBY

20



13



Come out and catch that prize-winning fish at the Buffalo Grove Park District's 32nd Annual Fishing Derby at Green Lake Park. Every participant will receive a gift bag at the event and awards will be given for the longest fish, the most fish caught, the most unique catch and the most colorful fish. This event is for children only. (BA)

Age: 1 - 14 years

Code	Day	Date	Time	R/NR Fee
37913	Sat	June 22	8 - 10 am	\$3/\$4

Location: Green Lake Park

FREE Fun Tuesdays In Buffalo Grove

Tuesdays • 10 - 11:30 am

Date	Park Location
June 25	Alcott Center
July 9	Willow Stream Park
July 23	Twin Creeks Park



Fun Park Activities Will Include

- | | | |
|--------------------|-----------------|---|
| Outdoor Bingo | Kickball | Chalk |
| Hula Hoops Contest | Softball | Bubbles |
| Bag Toss | Wiffleball | Safety Town <i>(Must bring your own helmet)</i> |
| Tug Of War | Playground Fun | Bocce Ball |
| Water Games | Arts and Crafts | |
| Disc Golf | Parachute | |

Play in the Park with your family, friends, neighbors and the Buffalo Grove Park District Park Squad! On 3 Tuesday mornings, the Buffalo Grove Park District will be hosting fun activities for children of all ages. Drop in and have fun at no cost. Come enjoy the fun and stay for lunch in the park. A variety of concessions will be available for purchase. In case of inclement weather, call the weather hotline at 847.850.2192. (BA)

TOTS In The Park

3 FREE Fridays For Everyone • 10:30 - 11:15 am • Alcott Center • 530 Bernard Drive



July 12

*Super Stolie
Children's Musician*



July 19

*Jeanie B
Children's Singer*



July 26

*Istvan and His Imaginary Band
Kindie Rocker*

> FREE performances for children of all ages <

> Bring a blanket <

> In case of inclement weather, performances will be held inside the Alcott Center <

For more information, please call Erika Strojinc at 847.850.2133



Hotel Transylvania July 19

(rain date July 25)

Sponsored by



Wreck It Ralph July 26

(rain date August 1)

Rise of the Guardians August 2

(rain date August 8)

Sponsored by



Movies Under The Stars

Willow Stream Park • Fridays at Dusk

There is no need to buy a ticket or rent a movie on these Friday nights! Available seating is guaranteed in our 54 acre theater that will feature a 40 foot screen and surround sound.

Concessions will be available for purchase or bring a picnic of your own. So, grab your blankets and head out to Willow Stream Park for 3 unforgettable evenings of Movies Under the Stars.

Camping Under The Stars

Friday, August 2 | 6 pm - 9 am | Willow Stream Park



16



Bring your tent and share an adventurous overnight campout with friends and neighbors at Willow Stream Park South. Campsite, hot dog dinner, fun and games, swimming at the pool, and continental breakfast is included in the fee. We will have treats, games, enjoy the Movie Under the Stars and more. The fee includes up to 4 people per site (\$6 for each additional person). No pets, camp fires or alcoholic beverages are allowed. Families are encouraged to make and bring a family flag to be posted outside their tent. The registration deadline is July 27. (BA)

Age: 1 - 14 years

Code	Day	Date	Time	R/NR Fee
37908	Fri	Aug 2	6 pm - 9 am	\$45/\$59

Location: Willow Stream Park

BUFFALO GROVE PARK DISTRICT PRESENTS

NATIONAL NIGHT OUT

AUGUST 6 • WILLOW STREAM PARK SOUTH • 651 OLD CHECKER ROAD

FREE Food, Entertainment and Giveaways

5 - 7:30 pm

- Business Expo
- Picnic in the Park
- Inflatable Attractions Games
- Buffalo Grove Fire and Police Department Displays
- Free Hotdogs, chips and drinks (while supplies last)
- Not to mention the free giveaways.

6 - 8 pm

Live music with **The Nevery Brothers**.

Food Drive

Bring a nonperishable food item to the Buffalo Grove Police Challenge trailer at National Night Out. All items collected will be distributed through local food pantries supported by the Northwest Suburban Interfaith Council. Help fill the traffic safety trailer.



Sponsored by:



Your Community Bank

At American Enterprise Bank, you get more than just bankers with knowledge and expertise. AEB offers true partnerships. We understand and value our responsibility to individuals, families and local businesses. As the only bank headquartered in Buffalo Grove, we understand every member of our team is part of the community, and our customer service is enhanced by our local decision making.

- *A variety of Checking, Savings and Money Market Account options*
- *Online Banking - Pay bills securely 24/7 anywhere*
- *Extensive ATM/Debit Network - We never charge a fee for ATM use***

*Ask about our Home Equity Lines of Credit*** with low interest rates and no fees!*



AmericanEnterpriseBank.com

BUFFALO GROVE IL - BRANCH OFFICE

600 N. Buffalo Grove Rd. | 847.465.9700

Schaumburg IL | Highland Park IL

847.352.1200 | 847.681.8600



*You may be charged a fee by other ATM's. ** American Enterprise Bank's Home Equity Credit Lines are variable-rate products that are tied to the Prime Rate as published in The Wall Street Journal, currently 3.25% as of June 11th, 2012. Your rate will adjust as the Prime Rate changes. Equity Lines are limited to a maximum 80% combined LTV (loan to value) and are intended for and serviced by a first or second lien on the applicant's primary one-to-four family residence located in Illinois. Approved lines of \$100,000 and above are at Prime plus 0.25%, with a minimum Annual Percentage Rate (APR) of 4.50% and a Maximum APR of 25%. Approved Credit Lines of \$99,999.99 and under are at Prime plus 0.75%, with a minimum Annual Percentage Rate (APR) of 4.75% and a Maximum APR of 25%. Typical third-party fees are waived. There is no annual fee. At minimum, interest only must be paid monthly on Home Equity Credit Lines and there is a balloon payment of any unpaid principal due at maturity. There is a \$500 cancellation fee if the Home Equity Credit Line is closed or cancelled within 36 months of the date of the note. Property insurance is, and flood insurance may be, required. Rates subject to change. Consult your tax advisor regarding the deductibility of interest. Other terms and conditions may apply. Other products available. Revision date: June 11th, 2012. Subject to change.





Free special events in our community are made possible through generous donations from our corporate partners.

We would like to thank these businesses that have contributed generously to support Buffalo Grove Park District programs and events.

For more information on the Buffalo Grove Park District's corporate partnership program, contact Mike Terson at (847) 850-2116.

BIRTHDAY BONANZA

Birthday parties can be hassle free when you let the Buffalo Grove Park District plan the party for you!

Call 847.850.2126 for party availability.

Basic Parties

Price - \$230

20 Children Limit

1½ Hours

All Basic Parties include:

- Instructors to run the party
- 1 hour activity time
- 30 minutes in party room
- Tablecloths, cake plates, cups, napkins, and plastic utensils

You provide:

- Cake, juice and any other refreshments needed
- Serving utensils
- Decorations

Goody bags are available for an extra \$5 per child.

Custom invitations available, including mailing, for an extra cost.

Game Day Sports

Age: 5 - 12

Your athlete will love this sports and game themed party. Activities include, but are not limited to, soccer, floor hockey, basketball, flag football, dodge ball, capture the flag, man from mars, and much more. Call to customize your unique game experience.

Mix It Up Cooking

Age: 4 - 12

If your child loves to help out in the kitchen, then this is the party for them. The party goers will learn to measure, mix, roll and cook with this birthday party. They will prepare a theme related food and art project. The possibilities are endless, call for details.

Dance Party

Age: 4 - 11

Come and celebrate your birthday with dancing, music and fun! Your birthday girl or boy can choose from a dance party with jazz, hip hop, pom pom, musical theater or a combination of all dances. An instructor will teach fun dance moves to your party star and guests, then they will perform their dance for the parents at the end of the party.

Princess Party

Age: 3 - 6

Have your little princess meet one of the Disney Princess' for a magical party! Our princess will play games and sing songs with the birthday girl and her guests, as well as participate in a special tea party. Specific Disney princess depends on availability.

Theater Party

Age: 6 - 12

Your theatrical birthday girl or boy will enjoy this 90-minute theater party. Your child will be the star of a show put together by the birthday party kids. The kids will start their party off with a few theater games and then choose parts and props to get them ready for the show. The instructor will lead the kids through a creative script that will have them up and performing in no time.

Glamour Girl Party

Age: 4 - 9

Get ready to be made into a super star with a new hair do and make-up. Go through our dress up bin to find the perfect outfit and finish off by learning a short dance and walking the red carpet for all the parents. Don't forget to bring your camera to take pictures of your glamour girls!

Bike Party

Age: 4 - 7

Bring your child and their friends to Safety Town for an exciting bike party! All bike parties include a safety lesson, followed by lots of hands-on experience on bikes and motorized cars in our Safety Town. Guests must bring a bike helmet and wear gym shoes.

Specialty Parties

Price - \$310

20 Children Limit

1½ Hours

All Specialty Parties include:

- Contractual Entertainment
- Instructors to run the party
- 1 hour activity time
- 30 minutes in party room
- Tablecloths, cake plates, cups, napkins, and plastic utensils

You provide:

- Cake, juice and any other refreshments needed
- Serving utensils
- Decorations

Goody bags are available for an extra \$5 per child.

Custom invitations available, including mailing, for an extra cost.

Pee Wee Magic & Balloon

Age: 1 - 3

Magician Gary Kantor presents a thrilling magic and balloon animal show specifically designed for this younger age group. Gary's magic will use stuffed animal characters from popular cartoon shows to amaze the children. You can even bring your child's favorite stuffed animal and make it part of the show. Balloon animals will be made for every child to take home after the show.

Wiggle Jiggle & Sing

Age: 1 - 5

Offer your guests a fun filled musical party experience. This party is led by Michelle Hunter, a professional music teacher and specialist in early childhood music and movement. Parties include singing, dancing, creative movement and playing musical instruments.

Magic

Age: 4 - 12

Make your party unique, entertaining and memorable with the magic of Gary Kantor. All parties are interactive and your child will become a magician before your eyes.

Sports Of All Sorts

Age: 4 - 10

Pick your sport and come have a ball! Soccer, Baseball, Floor Hockey, Kickball and other gym games. There will be one hour of any sport or a combination of sports. All necessary equipment will be provided and each child will receive a sports medal at the end of the party. Instruction and sports equipment provided by Sports R Us.

Pottery Painting Party

Age: 5 - 12

Sunshine Craft will guide your guests through an artistic adventure. Kids will select and paint a pottery art piece using acrylic paints and a variety of brushes, sponges and fingers. Finished art pieces are glazed and glitter-sprinkled, as selected by each painter, and taken home that day. All art materials are nontoxic, odorless and latex free. All art materials and smocks are provided.

Martial Arts & Tae Kwon Do

Age: 4 years and up

K.H. Kim's Tae Kwon Do knows how to throw a great birthday party, as your child becomes the Master of the Day and Star of the Show! Tae Kwon Do is fun for all ages and will be an unforgettable experience for all your partygoers. The children will receive a group martial arts lesson and will learn how to break their own board. It's guaranteed to be a hit. As a special treat, the children are sure to enjoy a short demonstration by the Master. The party will be fun, safe and supervised in a kid-friendly environment, and will provide a high energy outlet for active kids.

Yoga Bash Party

Age: 4 years and up • 15 Children Limit • \$345

Mind, body, fun! You and your guests will enjoy a completely unique party experience. The focus is on fun using yoga poses and breathing techniques to energize and strengthen our minds and bodies. We use yoga inspired music and movement to spark each of your guest's creativity and sharpen their concentration. Yoga Bash parties include invitations and take-home yoga mats. We offer additional giveaway ideas and specialty desserts.

Deluxe Bike Party

Age: 4 - 7

Bring your child and their friends to Safety Town for an exciting bike party! All bike parties include a safety lesson, followed by lots of hands-on experience on bikes and motorized cars in our Safety Town. Following the outdoor activity, the partygoers will play safety games and complete an arts and crafts project. Guests must bring a bike helmet and wear gym shoes.

LEGO

Age: 6 years and up

Come get locked into the world of LEGOs! This LEGO birthday party is delivered to you by LEGO Certified Professional Beth Weis. Boys and girls of all building abilities will love building over 100 pounds of LEGO bricks and elements. This party offers organized activities, free play, plus the special birthday person being built into a custom birthday tower.

Spray 'N Play See Page 52

Join us for an Ultimate or Splash Bash Party at the Spray & Play. Get relief from the heat and enjoy and outdoor party.

Golf & Sports Center

Ultimate Sports Parties - Available September thru early May

Whether it's soccer, baseball, softball, flag football, lacrosse, golf or anything else, we have your party needs covered. We feature a large party patio, which offers umbrella picnic tables, chairs and benches. All packages include play time and party time! There are 4 party packages for you to choose from, or call our office to customize a party for your needs. In addition, to help with your party we supply birthday balloons, which can be taken home, tables, chairs and table covers. Cleats are not permitted inside of the facility. If applicable, participants may wish to bring personal golf clubs, baseball/softball gloves, bats, shin guards or other personal athletic equipment that may not be provided for the party. Catering is also available. To customize your event please call **847.459.2321**.



Please call
847.850.2126
 for party availability.

Early Childhood

Early Childhood Program Requirements

- Correct age by the first day of class.
- Babysitting services are not available.
- Due to class maximums, friendship requests cannot be granted.
- All classes are held at the Alcott Center unless otherwise indicated.
- New curriculum each season in all classes.
- Siblings may not attend class unless otherwise indicated.
- If date of birth listed on registration form is different than the date of birth in the Park District's database, proof of birth date will be required prior to attending the first class.
- If child is under 3 years, a parent or caregiver must attend classes with child. Children 3 years and up attend classes without a parent or caregiver unless otherwise stated.

Wiggle, Jiggle & Sing - Family

You and your kids will have a blast making music as you Wiggle, Jiggle and Sing with Michelle Hunter and her guitar. Michelle offers an upbeat and interactive approach to teaching music to children through musical play. You'll sing, clap, tap, dance and use simple musical instruments to experience creative music with your child. Research has shown that musical activities help children develop physical coordination, as well as visual and language skills. So, come join in the music making fun! Siblings are not required; however, there is a discounted rate for them of \$47/\$58. Online registration is available for one child registrations only. If registering more than one child, you must fill out a printed registration form to get the sibling fee discount. (MW)

Age: 3 - 42 months

Code	Day	Date	Time	R/NR Fee
37976	Tue	June 18 - July 23	9:20 - 10 am	\$55/\$68
37977	Tue	June 18 - July 23	10:10 - 10:50 am	\$55/\$68
37978	Tue	June 18 - July 23	11 - 11:40 am	\$55/\$68

Instructor: Hunter

Location: Alcott Center

Tot Rock

Sing, dance and play; have some fun the Tot Rock way! Your tot will delight in this popular music exploration program! While improving your tot's fine and gross motor skills, we will use a variety of rhythm instruments, movement props and sensory items. Tot Rock is a parent participation class that involves structured and unstructured time. Don't miss this chance for fun and learning!

No class on July 3. (MW)

Age: 12 - 24 months and walking

Code	Day	Date	Time	R/NR Fee
37985	Wed	June 19 - July 31	9:15 - 9:55 am	\$53/\$66

Instructor: Rock-It

Location: Alcott Center

Jump Into Books

Jump into the world of literature this summer! Each week, we will read a book and do art, songs and other activities, allowing children to explore that book like never before. We will read books such as "Rainbow Fish," then make your own ocean in a bottle. This summer, fill your children's time with a reading adventure! **No class on July 4.** (MW)

Code	Age	Day	Date	Time	R/NR Fee
38207	18 months - 3 years	Thu	June 20 - Aug 1	10 - 11 am	\$59/\$74
38208	3 - 6 years	Thu	June 20 - Aug 1	1:30 - 2:30 pm	\$59/\$74

Instructor: Ellingsen Location: Alcott Center

Kid Rock

Sing! Dance! Play! Make it a musical day! Kid Rock is a unique musical adventure that combines play and learning through music. Activities include singing songs and rhymes, moving creatively, participating in imaginative play, using a variety of rhythm instruments and props, and practicing fine and large motor skills. Parents participate in the 20 - 36 month class, but parents do not attend the 3 - 4 year class. There is a new curriculum each season. Have some fun today! **No class on July 3.** (MW)

Code	Age	Day	Date	Time	R/NR Fee
37982	20 - 36 months	Wed	June 19 - July 31	10 - 10:40 am	\$53/\$66
37983	3 - 4 years	Wed	June 19 - July 31	10:45 - 11:25 am	\$53/\$66

Instructor: Kid Rock Location: Alcott Center



For a variety of early childhood summer camp programs for 2 - 5 year olds, see page 47.

Young Rembrandts Preschool Drawing

Your preschooler's mind is hard at work building the knowledge and skills it will use for a lifetime. Now, more than ever, it's important to challenge their curious minds with activities that will keep them engaged and eager to learn. The Young Rembrandts preschool program is specifically designed with the needs of our youngest learners in mind. We use subjects they're familiar with, such as animals and toys, as well as their favorite learning tools (pictures, stories, touching and doing) to enhance social and conflict resolution skills, while improving listening, fine-motor skills, and time-on-task. Give your preschooler the information they're hungry for and be amazed by what they'll create. There are all new lessons every session. **No class on July 4.** (ES)

Age: 3½ - 5 years

Code	Day	Date	Time	R/NR Fee
38149	Thu	June 13 - July 11	3:30 - 4:15 pm	\$47/\$58
38150	Thu	July 18 - Aug 8	3:30 - 4:15 pm	\$47/\$58

Instructor: Young Rembrandts Location: Alcott Center

Picasso's Summer Fun Art Workshop

This workshop is all about celebrating summer and expressing yourself! In this course, kids will learn the basics of drawing, painting and sculpture. Children are offered the chance to work with watercolor, acrylic and clay. Learn to paint animals, sculpt funny characters and create colorful works of art. All sessions incorporate new projects and are taught by published artists and certified teachers. All supplies included; however, please bring a smock. **No class on July 3.** (ES)

Age: 3 - 7 years

Code	Day	Date	Time	R/NR Fee
38158	Wed	June 12 - July 10	2 - 3 pm	\$74/\$92
38159	Wed	July 17 - Aug 7	2 - 3 pm	\$74/\$92

Instructor: Picasso's Location: Alcott Center

Art Enrichment Pottery Paint & Story Time

Each week, the kids will hear a great story and paint a related pottery project. An example is "The Very Hungry Caterpillar," with the kids painting a caterpillar or butterfly. The painting lessons will emphasize all the elements of art and painting, including brush use, sponging, shading and more. Kids will come home with great self-esteem, confidence, and a love of art, as well as cool, colorful projects. Art smocks are recommended. Finished projects will be glazed immediately and taken home at the end of the session. All materials are nontoxic, odorless and latex free. **No class on July 1.** (ES)

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
38160	Mon	June 10 - July 8	9:30 - 10:30 am	\$69/\$86
38161	Mon	July 15 - Aug 5	9:30 - 10:30 am	\$69/\$86

Instructor: Sunshine Craft Location: Alcott Center

Junior Scientists

Your child will spend the summer exploring and discovering that science is all around us. We will use experiments and hands on learning to find differences between hot and cold, what it was like when dinosaurs roamed the earth, and why some things sink and others float. We will even learn what science takes place when we make our own ice cream. (MVV)

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
38209	Tue	June 18 - July 30	1:30 - 2:30 pm	\$69/\$86

Instructor: Ellingsen Location: Alcott Center

Hands On Art - School's Out Camp

Bring your imagination and creativity! These classes, taught by Mrs. Lori Cohen of preschool fame, will include exciting art, playtime and large motor activities. On June 3, we will make collages using various types of paper materials. On June 4, we will paint, experimenting with tempera, watercolor and finger paint, using many different kinds of brushes and tools. On June 5, we will have a fabulous day of building with blocks of many sizes and shapes, and then create a 3 dimensional sculpture to take home. During the 2-day session on June 6 and 7, we will create a masterpiece out of self-hardening clay on the first day; and, on the second day, we will paint and decorate our creations. Art activities will be different from previous sessions. Children will bring their lunch. Register for any or all of the classes. (MVV)

Age: 4 - 7 years

Code	Day	Date	Time	R/NR Fee
38247	Mon	June 3	9:30 am - 12:30 pm	\$28/\$35
38248	Tue	June 4	9:30 am - 12:30 pm	\$28/\$35
38249	Wed	June 5	9:30 am - 12:30 pm	\$28/\$35
38250	Thu, Fri	June 6 - June 7	9:30 am - 12:30 pm	\$56/\$70

Instructor: Cohen Location: Alcott Center

Super Twos & Terrific Threes

See page 26 for more details.

3 & 4 Year old Preschool

See pages 27 & 28 for more details.



Extend your Cricket Camper's day! Register for Jump Into Books, Junior Scientists or Hands On Art - Clay Creations, and your child will be picked up from Cricket Camp and taken to the class.

Hands On Art - Colorful Cooking



Mix a little art and a little cooking! Join Lori Cohen and make colorful, delicious snacks. Add some art, play, songs and stories for a great afternoon. (MW)

Age: 4 - 7 years

Code	Day	Date	Time	R/NR Fee
38243	M, Tu	June 10 - June 11	12:30 - 3 pm	\$47/\$59

Instructor: Cohen Location: Alcott Center

Hands On Art - Clay Creations



This class will focus on the fundamentals of clay building and design, working primarily with self-hardening clay. Each project will be constructed, dried, painted and brought home 1 week after it is started. (MW)

Age: 4 - 7 years

Code	Day	Date	Time	R/NR Fee
38212	Wed	June 19 - July 31	1:30 - 2:30 pm	\$64/\$80

Instructor: Cohen Location: Alcott Center

Hands On Art - Masterpiece Mondays



Join teacher Lori Cohen in creating masterpieces in 2 and 3 dimensional art. The first 3-week session will focus on art from nature. The second session's theme will be reuse and recycle. Adding time for free play, large motor activities and a snack will make your Mondays magnificent! Children will bring their own snack. Register for one or both sessions. (MW)

Age: 4 - 8 years

Code	Day	Date	Time	R/NR Fee
38210	Mon	June 17 - July 1	12:30 - 3 pm	\$72/\$90
38211	Mon	July 8 - July 22	12:30 - 3 pm	\$72/\$90

Instructor: Cohen Location: Alcott Center

Discovery Kids - Kindergarten Enrichment 2013-2014



Calling all Kindergarteners! Join us mornings or afternoons for enrichment and education. We emphasize fun and creativity through hands-on math and science, drama, music and art, early literacy and writing, problem solving, and large motor activities. We will enrich the kindergartens' curriculums using thematically centered lessons and activities, such as oceans, planets, our bodies and the weather. Classes have degreed teachers with a 9:1 ratio. There is a maximum of 18 children with 2 teachers. Busing is available from Tripp, Pritchett, Kilmer, Longfellow, Riley, Poe, and Willow Grove schools. If busing, register for the 3 hour class and have your child bring their lunch. If not busing or bringing lunch, use the 2½ hour option.

NEW Register and pay one month's cost when you register. The remainder of payments will be due monthly on the 15th of September, October, November, December, January, February, March and April. After the classes begin, no refunds of that month's payment are given for early withdrawal. If you have questions, call Martha Westerberg at 847.850.2111.

Age: 5 - 6 years

Code	Day	Date	Time	Total Year R/NR Fee
38019	Mon	Aug 26 - May 26	9 - 11:30 am	\$581/\$681
38018	Mon	Aug 26 - May 26	9 am - 12 pm	\$698/\$798
38026	Mon	Aug 26 - May 26	11:45 am - 3 pm	\$698/\$798
38027	Mon	Aug 26 - May 26	12:30 - 3 pm	\$581/\$681
38017	Mon, Wed	Aug 26 - May 28	9 - 11:30 am	\$1256/\$1356
38016	Mon, Wed	Aug 26 - May 28	9 am - 12 pm	\$1507/\$1607
38024	Mon, Wed	Aug 26 - May 28	11:45 am - 3 pm	\$1507/\$1607
38025	Mon, Wed	Aug 26 - May 28	12:30 - 3 pm	\$1258/\$1358
38015	Tue, Thu	Aug 27 - May 29	9 - 11:30 am	\$1368/\$1468
38014	Tue, Thu	Aug 27 - May 29	9 am - 12 pm	\$1643/\$1743
38022	Tue, Thu	Aug 27 - May 29	11:45 am - 3 pm	\$1643/\$1743
38023	Tue, Thu	Aug 27 - May 29	12:30 - 3 pm	\$1368/\$1468
38013	Mon, Wed, Fri	Aug 26 - May 30	9 - 11:30 am	\$1894/\$1994
38012	Mon, Wed, Fri	Aug 26 - May 30	9 am - 12 pm	\$2272/\$2372
38020	Mon, Wed, Fri	Aug 26 - May 30	11:45 am - 3 pm	\$2272/\$2372
38021	Mon, Wed, Fri	Aug 26 - May 30	12:30 - 3 pm	\$1894/\$1994

Instructor: Sirois

Location: Alcott Center

Busing

Code	Day	Fee
38031	Mon	\$170
38030	Mon, Wed	\$368
38029	Tue, Thu	\$402
38028	Mon, Wed, Fri	\$555

Clubhouse Connection

Need longer day coverage? For an additional small busing fee, your child can be picked up or dropped off at our Clubhouse before and after school care program at the following schools: Kilmer, Longfellow, Pritchett and Tripp. For more information, contact Martha Westerberg at 847.850.2111.

BUFFALO GROVE PARK DISTRICT
DISCOVERY KIDS

2013 - 2014 Open House
Wednesday, May 1
6 - 8 pm in Room 7
Alcott Center

For parents and upcoming kindergarteners
 Meet the teachers, visit the classroom,
 and learn about the curriculum.



Preschool

Buffalo Grove Park District

Registration began in February.
Sign up anytime!

The Preschool Center features:

- Bright, colorful air-conditioned rooms.
- 2 beautiful outdoor play areas.
- 2 spacious indoor play areas.
- Classrooms equipped with directline emergency phones.
- Convenient parking.
- Experienced, degreed professional staff.
- Small class sizes with 2 teachers per class.

By attending the Buffalo Grove Park District Preschool, your child will:

- Be better prepared for life-long learning.
- Receive personalized attention through low teacher:student ratios.
- Learn and grow at his/her own pace.
- Appreciate and learn respect for difference.
- Develop a fit and healthy love for exercising and sports through the use of our Circle Room, Large Motor Room and outdoor playgrounds.
- Gain social skills through play, stories, songs and group activities.
- Develop a sense of community and belonging through the friends he/she will make.



2013 - 2014
Preschool Open House
Monday, May 6
6:30 - 8 pm

Visit the Super Twos, Terrific Threes and Three and Four Year Preschool classrooms. Meet the teachers, learn about our preschool and see our beautiful classrooms.

Registration will be available at the Open House

Bring your child's birth certificate or passport, your driver's license and a \$100 nonrefundable deposit (\$75 for Super Twos).

Payment Information

When you register for 2013 - 14 Super Twos, Terrific Threes, Three and Four Year Preschools, you will have 3 payment options.

1. EFT - Electronic Funds Transfer from your bank account
2. Automatic credit card payments
3. Payment for the full year with cash, check or credit card

New early bird registration! Register before July 1 and pay the early bird registration fee of \$100 (\$75 for Super Twos). After July 1 the registration fee is \$150 (\$100 for Super Twos). The fee payments will be charged to your bank account or credit card on July 15, 2013, November 15, 2013, and February 15, 2014.



September 2013 - May 2014

Terrific Threes, for children who miss the September 1 preschool deadline, and turn 3 between September 2, 2013 and December 31, 2013.

- Children may be in Pullups®.
- Class will be 1½ hours in the fall (9:30 - 11 am), 2 hours beginning after Thanksgiving (9:30 - 11:30 am).
- Proof of age and a \$100 nonrefundable, nontransferable deposit is required with registration (\$100 deposit is separate from the total year fee).
- Parents are required to help in the classroom a total of 6 times during the year.

Age: 2 - 3 years			Total Year
Code	Day	Time	R/NR Fee
37104	Mon, Wed	9:30 - 11 am	\$1035/\$1135
37105	Tue, Thu	9:30 - 11 am	\$1110/\$1210

September 2013 - May 2014

This transitional class will help children learn to play with others, develop appropriate cognitive skills and gradually separate from the parent.

- For children 2 years old by September 1, 2013.
- Proof of age and a \$75 nonrefundable, nontransferable deposit is required with registration (\$75 deposit is separate from the total year fee).
- Siblings may not attend any class.
- September - Thanksgiving parent attends entire class with the child.
- December and January parent is with child the first and last 15 minutes of class. Parents leave the classroom, but remain onsite.
- Parents do not attend class February - May, completing the gradual separation.
- Parents are required to help in the classroom 2 times in winter and 2 times in spring.

Age: 2 years			Total Year
Code	Day	Time	R/NR Fee
37107	Mon, Wed	9:15 - 10:45 am	\$840/\$940
37108	Mon, Wed	11 am - 12:30 pm	\$840/\$940
37109	Tue, Thu	9:15 - 10:45 am	\$900/\$1000
37111	Fri	9:15 - 10:45 am	\$390/\$490

Children enrolled in Super Twos and Terrific Threes Preschool will priority register for Three Year Old Preschool in **2014 - 2015.**

For questions concerning Super Twos or Terrific Threes please contact **Martha Westerberg** at 847.850.2111.



Children enrolled in
Three Year Old
Preschool will priority
register for Four Year
Old Preschool in
2014 - 2015.

For questions concerning the
Three Year Old Preschool

please contact Martha Westerberg at 847.850.2111.

Good To Know:

Children may be in Pullups® until January.

September 2013 - May 2014

The Three Year Old Preschool focuses on learning through play, stories, songs and group activities. Children will make new friends and develop their social skills while becoming more aware of the world around them. Fine motor skills are developed through art activities and large motor skills are gained through use of the Gym, Large Motor Room and our Preschool Circle Room. Caring, professional teachers and bright, inviting classrooms provide children with a comforting and exciting educational environment. Children may be in Pullups® until January.

- Child must be 3 years old by September 1, 2013
- Proof of age and a \$100 nonrefundable, nontransferable deposit is required with registration (\$100 deposit is separate from the total year fee).
- Parent helpers are essential to the preschool and help to enrich each child's preschool experience. Parents will help 6 times during the school year for M, W, F or 5 times for Tue, Thu. Parents unable to help will pay an additional \$20 each with each payment.

2½ Hour Class

Code	Day	Time	Total Year R/NR Fee
37096	M, W, F	9 - 11:30 am	\$2225/\$2325
37097	M, W, F	9 - 11:30 am	\$2225/\$2325
37099	Tue, Thu	9 - 11:30 am	\$1550/\$1650
37100	Tue, Thu	9 - 11:30 am	\$1550/\$1650

3 For 3s - 3 Hour Class

Classes begin as 2½ hours (9 - 11:30 am) and extend to 3 hours (9 am - 12 pm) after Thanksgiving through May. When class extends to 3 hours, children will bring their lunch each day.

Code	Day	Time	Total Year R/NR Fee
37102	M, W, F	9 am - 12 pm	\$2525/\$2625
37103	Tue, Thu	9 am - 12 pm	\$1770/\$1870

Lunch 'N More

Parents, would you like a little more time? Does your 3 or 4 year old keep asking "is it Preschool today?" Then sign up for Lunch 'N More any day they are in Preschool. We will eat lunch (children bring their lunch), play in the Large Motor Room and have an art activity. This is for Buffalo Grove Park District Preschoolers. (MWW)

Age: 3 - 5 years

2½ Hour Preschoolers will be picked up at the end of their class by the Lunch 'N More teachers. You will pick up your child at 1 p.m.

Code	Day	Date	Time	R/NR Fee
38530	Mon	Sept 9 - Dec 16	11:30 am - 1 pm	\$180/\$225
38531	Tue	Sept 10 - Dec 17	11:30 am - 1 pm	\$210/\$262
38532	Wed	Sept 11 - Dec 18	11:30 am - 1 pm	\$210/\$262
38533	Thu	Sept 12 - Dec 19	11:30 am - 1 pm	\$210/\$262
38534	Fri	Sept 13 - Dec 13	11:30 am - 1 pm	\$195/\$244

After Thanksgiving, the **3 For 3s** children will be picked up in their classroom and stay until 1 p.m.

Code	Day	Date	Time	R/NR Fee
38535	Mon	Sept 9 - Dec 16	11:30 am - 1 pm	\$165/\$206
38536	Tue	Sept 10 - Dec 17	11:30 am - 1 pm	\$195/\$244
38537	Wed	Sept 11 - Dec 18	11:30 am - 1 pm	\$195/\$244
38538	Thu	Sept 12 - Dec 19	11:30 am - 1 pm	\$195/\$244
38539	Fri	Sept 13 - Dec 13	11:30 am - 1 pm	\$185/\$231



4
Four Year Old
Preschool

September 2013 - May 2014

Established in 1968, our Four Year Old Preschool continues to provide a quality preschool experience that will enrich the social, emotional and intellectual growth of your four year old. Our goal is to have your child learn at their own pace through a variety of exciting experiences that will build a foundation of a love for learning and school. Our degreed, professional staff (2 teachers per classroom) and small class size allow for individual attention. Communication with Kindergarten teachers from the school districts we serve allows us to key in on important Kindergarten readiness skills. As a parent helper, you have a unique opportunity to share in your child's preschool experience.

- Child must be 4 years old by September 1, 2013 and toilet trained to attend.
- Proof of age and a \$100 nonrefundable, nontransferable deposit is required at registration.
- Parents help two times in the fall, winter and spring for M, W, F program, or one time in the fall, winter and spring for Tue, Thu.
- Parents who are unable to help in the preschool classroom will pay an additional \$20 each session.
- Registration is only accepted in person at the Alcott Center.

2 ½ Hour Class

These classes follow the traditional 4 Year Old Preschool curriculum, focusing on kindergarten readiness. Computer activities, as well as gym and large motor room time are part of the weekly activities. Children have the option of staying at school until 12:30 pm on selected days to participate in Lunch Bunch for an additional fee.

Code	Day	Time	Total Year R/NR Fee
37086	Tue, Thu	9 - 11:30 am	\$1550/\$1650
37084	M, W, F	9 - 11:30 am	\$2225/\$2325
37085	M, W, F	9 - 11:30 am	\$2225/\$2325

2 Days - Four For Four

An extended class offering an enrichment of kindergarten readiness skills, with an emphasis on math, computer activities, fun nature studies and small group activities. Children will bring their lunch each day.

Code	Day	Time	Total Year R/NR Fee
37087	Tue, Thu	9 am - 1 pm	\$2342/\$2442

3 Days Plus

These classes offer an extended day, incorporating the important aspects of kindergarten readiness and expanding the current 4-year curriculum. Class #37082 focuses on multicultural awareness and the fine arts of music, drama and art. Class #37083 focuses on early literacy and pre-reading skills. Children will bring their lunch each day.

Code	Day	Time	Total Year R/NR Fee
37082	M, W, F	9 am - 1 pm	\$3341/\$3441
37083	M, W, F	9 am - 1 pm	\$3341/\$3441

For questions concerning the Four Year Old Preschool or if you would like to observe a class
Please contact Gail Piggott at 847.850.2138.

Safety Town

Safety Town Saturdays



Join us for a day of safety! This 5-week class will be mostly devoted to outdoor, school and home safety, with focus on traffic, stranger danger, fire, poisons, playground, organized sports and classroom safety. The participants will also get lots of hands-on experience on bikes and motorized cars in our Safety Town course. Each participant must bring a helmet and wear shoes and socks to each class. **No class on July 6.** (ES)

Age: 4 - 7 years

Code	Day	Date	Time	R/NR Fee
38174	Sat	June 8 - June 29	8:30 - 10:15 am	\$80/\$100
38234	Sat	June 8 - June 29	10:30 am - 12:15 pm	\$80/\$100
38175	Sat	July 13 - Aug 3	8:30 - 10:15 am	\$80/\$100
38235	Sat	July 13 - Aug 3	10:30 am - 12:15 pm	\$80/\$100

Instructor: V. Gangware

Location: Twin Creeks Park

Safety Town Mini Camp



Safety Town Mini Camp is an early safety educational program designed to introduce safety techniques to young children through participation. Safety songs, games, videos, art projects and guest speakers are all part of this special program. Qualified instruction will be given on how to obey traffic lights and signs, cross the street properly, fire safety, home safety, playground safety, police and stranger danger. Water play will be a part of camp, so please send a bathing suit and towel daily, as well as a bike helmet, water shoes, gym shoes and socks to every class. We will enjoy lunch together daily, so please send a peanut-free lunch and beverage. (ES)

Age: 4 - 7 years

Code	Day	Date	Time	R/NR Fee
38172	M, T, W, Th	Aug 5 - Aug 8	9 - 11:30 am	\$135/\$169
38173	M, T, W, Th	Aug 5 - Aug 8	12:30 - 3 pm	\$135/\$169

Instructor: V. Gangware

Location: Twin Creeks Park



Safety Town Birthday Parties

Have your child's special day at our Safety Town Facility at Twin Creeks Park! Parties run May 1 through September 30. For more information call 847.850.2133.

Bike Party

Cost \$230 - 20 Children Limit

Bring your child and their friends to Safety Town for an exciting bike party! All bike parties include a safety lesson, followed by lots of hands-on experience on bikes and motorized cars in our Safety Town. Guests must bring a bike helmet and wear gym shoes.

Deluxe Bike Party

Cost \$310 - 20 Children Limit

This party includes everything from the basic party plus safety games and an arts & crafts project. Guests must bring a bike helmet and wear gym shoes and socks.

Good To Know

If you are looking for new ideas for Scout meetings or need help accessing safety programming to fulfill Badge or Patch requirements, Safety Town can help! We are flexible and can assist you with all topics related to safety. To inquire, please contact Erika Strojinc at 847.850.2133.

Youth Programs

Magic Class



Children are guaranteed to have a great time as they learn fascinating tricks from a professional magician! Amaze family and friends with tricks that involve cards, ropes, coins, mind reading and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided and each child receives a magic kit to take home. Children are grouped by age level and always learn tricks that are age appropriate. Additionally, children can sign up for this class again and again since brand new tricks are taught at each session. (CE)

Age: 5 - 12 years

Code	Day	Date	Time	R/NR Fee
37918	Wed	June 26	6:30 - 7:25 pm	\$20/\$25
37919	Mon	Aug 12	5:15 - 6:10 pm	\$20/\$25

Instructor: Magic Team of Gary Kantor

Location: Alcott Center

Chess Club



Make the right move and learn the fine art of chess. Chess is a wonderful game of skill and strategy that promotes critical thinking and teaches many skills, including problem solving, decision-making, logic, reasoning, patience and persistence. Learn from certified chess coach, Frank Swindell and be able to challenge others at the game. Frank has numerous students in the top 100 and his chess team has won Nationals. In 2007, he had instructed a Kindergarten State Champion, an 8th grade State Champion and a 4 time consecutive State Champion. Instruction will be geared toward individual ability, so beginners and advanced students are both welcome. Each registrant will receive a free chess board and chess pieces. We accept late registrants. (CE)

Grade: K - 8

Code	Day	Date	Time	R/NR Fee
37879	Mon	June 10 - Aug 12	5:30 - 6:30 pm	\$140/\$175

Instructor: Swindell

Location: Alcott Center

How To Make Balloon Animals & More



Did you ever want to learn how to make those cool balloon animals that you see at parties? Well, now you can. With just a little practice, children will learn the techniques needed to take a plain balloon and transform it into fascinating balloon animal creations, like dogs, butterflies, swords and more. At the end of the class, children will get to take home all of the things that they made. And, this class isn't just for the kids. Parents are more than welcome to join their children in the class at no extra charge. (CE)

Age: 6 - 13 years

Code	Day	Date	Time	R/NR Fee
37920	Mon	July 22	6 - 7:15 pm	\$25/\$31

Instructor: Magic Team of Gary Kantor

Location: Alcott Center

Safe Sitter Babysitting Class



The Safe Sitter program is a medically accurate childcare curriculum, designed to prepare 11 - 13 year olds to be safe and nurturing babysitters. Our instructors will teach important life skills and safe habits in this high quality course. Students learn about a wide variety of topics through discussion, practice and role-play. Classes run 2 consecutive Fridays, and every student must attend both classes for completion. (ES)

Age: 11 - 13 years

Code	Day	Date	Time	R/NR Fee
38170	Fri	July 19 - July 26	6 - 9 pm	\$50/\$62

Instructor: Safe Sitter

Location: Twin Creeks Park



Surf Lake Michigan



Did you know you could surf in Lake Michigan? Well you can, and the Buffalo Grove Park District is offering the opportunity for a day trip up to one of the top 5 places to learn to surf in the United States, New Buffalo, Michigan. We will be heading to the Third Coast Surf Shop, where all participants will receive a board and surf lesson from a professional surf instructor. Price includes travel, board rental and surf lesson. Register early, as space is limited. All registrants must be able to swim. Please note: Mother Nature is unpredictable, and there is no guarantee that there will be waves; however, there is usually enough to push a board. If you have any questions, please contact Erika Strojinc at 847.850.2133.

Age: 8 years and up

Code	Day	Date	Time	R/NR Fee
38171	Thu	Aug 8	7 am - 4:30 pm	\$80/\$100

Instructor: Strojinc

Location: Alcott Center

NEW French



Come discover the French language with a highly qualified curriculum designed for English speaking children who have a desire to learn. This first level is designed for all beginners. The program has been carefully developed by educational specialists in the field of foreign language instruction. Students build oral language skills through games, songs and hands-on activities. A workbook is included. (ES)

Code	Grade	Day	Date	Time	R/NR Fee
38191	2 - 5	Tue	June 18 - Sept 3	4:30 - 5:15 pm	\$169/\$210
38192	6 - 8	Tue	June 18 - Sept 3	5:30 - 6:15 pm	\$169/\$210

Instructor: Discovery **Location:** Alcott Center

Campo Del Sol



Would you like your child to learn a foreign language? Join us for Campo del Sol, a Spanish camp for kids. The camp will run one week in length, with the students meeting for 4 hours per day, for a total of 20 hours of instruction. Participants will take an imaginary trip to the country where the language is spoken. The program is designed to teach the basics of the new language through various activities, including games, art projects and food. All materials are provided. You must sign up for level 1 in order to take level 2. If you have any questions, please contact Erika Strojinc at 847.850.2133.

Grade: K - 6

Code	Level	Day	Date	Time	R/NR Fee
38186	1	M, T, W, Th, F	Aug 5 - Aug 9	9 am - 1 pm	\$230/\$287
38187	2	M, T, W, Th, F	Aug 12 - Aug 16	9 am - 1 pm	\$230/\$287

Instructor: Discovery **Location:** Alcott Center

Mandarin Chinese



Come discover Mandarin Chinese with highly qualified curriculum designed for English speaking children who have a desire to learn. This first level is designed for all beginners. The program has been carefully developed by educational specialists in the field of foreign language instruction. Students build oral language skills through games, songs, and hands-on activities. A workbook is included. **No class on September 4.** (ES)

Code	Grade	Day	Date	Time	R/NR Fee
38188	2 - 5	Wed	June 26 - Sept 18	4:30 - 5:15 pm	\$169/\$210
38189	6 - 8	Wed	June 26 - Sept 18	5:30 - 6:15 pm	\$169/\$210

Instructor: Discovery **Location:** Alcott Center

Computer Game Design Summer Camp



Ever wish your kids would do more with the computer than just sit and play video games? If they like computers, this class is for them. Specially designed software with a graphical programming language is used so children can easily create multimedia computer games and animations. Developing a script or program is done by simply snapping together graphical program blocks much like LEGO bricks or puzzle pieces. You will learn to create computer games with custom background settings, characters, animated movements, sound effects and more. If you're new to our Computer Game Design course, we will get you started quickly. If you've previously attended our class, we will introduce a new game, so you'll get to learn new techniques. This camp will also introduce computer animation concepts for students to create animated cartoons and shorts. Students will receive a USB drive with the game design software and games they made to take home at the conclusion of class. Students will not get to take the computer home. (CE)

Age: 9 - 13 years

Code	Day	Date	Time	R/NR Fee
38196	M, T, W, Th	July 8 - July 11	1 - 3 pm	\$150/\$190

Instructor: Program To Learn **Location:** Alcott Center

LEGO Mindstorms Robotics Summer Camp



If your child loves LEGOS and is looking for a new challenge this summer, then we have a camp for you. Come join us and have fun programming a LEGO Mindstorms Robot. This hands-on and collaborative summer camp reveals the rewards and excitement of LEGO Robotics. Working with a partner, your child will participate in a team-centered and project-based experience, learning basic engineering concepts. Topics of mechanical design, gear ratios and computer programming will be explored using the acclaimed LEGO Mindstorms Robotics system. Children will be presented with a series of real-world design challenges in which they will work as a team to solve. If you're new to LEGO Mindstorms and robotics, we will get you started quickly. If you've previously attended our class, we have some additional challenges that will be both interesting and fun. This is an excellent opportunity for children to get hands-on experience while having a whole lot of fun with LEGO Robotics kits and computers. The course is ideal for children interested in robotic competitions such as FIRST LEGO League. Participants will not get to take the computer or LEGO Robot home. (CE)

Age: 9 - 13 years

Code	Day	Date	Time	R/NR Fee
38195	M, T, W, Th	July 8 - July 11	10:30 am - 12:30 pm	\$150/\$190

Instructor: Program To Learn **Location:** Alcott Center



Pre-Engineering With LEGO WeDo Robotics



Kids, come join us and have fun building with LEGOs and experiment with engineering solutions to some fun problems. While using a LEGO WeDo Robotics Construction Set, our pre-engineering class introduces robotics to young children. Your child will learn about mechanical design, while manipulating motors and sensors. Each participant will be teamed with a partner to utilize a laptop computer to program their models. Each class will present a new design challenge, stimulating your child's creativity. This is an excellent opportunity for children to get hands-on experience, while having a whole lot of fun with LEGOs. Our introductory course is a great way to prepare creative minds for Program To Learn's series of robotics courses. No prior experience is necessary. (CE)

Age: 6 - 9 years

Code	Day	Date	Time	R/NR Fee
38194	M, T, W, Th	July 8 - July 11	9 - 10 am	\$95/\$120

Instructor: Program To Learn **Location:** Alcott Center

Basic Drawing

Explore the art of drawing using various materials and combinations. We will introduce sketching, shading, one-point perspective, landscape, still life and figures. Our instructor works with students individually, so all level participants are welcome to enroll. The fee includes all supplies. (CE)

Code	Age	Day	Date	Time	R/NR Fee
38182	6 - 8 years	Wed	July 24 - Aug 14	5 - 6 pm	\$75/\$94
38183	9 - 12 years	Wed	July 24 - Aug 14	6:15 - 7:15 pm	\$75/\$94

Instructor: Nasir

Location: Alcott Center

Young Rembrandts

Our elementary learners are at the crucial time of development when they decide whether they're good at something or not. This decision will affect not only the rest of their academic career, but their lifetime learning as well. The Young Rembrandts elementary program provides the tools this age-group needs to succeed at drawing; a teaching tool from which the majority of learners prefer and all learners benefit. Our program works because it's not only hands-on and visual; it's simply fun. Add to this our innovative guided instruction, topics that kids love and relate to, and instructors that know how to reach this group; we take kids from thinking they're not artists, to knowing they can achieve this, and everything else they put their minds to. All new lessons are taught every session. **No class on July 4.** (ES)

Age: 6 - 12 years

Code	Day	Date	Time	R/NR Fee
38153	Thu	June 13 - July 11	4:30 - 5:15 pm	\$47/\$58
38154	Thu	July 18 - Aug 8	4:30 - 5:15 pm	\$47/\$58

Instructor: Young Rembrandts

Location: Alcott Center

Young Rembrandts - Cartooning

For all kids who need to stay engaged and laughing, our cartooning classes are surely the most fun you can have while learning! This entertaining program combines Young Rembrandts' innovative, hands-on teaching method with light-hearted subject matter that engages children, their sense of humor and their vivid imaginations. Maintaining a quick pace and drawings that tell a story also help kids to stay on-task, learn from their mistakes, find new solutions to a problem and communicate ideas and concepts through pictures - skills with lifetime benefits. All new lessons are taught every session. **No class on July 4.** (ES)

Age: 6 - 13 years

Code	Day	Date	Time	R/NR Fee
38151	Thu	June 13 - July 11	5:30 - 6:30 pm	\$47/\$58
38152	Thu	July 18 - Aug 8	5:30 - 6:30 pm	\$47/\$58

Instructor: Young Rembrandts

Location: Alcott Center

Picasso's Summer Fun Art Workshop

This workshop is all about celebrating summer and expressing yourself! In this course, kids will learn the basics of drawing, painting and sculpture. Children are offered the chance to work with watercolor, acrylic and clay. Learn to paint animals, sculpt funny characters and create colorful works of art. All sessions incorporate new projects and are taught by published artists and certified teachers. All supplies included; however, please bring a smock. **No class on July 3.** (ES)

Age: 3 - 7 years

Code	Day	Date	Time	R/NR Fee
38158	Wed	June 12 - July 10	2 - 3 pm	\$74/\$92
38159	Wed	July 17 - Aug 7	2 - 3 pm	\$74/\$92

Instructor: Picasso's

Location: Alcott Center

Picasso's Art Lovers Summer Fun Workshop

Art Lovers get creative with colorful materials! In this course, the young artist discovers new possibilities by using varied drawing, painting and sculpting techniques. Express yourself with watercolor, acrylic, ink, pastel and clay. The use of different materials will give dimension, texture and vitality to the students work. All sessions incorporate new projects and materials and are taught by published artists and certified teachers. All supplies are included, please bring a smock. **No class on July 3.** (ES)

Age: 8 - 12 years

Code	Day	Date	Time	R/NR Fee
38155	Wed	June 12 - July 10	3 - 4 pm	\$85/\$106
38156	Wed	July 17 - Aug 7	3 - 4 pm	\$85/\$106

Instructor: Picasso's

Location: Alcott Center

Amazing Art

Amazing Art combines all your favorite art projects and mixed media in this unique class. Kids will make tie dye shirts (art smocks for the session), experience pottery painting, create fired ceramic arts, paint a canvas acrylic painting, make recycled art projects are more. Lessons will include concepts and techniques kids can use for a lifetime, and the experience of creating awesome projects will result in great self-esteem and a sense of accomplishment. Finished works will be taken home immediately. There are all new lessons for every session. **No class on July 2.** (ES)

Grade: K - 5

Code	Day	Date	Time	R/NR Fee
38164	Tue	June 11 - Aug 6	4:30 - 5:30 pm	\$137/\$171

Instructor: Sunshine Craft

Location: Alcott Center



NEW Papercrafting - Father's Day Fun 

Make a card and treat to give to your dad. We will use card stock, rubber stamps and fun decorations to make something special for Dad's special day. Participants will be separated by age, and instructor will provide all supplies. (CE)

Age: 6 - 16 years

Code	Day	Date	Time	R/NR Fee
38111	Sat	June 15	10 - 11 am	\$15/\$21

Instructor: Ban Location: Alcott Center

NEW Papercrafting - Summer Is Special 

We will make a card and fun craft celebrating summer. Use card stock, rubber stamps, and fun decorations to make these fast and easy projects. Participants will be separated by age, and the instructor will provide all supplies. (CE)

Age: 6 - 16 years

Code	Day	Date	Time	R/NR Fee
38113	Sat	July 13	10 - 11 am	\$15/\$21

Instructor: Ban Location: Alcott Center

Canvas Creations 

From start to finish, step by step, our instructor will take you through the process of creating your own masterpiece on canvas. We will show you the tools, brushes, methods and secret techniques needed to create the desired effect. Watch your canvas art come alive. Your instructor will be demonstrating a different painting selection for each project, based on participants and materials required. Some masterpieces will be completed in one class, some may take multiple classes (the instructor will keep it and return it to you at the next class). All canvas, supplies and materials are included. You will love it!

No class on July 5. (ES)

Grade: 1 - 5

Code	Day	Date	Time	R/NR Fee
38166	Fri	June 14 - July 26	4:30 - 5:30 pm	\$128/\$160

Instructor: Sunshine Craft Location: Alcott Center

Wondrous Watercolor Arts 

Students begin by creating their own tie dye shirts, which are used as painting smocks for the remainder of the program. This begins to illustrate the wonder of blended colors. Kids will then be exposed to watercolor painting using many techniques to combine elements of drawing, crayon and wax resist, collage art, journaling, recycled watercolor art, texturing and all aspects of the 7 major art elements of line, shape, form, color, texture, space, and value. Kids love the expression of creativity they realize with each and every finished project. All finished pieces will be taken home immediately. All supplies, including the t-shirt, are provided. **No class on July 5.** (ES)

Grade: K - 5

Code	Day	Date	Time	R/NR Fee
38167	Fri	June 14 - July 12	5:30 - 6:30 pm	\$69/\$86
38168	Fri	July 19 - Aug 9	5:30 - 6:30 pm	\$69/\$86

Instructor: Sunshine Craft Location: Alcott Center

Multi Media Art 

Explore the art of drawing using various materials and combinations. We will introduce sketching, shading, one-point perspective, landscape, still life and figures. Our instructor works with students individually, so all level participants are welcome to enroll. The fee includes all supplies. **No class on July 3.** (CE)

Code	Age	Day	Date	Time	R/NR Fee
38180	6 - 8 years	Wed	June 12 - July 10	5 - 6 pm	\$75/\$94
38181	9 - 12 years	Wed	June 12 - July 10	6:15 - 7:15 pm	\$75/\$94

Instructor: Nasir Location: Alcott Center

NEW What Is That 

Join naturalist Theresa Greinig for a who's who and what's what of the animal world. In this fun filled, active and hands-on program, participants will investigate everything from the strength of an insect's exoskeleton, to slimy frog eggs, and a variety of other animal evidence, including skulls, skins and scat! (ES)

Age: 5 years and up

Code	Day	Date	Time	R/NR Fee
38438	Thu	June 20	6 - 6:45 pm	\$13/\$16

Instructor: Outside-In-Learning Location: Alcott Center

NEW Fit, Flutter & Fly 

Illinois summers are colored by more than 150 species of butterflies. Now you can enjoy them throughout the seasons by inviting them to live in your yard! Join us as we learn about these beautiful critters, then get to work sanding and hammering to build a butterfly house of your own. No experience is necessary, just bring a hammer and get ready to have a great time. There will be one tool box per family, and additional may be purchased in advance. An adult must be present to participate. Price is per family. (ES)

Age: 5 years and up

Code	Day	Date	Time	R/NR Fee
38437	Sat	July 13	10 - 11 am	\$33/\$41

Instructor: Outside-In-Learning Location: Alcott Center

NEW Visitors From Outer Space - Meteors 

Those shooting stars we see at night are not stars at all; they're meteors and the Perseid's are coming tonight! Join us as we discover how a meteor is born and how they impact Earth. We will unravel the mythology of Peruses, experiment creating (edible and non-edible) impact craters, and you will even hold the oldest thing you will ever touch! Please let us know of any food allergies upon registration. (ES)

Age: 8 years and up

Code	Day	Date	Time	R/NR Fee
38439	Wed	Aug 14	6 - 7 pm	\$14/\$17

Instructor: Outside-In-Learning Location: Alcott Center

Youth Sports

Youth Sports in Buffalo Grove

There are thousands of boys and girls that participate in youth sports every year in Buffalo Grove. One measure of success in these programs is the number of parents who volunteer as coaches and assistant coaches. Unfortunately, many parents do not get involved because they feel a lack of knowledge about that particular sport; however, if they did get involved, even more kids could participate. We conduct Park District programs on a "participation" philosophy, meaning that we feel it is more important for all youths to play and enjoy the sport, rather than to win at all costs. We never measure success in wins and losses. The Park District conducts training sessions for all new coaches with ideas to get them started. Youth sports coaches do not need experience, only the willingness and enthusiasm to coach. Kids and coaches alike should have fun. Coaching is a fulfilling aspect of any sport, especially youth sports. Call 847.850.2100 for more information.

National Youth Sports Coaches Association

The Buffalo Grove Park District requires all of its youth sports coaches to pass the National Youths Sports Coaches Association (NYSCA) on-line clinic. This nationwide organization teaches parents that kids want to have fun and participate in all sports. The on-line clinic is designed for parents who have never coached, as well as the seasoned veteran. With more youths registering for sports, the need for volunteer coaches grows more each season. NYSCA training makes it easy for all parents to become a coach. For more information about NYSCA visit their website at nays.org.

Bullying In Youth Sports

The Buffalo Grove Park District created a partnership with Peak Performance Sports, LLC to establish a training program for our youth sports coaches. The online training will provide coaches the necessary educational tools to intervene and work with athletes. Coaches will also benefit by learning the 3 types of bullying (physical, verbal and relational) their differences, and their warning signs. For more information about Peak Performance, visit their website at kidsportspsychology.com.

Sports R Us Sports Camp

This sports camp is dedicated to providing skilled instructions and promoting sportsmanship. Each week, the fundamentals of soccer, baseball and basketball will be taught during this noncompetitive program. Participants will be given instruction and skills in each sport being played. Teamwork, sportsmanship and having fun playing sports will be stresses in this camp. Please be sure to bring a water bottle and all participants will receive a free t-shirt. (CE)

Age: 5 - 7 years

Code	Day	Date	Time	R/NR Fee
37916	M, W, F	July 15 - July 19	3 - 4:30 pm	\$65/\$81

Instructor: Sports-R-Us Location: Alcott Center

All Star Team Sports

This is a class that brings a little bit of every sport to every participant in the class. Take on a fun challenge with your friends, as the fundamentals of soccer, baseball and basketball are taught each week during this noncompetitive program. Participants will be given instruction and skills in the various sports we will be playing. Please be sure to bring a baseball glove to class. A fun game will be played at the end of each class. (CE)

Age: 5 - 7 years

Code	Day	Date	Time	R/NR Fee
37898	Wed	July 17 - Aug 14	10:30 - 11:30 am	\$50/\$63

Instructor: Sports-R-Us Location: Alcott Center

Go Girl Go - Sports & Craft Camp

This camp is a great way to introduce basketball, soccer, hockey, tee ball and much more in an all girl environment. Basic skills are taught, and games are played at the end of each class. The girls will do sports for the first half of the camp, and do a fun craft for the second half. The last class will be a fun sport of their choice and each camper will tie dye a t-shirt. (CE)

Age: 4 - 7 years

Code	Day	Date	Time	R/NR Fee
37915	M, W, F	July 15 - July 19	1 - 2:30 pm	\$65/\$81

Instructor: Sports-R-Us Location: Alcott Center

Soccer & Tee Ball Combo

This class is perfect for a child who is full of energy and parents who are looking for an introduction to tee ball and soccer. Socialization, teamwork, following directions, key motor skills and having fun will be the focus in this noncompetitive environment. The first 2 weeks of class will focus on tee ball and the second 2 weeks we will work on soccer skills. The last week will be a fun game of each sport and a fun game will be played at the end of each class if time allows. Please bring a baseball glove and water bottle. **No class on July 4.** (CE)

Age: 3 - 4 years

Code	Day	Date	Time	R/NR Fee
37899	Thu	June 6 - July 11	3 - 3:45 pm	\$50/\$63
37900	Thu	July 18 - Aug 15	3 - 3:45 pm	\$50/\$63

Instructor: Sports-R-Us Location: Alcott Center



Pee Wee Tee Ball With Parent



It's time to team up with mom or dad in this pint-sized t-ball class. We will use soft baseballs and scaled down equipment to begin developing your child's fine motor skills. Throwing, catching, base running and batting will be taught throughout the program. Be sure to bring your own baseball glove. A fun game will be played at the end of each class. **No class on July 6.** (CE)

Age: 3 - 4 years

Code	Day	Date	Time	R/NR Fee
37904	Sat	June 8 - July 13	9:15 - 10 am	\$50/\$63

Instructor: Sports-R-U's Location: Alcott Center

Play Ball



Step up to the plate in this noncompetitive environment, where children will have a ball learning how to hit off a tee, run bases, play catch, and have the opportunity to learn various field positions. Participants need to bring their own baseball glove to class. A fun game will be played at the end of each class. (CE)

Age: 3 - 4 years

Code	Day	Date	Time	R/NR Fee
37894	Wed	June 12 - July 10	9:30 - 10:15 am	\$50/\$63
37896	Wed	July 17 - Aug 14	9:30 - 10:15 am	\$50/\$63

Instructor: Sports-R-U's Location: Alcott Center

Lil Pint Baseball



Our Lil Pint Baseball camp is a great introduction to baseball. Children will learn base running, catching, throwing and hitting from a tee. Our goal is for each child to have fun, experience success and understand the fundamentals of baseball. Equipment will be provided; however, each child will need to bring a glove. Soft baseballs will be used. (CE)

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
37902	Thu	July 18 - Aug 15	4 - 4:45 pm	\$50/\$63

Instructor: Sports-R-U's Location: Alcott Center

Lil Pint Soccer



This is the perfect class for first timers! All the basic skills of dribbling, passing, shooting and goaltending will be taught in a noncompetitive environment. Teamwork, participation and good sportsmanship are stressed. Both boys and girls are encouraged to join this class if they have an interest in soccer and plan to play in the future. Be just like big brother or sister! A game will be played at the end of each class. The class will be held outside, but will move into a gym in case of inclement weather. Please bring a water bottle. **No class on July 6.** (CE)

Code	Age	Day	Date	Time	R/NR Fee
37905	3 - 4 years	Thu	July 27 - Aug 24	9:15 - 10 am	\$50/\$63
37906	4 - 6 years	Sat	June 8 - July 13	10:15 - 11 am	\$50/\$63
31907	4 - 6 years	Sat	July 27 - Aug 24	10:15 - 11 am	\$50/\$63

Instructor: Sports-R-U's Location: Alcott Center

Junior Soccer



This is the perfect class to learn the game or expand your skills! All the basic skills of dribbling, passing, shooting and goaltending will be taught in a non-competitive environment. Teamwork, participation and good sportsmanship are stressed. A "game" will be played at the end of each class. Please bring a water bottle. (CE)

Age: 5 - 7 years

Code	Day	Date	Time	R/NR Fee
37897	Wed	June 12 - July 10	10:30 - 11:30 am	\$50/\$63

Instructor: Sports-R-U's Location: Alcott Center

Sports R Us Soccer Camp



Do you love the game of soccer, even during its off-season? Do you play a lot or do you play very little? Join us for a noncompetitive skill development program. We will go over the basic skills of dribbling, passing, shooting, goal tending, and positions. There will be weekly progress on the technical aspects of the game. At the end of each class, a game will be played and different teams will be formed each week. **No class on July 6.** (CE)

Age: 7 - 9 years

Code	Day	Date	Time	R/NR Fee
37911	Sat	June 8 - July 13	12 - 1 pm	\$50/\$63
37912	Sat	July 27 - Aug 24	12 - 1 pm	\$50/\$63

Instructor: Sports-R-U's Location: Alcott Center





Fall Soccer

Fall Soccer is open to all boys and girls entering Kindergarten thru 8th grades this fall. Practice will begin in August and the season will conclude in November. All teams will be scheduled for an 8 game season. (CE)

Grade: Kindergarten - 8

Registration

No mail in or on-line registration will be accepted. Residents and nonresidents may register at the Alcott Center during regular business hours anytime between April 29 and June 29. There will be additional registration days on May 18, 19, June 1 and 2 under Shelter 1 at Willow Stream Park during regularly scheduled soccer games. You will be required to fill out a sports registration form and attach full payment. Registering does not guarantee a spot in the program. A random drawing will begin after registration is completed. Nonresidents will be drawn after all residents have been either placed in divisions or on waiting lists. A receipt confirming your registration will be mailed to you. Anyone that misses the above lottery dates will be placed on a waiting list.

R/NR Fee

\$80/\$100 (plus uniform if needed)

Since registrations are not processed immediately, and registration does not guarantee a spot in the program, please pay by check or credit card.

Uniforms

All players must wear a Buffalo Grove Park District issued uniform and all new players must purchase a uniform before the first game. You will be asked to place your order when you submit your registration form, and a sample of all sizes will be available at that time. Full uniforms (jersey, shorts and socks) are \$35. Jerseys alone are \$20, shorts alone are \$15, and socks alone are \$5.

Schedule

Game days for all divisions may include Saturday, Sunday and/or weekdays. If you are participating in another sport you will experience practice/game day conflicts.

Parents that are interested in being a Head Coach should contact Chris Eckert at 847.850.2123 by June 29. You can visit the soccer page on our website at bgparks.org for additional information on becoming a youth soccer coach and to download the coach application.

Soccer Referees

The Buffalo Grove Park District is now accepting applications for soccer referees for the upcoming fall season. You can apply online at bgparks.org. You must be 14 years old by September 6, 2013. Playing experience and a thorough understanding of the game is highly recommended. Contact Beth Wanland at 847.850.2136 or bwanland@bgparks.org for details. High school students and adults are encouraged to apply. (CE)



Grove United Soccer Association is a registered US Club and IYSA (Illinois Youth Soccer Association) Travel Soccer club. It provides youth players from **ages 7 - 18** a structured competitive program that helps build character and teaches sportsmanship, teamwork, individual responsibility and work ethic. Through the use of **qualified and licensed soccer**

trainers and coaches, Grove United programs are designed to develop and improve the skills of all participants, while stressing proper instruction at the appropriate age level. Grove United programs include approximately 10 weeks of league play in fall, 8 weeks in the spring, 10 weeks of indoor sessions in the winter, several tournaments a year, and associated camps and skills training sessions. Teams practice twice per week in Buffalo Grove and weekend league games are played in/around our surrounding communities.

Tryouts will be held at Willow Stream Park in late May and early June 2013. Tryout date and times are available online at groveunitedsoccer.com. All questions should be directed to Grove United Soccer Association at 847.686.4872.

Grove United, more than a soccer club!

Grove United Soccer Association Camp



This program offers boys and girls the ability to develop new skills to play and enjoy the beautiful game of soccer. Since community is a big part of our coaching philosophy, it's our goal to make sure that our Buffalo Grove community has access to a high quality training camp that's competitive and fun. Our licensed coaches will focus on the basic technical skills, with the kids having fun and making friends. (CE)

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
38178	M, T, W, Th, F	June 10 - June 14	9 - 10:30 am	\$95/\$118
38179	M, T, W, Th, F	June 17 - June 21	9 - 10:30 am	\$95/\$118

Instructor: Grove United Soccer Association **Location:** Willow Stream Park

NEW **Tetra Brazil Soccer Camp**



The #1 authentic Brazilian soccer coaching program in the USA. We bring the flair and passion of Brazilian soccer to America. The Tetra Brazil curriculum has been designed by our professional coaches to provide teams, coaches and players with the same expert level of training received by professional clubs in Brazil. The camp combines learning Brazilian techniques, footwork, moves and fun. Tetra Brazil camps feature professional, comprehensive, high quality soccer training from talented and experienced Brazilian coaches, teaching technical, tactical and conditioning aspects of the game. You will receive a t-shirt, ball, player evaluation, giant poster, and the official Tetra Brazil jersey if you sign up 45 days prior to camp. Players will be separated by age as well as ability. Don't miss out on the unique Brazilian soccer experience. (CE)

Age: 7 - 16 years

Code	Day	Date	Time	R/NR Fee
38085	M, T, W, Th, F	July 15 - July 19	1 - 4 pm	\$155/\$195

Instructor: Tetra Brazil Staff **Location:** Willow Stream Park

Chicago Storm Summer Soccer Camp



Chicago Storm Soccer Camps offer the unique opportunity for children to work with professional and collegiate soccer players and coaches. Campers of all levels work on skills and strategies in a curriculum that is game-like and fun. Campers will be placed in groups according to age and/or skill level. All campers receive a camp t-shirt, soccer ball and player evaluation. (KV)

Code	Age	Day	Date	Time	R/NR Fee
38414	4-6 years	M, Tu, W, Th	June 17 - June 21	9 am - 12 pm	\$145/\$180
		Fri		9 am - 1 pm	
38415	7-13 years	M, Tu, W, Th	June 17 - June 21	9 am - 12 pm	\$145/\$180
		Fri		9 am - 1 pm	
38416	7-13 years	M, Tu, W, Th	June 17 - June 21	9 am - 3 pm	\$180/\$225
		Fri		9 am - 1 pm	

Instructor: Chicago Storm **Location:** Willow Stream Park

Chicago Fire Summer Camp Powered By Youth Elite Soccer



Get ready to take your soccer performance to the next level this summer with Chicago Fire Summer Camps. Chicago Fire Summer Camps are all about giving players the opportunity to develop their skills in an environment that is positive and rewarding. Our highly qualified and talented staff have unrivalled experience of youth soccer development both in the U.S. and abroad, and bring all of this experience to help your child become the next soccer superstar. Every child is different, both in their personality and learning style. Our Emerging Talent Pathway is specifically designed to reflect this and develop the talent of each soccer player that participates. Whether a player is new to the sport or already a superstar on the field, Chicago Fire Summer Camps will make every participant feel like a winner. Each Player will receive a soccer ball, Dri-Fit jersey, a Chicago Fire DNA evaluation, plus a free companion ticket to a Chicago Fire graduation night game. Campers should bring their own ball, shin guards and water bottle each day. (CE)

Code	Age	Day	Date	Time	R/NR Fee
38502	4-6 years	M, Tu, W, Th, F	June 24 - June 28	5 - 6 pm	\$80/\$100
38503	4-6 years	M, Tu, W, Th, F	June 24 - June 28	6 - 7 pm	\$80/\$100
38504	7-13 years	M, Tu, W, Th, F	June 24 - June 28	6 - 8 pm	\$105/\$130

Instructor: Youth Elite Soccer **Location:** Willow Stream Park

British Soccer Camps



Challenger Sports' British Soccer Camps provide young players of all abilities with the rare opportunity to receive high-level soccer coaching from a team of international experts, right in the heart of their own community. Campers will be exposed to individual foot skills, technical drills, tactical practices, small-sided games and scrimmages. Soccer skills are coached within a framework of character development, based on respect, responsibility, integrity, leadership and sportsmanship. We offer a cultural education too! Our ever-popular Camp World Cup Tournament allows us to introduce players to the geography, traditions and culture of other great soccer-playing countries. Simply put, amazing coaches, awesome accents and cultural ingredients combine for a one-of-a-kind camp experience. With each week-long camp, your child will receive a free t-shirt, soccer ball, giant fold-out poster and a personal player evaluation. Campers should bring plenty of water each day. Full-day campers should also bring a packed lunch with a beverage and snacks each day. All campers should arrive at camp with sunscreen already applied, as well as with additional sunscreen to apply as needed (we recommend an SPF of at least 30). Wear summer active wear, shin guards, and athletic shoes or soccer cleats. Partial scholarships are available for families willing to host the British coaches. (CE)

First Kicks

A friendly, low-key introduction to the basics of the game through games, stories and fun.

Age: 3 - 4 years

Code	Day	Date	Time	R/NR Fee
38081	M, Tu, W, Th, F	July 15 - July 19	9 - 10 am	\$100/\$125

Mini Soccer

Fun games, basic technical practices and small sided games.

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
38082	M, Tu, W, Th, F	July 15 - July 19	10 am - 12 pm	\$135/\$170

Half-Day Player Development Camp

Emphasis is placed upon individual skill development, mastery of the core techniques and fundamental tactical awareness.

Age: 6 - 12 years

Code	Day	Date	Time	R/NR Fee
38083	M, Tu, W, Th, F	July 15 - July 19	9 am - 12 pm	\$155/\$195

Instructor: British Challenger Soccer **Location:** Willow Stream Park



On The Go - Non Contact Football Camp

Learn football from real athletes who have played football at the collegiate and/or professional level. This high energy, non-contact football clinic teaches the fundamentals of the sport including passing, receiving, blocking, routes and more. Classes will also include scrimmages and occasional speakers from current and former NFL and college teams. (TVW)

Code	Grade	Day	Date	Time	R/NR Fee
38214	1 - 2	M, Tu, W, Th, F	June 24 - June 28	10 am - 12 pm	\$140/\$175
38216	1 - 2	M, Tu, W, Th, F	July 15 - July 19	10 am - 12 pm	\$140/\$175
38215	3 - 6	M, Tu, W, Th, F	June 24 - June 28	10 am - 12 pm	\$140/\$175
38217	3 - 6	M, Tu, W, Th, F	July 15 - July 19	10 am - 12 pm	\$140/\$175

Instructor: On The Go Sports

Location: Willow Stream Park

Boys Flag Football

Grade: 1 - 8

This 5 on 5 flag football league offers non-contact continuous action, with a minimal amount of equipment. The game emphasizes the basic football skills of throwing, catching, running and defending. Participants will also learn formations, pass patterns and types of defense. (TVW)

R/NR Fee
\$105/\$130

Registration

No mail in or on-line registration will be accepted. You will be required to fill out a sports registration form and attach full payment. Registration will take place May 13 thru June 22 at the Alcott Center during normal business hours.

Season

Games begin in September and will be played on Saturdays. The season will consist of 8 games and teams will practice once a week. Jerseys, flags and balls will be provided to teams.

Parents that are interested in being Head Coaches should contact T.J. Wilkes at 847.850.2199 or twilkes@bgparks.org.

Bills Tackle Football

Bills Football and Cheerleading serves children of Buffalo Grove and all surrounding towns in grades 1 thru 8. The Bills are a member of the Tri-County League and play various teams from the north and western suburbs. Open registration are Saturdays, May 4, 11 and 18 from 9 - 11 a.m. at Emmerich East Park, 151 E. Raupp Blvd. in Buffalo Grove.

Training camp for Bills Football begins July 22. The Bills are traveling football teams with games played on Saturdays and Sundays, beginning the weekend before Labor Day. Home games are played at Emmerich East Park. To maximize safety and competition, all players are placed on teams based on age and weight.

The fee for football is \$400 (\$250 for cheerleading) and all players must include their birth certificate with their registration. A family discount is available when more than one participating player is in the same household.

For more information, call the Bills Hotline at 847.215.4976 or view their website at bgbills.org.

Beginners Golf

Looking to introduce your child to the game of golf? In this beginner's class, children will use special equipment that is much easier to handle and allows for play indoors. Children will learn the basics of the complete swing, putting and chipping in a safe and stress free atmosphere. So come on out and join us in a fun and easy game of golf. **No class on July 6.** (CE)

Age: 4 - 7 years

Code	Day	Date	Time	R/NR Fee
37909	Sat	June 8 - July 13	11 - 11:45 am	\$50/\$63
37910	Sat	July 27 - Aug 24	11 - 11:45 am	\$50/\$63

Instructor: Sports-R-Us

Location: Alcott Center

Junior Golf Level 1

Our Junior Golf Program is designed to present the fundamentals of the sport, including the physical skills, rules, etiquette and preparation for the golf course. There will be instructional materials provided along with practical instruction. Juniors will be evaluated at the end of each session on performance in order to continue on to the next level. Golf clubs will be provided if needed. Classes will be held at Sunset Meadows Driving Range, located at 700 South Dwyer Avenue in Arlington Heights. **No class on September 14.** (KV)

Age: 7 - 12 years

Code	Day	Date	Time	R/NR Fee
38302	Tue	June 4 - July 2	4 - 4:45 pm	\$65/\$80
38392	Fri	June 7 - July 5	4 - 4:45 pm	\$65/\$80
38393	Sat	June 8 - July 6	11 - 11:45 am	\$65/\$80
38394	Tue	July 9 - Aug 6	4 - 4:45 pm	\$65/\$80
38395	Fri	July 12 - Aug 9	4 - 4:45 pm	\$65/\$80
38396	Sat	July 13 - Aug 10	11 - 11:45 am	\$65/\$80
38397	Tue	Aug 13 - Sept 10	4 - 4:45 pm	\$65/\$80
38398	Fri	Aug 16 - Sept 13	4 - 4:45 pm	\$65/\$80
38399	Sat	Aug 17 - Sept 14	11 - 11:45 am	\$52/\$64

Instructor: Takamura

Location: Sunset Meadows Driving Range

Junior Golf Level 2

This class is designed to continue advancing the student by improving swing mechanics, posture, grip and alignment. The finer points of the short game (chipping and pitching) will also be explored. Golf clubs will be provided if needed. Classes will be held at Sunset Meadows Driving Range, located at 700 South Dwyer Avenue in Arlington Heights. **No class on September 14.** (KV)

Code	Day	Date	Time	R/NR Fee
38400	Tue	June 4 - July 2	5 - 5:45 pm	\$65/\$80
38406	Fri	June 7 - July 5	5 - 5:45 pm	\$65/\$80
38407	Sat	June 8 - July 6	12 - 12:45 pm	\$65/\$80
38408	Tue	July 9 - Aug 6	5 - 5:45 pm	\$65/\$80
38409	Fri	July 12 - Aug 9	5 - 5:45 pm	\$65/\$80
38410	Sat	July 13 - Aug 10	12 - 12:45 pm	\$65/\$80
38411	Tue	Aug 13 - Sept 10	5 - 5:45 pm	\$65/\$80
38412	Fri	Aug 16 - Sept 13	5 - 5:45 pm	\$65/\$80
38413	Sat	Aug 17 - Sept 14	12 - 12:45 pm	\$52/\$64

Instructor: Takamura

Location: Sunset Meadows Driving Range

Tennis



Staff from the Heritage Tennis Club will offer instruction for summer classes at Emmerich and Willow Stream Parks. Fall, winter and spring instruction will be offered indoors at the Heritage Tennis Club in Arlington Heights. You do not have to be a resident of Arlington Heights or a member of the Heritage Tennis Club to participate in the indoor lesson program. There are non-member fees so participants can try the program before deciding to join and receive the benefits of the club's membership. For fall, winter and spring program and registration information contact the Heritage Tennis Club at 847.398.7780 or visit the website at ahpd.org/htc. Heritage Tennis Club is located at 7 West College Drive in Arlington Heights. (CB)

Rain Policy

Classes will be cancelled if there is inclement weather. If an individual class is cancelled more than once in a session, the instructor will arrange for a make-up class. If there is any doubt about the weather, please call Heritage Tennis Club at 847.398.7780.

Quick Start Tennis

Quick Start Tennis is designed for children 10 years and younger who are new to the game or need additional instruction to rally using ground strokes, volleys and serve. Quick Start Tennis takes a new approach to introducing kids to the game by using fun sized courts, nets, racquets and balls. The lighter low compression balls bounce lower, which helps develop proper techniques. All students are advised to purchase a 21 - 25 inch tennis racquet (typically 4 - 6 = 21", 7 - 8 = 23", 9 - 10 = 25").

Code	Age	Day	Date	Time	R/NR Fee
37931	4 - 6 years	Mon, Wed	June 10 - July 3	9:15 - 10 am	\$60/\$72
37932	4 - 6 years	Mon, Wed	June 10 - July 3	5:30 - 6:15 pm	\$60/\$72
37937	4 - 6 years	Tue, Thu	June 11 - July 2	6:30 - 7:15 pm	\$60/\$72
37960	4 - 6 years	Tue, Thu	June 11 - July 2	9:15 - 10 am	\$60/\$72
37938	4 - 6 years	Sat	June 15 - Aug 3	9:15 - 10 am	\$60/\$72
37945	4 - 6 years	Mon, Wed	July 8 - July 31	9:15 - 10 am	\$60/\$72
37953	4 - 6 years	Mon, Wed	July 8 - July 31	5:30 - 6:15 pm	\$60/\$72
37954	4 - 6 years	Tue, Thu	July 9 - Aug 1	9:15 - 10 am	\$60/\$72
37946	4 - 6 years	Tue, Thu	July 9 - Aug 1	6:30 - 7:15 pm	\$60/\$72
37939	7 - 10 years	Mon, Wed	June 10 - July 3	10 - 11 am	\$80/\$96
37942	7 - 10 years	Mon, Wed	June 10 - July 3	4:30 - 5:30 pm	\$80/\$96
37941	7 - 10 years	Tue, Thu	June 11 - July 2	10 - 11 am	\$80/\$96
37943	7 - 10 years	Tue, Thu	June 11 - July 2	5:30 - 6:30 pm	\$80/\$96
37948	7 - 10 years	Mon, Wed	July 8 - July 31	10 - 11 am	\$80/\$96
37949	7 - 10 years	Mon, Wed	July 8 - July 31	4:30 - 5:30 pm	\$80/\$96
37955	7 - 10 years	Sat	June 15 - Aug 3	10 - 11 am	\$80/\$96
37935	7 - 10 years	Tue, Thu	July 9 - Aug 1	5:30 - 6:30 pm	\$80/\$96
37950	7 - 10 years	Tue, Thu	July 9 - Aug 1	10 - 11 am	\$80/\$96

Instructor: Heritage Tennis Club Staff **Location:** Willow Stream Park

Code	Age	Day	Date	Time	R/NR Fee
37959	4 - 6 years	Mon, Wed	June 10 - July 3	9:15 - 10 am	\$60/\$72
37952	4 - 6 years	Mon, Wed	July 8 - July 31	9:15 - 10 am	\$60/\$72
37940	7 - 10 years	Mon, Wed	June 10 - July 3	10 - 11 am	\$80/\$96
37947	7 - 10 years	Mon, Wed	July 8 - July 31	10 - 11 am	\$80/\$96

Instructor: Heritage Tennis Club Staff **Location:** Emmerich Park

Junior Tennis

Junior Tennis is designed for players 10 and older who want to learn and improve their tennis game. Advanced Beginner classes will focus on improving all basic strokes, including forehand, backhand, volleys, serve, lobs and overheads. Our Advanced Beginner Intermediate classes are for those who are looking to get the most out of their game and are ready for match play.

Advanced Beginner

Age: 10 - 17 years

Code	Day	Date	Time	R/NR Fee
37956	Mon, Wed	June 10 - July 3	11 am - 12 pm	\$80/\$96
37954	Tue, Thu	June 11 - July 2	4:30 - 5:30 pm	\$80/\$96
37958	Tue, Thu	June 11 - July 2	11 am - 12 pm	\$80/\$96
37944	Sat	June 15 - Aug 3	11 am - 12 pm	\$80/\$96
37951	Mon, Wed	July 8 - July 31	11 am - 12 pm	\$80/\$96
37965	Tue, Thu	July 9 - Aug 1	11 am - 12 pm	\$80/\$96
37966	Tue, Thu	July 9 - Aug 1	4:30 - 5:30 pm	\$80/\$96

Instructor: Heritage Tennis Club Staff **Location:** Willow Stream Park

37957	Mon, Wed	June 10 - July 3	11 am - 12 pm	\$80/\$96
37936	Mon, Wed	July 8 - July 31	11 am - 12 pm	\$80/\$96

Instructor: Heritage Tennis Club Staff **Location:** Emmerich Park

Advanced Beginner Intermediate

Age: 12 - 17 years

Code	Day	Date	Time	R/NR Fee
37933	Mon, Wed	June 10 - July 3	3:30 - 4:30 pm	\$80/\$96
37964	Mon, Wed	July 8 - July 31	3:30 - 4:30 pm	\$80/\$96

Instructor: Heritage Tennis Club Staff **Location:** Willow Stream Park



SAVE 10%

First time participants, bring this coupon when you register for classes at Heritage Tennis Club. Coupon must be redeemed at registration. Limit one per participant. Buffalo Grove Park District

In an effort to provide the highest quality program to our patrons, the Buffalo Grove Park District continues to work with the Arlington Heights Park District and their professional staff at the Heritage Tennis Club to offer tennis to you all year long. Staff from Heritage Tennis Club will offer indoor instruction for fall, winter, and spring at the Heritage Tennis Club in Arlington Heights. You do not have to be a resident of Arlington Heights or a member of Heritage Tennis Club to participate in the indoor lesson program. There are nonmember fees so participants can try the program before deciding to join and receive the benefits of the Club's membership. Contact the Heritage Tennis Club at 847.398.7780.

Heritage Tennis Club, 7 West College Drive, Arlington Heights, IL, 60004

Twin Rinks Ice Pavilion

Beginning learn to skate ice skating and hockey classes are for those with little or no ice experience. Balance and basic forward skating skills are taught using the Ice Skating Institute program. Bring your own skates or skate rental is available for \$2. There are no other equipment requirements, although helmets and knee/shin pads are recommended. Hockey classes include equipment rental. Skates, helmet and shin guards are required, and are included in the price. Please call Scott at 847.821.7465 x122 to arrange a fitting time before your first class (hockey only). Twin Rinks Ice Pavilion is located at 1500 Abbott Court in Buffalo Grove, 1.7 miles north of Lake Cook Road on Weiland Road. Call 847.821.RINK for more information. (CB)

Tot 1 Beginner

Age: 4 - 6 years

Code	Day	Date	Time	Fee
38104	Thu	June 20 - Aug 15	5:15 - 5:45 pm	\$130
38114	Sat	June 22 - Aug 17	9:20 - 9:50 am	\$145
38103	Sat	June 22 - Aug 17	10 - 10:30 am	\$145
38105	Sat	June 22 - Aug 17	10:30 - 11 am	\$145

Pre Alpha 1

Age: 6 - 12 years

Code	Day	Date	Time	Fee
38106	Thu	June 20 - Aug 15	5:15 - 5:55 pm	\$138
38107	Sat	June 22 - Aug 17	9:20 - 10 am	\$154

Hockey Tot 1

Age: 4 - 6 years

Code	Day	Date	Time	Fee
38108	Tue	June 11 - Aug 13	5:20 - 6 pm	\$199

Hockey 1

Age: 6 - 12 years

Code	Day	Date	Time	Fee
38109	Tue	June 11 - Aug 13	5:20 - 6 pm	\$199

Instructor: Twin Rinks Staff

Location: Twin Rinks Ice Pavilion



NEW Volleyball - All Star Sports



Our volleyball program is designed to equip our boys and girls with the essential fundamentals that are needed to succeed in this fast paced game. Passing, setting, serving, defensive and offensive strategies are all covered. Join us as we work on improving our footwork, teamwork, and overall basics, as we take it to the next level. Please bring knee and elbow pads. **No class on July 5.** (CB)

Code	Grade	Day	Date	Time	Fee
38222	3 - 4	Fri	June 14 - Aug 2	5 - 6 pm	\$65
38223	5 - 6	Fri	June 14 - Aug 2	6 - 7 pm	\$65

Instructor: All Star Sports

Location: Cooper Middle School



NEW EVP Volleykidz Beach Camp



Volleykidz is an introductory camp with EVP Volleyball Pros Certified Coaches. The lesson plan introduces the pass, set and spike, using a very light volleyball. Volleykidz will improve each child's hand/eye and left/right coordination through the use of fun drills and gross motor games. The lesson plan also incorporates short educational drills, including spelling, math and science. Canceled classes are made up on Friday. (CB)

Grade: 1 - 4

Code	Day	Date	Time	R/NR Fee
38224	M, T, W, Th	June 17 - June 20	4 - 4:30 pm	\$62/\$78
38225	M, T, W, Th	July 15 - July 18	4 - 4:30 pm	\$62/\$78

Instructor: EVP Staff

Location: Willow Stream Park



NEW EVP Tour Beach Volleyball Camps



It's time to take your volleyball game to the beach. This camp, hosted by the EVP Volleyball Professionals, features all the latest drills and training techniques that build your skills for the next level. There are lots of contests and games too, with fun and active instructors. The camp will concentrate on the fundamentals of passing, setting, serving and spiking. You will learn to overhand serve and play organized games. The lesson plan directs individual training that helps each student reach a new level. Canceled classes are made up on Friday. (CB)

Code	Grade	Day	Date	Time	R/NR Fee
38226	5 - 6	M, T, W, Th	June 17 - June 20	4:30 - 6 pm	\$98/\$123
38227	5 - 6	M, T, W, Th	July 15 - July 18	4:30 - 6 pm	\$98/\$123
38228	7 - 8	M, T, W, Th	June 17 - June 20	6 - 7 pm	\$98/\$123
38229	7 - 8	M, T, W, Th	July 15 - July 18	6 - 7 pm	\$98/\$123

Instructor: EVP Staff

Location: Willow Stream Park



NEW **EVP Indoor Volleyball Camps**



Come indoors for a special camp session taught and directed by volleyball professionals. This 4-day camp will concentrate on the fundamentals of passing, setting and spiking. The lesson plan directs the use of self-mastery training that helps each student reach a new level. The knowledge of the instructors will give the participants a head start on their skills in preparation for the next upcoming volleyball season. All students will receive an EVP Volleyball. (CB)

Code	Grade	Day	Date	Time	R/NR Fee
38144	K - 2	M, T, W, Th	Aug 5 - Aug 8	8 - 9 am	\$62/\$78
38145	3 - 5	M, T, W, Th	Aug 5 - Aug 8	9 - 10:30 am	\$98/\$123
38144	6 - 8	M, T, W, Th	Aug 5 - Aug 8	10:30 am - 12:30 pm	\$98/\$123
38145	6 - 8	M, T, W, Th	Aug 5 - Aug 8	1 - 2:30 pm	\$98/\$123

Instructor: EVP Staff
Cooper Middle School

Location:

Gymnastics & Tumbling



This is a wonderful way to introduce your child to gymnastics. All classes are noncompetitive, but each child is encouraged to set goals and follow through by achieving them. We can bring them from their first somersault to their first flip. Parent must participate with their child in the 2 - 3 year old class. (TV)

Code	Age	Day	Date	Time	R/NR Fee
38144	4 - 5 years	Wed	June 26 - July 24	5:15 - 6:30 pm	\$36/\$45
38145	6 - 9 years	Wed	June 26 - July 24	4:30 - 5:15 pm	\$36/\$45

Instructor: Dance Techs

Location: Alcott Center

Rhythmic Gymnastics



Children will have fun while receiving instruction with 4 pieces of hand apparatus: rope, hoop, ball and ribbons. This class will also enhance your child's coordination, motor skills, flexibility and endurance. Dance will be emphasized. (TV)

Age: 5 - 9 years

Code	Day	Date	Time	R/NR Fee
38148	Wed	June 26 - July 31	6:15 - 7 pm	\$36/\$45

Instructor: Dance Techs

Location: Alcott Center

On The Go - Cheerleading Clinic



Ever wonder what it takes to be a real cheerleader? On The Go Cheerleading Clinic is a program where coaches who excelled in the collegiate and professional levels will introduce you to the basics and core concepts of cheerleading in a fun and engaging atmosphere. Cheer 1 is set up for grades 1 - 3 and will introduce participants to the basic techniques of cheers, jumps and tumbling. Cheer 2 is for grades 4 - 8 and helps prepare participants for junior high and high school teams. Participants learn the importance of teamwork in the sport of cheerleading, while learning proper techniques that will help them excel in a fun and exciting sport. (TV)

Code	Grade	Day	Date	Time	R/NR Fee
38218	1 - 3	M, Tu, W, Th, F	June 24 - June 28	10 - 11 am	\$80/\$100
38219	4 - 8	M, Tu, W, Th, F	June 24 - June 28	11 am - 12 pm	\$80/\$100

Instructor: On The Go Sports

Location: Willow Stream Park

Lacrosse America Summer Camp



Lacrosse is the most rapidly growing sport in America! Here is your opportunity to give it a try. Lacrosse America directors and coaches will host an introductory soft lacrosse camp for players new to the sport, or players with little lacrosse experience. Soft lacrosse incorporates all of the fast paced action and fun of regular lacrosse, but eliminates the need for hot and expensive protective equipment. Both boys and girls will be provided with a loaner lacrosse stick, mouthguard and all other necessary equipment. Players will participate in fun and exciting drills and scrimmages that aim to teach the fundamentals and rules of the sport in a safe and fun environment. Lacrosse is a great crossover sport for football, hockey, soccer and basketball players. Players are split into groups by age and everyone should bring a water bottle. For more information, call Lacrosse America 847.412.5LAX or visit lacrosseamerica.com.

Grade: K - 6

Code	Day	Date	Time	R/NR Fee
38184	M, Tu, W, Th	June 24 - June 27	10 - 11:30 am	\$125/\$156

Instructor: Lacrosse America

Location: Rolling Hills North Park

Floor Hockey - All Star Sports



Learn and play the fastest game in the world. This action packed class will emphasize the importance of teamwork and sportsmanship, while teaching the basic skills of passing, shooting and stick handling before the skates go on. Mandatory equipment needed includes a bike helmet and gloves. Optional equipment includes shin pads, knee pads and elbow pads. **No class on July 5.** (CB)

Code	Age	Day	Date	Time	Fee
38197	4 - 6 years	Fri	June 14 - Aug 2	3 - 4 pm	\$65
38198	6 - 9 years	Fri	June 14 - Aug 2	4 - 5 pm	\$65

Instructor: All Star Sports

Location: Cooper Middle School



Combine 360

Combine 360 provides a play-based model by which young athletes engage in training activities appropriate to their maturation and ability. By inspiring kids to be active and taking a systematic approach to the critical periods of development, C360 fosters a fun culture through challenges, emphasizing strength, balance and movement. This Intro to Combine 360 class includes a youth combine testing event, plus 3 weeks of athletic development. Appropriate for athletes of any sport and ability, this is a great introduction to functional training for young athletes. For more information, visit gohardball.com/c360. (TWW)

Age: 10 - 13 years

Code	Day	Date	Time	R/NR Fee
38220	Thu	June 27 - July 18	6 - 6:45 pm	\$119/\$129
38221	Thu	Aug 8 - Aug 29	6 - 6:45 pm	\$119/\$129

Instructor: Go Hardball Location: Cooper Middle School

Jog To Run Fun Run

Jog To Run teaches motivational skills, accountability for yourself and a group atmosphere, proper nutrition and hydration as a runner, breathing and striding techniques, proper posture and form, basic strength and flexibility, cross training and injury prevention, increased cardiovascular/muscular endurance, and how to just have fun with a new sport! Both levels will also be receiving monthly schedules on what to run daily, to lead up to a potential race. **No class on July 4.** (BA)

Level 1

Learn the basics of how to incorporate jogging/running into a daily routine for the duration of the program. You will be introduced to many different ways of training regiments as a new runner, and then be able to run in road races, ranging from 5Ks and beyond.

Level 2

Experienced runners learn how to enhance their skills and performances. You will learn how to incorporate your training into an every day regiment, so that this can be taken into actual races.

Age: 8 - 17 years

Code	Level	Day	Date	Time	R/NR Fee
37917	1	Mon, Wed	June 10 - July 24	4 - 5 pm	\$72/\$89
38500	2	Tue, Thu	June 11 - July 30	4 - 5 pm	\$72/\$89

Instructor: Jablonski Location: Buffalo Grove High School

Lil Pint Basketball

This is a slam dunk. We use smaller basketballs and 5 foot hoops to make this class the perfect introduction for the future basketball star. By doing simple drills, kids will become familiar with passing, dribbling, shooting, and the basic rules of the game. Teamwork, participation and good sportsmanship are all stressed through the game we play at the end of each class. **No class on July 4.** (CE)

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
37901	Thu	June 6 - July 11	4 - 4:45 pm	\$50/\$63

Instructor: Sports-R-Us Location: Alcott Center

Junior Basketball

Boys and girls alike will enjoy learning the skills needed to advance them in the world of basketball. Whether you are trying it out for the first time or are a seasoned pro, you will have a ton of fun enhancing your skill level. Through games and drills, we will practice dribbling, passing, shooting, positions and the importance of teamwork. Games will be played at the end of each class. Please bring a water bottle. **No class on July 4.** (CE)

Age: 5 - 7 years

Code	Day	Date	Time	R/NR Fee
37903	Thu	June 6 - July 11	5 - 5:45 pm	\$50/\$63

Instructor: Sports-R-Us Location: Alcott Center

Basketball Level 1- All Star Sports

This program will introduce your children to the game of basketball if they are beginners or if they need the know how to get to the next level. Basic skills of dribbling, passing, shooting and defense will be taught. Games will also be played to show the importance of teamwork in game situations. **No class on July 6.** (CB)

Code	Age	Day	Date	Time	Fee
38121	3 - 4 years	Sat	June 15 - Aug 3	9 - 9:45 am	\$65
38122	4 - 6 years	Sat	June 15 - Aug 3	9:45 - 10:45 am	\$65

Instructor: All Star Sports Location: Willow Grove School

Basketball Level 2- All Star Sports

These classes enhance the basics already taught in our level 1 class. Level 2 concentrates more on teamwork and game situations. Man to man, and zone defense are both taught, along with offensive strategies that are guaranteed to keep the players moving. **No class on July 6.** (CB)

Age: 6 - 8 years

Code	Day	Date	Time	Fee
38123	Sat	June 15 - Aug 3	10:45 - 11:45 am	\$65

Instructor: All Star Sports Location: Willow Grove School

Basketball Level 3- All Star Sports

This program is designed for the children to run the floor and play most of the time. Each position, along with offensive and defensive strategies, will be covered thoroughly. Each child must be ready to learn and ready to work. Each child will be challenged and their play will improve. **No class on July 6.** (CB)

Age: 9 - 11 years

Code	Day	Date	Time	Fee
38125	Sat	June 15 - Aug 3	12 - 1 pm	\$65

Instructor: All Star Sports Location: Willow Grove School

Boys & Girls Fall Co-Ed Basketball League

Grade: 3 - 4, 5 - 6, 7 - 8

The Buffalo Grove Park District basketball program is a recreational/instructional league designed to provide each player, regardless of ability, with a positive sports experience. We stress learning, safety, sportsmanship and fun! Parents, please support your young athlete with encouragement and good sportsmanship at all games and practices.

The season starts the first weekend of October and ends the fourth weekend of November. Games are played at Cooper Middle School on Saturdays between 9 a.m. and 7p.m., and at the Buffalo Grove High School field house on Sundays between 1 and 6 p.m. There is a possibility you will be scheduled to play on both days. If your child cannot be available for these days during the season, then we suggest that you consider not participating in this program. (CB)

Residents and nonresidents may register their child into the lottery from June 4 thru July 13 at the Alcott Center during regular business hours.

No mail in or online registration will be accepted. Participants are required to complete a sports registration form at the Alcott Center and include full payment. Registering does not guarantee a spot in the program. A Random drawing for residents will begin on July 16. Nonresidents will be drawn after all residents have been drawn and placed in a division or on a wait list. A receipt confirming your registration will be mailed at a later date.

If you miss the above registration dates, you may fill out a registration form at the Alcott Center during regular business hours to be placed on a wait list. You will be placed on a team if room is still available after all other registrations have been entered.

Fee

The basketball jersey is a mandatory uniform for the basketball league. Returning players may use their existing jersey, or a new jersey may be purchased.

League Fee: \$79
Jersey Fee: \$14



Parents that are interested in being a Head Coach should contact Chuck Burgess by July 12 at 847.850.2125 or cburgess@bgparks.org.

Boys Travel Basketball Tryouts

We are members of the North Suburban Basketball League. League rules state that players must reside within the town they are representing or reside in a town that directly borders that is otherwise not represented in the league to play for Buffalo Grove. Players selected for traveling teams will be competing in a very competitive environment. Players must have established skills and will be selected by the Park District coaching staff. Players and parents should understand that this is a more focused, intense program, involving multiple practices per week, and travel to and from locations in the greater Chicagoland and suburban area for games and tournaments. Players should be able to make a full commitment for the entire season without interruption or distraction from other sports or activities. We are offering teams in grades 4, 5 and 6 for boys. Travel basketball does not operate as other travel programs in regards to the under a certain age system (ex. U-11 or U-12). Players must tryout for their specific grade level. Participants are encouraged to attend both scheduled tryouts. Interested in coaching a team? If so, please contact Chuck Burgess by July 3 at 847.850.2125. There is no fee to tryout, however registration is required. If you make the team, the fee is \$400. (CB)

Code	Grade	Day	Date	Time	Fee
38129	4	Thu	Sept 5	6-7 p.m.	\$0
		Sun	Sept 8	5-6:30 p.m.	
38130	5	Thu	Sept 5	7-8 p.m.	\$0
		Sun	Sept 8	7-8:30 p.m.	
38131	6	Thu	Sept 5	8-9 p.m.	\$0
		Sun	Sept 8	7-8:30 p.m.	

Location: Cooper Middle School

Boys High School Basketball

Grade: Freshmen/Sophomore and Junior/Senior.

The Buffalo Grove Park District basketball program is a recreational league designed to provide each player, regardless of ability, with a positive sports experience. We stress learning, safety, sportsmanship and fun! Parents, please support your young athlete with encouragement and good sportsmanship at all games and practices. Games days include, but are not limited to, Thursday, Saturday and Sunday at Cooper Middle School and Buffalo Grove High School. All teams will be determined by a draft. You must be able to practice once a week Monday thru Friday. (CB)

Registration

Residents and nonresidents may register their child into the lottery from June 4 thru July 13 at the Alcott Center during regular business hours. No mail in or online registration will be accepted. Participants are required to complete a sports registration form at the Alcott Center and include full payment. Registering does not guarantee a spot in the program. A Random drawing for residents will begin on July 16. Nonresidents will be drawn after all residents have been drawn and placed in a division or on a wait list.

If you miss the above registration dates, you may fill out a registration form at the Alcott Center during regular business hours to be placed on a wait list. You will be placed on a team if room is still available after all other registrations have been entered. A receipt confirming your registration will be mailed at a later date.

Fee

The basketball jersey is a mandatory uniform for the basketball league. Returning players may use their existing jersey, or a new jersey may be purchased.

League Fee: \$83
Jersey Fee: \$14

Parents that are interested in being a Head Coach should contact Chuck Burgess by July 12 at 847.850.2125 or cburgess@bgparks.org.



Karate

Through a variety of fun and creative activities, children will develop coordination, strength and poise as well as personal safety skills all in a well-supervised setting. Karate skills release tension brought on by school and peers. The confidence gained through karate helps foster a strong positive self-image. The mental aspect involved in karate builds self-confidence, control and discipline. The physical aspect of this program is both enjoyable and beneficial. Karate can improve your child's sports, school and social activities. These classes are for individuals between the ages of 4 to 15. All classes are taught by instructors of the Illinois Shotokan Karate Club, under the direction of John DiPasquale, 4 time National Champion and former U.S. Karate National Coach. Advanced students may be asked to purchase additional equipment for classes. Fee for Parent/Child class is per participant. Camelot Park is located at 1005 E. Suffield in Arlington Heights. **No Class on July 4.** (TWW)

Code	Age	Belt	Day	Date	Time	Location	R/NR Fee
Pre-Karate Beginner (No Experience)							
38067	4 - 7		Fri	June 14 - Aug 23	4 - 4:45 pm	Emmerich Park	\$99/\$124
38064	4 - 7		Thu	June 20 - Sept 5	4 - 4:45 pm	Camelot Park - A.H.	\$99/\$124
Pre-Karate Continuing (1 or more prior sessions)							
38068	4 - 7		Fri	June 14 - Aug 23	4:50 - 5:35 pm	Emmerich Park	\$99/\$124
38065	4 - 7		Thu	June 20 - Sept 5	4:55 - 5:40 pm	Camelot Park - A.H.	\$99/\$124
Pre-Karate Intermediate							
38070	6 - 10	Orange - Green	Fri	June 14 - Aug 23	6:30 - 7:30 pm	Emmerich Park	\$113/\$141
Pre-Karate Teacher Permission							
38069	4 - 7		Fri	June 14 - Aug 23	5:45 - 6:30 pm	Emmerich Park	\$99/\$124
38066	4 - 7		Thu	June 20 - Sept 5	5:45 - 6:30 pm	Camelot Park - A.H.	\$99/\$124
Youth Karate Beginning/Continuing							
38071	7 - 14	White - Yellow	Tue	June 11 - Aug 20	4 - 4:50 pm	Alcott Center	\$97/\$121
38073	7 - 14	White - Orange	Wed	June 12 - Aug 28	4 - 5 pm	Alcott Center	\$108/\$135
38077	7 - 14	White Only	Sat	June 22 - Aug 31	9 - 10 am	Camelot Park - A.H.	\$99/\$124
Youth Karate Novice							
38074	7 - 15	Yellow - Blue	Wed	June 12 - Aug 28	5 - 6 pm	Alcott Center	\$108/\$135
38078	7 - 14	White w/ stripes - Orange	Sat	June 22 - Aug 31	10:10 - 11:10 am	Camelot Park - A.H.	\$99/\$124
Youth Karate Intermediate							
38075	7 - 14	Green - Low Purple	Wed	June 12 - Aug 28	6:30 - 7:30 pm	Cooper Middle School	\$108/\$135
38079	7 - 14	Yellow - Green	Sat	June 22 - Aug 31	11:20 am - 12:20 pm	Camelot Park - A.H.	\$99/\$124
Youth Karate Intermediate/Advanced							
38072	7 - 14	Blue & up	Tue	June 11 - Aug 20	4:50 - 5:50 pm	Alcott Center	\$99/\$124
Youth Karate Advanced							
38076	7 - 15	High Purple - Black	Wed	June 12 - Aug 28	6:30 - 7:30 pm	Cooper Middle School	\$108/\$135
38080	7 - 14	Purple - Black	Sat	June 22 - Aug 31	12:30 - 1:30 pm	Camelot Park - A.H.	\$99/\$124
Parent/Child Beginning/Continuing							
38060	7 +	White Only	Sat	June 22 - Aug 31	9 - 10 am	Camelot Park - A.H.	\$99/\$124
Parent/Child Novice							
38061	7 +	White w/ stripes - Orange	Sat	June 22 - Aug 31	10:10 - 11:10 am	Camelot Park - A.H.	\$99/\$124
Parent/Child Intermediate							
38062	7 +	Yellow - Green	Sat	June 22 - Aug 31	11:20 am - 12:20 pm	Camelot Park - A.H.	\$99/\$124
Parent/Child Advanced							
38063	7 +	Purple - Black	Sat	June 22 - Aug 31	12:30 - 1:30 pm	Camelot Park - A.H.	\$99/\$124

Instructor: Illinois Shotokan Karate Club



Camps 2013 Let The Fun Begin!

Welcome

It is never too early to start planning for summer camp! The Buffalo Grove Park District has a wide variety of summer camps that are sure to make your child's experience a great one.

Camp Philosophy

The Buffalo Grove Park District summer camp programs are designed to provide participants with safe, active and learning opportunities that are age appropriate. Recreational experiences will enhance all children's developmental needs and help create a positive self-image through socialization and creativity.

Camp Staff

The Buffalo Grove Park District's summer camp staff will continue to provide the best summer possible for your child. Summer camp staff are hired on the basis of character, leadership, enthusiasm and creativity.

All Buffalo Grove Park District summer camps have an on-site supervisor to encourage leadership and guidance for each of our unique camps. Many of the previous summer camp supervisors will also be back, full of fresh ideas and

renewed commitment. All summer camp staff go through an orientation process, which incorporates safety, creativity, team building and daily activity planning. All camp supervisors are certified in National Safety Council First Aid, as well as National Safety Council CPR and AED certification.

Camp Site Locations

The Buffalo Grove Park District, through cooperative arrangements with school districts 21, 96 and 102 strive to provide the best facilities for its summer day camps. Due to capital improvement projects at the various school districts that may not be well defined, all camp locations are subject to change.

Transportation

The Buffalo Grove Park District does not provide daily transportation to or from camp; however, we do utilize a school bus service for swimming, Spray 'N Play and our many fun filled field trips that the Park District plans for our summer camps.

Swimming

All campers who attend camps with open swim at Willow Stream Pool will be swim tested, unless they are restricted to the wading pool by their parent or guardian. The swim tests are meant to place each camper in areas of the pool that they can handle mentally and physically. There will be no open swim the first week of camp for session 1 and the first 2 days of session 2. Those days will be dedicated to swim testing.



Buffalo Grove Park District residents that were in camp the previous year will be able to priority register for camp before regular registration begins. These registration forms will be mailed out.

No mail in or online registration will be accepted. You must complete a day camp registration form at the Alcott Center and include a \$100 nonrefundable deposit per registration form. Entering the registration lottery does not guarantee a place in the day camp program.

Residents may register their child into the camp lottery from November 26 thru December 21 at the Alcott Center during regular business hours. If registering for the first time as a resident, you must provide proof of residency.

Nonresident registration will begin January 21 and will be randomly selected after resident registrations have been processed. A receipt will be mailed confirming your registration.

Payment Information

Payment in full at time of registration, which includes your nonrefundable deposit. We accept cash, check, Visa, Master Card and Discover. If you have any questions, call the camp office at 847.850.2133.

Refunds

Refund requests received on or before June 7 will be issued minus your nonrefundable deposit and a \$5 administrative fee.

Refund requests received after June 7 will only be issued when accompanied by a current doctor's note.

The Buffalo Grove Park District reserves the right to cancel any camp with insufficient enrollment. If a camp is cancelled by the Park District, all registered campers in that program will be called and offered an alternate camp. A full refund will be given to each participant the Park District is unable to accommodate.



Tiny Travelers

Not ready for "big kids" camp yet? Then this class for parent (or caregiver) and child is just right. Child must be 2 years old by the first day of camp. The first day of each week, we will meet at the Alcott Center for classroom and outdoor activities. The other day we will meet at various locations (Spray 'N Play, Pretend Playground, the fire station, a train ride, etc.). The fee covers all trip expenses, a camp group picture and t-shirts for parent and child. A \$100 nonrefundable, nontransferable deposit is included in the fee. No siblings may attend any class or trip. **No camp on July 4.** (MWW)

Age: 2 - 3 years

Code	Day	Date	Time	Fee
37240	Mon, Wed	June 17 - July 31	10 - 11:45 am	\$340
37242	Mon, Wed	June 17 - July 31	10 - 11:45 am	\$340
37241	Tue, Thu	June 18 - Aug 1	10 - 11:45 am	\$325
37243	Tue, Thu	June 18 - Aug 1	10 - 11:45 am	\$325

Location: Alcott Center

Grasshoppers

Fun! Fun! Fun! A summer camp in a preschool setting, perfect for 3 year olds! One teacher and 1 - 2 assistants, with a maximum of 16 campers will give children a sense of security and comfort while they are having fun and learning about the world around them. A typical day will include an art activity and playtime mixed in with songs, finger plays and stories. We will also make (and eat!) our snack and play outside (parachute, playground, games, etc.). A \$100 nonrefundable, nontransferable deposit is included in the fee. Children may be in Pull-Ups®. If your child turns 3 during the summer (before September 1), register for the Monday and Wednesday or Tuesday and Thursday camp. For more information, call Martha Westerberg at 847.850.2111. **No camp on July 4.**

Age: 3 years

4 day a week camp - Child must be 3 by first day of camp

2 day a week camp - Child must be 3 by September 1, 2013

Code	Day	Date	Time	Fee
37245	Mon, Wed	June 17 - July 31	9:30 am - 12 pm	\$376
37246	Mon, Wed	June 17 - July 31	9:30 am - 12 pm	\$376
37247	Tue, Thu	June 18 - Aug 1	9:30 am - 12 pm	\$350
37248	Tue, Thu	June 18 - Aug 1	9:30 am - 12 pm	\$350
37244	M, Tu, W, Th	June 17 - Aug 1	9:30 am - 12 pm	\$717

Location: Alcott Center

Cricket Camp

Join us at Cricket Camp for a great mix of indoor play, music and art, plus outdoor games and water play. Each classroom will be equipped with books, toys, games and fine motor activities. This camp will give children a sense of security and comfort while they are having fun and exploring new adventures. Children must be 4 or 5 years old by September 1, 2013 and toilet trained by the first day of camp. **No camp on July 4.** (MWW)

Age: 4 - 5 years

Code	Day	Date	Time	Fee
37251	Mon, Wed, Fri	June 17 - Aug 2	9:15 am - 1:15 pm	\$546
37250	Tue, Thu	June 18 - Aug 1	9:15 am - 1:15 pm	\$364
37252	M, Tu, W, Th, F	June 17 - July 31	9:15 am - 1:15 pm	\$884

Location: Alcott Center



NEW Safety Stars Camp

Safety Stars Camp is designed with your early learner in mind. This camp will introduce its young audience to all aspects of safety in a fun camp environment. Safety topics will include traffic, home, water, travel, outdoor/playground, stranger danger and much more. Campers will explore these concepts through a variety of mediums, including, but not limited to, games, songs, crafts and drama. They will also get lots of hands-on experience on the bikes and motorized cars on our Safety Town course. This safetastic camp experience will also include water play and visits to Spray N' Play. Campers must bring a bike helmet, peanut-free lunch, bathing suit, towel, water shoes, gym shoes and socks each day. **No camp on July 4.** (ES)

Age: 4 - 6 years

Code	Day	Date	Time	Fee
37203	M, W, F	June 17 - July 26	10 am - 1 pm	\$468
37204	Tu, Th	June 18 - July 25	10 am - 1 pm	\$286
37202	M, Tu, W, Th, F	June 17 - July 26	10 am - 1 pm	\$754

Location: Twin Creeks Park

Kinder Kamp

Here is an exciting opportunity for campers who are entering kindergarten in the fall of 2013 to participate in a wide variety of fun and exciting activities. The campers will enjoy arts and crafts, games, songs, outside play and more. This camp also offers swim lessons 2 days per week and 2 days of open swim, utilizing the pool and Spray N' Play. On swim days, campers need to bring a swimsuit and towel, all clearly labeled. One bus field trip per session is also a highlight of this camp. Campers need to bring a lunch and beverage, water bottle and sunscreen daily. Camp Connection is available for this camp. **No camp on July 4.** (ES)

Age: 5 - 6 years

Code	Day	Date	Time	Fee
37205	M, Tu, W, Th, F	June 12 - July 12	9 am - 2 pm	\$572
37206	M, Tu, W, Th, F	July 15 - Aug 2	9 am - 2 pm	\$390

Location: Willow Grove School

Adventure

This camp is for children entering grades 1 - 4 and offers a variety of activities centered on a weekly theme. In addition to enjoying arts and crafts, active games, water play and much more, the campers will go to the pool 4 times per week, 2 of the days for swim lessons and 2 days of open swim. On swim days, campers need to bring a swimming suit and towel, all clearly labeled. In addition, the campers will enjoy 3 field trips per session. This well-rounded camp is designed to keep the campers engaged and guarantees lots of fun and excitement. Campers must bring a lunch and beverage, water bottle and sunscreen daily. Camp Connection is available for this Camp. **No camp on July 4.** (ES)

Code	Grade	Day	Date	Time	Fee
37207	1 - 2	M, Tu, W, Th, F	June 12 - July 12	9 am - 3 pm	\$594
37208	1 - 2	M, Tu, W, Th, F	July 15 - Aug 2	9 am - 3 pm	\$405
37209	3 - 4	M, Tu, W, Th, F	June 12 - July 12	9 am - 3 pm	\$594
37210	3 - 4	M, Tu, W, Th, F	July 15 - Aug 2	9 am - 3 pm	\$405

Location: Kilmer School

37211	1 - 2	M, Tu, W, Th, F	June 12 - July 12	9 am - 3 pm	\$594
37212	1 - 2	M, Tu, W, Th, F	July 15 - Aug 2	9 am - 3 pm	\$405

Location: Prairie School

37213	1 - 2	M, Tu, W, Th, F	June 12 - July 12	9:15 am - 3:15 pm	\$594
37214	1 - 2	M, Tu, W, Th, F	July 15 - Aug 2	9:15 am - 3:15 pm	\$405

Location: Willow Grove School

Fun & Games Galore

Campers entering grades 1 - 5 will enjoy this active camp that offers a wide array of fun games and activities, including active games, arts and crafts, water games and much more. One weekly field trip, as well as open swim 4 days a week are also a highlight of this camp. On swim days, campers need to bring a swimming suit and towel, all clearly labeled. Campers must bring a lunch and beverage, water bottle and sunscreen daily. Camp Connection is available for this camp. **No camp on July 4.** (ES)

Code	Grade	Day	Date	Time	Fee
37215	1 - 3	M, Tu, W, Th, F	June 12 - July 12	8:30 am - 2:30 pm	\$594
37216	1 - 3	M, Tu, W, Th, F	July 15 - Aug 2	8:30 am - 2:30 pm	\$405
37217	4 - 5	M, Tu, W, Th, F	June 12 - July 12	8:30 am - 2:30 pm	\$594
37218	4 - 5	M, Tu, W, Th, F	July 15 - Aug 2	8:30 am - 2:30 pm	\$405

Location: Prairie School

Grove

Grove camp is the longest full-day camp for children entering grades 3 - 6. Both sessions consist of fun activities that include active games, arts and crafts, outside play and much more. Campers in grades 3 - 4, will have swim lessons 2 days, open swim 2 days, and one field trip per week. Campers in grades 5 - 6 will have 3 days of open swim and 2 field trips per week. Campers will need to bring a swimming suit and towel on all swim days and a lunch and beverage, water bottle and sunscreen daily. Camp Connection is available for this camp. **No camp on July 4.** (ES)

Code	Grade	Day	Date	Time	Fee
37219	3 - 4	M, Tu, W, Th, F	June 12 - July 12	8:30 am - 3 pm	\$704
37220	3 - 4	M, Tu, W, Th, F	July 15 - Aug 2	8:30 am - 3 pm	\$480
37221	5 - 6	M, Tu, W, Th, F	June 12 - July 12	8:30 am - 3 pm	\$704
37222	5 - 6	M, Tu, W, Th, F	July 15 - Aug 2	8:30 am - 3 pm	\$480

Location: Longfellow School

Cycle & Surf

What a unique way for the campers to spend their summer! This camp emphasizes biking and swimming with daily sports and games. While not strenuous, this camp is best suited for campers who enjoy riding their bike moderate distances on a daily basis. Weekly field trips are also a highlight of this camp. All campers need to have a bike in good working condition (preferably a gear bike) and a bike helmet. Campers need to bring a swimming suit, towel, lunch and beverage, water bottle, helmet and sunscreen daily. Camp Connection is available for this camp. **No camp on July 4.** (ES)

Code	Grade	Day	Date	Time	Fee
37223	5 - 6	M, Tu, W, Th, F	June 12 - July 12	8:45 am - 2:45 pm	\$572
37224	5 - 6	M, Tu, W, Th, F	July 15 - Aug 2	8:45 am - 2:45 pm	\$390

Location: Kilmer School

37225	7 - 8	M, Tu, W, Th, F	June 12 - July 12	8:45 am - 2:45 pm	\$572
37226	7 - 8	M, Tu, W, Th, F	July 15 - Aug 2	8:45 am - 2:45 pm	\$390

Location: Willow Grove School

Travelin' Teens

Is your teen ready for fun and exciting road trips? Then Travelin' Teens is for them! This active camp is open to all campers entering grades 6 - 8 and offers a wide variety of activities, including one day of open swim, sports, team building, 4 field trips per week to places all around the Chicagoland area, and much more. Campers must bring a lunch and beverage, water bottle and sunscreen daily. Camp Connection is available for this camp. **No camp on July 4.** (ES)

Grade: 6 - 8

Code	Day	Date	Time	Fee
37227	M, Tu, W, Th, F	June 12 - July 12	9 am - 3 pm	\$968
37228	M, Tu, W, Th, F	July 15 - Aug 2	9 am - 3 pm	\$660

Location: Longfellow School



Sports Camp

Sports Camp is a full day camp for children entering grades 3 - 8 and is loaded with sports. Everyday at Sports Camp is fun and exciting. Sports activities include games like capture the flag, floor hockey, basketball and much more. Each week will include 2 or 3 field trips. Trips vary week to week, but some of our most popular trips are to water parks, baseball games, bowling and mini golf. It is a full day of fun and friends. Each camper will receive 2 t-shirts for each session they attend. They will also receive 1 backpack for the summer. Participants must bring a sack lunch, water bottle and sunscreen daily. All items should be clearly labeled. **No camp on July 4.** (CB)

Boys

Code	Grade	Day	Date	Time	Fee
36786	3 - 4	M, Tu, W, Th, F	CLOSED	8:45 am - 3:45 pm	\$680
36787	3 - 4	M, Tu, W, Th, F	July 15 - Aug 2	8:45 am - 3:45 pm	\$600
36788	5 - 6	M, Tu, W, Th, F	CLOSED	8:30 am - 3:30 pm	\$880
36789	5 - 6	M, Tu, W, Th, F	July 15 - Aug 2	8:30 am - 3:30 pm	\$600

Location: Twin Groves Middle School

36790	7 - 8	M, Tu, W, Th, F	June 12 - July 12	8:30 am - 3:30 pm	\$880
36791	7 - 8	M, Tu, W, Th, F	July 15 - Aug 2	8:30 am - 3:30 pm	\$600

Location: Ivy Hall School

Girls

Code	Grade	Day	Date	Time	Fee
36792	3 - 8	M, Tu, W, Th, F	June 12 - July 12	8:45 am - 3:45 pm	\$880
36793	3 - 8	M, Tu, W, Th, F	July 15 - Aug 2	8:45 am - 3:45 pm	\$600

Location: Willow Grove School

Dance Camp

Dance camp is designed for those who have had at least 1 year of dance training and will offer quality instruction in ballet, tap, jazz, poms and hip-hop. Other highlights include open swim, swimming lessons (grades 1 - 3), field trips, dance related arts and crafts, and much more. Campers will be separated into small groups based on age and ability. The fee includes instruction in a variety of dance forms, master classes, swimming, field trip tickets and transportation, arts and crafts projects, a camp group photo, a t-shirt and back pack. Each dancer is responsible for securing tap and jazz/ballet shoes. Participants must bring a sack lunch and water bottle daily. We have no access to refrigeration. Campers must also bring a swimsuit and towel on swim days. Swim lessons will occur twice a week for grades 1 - 3 and open swim will be once a week for all campers. All items should be clearly labeled. A detailed informational letter will be sent out in May. Camp Connection is available for this camp. **No camp on July 4.** (AS)

Code	Grade	Day	Date	Time	Fee
37028	1 - 3	M, Tu, W, Th, F	June 12 - July 12	9:15 am - 3:15 pm	\$711
37029	1 - 3	M, Tu, W, Th, F	July 15 - Aug 2	9:15 am - 3:15 pm	\$485
37030	4 - 8	M, Tu, W, Th, F	June 12 - July 12	9:15 am - 3:15 pm	\$711
37031	4 - 8	M, Tu, W, Th, F	July 15 - Aug 2	9:15 am - 3:15 pm	\$485

Location: Tripp School



Showbiz Kids

Highlights include singing, dancing, swim lessons, open swim, arts and crafts, games and much more. One bus field trip per session will also be included. The fee includes instruction in a variety of dance forms, theatre classes, swimming, field trip tickets and transportation, arts and crafts projects, a camp group photo, a t-shirt and back pack. Each camper is responsible for securing jazz or ballet shoes. Participants must bring a sack lunch and water bottle daily. We have no access to refrigeration. Campers must also bring a swimsuit and towel on swim days. Lessons occur twice a week and open swim will be once a week. All items should be clearly labeled. A detailed informational letter will be sent out in May. Camp Connection is available for this camp. **No camp on July 4.** (AS)

Code	Age	Day	Date	Time	Fee
37032	4 - 5 years	M, Tu, W, Th, F	June 12 - July 12	9 am - 2 pm	\$550
37033	4 - 5 years	M, Tu, W, Th, F	July 15 - Aug 2	9 am - 2 pm	\$375
37035	6 - 7 years	M, Tu, W, Th, F	June 12 - July 12	9 am - 3 pm	\$711
37036	6 - 7 years	M, Tu, W, Th, F	July 15 - Aug 2	9 am - 3 pm	\$485

Location: Tripp School

Broadway Bound

Designed for children with all levels of theatre experience, your star's days will be filled with quality dance, vocal and acting instruction, as well as theatre games, activities, swimming, arts and crafts, field trips and more. Camp will culminate in a musical performance in the evening during the last week of camp. Fee includes singing instruction, dancing and acting, swim costs, field trip tickets and transportation, production costs, a camp group photo and a special Broadway Bound t-shirt. Participants must bring a sack lunch and water bottle daily, as well as a swimsuit, sunscreen and towel for our swim days, which will be once a week, and all items should be clearly labeled. We have no access to refrigeration. Each star will be responsible for their own costumes and correct dance footwear. Since this camp is centered around the final performance, it is advised that you not register for this camp if you will be missing a week, or are unable to attend the last 2 weeks of camp or the final performance. Camp Connection is available for this Camp. **No camp on July 4.** (AS)

Age: 8 - 13 years

Code	Day	Date	Time	Fee
37171	M, Tu, W, Th, F	CLOSED	9:15 am - 3:15 pm	\$704
37027	M, Tu, W, Th, F	June 12 - Aug 2	9:15 am - 3:15 pm	\$1184

Location: Ivy Hall School

Post Summer Camp Fieldtrips

Can't get enough of camp? We are offering an extra week of all day fun in the form of post-summer camp fieldtrips. This week of fieldtrips is a perfect way to say goodbye to summer before school starts. On each full day of service, the kids will participate in a fieldtrip to an outside location. Information on particular fieldtrip locations will be available at the start of camp. Besides the fieldtrip, registration will also include both before and after time, in which the kids will enjoy more fun through indoor and outdoor games, sports, arts and crafts, and more. By registering for any or all of these post-summer camp fieldtrips, your child will be able to be dropped off at Ivy Hall School anytime between the hours of 7 - 9 am and picked up anytime between 3 - 6 pm **Please note:** If you cancel before May 1, you will receive a full refund. If you cancel after May 1, you will receive a 50% refund. For more information, please contact Carol Verzani at 847.850.2106.



Looking for a little extra camp this summer?

Age: 5 - 14 years

Code	Day	Date	Time	Fee
37022	Mon	Aug 5	7 am - 6 pm	\$55
37023	Tue	Aug 6	7 am - 6 pm	\$55
37024	Wed	Aug 7	7 am - 6 pm	\$55
37025	Thu	Aug 8	7 am - 6 pm	\$55
37026	Fri	Aug 9	7 am - 6 pm	\$55

Location: Ivy Hall School

CAMP CONNECTION

Camp Connection locations will include Ivy Hall School, Kilmer School, Longfellow School, Prairie School, Tripp School and Willow Grove School.

Camp Connection is a before and after camp program designed to accommodate working parents. Camp Connection will be managed like camp and will not just be free play. Activities will include sports, arts and crafts, indoor and outdoor games and other fun summer time activities.

Camp Connection is only for campers who are enrolled in the Buffalo Grove Park District Camp programs, and must be entering Kindergarten thru 8th grade in the fall of 2013. We do not have bus service, so your Camp Connection location placement will be based upon the camp location your child is at.

The morning Camp Connection begins as early as 7 am and ends at the starting time of the camper's individual camp. The afternoon Camp Connection will start when the camper's individual camp ends and goes until 6 pm

Please indicate your wish for Camp Connection on your camp registration form. Based upon your request and your child's camp assignment, detailed information will be sent to you starting in February. **Please note:** There is a 2 day minimum and option for a 3-week, 4-week, or 7-week session. The fee shown is based on a 7 week registration. **No camp on July 4.** (ES)

Grade: K - 8



Day	Date	Time	Fee
Mon	June 17 - July 29	7 am - Start of Camp	\$70
Mon	June 17 - July 29	End of camp - 6 pm	\$98
Tue	June 18 - July 30	7 am - Start of Camp	\$70
Tue	June 18 - July 30	End of camp - 6 pm	\$98
Wed	June 12 - July 31	7 am - Start of Camp	\$80
Wed	June 12 - July 31	End of camp - 6 pm	\$112
Thu	June 13 - Aug 1	7 am - Start of Camp	\$80
Thu	June 13 - Aug 2	End of camp - 6 pm	\$112
Fri	June 14 - Aug 2	7 am - Start of Camp	\$80
Fri	June 14 - Aug 2	End of camp - 6 pm	\$112

Location: Ivy Hall School, Kilmer School, Longfellow School, Prairie School, Tripp School and Willow Grove School.

Aquatics

Willow Stream Pool

600 Farrington Drive

Open June 1 thru August 31

Lap Swim

June 1 thru August 4

Monday - Thursday* 7 - 9 am
 Saturday & Sunday 10 am - 12 pm
 *3 lanes shared with swim team.

August 5 thru August 31

Monday - Thursday 9:30 am - 12 pm
 Saturday & Sunday 10 am - 12 pm

Open Swim/Wading Pool/Slide

Everyday 12 - 7 pm

Daily Admission Fees

Adults & Children \$6 (children 2 and under are free)
 Seniors (62 years and up) \$5

Twilight Rates

Everyday from 5 - 7 pm \$3

\$5 Friday Night Family

Every Friday from 5 - 7 pm \$5 per family

Pool Closures

Willow Stream will close at 3pm for home swim meets on June 19, 26, and July 10. Any additional dates will be posted at the pool and our website at bgparks.org.

GOOD TO KNOW

As of May 17, 2013, the Aquadome Pool will be closed until August of 2014, as School District 214 will be constructing a new pool on this site. Because of this, changes were made to the Willow Stream Pool schedule, as well as the pool passes information. We appreciate your understanding and consideration during this time as we all await the new pool opening.

Definitions of Swim Periods

Lap Swim

The pool is open to pass holders and daily guests who wish to swim laps. During crowded lap swim times, preference will be given to adults, ages 18 and older. It may be necessary for lifeguards to place swimmers in lanes according to speed or for swimmers to circle swim.

Open Swim

The pool is open to pass holders and daily guests. There is no space available for lap swim lanes. An adult must accompany children under the age of 7.

Buffalo Grove Park District Locker Room Age Policy For Aquatic Facilities

Children 5 and up are not permitted in the opposite sex locker rooms. You may elect to do one of the following:

- Ask the manager if you and your child can walk to and from the pool through our office.
- Come prepared to swim, and send the swimmer through the proper locker room and meet them on the deck.

Our staff is ready to assist in any way that we can to ensure the comfort and safety of all of our patrons. Thank you for your cooperation in assisting us with the enforcement of this pool policy.

Pool Passes

The Summer Pool Pass is valid from June 1, 2013 through September 1, 2013, and you can use your pass for a discount at the Spray 'N Play.

Pool Pass Policies

- Families may purchase a separate pass for babysitters and nannies if they can prove legal residence through a driver's license or similar documentation.
- Only the person who purchased the passes may use them. Passes may not transfer ownership.
- A fee of \$10 is charged to replace lost or stolen passes.
- Pool passes must be present to enter the pool. Patrons or families without a pool pass will be required to pay the daily admission fee.

Purchasing Pool Passes

Pool passes are available to Buffalo Grove Park District residents and nonresidents ages 3 years and older. All passes require a photo of the pass holder and are issued only at the Alcott Center during normal business hours.

Regular Season Rates

Family Type	Resident Summer	Nonresident Summer
Individual Passes	\$85	\$125
Families of 2	\$105	\$145
Families of 3	\$115	\$155
Families of 4	\$125	\$165
Families of 5	\$135	\$175
Families of 6	\$145	\$185

Everyone entering the pool during a public swim period must have a current pool pass or pay the daily admission fee, even if you do not intend to swim. A complete set of pool rules and policies are available at the pool.

Lifeguards & Swim Lesson Instructors

Applications for year-round and summer employment are now being accepted online at bgparks.org. Potential lifeguards must have successfully completed, be currently enrolled in, or have intentions of enrolling in a Starguard lifeguard training course prior to beginning work as a lifeguard. We will offer one lifeguard class in late May that is limited to 10 participants. Potential instructors must enjoy working with children in a fast paced environment and should have CPR and First Aid training. WSI is preferred, but we are willing to train exceptional candidates. Hours include weekday evenings and weekends during the school year. Pay starts at \$8.50 per hour and up.

Spray 'N Play

Public Hours

Open June 1 - September 1

Monday - Friday	10 am - 7 pm
Saturday	12 - 7 pm
Sunday	12 - 6 pm

Daily Admission Fees

12 months and under	Free
Children & Adults	\$3
Seniors 62 & up	\$1
With Current Pool Pass	\$1 off

Spray 'N Play Twilight Time

Monday - Saturday	5 - 7 pm
Sunday	4 - 6 pm
\$1 per person	

Table Rentals Are Available Daily

Over 10,000 square feet of water play surface

- Interactive Spray Features
- Water Cannons
- Washrooms/Diaper Changing Area
- Sunshades
- Large Picnic Area

Ultimate & Splash Bash Parties

Saturday	10 am - 12 pm
Sunday	10 am - 12 pm and 6 - 8 pm

Rental Fees

Ultimate Party

\$350 - Up to 200 guests and 2 hours of exclusive use.

Splash Bash Party

\$200 - Up to 65 guests and 2 hours of use which may or may not be shared with another Splash Bash Party rental.

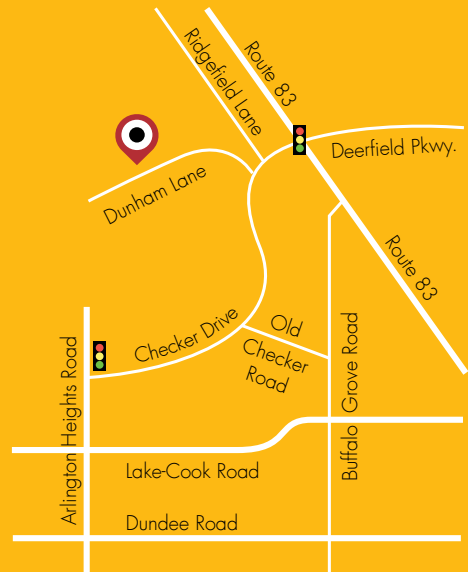
Party Deck rentals

\$175 for a 2-hour rental during regular hours (shared time with general admission guests). This fee includes admission for up to 65 guests. Any additional guests must pay an entrance fee of \$1.50 per person. There is a 2-hour rental minimum.

Table Rental	\$25 per table for 2 hours during public hours.
Nonresident	\$30 fee for Ultimate and Splash Bash Parties.
Cleaning Deposit	\$25 - Included in the rental fee.

For more information about Spray 'N Play rentals and group rates, call 847.850.2180.

Raupp Museum



Raupp Museum

901 Dunham Lane
Phone: (847) 459-2318

Raupp Museum Hours

Monday - Thursday 11 am - 4:30 pm
Sunday 1 - 4 pm
Closed Friday and Saturday

Please note: Museum educational programs can be scheduled during the museum's public hours, but they may also be scheduled at other times by contacting the Museum Coordinator at 847.459.2318.

Museum Exhibits

Main Exhibit

Experience the ways Buffalo Grove has changed as you walk through 150 years of history. Visitors can learn what grew in a Potawatomi garden, sit on the porch of an 1890s farmhouse, milk the museum's replica dairy cow, try a typewriter, and see a bicycle from 1958. Learn how Buffalo Grove got started, and also how it grew into the community it is today.

Town Square

Imagine life before shopping malls. In this exhibit, visitors can peek into an old-fashioned general store, try a water pump, visit the bank, sit at a desk in a 1926 schoolroom, and even play checkers at the tavern.

NEW

Lucky 13

A Year in the Life of Buffalo Grove

Relive a year in the life of Buffalo Grove, as the Raupp Museum explores 1913 month-by-month. Visitors to the exhibit will learn who got new cars, dance at a fund-raising party, and shop at the general store, just as local residents did 100 years ago.



On The Entertainment Committee?

Let the Raupp Museum provide the program for your next meeting. Museum staff can come to your church club, women's group, or business association for both afternoon and evening programs. Popular topics include Buffalo Grove History, Old-Time Radio, Illinois Archaeology, and the 100th Anniversary of Women's Right to Vote in Illinois.

Museum Programs

Try It Tuesdays

Looking for an adventure that's close to home? Every Tuesday during the summer, the Raupp Museum will feature free walk-in activities from 1 - 3:30 pm. There's no need to register, just come in. Every Tuesday will feature a different activity.

Date	Activity
June 11	Churn butter
June 18	Make candles
June 25	Pinwheels
July 2	Cornhusk doll
July 9	Clothespin Butterfly
July 16	Kites
July 23	Make paper
July 30	Carve Soap

Wednesday Walks

Get moving and get green! Join the Raupp Museum staff from 10 - 11 am for a Wednesday morning walk in the park. Each Wednesday, will have a nature theme as we meet at a shelter, do a nature activity, and then take a walk to look for examples of what we have learned. This program is free; but, please call the Museum to register so we know you are coming.

Date	Theme	Park
June 12	Birds	Willow Stream Park
June 19	Bats	Mike Rylko Community Park
June 26	Life Under Logs	Mike Rylko Community Park
July 3	Skunks	Mike Rylko Community Park
July 10	Urban Wildlife	Willow Stream Park
July 17	Invasive Plants	Mike Rylko Community Park
July 24	Streams	Willow Stream Park
July 31	Fruit	Willow Stream Park

Museum On The Move

The Raupp Museum is coming to a park near you! On 4 different Thursdays during the summer, the Raupp Museum will be doing outdoor programming at a park in Buffalo Grove. Stop by from 10 am - 12 pm to try something new, learn something fun, explore the park, and meet the Museum staff. These are free programs.

Date	Park
June 13	Mill Creek Park
June 27	Rolling Hills North Park
July 11	Cambridge Park
July 25	Parkchester Park

Hike For History



Take a walk back in time! The Raupp Museum has created a series of walks to take you through historic parts of Buffalo Grove, while also exploring our town's beautiful parks. Participants will get a packet of maps showing the different walks. Each map will include special historic photos and trivia, as well as information about plants and animals to look for on the walk. Complete 7 walks and you will earn a special badge from the Raupp Museum. Dogs dig history too! Complete each walk with your dog, and he will earn a special Hounds For History tag for his collar.

Age: 6 years and up

Code	Day	Date	Time	R/NR Fee
38244	Sat, Sun	June 1 - Aug 23	9 am - 7 pm	\$5/\$6

Instructor: Fandrei

Location: Raupp Museum



Buffalo Grove Park District Environmental Action Team

The Buffalo Grove Environmental Action Team is a group of environmentally conscious local citizens eager to improve Buffalo Grove's natural environment and encourage sound and sustainable practices. Please join us - you can make a difference! For more information, please visit our page on the Park District's website at bgreat.org, or call Jeff Weiss at 847.224.0965.



Museum Educational Programs

The Raupp Museum is proud to offer several exciting educational programs for school groups, home school associations, and community groups. Programs are available Monday through Friday during school hours, and meet many Illinois State Learning Goals. Please call Debbie Fandrei at 847.459.2318 to schedule a program.

Cows Are Cool

Grade: Preschool - 3

This fun program introduces children to the life of a dairy farmer in turn of the century Buffalo Grove. Participants get a hands-on experience by milking the museum's working replica dairy cow, churning butter and playing old-fashioned games.



Potawatomi Pathways

Grade: Preschool - 5

This program on Native American history allows students to touch reproduction Potawatomi artifacts, listen to a Native American folktale and play a hands-on game with animal footprints. Older students can try a different game that allows them to simulate a Native American trading post.

Tiny Traders

Grade: 1 - 2

Students experience what life was like for farmers shopping in the 1880s. After milking the Museum's cow and gathering eggs, the children sell their milk for money at the creamery. Next, they use their money to go shopping in the Museum's Town Square. This is the perfect program to teach younger students the difference between needs and wants, and the connection between work and money.

Buffalo Grove Then & Now

Grade: 1 - 5

This program showcases the changes that have occurred in Buffalo Grove during the past 100 years. First, students look at a series of artifacts that span a century to see how one object changes over time. Then, a slide show contrasts pictures of past Buffalo Grove buildings with the buildings that currently stand in those locations. Finally, an artifact guessing game encourages children to have fun with history.

The Civil War

Grade: 6 - 8

Students will learn the stories of local residents affected by the Civil War, and explore how the national issues involved in this conflict affected people on a local level.

Packing For Pioneer Life

Grade: 3 - 4

The life of Buffalo Grove's earliest settlers is highlighted in this hands on program. Students start by brainstorming a pioneer's needs in settling Buffalo Grove. Next, the museum educator opens a pioneer trunk filled with reproduction artifacts and students discuss the uses of each item, and which pioneer need the item would fulfill. Finally, students use their new knowledge in a hands-on packing activity. Please note: This program can be modified for special needs students.

Archaeology

Grade: 4 - 8

This exciting program introduces students to the history, science and practice of archaeology! After viewing a presentation about archaeology principles and techniques, students put their knowledge to work by participating in a mock dig and analyzing the artifacts that they uncover. **Please note:** This program is conducted outside, so it is only available in September, October, April and May, weather permitting.

We can come to you!

Wish the Museum could come to you? We can. The Raupp Museum staff can make presentations to your senior group, adult club, or business association. Some of our popular presentations include old-time radio, local archaeology, and the Civil war. For more information, call the Museum at 847.459.2318.



Scout Badges & Patches from the Buffalo Grove Park District

Are you looking for new ideas for Scout meetings? Do you need help creating Badge or Patch programs? The Buffalo Grove Park District has the answer! Several Scout Badges and Patches can be completed, either in full or in part by participating in the following programs:



Scout Programs For Boys & Girls

Girl Scouts

Laura Ingalls Wilder Patch

For Brownie and Junior Girl Scouts

This exciting program lets girls learn about life on a covered wagon, bake bread from scratch, and hand-sew their own apron while enjoying one of the all-time classics of children's literature. Please note: This program is available from January thru May only.

Fee: \$10 per person

Daisy Girl Scouts

Sunflower Petal

Scouts tour the museum and try hands-on activities as they learn how girls have been friendly and helpful through history, then discuss how they can be friendly and helpful today.

Money Counts Leaf

Girls will learn money skills the fun way as they go shopping the way that farmers did 100 years ago. First, they'll earn money, then make a shopping list, and finally spend their money at the General Store.

Brownie Girl Scouts

Bugs

Learn all about bugs in Buffalo Grove. Girls will make a bug box, go on a bug-finding walk, and create their own cool bug art. **Please note:** Since this is an outdoor program, it will only be available April thru June.

Fee: \$2 per person

Celebrating Community

Learn what makes Buffalo Grove special! Girls will learn about local landmarks, discover the symbols in the town flag and the US flag, and make a felt flag to take home.

Fee: \$1 per person

Letterboxing

Learn all about letterboxing. Girls will discover what letterboxing is, practice solving clues, make a stamp for their own letterbox, and go on a sample letterbox hunt.

Fee: \$5 per person

Inventor

Girls practice problem solving as they learn about old-fashioned inventions, identify new problems, and brainstorm creative ways to solve them.

Fee: \$3 per person

Flowers

Pretty and practical! Girls will learn all about the science and stories of flowers, as they make a botany notebook, go on a flower walk, dye flowers, discover the code of the flowers, and make felt flowers to take home.

Fee: \$5 per person

Junior Girl Scouts

Detective

This exciting new patch combines science and history as Scouts work to solve a murder mystery, which occurred over 100 years ago. Participants will learn about fingerprints, examine bullets and extract DNA from a strawberry.

Fee: \$3 per person

Product Designer

Why is the pop-up toaster cool? Girls will find out as they learn what makes some products change history. Then they put their ideas and observations to work, analyzing ways to make an everyday product even better.

Fee: \$3 per person

Geocacher

Take your troop on a treasure hunt! Girls will learn what geocaching is, how to work a GPS and how to prepare for a trip. Then they will try geocaching on the Museum's grounds and make a trade item to take home.

Fee: \$4 per person

Boy Scouts

Tiger Cubs

Making My Family Special

Did you know Tiger Cubs are able to earn an achievement just by visiting a local museum? Even better, the Raupp Museum has a special program where Tiger Cubs can visit the museum, do a scavenger hunt and make a small scrapbook. To schedule a Tiger Scout program, please call the Raupp Museum at 847.459.2318.

Bear Cub Scouts

Native American Life

This exciting program will teach what life was like for the Potawatomi over 175 years ago. Participants will be able to touch reproduction artifacts, feel deer hide and try a Potawatomi game. There is also an optional art project. To schedule this program, please call the Raupp Museum at 847.459.2318.

The Past Is Exciting & Important

What was life like in Buffalo Grove 25 years ago? Visit the Raupp Museum to find out! For this special program Bear Cub Scouts will look at newspapers from 25 years ago, see a short slide show and learn about the history of Buffalo Grove. To schedule the program, please call the Raupp Museum at 847.459.2318.

Maps

Scouts will learn all about the importance of maps as they look at historic maps of Buffalo Grove and Lake County, find Illinois and Buffalo Grove on a modern map, make a map of their route to school, and color their own compass rose.

Webelos

Map & Compass Belt Loop

Can't tell up from down? The museum can help. This museum program will teach basic compass skills, and then allow Scouts to test their new knowledge by following an on site-treasure map.

Scholar

Learn all about what it was like to go to school 100 years ago. See pictures of one-room schoolhouses from Buffalo Grove and learn how schools have changed.

CSI 1899 Forensic Science Program

This program combines science and history as Scouts work to solve a murder mystery which occurred over 100 years ago. Participants will learn how to identify fingerprints, examine bullets, and even extract DNA from a strawberry.
Fee: \$3 per person

Marbles Belt Loop

This exciting program lets boys play a game that their grandfathers enjoyed too. They will learn how to shoot marbles, learn the rules of marbles, and spend time playing the game and practicing their skills. Each boy will leave with a bag of marbles.
Fee: \$5 per person

Boy Scouts

Archaeology

Learn about what archaeology is, what and where sites are located, local archaeology and artifacts, and how people lived thousands of years ago. Scouts will also learn flintknapping, and how to make their own stone tools.
Fee: \$5 per person

Indian Lore

Scouts will learn about the local Native Americans who lived in this area for thousands of years. They will also learn about customs and ways of life before the coming of European settlers, and will make 3 small crafts.
Fee: \$5 per person

Forestry

Scouts will learn about all about trees: tree identification, forest management, native trees, and invasive species.
Fee: \$5 per person

Nature

Scouts will learn how to identify local birds, mammals, insects, plants and rocks. They will also learn about the importance of plants and animals, and how their interaction is crucial to survival.

Geocaching

Scouts will learn what geocaching is, how to work a GPS, how to locate a geocache, how to construct and hide a geocache, and the ethics of geocaching.
Fee: \$9 per person (geocoin included)



Performing Arts



Adult Theatre Classes

Adult Scene Study

Join us while we jump into some of your favorite scenes from plays, movies and TV shows! This exciting summer program is perfect for returning college students, teachers, busy parents and all adults who are looking to develop their performance skills. We will use a variety of acting tools to understand and perform some amazing and memorable scenes. (LG)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38246	Wed	June 19 - Aug 7	6:30 - 8 pm	\$96/\$120

Instructor: J. Gangware **Location:** Twin Creeks Park

NEW Advanced Acting Techniques For Adults

The Acting Studio at Big Deal Productions is pleased to present a brand new advanced acting course for adults. This high level course will cover a wide range of acting topics from all over the globe. These include, but are not limited to, Playback, neo-futurism, Laban Effort Actions, Linklater, Meisner, Alexander Technique and Viewpoints. This course is for the committed actor who is interested in exploring a variety of exciting theatre techniques. (LG)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38299	Wed	June 19 - Aug 7	8:10 - 9:40 pm	\$96/\$120

Instructor: J. Gangware **Location:** Twin Creeks Park

Upcoming Audition

Little Shop of Horrors

2013 Summer Musical

Auditions for Little Shop of Horrors will take place on Monday, May 13 and Wednesday, May 15 from 6 - 10 pm. Auditions for this production will be held at the Alcott Center, and are open to performers entering 8th grade in the fall of 2013, and all teens and adults. Auditions are booked by appointment only; no walk-in auditions will be accepted. Appointment times are limited and filled on a first-come, first-served basis. Callbacks will be held in the evening on Thursday, May 16. Rehearsals for this production will be held on Tuesday and Thursday evenings, and Sunday afternoons at the Alcott Center. All performers who are cast in the show will be responsible for securing appropriate footwear, tights and undergarments (if necessary) for the production.

Auditions will consist of singing and dancing. There is no audition workshop offered for this production. Please prepare a song and bring either sheet music (in the key you will sing it) or an accompaniment tape/CD. An accompanist will be provided. Please dress comfortably and wear appropriate footwear for a dance audition. For additional information, or to schedule your audition appointment, please contact Lindsay Grandt at lgrandt@bgparks.org or 847.850.2132.

Private Instruction

Voice Lessons

Your voice is your instrument. Discover the tools you need to develop it to its maximum potential under the expert guidance of Beryl Bellows. Voice lessons are not just for future Broadway stars and opera singers. Strengthen your vocal mechanism, breathing and confidence in your own voice. Skills learned in voice lessons can be used to offer a song as an original gift, impress your friends on Karaoke night or even improve your diction and projection for public speaking and presentations.

Voice lessons are offered at a variety of days and times. Lessons are available for adults and children ages 10 and up. No previous music experience is required. Lessons are \$23 per half-hour session. For information on availability and procedures, please call Lindsay Grandt at 847.850.2132.

Piano Lessons

The Buffalo Grove Park District offers piano lessons at a variety of days and times. Children and adults with all levels of experience are welcome, and no prior instruction in piano or music is required. Lessons are \$23 per half-hour session. Students may need to purchase their own instruction books and music, typically less than \$25. Please call Lindsay Grandt at 847.850.2132 for more information or to reserve the next available session.

Guitar Lessons

So you want to be a rock star? Start building your foundation right here at the Buffalo Grove Park District with private guitar lessons. No previous music experience is required. Private lessons are \$23 per half hour and are offered at a variety of days and times. For more information or to check availability, please call Lindsay Grandt at 847.850.2132.

Upcoming Performance

Little Shop of Horrors

2013 Summer Musical

Directed by Karen Shuman-Lysen
Music Directed by Dan Ermel

Don't feed the plants! Big Deal Productions is thrilled to announce their 2013 Summer Musical will be none other than, Little Shop of Horrors. One of the longest-running Off-Broadway shows of all time, this charming homage to 1950s sci-fi movies has become a household name and audience favorite, thanks to the successful film version and the incredible score by Howard Ashman and Alan Menken. The show follows the misadventures of Seymour Krelborn, a down and out skid row floral assistant who becomes an overnight sensation when he discovers an exotic plant with a taste for fresh blood. Jam packed with amazing songs such as, Little Shop of Horrors, Suddenly Seymour, and Supertime, this is one show that will not fail to entertain!

Performances will be held in the West Auditorium at Stevenson High School on July 19, 20, 26 and 27 at 7:30 pm and July 21 and 28 at 2 pm. Tickets will be available for purchase at bigdealproductions.org beginning June 10. All tickets are \$16 in advance and \$19 at the door. For more information, please contact Lindsay Grandt at lgrandt@bgparks.org or 847.850.2132.



The Hyman and Miriam Reiner Gallery

The Hyman and Miriam Reiner Gallery is located at the Buffalo Grove Fitness Center. In support of the Park District's commitment to cultural arts, Commissioner Reiner's family has made a significant financial contribution in honor of their parents, Hyman and Miriam. Their contribution will be used to maintain the art gallery. The public is welcome to view the gallery during the Fitness Center's operating hours. Various pieces of artwork are for sale.

Dance

Studio of Buffalo Grove DANCE

Level 1 Beginners between the ages of 6 - 9.

Level 2 Advanced beginner students who have mastered all of the skills taught in Level 1, generally between the ages of 8 - 12.

Level 3 Intermediate students between the ages of 10 - 15.

Level 4 Advanced Intermediate students ages 12 and up.

Teen/Advanced Advanced classes for students ages 13 - 18.

Bitty Ballet

Children are introduced to dance through music, games and creative play. Students will work on becoming familiar with the concept of left and right, following directions in a group, moving across the floor, balancing and sequencing exercises, free expression to music, and of course, a basic introduction to ballet. Necessary attire includes leather soled pink ballet shoes, leotard and tights. All hair must be pulled back into a bun or ponytail.

Age: 3 - 4 years

Code	Day	Date	Time	R/NR Fee
38258	Mon	June 10 - Aug 12	4:45 - 5:30 pm	\$90/\$112
38260	Tue	June 11 - Aug 13	5 - 5:45 pm	\$90/\$112
38259	Wed	June 12 - Aug 14	5:30 - 6:15 pm	\$90/\$112

Instructor: TBA

Location: Emmerich Park

Tippy Toes

Principles of body awareness, rhythm and coordination will be introduced in this class. A basic introduction to the world of dance will be taught at the beginner level. This class is designed to meet the developmental needs of the young dancer. Necessary attire includes pink, leather ballet shoes and black patent tap shoes, leotard and tights. All hair must be pulled back into a bun or ponytail.

Code	Age	Day	Date	Time	R/NR Fee
38262	4 - 6 years	Mon	June 10 - Aug 12	5:30 - 6:30 pm	\$100/\$125
38264	4 - 6 years	Wed	June 12 - Aug 14	6:15 - 7:15 pm	\$100/\$125
38263	5 - 7 years	Tue	June 11 - Aug 13	4 - 5 pm	\$100/\$125

Instructor: TBA

Location: Emmerich Park

Tap

One of America's favorite past times is tap. Students will learn a variety of tap skills and terminology. This class will cover a variety of styles from the Broadway hoofers of 42nd Street to the hip-hop, urban funk of Bring in da Noise... and Stomp. Necessary attire includes tap shoes*, leotard and tights or jazz pants. All hair must be pulled back into a bun or ponytail. *All youth Tap students should contact Aly Stanczak at 847.850.2105 for the correct style of tap shoes.

Code	Level	Day	Date	Time	R/NR Fee
38265	1	Tue	June 11 - July 9	4 - 4:45 pm	\$45/\$56
38270	1	Tue	July 16 - Aug 13	4 - 4:45 pm	\$45/\$56
38266	2	Tue	June 11 - July 9	4:45 - 5:30 pm	\$45/\$56
38271	2	Tue	July 16 - Aug 13	4:45 - 5:30 pm	\$45/\$56
38267	3	Tue	June 11 - July 9	5:45 - 6:30 pm	\$45/\$56
38272	3	Tue	July 16 - Aug 13	5:45 - 6:30 pm	\$45/\$56
38268	4	Tue	June 11 - July 9	6:30 - 7:15 pm	\$45/\$56
38273	4	Tue	July 16 - Aug 13	6:30 - 7:15 pm	\$45/\$56
38269	Teen/Adv	Tue	June 11 - July 9	7:15 - 8 pm	\$45/\$56
38274	Teen/Adv	Tue	July 16 - Aug 13	7:15 - 8 pm	\$45/\$56

Instructor: TBA

Location: Emmerich Park



Hip Hop

Hip-Hop takes a little of jazz and combines it with the "street" dancing that is so popular today. Students will learn isolations and basic jazz technique combined with the hip-hop moves you see on MTV. **Necessary Attire:** Jazz shoes or jazz sneakers, leotard and jazz pants. All hair must be pulled back into a bun or ponytail.

Code	Level	Day	Date	Time	R/NR Fee
38292	1	Mon	June 10 - July 8	4 - 4:45 pm	\$45/\$56
38295	1	Mon	July 15 - Aug 12	4 - 4:45 pm	\$45/\$56
38293	2	Mon	June 10 - July 8	4:45 - 5:30 pm	\$45/\$56
38296	2	Mon	July 15 - Aug 12	4:45 - 5:30 pm	\$45/\$56
38294	3	Mon	June 10 - July 8	5:30 - 6:15 pm	\$45/\$56
38297	3	Mon	July 15 - Aug 12	5:30 - 6:15 pm	\$45/\$56

Instructor: TBA

Location: Emmerich Park

Jazz

Jazz is an expressive and creative form of dance where students will learn turns, leaps, across the floor combinations and culminate by putting it all together into a routine.

Code	Level	Day	Date	Time	R/NR Fee
38275	1	Thu	June 13 - July 11	5 - 6 pm	\$40/\$50
38281	1	Thu	July 18 - Aug 15	5 - 6 pm	\$50/\$63
38276	2	Thu	June 13 - July 11	4 - 5 pm	\$40/\$50
38282	2	Thu	July 18 - Aug 15	4 - 5 pm	\$50/\$63
38278	3	Thu	June 13 - July 11	7 - 8 pm	\$40/\$50
38284	3	Thu	July 18 - Aug 15	7 - 8 pm	\$50/\$63
38279	Teen/Adv	Tue	June 11 - July 9	8 - 9 pm	\$50/\$63
38277	Teen/Adv	Thu	June 13 - July 11	6 - 7 pm	\$40/\$50
38285	Teen/Adv	Tue	July 16 - Aug 13	8 - 9 pm	\$50/\$63
38283	Teen/Adv	Thu	July 18 - Aug 15	6 - 7 pm	\$50/\$63

Instructor: TBA

Location: Emmerich Park

NEW Musical Theatre Jazz

This class is geared for dancers of all levels who are looking to learn more about Broadway style jazz technique and choreography. This class is also perfect for musical theatre students who want to tighten up their dance skills.

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38298	Mon	June 10 - July 8	8:30 - 9:15 pm	\$45/\$56

Instructor: TBA

Location: Emmerich Park

NEW Lyrical Ballet

In these classes, students will learn correct ballet technique, body alignment, and terminology. The fluid and stylized movements of lyrical dance will also be incorporated. It is important to recognize that ballet is an art form that requires repetition for strength development and muscle memory; therefore, our program will repeat and introduce new materials at every level.

Code	Level	Day	Date	Time	R/NR Fee
38236	1	Thu	June 13 - July 11	4 - 5 pm	\$40/\$50
38251	1	Thu	July 18 - Aug 15	4 - 5 pm	\$50/\$63
38237	2	Mon	June 10 - July 8	6:30 - 7:30 pm	\$50/\$63
38239	2	Thu	June 13 - July 11	5 - 6 pm	\$40/\$50
38252	2	Mon	July 15 - Aug 12	6:30 - 7:30 pm	\$50/\$63
38254	2	Thu	July 18 - Aug 15	5 - 6 pm	\$50/\$63
38240	3	Thu	June 13 - July 11	6 - 7 pm	\$40/\$50
38255	3	Thu	July 18 - Aug 15	6 - 7 pm	\$50/\$63
38238	3/4	Mon	June 10 - July 8	7:30 - 8:30 pm	\$50/\$63
38253	3/4	Mon	July 15 - Aug 12	7:30 - 8:30 pm	\$50/\$63
38241	4	Thu	June 13 - July 11	7 - 8 pm	\$40/\$50
38256	4	Thu	July 18 - Aug 15	7 - 8 pm	\$50/\$63
38242	Teen/Adv	Thu	June 13 - July 11	8 - 9 pm	\$40/\$50
38257	Teen/Adv	Thu	July 18 - Aug 15	8 - 9 pm	\$50/\$63

Instructor: TBA

Location: Emmerich Park

Adult Ballet

Ballet is recognized as the foundation for all dance forms. In these classes, students will learn correct ballet technique, body alignment and terminology. It is important to recognize that ballet is an art form that requires repetition for strength development and muscle memory. Our program will therefore repeat and introduce new materials at each level. Necessary attire includes pink ballet shoes, leotard and tights. All hair must be pulled back into a bun or ponytail.

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38290	Thu	June 13 - July 11	8 - 9 pm	\$40/\$50
38291	Thu	July 18 - Aug 15	8 - 9 pm	\$50/\$63

Instructor: TBA

Location: Emmerich Park

Adult Tap

One of America's favorite past times is tap! Students will learn a variety of tap skills and terminology. This is a great way to have fun and work out at the same time.

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38287	Mon	June 10 - July 8	6:15 - 7 pm	\$45/\$56
38286	Tue	June 11 - July 9	8:15 - 9 pm	\$45/\$56
38288	Mon	July 15 - Aug 12	6:15 - 7 pm	\$45/\$56
38289	Tue	July 16 - Aug 13	8:15 - 9 pm	\$45/\$56

Instructor: TBA

Location: Emmerich Park

Adult Programs

Weight Loss Challenge



Join the Weight Loss Challenge (WLC) now and receive an action plan for weight loss success, and learn how to keep it off forever. The WLC meets weekly for 1 hour, where each participant will weigh in and consult with a coach. The program includes a private coaching session outside of class time, where each person is given a wellness profile and a personal action plan to follow. Weekly group classes cover topics including exercise, vitamins, meal replacement options, how to decipher food labels, the power of protein and much more. There are rules in place that qualify each participant for the final prizes, which will be discussed in the first meeting and you must be present for the final class to receive any prize money. Cash prizes will go to the top 3 biggest losers based on percentage of weight loss. Prize ranges have been \$35 - \$500 depending on the class size. The average weight loss is 15 pounds and over 10 inches. The goal is for you to use the tools given towards living a healthy and active lifestyle forever. Anyone under the age of 18 may register; but, must register with an adult and be accompanied by an adult each week. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37963	Mon	June 17 - Aug 12	7 - 8 pm	\$50/\$63

Instructor: Wellisch

Location: Alcott Center



America's Boating Course



America's Boating Course (ABC) is the United States Power Squadrons' primary education effort in safe boating. It is designed to familiarize students with boating terminology, concepts and operating fundamentals. Students who complete the course qualify for certification in most states that require boating education before operating a watercraft. The course material covers power boats, sailboats and PWCs. Subject areas include required and recommended equipment, boating regulations, navigation and the right-of-way rules, lights, horns and other signaling devices, docking lines and knots, boat handling under various types of conditions, aids to navigation (buoys and day-marks), piloting techniques, marine radio usage, and trailer boating and anchoring. (CE)

Age: 12 years and up

Code	Day	Date	Time	R/NR Fee
38119	Tue	June 11 - July 23	6:30 - 8:30 pm	\$70/\$88

Instructor: U.S. Power Squadron

Location: Alcott Center

Drawing & Painting S



Discover the joys and magic of painting in oils and acrylics under the guidance and inspiration of professional artist Enid Silverman. Beginning, intermediate and advanced students will be given individual attention as they are taught how to develop and improve their drawing and painting skills, while choosing their own subject matter. Beginners will be given supplies for the first class. Thereafter, participants will be required to purchase minimal supplies as needed. You can see Enid's artist show Tuesdays at 7:30 pm on local access channels 19 and 35. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37921	Tue	May 28 - July 9	10 am - 12 pm	\$75/\$94
37922	Tue	May 28 - July 9	1 - 3 pm	\$75/\$94
37923	Tue	May 28 - July 9	7 - 9 pm	\$75/\$94
37924	Wed	May 29 - July 10	1 - 3 pm	\$75/\$94
37925	Wed	May 29 - July 10	7 - 9 pm	\$75/\$94
37930	Tue	July 16 - Aug 27	10 am - 12 pm	\$75/\$94
37926	Tue	July 16 - Aug 27	1 - 3 pm	\$75/\$94
37927	Tue	July 16 - Aug 27	7 - 9 pm	\$75/\$94
37928	Wed	July 17 - Aug 28	1 - 3 pm	\$75/\$94
37929	Wed	July 17 - Aug 28	7 - 9 pm	\$75/\$94

Instructor: Silverman

Location: Alcott Center

Fun With Beading

This course is designed to help participants learn basic beading skills. Class members will design, develop and make custom beaded necklaces and bracelets. The first session will introduce beading techniques and help participants design and make a bracelet. The second session will enable class members to produce a necklace. For the first session, bring a towel on which to work and a string of beads. For the second session, bring a strand of beads 12' to 16' in length, and (if desired) a pendant to compliment the beads. The instructor will furnish the wire, clasp, crimps, tools and some filler beads to compliment your jewelry. Beads can be bought at local craft shops which often advertise discount coupons in the Sunday newspapers. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37882	Tue	June 18 - June 25	7 - 8:30 pm	\$17/\$21
37883	Fri	July 12 - July 19	10 - 11:30 am	\$17/\$21

Instructor: Blackman

Location: Alcott Center

Paddle Smart

This one time seminar is intended for anyone that is about to take up the sport of kayaking or canoeing. In this class, you will discuss the Paddle Craft terminology and equipment, using Paddle Craft for kayaks and canoes, safety practices, navigation rules, personal floatation devices, chart and maps, homeland security, weather and electronics for paddlers including GPS, cell phones, VHF radios, and more. Registrants will also receive The Complete Sea Kayaker's Handbook and the Introduction to Paddling - Canoeing Basics for Lakes and Rivers. (CE)

Age: 12 years and up

Code	Day	Date	Time	R/NR Fee
38120	Tue	June 4	6:30 - 8:30 pm	\$35/\$44

Instructor: U.S. Power Squadron

Location: Alcott Center

Papercrafting - Father's Day Fun

Make 2 cards and a treat to give to the favorite dads in your life. We will use card stock, cute rubber stamps, and fun embellishments. The instructor will provide all supplies. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38110	Fri	June 14	10 - 11:30 am	\$15/\$21

Instructor: Ban

Location: Alcott Center

Papercrafting - Summer Is Special

We will make 2 cards and a treat celebrating summer, using card stock, rubber stamps, and cute embellishments to make these fast and easy projects. The instructor will provide all supplies. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38112	Fri	July 12	10 - 11:30 am	\$15/\$21

Instructor: Ban

Location: Alcott Center

Introduction To The iPhone

This hands-on class will teach you the fundamentals of your iPhone. Students will learn many functions of their phones, which include the uses of calling, sending and receiving text messages, email, and how to use maps. We will also have an overview of iCloud and what it might mean for you, and cover how to cut, copy and paste, along with how to use the App Store to download free application for your iPhone. Other functions of the iPhone will be covered to help you become more comfortable with using your new phone. Please bring your iPhone and charger to class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38115	Mon	June 10 - June 24	7 - 9 pm	\$100/\$125

Instructor: Computer Training

Location: Alcott Center

Intermediate iPhone

In this class, you will learn the hidden secrets of your iPhone. This hands on class challenges you with the use of the cut, copy and paste functions and editing text (for use with email and notes). You will also learn how to organize the icons on your phone, which includes folder organization, the use of MMS with photos and video attachments; and, many other iPhone functions will be taught. Please bring your iPhone and charger to class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38117	Mon	July 1 - July 15	7 - 9 pm	\$100/\$125

Instructor: Computer Training

Location: Alcott Center

Introduction To The iPad

This hands on class will teach you the fundamentals of your iPad, give you an overview of what came with your iPad, and cover the basics of the iPad, including the operation of it, how to use the app store to download apps (free and paid apps), how to backup your iPad to your computer, and discuss the use of iCloud. We will also cover how to send and receive emails, use the internet, and how to use cut, copy and paste, as well as other functions of the iPad. If you own the iPad 2, we will also go over how to use the front and back cameras. Please be sure to bring your iPad and charger to the class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38116	Mon	July 22 - Aug 5	7 - 9 pm	\$100/\$125

Instructor: Computer Training

Location: Alcott Center

Intermediate iPad

Learn the hidden secrets in your iPad. In this hands-on class, you will learn the cut, copy and paste functions and editing text (for use with email and notes). You will also learn how to organize icons on the iPad, which includes folder organization, use of SMS and email with photos, video attachments and many other functions. Please bring your iPad and charger to class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38118	Mon	Aug 12 - Aug 26	7 - 9 pm	\$100/\$125

Instructor: Computer Training

Location: Alcott Center

NEW Photography For Smart Phones - iPhone & Android



If you have a smart phone this class is a must! You will learn how to use the camera's settings and controls to capture unique photographs and video clips. Discover how a cell phone can create works of art for everyday events and people in your life. During hands on classroom shooting assignments, you will utilize your mobile camera's exposure and other setting to create images with dramatic light and texture. We'll cover how to set the ISO, white balance, and exposure compensation (brightness), making the most of natural light so your photos stand out. Learn to add and use special camera apps that allow tilt-shift, HDR, 360 degree, time-lapse, and fast shutter burst, that mimic effects in professional DSLRs. You will discover apps for editing, stylizing, posting and transmitting photos, such as free Photoshop, Instagram, camera360 and retro camera. Instagram is great for brand or business marketing or sharing photos with friends. Please bring your fully charged smart phone and charger to class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38300	Thu	June 6 - June 13	7 - 9 pm	\$40/\$50

Instructor: LeClaire

Location: Alcott Center

How To Take Great Photojournalism Style Photographs



Learn to go beyond posed pictures and take interesting photographs using all the simple controls on your digital camera, including how and why not to shoot in old fashioned automatic mode, along with how to shoot without a flash. In this course, taught by a photo journalist with the Daily Herald, you will learn to use professional shooting styles to add personal flair to your photos, making them more exciting, unique and memorable. This class will focus on photo journalism styles and techniques to capture storytelling photos of everyday events in your life. No past photographic experience is required. Please bring your digital camera and owner's manual. This is not a technical camera setting class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38301	Thu	June 20 - June 27	7 - 9 pm	\$40/\$50

Instructors: LeClaire

Location: Alcott Center

NEW Delicious Creation - Graduation Cake



Learn how to decorate a graduation cake with fondant and gumpaste embellishments for your special graduate. Students will learn basic cake decorating skills, such as filling and using a pastry bag, how to decorate using the correct pressure and position of the bag, learning consistencies of icing, and how to color icing. All decorating tools, including cake, icing, and embellishments, will be provided. Decorating tools are for class use only. Please bring a container/cake holder to bring your special cake home to enjoy. **Please note:** Our cake recipes and icing may share equipment with peanuts, corn syrup or tree nuts, and all contain gluten. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38139	Sat	June 1	10 am - 12 pm	\$35/\$44

Instructors: Vasile

Location: Alcott Center

NEW Delicious Creations - Baby Shower Cupcake Favors



Enjoy decorating adorable baby boy and/or girl cupcakes for a baby shower. Students will learn how to put together these cute as a button treats made out of fondant/gumpaste. All cupcakes, embellishments and materials will be provided for students; but, decorating tools and materials are for class use only. Please bring a sturdy container or cupcake tin to bring your cupcakes home to enjoy. **Please note:** Our cake recipes and icing may share equipment with peanuts, corn syrup or tree nuts, and all contain gluten. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38147	Sat	June 22	10 am - 12 pm	\$35/\$44

Instructors: Vasile

Location: Alcott Center

Fall Vegetable Gardening



Vegetable gardening does not have to end when summer does. This class will review how to prepare your garden for the fall, and discuss what vegetables are ideal for planting and harvesting during this season. Grow a bountiful crop of delicious, sweet, crunchy vegetables for good healthful eating throughout fall, and even into winter. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38035	Mon	June 17	7 - 9 pm	\$10/\$14

Instructors: Lyons

Location: Alcott Center

Vegetable Gardening In Small Spaces



Lacking a big backyard does not mean that you can never have your own vegetable garden. This topic will show you tips and techniques for making the most of limited space to grow a bountiful harvest of sweet, crunchy vegetables. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38034	Mon	June 10	7 - 9 pm	\$10/\$14

Instructors: Lyons

Location: Alcott Center



NEW **Overweight, Body Aches, It's Just Not Right?**



In this class, you will learn how to get your body on track for premium health by adding vegan to your diet. This class does not entail you going vegan; it is a class that gives you options that are healthy and tasty. Body aches will go away and weight loss will come easily. Cholesterol and blood pressure will be back to normal, as well as control of diabetes. It's not a diet, but a life choice. No counting calories, no prepackaged foods, no meetings; it is a very simple lifestyle choice. The instructor has lost 50lbs, and continues to lose weight; her blood pressure and cholesterol are back on track. The hair loss she experienced has reversed itself. What have you got to lose (no pun intended)? (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38185	Tue	June 18	6:30 - 8:30 pm	\$45/\$56
38190	Wed	July 10	6:30 - 8:30 pm	\$45/\$56
38193	Mon	Aug 5	10 am - 12 pm	\$45/\$56

Instructor: Witt

Location: Alcott Center

Couponsing 101



Help for your budget is coming thanks to this program! In this class, you will learn that how and when you shop can make a huge impact on your grocery costs when using coupons. In fact, your grocery bill is one of the best places to cut wasteful spending. Learn things like how to save 50% or more off your grocery bill, how sales run in cycles, coupon lingo, how to use rewards programs and more. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38032	Thu	June 13	7 - 8 pm	\$7/\$9
38033	Thu	July 18	7 - 8 pm	\$7/\$9

Instructor: Ginsberg

Location: Alcott Center

NEW **Delicious Creations - Fourth Of July Cake**



Learn how to decorate a dazzling Fourth of July cake to celebrate being an American. Students will learn basic cake decorating skills, such as filling and using a pastry bag, how to decorate using the correct pressure and position of the bag, learn the consistencies and how to color icing. All decorating tools, including cake and icing is provided, as well as embellishments. Decorating tools are for class use only. Please bring a container/cake holder to bring your special cake home to enjoy. **Please note:** Our cake recipes and icing may share equipment with peanuts, corn syrup or tree nuts, and all contain gluten. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38157	Tue	July 2	6:30 - 8:30 pm	\$35/\$44

Instructors: Vasile

Location: Alcott Center

NEW **Delicious Creations - Watermelon Cake**



Learn how to decorate a 3-dimensional watermelon cake that will help complete your summer barbeque or picnic. Students will learn basic cake decorating skills, such as filling and using a pastry bag, how to decorate using the correct pressure and position of the bag, learning consistencies and how to color icing. All decorating tools, including cake and icing provided, as well as embellishments. Decorating tools are for class use only. Please bring a container/cake holder to bring your refreshing cake home to enjoy. **Please note:** Our cake recipes and icing may share equipment with peanuts, corn syrup or tree nuts, and all contain gluten. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38162	Sat	July 20	10 am - 12 pm	\$35/\$44

Instructors: Vasile

Location: Alcott Center

NEW **Delicious Creations - Wedding Cakepop Favors**



Enjoy decorating elegant bride and groom cakepops for a special shower or wedding. Students will learn how to put together these delicious bite size snacks. All ingredients, materials, and melting pots are provided for students, but for class use only. Please bring a sturdy container to bring your cakepops home to enjoy, and students will also be given additional ideas/recipes to make at home. **Please note:** Our cake recipes and icing may share equipment with peanuts, corn syrup or tree nuts, and all contain gluten. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38146	Sat	June 15	10 am - 12 pm	\$35/\$44

Instructors: Vasile

Location: Alcott Center

Home Cheese Making



Good cheese tastes even better when you make it yourself. Mark Lyons, experienced cheese maker with a degree in Agriculture, will teach you all the techniques for making your own cheese. The course will cover the science behind cheese making, along with ingredients, equipment, and techniques for making soft, hard, Italian, and other kinds of cheeses. This class is a demonstration only. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38036	Tue	July 9 - July 16	6:30 - 9 pm	\$15/\$19
38037	Thu	July 18 - July 25	6:30 - 9 pm	\$15/\$19

Instructor: Lyons

Location: Alcott Center

Basics of Investment

This class will cover basic investments and provide participants with a greater understanding of financial and investment topics. We will discuss certificate of deposits, municipal bonds, unit investment trusts, mutual funds, corporate bonds, treasuries, stocks and annuities. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38039	Tue	June 18 - June 25	6:30 - 8:30 pm	\$15/\$19

Instructor: O'Brien

Location: Alcott Center

Understanding Annuities

Retirement can last 20 years or more, so it's important to consider if your retirement income will last as long as your retirement. When it comes to generating retirement income, one option to explore is an annuity. In this class, you will learn about the different types of annuities and their features, and how an annuity can supplement your retirement income. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38038	Tue	June 4	6:30 - 8:30 pm	\$10/\$14

Instructor: O'Brien

Location: Alcott Center

Understanding 529 College Savings Plan

A 529 Plan is an education savings plan operated by a state or educational institution, and is designed to help families set aside funds for future college costs. It is named after Section 529 of the Internal Revenue Code, which created these types of savings plans in 1996. In this class, you will learn the differences about the 529 College Savings Plan and the Prepaid 529 Savings Plan, and the pros and cons of each plan. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38040	Tue	July 9	6:30 - 8:30 pm	\$10/\$14

Instructor: O'Brien

Location: Alcott Center

Living Alone? Financial Tips To Keep You On Track

Living the single life is no longer an anomaly. According to the U.S. Census Bureau, 45% of households nationwide are maintained by a single person. In this class, we will discuss different areas of financial planning single people face, which include retirement, parenting, care giving, insurance, housing, and more. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38041	Tue	July 16	6:30 - 8:30 pm	\$10/\$14

Instructor: O'Brien

Location: Alcott Center

Divorced Moms GPS: 3 Steps To A Thriving Life

Rebuilding your life after divorce is hard work, and there are no easy ways out. The 3 Steps that we'll discuss together will ensure that you have a solid foundation, and will give you a great head start in the right direction. All 3 Steps are simple, practical, and highly customizable to suit your needs and preferences, and to prepare you to succeed. You will leave the class with a clear plan of action for each of them. Come prepared to change your life. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38094	Mon	June 3	7 - 8 pm	\$45/\$56
38095	Thu	July 11	7 - 8 pm	\$45/\$56
38096	Thu	July 25	7 - 8 pm	\$45/\$56

Instructors: Marcusanu

Location: Alcott Center

Work/Life Balance For Working Parents

Myth, reality or mystery? Family and work responsibilities are competing hard against each other, as every working parent knows. This class will present several simple ways to find the mix of work/non-work that's right for you and your family. It will help you realize that you are only a few decisions away from achieving balance and peace of mind. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38099	Sat	July 20	9:15 - 10:15 am	\$45/\$56
38100	Thu	Aug 8	7 - 8 pm	\$45/\$56

Instructors: Marcusanu

Location: Alcott Center

Finding Me Time For Single Parents

As single parents we are extremely busy, to the point that we often get overwhelmed, frazzled and snappy. This way of life can be likened to driving bumper to bumper on a highway. We don't have any space around us; we don't enjoy the places we pass through; we don't even see them. This class is intended to help you take the next exit off this highway of unending stress, so that you start enjoying the every day's scenic views and get your life back. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38097	Thu	Aug 1	7 - 8 pm	\$45/\$56
38098	Wed	Aug 14	7 - 8 pm	\$45/\$56

Instructors: Marcusanu

Location: Alcott Center

A Survival Kit For Life's Major Crises

Most of us went through a major crisis, like the loss of a job, divorce, or even the passing of a loved one, and can appreciate the value of having a survival kit during or after the crisis. Such a kit does not magically swipe away our suffering; but, it shortens it and helps us get back on our feet, puts it in the right context, and gives it meaning. Join us for this class and leave with greater understanding and a lighter heart. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38101	Thu	Aug 15	7 - 8 pm	\$45/\$56
38102	Thu	Aug 22	7 - 8 pm	\$45/\$56

Instructors: Marcusanu

Location: Alcott Center

Feel Better Physically & Emotionally Using EFT

Are you tired of struggling with years of physical issues and emotional problems? What if you could rid those unhealthy cravings, allergies, headaches, chronic anger, traumas, low self-esteem, self-sabotage, and many more? When you attend this class, you will be introduced to an energy modality called the Emotional Freedom Technique (EFT). Learn this simple, yet profound technique that can eliminate many issues physically and emotionally, and in many cases, in a short period of time. When properly applied, 80 - 85% of those who apply EFT notice great improvement or complete cessation of a problem. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37884	Wed	June 26	7 - 9 pm	\$55/\$68
37885	Wed	July 24	7 - 9 pm	\$55/\$68

Instructor: Soskich

Location: Alcott Center

Mah Jongg

Come join this class to be part of the millions of players that already enjoy the game called Mah Jongg. It is a fascinating rummy-like game played with tiles rather than cards. In a small amount of time and effort, you will be able to learn the elementary principles of the game. At the completion of this class, every student will know the Mah Jongg basics and be able to play the game with a group on their own. The class is for beginners and is perfect for those who already know the game, but need refresher classes to brush up on skills, rules and strategies. Mah Jongg sets are encouraged, but not required for this class. Mah Jongg cards are required for every student (priced at \$8 and supplied by the instructor) at the first class. Students already having a 2012 National Mah Jongg League published card are exempt. **No class on July 2 and 3.** (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37880	Tue	June 18 - July 30	9:30 - 11:30 am	\$60/\$75
37881	Wed	June 19 - July 31	6:30 - 8:30 pm	\$60/\$75

Instructor: Max

Location: Alcott Center



Stress Buster - Any Dog Any Problem

Is your 4-legged loved one stressing you out with behavior issues like jumping, nipping, barking, getting into mischief, separation anxiety or constantly begging for your attention? If so, your dog is in control. You will be astonished to learn the simple techniques that put peace and harmony back into your home, and have the family dog you've always dreamed about. This class is recommended even before you bring your dog into your home. This 2 hour class can be held in the privacy of your own home or at the Park District. Please contact Chris Eckert at 847.850.2123 for more information.

Code	R/NR Fee
37451	\$100/\$125

Instructor: Miss Daisy's Manners 4 Paws

Adult Sports

Men's Informal Basketball



Informal pickup games with plenty of court time are a great way to work up a sweat and work off those office tensions. Be a part-time gym rat, but register early before the program fills up. Please bring both a white and a dark shirt to each session. **No basketball on September 1.** (CB)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38136	Tue	July 2 - Sept 24	6 - 8 pm	\$52/\$65
38137	Tue	July 2 - Sept 24	8 - 10 pm	\$52/\$65
38135	Sun	July 7 - Sept 29	8 - 10 am	\$60/\$75

Location: Cooper Middle School

Co-Rec Volleyball



For noncompetitive and informal games, our co-rec volleyball is a great way to enjoy this fun sport. Register early for this popular program. **No volleyball on September 2.** (CB)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38138	Mon	July 1 - Sept 30	7:30 - 9:30 pm	\$52/\$65

Location: Cooper Middle School

Karate



The self-defense skills learned through karate are invaluable, and this program offers a variety of benefits for each student. For the businessperson, this is an ideal way of releasing tensions and developing cardiovascular fitness. This class is a must for the single parent wishing to learn protection skills for themselves and their families. Karate movements develop poise and agility, while improving muscle tone. All classes are taught by instructors of the Illinois Shotokan Karate Club, under the direction of John DiPasquale, 4-time National Champion and former U.S. Karate National Coach. Frontier Park is located at 1933 Kennicott in Arlington Heights. **No Class on July 4.** (TW)

Age: 15 years and up

Code	Belt	Day	Date	Time	R/NR Fee
38056	White - Purple	Wed	June 12 - Aug 28	7:30 - 8:30 pm	\$108/\$135
38059	Brown - Black	Wed	June 12 - Aug 28	8:30 - 10 pm	\$147/\$184

Instructor: ISKC

Location: Cooper Middle School

38057	White - Green	Thu	June 20 - Sept 5	7:30 - 8:30 pm	\$99/\$124
38058	Purple and up	Thu	June 20 - Sept 5	8:35 - 10 pm	\$135/\$169

Instructor: ISKC

Location: Frontier Park - Arlington Heights

White Tiger Boxing



White Tiger Boxing is led by Marco Aceituno, a world class boxer and coach, with over 20 years of boxing and competition experience under his belt. With 169 fights and a record of 153-16, Marco has brought his boxing talent and expertise to White Tiger Krav Maga with his very own boxing program. Students will punch focus mitts, hit heavy bags, train footwork and movement, spar, and learn the ins and outs of western style boxing. Technique and conditioning will be emphasized as students are run through the training regimens of professional boxers. The White Tiger Martial Arts Center is an official Krav Maga Worldwide Training Center, and is located at 286 W. Palatine Road in Wheeling. (TW)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38204	Mon	July 8 - Sept 23	12:30 - 1:30 pm	\$120/\$150
38206	Tue	July 9 - Sept 24	6 - 7 pm	\$120/\$150
38205	Sat	July 13 - Sept 28	8:30 - 9:30 am	\$120/\$150

Instructor: White Tiger Staff

Location: White Tiger Martial Arts Center



Krav Maga



Krav Maga, led by Master George Buruian (Expert Level 5), is a street oriented self defense program that is the official self defense and fighting system of the Israeli Defense Forces, and is favored by federal, state, and local law enforcement agencies across the United States. The system has a broad-based appeal because of its simple, no-nonsense approach to personal safety. The system is characterized by a logical and coherent approach to self defense, which enables one to achieve a relatively high level of proficiency within a short period of time. Krav Maga is an ideal self defense system for men, women and children of all ages and physical abilities. The White Tiger Martial Arts Center is an official Krav Maga Worldwide Training Center, and is located at 286 W. Palatine Road in Wheeling. (TW)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38203	Tue	July 9 - Sept 24	8 - 8:50 pm	\$120/\$150
38201	Thu	July 11 - Sept 26	6 - 6:50 pm	\$120/\$150
38202	Fri	July 12 - Sept 27	12:30 - 1:30 pm	\$120/\$150
38200	Sun	July 14 - Sept 29	11:30 am - 12:20 pm	\$120/\$150

Instructor: White Tiger Staff

Location: White Tiger Martial Arts Center

Pickleball S

Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. It is played with a hard paddle and a wiffle ball on a court with the same dimensions as a doubles badminton court. The net is similar to a tennis net; however, it is 2 inches lower. Equipment is provided. For more information about Pickleball and its rules, visit usapa.org. **Please note:** You may also just show up and pay a drop in fee of \$5. (CB)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38134	Thu	July 11 - Sept 26	6:30 - 9:30 pm	\$48/\$60

Location: Ivy Hall School

Tennis

Adult Tennis instruction first emphasizes the development of proper stroke mechanics for volleys, groundstrokes, serve, lob and overhead. Basic positioning for singles and doubles is covered and scoring is introduced. Staff from the Heritage Tennis Club offers instruction for summer classes at Willow Stream Park. Fall, winter and spring instruction will be offered indoors at the Heritage Tennis Club in Arlington Heights. You do not have to be a resident of Arlington Heights or a member of the Heritage Tennis Club to participate in the indoor lesson program. There are nonmember fees so participants can try the program before deciding to join and receive the benefits of the club's membership. For fall, winter and spring program and registration information, contact the Heritage Tennis Club at 847.398.7780 or visit their website at aphd.org/htc. (CB)

Rain Policy

Classes will be cancelled if there is inclement weather. If an individual class is cancelled more than once in a session, the instructor will arrange for a make-up class. If there is any doubt about the weather, please call the Heritage Tennis Club at 847.398.7780.

Age: 18 years and up

Code	Level	Day	Date	Time	R/NR Fee
37967	Beginner	M, W	June 10 - July 3	6:30 - 7:30 p.m.	\$80/\$96
37969	Beginner	Tu, Th	June 11 - July 2	6:30 - 7:30 p.m.	\$70/\$84
37971	Beginner	M, W	July 8 - July 31	6:30 - 7:30 p.m.	\$80/\$96
37973	Beginner	Tu, Th	July 9 - Aug 1	6:30 - 7:30 p.m.	\$80/\$96
37968	Adv. Beginner	M, W	June 10 - July 3	7:30 - 9 p.m.	\$120/\$144
37970	Adv. Beginner	Tu, Th	June 11 - July 2	7:30 - 9 p.m.	\$103/\$124
37972	Adv. Beginner	M, W	July 8 - July 31	7:30 - 9 p.m.	\$120/\$144
37974	Adv. Beginner	Tu, Th	July 9 - Aug 1	7:30 - 9 p.m.	\$120/\$144

Instructor: Heritage Tennis Club Staff

Location: Willow Stream Park



NEW Jog To Run



Jog To Run teaches motivational skills, accountability for yourself and a group atmosphere, proper nutrition and hydration as a runner, breathing and striding techniques, proper posture and form, basic strength and flexibility, cross training and injury prevention, increased cardiovascular/muscular endurance, and how to just have fun with a new sport! Both levels will also be receiving monthly schedules on what to run daily, to lead up to a potential race. **No class on July 4.** (BA)

Level 1

Learn the basics of how to incorporate jogging/running into a daily routine for the duration of the program. You will be introduced to many different ways of training regiments as a new runner, and then be able to run in road races, ranging from 5Ks and beyond.

Level 2

Experienced runners learn how to enhance their skills and performances. You will learn how to incorporate your training into an every day regiment, so that this can be taken into actual races.

Age: 18 years and up

Code	Level	Day	Date	Time	R/NR Fee
37914	1	Mon, Wed	June 10 - July 24	5:30 - 6:30 pm	\$72/\$89
38501	2	Tue, Thu	June 11 - July 30	5:30 - 6:30 pm	\$72/\$89

Instructor: Jablonski

Location: Buffalo Grove High School



Golf Level 1 - Beginning

This instructional class is designed to introduce students to grip, posture, alignment and the fundamentals of the game. All aspects of golf will be covered, including the full swing, short game and putting. Classes will be held at Sunset Meadows Driving Range, located at 700 South Dwyer Avenue in Arlington Heights. **No class on September 2.** (KV)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38308	Mon	June 3 - July 1	6:30 - 7:30 pm	\$70/\$90
38320	Wed	June 5 - July 3	6:30 - 7:30 pm	\$56/\$72
38321	Sat	June 8 - July 6	8 - 9 am	\$70/\$90
38322	Sun	June 9 - July 7	8 - 9 am	\$70/\$90
38323	Mon	July 8 - Aug 5	6:30 - 7:30 pm	\$70/\$90
38324	Wed	July 10 - Aug 7	6:30 - 7:30 pm	\$70/\$90
38325	Sat	July 13 - Aug 10	8 - 9 am	\$70/\$90
38326	Sun	July 14 - Aug 11	8 - 9 am	\$70/\$90
38327	Mon	Aug 12 - Sept 9	6:30 - 7:30 pm	\$56/\$72
38328	Wed	Aug 14 - Sept 11	6:30 - 7:30 pm	\$70/\$90

Instructor: Takamura **Location:** Sunset Meadows Driving Range

38329	Mon	July 1 - July 29	6 - 7 pm	\$70/\$90
38330	Tue	July 2 - July 30	7 - 8 pm	\$70/\$90
38331	Sat	July 6 - Aug 3	12 - 1 pm	\$70/\$90

Instructor: English **Location:** Sunset Meadows Driving Range

Golf Level 2 - Intermediate

This instructional class is designed for the experienced golfer interested in improving swing mechanics. The fundamentals (grip, posture and alignment) will be reviewed and the finer points of the short game (chipping and pitching) will be worked on in detail. Classes will be held at Sunset Meadows Driving Range, located at 700 South Dwyer Avenue in Arlington Heights. **No class on September 2.** (KV)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38332	Mon	June 3 - July 1	7:30 - 8:30 pm	\$70/\$90
38339	Wed	June 5 - July 3	7:30 - 8:30 pm	\$56/\$72
38340	Sat	June 8 - July 6	9 - 10 am	\$70/\$90
38341	Sun	June 9 - July 7	9 - 10 am	\$70/\$90
38342	Mon	July 8 - Aug 5	7:30 - 8:30 pm	\$70/\$90
38343	Wed	July 10 - Aug 7	7:30 - 8:30 pm	\$70/\$90
38344	Sat	July 13 - Aug 10	9 - 10 am	\$70/\$90
38345	Sun	July 14 - Aug 11	9 - 10 am	\$70/\$90
38346	Mon	Aug 12 - Sept 9	7:30 - 8:30 pm	\$56/\$72
38347	Wed	Aug 14 - Sept 11	7:30 - 8:30 pm	\$70/\$90

Instructor: Takamura **Location:** Sunset Meadows Driving Range

38348	Mon	July 1 - July 29	7:15 - 8:15 pm	\$70/\$90
38349	Tue	July 2 - July 30	8:15 - 9:15 pm	\$70/\$90
38350	Sat	July 6 - Aug 3	1:15 - 2:15 pm	\$70/\$90

Instructor: English **Location:** Sunset Meadows Driving Range

Golf Level 3 - Advanced Techniques

This is a class for the more experienced golfer who has at least 2 years of experience, plays at least 18 holes of golf once a week, and can shoot a score of 99 or better per round. These classes go beyond the basics and entail more advanced golf shots and playing strategies. Classes will be held at Sunset Meadows Driving Range, located at 700 South Dwyer Avenue in Arlington Heights. (KV)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38351	Sat	June 8 - July 6	10 - 11 am	\$70/\$90
38357	Sun	June 9 - July 7	10 - 11 am	\$70/\$90
38358	Sat	July 13 - Aug 10	10 - 11 am	\$70/\$90
38359	Sun	July 14 - Aug 11	10 - 11 am	\$70/\$90

Instructor: Takamura **Location:** Sunset Meadows Driving Range

Ladies Golf Lessons - Level 1

This instructional class is for women who are new to golf and want to learn golf fundamentals. It is designed to introduce ladies to grip, posture, alignment and the fundamentals of the game. All aspects of golf will be covered, including the full swing, short game and putting. This is a perfect class to take with your friends. Classes will be held at Sunset Meadows Driving Range, located at 700 South Dwyer Avenue in Arlington Heights. (KV)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38370	Mon	June 3 - July 1	10 - 11 am	\$70/\$90
38371	Tue	June 4 - July 2	10 - 11 am	\$70/\$90
38372	Sat	June 8 - July 6	9 - 10 am	\$70/\$90

Instructor: English **Location:** Sunset Meadows Driving Range



Ladies Golf Lessons - Level 2



This instructional class is for women who are new to golf and want to learn golf fundamentals. It is designed to introduce ladies to grip, posture, alignment and the fundamentals of the game. All aspects of golf will be covered, including the full swing, short game and putting. This is a perfect class to take with your friends. Classes will be held at Sunset Meadows Driving Range, located at 700 South Dwyer Avenue in Arlington Heights. (KV)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38373	Tue	June 4 - July 2	11 am - 12 pm	\$70/\$90
38378	Fri	June 7 - July 5	11 am - 12 pm	\$70/\$90
38379	Tue	July 9 - Aug 6	11 am - 12 pm	\$70/\$90
38380	Fri	July 12 - Aug 9	11 am - 12 pm	\$70/\$90
38381	Tue	Aug 13 - Sept 10	11 am - 12 pm	\$70/\$90
38382	Fri	Aug 16 - Sept 13	11 am - 12 pm	\$70/\$90
Instructor: Takamura		Location: Sunset Meadows Driving Range		
38383	Wed	June 5 - July 3	10 - 11 am	\$70/\$90
38384	Thu	June 6 - June 27	10 - 11 am	\$56/\$72
38385	Sun	June 9 - July 7	9 - 10 am	\$70/\$90

Instructor: English **Location:** Sunset Meadows Driving Range



Fall Softball Leagues

Games for the fall softball league are played at Mike Rylko Community Park. These fields are located on McHenry Road (Rt. 83) in between the Golf and Sports Center and the Buffalo Grove Fitness Center. Games will begin in August and all teams will play a 10-game season, with a league tournament at the end of the season. Captains should pick up complete registration information at the Alcott Center prior to registering for leagues. Additional information is available on the Park District's website at bgparks.org. (TV)

Registration

Early registration for returning teams, teams with 75% or more residents and corporate teams within Buffalo Grove is June 3 thru June 29.

Open registration for all teams is July 1 thru August 10.

Players that claim residency must show proof of residency to avoid paying the nonresident fee.

Fee

All leagues are \$625. A \$200 nonrefundable deposit must be turned in with your registration. Teams must pay \$10 per nonresident (not to exceed \$100). Final payment is due August 16.

Leagues will play on the following days:

Monday	Men's 12"
Tuesday	Men's 12" C League
Wednesday	Men's 12"
Thursday	Men's 12"
Friday	Men's 12"

Adult Softball Field Supervisors

The Buffalo Grove Park District is looking for field supervisors for the adult fall softball season. Field supervisors are responsible for setting up fields and overseeing the adult softball leagues. Games start in late August and run thru October. High School students and adults are encouraged to apply. Call T.J. Wilkes at 847.850.2199 for more information.

Fitness & Wellness

Forever Fit

Have you been talking about getting in shape, but for whatever reason not taken that first step? If you need a class to get started on a fitness regimen, we have developed one that is perfect for seniors, or people that have never exercised before, that will improve your quality of life. This program will combine cardio, flexibility and balance training, as well as muscle strength to perform daily activities with more vigor. Come join our co-ed, non-intimidating class. **No class on July 4.** (ML)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38046	Tue	June 4 - Aug 20	9:45 - 10:30 am	\$33/\$41
38047	Thu	June 6 - Aug 22	9:45 - 10:30 am	\$30/\$38

Instructor: Barnett

Location: Emmerich Park

Step 'N Strength

This class alternates between segments of step aerobics to burn calories and fat, and sculpting work to tone your body, thereby increasing your body's metabolism. Some segments are longer, while some are shorter drill-type segments to allow your body to continue burning calories and fat long after the class is over. While this is not a beginner class (as far as the stepping is concerned), the choreography on the step stays the same from week to week, allowing you time to get the steps if they seem tricky at first. The sculpting segments change from week to week; and, we will use a variety of equipment for muscle work, including hand weights, weighted bars, stability balls, resistance tubes, core discs, and your own body weight. Core work and stretching are always included in this fun, non-intimidating class as well. (ML)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38052	Mon	June 3 - Aug 19	7:05 - 8:05 pm	\$57/\$71
38053	Wed	June 5 - Aug 21	8:05 - 9:05 pm	\$57/\$71
38054	Wed	June 5 - Aug 21	9:15 - 10:15 am	\$57/\$71
38055	Sat	June 8 - Aug 24	8:45 - 9:45 am	\$52/\$65

Instructor: Nelson

Location: Emmerich Park

Muscle Fit

Exercise all major muscle groups using various forms of resistance. Strengthen and tone your muscles, rev up your metabolism and increase your bone density in a non-intimidating, fun class. **No class on July 4.** (ML)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38044	Tue	June 4 - Aug 20	8:30 - 9:30 am	\$52/\$65
38045	Thu	June 6 - Aug 22	8:30 - 9:30 am	\$48/\$59

Instructor: Barnett

Location: Emmerich Park

Mat Pilates

Pilates certified instructor Lois Nelson will take you through a class that is designed for all ages and abilities. Pilates is a total body conditioning exercise method that integrates mind, body and breath to help you achieve your goals. The benefits are many. It focuses on strengthening the powerhouse or core, helps restore your natural balance, improves flexibility, strength and posture, gives sleek and toned muscles, reduces stress, discomfort and pain, helps prevent bone deterioration, and assists pre and post-natal women in breathing, body concentration and recovery of body shape and tone after delivery. Pre and post-natal (less than 6 weeks after delivery) women need a doctor's note to participate. You will need to bring a towel and a roll-up yoga-style mat. (ML)

Age: 16 years and up

Code	Days	Date	Time	R/NR Fee
38048	Mon	June 3 - Aug 19	9:25 - 10:25 am	\$78/\$98
38049	Mon	June 3 - Aug 19	8:15 - 9:15 pm	\$78/\$98
38050	Wed	June 5 - Aug 21	10:30 - 11:30 am	\$78/\$98

Instructor: Nelson

Location: Emmerich Park

Ball Pilates

This class provides the same benefits as the Mat Pilates class; however, the addition of the stability ball adds fun and variety while increasing the focus on the core muscles. **No class on July 5.** (ML)

Age: 16 years and up

Code	Days	Date	Time	R/NR Fee
38051	Fri	June 7 - Aug 23	9:25 - 10:25 am	\$72/\$89

Instructor: Nelson

Location: Emmerich Park

20% Senior Discount



This symbol indicates programs that are eligible for the 20% discounted fee.

Express Intervals

Working at your own pace and fitness level, this class uses high intensity interval training (HIIT) and boot camp-type training methods to crank up your body's ability to burn calories and fat. This class alternates between high energy/intensity cardio segments and either rest or sculpting recovery segments. The shortness of these bursts (30 - 60 seconds) allows you to work to your own personal highest intensity level. This high and low pattern helps to improve both your aerobic and anaerobic energy systems. There is some plyometric work, but modifications are always made for those who want a lower impact workout. A variety of equipment will be used from week to week, including hand weights, weighted bars, resistance tubes, stability balls, steps, core discs and more for a fun, non-intimidating total body workout. **No class on July 5.** (ML)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38042	Mon	June 3 - Aug 19	8:30 - 9:15 am	\$43/\$53
38043	Fri	June 7 - Aug 23	8:30 - 9:15 am	\$39/\$49

Instructor: Nelson

Location: Emmerich Park

Fitness MMA Conditioning

This program uses the conditioning methods of mixed martial arts (MMA) professionals to enable men and women to achieve the lean, fit body of an MMA fighter. T.O.P. staff will lead you through a total body workout that will help develop strength and burn fat. Every class consists of drills from the MMA disciplines, including aerobic exercises such as shadow boxing and footwork, anaerobic exercises such as punching/kicking, focus mitts and use grappling bags in muscle-building resistance exercises, and much more. The class in non-contact between participants, but contact with mitts and exercise equipment is used. **No class on July 3.** (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38092	Wed	June 5 - July 10	7 - 8 pm	\$55/\$69
38093	Wed	July 17 - Aug 21	7 - 8 pm	\$66/\$83

Instructor: Ripp

Location: Alcott Center

Zumba

Are you looking for a new workout that is fun and gets you into a good sweat? Do you wish you could really swing your hips to a salsa rhythm? The new Zumba workout rave is worth the time. Classes combine Latin dances like Flamenco, Salsa, Merengue and Cumbia with a fitness regimen that guarantees fun with a workout. Move beyond sweating to the oldies and twist your hips to a spicy Latin beat. Workouts involve total body movement, while mostly toning abs, buns, hips and thighs. Lose weight and learn to dance now! **No class on July 2, 4 and 7.** (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37891	Sun	June 2 - Aug 25	9 - 10 am	\$115/\$145
37889	Tue	June 4 - Aug 27	7 - 8 pm	\$115/\$145
37890	Thu	June 6 - Aug 29	7:05 - 8:05 pm	\$115/\$145

Instructor: Sotelo

Location: Alcott Center

Zumba Gold

Zumba® Gold takes the popular Latin-dance inspired workout Zumba®, and makes it accessible for seniors and beginners. It breaks down all Latin rhythms to address the needs of active older adults, or the unconditioned beginners. Experience with dance is not required. The intention of the class is to move a little and have a lot of fun, even if you don't perform each move perfectly. Classes combine Latin dances like Flamenco, Salsa, Merengue and Cumbia, with a fitness regimen that guarantees fun with a workout. Move beyond sweating to the oldies and twist your hips to a spicy Latin beat. **No class on July 4.** (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37893	Thu	June 20 - Aug 29	9:30 - 10:15 am	\$55/\$70

Instructor: Sotelo

Location: Alcott Center

Zumba Toning

It's an exciting, Latin inspired, dance 'n tone program. This is the original dance-fitness class taken to the next level. Zumba® Toning is an innovative muscle training program with the addition of light weight toning sticks. We provide the 2 ½ pounds, sand filled toning sticks, which are very similar to maracas. In a relatively short period of time, this challenging workout helps in building coordination and muscle endurance. The new and exciting Zumba® Toning program is designed to offer the participant a safe, yet effective total body toning workout! Previous Zumba® experience (at least one session) is required before taking the Zumba® Toning class. **No class on July 4.** (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37892	Thu	June 6 - Aug 29	6 - 7 pm	\$115/\$145

Instructor: Sotelo

Location: Alcott Center



Hatha Yoga



In this combined Hatha yoga class, we'll explore the connections between mind, body and breath. You'll learn techniques to help you relax and reduce stress. Additional benefits include flexible joints, elongated muscles and increased energy. Hatha yoga in the Himalayan tradition is a gentle and meditative approach. In yoga we all work to our own capacity, so all levels are welcome. You may bring a sticky mat or use the ones provided and dress for comfortable movement. **No class on June 16, July 3 and 7.** (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37962	Wed	June 5 - Aug 21	6:30 - 7:45 pm	\$120/\$150
37961	Sun	June 9 - Aug 25	9 - 10:15 am	\$110/\$138

Instructor: Chamberlain, CYT

Location: Alcott Center

Tai Chi Chung



Tai Chi is a Chinese exercise for people of all ages intended to promote better health and prevent sickness. Practicing on a daily basis strengthens the immune system, improves overall health and maintains the body's natural balance. Tai Chi Chung consists of slow, flowing and relaxed movements practiced without force or power. Breathing matched in time to the movements is the key to gaining the full benefits of this form. Learning this form will help release tension, improve circulation, increase flexibility and develop muscle tone. We recommend that first time students attend the beginning classes before taking the continuing course. **No class on August 7.** (CE)

Age: 18 years and up

Code	Level	Day	Date	Time	R/NR Fee
38086	Beginning	Wed	June 5 - July 10	7 - 8 pm	\$65/\$81
38088	Beginning	Wed	July 17 - Aug 28	7 - 8 pm	\$65/\$81
38090	Beginning	Wed	June 5 - Aug 28	7 - 8 pm	\$130/\$162
38087	Continuing	Wed	June 5 - July 10	7 - 8 pm	\$65/\$81
38089	Continuing	Wed	July 17 - Aug 28	7 - 8 pm	\$65/\$81
38091	Continuing	Wed	June 5 - Aug 28	7 - 8 pm	\$130/\$162

Instructor: Fugate

Location: Alcott Center



**FRIENDS
OF THE PARKS
FOUNDATION**



The Friends of the Parks Foundation is a charitable organization that supports Buffalo Grove Park District programs and events throughout the year. The Friends of the Parks Foundation sponsors events such as National Night Out and Camping Under the Stars. They also host events like the Buffalo Grove Soccer Classic, the Stampede 5K/10K Race, Battle of the Bands, and the Doubles Disc Golf Tournament, which takes place during the weekend of Buffalo Grove Days.

SCIENTIFIC EVIDENCE: People like us more than ice cream.

Ice cream is definitely good. And, our research suggests that 90% of people really like ice cream. But **98% of our patients surveyed*** say they would recommend us to a friend needing physical therapy. Alright, maybe that isn't exactly scientific proof that people like us more than ice cream. But, with everyone having a choice of providers, the thing we're really proud of is being liked in the eyes of our patients.

Complimentary injury screenings available at
***Athletico Buffalo Grove, located inside the Buffalo Grove Fitness Center:
601 Deerfield Parkway, 847-215-0022***

ATHLETICO
PHYSICAL THERAPY
Better for every body.



*BASED ON PATIENTS SURVEYED 2012.
LEARN MORE AT ATHLETICO.COM



BUFFALO GROVE FITNESS CENTER

CLUB INDUSTRY
TOP 100

Named one of Club Industry's Top 100 Fitness Centers in the United States for the third consecutive year.



601 West Deerfield Parkway • Buffalo Grove, IL 60089
(located in Mike Rylko Community Park)

The Fitness Floor

- Cardiovascular and Weight Resistance Equipment featuring state of the art equipment from Life Fitness, Precor, Hammer Strength, Stairmaster, Free Motion, NuStep, and Magnum.
- Aquatics Area featuring 5-lane lap pool, warm water therapy pool, sauna, and whirlpool.
- Special Programs include varieties of Taekwondo, swim lessons and youth programming.
- Kids Club featuring indoor and outdoor activity areas, XerPro Sportwall® and crafts.
- Yoga and Pilates studios.
- Women's Workout Room
- Personal Training
- Group Exercise
- Spa Services
- Sports Performance Training

Fitness Center Hours

Monday - Thursday	5 am - 10 pm
Friday	5 am - 9 pm
Saturday & Sunday	6 am - 7 pm

Please call the Buffalo Grove Fitness Center for special holiday hours.

847.353.7500 • bgfitness.org

Kids Club

Drop off your children while you exercise at the Buffalo Grove Fitness Center. Kids Club is for children age 3 months - 12 years and includes an outdoor playground, XerPro Sportwall® and crafts. We also offer birthday parties. For more information, please call 847.353.7535.

Training

Our trainers are nationally certified and dedicated to guiding and educating those who wish to embark on a journey of optimal health and fitness. We offer different forms of training and various packages to suit your fitness needs. To inquire about what type of training is best for you or to begin your training program contact Dennis Houghton at 847.353.7517.

Personal Training

Improve all aspects of fitness. A certified trainer will design and take you through workouts that will help you to achieve your fitness and/or weight loss goals.

Pilates Training

This method of exercise focuses on core strengthening through stabilization of the pelvic and shoulder girdles, as well as stretching tight muscles for optimum functional performance. All Pilates training sessions are now held in our brand new Pilates equipment studio.

Sports Performance Training

Training designed to improve several key areas of athletic performance: speed, agility, strength, and explosive power. These key areas give athletes increased levels of athletic ability.

N-Stretch Flexibility Training

Improve range of motion with our N-Stretch flexibility sessions. A certified trainer will take you through a brief assessment to evaluate the muscle length and then assist you in stretching using Contract/Relax techniques.

Heart Strong - Post Cardiac Rehab Program

Heart Strong classes are designed for individuals with limitations and concerns with their cardiac health. Participants will be taken through exercises focused on helping cardiac rehab patients, and those living with chronic obstructive pulmonary disease (COPD). Additionally, these classes will meet the needs of anyone with balance and stability concerns, blood pressure issues, or those who would prefer to be monitored during exercise. Classes are opened to members and nonmembers. For more information, please contact Dennis Houghton at 847.353.7517.



For more information or to schedule your appointment, call Vitality Spa at 847.353.7590.

Get Ready For Summer at Vitality Spa!
We can get you beach season ready with head-to-toe salon and spa services.

Begin your experience with one of our therapeutic Vitality Signature Massages that allows you to take a vacation from everyday stress without even leaving town. Next, you can enjoy one of our unique and effective body treatments in our very own Vichy shower wet treatment room. Then, our customized facials focus on preparing your skin for a smooth, clean canvas to apply our exclusive mineral makeup that will give you a natural bronzed glow with sun protection. Finally, stop in our nail salon and choose a bright summer polish from our extensive selection of new and popular colors.

Don't forget to pick up a gift card for Father's Day, graduation, or for an unforgettable birthday gift. Book any of our 6 spa series services and receive a 7th service free!

We also have travel skincare kits available, so you can continue your skincare experience when you hit the road this summer. Whatever your destination might be, make sure to include Vitality Spa as part of your summer plans.

Open To The Public

On-site childcare available



10% OFF

Any single spa service of \$35 or more.

Gift Card Bonus! Receive an additional 10% value on your gift card purchase of \$50 or more.

Offer valid until September 30, 2013. Not available in conjunction with any other promotions or offers. Discount may only be used once per person for an individual spa service. Offer not valid for retail product items or gift certificates. Coupon must be presented to redeem offer.

Specialty Programs

Warm Water Arthritis

Taking place in our warm water therapy pool, Arthritis Foundation certified instructors will lead you through a series of exercises that can help relieve pain and stiffness caused by arthritis. These classes are also great for Fibromyalgia and pain management. **No class on July 4.**

Age: 16 years and up

Code	Day	Date	Time	M/NM Fee
3103	Wed	June 26 - Sept 11	5:45 - 6:30 pm	\$60/\$72
Instructor: Murtha			Location: Buffalo Grove Fitness Center	
3100	Mon	June 24 - Sept 9	10:15 - 11 am	\$60/\$72
3102	Tue	June 25 - Sept 10	10 - 10:45 am	\$60/\$72
3104	Thu	June 27 - Sept 12	10 - 10:45 am	\$55/\$66
3105	Thu	June 27 - Sept 12	10:50 - 11:35 am	\$55/\$66
Instructor: Jassin			Location: Buffalo Grove Fitness Center	
3101	Mon	June 24 - Sept 9	5:45 - 6:30 pm	\$60/\$72
Instructor: Carr			Location: Buffalo Grove Fitness Center	

Living Lite

This program 12 week program is designed to help participants meet their fitness and weight loss goals. It will provide structured guidelines for weight loss, utilizing a comprehensive approach, combining nutrition education, along with individualized guided fitness programs. Each participant will receive 12 half hour individualized nutritional consultations, 12 one hour personal training sessions, unlimited Group Power classes, along with an initial fitness evaluation. Get started at any time for this 12 week program.



Pilates Reformer & Chair Classes

Reformer and chair classes will improve core strength, flexibility, and joint mobility, along with leaving you feeling tall and refreshed. As Joshep Pilates states, in 10 sessions you will feel the difference, in 20 you will see the difference, and in 30 you will have a whole new body. First time participants must sign up for a level 1 class. **No class on July 4.**

Age: 16 years and up

Reformer Intro

Code	Day	Date	Time	M/NM Fee
3200	Sun	June 23 - Sept 8	8 - 9 am	\$352/\$440
Instructor: Brown			Location: Buffalo Grove Fitness Center	

Essential Reformer

Code	Day	Date	Time	M/NM Fee
3205	Thu	June 27 - Sept 12	10 - 11 am	\$323/\$404
Instructor: Stark			Location: Buffalo Grove Fitness Center	
3207	Fri	June 28 - Sept 13	11 am - 12 pm	\$352/\$440
3202	Sat	June 29 - Sept 14	8 - 9 am	\$352/\$440
Instructor: Galyayeva			Location: Buffalo Grove Fitness Center	

Essential Reformer & Chair

Code	Day	Date	Time	M/NM Fee
3211	Sun	June 23 - Sept 8	9 - 10 am	\$396/\$495
Instructor: Stark			Location: Buffalo Grove Fitness Center	
3208	Fri	June 28 - Sept 13	10 - 11 am	\$396/\$495
Instructor: Galyayeva			Location: Buffalo Grove Fitness Center	

Intermediate Reformer

Code	Day	Date	Time	M/NM Fee
3201	Tue	June 25 - Sept 10	7:35 - 8:35 pm	\$352/\$440
Instructor: Alesi			Location: Buffalo Grove Fitness Center	

Intermediate Reformer & Chair

Code	Day	Date	Time	M/NM Fee
3204	Thu	June 27 - Sept 12	9 - 10 am	\$363/\$454
Instructor: Stark			Location: Buffalo Grove Fitness Center	
3203	Wed	June 26 - Sept 11	6:35 - 7:35 pm	\$396/\$495
3206	Thu	June 27 - Sept 12	6:35 - 7:35 pm	\$363/\$454
Instructor: Galyayeva			Location: Buffalo Grove Fitness Center	

Advanced

Code	Day	Date	Time	M/NM Fee
3209	Sat	June 29 - Sept 14	9 - 10 am	\$396/\$495
Instructor: Galyayeva			Location: Buffalo Grove Fitness Center	

Taekwondo

Our largest specialty program, Taekwondo, is designed to provide focus, confidence and self-defense. Levels are based on age and belt color. This program is for students who would like to be prepped for competitions and for those looking for discipline and fitness. **No class on July 4.**

Little Jins

This program allows students to develop balance and coordination through learning techniques found in Taekwondo which is the art of kicking and punching in a fun and safe environment.

Age: 4 - 5 years

Code	Day	Date	Time	M/NM Fee
3500	Mon	June 24 - Sept 9	4 - 4:30 pm	\$100/\$125
3501	Thu	June 27 - Sept 12	4 - 4:30 pm	\$92/\$115
3502	Sat	June 29 - Sept 14	10 - 10:30 am	\$100/\$125

Beginner

Learning the martial art Taekwondo provides many benefits. In the beginner class our program focuses on discipline, self confidence, physical fitness, and learning the basics to form a strong foundation to prepare them physically and mentally for the challenges of the intermediate program.

Age: 5 - 16 years

Code	Day	Date	Time	M/NM Fee
3503	Mon	June 24 - Sept 9	5:25 - 6:05 pm	\$112/\$140
3504	Thu	June 27 - Sept 12	6:30 - 7:10 pm	\$103/\$129
3505	Sat	June 29 - Sept 14	10:30 - 11:10 am	\$112/\$140

Intermediate

Students are expected to attain all the demands of a strong foundation in learning Taekwondo. At this stage attitude building is necessary to instill patience, perseverance and respect.

Age: 7 - 16 years

Code	Day	Date	Time	M/NM Fee
3506	Mon	June 24 - Sept 9	4:30 - 5:20 pm	\$136/\$170
3507	Thu	June 27 - Sept 12	4:30 - 5:20 pm	\$125/\$156
3508	Sat	June 29 - Sept 14	11:15 am - 12:05 pm	\$136/\$170

Advanced

This program approach will be more intense and demanding. Students are expected to show the distinction of an advanced level to other students. The attributes of a serious Taekwondo practitioner must reflect on their daily activities. The program prepares students for black belt promotion.

Age: 7 - 16 years

Code	Day	Date	Time	M/NM Fee
3509	Thu	June 27 - Sept 12	5:25 - 6:25 pm	\$147/\$184
3510	Sat	June 29 - Sept 14	9 - 10 am	\$160/\$200

Adult

All belt levels are welcome to join this class. Physical fitness and self defense are the primary focus of the program. Relieving stress by challenging the mind and body in a dynamic system of coordinated movements.

Age: 17 years and up

Code	Day	Date	Time	M/NM Fee
3511	Mon	June 24 - Sept 9	7:15 - 8:15 pm	\$160/\$200
3513	Fri	June 28 - Sept 13	6:50 - 7:50 pm	\$160/\$200

Black Belt

You must be a Black Belt to register for this class. Continuation of Black Belt degrees will be taught.

Age: 9 years and up

Code	Day	Date	Time	M/NM Fee
3514	Mon	June 24 - Sept 9	6:15 - 7:15 pm	\$160/\$200
3515	Fri	June 28 - Sept 13	5:45 - 6:45 pm	\$160/\$200

Integrated Sparring

This class is for students that are currently registered in our Taekwondo program that would like to enhance their sparring abilities.

Age: 7 years and up

Code	Day	Date	Time	M/NM Fee
3516	Tue	June 25 - Sept 10	5:30 - 6:30 pm	\$160/\$200

Instructor: De Guzman **Location:** Buffalo Grove Fitness Center

Family

This class is intended for parents and children to enjoy Taekwondo together.

Age: 4 years and up

Code	Day	Date	Time	M/NM Fee
3517	Fri	June 28 - Sept 13	5 - 5:40 pm	\$112/\$140

Instructor: Staff **Location:** Buffalo Grove Fitness Center



Senior Programs

Buffalo Grove Park District Seniors

Wondering what there is to do for fun?

Want a place to socialize with active, exciting people your own age? Become a part of the Buffalo Grove Park District Seniors. This is a program for seniors age 50 and over. Trips, lectures, services, refreshments and planned activities are all part of the excitement that awaits you. For more information, contact Terri Ebner at 847.850.2117.

Age: 50 years and older

Code # 36917 **R/NR Fee** \$20/\$25

*All present memberships will expire
December 31, 2013.*

Transportation

Wheeling Township - Offers bus service for Wheeling Township residents Monday through Friday from 9 am - 4 pm. Please call 847.259.7743 between 9 am and 1:30 pm to make a reservation. All reservations should be made 2 days before the travel date.

Vernon Township - Offers bus service for Vernon Township residents Monday through Friday from 8:30 am - 4:30 pm. Please call 847.634.4600 for reservations. Wednesday only, the Vernon Township bus will bring you to the Alcott Center so you will be able to participate in activities.

Reservations must be made at least 24 hours in advance.

Taxi Service - The Village of Buffalo Grove has negotiated a discounted fee for seniors. For more information on this program please call Village Hall at 847.459.2500. Forms are available at the Alcott Center Office.



Benefits of Becoming A Member of Our Senior Programs

This membership entitles you to discounted member rates for many of our trips and programs, and enables you to participate in our many free lectures, lunches, parties and drop in programs. Be the first to find out what there is to do and avoid being placed on waiting lists. Membership is not required to enroll in classes or to make use of services that are offered. Resident/Nonresident fees will apply.

20% Discount

Residents aged 62 and over, are entitled to a 20% discount on recreation opportunities through the Park District, except contractual programs and trips. This symbol  indicates programs that are eligible for the 20% discounted fee. This will help you identify the programs that will entitle you to an additional discount. Classes offered in the senior section are already discounted. Prices are as stated.

Weekly Activities - For Members Only

New players are always welcome, please stop by and join the fun.

Bridge

(For experienced players)
Monday and Wednesday at 12 pm

Hand & Foot - A Form Of Canasta

(New players always welcome)
Monday and Wednesday at 10 am

Texas Hold 'em

Monday and Friday at 12 pm

Poker

Tuesday and Friday at 12 pm

Drop In Mah Jongg

Tuesday at 12 pm
For experienced players

Bunco Buddies

Tuesday at 11:30 am

Bingo

Wednesday at 12 pm

Pinochle

Wednesday at 11 am

Mah Jong

Thursday at 11:30 am
For experienced players

Left - Right - Center

2nd and 4th Thursday at 1 pm

Knitting - Crafty Ladies

Friday at 9 am

Indian Trails Library

A librarian from the Indian Trails Library comes to the Alcott Center Wednesday at 11:30 am.

Advisory Council Board Meetings

Wednesday, May 1, June 5, July 3 and August 7

Meetings are held the first Wednesday of each month at 10 am
Dates are subject to change, please call 847.850.2117 to verify.



Advisory Council Board Members

Rhonda Moore - President • Toby Bresler - Vice President • Syd Mitchel - Secretary
Betty Schneider - Ways and Means • Fran Eagan • Mary Ann Pisano
Carl Schulien • Harry Shaw • Rose Wilkosz

Activities Free To All Members

Good & Welfare

Free to all members

Have a card sent from our Senior Advisory Council Board. Cards can be sent for any occasion, get well, congratulations, sympathy etc. If there is a member you would like to send a card to, please call our Good and Welfare Chairperson, Betty Schneider at 847.459.4599.

The Crafty Ladies - Knitting & Crocheting

Every Friday

9 - 11 am

Free to all members

The Crafty Ladies are a great group who enjoy making items for themselves and others. They have patterns to share and yarn for making donated items to various charities. A few more friendly faces and busy hands are always welcome. Please stop by and see all of the beautiful items that they are working on. Clean and odorless yarns (no wool or wool blends please) are accepted and very appreciated. If you have yarn you would like to donate, please call 847.850.2117.

Texas Hold'em

Every Monday and Friday

12 pm

Free to all members

Come play the game that television has made into the biggest card game now played in the United States.

Left - Center - Right

2nd and 4th Thursday

1 pm

Free to all members

All you need to play this very fun, easy and entertaining game is chips, dice and people. The Park District has the chips and dice, so all we need are people that want to play. It's an easy game to learn, please feel free to join the group.

Bunco

Every Tuesday

11:30 am

Free to all members

Join the Bunco Buddies for an afternoon of fun and excitement. Bunco (also Bunko and Bonko) is played in teams with 3 dice. When you roll 3 of a kind of the number you are currently rolling this is a Bunco (21 points). If you don't know how to play, or need some brushing up, this friendly group will help you. You may be the next one shouting Bunco.

Birthday Celebrations

Wednesday, May 1, June 5, July 3 and August 7

1:30 pm

Free to all members

Enjoy monthly complimentary birthday cookies provided by Belmont Village of Buffalo Grove at the Alcott Center. Belmont Village was founded to provide a way for seniors to lead happy, self-directed lives in a supporting community, one that offers good value and has been designed from the ground up to be sensitive to senior living. They are located at 500 McHenry Road in Buffalo Grove and can be reached at 847.537.5000.



*Buffalo Grove
Park District
Senior Shirts*

Beautiful, colorful Park District Senior t-shirts are now available in small and medium sizes for only \$2. Supply and sizes are limited. Shirts can be purchased at the front office. Be sure to wear our shirt with pride.

Activities Free To All Seniors

Obtaining The Police Blotter

Free to all seniors

The Crime Prevention Unit of the Buffalo Grove Police Department will e-mail you the "Police Blotter", which is published Monday through Friday. The "Blotter" tells you of incidents and crimes in the Village, alerts you of scams and crime trends, lets you know what the Police Department is up to, and from time to time, tells a funny story or two. To receive the "Blotter" by e-mail, go to vbg.org, and on the right side of the page, click on E-News Sign Up. Fill in the form and click subscribe. Or, you can call Pete Lippert at 847.459.2560 and give him your e-mail address and he will take care of it for you.

CJE SeniorLife

Thursday, May 2, June 6, August 1

11 am - 2 pm

Free to all seniors

Are you confused by Medicare Part D? Do you need to know if you qualify for other assistance? CJE has the answers. CJE SeniorLife's resource specialists provide older adults with free information, assistance and advocacy in the areas of benefits eligibility check up, social security, health insurance, Medicare, Medicare Part D, Medicaid, Circuit Breaker eligibility, and now resources for retirement. Learn about Medigap Insurance, prescription drug programs, and even learn how your employee benefits compare with Medicare. A representative of CJE SeniorLife will be available at the Alcott Center on the 1st Thursday of every month to answer your questions and assist you in filing for these programs. For more information or to schedule an appointment, call 773.508.1047.

Blood Pressure Screenings

Wednesday, May 8 and July 10

1:30 pm

Free to all seniors

High blood pressure is a silent killer, and there are no symptoms. Don't miss this opportunity to have yours checked at the Alcott Center by a nurse from Wheeling Township.

Book Discussion Group

Thursday, May 9, June 13, July 11 and August 8

10:15 - 11:30 am

Free to all seniors

Do you enjoy reading books and talking to people? Why not join our book group and do both. We will read an assigned book each month and then come together to share our opinions. The friendly discussion will be led by a staff member from Indian Trails Library. The library will arrange loans of all the selected books for group members. The title and books will be available a month in advance. To save you a copy of the book, registration is required by calling 847.850.2117.

Current Events Discussion Group

Thursday, May 16, June 20, July 18 and August 15

10:15 am

Free to all seniors

Join Rabbi James Gordon, Director of Pastoral Services at The Claremont Rehab and Living Center in Buffalo Grove, for an hour of current events. Rabbi Gordon, a very inspirational speaker, will lead the group in topics that will include Local, National and International Politics, Human Interest Stories and Sports. Rabbi Gordon is an Attorney, Sports Enthusiast and former Political Advisor. Current Events will continue once a month, the third Thursday of each month at the Alcott Center. Dates are subject to change.



Activities Free To All Seniors

Public Safety Breakfast Club

Wednesday, May 29, June 26, July 31
and August 28

10:15 am

Free to all seniors



This program is sponsored by Lexington Health Network in Wheeling. Join representatives from the Buffalo Grove Police and Fire Departments the last Wednesday of the month at the Alcott Center. Various safety topics will be discussed. Have all of your concerns answered, learn what's going on in your neighborhood and more. Bagels and cream cheese will be served and registration is required.

Flag Day

Friday, June 14

5:30 pm

Free to Everyone

Flag Day is a day for all Americans to celebrate and show respect for our flag, its designers and makers. Our flag is representative of our independence and unity as a nation, with a proud and glorious history. It was at the lead of every battle fought by Americans, and many people have died protecting it. It even stands proudly on the surface of the moon. Join us at 5:30 p.m. at Veterans Park, located at 1300 N. Weiland Road in Buffalo Grove, as we proudly celebrate Flag Day. The Buffalo Grove Fire Department's Honor Guard will be presenting the colors. Speeches and changing the flags will also be part of this fascinating program.



Let's Get Away From It All

Monday, June 17

2 pm

Free to all seniors



**INDIAN TRAILS
LIBRARY DISTRICT**

Join Carolyn Wehner on a musical road trip that includes the title song,

plus Route 66, The Tennessee Waltz, Chicago, Left My Heart in San Francisco, Lullaby of Broadway, and many other well-known favorites. Carolyn sings and plays the piano in this lovely performance. This program will be held at Indian Trails Library, located at 355 Schoenbeck Road in Wheeling. Cosponsored with Indian Trails Library. Registration is required by calling 847.459.4100.

NEW Sound Hearing Solutions, LLC

Wednesday, June 19

9:30 am

Free to all seniors

Sound Hearing Solutions, LLC has been a part of the Buffalo Grove community since 1999. Located on Busch Parkway, the Doctors of Audiology are committed to providing the community easy access to comprehensive hearing health care, and work as a team to provide communication solutions for everyday listening needs. They will discuss the major causes of hearing loss and the latest in digital hearing aid technology. Following this presentation will be a light breakfast. Registration is required.



Activities Free To All Seniors

Summer Classic Hits With Diane Noe

Monday, July 15

2 pm

Free to all seniors



**INDIAN TRAILS
LIBRARY DISTRICT**

It's summertime! Come enjoy the greatest summer hits of all times as Diane

Noe takes you on a musical journey to summers past. Remember those sunny days hanging out with friends, spending time at the beach, cruising up and down the boulevard listening to the music that marked a time and a place in all our lives. Don't forget your sunglasses! This program will be held at Indian Trails Library, located at 355 Schoenbeck Road in Wheeling. Cosponsored with Indian Trails Library. Registration is required by calling 847.459.4100.

Antiques: Is It Valuable?

If you would like to learn what older items are considered antique and/or highly collectible, or certain things that people throw away but shouldn't, attend this upcoming presentation by Reno DelRosario. Reno has lived in Buffalo Grove since 1983, and was bitten by the antique bug 17 years ago. You should find the information he will share with you fascinating, if not of great value, including his great finds of significant interest. Reno has helped people identify and sell items of considerable worth. He is an antique dealer, conducts estate sales, and is a seller on eBay, with a positive buyer feedback rating of 100%. Reno will be available to give a free appraisal on a few of your items. The Buffalo Grove Park District and Reno DelRosario are not responsible for any items that you bring. Registration is required.

Code	Day	Date	Time	Fee
37887	Wed	July 17	10 - 11:30 am	Free
37888	Wed	July 17	6:30 - 8 pm	Free

Instructor: DelRosario

Location: Alcott Center

Ezio Pinza By Jack Diamond

Tuesday, August 20

2 pm

Free to all seniors



**INDIAN TRAILS
LIBRARY DISTRICT**

Pinza was famed for his role in South Pacific, but before this role he was

the best bass singer at the Metropolitan Opera in their history. Jack will present both the middle aged Pinza, and then go back to his younger years. This program will be held at Indian Trails Library, located at 355 Schoenbeck Road in Wheeling. Cosponsored with Indian Trails Library. Registration is required by calling 847.459.4100.

Basic First Aid

Wednesday, August 21

10:30 am

Free to all seniors

Safe practices at work, home and play can prevent many injuries, illnesses and deaths. However, once injury or sudden illness has occurred, effective first aid can make the difference between a rapid or prolonged recovery, a temporary or permanent disability, and even life or death. Learn how to recognize when first aid is needed. This class will be taught by National Safety Council Instructor, Rick Missing at the Alcott Center.

Good To Know:

For a variety of fitness classes that are perfect for seniors, see pages 72 - 74.

Activities Available To All Seniors

Culver's Lunch



Culver's will be delivering a mouth-watering lunch to the Alcott Center. Included in this meal will be a chicken sandwich (May and September), beef pot roast sandwich (June) and ½ tuna sandwich and chile (August). Custard will be served for dessert. Why not enjoy lunch before you begin playing Bingo or cards, or just come out for a day of fun? Due to our party, Culver's will not be bringing a lunch on July 3.

Code	Day	Date	Time	Fee
37258	Wed	May 1	11:30 am - 12 pm	\$5
37259	Wed	June 5	11:30 am - 12 pm	\$5
37852	Wed	Aug 7	11:30 am - 12 pm	\$5
37853	Wed	Sept 4	11:30 am - 12 pm	\$5

Location: Alcott Center

AARP Driver Safety Program

The AARP Driver Safety Program consists of two, 4-hour days, and is geared as a driving refresher for motorists age 50 and older; however, any licensed driver may attend. The class covers much of the information needed to pass the Illinois State license exam, and reviews the eyesight, hearing and physical changes that drivers experience as they age. Also included are safer driving habits, how to avoid driving hazards, changes in roadway conditions and safety equipment on your automobile. There is also a discussion of when to consider driver retirement. There is a new and updated curriculum being taught, with up-to-date audio and visual materials. Completion of the 2-day class may entitle the participant to a discount on their auto insurance. Please check with your insurance carrier for further details. The fee is \$12 for AARP members and \$14 for nonmembers. Bring AARP card to class.

Code	Day	Date	Time	M/NM Fee
37287	Fri	May 3 - May 10	9 am - 1 pm	\$12/\$14
37867	Sat	Aug 17 - Aug 24	9:30 am - 1:30 pm	\$12/\$14

Instructor: AARP

Location: Alcott Center

Wendy's Bingo Night

Monday, May 20 and July 15

5 - 7 pm

Available to all seniors, their family and friends

Join us at Wendy's, 245 McHenry Road in Buffalo Grove, for an evening of food and fun. Be sure to invite your friends and family. You are responsible for purchasing your own food. After eating we will play Bingo for Wendy's prizes. But best of all, Wendy's will donate 15% of all sales made during that time to the Buffalo Grove Park District Seniors. Why not have dinner or even dessert and help the seniors at the same time? This fundraiser will be used for a special activity.

Pizza, Pop, Popcorn & Picture Show

Join us for an evening of entertainment. Enjoy a light dinner and watch a movie. The movie title will be posted a month before the program. This is a great way to enjoy the night with the company of others, while you're having fun. All ages are invited to join us.

Code	Day	Date	Time	Fee
37288	Tue	May 21	4 - 6 pm	\$4
37872	Tue	July 23	4 - 6 pm	\$4

Location: Alcott Center



Activities Available To All Seniors

Life Line Screening

Friday, June 7

Available to all seniors

Every year, more than 750,000 individuals experience a stroke and a third of them are under the age of 65. As many as one half occur without a warning. The good news is that vascular disease is often preventable and treatable. Problems can be detected early and taken care of before symptoms occur and become a big problem. Here is an opportunity to identify your risk. All results are sent to you and you will be referred back to your own physician.

Life Line Screening will be offering non-invasive screenings using ultrasound technology and tests stroke/carotid artery (CA), abdominal aortic aneurysm (AAA), peripheral arterial disease (ABI index), and osteoporosis. A new screening for atrial fibrillation, an irregular heart rhythm that is linked to up to 20% of all strokes, is now offered. Finger-stick blood testing for lipid profile (Cholesterol, HDL/LDL, Triglycerides) and glucose levels will also be available.

Stroke/Vascular Disease/Heart Rhythm ultrasound package (CA, AAA, AFIB, ABI) - \$139

Blood Package (lipid profile, glucose) - \$50 additional with ultrasound package

Osteoporosis - \$10 additional with ultrasound package

Appointments are required and will begin at 9 a.m. at the Alcott Center. Space is limited. To schedule or for more information call 800.324.1851.

Culver's Breakfast & Bingo



While their ButterBurger made them famous, their diverse menu doesn't stop there. Over 45 other items are available for you to choose from. Join us for a morning of fun at Culver's, located at 450 N. McHenry Road in Buffalo Grove. Enjoy a pancake breakfast as you play Bingo. Prizes will be Culver's coupons, redeemable for the free specified product on the card. This is sure to be a morning that will fill our tummies.

Code	Day	Date	Time	Fee
37278	Mon	June 10	9:30 - 11 am	\$5
37855	Mon	Aug 12	9:30 - 11 am	\$5

Location: Culver's of Buffalo Grove

Sizzling Summer Party



Let's all get together and celebrate the beginning of summer. The sizzling, hot days of summer are finally here. Lunch will be sponsored by Lutheran Home, located at 800 West Oakton Street in Arlington Heights. The Lutheran Home provides a variety of person-centered care options and a full calendar of engaging, life-enriching programs for its residents and the greater community. Entertainment is sponsored by Indian Trails Library.

Code	Day	Date	Time	M/NM Fee
37859	Wed	June 12	11 am - 12:30 pm	\$3/\$5

Location: Alcott Center

Wendy's Community Night

Thursday, June 20 and August 15

5 - 8 pm

Available to all seniors, their family and friends

Want a fun, delicious and easy way to earn money for the Buffalo Grove Park District Seniors? All you have to do is eat at Wendy's, 245 McHenry Road in Buffalo Grove, on the above dates between 5 - 8 pm and they will donate 15% of all sales made during that time. Dine-in or drive thru. Why not have dinner or even dessert and help the seniors at the same time. This fundraiser will be used for a special activity.

Activities Available To All Seniors

Auras & Energy Awareness

You cannot see it now, but when you do, you will begin to appreciate the profound and unique splendor of your own energy. Dianne Reddington, a graduate of DePaul University, will utilize a high-tech imaging camera, designed by a physicist and electrical engineers, to reveal the invisible, dynamic electromagnetic field of the body, commonly known as your aura. The Polaroid photo, which you will take with you, gives a personal, visual and graphic representation of your measured biodata. You will also gain an understanding of your personality type. Dianne is the president of Attune, and is a past president of the national Well Spouse Foundation, as featured on The Oprah Winfrey Show and WGN radio.

Code	Day	Date	Time	Fee
37858	Thu	June 27	9:15 - 11:15 am	\$15

Instructor: Reddington **Location:** Alcott Center

July 4th Fun

Join us at the Alcott Center and let the fireworks begin. Our lunch will be sponsored by our fundraisers we have throughout the year. Entertainment is sponsored by The Wealshire The Ponds.

Code	Day	Date	Time	M/NM Fee
37874	Wed	July 3	11 am - 12:30 pm	\$3/\$5

Location: Alcott Center

Overrated or Underappreciated

Historian Bill Haase offers his opinions on 10 people and events that he believes history has lauded, but the reverence is unwarranted. Similarly, he has a list of 10 people whom history has painted with faint praise. Come with your own list, and as always, be prepared for a lively discussion. Cosponsored with Harper College.

Code	Day	Date	Time	Fee
37870	Tue	July 9	1 - 2:30 pm	\$10

Instructor: Haase **Location:** Alcott Center

Secretary of State Jesse White's Mobile Driver Services

Friday, August 9

Available to everyone

Secretary of State Jesse White's Mobile Driver Services Facility will be at the Alcott Center between 10 a.m. and 2 p.m. Rules of the Road Review Class will begin at 9:30 a.m. Vision Screenings are between 10 a.m. and 2 p.m. Services to be offered will include duplicate license, corrected license, driver license renewal, identification cards and renewal stickers. Please note: CDL licenses will not be available. Individuals, age 74 and under, within one year of the expiration date of their driver's license, may renew their license. Identification cards are issued to all ages. Individuals requiring a road test must go to a full service Secretary of State Drivers Services Facility. In order to take advantage of the services offered at the Mobile Driver Services Facility at Alcott Center, bring your Social Security card along with two other forms of identification that provide your name, date of birth, residency and signature. No copies will be accepted. You will be handed a number when you walk in. Preregistration will not be taken for any of their services offered or the Rules of the Road review. Limited to the first 100 people. Questions, Please call 217.782.7044.

Dog Day Afternoon Party



The phrase dog days or the dog days of summer, refers to the hottest, most sultry days of summer. Let's celebrate the summer's end with a party. Lunch will be sponsored by Alden Long Grove Rehabilitation and Health Care Center, located off Old Hicks Road in Long Grove. They specialize in short-term orthopedic recovery and post-acute services. We will have hot dogs with all of the fixings, including chili dogs. Back by popular demand, our entertainment, sponsored by Indian Trails Library, will be the young Hawaiian singers called Makani.

Code	Day	Date	Time	M/NM Fee
37875	Wed	Aug 14	11 am - 12:30 pm	\$3/\$5

Location: Alcott Center

Senior Trips

Trip Policies

Pick Up/Drop Off

Departure times are set and abided by. If changes occur, participants will be notified.

Return times may vary due to traffic and/or weather conditions. We will do everything possible to return at the scheduled time.

Casino trips will depart from the Golf and Sports Center, 801 McHenry Road, all other trips will depart from the Alcott Center, 530 Bernard Drive.

Refund Policy

No refunds are given unless the Park District cancels the trip. You are responsible for finding your own replacement if you are unable to attend the trip.

Registration Deadlines

Deadlines listed must be adhered to. If the required participant minimum is not met by the date listed, the trip will be cancelled due to reservation requirements. Full refunds will be given. It is very important to register, with payment, before the trip gets cancelled.

If you have signed up for a trip, and are unable to attend on the day of the trip, please call **847.850.2100**.

Refunds for trips and contractual workshops will only be issued if the spot can be filled from the waiting list.

All buses will depart promptly at the scheduled departure time.

Potawatomi Casino & More

Included in this trip is round trip transportation, a \$10 food voucher, \$10 Firekeepers Reward Play, and since it is senior day, seniors will receive an additional \$15. We will also make a short stop on the way home at the Mars Cheese Castle. The bus will depart from and return to the Golf and Sports Center, located at 801 McHenry Road in Buffalo Grove. Please call if you signed up for this trip and are unable to attend. You must bring a picture I.D. or a valid drivers license. **Please note:** The bus will leave the casino at 4 pm. Bingo players may have to leave before their Bingo game ends.

Age: 21 years and up

Code	Day	Date	Time	Fee
37873	Tue	July 30	9:45 am - 6 pm	\$26

Location: Golf & Sports Center

Horseshoe Casino

This time we are off to Hammond, Indiana. Included in this trip is round trip transportation. Restroom facilities are not available on the bus, which will depart from and return to the Golf and Sports Center, located at 801 McHenry Road in Buffalo Grove. Please call if you signed up for this trip and are unable to attend. You must bring a picture I.D. or a valid drivers license.

Age: 21 years and up

Code	Day	Date	Time	Fee
37291	Fri	May 17	9:30 am - 4:30 pm	\$5
37878	Fri	Sept 20	9:30 am - 4:30 pm	\$5

Location: Golf & Sports Center

Senior Trips

I Love You, You're Perfect, Now Change

You'll fall head over heels for this hilarious musical comedy about that terribly wonderful, simply complex thing called love. This musical romp through our everyday relationships will have you rolling in the aisles with laughter. You will be notified when tickets will be available to be picked up at the Alcott Center. Registration with payment must be received by June 20. Transportation will not be provided. Call to see if there are any available tickets after that date. Cosponsored with Indian Trails Library.

Code	Day	Date	Time	Fee
37869	Wed	July 24	1 - 3 pm	\$31

Location: Marriot Lincolnshire



Chicago Your Way & Chicago Air Show

Leave the driving to us. The bus will drop off at Michigan Avenue for shopping, Navy Pier, Field Museum, Shedd Aquarium, the Art Institute, and Museum of Science and Industry. Every August, people flock to the shores of Lake Michigan to see the Air Show. It is the oldest and largest free show of its kind in the United States. You'll be on your own to enjoy Chicago however you would like. The deluxe motor coach will be back later in the day to pick you up. Admission costs and lunch are not included in the per person rate. Registration with payment must be received by July 19 in order to avoid cancellation.

Age: 10 years and up

Code	Day	Date	Time	Fee
37975	Sat	Aug 17	9:30 am - 6:30 pm	\$45

Location: Golf & Sports Center



Upcoming Trips

Don't forget to sign up for South Pacific, Shishewana, and Holland Tulip Time. Call 847.850.2100 to see if there are still openings. For additional information, refer to our spring catalog, available for viewing at bgparks.org.

Upcoming Marriott Theatre Dates

South Pacific - May 22
 I Love You, You're Perfect, Now Change - July 24
 9 to 5 - October 9
 Mary Poppins - December 18

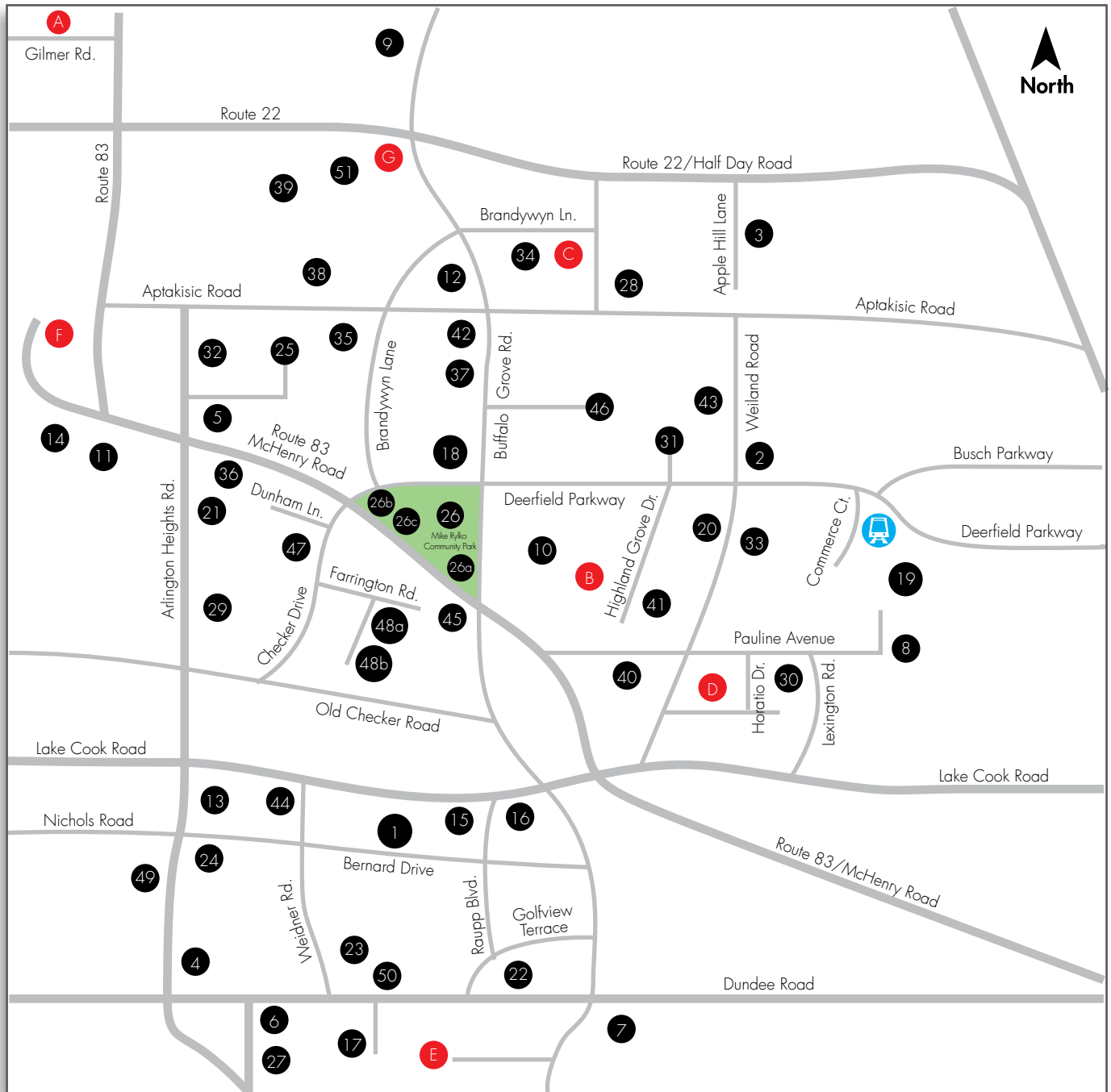


Parks & Facilities

MAP	PARK NAME	ADDRESS	ACREAGE	Administration Office	Recreation Building	Swimming Pool	Picnic Area	Preschool Play Area	Elementary Play Area	Ball Diamond	Football Field	Soccer Field	Tennis Courts	Basketball Courts	Ice Skating Rink	Bocce	Wildlife Conservation	Fishing	Bike Path/ Walkway	Parking Available	Lake/Pond	Detention Areas	Sand Volleyball	Inline Rink	Disc Golf	Skate Park	Horse Shoe Pits	AED Facility
1	Alcott Center & Park	530 Bernard Drive	6.8	•	•		♿	♿											•	•							+	
2	Aptakisic Park	1231 Weiland Road	4							•									•	•								
3	Apple Hill Park	2275 Apple Hill Lane	8.66			•	•	•	•	•	•	•							•	•	•	•						
4	Aquadome Indoor Pool at BGHS	1100 W. Dundee Road	1			•														•							+	
5	Bicentennial Park	1301 N. Arlington Heights Road	3.33				•	•		•	•	•							•	•	•	•						
6	Bison Park	905 W. Dundee Road	4.5							•	•								•	•								
7	Cambridge Park	951 S. Buffalo Grove Road	6				•	•	•	•	•								•	•	•							
8	Candlewood Detention	443 Carman Avenue	0.75																	•		•						
9	Canterbury Park	560 Blue Ash Drive	2.6					♿	♿	•		•								•		•						
10	Cherbourg Park	815 Marseilles Circle	5.6				•	•	•		•	•	•						•		•	•						
11	Children's Park	1000 Fremont Way	4.5					•	•	•	•								•		•	•						
12	Churchill Park	1900 N. Buffalo Grove Road	21.47							•	•						•		•	•	•							
13	Cooper Park	1050 Plum Grove Circle	6							•										•		•						
14	Crossings Pond	1051 Fremont Way	10.9																•	•	•							
15	Emmerich Park	150 Raupp Blvd.	13	•	•		•	•	•					*					•	•	•	•					+	
16	Emmerich East Park	151 Raupp Blvd.	8.75				•		•	•										•	•	•						
17	Frenchmens Cove	3351 N. Carriageway Drive, A.H.	4									•																
18	Green Lake Park	1101 N. Green Knolls Drive	20				•	•	•	•	•	•	•						•	•	•	•						
19	Happy Tails Dog Park	835 Commerce Court	2.5																	•	•							
20	Highland Point Park/Detention	850 Weiland Road	10.2																	•		•						
21	Ivy Hall School & Park	1072 Ivy Hall Lane	5					•	•	•	•	•								•						•		
22	Kilmer School & Park	655 Golfview Terrace	8				•	•	•	•	•	•		*	•					•	•	•						
23	Lions Park	730 Weidner Road	5																	•		•						
24	Longfellow School & Park	501 S. Arlington Heights Road	3.5				•	•	•	•				•						•	•							
25	Martha Weiss Park	815 Kingsbridge Way	0.75					•	•											•								
26	Mike Rylko Community Park	1000 N. Buffalo Grove Road	76.5				•		•	•	•	•			•				•	•	•	•	•	•	•	•		
26a	Golf & Sports Center	801 McHenry Road	↓			•														•							+	
26b	Fitness Center	601 Deerfield Parkway	↓			•	•							•							•						+	
26c	Spray 'N Play	951 McHenry Road	↓					•	•												•						+	
27	Mill Creek Park	1350 Radcliffe Road	7					•	•					•	•					•		•						
28	Mirielle Park	2236 Avalon Drive	2.93					♿	♿	•			•	•						•	•							
29	Nicole Park/Site 21	501 N. Arlington Heights Road	4					•	•		•									•								
30	Northwood Park/Detention	615 Pauline Avenue	3.29																			•						
31	Old Farm Park	1300 Highland Grove Drive	10.5					•	•	•	•								•	•	•							
32	Oxford Park	1450 Oxford Drive	1																									
33	Parkchester Park	851 Weiland Road	7.05				•	•	•				•	•						•	•	•						
34	Prairie Grove Park	2020 Olive Hill	1.32					•	•																			
35	Prairie School & Park	1530 Brandywyn Lane	9.5						•		•	•								•	•	•						
36	Raupp Memorial Museum & Park	901 Dunham Lane	3.5			•															•	•					+	
37	Reservoir # 7	400 LaSalle Lane	0.25										•							•	•							
38	Rolling Hills Park	1850 Twin Oaks Blvd.	.48					•	•																			
39	Rolling Hills North Park	1951 Sheridan Road	5.6							•	•									•	•							
40	Sommerset Detention	153 Pauline Avenue	1																			•						
41	Tartan Park	650 Pinehurst Lane	2					♿	♿											•								
42	Twin Creeks Park	401 Aptakisic Road	7			•		♿	♿											•		•	•	•	•			
43	Veterans Park	1300 N. Weiland Road	9.5					•	•	•	•	•								•	•	•						
44	Weidner Park	50 Weidner Road	3.5																									
45	Wellington Commons Park/Detention	505 Windover Road	8									•								•		•						
46	Westchester Park	180 Thompson Blvd.	5.5					♿	♿	•										•		•	•					
47	Willow Grove School & Park	777 Checker Drive	2					•	•	•				•						•								
48a	Willow Stream Pool & Park	600 Farrington Drive	54			•	•	•	•					*	•					•	•	•	•	•	•	•	+	
48b	Willow Stream Park (S)	651 Old Checker Road	↓					♿	♿	•			•	•	•					•	•	•	•	•	•	•	+	
49	Windfield Park/Detention	550 S. Arlington Heights Road	2.4																	•		•						
50	Windsor Ridge Park	780 Vernon Lane	6.24					•	•	•	•	•								•	•	•						
51	Woodland Park	2500 N. Buffalo Grove Road	14				•	•	•	•	•	*	*							•	•	•	*					

*Indicates lighted court or field

Park Location Map



Schools

- A** Country Meadows Elementary and Woodlawn Middle Schools
6360 Gilmer Road, Long Grove
- B** Tripp Elementary School, 850 Highland Grove Drive
- C** Meridian Middle School, 1996 Brandywyn Lane
- D** Pritchett Elementary School, 200 Horatio Drive
- E** Riley Elementary School, 1209 Burr Oak Drive
- F** Kildeer Elementary School, 3100 Old McHenry Road, Long Grove
- G** Twin Groves Middle School, 2600 N. Buffalo Grove Road

Guidelines/Ordinances to follow in the parks

- Smoking is not allowed on park property.
- Dogs without leashes are not allowed on park property.
- Owner is responsible to pick up after animal(s) on park property.
- No alcoholic beverages allowed.
- No hitting of golf balls.
- No motorized vehicles unless authorized by Park District personnel (except for designated parking lots).
- Dumping of debris, grass clippings, etc. on park property is prohibited.
- Park closing hours are as follows: lighted parks 11 p.m. Non-lighted parks 10 p.m. Parks open at 6 a.m.
- Use sidewalks, not the grass. Discard trash.
- To report acts of vandalism and/or hazardous park conditions, please call Jim Holder at (847) 850-2163.
- No organized league games or practices permitted at Canterbury Park.



BUFFALO GROVE PARK DISTRICT

530 Bernard Drive
Buffalo Grove, IL 60089
847.850.2100
bgparks.org

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FREE Fun Tuesdays In Buffalo Grove



See Page 13



Buffalo Grove Park District Presents
2011 Lawn Chair Lyrics Concert Series



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TOTS In The Park



See Page 14

FREE
performances
for children
of all ages



Hotel Transylvania
July 19
(rain date July 25)



Wreck It Ralph
July 26
(rain date August 1)



Rise of the Guardians
August 2
(rain date August 8)

Movies Under The Stars

Willow Stream Park • Fridays at Dusk

See Page 15