



2013

SPRING

Programs
& Events



Are
You
In?

Dear Buffalo Grove Resident:

Now that 2013 is upon us, everyone at the Buffalo Grove Park District is excited to bring you the many fun programs and events we have planned for this New Year, as well as update you on some projects.

Probably the most used facility in the history of the Buffalo Grove Park District is the Alcott Center. Formerly a School District 21 school building, the Alcott Center was purchased by the Buffalo Grove Park District in 1986. Since then, the building has undergone numerous renovations and additions. This year, the Alcott Center is undergoing another much needed improvement, and the entire heating and cooling system is being replaced. Because of the magnitude of this project, there will be programs that might be either relocated or canceled during the construction period, which has already begun. We apologize for the inconvenience; however, when the new system is in, the Alcott Center will much more efficient and comfortable for everyone who visits. The project should be complete by May.

The Buffalo Grove Park District has many fun programs and events planned for the spring season. Our full lineup of events includes some old favorites, like the Senior Expo, Battle of the Bands, Bunny Bonanza and Night Owl Egg Hunt, as well as some newer ones, such as the Hershey Track and Field Games (see page 11) and the Bow WOW Dog Event, sponsored by the Friends of the Parks Foundation (see page 11). This event will take place at

the District's Happy Tails Dog Park at the south end of the Buffalo Grove Metra Station. Dogs and their owners can visit with a variety of vendors and receive plenty of free goodies.

Speaking of the Happy Tails Dog Park, now is a great time for Buffalo Grove Park District residents to get an annual pass to the dog park. The form is available on our website at bgparks.org. Please remember that all dogs must have a current village license in order to obtain a dog park permit.

Whether you are looking to start up a new hobby, get in shape, meet new people or increase your knowledge in a variety of areas, the Buffalo Grove Park District has many fun and interesting programs for adults, children and seniors. We encourage you to look through the program guide and we're certain that you'll find something of interest to you and/or a member of your family.

On behalf of the entire Board of Commissioners and the staff at the Buffalo Grove Park District, we hope you have a wonderful spring, and we look forward to seeing you enjoy the beautiful parks throughout Buffalo Grove.

Dr. Larry Reiner

President of the Buffalo Grove Park District Board of Commissioners and Staff

Board of Commissioners

The Buffalo Grove Park District Park Board of Commissioners are five elected officials, each serving four-year terms. The Board is primarily a policy-making body that reflects the needs and interests of all taxpayers. Your personal participation is an integral part of this decision-making process. The Park Board meets the second and fourth Monday each month at the Alcott Center, 530 Bernard Drive, at 7 p.m. Please feel welcome to attend.



Dr. Larry Reiner
President



Jack Schmerer
Vice President



Scott Jacobson
Treasurer



Richard Drazner
Commissioner



Adriane Johnson
Commissioner

Facilities & Program Registration

Alcott Center

530 Bernard Drive
 (847) 850-2100
 TTY: Dial 7-1-1 or (800) 526-0844.
 Fax: (847) 459-5741
 E-mail: info@bgparks.org

Aquadome Pool

1100 W. Dundee Road
 (847) 459-2310

Buffalo Grove Fitness Center

601 W. Deerfield Parkway
 (847) 353-7500
 Fax: (847) 353-7530

Emmerich Park

150 Raupp Boulevard
 (847) 459-2311

Golf & Sports Center

801 McHenry Road
 (847) 459-2321

Raupp Museum

901 Dunham Lane
 (847) 459-2318
 Fax: (847) 459-3148

Spray 'N Play

951 McHenry Road
 (847) 793-0570 - Information

Twin Creeks Park

401 Aptakistic Road
 (847) 478-8721

Willow Stream Pool

600 N. Farrington Drive
 (847) 459-2309

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Alcott Center Front Desk & Registration Hours

Monday	8:30 am - 7:30 pm
Tuesday - Friday	8:30 am - 5 pm
Saturday	9 am - 12 pm

On-line, Drop off & fax registration available 24 hours a day.

Drop off box is located in the Alcott Center parking lot.

Register by fax: (847) 459-5741

Drop off and faxed registration forms received after office hours will be processed the next business day. Please call (847) 850-2100 with any questions.

Alcott Center Holiday Hours

March 26	Passover	Closed at 5 pm
March 29	Good Friday	Closed at 5 pm
March 31	Easter	Closed



CLICK & YOU'RE IN!

Online Registration is available

This symbol indicates online registration is available for the class or program listed.

See our website at

bgparks.org

Staff Directory

Administration

Dan Schimmel, CPRP	Executive Director	(847) 850-2109
Ryan Risinger, CPRP	Director of Recreation & Facilities	(847) 850-2122
Bill Heider, CPRP, CPSI	Superintendent of Parks	(847) 459-2311
John Short, CPA, CPRP	Business Manager	(847) 850-2114
Tim Beckmann	Risk Manager	(847) 850-2115
Mike Terson	Public Relations & Marketing Mgr.	(847) 850-2116
Kim Cashmore, CPRP	Superintendent of Recreation	(847) 850-2108
Greg Ney, CPRP	Superintendent of Recreation	(847) 850-2127
Kristy Vik, LPGA	Superintendent of Revenue Facilities	(847) 353-7505
Robin Racusen	Office Manager/Customer Service	(847) 850-2103

Recreation & Facilities

Rick Missing, CPRP	Facility Coordinator	(847) 850-2107
Andrew McDowell	Assistant Facility Coordinator	(847) 459-2321
Debbie Fandrei	Museum Curator	(847) 459-2318
Chuck Burgess, CPRP	Recreation Supervisor	(847) 850-2125
Terri Ebner	Recreation Supervisor	(847) 850-2117
Chris Eckert	Recreation Supervisor	(847) 850-2123
Melissa Lewis	Recreation Supervisor	(847) 850-2134
Alyson Stanczak, PPRP	Recreation Supervisor	(847) 850-2105
Erika Strojinc, CPRP	Recreation Supervisor	(847) 850-2133
Martha Westerberg, CPRP	Recreation Supervisor	(847) 850-2111
T.J. Wilkes	Athletic Supervisor	(847) 850-2199
Patrick Griffin	Aquatics Coordinator	(847) 850-2110
Bryan Adams	Recreation Specialist - Clubhouse	(847) 850-2119
Lindsay Grandt	Performing Arts Coordinator	(847) 850-2132
Gail Piggott	4-Year Preschool Director	(847) 850-2138
Jose Lanza	Head Custodian	(847) 850-2120
Yoni Matute	Custodian	(847) 850-2120

Business & Registration

Aleta Kahn	Accounting Specialist	(847) 850-2112
Eliza Hollis	Accounting Specialist	(847) 850-2113
Martha Weiss	Administrative Assistant	(847) 850-2104
Judith Kessler	Receptionist	(847) 850-2150

Fitness Center

John Wierzbicki	Assistant Facility Coordinator	(847) 353-7510
Carol Lucido	Membership Sales Manager	(847) 353-7520
Andrea Pfeiffer	Guest Services/Kids Club Manager	(847) 353-7525
Dave Anderson	Building Maintenance Manager	(847) 353-7557
Laura Camastro	Business and Marketing Specialist	(847) 353-7529
Marcy Abrams	Accounting Specialist	(847) 353-7540
Mike Jost	Member Services Specialist	(847) 353-7506
Dennis Houghton	Programs Specialist	(847) 353-7517
Felix Yarovsky	Equipment Specialist	(847) 353-7556

Parks 150 Raupp Boulevard - (847) 459-2311

Brian Faczek, CPSI	Supervisor of Parks
Bob Shiel	Supervisor of Mechanical Operations
Jim Holder, CPSI	Supervisor of Operations
Randy Croissant, CME	Fleet Manager
Jim Faczek	Grounds Foreman
Steve Houde	Grounds Foreman
Rosendo Soto	Grounds Foreman
Clint Poynor, CPO	Facilities Technician
Randy Smith, CPO	Facilities Technician
Matt Raupp	Athletic Field Maintenance
Mark Bajno	Athletic Field Maintenance
Tom Hoffman	Park Maintenance
Jose Soto	Park Maintenance
Tony Porreca, CPSI	Park Maintenance
Scott Buckley	Park Maintenance

Buffalo Grove Park District Mission Statement

The Buffalo Grove Park District Board of Commissioners and staff are committed to meeting the recreational needs and enriching the quality of life of all the residents of our park district. We are dedicated to upholding the values of service, excellence and integrity in the development of our parks, recreation programs and facilities and will continually strive to balance development with the preservation of open space.

Registration Information

General Program Registration Dates

Resident Registration

Begins: February 4

Nonresident Registration

Begins: February 11

All registrations received prior to the above dates and times will be processed at random.

Please note: All programs that are available for online registration are first-come, first-served and will fill up quickly.

Proof Of Residency

You must provide proof of residency the first time you register in order to receive Buffalo Grove Park District resident rates. Once you are in our system, you will not need to prove residency again unless your address changes. The only acceptable forms of proof include a valid driver's license or state identification card, or a current electric, gas, water or garbage bill.

Registration Information

The Park District's registration process was developed to permit fair access to Park District programs and services for all our residents.

- Complete your registration form(s), including second choice programs and signature. Unsigned forms or incorrect payments will delay the registration process.
- Make sure that all program codes indicate the classes you want. If the code is incorrect, it may delay your registration.

Waiting Lists

Wait lists are automatically created when we have more registrations for a program than we have space. Your receipt will indicate if you are registered for a program or on the waiting list. We will process refunds once we are certain that we cannot find an opening for you.

Second Choice Programs

Selecting a second choice increases the likelihood of getting into a program. Write your second choice in the shaded sections of the registration form. Please pay the total of the highest fees. If your payment is less than the necessary total, your registration cannot be processed. If the program you want is full, we will place you in your second choice program. If both programs are full, you will be placed on a waiting list for your first choice program and your fee will be refunded.

Refunds

- Full refunds will be issued for any program cancelled by the Park District.
- Participants may request refunds for programs up to 5 business days before the program's first meeting. In athletic programs and leagues, the program is considered to begin with its first practice.
- Refunds received with less than 5 business days notice will only be issued for a medical problem, when accompanied by a doctor's note.
- Refunds for trips and contractual workshops will only be issued if the spot can be filled from the waiting list.
- Once a program has ended, a refund will not be issued.
- A \$5 administration fee will be charged against your refunds, including medical problems, to cover clerical and administrative costs. There are no administrative fees charged when a program is cancelled by the Park District.
- Fees paid by credit cards will be refunded through charge account credits.
- If you register on-line and cancel online, you must call (847) 850-2103 to expedite a refund, otherwise the money will be credited to your account to be used towards future registrations.
- Refund processing takes 2 weeks.

Receipts

A confirmation of registration will be sent to you electronically if an e-mail address has been provided. If not, a receipt will be mailed to the address on the registration form. The Buffalo Grove Park District will reissue past receipts when a Receipt Request Form is completed. There is a \$5 fee per request. Receipt Request Forms are available on our website or at the Alcott Center. Once the fee is paid and the form is completed, please allow 5 days for processing.

Program Changes & Cancellations

- Programs are sometimes cancelled or altered due to low registration, changes in staff or facility availability.
- If your receipt indicates a program has been cancelled or altered, please contact the Park District right away at (847) 850-2100. We may be able to transfer your registration to another program of your choice.
- You are entitled to a full refund for a program that has been cancelled by the Park District.

Park District Advantages

If you live within the boundaries of the Buffalo Grove Park District, you are entitled to:

- Registration for limited programs before they are opened to non-residents.
- Pre-Registration for certain continuing programs.
- Resident rates for all programs.

The boundaries of the Buffalo Grove Park District and the Village of Buffalo Grove are not exactly the same. Some neighborhoods at the edges of Wheeling and Arlington Heights are in the Buffalo Grove Park District boundary. Other neighborhoods within the Village of Buffalo Grove are outside the Park District. If you are not certain whether you qualify as a resident, please check your property tax bill, or contact our registration office at (847) 850-2100.

Nonresident Fair Share Fees

Buffalo Grove Park District residents make significant contributions to the operation of the agency through their property taxes. This contribution is beyond the fees they pay for programs and services. The Fair Share fee policy was adopted by the Park District's Board of Commissioners to equalize this financial burden. Fair Share fees will be 25% more than the resident fee, up to a maximum of \$100.

Registration Form

Part 1 » Family Information (please print clearly)

Family's Last Name: _____ Address: _____ City: _____

Zip: _____ Home Phone: () _____ Alternate Phone Number: () _____

Name of Parent: _____ Parent's Work Number: () _____

Name of Parent: _____ Parent's Work Number: () _____

Head of Household's e-mail Address: _____

Part 2 » Fill in 1st and 2nd choice programs for each participant (Please pay the higher of the 2 fees when including 2nd choice programs)

Participant's Name	Sex	Birthdate	Program	Code Number	Age	Fee
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			

Please describe any accommodation needed for your enjoyment of this program: _____

Credit Balances of \$10 or less will be applied to your account. Total Fees = \$ _____

Part 3 » Signature

Waiver and Release of All Claims - Must be signed or registration cannot be processed.

Please read this form carefully and be aware that in registering yourself or your minor child/ward for participation in Buffalo Grove Park District programs, you will be waiving and releasing all claims for injuries you or your child/ward might sustain arising out of said programs.

I recognize and acknowledge that there are certain risks of physical injury to participants in the program(s) for which I have registered and I agree to assume the full risk of any such injuries, damages or loss, regardless of severity, which I or my child/ward may sustain as a result of participating in any activities connected or associated with any such program(s). I waive and relinquish all claims I or my child/ward may have against the Park District and its officers, agents, servants and employees as a result of participation in any of these program(s). I hereby fully release and discharge the Park District and its officers, agents, servants and employees from any and all claims from injuries, damage or loss which I or my child/ward may have or which may accrue to me or my child/ward on account of my participation or the participation of my child/ward in any of these program(s). I further agree to indemnify and hold harmless and defend the Park District and its officers, agents, servants and employees from any and all claims resulting from injuries, damages and losses sustained by me or by my child/ward, and arising out, connected with, or in any way associated with the activities of any of the program(s). Photo Disclaimer: Registrants and participants of programs and special events permits the Park District to take photos and videos of themselves and their child/ward for publication in the program brochure, website and additional uses as the Park District deems necessary unless the registrant or participant expressly files with the Park District a written objection as to photos or videos of themselves and/or their child/ward.

I have read and fully understand the program details and waiver and release of all claims.

Signature of Participant or Parent (If participant is under 18)

Date

Part 4 » Fill in Charge Card Information

This section must be filled out if you are using VISA, Mastercard or Discover

Charge My: _____

Visa Account Number _____

Mastercard Expiration Date _____



Discover Card holder (print name) _____

Amount of Payment \$ _____

Authorized Signature _____

Part 5 » Return your form to the Park District

Mail in, Drop off or Fax it in!

Buffalo Grove Park District
530 Bernard Drive
Buffalo Grove, IL 60089
Fax: (847) 459-5741

General Information

Americans With Disabilities Act

The Buffalo Grove Park District will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. We invite any resident with any special need to contact our staff, or our special recreation staff upon registration so that a smooth inclusion may occur. In addition to the programs listed within our program guide, our district also provides specialized services for people with disabilities through the Northwest Special Recreation Association (NWSRA). Feel free to contact NWSRA at (847) 392-2848 for more information.

If you have questions regarding the Park District's policy regarding ADA, or believe that you have been unfairly discriminated against in the provision of services or activities at the Buffalo Grove Park District, please contact Kim Cashmore, our ADA compliance officer, at (847) 850-2108. A procedure is available to you for the prompt resolution of your complaint.

Please attach a description of any accommodations needed to your registration form. This procedure will help ensure your enjoyment of our programs and events.

Illinois Relay Center

The Buffalo Grove Park District encourages people who have hearing or speech impairments to use the Illinois Relay Center if they wish to call the Park District. The service is available at no cost to those using a TDD or TTY.

If you use a TDD or TTY and want to call the Park District, or someone who uses a standard telephone, the Communications Assistant (CA) will voice your typed words to the person using a standard telephone and type the standard phone users words to you.

To use this service:

1. Dial 7-1-1 or (800) 526-0844.
2. When the Communications Assistant answers, type the telephone number of the person you want to call.
3. When the person answers, proceed as you would with a regular TTY call. Direct your conversation to the person you are calling, not to the Communications Assistant.
4. Type "GA" when you are ready for the other person to respond. When you are finished with your conversation, end the call by typing "GA or SK (stop keying)," giving the person you are calling an opportunity to continue or end the call.

Changes/Errors Disclaimer

Due to the large amount of information available in the Buffalo Grove Park District program guide, errors before or after publication may occur. We apologize for any errors in this publication, and we will advise you of any changes as quickly as possible. We will also attempt to keep information on our website, bgparks.org as current as possible. Thank you for your patience and understanding when these situations occur.

Park District Tours

Whether you are new to the area or are a longtime resident that has not been able to keep up with all of the development over the past few years, the Buffalo Grove Park District is offering tours of the Park District. It is a great way to learn about the more than 50 parks and facilities within the district, as well as an opportunity to ask any questions you might have regarding any of the hundreds of programs and events offered throughout the year. If you are interested in taking a tour, please contact Chris Eckert at (847) 850-2123 to schedule one.

Photo Disclaimer

Registrants and participants of programs and special events permit the Buffalo Grove Park District to take photos and videos of themselves and their children for publication in the program guide, website and additional uses as the Park District deems necessary unless the registrant or participant expressively files with the Park District a written objection as to photos or videos of themselves and/or their children.

Facilities

All facilities participants are expected to follow the rules of the facilities. Specialty areas of the facilities (example: Fitness Center and the pools) have posted signs stating special rules specific to that area. Disregard or abuse of facility rules may result in removal by staff or police from the facility for a designated length of time or permanently.

Warning Of Risk

Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Buffalo Grove Park District to guarantee absolute safety.



Volunteer Opportunities

Discover endless volunteer opportunities at the Buffalo Grove Park District. Who can volunteer at the Park District? Anyone! Opportunities are available for people of all ages and interests. With so many programs and projects to choose from, there's bound to be something you or your group will find interesting and rewarding.

Become a face in the park and volunteer today!

For more information, visit bgparks.org.

Accident Insurance

The Park District does not carry medical or accident insurance for program participants. Participants should review their personal insurance before registering for Park District programs to be certain of adequate coverage.

Behavior Policy

Part of the Mission of the Buffalo Grove Park District is to provide safe and wholesome programs, parks and facilities for our residents and guests. The Behavior Policy has been established to help fulfill this mission. We ask all staff, volunteers, participants and spectators to help us in our effort to provide the best possible environment to enjoy our recreation activities. The Behavior Policy is available for viewing at the Alcott Center or on our website at bgparks.org. Questions about this policy and the disciplinary procedure should be directed to the Director of Recreation and Facilities, or to the Superintendent of Recreation at (847) 850-2100.

Smoking

Smoking is not allowed on Park District property. This includes all parks, facilities, buildings, athletic fields, spectator/viewing areas and parking lots. Thank you for your cooperation.

After Hours Hotline

Need information? Try these telephone information lines, available 24 hours a day:

- (847) 850-2192 - Athletic Field Conditions and Program Cancellations due to inclement weather.
- To report acts of vandalism and/or hazardous park conditions, please call Jim Holder at (847) 850-2163.

Park Hours

Unless otherwise posted, all lighted parks close at 11 pm and non-lighted parks close at 10 pm. All parks open at 6 am.

Tennis Courts

The Buffalo Grove Park District has 24 outdoor tennis courts (see inside back cover for locations), including lighted courts at Emmerich, Willow Stream and Woodland Parks. Due to inconsistencies in seasonal weather conditions, tennis courts, nets and lights remain open and operational all year long.

Light Operation:

- Turn lights on by pressing the button near the entrance gate. Once turned on, the lights will remain illuminated for approximately 60 minutes.
- After 50 minutes a horn will sound.
- Once horn is heard, press the button again for an additional 60 minutes.
- Once lights turn off it will take approximately 15 - 20 minutes to re-light.
- All courts are playable until 10:30 pm.
- Please report any vandalism or switch problems by calling the Park District Vandalism Hotline at (847) 459-2311 ext. 168.

Observers

Observers of programs are also expected to behave appropriately. Parents, friends, and any other observer is held to the same standards of behavior as participants. If inappropriate behavior of a program observer is reported or observed by a staff person, the observer will be asked to leave by staff or police if necessary.

Tree Memorial Program

If you would like to commemorate a date, person, event or organization, you may arrange to have a tree of your choice planted in your favorite park. The Park District recognizes tree memorial donations with plaques at the Alcott Center. The Park District will consult families or individuals on the tree species and potential location. The Park District will complete all installations. All donations are tax-deductible. A brochure on the tree Memorial Program is available at the Alcott Center.

Gift Certificates

Give the gift of fun! The Buffalo Grove Park District offers gift certificates in any dollar amount. Park District gift certificates can be used towards any program, such as classes, camp, preschool and Clubhouse, or towards season passes at the pool or Golf and Sports Center. To purchase a gift certificate, call Robin Racusen at (847) 850-2103.



Concessions

If you are in our parks very often, you have probably seen the green utility vehicles and the portable concessions carts at some time. The Buffalo Grove Park District operates Jillie's Concessions and the Park Services Patrol from mid March thru mid November.

The Park Services Patrol assists our park patrons in a variety of ways, such as checking park and field rental permits, providing directions and first aid when necessary and assisting with special events. The Park District operates 2 concession stands at Willow Stream Park, as well as 4 portable concessions carts that serve hot and cold food, beverages, snacks and ice cream. You will see these carts at all of our large parks. Jillie's Concessions can also provide food, drinks or ice cream for any of your private parties or park events.

Private use of all of parks and fields requires a special permit. Applications and procedure information is available on our website at bgparks.org, or you may call (847) 459-2321 for more information. Reservations are not taken over the telephone. All applications must be completed and fees included before they can be processed.



Providing outstanding opportunities through recreation for children and adults with disabilities.

Buffalo Grove Park District is a member of a 17 park district cooperative which forms the Northwest Special Recreation Association (NWSRA). The NWSRA team of full-time therapeutic recreation professionals and trained part-time staff offer quality year-round recreation for individuals of all ages with disabilities.

NWSRA activities provide opportunities for children and adults with disabilities to have fun, make friends, be included, learn new things, go new places and celebrate their lives. After school, evening and weekend programs feature sports, games, arts and crafts, fitness, cooking, drama and more. Camps, trips and special events are planned throughout the year.

Inclusion Assistance

NWSRA provides assistance to individuals who wish to participate in their local park district programs. Indicate on the registration form if any accommodations are needed to successfully participate in the program. The Park District staff will contact NWSRA for assistance.

Learn More about NWSRA

For more information on NWSRA programs and to register online, visit nwsra.org. Brochures about NWSRA programs are available at the Administration Center or from NWSRA at Park Central, 3000 W. Central Road, Rolling Meadows. Contact NWSRA at (847) 392-2848 (voice); (847) 392-2855 (TTY); or (847) 392-2870 (FAX).

Leaders Needed

NWSRA is looking for energetic individuals looking to enrich the lives of NWSRA participants. If you are interested in working with NWSRA programs, please call (847) 392-2848 or visit nwsra.org/ns/join/employment.html.



Arson & Vandalism Tipster Program

Buffalo Grove Park District parks, buildings and playgrounds have become targets of vandalism, and even acts of arson. When a loss occurs, the result may be that buildings and playgrounds may not be usable and park grounds or trees are destroyed. Ultimately, the public losses access to these facilities, or programs using those facilities have to be cancelled until repairs can be made. Expenses for these repairs can easily be worth tens of thousands of dollars.

As much as the staff and local law enforcement officers try to prevent these incidents, it is sometimes local residents and park users that are the best source of information about who may be involved in these acts. The Buffalo Grove Park District has adopted the Arson and Vandalism Tipster Program. The program encourages the public to call the Park District Vandalism Hotline at (847) 459-2311 ext. 7 with information related to acts of arson or vandalism. Should that information lead to the arrest and conviction of a perpetrator or a conspirator, that person will receive a cash reward up to \$1,000. For more information, call Mike Terson at (847) 850-2116.



Active Duty Military Policy

The Buffalo Grove Park District Board of Commissioners admires the sacrifice of military personnel and their dependents, and wants to provide the support they need. The Board feels that these families should be able to enjoy the many parks, programs, memberships and facilities in our community. Therefore a comprehensive program is available to military personnel and their dependents residing within the Buffalo Grove Park District.

Joining the Park District are the Friends of the Parks Foundation and the Rusty Reiner Veterans Memorial Fund. These two groups have provided financial

support to supplement this Park District commitment. Combined with the Park District, these groups help make sure that most programs and services are available to active duty military personnel and their dependents. This policy is for active duty military personnel, including reservists called to duty.

Please call (847) 850-2100 for more information or to receive a scholarship application packet. All requests will remain confidential.

Rusty Reiner Veterans Memorial Fund

A fund has been established in memory of Vietnam Veteran Russell "Rusty" Reiner, a long-time Buffalo Grove resident. His daughter, former wife, parents, brother and many cousins still live in Buffalo Grove. The Reiner family partners with the Park District to provide a scholarship/fee assistance program for Active Duty Military personnel and their families.

If you are interested in participating in this program, as either a scholarship recipient, or as a contributor to the program, please contact Dan Schimmel, Executive Director, at (847) 850-2109.

The Buffalo Grove Park District thanks the Reiner family for their generosity in supporting financial relief to resident military families.

HAPPY TAILS DOG PARK



*Hours: Sunrise to Sunset
Open all year, but not maintained in winter.*

The dog park is only available to pass holders, which are now available to both residents and nonresidents. Permits are available for purchase at the Alcott Center. You can download the annual or daily use permit at bgparks.org and return it to the Alcott Center for processing.

In order to purchase a dog park permit, you will need to provide proof of Buffalo Grove Park District residency (Village and Park District borders are not identical) and a Village dog license.

Free parking is available at the south end of the train station. Out of consideration for residents in the neighborhood just west of the dog park, we ask that all dog park users refrain from parking on neighborhood streets and only use the parking lot at the Sidney Mathias Metra Train Station.



*Located at the south end of the parking lot at the Sidney Mathias Metra Train Station
835 Commerce Court
Buffalo Grove, IL 60089*



**Permits
are on sale
at the
Alcott
Center**

Walk the DOME



Do you enjoy walking for exercise, but hate braving the elements during the winter months? Get out of the cold! November thru March the Buffalo Grove Golf and Sports Center is open to walkers Monday thru Friday mornings from 8 - 9 am. Thanks to a generous donation by Culver's of Buffalo Grove, there is no fee. No registration required, just show up and join the fun.

Made possible by a generous donation from 

People In The Park



Congratulations to Buffalo Grove Park District Board President, Dr. Larry Reiner, on receiving recognition from the Illinois Association of Park Districts for 25 years of continuous service as a park district commissioner in Buffalo Grove.

As a professional in the field of parks and recreation, Dr. Reiner has been able to bring his knowledge and creativity in his role as an elected representative of the residents in the District. Some of the things that have happened during Dr. Reiner's 25 years on the Board include the acquisition and development of Mike Rylko Community Park, the Buffalo Grove Fitness Center, the Buffalo Grove Golf and Sports Center, the Happy Tails Dog Park, and the development of Twin Creeks Park, which houses Kendrigan Field, a baseball field specially designed to accommodate people with special needs and the home of Buffalo Grove's popular BGRA Buddy Baseball program.

The Buffalo Grove Park District Board of Commissioners and staff would like to congratulate Dr. Larry Reiner on this milestone, and thank him for dedicating over 25 years to the betterment of our community.

Presenting the award is Collette Kubiesa, President of the Illinois Association of Park Districts, and Peter Murphy, Executive Director of the Illinois Association of Park Districts. Also pictured (middle-left) is Buffalo Grove Park District commissioner Adriane Johnson.



Buffalo Grove Park District **Environmental Action Team**

The Buffalo Grove Environmental Action Team is a group of environmentally conscious local citizens eager to improve Buffalo Grove's natural environment and encourage sound and sustainable practices. Please join us - you can make a difference! For more information, please visit our page on the Park District's website at bgpat.org, or call Jeff Weiss at (847) 224-0965.



Rain Barrel Spring Sale

The Buffalo Grove Environmental Action Team is now selling rain barrels and composters for April 6 pickup at Mike Rylko Community Park from 9 - 11 am

Rain barrels can be used for watering gardens, lawns, cars and more. Natural rain water has the ideal pH level for plant growth. Harvest your own water and save money. These 55 gallon barrels are insect resistant, and each comes with a spigot and are easy to install.

A sample barrel is on display at the Alcott Center and information about all the other products and accessories is also available. Order forms can be found on the Park District website at bgparks.org. Pre-orders will only be accepted. No barrels or accessories will be sold on pick-up day. The ordering deadline for this pick-up day is March 29.

Rain Barrel - \$60*

- Black
- Gray
- Blue
- Terra Cotta

Authentic Wooden Rain Barrel (diverter included) - \$130

Blue Balcony Rain Barrel (30 gallon) - \$40

Black Tumbling Composter - \$120

Accessories

Wooden Pedestal to raise barrel 12" off the ground - \$20

Automatic Rain Diverter (fits 3" X 4" downspout) - \$25

Plant netting - \$10

Pressure pump - \$100

Why these rain barrels? Because these were previously used to ship food products, such as pickles, olives and sugar beets. Instead of being sent to the landfill, they are cleaned and re-fitted for water collection. They are very eco-friendly, as they are not using up new raw materials, and also keep waste from ending up in landfills. Reduce/Reuse/Recycle!

*Visit upcycle-products.com
for more information.*

**Buy a second rain barrel for \$55*

Special Events

at the Buffalo Grove Park District

Night Owl Egg Hunt



Bring your flashlights for this “eggciting” evening egg hunt! Children will search for hidden eggs in the park area and parents must accompany their children during the hunt. Children should be equipped with flashlights and baskets to collect the eggs. Find the specially marked egg and win a prize. Pre-registration is required. No registration will be accepted at the egg hunt. (ES)

Age: 5 - 12 years

Code	Day	Date	Time	R/NR Fee
37574	Wed	Mar 27	8 - 8:05 pm	\$5/\$6

Location: Willow Stream Park

Bow Wow Dog Event

Saturday, May 4

10 am - 12 pm

Happy Tails Dog Park

Free

Enjoy a variety of vendors, such as dog groomers, an adoption program, pet suppliers, veterinarians, grooming and many more. Your dog will also have a chance to meet and mingle with other dogs that speak their own language. All dogs must have current shots. This free event will be held outside, rain or shine. Contact Erika Strojinc at (847) 850-2133 for more information. Interested vendors should e-mail estrojinc@bgparks.org for an application.

Hershey Track & Field Games



Thursday, May 23

6 - 8 pm

Buffalo Grove High School

This national program introduces children 9 - 14 to physical fitness through basic track and field events, encouraging them to be the best they possibly can. Buffalo Grove Park District is hosting a local meet at the Buffalo Grove High School track. Winners of each event in each age group will advance to the state meet, with the possibility of attending the national meet. Participants must fill out a local meet entry form, which can be downloaded at bgparks.org (on the Hershey Track and Field page in the events section) and your child may participate in up to 3 events (not all running) as listed on the registration form. (BA)

Events/Age Group

9 - 10

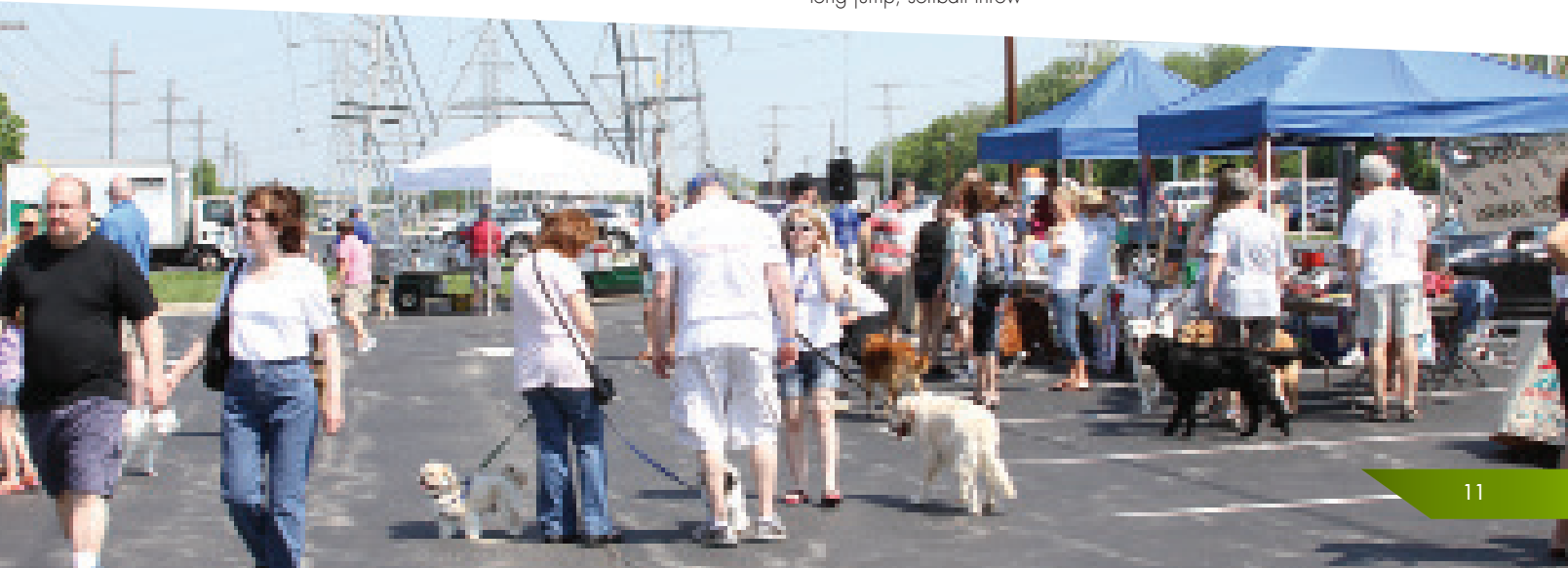
50m dash, 100m dash, 200m dash, 400m dash, 4 x 100m relay, standing long jump, softball throw

11 - 12

100m dash, 200m dash, 400m dash, 800m run, 4 x 100m relay, standing long jump, softball throw

13 - 14

100m dash, 200m dash, 800m run, 1600m run, 4 x 100m relay, standing long jump, softball throw



Bunny Bonanza



Saturday, March 30 • from 10 - 11:30 am
Willow Stream Park • 651 Old Checker Road

Gather your entire family and hop on over to Willow Stream Park for a morning full of free activities and fun! The festivities will kick off promptly at 10:15 am with our age specific egg hunts (age categories will be 2 - 4, 5 - 7 and 8 - 10), followed by face painting, games, pictures with the bunny and much more. Remember to bring baskets to collect your eggs. (ES)

Sponsored By:



Senior Expo Extravaganza A Rainbow of Opportunities



This is a free day for seniors and their families to enjoy

Sponsored by:



Senior Citizen Expo Extravaganza

Hosted by:



**FRIENDS
OF THE PARKS
FOUNDATION**

April 23 • Free to seniors and their families

Join us for the 13th Annual Senior Citizen Expo. This event, hosted by the Friends of the Parks Foundation and coordinated by the Buffalo Grove Park District and the Village of Buffalo Grove, provides a dynamic one-stop shop for seniors to interact with vendors and service providers, enabling them to become familiar with the wide range of services available to them. The expo will be held at The Arboretum Club, 401 Half Day Road, Buffalo Grove from 10 am - 1:30 pm. Flyers with additional information will be available at the Buffalo Grove Park District or the Village of Buffalo Grove. The grand prize raffle is sponsored by The Arlington Rehabilitation and Living Center. For further information please contact Terri Ebner at (847) 850-2117.

Battle of the Bands 2013



Battle Of The Bands

The Friends of the Parks Foundation presents Battle of the Bands! It's an all day competition held at Ivy Hall School. Band members must be between the ages of 12 - 21, with half the band's members being no older than 19. The winning band will get a spot to compete in a regional competition in July. The winner of the regional competition will compete in a statewide competition at the Illinois State Fair in August. A sound system will be provided; however, band members must supply all musical instruments. Rules and regulations apply. For more information, contact Erika Strojinc at (847) 850-2133.

Age: 12 - 21 years

Code	Day	Date	Time	Fee
37581	Sat	Apr 20	4 - 10 pm	\$40

Location: Ivy Hall School

GAMEWORKS **PLAY** *With Your* **FOOD**



**GREAT DEALS ON
GAMES & MEALS!**

DEAL COMBO



GET AN ENTREE AND A 1 HOUR GAME CARD FOR JUST \$14.99

CHOOSE FROM

- CHICKEN CAESAR SALAD
- COBB SALAD
- BUFFALO CHICKEN WRAP
- BLT WRAP
- FRENCH DIP
- CLUB SANDWICH
- GAMERS DELUXE
- ONE TOPPING PIZZA
- GW BURGER

* OFFER DOES NOT INCLUDE REDEMPTION GAMES

SUPERSIZE

**YOUR GAMING CARD!
ADD AN EXTRA HOUR FOR \$7!**

BIRTHDAY BONANZA

*Birthday parties can be hassle free when you let the Buffalo Grove Park District plan the party for you!
Call (847) 850-2126 for party availability.*

Basic Parties

Price - \$230

20 Children Limit

1½ Hours

All Basic Parties include:

- Instructors to run the party
- 1 hour activity time
- 30 minutes in party room
- Tablecloths, cake plates, cups, napkins, and plastic utensils

You provide:

- Cake, juice and any other refreshments needed
- Serving utensils
- Decorations

Goody bags are available for an extra \$5 per child.

Custom invitations available, including mailing, for an extra cost.

Game Day Sports

Age: 5 - 12

Your athlete will love this sports and game themed party. Activities include, but are not limited to, soccer, floor hockey, basketball, flag football, dodge ball, capture the flag, man from mars, and much more. Call to customize your unique game experience.

Mix It Up Cooking

Age: 4 - 12

If your child loves to help out in the kitchen, then this is the party for them. The party goers will learn to measure, mix, roll and cook with this birthday party. They will prepare a theme related food and art project. The possibilities are endless, call for details.

Dance Party

Age: 4 - 11

Come and celebrate your birthday with dancing, music and fun! Your birthday girl or boy can choose from a dance party with jazz, hip hop, pom pom, musical theater or a combination of all dances. An instructor will teach fun dance moves to your party star and guests, then they will perform their dance for the parents at the end of the party.

Princess Party

Age: 3 - 6

Have your little princess meet one of the Disney Princess' for a magical party! Our princess will play games and sing songs with the birthday girl and her guests, as well as participate in a special tea party. Specific Disney princess depends on availability.

Theater Party

Age: 6 - 12

Your theatrical birthday girl or boy will enjoy this 90-minute theater party. Your child will be the star of a show put together by the birthday party kids. The kids will start their party off with a few theater games and then choose parts and props to get them ready for the show. The instructor will lead the kids through a creative script that will have them up and performing in no time.

Glamour Girl Party

Age: 4 - 9

Get ready to be made into a super star with a new hair do and make-up. Go through our dress up bin to find the perfect outfit and finish off by learning a short dance and walking the red carpet for all the parents. Don't forget to bring your camera to take pictures of your glamour girls!

Bike Party

Age: 4 - 7

Bring your child and their friends to Safety Town for an exciting bike party! All bike parties include a safety lesson, followed by lots of hands-on experience on bikes and motorized cars in our Safety Town. Guests must bring a bike helmet and wear gym shoes.

Specialty Parties

Price - \$310

20 Children Limit

1½ Hours

All Specialty Parties include:

- Contractual Entertainment
- Instructors to run the party
- 1 hour activity time
- 30 minutes in party room
- Tablecloths, cake plates, cups, napkins, and plastic utensils

You provide:

- Cake, juice and any other refreshments needed
- Serving utensils
- Decorations

Goody bags are available for an extra \$5 per child.

Custom invitations available, including mailing, for an extra cost.

Pee Wee Magic & Balloon

Age: 1 - 3

Magician Gary Kantor presents a thrilling magic and balloon animal show specifically designed for this younger age group. Gary's magic will use stuffed animal characters from popular cartoon shows to amaze the children. You can even bring your child's favorite stuffed animal and make it part of the show. Balloon animals will be made for every child to take home after the show.

Wiggle Jiggle & Sing

Age: 1 - 5

Offer your guests a fun filled musical party experience. This party is led by Michelle Hunter, a professional music teacher and specialist in early childhood music and movement. Parties include singing, dancing, creative movement and playing musical instruments.

Magic

Age: 4 - 12

Make your party unique, entertaining and memorable with the magic of Gary Kantor. All parties are interactive and your child will become a magician before your eyes.

Sports Of All Sorts

Age: 4 - 10

Pick your sport and come have a ball! Soccer, Baseball, Floor Hockey, Kickball and other gym games. There will be one hour of any sport or a combination of sports. All necessary equipment will be provided and each child will receive a sports medal at the end of the party. Instruction and sports equipment provided by Sports R Us.

Pottery Painting Party

Age: 5 - 12

Sunshine Craft will guide your guests through an artistic adventure. Kids will select and paint a pottery art piece using acrylic paints and a variety of brushes, sponges and fingers. Finished art pieces are glazed and glitter-sprinkled, as selected by each painter, and taken home that day. All art materials are nontoxic, odorless and latex free. All art materials and smocks are provided.

Martial Arts & Tae Kwon Do

Age: 4 years and up

K.H. Kim's Tae Kwon Do knows how to throw a great birthday party, as your child becomes the Master of the Day and Star of the Show! Tae Kwon Do is fun for all ages and will be an unforgettable experience for all your partygoers. The children will receive a group martial arts lesson and will learn how to break their own board. It's guaranteed to be a hit. As a special treat, the children are sure to enjoy a short demonstration by the Master. The party will be fun, safe and supervised in a kid-friendly environment, and will provide a high energy outlet for active kids.

Yoga Bash Party

Age: 4 years and up • 15 Children Limit • \$345

Mind, body, fun! You and your guests will enjoy a completely unique party experience. The focus is on fun using yoga poses and breathing techniques to energize and strengthen our minds and bodies. We use yoga inspired music and movement to spark each of your guest's creativity and sharpen their concentration. Yoga Bash parties include invitations and take-home yoga mats. We offer additional giveaway ideas and specialty desserts.

Deluxe Bike Party

Age: 4 - 7

Bring your child and their friends to Safety Town for an exciting bike party! All bike parties include a safety lesson, followed by lots of hands-on experience on bikes and motorized cars in our Safety Town. Following the outdoor activity, the partygoers will play safety games and complete an arts and crafts project. Guests must bring a bike helmet and wear gym shoes.

LEGO

Age: 6 years and up

Come get locked into the world of LEGOs! This LEGO birthday party is delivered to you by LEGO Certified Professional Beth Weis. Boys and girls of all building abilities will love building over 100 pounds of LEGO bricks and elements. This party offers organized activities, free play, plus the special birthday person being built into a custom birthday tower.

Spray 'N Play

See
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Join us for an Ultimate or Splash Bash Party at the Spray & Play. Get relief from the heat and enjoy and outdoor party.

Golf & Sports Center

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Ultimate Sports Parties - Available September thru early May

Whether it's soccer, baseball, softball, flag football, lacrosse, golf or anything else, we have your party needs covered. We feature a large party patio, which offers umbrella picnic tables, chairs and benches. All packages include play time and party time! There are 4 party packages for you to choose from, or call our office to customize a party for your needs. In addition, to help with your party we supply birthday balloons, which can be taken home, tables, chairs and table covers. Cleats are not permitted inside of the facility. If applicable, participants may wish to bring personal golf clubs, baseball/softball gloves, bats, shin guards or other personal athletic equipment that may not be provided for the party. Catering is also available. To customize your event please call **(847) 459-2321**.



Please call
(847) 850-2126
for party availability.

Early Childhood

Early Childhood Program Requirements

- Correct age by the 1st day of class.
- Babysitting services are not available.
- Due to class maximums, friendship requests cannot be granted.
- All classes are held at the Alcott Center unless otherwise indicated.
- New curriculum each season in all classes.
- Siblings may not attend class unless otherwise indicated.
- If date of birth listed on registration form is different than the date of birth in the Park District's database, proof of birth date will be required prior to attending the first class.
- If child is under 3 years, a parent or caregiver must attend classes with child. Children 3 years and up attend classes without a parent or caregiver unless otherwise stated.

Gym Jammin' Music Fun With Miss Michelle

Join experienced early childhood music specialist Michelle Hunter as she engages you and your child in music making fun. Everyone will have a blast as we sing familiar and traditional songs, dance, play simple musical instruments, use puppets and end our day in the Large Motor Room. The music activities in this class are designed to develop your child's sense of rhythm, improve small and large motor skills, enhance language development, and promote musical play at home. Studies have shown that the earlier you engage your child in musical play, the more they benefit developmentally. The 11 am class is a family class and the discounted fee for siblings is \$47/\$59. Online registration is available for single child registrations only. If registering more than one child, you must fill out a printed registration form to get the sibling fee discount. (MW)

Code	Age	Day	Date	Time	R/NR Fee
37473	3-18 months	Tue	Apr 16-May 21	9:20-10 am	\$54/\$68
37476	3-18 months	Fri	Apr 19-May 24	9:20-10 am	\$54/\$68
37474	18-36 months	Tue	Apr 16-May 21	10:10-10:50 am	\$54/\$68
37477	18-36 months	Fri	Apr 19-May 24	10:10-10:50 am	\$54/\$68
37475	3 months-5 years	Tue	Apr 16-May 21	11-11:40 am	\$54/\$68
37478	3 months-5 years	Fri	Apr 19-May 24	11-11:40 am	\$54/\$68

Instructor: Hunter

Location: Twin Creeks Park

Sooo Big

Your baby is now Sooo Big! Enjoy this fun age through songs, rhymes, books and movement activities. Your child will also experience their first creative art. Meet other new parents and share parenting experiences. (MW)

Age: 10-18 months

Code	Day	Date	Time	R/NR Fee
37472	Fri	Apr 5-May 24	11 am-12 pm	\$79/\$98

Instructor: Ryczek

Location: Alcott Center

Tot Rock

Wiggle, giggle, dance and play; have some fun the Tot Rock way! Your tot will delight in this popular music exploration program! While improving your tot's fine and gross motor skills, we will use a variety of rhythm instruments, movement props and sensory items. Tot Rock is a parent participation class that involves structured and unstructured time. Sign up for both sessions, as the curriculum does not repeat. Don't miss this chance for fun and learning! Tots must be walking. (MW)

Age: 12-24 months and walking

Code	Day	Date	Time	R/NR Fee
37479	Sat	Apr 13-May 18	9:30-10:10 am	\$54/\$67

Instructor: Rock-It

Location: Alcott Center

Little Munchkins Preschool 2012-2013

This preschool class is perfect for children 18-24 months old by September 1, 2012. Enjoy rug time, playtime, art, music and more, just like in the big kids preschool. Parent or caregiver will attend all classes with child. Don't delay, because this exciting preschool class will fill quickly. Children in the fall Little Munchkins will priority register for the winter/spring classes. (MW)

Age: 18-24 months by September 1, 2012

Code	Day	Date	Time	R/NR Fee
37482	Wed	Apr 3-May 22	9:15-10:15 am	\$79/\$98
37483	Wed	Apr 3-May 22	10:30-11:30 am	\$79/\$98

Instructor: Ellingsen

Location: Twin Creeks Park



Jump Into Books

Jump into the world of literature! Each week, we will read a new book and the children will explore that book like never before through art, songs, games and other activities. We will read books like Chicka Chicka Boom Boom (create our own rhythm band) or Cloudy with a Chance of Meatballs (paint with maple syrup). Siblings are not required; however, there is a discounted rate for them (\$59/\$73). Online registration is available for single child registrations only. If registering more than one child, you must fill out a printed registration form to get the sibling fee discount. There is a new curriculum each season. (MW)

Age: 18 months - 3 years

Code	Day	Date	Time	R/NR Fee
37617	Thu	Apr 4 - May 23	10:15 - 11:15 am	\$79/\$98

Instructor: Ellingsen

Location: Twin Creeks Park

Wee Me

Each week, we will enjoy stories, art and learning activities, and large motor fun. All activities are developmental, open ended and appropriate for all ages. Come and join us for the fun! There are new stories each season. Siblings are not required; however, there is a discounted rate for them (\$45/\$56). Online registration is available for single child registrations only. If registering more than one child, you must fill out a printed registration form to get the sibling fee discount. (MW)

Age: 18 months - 4 years

Code	Day	Date	Time	R/NR Fee
37480	Fri	Apr 5 - May 17	9:30 - 10:30 am	\$69/\$86

Instructor: Phoenix

Location: Alcott Center

37481	Mon	Apr 8 - May 20	9:30 - 10:30 am	\$69/\$86
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Instructor: Phoenix

Location: Twin Creeks Park

Kid Rock

Sing! Dance! Play! Make it a musical day! Kid Rock is a unique musical adventure that combines play and learning through music. Activities include singing songs and rhymes, moving creatively, participating in imaginative play, using a variety of rhythm instruments and props, and practicing fine and large motor skills. Kid Rock is a structured class with parent participation. There is a new curriculum each season. Have some fun today! (MW)

Age: 2 - 3 years

Code	Day	Date	Time	R/NR Fee
37484	Sat	Apr 13 - May 18	10:15 - 10:55 am	\$54/\$67

Instructor: Kid Rock

Location: Alcott Center

Totally Dudes

Calling all boys! Pirates, dinosaurs, trucks, trains, sports, jumpin' and playin'. This class is just for boys! Each week will be a different theme, and we will make a project, include a little science and math, have time in the Motor Room, and just celebrate being boys. There is a new curriculum each season. (MW)

Age: 3 - 5 years

Code	Day	Date	Time	R/NR Fee
37486	Tue	Apr 2 - May 21	1 - 2 pm	\$79/\$98

Instructor: Ryczek

Location: Alcott Center

Princesses On Parade

Have fun with your favorite princesses and just celebrate being girls! Each week, we will talk about different princesses and do other fun girl stuff. We will read a story, make a project, and do some singing and dancing. On the last day, we will wear our princess costumes and have a tea party. There is a new curriculum each season. (MW)

Age: 3 - 5 years

Code	Day	Date	Time	R/NR Fee
37485	Thu	Apr 4 - May 23	1 - 2 pm	\$79/\$98

Instructor: Hoyland

Location: Alcott Center

Going On A Safari

Grab your ticket and backpack, you are going on a safari! You will see aardvarks, lions, monkeys and many more African animals. We will make tickets and backpacks, and explore the animals' habitats through art, math, stories and the motor room. Hop on, let's go! There is a new curriculum each season. (MW)

Age: 3 - 5 years

Code	Day	Date	Time	R/NR Fee
37487	Mon	Apr 8 - May 20	1 - 2 pm	\$69/\$86

Instructor: Hoyland

Location: Alcott Center

For a variety of early childhood summer camp programs for 2 - 5 year olds, see page 39.

Young Rembrandts Preschool Drawing

Your preschooler's mind is hard at work building the knowledge and skills it will use for a lifetime. Now, more than ever, it's important to challenge their curious minds with activities that will keep them engaged and eager to learn. The Young Rembrandts preschool program is specifically designed with the needs of our youngest learners in mind. We use subjects they're familiar with, such as animals and toys, as well as their favorite learning tools (pictures, stories, touching and doing) to enhance social and conflict resolution skills, while improving listening, fine-motor skills, and time-on-task. Give your preschooler the information they're hungry for and be amazed by what they'll create. There are all new lessons every session. (ES)

Age: 3½ - 5 years

Code	Day	Date	Time	R/NR Fee
37555	Thu	Apr 4 - Apr 25	3:30 - 4:15 pm	\$47/\$58
37556	Thu	May 2 - May 23	3:30 - 4:15 pm	\$47/\$58

Instructor: Young Rembrandts Location: Alcott Center

Picasso's Workshop Expressions In Paint & Clay

This workshop is all about expressing yourself! Students will learn the basics of painting and sculpture, and will be offered the chance to work with watercolor, acrylic and clay. Learn to paint animals, sculpt funny characters and create colorful works of art. All sessions incorporate Scholastic Art Lesson Plans and are taught by published artists and certified teachers. Each individual class offers new art projects. All supplies are included, but please bring a smock. (ES)

Age: 3 - 7 years

Code	Day	Date	Time	R/NR Fee
37558	Wed	Apr 3 - Apr 24	3:30 - 4:30 pm	\$74/\$92
37557	Wed	May 1 - May 22	3:30 - 4:30 pm	\$74/\$92

Instructor: Picasso's Location: Alcott Center

Math & Motor

Math is everywhere! Join us as we find math in the Motor Room, like shapes, measuring, estimating, addition and subtraction, then move into the classroom to do more math activities. Your child will learn new math skills in a hands-on fun way. There is a new curriculum each session. (MW)

Age: 4 - 5 years

Code	Day	Date	Time	R/NR Fee
37489	Fri	Apr 5 - May 17	1 - 2 pm	\$69/\$86

Instructor: Ryczek Location: Alcott Center

Hands On Art - Clay Creations

This class will focus on the fundamentals of clay building and design, working primarily with self-hardening clay. Each project will be constructed, dried, painted and brought home 1 week after it is started. (MW)

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
37618	Tue	Apr 2 - May 21	1 - 2 pm	\$79/\$89

Instructor: Cohen Location: Alcott Center

Art Enrichment Pottery Paint & Story Time

Each week, the kids will hear a great story and paint a related pottery project. An example is "The Very Hungry Caterpillar," with the kids painting a caterpillar or butterfly. The painting lessons will emphasize all the elements of art and painting, including brush use, sponging, shading and more. Kids will come home with great self-esteem, confidence, and a love of art, as well as cool, colorful projects. Art smocks are recommended. Finished projects will be glazed immediately and taken home at the end of the session. All materials are nontoxic, odorless and latex free. (ES)

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
37553	Mon	Apr 1 - Apr 22	9:30 - 10:30 am	\$69/\$86
37554	Mon	Apr 29 - May 20	9:30 - 10:30 am	\$69/\$86

Instructor: Sunshine Craft Location: Alcott Center

Hands On Art - Alphabet Art

This is a new way to experience the alphabet, where reading readiness and art come together in one fun class. Each week, we will focus on a different letter through a story and art activity. (MW)

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
37517	Wed	Apr 3 - May 22	1 - 2 pm	\$69/\$86

Instructor: Cohen Location: Alcott Center



Super Twos & Terrific Threes

See page 24 for more details.

3 & 4 Year old Preschool

See pages 25 & 26 for more details.



Buffalo Grove Park District DISCOVERY KIDS



Junior Scientists

Grab a magnifying glass and become a junior scientist for the fall! Explore magnets, dinosaurs, our super senses, and find science magic indoors and outdoors. We will do experiments, learn how to collect data, and draw conclusions just like real scientists do. There is a new curriculum each session. (MW)

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
37488	Thu	Apr 4 - May 23	1 - 2 pm	\$79/\$98

Instructor: Ellingsen

Location: Alcott Center

Hands On Art - Mixed Media Mania

Join us to create masterpieces! Each week, we will focus on different kinds of art, such as 3-D, sculptures and painting using different tools and kinds of paint, paper collages and more. (MW)

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
37746	Thu	Apr 4 - May 23	1:30 - 2:30 pm	\$79/\$98

Instructor: Cohen

Location: Twin Creeks Park

37518	Sat	Apr 6 - May 8	9:30 - 10:30 am	\$69/\$86
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Instructor: Cohen

Location: Alcott Center

Discovery Kids - Kindergarten Enrichment 2012-2013

Walk into Discovery Kids and you will see a room that is humming with activity with each child busy and engaged in a wide variety of learning activities. Our curriculum is based on the Super Seven: literacy, writing, math, science, art, large motor, and social studies. We enrich the kindergartens' curriculums using thematically centered lessons and activities, such as oceans, planets, our bodies and the weather. Classes have degreed teachers, an 8:1 ratio and a maximum of 16 children. If your child is not bringing lunch, register for one of the 2½ hour options. Inexpensive busing is available to or from most schools. Pay one month's cost when you register. The remainder of payment will be due April 15 and May 15. After the class begins, no refunds will be given for early withdrawal. If you have any questions, please call Martha Westerberg at (847) 850-2111.

Age: 5 - 6 years

Code	Day	Date	Time	R/NR Fee
37506	M, W, F	Apr 1 - May 31	9 - 11:30 am	\$488/\$538
37501	M, W, F	Apr 1 - May 31	9 am - 12 pm	\$585/\$635
37503	M, W, F	Apr 1 - May 31	11:45 am - 3 pm	\$585/\$635
37502	M, W, F	Apr 1 - May 31	12:30 - 3 pm	\$488/\$538
37509	Mon, Wed	Apr 1 - May 29	9 - 11:30 am	\$318/\$368
37510	Mon, Wed	Apr 1 - May 29	9 am - 12 pm	\$383/\$433
37513	Mon, Wed	Apr 1 - May 29	11:45 am - 3 pm	\$383/\$433
37512	Mon, Wed	Apr 1 - May 29	12:30 - 3 pm	\$318/\$368
37505	Tue, Thu	Apr 2 - May 30	9 - 11:30 am	\$337/\$387
37490	Tue, Thu	Apr 2 - May 30	9 am - 12 pm	\$405/\$455
37504	Tue, Thu	Apr 2 - May 30	11:45 am - 3 pm	\$405/\$455
37507	Tue, Thu	Apr 2 - May 30	12:30 - 3 pm	\$337/\$387
37514	Wed	Apr 3 - May 29	9 - 11:30 am	\$169/\$219
37491	Wed	Apr 3 - May 29	9 am - 12 pm	\$202/\$252
37495	Wed	Apr 3 - May 29	11:45 am - 3 pm	\$202/\$252
37494	Wed	Apr 3 - May 29	12:30 - 3 pm	\$169/\$219
37492	Thu	Apr 4 - May 30	9 - 11:30 am	\$169/\$219
37493	Thu	Apr 4 - May 30	9 am - 12 pm	\$202/\$252
37497	Thu	Apr 4 - May 30	11:45 am - 3 pm	\$202/\$252
37496	Thu	Apr 4 - May 30	12:30 - 3 pm	\$169/\$219

Instructor: Sirois

Location: Alcott Center

Busing

Code	Day	Fee
37508	Mon, Wed, Fri	\$143
37511	Mon, Wed	\$94
37498	Tue, Thu	\$99
37499	Wed	\$50
37500	Thu	\$50

Clubhouse Connection

Need longer day coverage?
For an additional small busing fee, your child can be picked up or dropped off at our Clubhouse before and after school care program at the following schools: Kllmer, Longfellow, Pritchett and Tripp. For more information, contact Martha Westerberg at (847) 850-2111.



Preschool

Buffalo Grove Park District



The Preschool Center features:

- Bright, colorful air-conditioned rooms.
- 2 beautiful outdoor play areas.
- 2 spacious indoor play areas.
- Classrooms equipped with direct-line emergency phones.
- Convenient parking.
- Experienced, degreed professional staff.
- Small class sizes with 2 teachers per class.

By attending the Buffalo Grove Park District Preschool, your child will:

- Be better prepared for life-long learning.
- Receive personalized attention through low teacher:student ratios.
- Learn and grow at his/her own pace.
- Appreciate and learn respect for difference.
- Develop a fit and healthy love for exercising and sports through the use of our Circle Room, Large Motor Room and outdoor playgrounds.
- Gain social skills through play, stories, songs and group activities.
- Develop a sense of community and belonging through the friends he/she will make.

Payment Information

When you register for 2013 - 14 Super Twos, Terrific Threes, Three and Four Year Preschools, you will have 3 payment options.

1. EFT - Electronic Funds Transfer from your bank account
2. Automatic credit card payments
3. Payment for the full year with cash, check or credit card

New early bird registration! Register before July 1 and pay the early bird registration fee of \$100 (\$75 for Super Twos). After July 1 the registration fee is \$150 (\$100 for Super Twos). The fee payments will be charged to your bank account or credit card on July 15, 2013, November 15, 2013, and February 15, 2014.





2013 - 2014 Preschool Open House

Saturday, February 2 from 10 am - 12 pm

Visit the Super Twos, Terrific Threes and Three and Four Year Preschool classrooms.
Meet the teachers, learn about our preschool and see our beautiful classrooms.

These later dates will give your child more time to settle into this year's preschool and to mature, making it easier for you to decide what days and times will be best for you and your child.

Registration Information



Resident Lottery & Registration

Residents not currently in Buffalo Grove Park District Preschool - 7 pm

Please be sure to bring:

- Proof of residency
- Child's proof of age
- \$100 nonrefundable, nontransferable registration fee required (\$75 for Super Twos)
- Cash, credit card or check made payable to the Buffalo Grove Park District

Nonresident Registration

Nonresidents not currently in Buffalo Grove Park District Preschool - 7:30 pm

Please be sure to bring:

- Child's proof of age
- \$100 nonrefundable, nontransferable registration fee required (\$75 for Super Twos)
- Cash, credit card or check made payable to the Buffalo Grove Park District

Priority Registration

Children currently enrolled in Super Twos, Terrific Threes and Three Year Old Preschool will have priority registration before regular registration begins. Priority registration information will be given in your child's class.



September 2013 - May 2014

Terrific Threes, for children who miss the September 1 preschool deadline, and turn 3 between September 2, 2013 and December 31, 2013.

- Children may be in Pullups®.
- Class will be 1½ hours in the fall (9:30 - 11 am), 2 hours beginning after Thanksgiving (9:30 - 11:30 am).
- Proof of age and a \$100 nonrefundable, nontransferable deposit is required with registration (\$100 deposit is separate from the total year fee).
- Parents are required to help in the classroom a total of 6 times during the year.

Age:	2 - 3 years		Total Year
Code	Day	Time	R/NR Fee
37104	Mon, Wed	9:30 - 11 am	\$1035/\$1135
37105	Tue, Thu	9:30 - 11 am	\$1110/\$1210

September 2013 - May 2014

This transitional class will help children learn to play with others, develop appropriate cognitive skills and gradually separate from the parent.

- For children 2 years old by September 1, 2013.
- Proof of age and a \$75 nonrefundable, nontransferable deposit is required with registration (\$75 deposit is separate from the total year fee).
- Siblings may not attend any class.
- September - Thanksgiving parent attends entire class with the child.
- December and January parent is with child the first and last 15 minutes of class. Parents leave the classroom, but remain onsite.
- Parents do not attend class February - May, completing the gradual separation.
- Parents are required to help in the classroom 2 times in winter and 2 times in spring.

Age:	2 years		Total Year
Code	Day	Time	R/NR Fee
37107	Mon, Wed	9:15 - 10:45 am	\$840/\$940
37108	Mon, Wed	11 am - 12:30 pm	\$840/\$940
37109	Tue, Thu	9:15 - 10:45 am	\$900/\$1000
37111	Fri	9:15 - 10:45 am	\$390/\$490

Children enrolled in Super Twos and Terrific Threes Preschool will priority register for Three Year Old Preschool in **2014 - 2015.**

For questions concerning Super Twos or Terrific Threes please contact **Martha Westerberg** at (847) 850-2111.



Children enrolled in Three Year Old Preschool will priority register for Four Year Old Preschool in **2014 - 2015.**

September 2013 - May 2014

The Three Year Old Preschool focuses on learning through play, stories, songs and group activities. Children will make new friends and develop their social skills while becoming more aware of the world around them. Fine motor skills are developed through art activities and large motor skills are gained through use of the Gym, Large Motor Room and our Preschool Circle Room. Caring, professional teachers and bright, inviting classrooms provide children with a comforting and exciting educational environment. Children may be in Pullups® until January.

- Child must be 3 years old by September 1, 2013
- Proof of age and a \$100 nonrefundable, nontransferable deposit is required with registration (\$100 deposit is separate from the total year fee).
- Parent helpers are essential to the preschool and help to enrich each child's preschool experience. Parents will help 6 times during the school year for M, W, F or 5 times for Tue, Thu. Parents unable to help will pay an additional \$20 each with each payment.

For questions concerning the Three Year Old Preschool please contact Martha Westerberg at (847) 850-2111.

Good To Know:
Children may be in Pullups® until January.

2½ Hour Class

Code	Day	Time	Total Year R/NR Fee
37096	M, W, F	9 - 11:30 am	\$2225/\$2325
37097	M, W, F	9 - 11:30 am	\$2225/\$2325
37099	Tue, Thu	9 - 11:30 am	\$1550/\$1650
37100	Tue, Thu	9 - 11:30 am	\$1550/\$1650

3 For 3s - 3 Hour Class

Classes begin as 2½ hours (9 - 11:30 am) and extend to 3 hours (9 am - 12 pm) after Thanksgiving through May. When class extends to 3 hours, children will bring their lunch each day.

Code	Day	Time	Total Year R/NR Fee
37102	M, W, F	9 am - 12 pm	\$2525/\$2625
37103	Tue, Thu	9 am - 12 pm	\$1770/\$1870

Lunch 'N More

Does your 3 or 4 year old keep asking "is it Preschool today?" Parents, would you like a little more time? Then sign up for Lunch 'N More on Wednesdays or Thursdays. We will play in the Large Motor Room, eat lunch (children bring their lunch) and have playtime. This is for Buffalo Grove Park District Preschoolers. (MW)

Age: 3 - 5 years

2½ Hour Preschoolers will be picked up at the end of their class by the Lunch 'N More teachers. You will pick up your child at 1 pm

Code	Day	Date	Time	R/NR Fee
37522	Wed	Apr 3 - May 22	11:30 am - 1 pm	\$108/\$135
37523	Thu	Apr 4 - May 23	11:30 am - 1 pm	\$108/\$135

3 For 3s children will be picked up in their classroom and stay until 1 pm

Code	Day	Date	Time	R/NR Fee
37520	Wed	Apr 3 - May 22	12 - 1 pm	\$72/\$90
37521	Thu	Apr 4 - May 23	12 - 1 pm	\$72/\$90



September 2013 - May 2014

Established in 1968, our Four Year Old Preschool continues to provide a quality preschool experience that will enrich the social, emotional and intellectual growth of your four year old. Our goal is to have your child learn at their own pace through a variety of exciting experiences that will build a foundation of a love for learning and school. Our degreed, professional staff (2 teachers per classroom) and small class size allow for individual attention. Communication with Kindergarten teachers from the school districts we serve allows us to key in on important Kindergarten readiness skills. As a parent helper, you have a unique opportunity to share in your child's preschool experience.

- Child must be 4 years old by September 1, 2013 and toilet trained to attend.
- Proof of age and a \$100 nonrefundable, nontransferable deposit is required at registration.
- Parents help two times in the fall, winter and spring for M, W, F program, or one time in the fall, winter and spring for Tue, Thu.
- Parents who are unable to help in the preschool classroom will pay an additional \$20 each session.
- Registration is only accepted in person at the Alcott Center.

2 ½ Hour Class

These classes follow the traditional 4 Year Old Preschool curriculum, focusing on kindergarten readiness. Computer activities, as well as gym and large motor room time are part of the weekly activities. Children have the option of staying at school until 12:30 pm on selected days to participate in Lunch Bunch for an additional fee.

Code	Day	Time	Total Year R/NR Fee
37086	Tue, Thu	9 - 11:30 am	\$1550/\$1650
37084	M, W, F	9 - 11:30 am	\$2225/\$2325
37085	M, W, F	9 - 11:30 am	\$2225/\$2325

2 Days - Four For Four

An extended class offering an enrichment of kindergarten readiness skills, with an emphasis on math, computer activities, fun nature studies and small group activities. Children will bring their lunch each day.

Code	Day	Time	Total Year R/NR Fee
37087	Tue, Thu	9 am - 1 pm	\$2342/\$2442

3 Days Plus

These classes offer an extended day, incorporating the important aspects of kindergarten readiness and expanding the current 4-year curriculum. Class #37082 focuses on multicultural awareness and the fine arts of music, drama and art. Class #37083 focuses on early literacy and pre-reading skills. Children will bring their lunch each day.

Code	Day	Time	Total Year R/NR Fee
37082	M, W, F	9 am - 1 pm	\$3341/\$3441
37083	M, W, F	9 am - 1 pm	\$3341/\$3441

For questions concerning the Four Year Old Preschool or if you would like to observe a class
Please contact Gail Piggott at (847) 850-2138.

Safety Town

Safety Town Chefs Go Around The World

Travel around the world creating delicious recipes everyone will enjoy! Yes, dinner will be served. Fire safety will be taught weekly, as well as the handling of food and cooking utensils. There will also be discussion about electrical safety, microwave cooking, and nutrition. Each chef will take home a recipe book at the end of the session. (ES)

Code	Age	Day	Date	Time	R/NR Fee
37784	4 - 7 years	Tue	Apr 9 - May 14	4:30 - 6 pm	\$118/\$147
37785	8 - 12 years	Thu	Apr 11 - May 16	5 - 6:30 pm	\$118/\$147

Instructor: V. Gangware

Location: Twin Creeks Park

Safety Town Saturdays - Spring Into Safety

Join us for a day of safety! This 6-week session will prepare students for the summer months and outdoor adventures, including camping, family vacations, day camp, bicycle riding, water, sports, and especially stranger danger. The students will be able to get outdoors on our Safety Town course only the last 3 weeks of the program. Bikes and motorized cars are provided. Professional visitors will be a part of this program. Each participant must bring a helmet and wear shoes and socks to the last 3 weeks of the program. **No class on May 4 and 25.** (ES)

Age: 4 - 7 years

Code	Day	Date	Time	R/NR Fee
37783	Sat	Apr 13 - June 1	9:30 - 11:30 am	\$95/\$118

Instructor: V. Gangware

Location: Twin Creeks Park



Good To Know

If you are looking for new ideas for Scout meetings or need help accessing safety programming to fulfill Badge or Patch requirements, Safety Town can help! We are flexible and can assist you with all topics related to safety. To inquire, please contact Erika Strojinc at (847) 850-2133.

Safety Town Birthday Parties

Have your child's special day at our Safety Town Facility at Twin Creeks Park! Parties run May 1 through September 30. For more information call (847) 850-2133.

Bike Party

Cost \$230 - 20 Children Limit

Bring your child and their friends to Safety Town for an exciting bike party! All bike parties include a safety lesson, followed by lots of hands-on experience on bikes and motorized cars in our Safety Town. Guests must bring a bike helmet and wear gym shoes.

Deluxe Bike Party

Cost \$310 - 20 Children Limit

This party includes everything from the basic party plus safety games and an arts & crafts project. Guests must bring a bike helmet and wear gym shoes and socks.



Youth Programs

Magic Class



Children are guaranteed to have a great time as they learn fascinating tricks from a professional magician! Amaze family and friends with tricks that involve cards, ropes, coins, mind reading and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided and each child receives a magic kit to take home. Children are grouped by age level and always learn tricks that are age appropriate. Additionally, children can sign up for this class again and again since brand new tricks are taught at each session. (CE)

Age: 5 - 12 years

Code	Day	Date	Time	R/NR Fee
37365	Mon	May 13	6:30 - 7:25 pm	\$20/\$25

Instructor: Magic Team of Gary Kantor Location: Alcott Center

Chess Club



Make the right move and learn the fine art of chess. Chess is a wonderful game of skill and strategy that promotes critical thinking and teaches many skills, including problem solving, decision-making, logic, reasoning, patience and persistence. Learn from certified chess coach, Frank Swindell and be able to challenge others at the game. Frank has numerous students in the top 100 and his chess team has won Nationals. In 2007, he had instructed a Kindergarten State Champion, an 8th grade State Champion and a 4 time consecutive State Champion. Instruction will be geared toward individual ability, so beginners and advanced students are both welcome. Each registrant will receive a free chess board and chess pieces. We accept late registrants. (CE)

Grade: K - 8

Code	Day	Date	Time	R/NR Fee
37319	Mon	Apr 1 - May 20	5:30 - 6:30 pm	\$115/\$144

Instructor: Swindell Location: Alcott Center

How To Make Balloon Animals & More



Did you ever want to learn how to make those cool balloon animals that you see at parties? Well, now you can. With just a little practice, children will learn the techniques needed to take a plain balloon and transform it into fascinating balloon animal creations, like dogs, butterflies, swords and more. At the end of the class, children will get to take home all of the things that they made. And, this class isn't just for the kids. Parents are more than welcome to join their children in the class at no extra charge. (CE)

Age: 6 - 13 years

Code	Day	Date	Time	R/NR Fee
37366	Tue	Apr 23	6 - 7:15 pm	\$25/\$31

Instructor: Magic Team of Gary Kantor Location: Alcott Center

NEW Blown Away For Earth Day



Celebrate Earth Day by investigating the science behind our sources of energy. Where does power come from and how do we use it? Then, let the creative winds blow as you create your own ultra-efficient air-powered car out of recycled and repurposed materials. We'll plan, design, decorate and initiate our own jaw-dropping demonstrations. We supply the materials, you supply the air power. (ES)

Grade: 3 - 7

Code	Day	Date	Time	R/NR Fee
37769	Mon	Apr 22	6:30 - 7:30 pm	\$12/\$15

Instructor: Outside-In-Learning Location: Alcott Center

NEW Sandwich Geology



Who doesn't like to dig into their food, literally? After a brief introduction to rocks and minerals, we'll turn our imagination loose and use yummy building materials to create a rock sandwich. Of course, to truly explore how natural forces create rock layers, fault lines and mountain ranges, we'll have to tear it apart and sample it too. Upon registration, please make us aware of any food allergies. (ES)

Grade: 3 - 8

Code	Day	Date	Time	R/NR Fee
37573	Wed	Apr 3	6:30 - 7:30 pm	\$13/\$16

Instructor: Outside-In-Learning Location: Alcott Center

NEW Mandarin Chinese



Come discover Mandarin Chinese with highly qualified curriculum designed for English speaking children who have a desire to learn. This first level is designed for all beginners. The program has been carefully developed by educational specialists in the field of foreign language instruction. Students build oral language skills through games, songs, and hands-on activities. A workbook is included. (ES)

Code	Grade	Day	Date	Time	R/NR Fee
37770	2 - 5	Wed	Apr 3 - June 19	4:30 - 5:15 pm	\$169/\$210
37771	6 - 8	Wed	Apr 3 - June 19	5:30 - 6:15 pm	\$169/\$210

Instructor: Discovery Location: Alcott Center

Safe Sitter Babysitting Class



The Safe Sitter program is a medically accurate childcare curriculum, designed to prepare 11 - 13 year olds to be safe and nurturing babysitters. Our instructors will teach important life skills and safe habits in this high quality course. Students learn about a wide variety of topics through discussion, practice and role-play. Classes run 2 consecutive Fridays, and every student must attend both classes for completion. (ES)

Age: 11 - 13 years

Code	Day	Date	Time	R/NR Fee
37559	Fri	Apr 19 - Apr 26	6 - 9 pm	\$50/\$62
37560	Fri	May 10 - May 17	6 - 9 pm	\$50/\$62

Instructor: Safe Sitter Location: Twin Creeks Park

Computer Game Design

Ever wish your kids would do more with the computer than sit and play video games? What if they created their very own computer game program? This course uses specially designed software with a graphical programming language so children can easily create multimedia computer games and animations. Developing a script or program is done by simply snapping together graphical program blocks, much like LEGO bricks or puzzle pieces. Participants will learn to create computer games with custom background settings, characters, animated movements, sound effects and more. Students will receive a USB drive with the game design software and games they made to take home at the conclusion of the class, but will not get to take the computer home. If you're new to our Computer Game Design course, we will get you started quickly. If you've previously attended our class, we will be introducing a new game so you'll get to learn some new techniques. (CE)

Age: 9 - 13 years

Code	Day	Date	Time	R/NR Fee
37375	Sat	Apr 6 - Apr 27	11:30 am - 1 pm	\$95/\$120

Instructor: Program To Learn

Location: Alcott Center

Pre-Engineering With LEGO WeDo Robotics

Kids, come join us and have fun building with LEGOs and experiment with engineering solutions to some fun problems. While using a LEGO WeDo Robotics Construction Set, our pre-engineering class introduces robotics to young children. Your child will learn about mechanical design, while manipulating motors and sensors. Each participant will be teamed with a partner to utilize a laptop computer to program their models. Each class will present a new design challenge, stimulating your child's creativity. This is an excellent opportunity for children to get hands-on experience, while having a whole lot of fun with LEGOs. Our introductory course is a great way to prepare creative minds for Program To Learn's series of robotics courses. No prior experience is necessary. (CE)

Age: 6 - 9 years

Code	Day	Date	Time	R/NR Fee
37374	Sat	Apr 6 - Apr 27	9:30 - 11 am	\$95/\$120

Instructor: Program To Learn

Location: Alcott Center

Papercrafting - Teacher Gifts

The end of the school year is almost here. In this class, each adult will work with his/her child to make 3 easy projects using card stock, cute rubber stamps, and fun embellishments. Show the teachers in your life how much you appreciate their hard work. The instructor will provide all supplies. Ages 8 - 12 are with a parent, and ages 13 - 17 may be without a parent. (CE)

Age: 8 - 17 years

Code	Day	Date	Time	R/NR Fee
37431	Sat	May 4	10 - 11:30 am	\$15/\$21

Instructor: Ban

Location: Alcott Center

Basic Drawing

Explore the art of drawing using various materials and combinations. We will introduce sketching, shading, one-point perspective, landscape, still life and figures. Our instructor works with students individually, so all level participants are welcome to enroll. The fee includes all supplies. (CE)

Code	Age	Day	Date	Time	R/NR Fee
37679	6 - 8 years	Wed	Apr 17 - May 8	5 - 6 pm	\$75/\$94
37680	9 - 12 years	Wed	Apr 17 - May 8	6:15 - 7:15 pm	\$75/\$94

Instructor: Nasir

Location: Alcott Center

Young Rembrandts

Our elementary learners are at the crucial time of development when they decide whether they're good at something or not. This decision will affect not only the rest of their academic career, but their lifetime learning as well. The Young Rembrandts elementary program provides the tools this age-group needs to succeed at drawing; a teaching tool from which the majority of learners prefer and all learners benefit. Our program works because it's not only hands-on and visual; it's simply fun. Add to this our innovative guided instruction, topics that kids love and relate to, and instructors that know how to reach this group; we take kids from thinking they're not artists, to knowing they can achieve this, and everything else they put their minds to. All new lessons are taught every session. (ES)

Age: 6 - 12 years

Code	Day	Date	Time	R/NR Fee
37563	Thu	Apr 4 - Apr 25	4:30 - 5:15 pm	\$47/\$58
37564	Thu	May 2 - May 23	4:30 - 5:15 pm	\$47/\$58

Instructor: Young Rembrandts

Location: Alcott Center

Young Rembrandts - Cartooning

For all kids who need to stay engaged and laughing, our cartooning classes are surely the most fun you can have while learning! This entertaining program combines Young Rembrandts' innovative, hands-on teaching method with light-hearted subject matter that engages children, their sense of humor and their vivid imaginations. Maintaining a quick pace and drawings that tell a story also help kids to stay on-task, learn from their mistakes, find new solutions to a problem and communicate ideas and concepts through pictures - skills with lifetime benefits. All new lessons are taught every session. (ES)

Age: 6 - 13 years

Code	Day	Date	Time	R/NR Fee
37561	Thu	Apr 4 - Apr 25	5:30 - 6:30 pm	\$47/\$58
37562	Thu	May 2 - May 23	5:30 - 6:30 pm	\$47/\$58

Instructor: Young Rembrandts

Location: Alcott Center

Sculpting & Drawing

This class is for introductory and continuing students and is designed to introduce them to the world of sculpture and drawing for sculpture projects. Students are explained the purpose of the drawing for sculpture and how it differs from other types of graphic art. Students, along with a professional sculptor, will create a portrait, figurative or relief sculpture and drawing. Some clay will be provided at the start of class and minimal sculpting tools can be borrowed. Additional sculpting tools and clay may be purchased if needed. (CE)

Age: 7 - 15 years

Code	Day	Date	Time	R/NR Fee
37662	Mon	Apr 1 - May 20	5:15 - 6:45 pm	\$120/\$150

Instructor: Kovalevskaya Location: Alcott Center

Picasso's Drawing, Painting & Sculpture Workshop

Students get creative with different materials. In this course, the young artist discovers new possibilities by mixing media, using varied drawing and painting techniques. Express yourself with watercolor, acrylic, ink, pastel and clay. The use of different materials will give dimension, texture and vitality to the students' works. All sessions incorporate Scholastic Art Lesson Plans and are taught by published artists and certified teachers. All supplies are included, but please bring a smock. (ES)

Age: 8 - 12 years

Code	Day	Date	Time	R/NR Fee
37565	Wed	Apr 3 - May 24	4:45 - 5:45 pm	\$86/\$107
37566	Wed	May 1 - May 22	4:45 - 5:45 pm	\$86/\$107

Instructor: Picasso's Location: Alcott Center

Picasso's Workshop Expressions In Paint & Clay

This workshop is all about expressing yourself! Students will learn the basics of painting and sculpture, and will be offered the chance to work with watercolor, acrylic and clay. Learn to paint animals, sculpt funny characters and create colorful works of art. All sessions incorporate Scholastic Art Lesson Plans and are taught by published artists and certified teachers. Each individual class offers new art projects. All supplies are included, but please bring a smock. (ES)

Age: 3 - 7 years

Code	Day	Date	Time	R/NR Fee
37558	Wed	Apr 3 - Apr 24	3:30 - 4:30 pm	\$74/\$92
37557	Wed	May 1 - May 22	3:30 - 4:30 pm	\$74/\$92

Instructor: Picasso's Location: Alcott Center

Amazing Art

Amazing Art combines all your favorite art projects and mixed media in this unique class. Kids will make tie dye shirts (art smocks for the session), experience pottery painting, create fired ceramic arts, paint a canvas acrylic painting, make recycled art projects are more. Lessons will include concepts and techniques kids can use for a lifetime, and the experience of creating awesome projects will result in great self-esteem and a sense of accomplishment. Finished works will be taken home immediately. There are all new lessons for every session. (ES)

Grade: K - 5

Code	Day	Date	Time	R/NR Fee
37568	Tue	Apr 2 - May 21	4:30 - 5:30 pm	\$137/\$171

Instructor: Sunshine Craft Location: Alcott Center

Canvas Creations

From start to finish, step by step, our instructor will take you through the process of creating your own masterpiece on canvas. We will show you the tools, brushes, methods and secret techniques needed to create the desired effect. Watch your canvas art come alive. Your instructor will be demonstrating a different painting selection for each project, based on participants and materials required. Some masterpieces will be completed in one class, some may take multiple classes (the instructor will keep it and return it to you at the next class). All canvas, supplies and materials are included. You will love it! (ES)

Grade: 1 - 5

Code	Day	Date	Time	R/NR Fee
37569	Fri	Apr 5 - May 10	4:30 - 5:30 pm	\$128/\$160

Instructor: Sunshine Craft Location: Alcott Center

Wondrous Watercolor Arts

Students begin by creating their own tie dye shirts, which are used as painting smocks for the remainder of the program. This begins to illustrate the wonder of blended colors. Kids will then be exposed to watercolor painting using many techniques to combine elements of drawing, crayon and wax resist, collage art, journaling, recycled watercolor art, texturing and all aspects of the 7 major art elements of line, shape, form, color, texture, space, and value. Kids love the expression of creativity they realize with each and every finished project. All finished pieces will be taken home immediately. All supplies, including the t-shirt, are provided. (ES)

Grade: K - 5

Code	Day	Date	Time	R/NR Fee
37571	Fri	Apr 5 - Apr 26	5:30 - 6:30 pm	\$69/\$86
37572	Fri	May 3 - May 24	5:30 - 6:30 pm	\$69/\$86

Instructor: Sunshine Craft Location: Alcott Center

Multi Media Art

Explore the art of drawing using various materials and combinations. We will introduce sketching, shading, one-point perspective, landscape, still life and figures. Our instructor works with students individually, so all level participants are welcome to enroll. The fee includes all supplies. **No class on March 27.** (CE)

Code	Age	Day	Date	Time	R/NR Fee
37675	6 - 8 years	Wed	Mar 6 - Apr 3	5 - 6 pm	\$75/\$94
37686	9 - 12 years	Wed	Mar 6 - Apr 3	6:15 - 7:15 pm	\$75/\$94

Instructor: Nasir Location: Alcott Center



Youth Sports

Youth Sports in Buffalo Grove

There are thousands of boys and girls that participate in youth sports every year in Buffalo Grove. One measure of success in these programs is the number of parents who volunteer as coaches and assistant coaches. Unfortunately, many parents do not get involved because they feel a lack of knowledge about that particular sport; however, if they did get involved, even more kids could participate. We conduct Park District programs on a "participation" philosophy, meaning that we feel it is more important for all youths to play and enjoy the sport, rather than to win at all costs. We never measure success in wins and losses. The Park District conducts training sessions for all new coaches with ideas to get them started. Youth sports coaches do not need experience, only the willingness and enthusiasm to coach. Kids and coaches alike should have fun. Coaching is a fulfilling aspect of any sport, especially youth sports. Call (847) 850-2100 for more information.

National Youth Sports Coaches Association

The Buffalo Grove Park District requires all of its youth sports coaches to pass the National Youths Sports Coaches Association (NYSCA) on-line clinic. This nationwide organization teaches parents that kids want to have fun and participate in all sports. The on-line clinic is designed for parents who have never coached, as well as the seasoned veteran. With more youths registering for sports, the need for volunteer coaches grows more each season. NYSCA training makes it easy for all parents to become a coach. For more information about NYSCA visit their website at nays.org.

Bullying In Youth Sports

The Buffalo Grove Park District created a partnership with Peak Performance Sports, LLC to establish a training program for our youth sports coaches. The online training will provide coaches the necessary educational tools to intervene and work with athletes. Coaches will also benefit by learning the 3 types of bullying (physical, verbal and relational) their differences, and their warning signs. For more information about Peak Performance, visit their website at kidsportspsychology.com.



Little Sluggers

Batter up! Be just like the big kids, throwing, catching, base running, hitting and fielding in this instructional t-ball class. We will provide a variety of games and skill activities to help participants learn baseball. Join us for our skill enhancing, noncompetitive class for all skill levels. Be sure to bring your baseball glove. A fun game will be played at the end of each class. (CE)

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
37588	Sat	Apr 6 - May 18	10 - 10:50 am	\$67/\$84

Instructor: Sports-R-U's

Location: Alcott Center

It's Game Time

Do you have a favorite game? Ever hear of Kick the Can, Steal the Bacon or Sharks and Minnows? All these games and more will be played in this new and exciting class. Games will be played according to age level. Also, if you know other games, we'll play them. This is a great way for your child to burn off excess energy. (CE)

Age: 3 - 5 years

Code	Day	Date	Time	R/NR Fee
37591	Wed	Apr 10 - May 22	1 - 2:30 pm	\$100/\$125

Instructor: Sports-R-U's

Location: Alcott Center

Pee Wee Tee Ball With Parent

It's time to team up with mom or dad in this pint-sized t-ball class. We will use soft baseballs and scaled down equipment to begin developing your child's fine motor skills. Throwing, catching, base running and batting will be taught throughout the program. Be sure to bring your own baseball glove. A fun game will be played at the end of each class. (CE)

Age: 3 - 4 years

Code	Day	Date	Time	R/NR Fee
37587	Sat	Apr 6 - May 18	4 - 4:45 pm	\$67/\$84

Instructor: Sports-R-U's

Location: Alcott Center

Soccer & Tee Ball Combo

This class is perfect for a child who is full of energy and parents who are looking for an introduction to tee ball and soccer. Socialization, teamwork, following directions, key motor skills and having fun will be the focus in this noncompetitive environment. The first 2 weeks of class will focus on tee ball and the second 2 weeks we will work on soccer skills. The last week will be a fun game of each sport and a fun game will be played at the end of each class if time allows. Please bring a baseball glove and water bottle. (CE)

Age: 3 - 4 years

Code	Day	Date	Time	R/NR Fee
37592	Thu	Apr 11 - May 23	4 - 4:50 pm	\$67/\$84

Instructor: Sports-R-U's

Location: Alcott Center



Lil Pint Soccer

This is the perfect class for first timers! All the basic skills of dribbling, passing, shooting and goaltending will be taught in a noncompetitive environment. Teamwork, participation and good sportsmanship are stressed. Both boys and girls are encouraged to join this class if they have an interest in soccer and plan to play in the future. Be just like big brother or sister! A "game" will be played at the end of each class. The class will be held outside, but will move into a gym in case of inclement weather. Please bring a water bottle. (CE)

Code	Age	Day	Date	Time	R/NR Fee
37590	3 - 4 years	Mon	Apr 8 - May 20	9:30 - 10:20 am	\$67/\$84
37589	4 - 6 years	Sat	Apr 6 - May 18	11 - 11:50 am	\$67/\$84

Instructor: Sports-R-Us

Location: Alcott Center

Little Kickers

This is an introduction to soccer by the Grove United Soccer Association, Buffalo Grove Park District's affiliated travel soccer club. Certified trainers from Grove United will be teaching basic fundamentals of dribbling, passing, shooting and defending, in a noncompetitive environment. Teamwork, participation and good sportsmanship are stressed. Boys and girls are encouraged to join Little Kickers. This is an 8 week program that will include 1 practice on Thursdays and 1 game on Saturdays. Please be sure to bring a size #4 soccer ball, wear shin guards and soccer cleats (soccer cleats are optional). **No practice on May 22 and 23, and no game on May 25.** (CE)

Age: 4 - 5 years

Code	Day	Date	Time	R/NR Fee
37681	Wed	Apr 3 - June 1	1 - 2 pm	\$110/\$138
	Sat		3 - 4 pm	
37682	Wed	Apr 3 - June 1	5:30 - 6:30 pm	\$110/\$138
	Sat		3 - 4 pm	
37683	Thu	Apr 4 - June 1	5:30 - 6:30 pm	\$110/\$138
	Sat		3 - 4 pm	

Instructor: Grove United Soccer Association **Location:** Willow Stream Park

Grove United Juniors

To participate in this program, your child must already be registered in the Buffalo Grove Park District 2013 spring soccer house league. This program is specifically designed for house league players who wish to obtain training from a certified Grove United Soccer Association trainer. The Grove United Soccer Association is the Buffalo Grove Park District's affiliated travel soccer club. Grove United Juniors is an introduction to travel soccer for kindergarten through 3rd grade house league players. The program is designed to supplement regular house league practices and games. Training will focus on foot skills, passing, shooting and teamwork. This program will include one practice per week for 8 weeks. **No practice on May 23.** (CE)

Grade: K - 3

Code	Day	Date	Time	R/NR Fee
37689	Thu	Apr 4 - May 30	5:30 - 6:30 pm	\$100/\$125

Instructor: Grove United Soccer Association **Location:** Willow Stream Park

Junior Soccer

This is the perfect class to learn the game or expand your skills! All the basic skills of dribbling, passing, shooting and goaltending will be taught in a non-competitive environment. Teamwork, participation and good sportsmanship are stressed. A game will be played at the end of each class. Please bring a water bottle. (CE)

Age: 7 - 9 years

Code	Day	Date	Time	R/NR Fee
37593	Thu	Apr 11 - May 23	5 - 5:50 pm	\$67/\$84

Instructor: Sports-R-Us

Location: Alcott Center

Spring Soccer

Registration information for the 2013 spring soccer house league is available at the Alcott Center, and can be found in our winter program guide, which is available on the programs page of our website at bgprks.org. Registration has begun and is open until February 16. For more information, contact Chris Eckert at (847) 850-2123 or ceckert@bgprks.org.

Lacrosse America Boys Spring League

Buffalo Grove, along with the communities of Arlington Heights and Rolling Meadows are joining forces with Palatine to bring you the Palatine Youth Lacrosse Club (PPBYL). PPBYL teams will participate in the Northwest Chicago Youth Lacrosse Federation Travel League. This league provides a fun and exciting playing environment for everyone, from the beginner to the elite lacrosse player. Teams will be grouped by grade and ability level. Try-outs are required for upper level teams. Program emphasis will be on skill development, teamwork, and sportsmanship. All programs are ideal for beginning and experienced players and all players will be played as equally as possible without regard to skill. For all league information including dates, times, locations and equipment, please visit your town's webpage at penguinslax.com. Please note: Practices and home games will be at Falcon Park, located at 2195 North Hicks Road in Palatine. Locations for away games will vary. (TVV)

Grade: 3 - 8

Code	Division	Day	Date	Time	R/NR Fee
37606	U9	Tue, Thu	Apr 4 - June 9	6:30 - 8 pm	\$180/\$200
		Sun		2 - 3:45 pm	
37605	U11	Tue, Thu	Apr 4 - June 9	6:30 - 8 pm	\$180/\$200
		Sun		2 - 3:45 pm	
37604	U13	Tue, Thu	Apr 4 - June 9	6:30 - 8 pm	\$180/\$200
		Sun		4 - 5:45 pm	
37603	U15	Tue, Thu	Apr 4 - June 9	6:30 - 8 pm	\$180/\$200
		Sun		4 - 5:45 pm	

Instructor: Lacrosse America

Location: Falcon Park - Palatine

Basketball Level 1 - All Star Sports

This program will introduce your children to the game of basketball if they are beginners or if they need the know how to get to the next level. Basic skills of dribbling, passing, shooting and defense will be taught. Games will also be played to show the importance of teamwork in game situations. (CB)

Code	Age	Day	Date	Time	Fee
37432	3 - 4 years	Sat	Apr 6 - May 18	9 - 9:45 am	\$64
37433	4 - 6 years	Sat	Apr 6 - May 18	9:45 - 10:45 am	\$64

Instructor: All Star Sports **Location:** Willow Grove School

Basketball Level 2 - All Star Sports

These classes enhance the basics already taught in our level 1 class. Level 2 concentrates more on teamwork and game situations. Man to man and zone defense are both taught, along with offensive strategies that are guaranteed to keep the players moving. (CB)

Age: 6 - 8 years

Code	Day	Date	Time	Fee
37434	Sat	Apr 6 - May 18	10:45 - 11:45 am	\$64

Instructor: All Star Sports **Location:** Willow Grove School

Basketball Level 3 - All Star Sports

This program is designed for the children to run the floor and play most of the time. Each position, along with offensive and defensive strategies, will be covered thoroughly. Each child must be ready to learn and ready to work. Each child will be challenged and their play will improve. (CB)

Age: 9 - 11 years

Code	Day	Date	Time	Fee
37435	Sat	Apr 6 - May 18	12 - 1 pm	\$64

Instructor: All Star Sports **Location:** Willow Grove School

Gymnastics & Tumbling

This is a wonderful way to introduce your child to gymnastics. All classes are noncompetitive, but each child is encouraged to set goals and follow through by achieving them. We can bring them from their first somersault to their first flip. Parent must participate with their child in the 2 - 3 year old class. (TV)

Code	Age	Day	Date	Time	R/NR Fee
37536	2 - 3 years	Wed	May 15 - June 12	6 - 6:30 pm	\$24/\$30
37539	2 - 3 years	Wed	May 15 - June 12	6:30 - 7 pm	\$24/\$30
37534	4 - 5 years	Wed	Apr 3 - May 1	4:30 - 5:15 pm	\$36/\$45
37537	4 - 5 years	Wed	May 15 - June 12	4:30 - 5:15 pm	\$36/\$45
37535	6 - 9 years	Wed	Apr 3 - May 1	5:15 - 6 pm	\$36/\$45
37538	6 - 9 years	Wed	May 15 - June 12	5:15 - 6 pm	\$36/\$45

Instructor: Dance Techs

Location: Alcott Center

Rhythmic Gymnastics

Children will have fun while receiving instruction with 4 pieces of hand apparatus: rope, hoop, ball and ribbons. This class will also enhance your child's coordination, motor skills, flexibility and endurance. Dance will be emphasized. (TV)

Age: 5 - 9 years

Code	Day	Date	Time	R/NR Fee
37540	Wed	Apr 3 - May 1	6:15 - 7 pm	\$36/\$45

Instructor: Dance Techs

Location: Alcott Center



Ice Skating & Sledding

The Willow Stream Park winter sports area will be open until February 15, depending on snow and freeze conditions.

The unsupervised sled hill is located at the north end of the park. The most convenient place to park is at the north entrance (Farrington Drive) near the pool. The sledding hill is lighted at the top.

The park also has a large ice skating area. The rink is located on the south side of the park off of Old Checker Road. The sled hill and rinks are lighted until 10:30 pm

Hockey playing is not allowed on the on the ice rink.

By using the sledding hill and skating areas, you assume responsibility for injury and for determining that all conditions are safe.

Parents are responsible for the supervision of their own children. Supervision is not provided by the Park District. Please be careful and considerate of others.

Sledding and ice skating are hazardous recreational activities and can involve substantial personal risk.

Ice skating is permitted in the designated area only. No one is permitted on any lake or pond.

Flag Football - All Star Sports

This class is designed to teach and enhance the skills of our future stars. Proper techniques on passing, receiving, blocking and kicking will be covered. Breakdown of offensive and defensive strategies will also be covered. Teamwork and positive play are highly stressed, but our main objective is to have fun. Necessary equipment includes knee and elbow pads. (CB)

Age: 4 - 6 years

Code	Day	Date	Time	Fee
37437	Fri	Apr 5 - May 17	6 - 7 pm	\$64

Instructor: All Star Sports Location: Cooper Middle School

Floor Hockey - All Star Sports

Learn and play the fastest game in the world. This action packed class will emphasize the importance of teamwork and sportsmanship, while teaching the basic skills of passing, shooting and stick handling before the skates go on. Mandatory equipment needed includes a bike helmet and gloves. Optional equipment includes shin pads, knee pads and elbow pads. (CB)

Age: 4 - 6 years

Code	Day	Date	Time	Fee
37436	Fri	Apr 5 - May 17	7 - 8 pm	\$64

Instructor: All Star Sports Location: Cooper Middle School

NEW Beginners Golf

Looking to introduce your child to the game of golf? In this beginners class, children will use special equipment that is much easier to handle and allows for play indoors. Children will learn the basics of the complete swing, putting and chipping in a safe and stress free atmosphere. Come on out and join in a fun and easy game of golf. (CE)

Age: 4 - 7 years

Code	Day	Date	Time	R/NR Fee
37594	Thu	Apr 11 - May 23	6 - 6:50 pm	\$67/\$84

Instructor: Sports-R-U's Location: Alcott Center

Combine 360

Combine 360 provides a play-based model by which young athletes engage in training activities appropriate to their maturation and ability. By inspiring kids to be active and taking a systematic approach to the critical periods of development, C360 fosters a fun culture through challenges, emphasizing strength, balance and movement. This Intro to Combine 360 class includes a youth combine testing event, plus 3 weeks of athletic development. Appropriate for athletes of any sport and ability, this is a great introduction to functional training for young athletes. For more information, visit gohardball.com/c360. (TVV)

Age: 10 - 13 years

Code	Day	Date	Time	R/NR Fee
37607	Fri	Apr 5 - Apr 26	6 - 6:45 pm	\$119/\$129
37608	Fri	May 10 - May 31	6 - 6:45 pm	\$119/\$129

Instructor: Combine 360 Staff Location: Cooper Middle School



NEW Hershey Track & Field Clinic



Are you fast? Do you like to race? Do you have a good arm? Can you and your friends form a fast team? Can you leap as far as the eye can see? Come to the informal and fun track and field clinic designed to familiarize participants with the Hershey Track & Field events. Events include a softball throw for distance, standing jump, and 4 individual running races of different distances. This clinic is created to improve and strengthen the child's track and field skills. (BA)

Age: 9 - 14 years

Code	Day	Date	Time	R/NR Fee
37442	Thu	Apr 4 - May 9	5:45 - 7 pm	\$50/\$63

Location: Buffalo Grove High School

Girls Fast Pitch Softball League

Registration information for girls softball is available at the Alcott Center, and can be found in our winter program guide, which is available on the programs page of our website at bgparks.org. Registration is open until February 23.





Twin Rinks Ice Pavilion

Beginning learn to skate classes are held at Twin Rinks Ice Pavilion for children with little or no ice experience. Balance and basic forward skating skills are taught using the Ice Skating Institute program. Bring your own skates or skate rental is available. Helmets and knee/shin pads are recommended, and a hockey helmet and shin pads are required for hockey classes. Twin Rinks Ice Pavilion is located at 1500 Abbott Court in Buffalo Grove, 1.7 miles north of Lake-Cook Road on Weiland Road. Call (847) 821-RINK for more information. (CB)

Toddler Beginner

Age: 3 years

Code	Day	Date	Time	Fee
37332	Mon	Mar 4 - May 6	9:30 - 10 am	\$150
37333	Mon	Mar 4 - May 6	12:40 - 1:10 pm	\$150
37352	Mon	May 13 - June 10	9:30 - 10 am	\$70
37353	Mon	May 13 - June 10	12:40 - 1:10 pm	\$70

Tot 1 Beginner

Age: 4 - 6 years

Code	Day	Date	Time	Fee
37334	Mon	Mar 4 - May 6	9:30 - 10 am	\$150
37335	Mon	Mar 4 - May 6	12:40 - 1:10 pm	\$150
37338	Mon	Mar 4 - Apr 29	4:40 - 5:10 pm	\$135
37336	Thu	Mar 7 - May 9	12:40 - 1:10 pm	\$150
37337	Thu	Mar 7 - May 2	4:40 - 5:10 pm	\$135
37339	Sat	Mar 9 - May 4	9:20 - 9:50 am	\$135
37341	Sat	Mar 9 - May 4	10 - 10:30 am	\$135
37342	Sat	Mar 9 - May 4	11:05 - 11:35 am	\$135
37321	Mon	May 13 - June 10	9:30 - 10 am	\$70
37322	Mon	May 13 - June 10	12:40 - 1:10 pm	\$70
37323	Mon	May 13 - June 10	4:40 - 5:10 pm	\$70
37340	Thu	May 16 - June 13	12:40 - 1:10 pm	\$85
37324	Thu	May 16 - June 13	4:40 - 5:10 pm	\$85
37325	Sat	May 18 - June 15	9:20 - 9:50 am	\$85
37326	Sat	May 18 - June 15	10:30 - 11 am	\$85
37327	Sat	May 18 - June 15	11:05 - 11:35 am	\$85

Pre Alpha 1

Age: 6 - 12 years

Code	Day	Date	Time	Fee
37343	Mon	Mar 4 - Apr 29	4:40 - 5:20 pm	\$144
37345	Thu	Mar 7 - May 2	4:40 - 5:20 pm	\$144
37346	Sat	Mar 9 - May 4	9:20 - 10 am	\$144
37344	Sat	Mar 9 - May 4	11:05 - 11:45 am	\$144
37328	Mon	May 13 - June 10	4:40 - 5:20 pm	\$74
37329	Thu	May 16 - June 13	4:40 - 5:20 pm	\$90
37330	Sat	May 18 - June 15	9:20 - 10 am	\$90
37331	Sat	May 18 - June 15	11:05 - 11:45 am	\$90

Hockey Tot 1

Age: 4 - 6 years

Code	Day	Date	Time	Fee
37347	Tue	Mar 26 - June 4	5:10 - 5:50 pm	\$235
37348	Sat	Mar 30 - June 8	12:15 - 12:55 pm	\$235

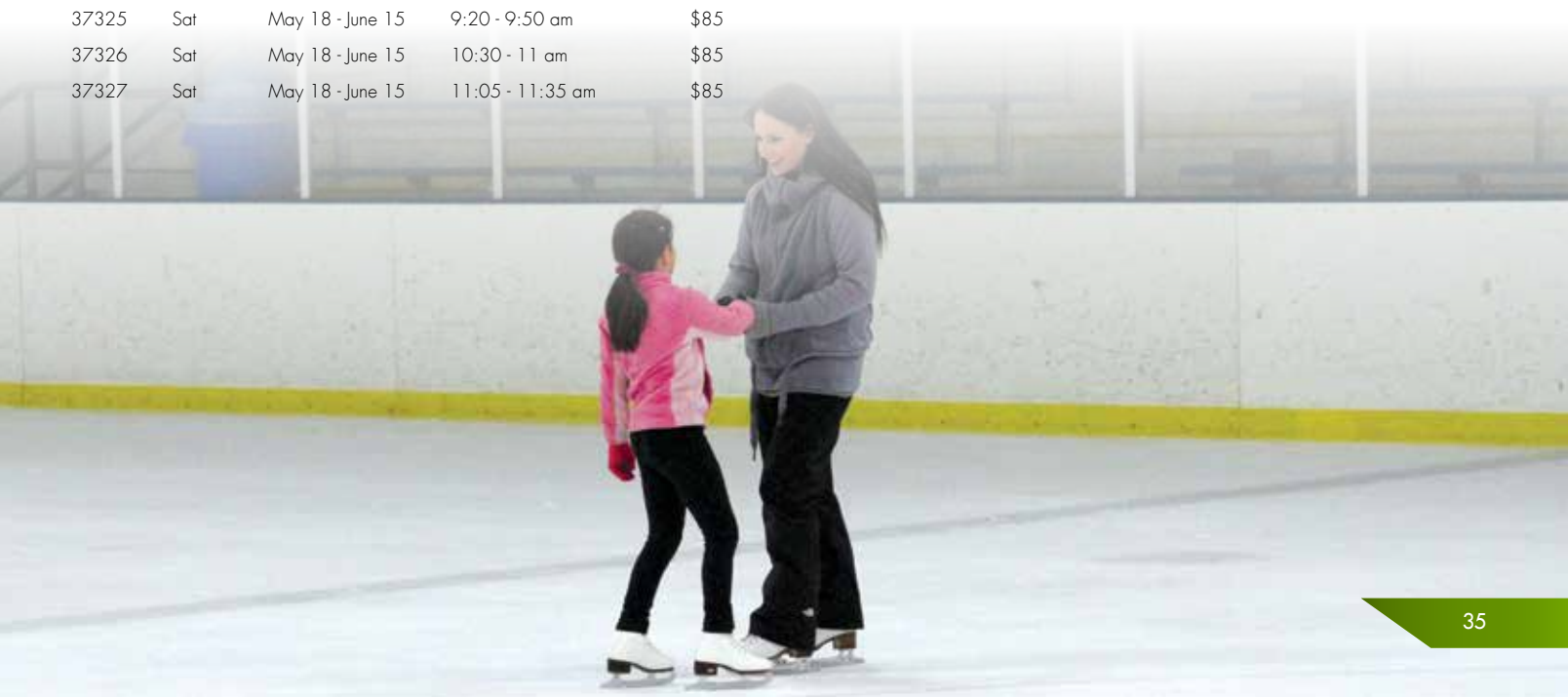
Hockey 1

Age: 6 - 12 years

Code	Day	Date	Time	Fee
37349	Tue	Mar 26 - June 4	5:10 - 5:50 pm	\$235
37350	Sat	Mar 30 - June 8	12:15 - 12:55 pm	\$235

Instructor: Twin Rinks Staff

Location: Twin Rinks Ice Pavilion





Karate

Through a variety of fun and creative activities, children will develop coordination, strength and poise as well as personal safety skills all in a well-supervised setting. Karate skills release tension brought on by school and peers. The confidence gained through karate helps foster a strong positive self-image. The mental aspect involved in karate builds self-confidence, control and discipline. The physical aspect of this program is both enjoyable and beneficial. Karate can improve your child's sports, school and social activities. These classes are for individuals between the ages of 4 to 15. All classes are taught by instructors of the Illinois Shotokan Karate Club, under the direction of John DiPasquale, 4 time National Champion and former U.S. Karate National Coach. Advanced students may be asked to purchase additional equipment for classes. Fee for Parent/Child class is per participant. Camelot Park is located at 1005 E. Suffield in Arlington Heights. (TV)

Code	Age	Belt	Day	Date	Time	Location	R/NR Fee
Pre-Karate Beginner (No Experience)							
37464	4 - 7		Thu	Apr 4 - June 13	4 - 4:45 pm	Camelot Park - A.H.	\$99/\$124
37467	4 - 7		Fri	Apr 5 - June 7	4 - 4:45 pm	Emmerich Park	\$90/\$113
Pre-Karate Continuing (1 or more prior sessions)							
37465	4 - 7		Thu	Apr 4 - June 13	4:55 - 5:40 pm	Camelot Park - A.H.	\$99/\$124
37468	4 - 7		Fri	Apr 5 - June 7	4:50 - 5:35 pm	Emmerich Park	\$90/\$113
Pre-Karate Intermediate							
37470	6 - 10	Orange - Green	Fri	Apr 5 - June 7	6:30 - 7:30 pm	Emmerich Park	\$103/\$129
Pre-Karate Teacher Permission							
37466	4 - 7		Thu	Apr 4 - June 13	5:45 - 6:30 pm	Camelot Park - A.H.	\$99/\$124
37469	4 - 7		Fri	Apr 5 - June 7	5:45 - 6:30 pm	Emmerich Park	\$90/\$113
Youth Karate Beginning/Continuing							
37524	7 - 14	White - Yellow	Tue	Apr 2 - June 4	4 - 4:50 pm	Alcott Center	\$88/\$110
37526	7 - 15	White - Orange	Wed	Apr 3 - June 5	4 - 5 pm	Alcott Center	\$90/\$113
37530	7 - 14	White Only	Sat	Apr 6 - June 15	9 - 10 am	Camelot Park - A.H.	\$99/\$124
Youth Karate Novice							
37527	7 - 15	Yellow - Blue	Wed	Apr 3 - June 5	5 - 6 pm	Alcott Center	\$90/\$113
37531	7 - 14	White w/ stripes - Orange	Sat	Apr 6 - June 15	10:10 - 11:10 am	Camelot Park - A.H.	\$99/\$124
Youth Karate Intermediate							
37528	7 - 15	Green - Low Purple	Wed	Apr 3 - June 5	6:30 - 7:30 pm	Cooper Middle School	\$90/\$113
37532	7 - 14	Yellow - Green	Sat	Apr 6 - June 15	11:20 am - 12:20 pm	Camelot Park - A.H.	\$99/\$124
Youth Karate Intermediate/Advanced							
37525	7 - 14	Blue & up	Tue	Apr 2 - June 4	4:50 - 5:50 pm	Alcott Center	\$90/\$113
Youth Karate Advanced							
37529	7 - 15	High Purple - Black	Wed	Apr 3 - June 5	6:30 - 7:30 pm	Cooper Middle School	\$90/\$113
37533	7 - 14	Purple - Black	Sat	Apr 6 - June 15	12:30 - 1:30 pm	Camelot Park - A.H.	\$99/\$124
Parent/Child Beginning/Continuing							
37456	7 +	White Only	Sat	Apr 6 - June 15	9 - 10 am	Camelot Park - A.H.	\$99/\$124
Parent/Child Novice							
37457	7 +	White w/ stripes - Orange	Sat	Apr 6 - June 15	10:10 - 11:10 am	Camelot Park - A.H.	\$99/\$124
Parent/Child Intermediate							
37458	7 +	Yellow - Green	Sat	Apr 6 - June 15	11:20 am - 12:20 pm	Camelot Park - A.H.	\$99/\$124
Parent/Child Advanced							
37459	7 +	Purple - Black	Sat	Apr 6 - June 15	12:30 - 1:30 pm	Camelot Park - A.H.	\$99/\$124

Instructor: Illinois Shotokan Karate Club



Camps

Buffalo Grove Park District

Camps 2013 Let The Fun Begin!

Welcome

It is never too early to start planning for summer camp! The Buffalo Grove Park District has a wide variety of summer camps that are sure to make your child's experience a great one.

Camp Philosophy

The Buffalo Grove Park District summer camp programs are designed to provide participants with safe, active and learning opportunities that are age appropriate. Recreational experiences will enhance all children's developmental needs and help create a positive self-image through socialization and creativity.

Camp Staff

The Buffalo Grove Park District's summer camp staff will continue to provide the best summer possible for your child. Summer camp staff are hired on the basis of character, leadership, enthusiasm and creativity.

All Buffalo Grove Park District summer camps have an on-site supervisor to encourage leadership and guidance for each of our unique camps. Many of the previous summer camp supervisors will also be back, full of fresh ideas and renewed commitment. All summer camp staff go through an orientation process, which incorporates safety, creativity, team building and daily activity planning. All camp supervisors are certified in National Safety Council First Aid, as well as National Safety Council CPR and AED certification.

Camp Site Locations

The Buffalo Grove Park District, through cooperative arrangements with school districts 21, 96 and 102 strive to provide the best facilities for its summer day camps. Due to capital improvement projects at the various school districts that may not be well defined, all camp locations are subject to change.

Transportation

The Buffalo Grove Park District does not provide daily transportation to or from camp; however, we do utilize a school bus service for swimming, Spray 'N Play and our many fun filled field trips that the Park District plans for our summer camps.

Swimming

All campers who attend camps with open swim at Willow Stream Pool will be swim tested, unless they are restricted to the wading pool by their parent or guardian. The swim tests are meant to place each camper in areas of the pool that they can handle mentally and physically. There will be no open swim the first week of camp for session 1 and the first 2 days of session 2. Those days will be dedicated to swim testing.

Payment Information

We accept cash, check, Visa, Master Card and Discover. If you have any questions, call the camp office at (847) 850-2133.

Option # 1

Payment in full at time of registration, which includes your nonrefundable deposit.

Option # 2

A \$100 nonrefundable deposit per registration form at time of registration. The balance will be divided into 3 equal payments. Camp payments will be automatically debited on the following dates for either EFT (electronic fund transfer) from your bank account or automatic credit card payments.

1st
Payment
February 1

2nd
Payment
March 1

Final
Payment
April 1

Buffalo Grove Park District residents that were in camp the previous year will be able to priority register for camp before regular registration begins. These registration forms will be mailed out.

No mail in or online registration will be accepted. You must complete a day camp registration form at the Alcott Center and include a \$100 nonrefundable deposit per registration form. Entering the registration lottery does not guarantee a place in the day camp program.

Residents may register their child into the camp lottery from November 26 thru December 21 at the Alcott Center during regular business hours. If registering for the first time as a resident, you must provide proof of residency.

Nonresident registration will begin January 21 and will be randomly selected after resident registrations have been processed. A receipt will be mailed confirming your registration.



Refunds

Refund requests received on or before June 7 will be issued minus your nonrefundable deposit and a \$5 administrative fee.

Refund requests received after June 7 will only be issued when accompanied by a current doctor's note.

The Buffalo Grove Park District reserves the right to cancel any camp with insufficient enrollment. If a camp is cancelled by the Park District, all registered campers in that program will be called and offered an alternate camp. A full refund will be given to each participant the Park District is unable to accommodate.



Tiny Travelers

Not ready for "big kids" camp yet? Then this class for parent (or caregiver) and child is just right. Child must be 2 years old by the first day of camp. The first day of each week, we will meet at the Alcott Center for classroom and outdoor activities. The other day we will meet at various locations (Spray 'N Play, Pretend Playground, the fire station, a train ride, etc.). The fee covers all trip expenses, a camp group picture and t-shirts for parent and child. A \$100 nonrefundable, nontransferable deposit is included in the fee. No siblings may attend any class or trip. **No camp on July 4.** 7 weeks (a)

Age: 2 - 3 years

Code	Day	Date	Time	Fee
37240	Mon, Wed	June 17 - July 31	10 - 11:45 am	\$325
37242	Mon, Wed	June 17 - July 31	10 - 11:45 am	\$325
37241	Tue, Thu	June 18 - Aug 1	10 - 11:45 am	\$350
37243	Tue, Thu	June 18 - Aug 1	10 - 11:45 am	\$350

Location: Alcott Center

Grasshoppers

Fun! Fun! Fun! A summer camp in a preschool setting, perfect for 3 year olds! One teacher and 1 - 2 assistants, with a maximum of 16 campers will give children a sense of security and comfort while they are having fun and learning about the world around them. A typical day will include an art activity and playtime mixed in with songs, finger plays and stories. We will also make (and eat!) our snack and play outside (parachute, playground, games, etc.). A \$100 nonrefundable, nontransferable deposit is included in the fee. Children may be in Pull-Ups®. If your child turns 3 during the summer (before September 1), register for the Monday and Wednesday or Tuesday and Thursday camp. For more information, call Martha Westerberg at (847) 850-2111. **No camp on July 4.**

Age: 3 years

4 day a week camp - Child must be 3 by first day of camp

2 day a week camp - Child must be 3 by September 1, 2013

Code	Day	Date	Time	Fee
37245	Mon, Wed	June 17 - July 31	9:30 am - 12 pm	\$376
37246	Mon, Wed	June 17 - July 31	9:30 am - 12 pm	\$376
37247	Tue, Thu	June 18 - Aug 1	9:30 am - 12 pm	\$350
37248	Tue, Thu	June 18 - Aug 1	9:30 am - 12 pm	\$350
37244	M, Tu, W, Th	June 17 - Aug 1	9:30 am - 12 pm	\$717

Location: Alcott Center

Cricket Camp

Join us at Cricket Camp for a great mix of indoor play, music and art, plus outdoor games and water play. Each classroom will be equipped with books, toys, games and fine motor activities. This camp will give children a sense of security and comfort while they are having fun and exploring new adventures. Children must be 4 or 5 years old by September 1, 2013 and toilet trained by the first day of camp. **No camp on July 4.** (MWW)

Age: 4 - 5 years

Code	Day	Date	Time	Fee
37251	Mon, Wed, Fri	June 17 - Aug 2	9:15 am - 1:15 pm	\$546
37250	Tue, Thu	June 18 - Aug 1	9:15 am - 1:15 pm	\$364
37252	M, Tu, W, Th, F	June 17 - July 31	9:15 am - 1:15 pm	\$884

Location: Alcott Center



NEW Safety Stars Camp

Safety Stars Camp is designed with your early learner in mind. This camp will introduce its young audience to all aspects of safety in a fun camp environment. Safety topics will include traffic, home, water, travel, outdoor/playground, stranger danger and much more. Campers will explore these concepts through a variety of mediums, including, but not limited to, games, songs, crafts and drama. They will also get lots of hands-on experience on the bikes and motorized cars on our Safety Town course. This safetastic camp experience will also include water play and visits to Spray N' Play. Campers must bring a bike helmet, peanut-free lunch, bathing suit, towel, water shoes, gym shoes and socks each day. **No camp on July 4.** (ES)

Age: 4 - 6 years

Code	Day	Date	Time	Fee
37203	M, W, F	June 17 - July 26	10 am - 1 pm	\$468
37204	Tu, Th	June 18 - July 25	10 am - 1 pm	\$286
37202	M, Tu, W, Th, F	June 17 - July 26	10 am - 1 pm	\$754

Location: Twin Creeks Park

Kinder Kamp

Here is an exciting opportunity for campers who are entering kindergarten in the fall of 2013 to participate in a wide variety of fun and exciting activities. The campers will enjoy arts and crafts, games, songs, outside play and more. This camp also offers swim lessons 2 days per week and 2 days of open swim, utilizing the pool and Spray N' Play. On swim days, campers need to bring a swimsuit and towel, all clearly labeled. One bus field trip per session is also a highlight of this camp. Campers need to bring a lunch and beverage, water bottle and sunscreen daily. Camp Connection is available for this camp. **No camp on July 4.** (ES)

Age: 5 - 6 years

Code	Day	Date	Time	Fee
37205	M, Tu, W, Th, F	June 12 - July 12	9 am - 2 pm	\$572
37206	M, Tu, W, Th, F	July 15 - Aug 2	9 am - 2 pm	\$390

Location: Willow Grove School

Adventure

This camp is for children entering grades 1 - 4 and offers a variety of activities centered on a weekly theme. In addition to enjoying arts and crafts, active games, water play and much more, the campers will go to the pool 4 times per week, 2 of the days for swim lessons and 2 days of open swim. On swim days, campers need to bring a swimming suit and towel, all clearly labeled. In addition, the campers will enjoy 3 field trips per session. This well-rounded camp is designed to keep the campers engaged and guarantees lots of fun and excitement. Campers must bring a lunch and beverage, water bottle and sunscreen daily. Camp Connection is available for this Camp. **No camp on July 4.** (ES)

Code	Grade	Day	Date	Time	Fee
37207	1 - 2	M, Tu, W, Th, F	June 12 - July 12	9 am - 3 pm	\$594
37208	1 - 2	M, Tu, W, Th, F	July 15 - Aug 2	9 am - 3 pm	\$405
37209	3 - 4	M, Tu, W, Th, F	June 12 - July 12	9 am - 3 pm	\$594
37210	3 - 4	M, Tu, W, Th, F	July 15 - Aug 2	9 am - 3 pm	\$405

Location: Kilmer School

37211	1 - 2	M, Tu, W, Th, F	June 12 - July 12	9 am - 3 pm	\$594
37212	1 - 2	M, Tu, W, Th, F	July 15 - Aug 2	9 am - 3 pm	\$405

Location: Prairie School

37213	1 - 2	M, Tu, W, Th, F	June 12 - July 12	9:15 am - 3:15 pm	\$594
37214	1 - 2	M, Tu, W, Th, F	July 15 - Aug 2	9:15 am - 3:15 pm	\$405

Location: Willow Grove School

Fun & Games Galore

Campers entering grades 1 - 5 will enjoy this active camp that offers a wide array of fun games and activities, including active games, arts and crafts, water games and much more. One weekly field trip, as well as open swim 4 days a week are also a highlight of this camp. On swim days, campers need to bring a swimming suit and towel, all clearly labeled. Campers must bring a lunch and beverage, water bottle and sunscreen daily. Camp Connection is available for this camp. **No camp on July 4.** (ES)

No camp on July 4. (ES)

Code	Grade	Day	Date	Time	Fee
37215	1 - 3	M, Tu, W, Th, F	June 12 - July 12	8:30 am - 2:30 pm	\$594
37216	1 - 3	M, Tu, W, Th, F	July 15 - Aug 2	8:30 am - 2:30 pm	\$405
37217	4 - 5	M, Tu, W, Th, F	June 12 - July 12	8:30 am - 2:30 pm	\$594
37218	4 - 5	M, Tu, W, Th, F	July 15 - Aug 2	8:30 am - 2:30 pm	\$405

Location: Prairie School

Grove

Grove camp is the longest full-day camp for children entering grades 3 - 6. Both sessions consist of fun activities that include active games, arts and crafts, outside play and much more. Campers in grades 3 - 4, will have swim lessons 2 days, open swim 2 days, and one field trip per week. Campers in grades 5 - 6 will have 3 days of open swim and 2 field trips per week. Campers will need to bring a swimming suit and towel on all swim days and a lunch and beverage, water bottle and sunscreen daily. Camp Connection is available for this camp. **No camp on July 4.** (ES)

Code	Grade	Day	Date	Time	Fee
37219	3 - 4	M, Tu, W, Th, F	June 12 - July 12	8:30 am - 3 pm	\$704
37220	3 - 4	M, Tu, W, Th, F	July 15 - Aug 2	8:30 am - 3 pm	\$480
37221	5 - 6	M, Tu, W, Th, F	June 12 - July 12	8:30 am - 3 pm	\$704
37222	5 - 6	M, Tu, W, Th, F	July 15 - Aug 2	8:30 am - 3 pm	\$480

Location: Longfellow School

Cycle & Surf

What a unique way for the campers to spend their summer! This camp emphasizes biking and swimming with daily sports and games. While not strenuous, this camp is best suited for campers who enjoy riding their bike moderate distances on a daily basis. Weekly field trips are also a highlight of this camp. All campers need to have a bike in good working condition (preferably a gear bike) and a bike helmet. Campers need to bring a swimming suit, towel, lunch and beverage, water bottle, helmet and sunscreen daily. Camp Connection is available for this camp. **No camp on July 4.** (ES)

Code	Grade	Day	Date	Time	Fee
37223	5 - 6	M, Tu, W, Th, F	June 12 - July 12	8:45 am - 2:45 pm	\$572
37224	5 - 6	M, Tu, W, Th, F	July 15 - Aug 2	8:45 am - 2:45 pm	\$390

Location: Kilmer School

37225	7 - 8	M, Tu, W, Th, F	June 12 - July 12	8:45 am - 2:45 pm	\$572
37226	7 - 8	M, Tu, W, Th, F	July 15 - Aug 2	8:45 am - 2:45 pm	\$390

Location: Willow Grove School

Travelin' Teens

Is your teen ready for fun and exciting road trips? Then Travelin' Teens is for them! This active camp is open to all campers entering grades 6 - 8 and offers a wide variety of activities, including one day of open swim, sports, team building, 4 field trips per week to places all around the Chicagoland area, and much more. Campers must bring a lunch and beverage, water bottle and sunscreen daily. Camp Connection is available for this camp. **No camp on July 4.** (ES)

Grade: 6 - 8

Code	Day	Date	Time	Fee
37227	M, Tu, W, Th, F	June 12 - July 12	9 am - 3 pm	\$968
37228	M, Tu, W, Th, F	July 15 - Aug 2	9 am - 3 pm	\$660

Location: Longfellow School



Sports Camp

Sports Camp is a full day camp for children entering grades 3 - 8 and is loaded with sports. Everyday at Sports Camp is fun and exciting. Sports activities include games like capture the flag, floor hockey, basketball and much more. Each week will include 2 or 3 field trips. Trips vary week to week, but some of our most popular trips are to water parks, baseball games, bowling and mini golf. It is a full day of fun and friends. Each camper will receive 2 t-shirts for each session they attend. They will also receive 1 backpack for the summer. Participants must bring a sack lunch, water bottle and sunscreen daily. All items should be clearly labeled. **No camp on July 4.** (CB)

Boys

Code	Grade	Day	Date	Time	Fee
36786	3 - 4	M, Tu, W, Th, F	June 12 - July 12	8:45 am - 3:45 pm	\$880
36787	3 - 4	M, Tu, W, Th, F	July 15 - Aug 2	8:45 am - 3:45 pm	\$600
36788	5 - 6	M, Tu, W, Th, F	June 12 - July 12	8:30 am - 3:30 pm	\$880
36789	5 - 6	M, Tu, W, Th, F	July 15 - Aug 2	8:30 am - 3:30 pm	\$600

Location: Twin Groves Middle School

36790	7 - 8	M, Tu, W, Th, F	June 12 - July 12	8:30 am - 3:30 pm	\$880
36791	7 - 8	M, Tu, W, Th, F	July 15 - Aug 2	8:30 am - 3:30 pm	\$600

Location: Ivy Hall School

Girls

Code	Grade	Day	Date	Time	Fee
36792	3 - 8	M, Tu, W, Th, F	June 12 - July 12	8:45 am - 3:45 pm	\$880
36793	3 - 8	M, Tu, W, Th, F	July 15 - Aug 2	8:45 am - 3:45 pm	\$600

Location: Willow Grove School

Dance Camp

Dance camp is designed for those who have had at least 1 year of dance training and will offer quality instruction in ballet, tap, jazz, poms and hip-hop. Other highlights include open swim, swimming lessons (grades 1 - 3), field trips, dance related arts and crafts, and much more. Campers will be separated into small groups based on age and ability. The fee includes instruction in a variety of dance forms, master classes, swimming, field trip tickets and transportation, arts and crafts projects, a camp group photo, a t-shirt and backpack. Each dancer is responsible for securing tap and jazz/ballet shoes. Participants must bring a sack lunch and water bottle daily. We have no access to refrigeration. Campers must also bring a swimsuit and towel on swim days. Swim lessons will occur twice a week for grades 1 - 3 and open swim will be once a week for all campers. All items should be clearly labeled. A detailed informational letter will be sent out in May. Camp Connection is available for this camp. **No camp on July 4.** (AS)

Code	Grade	Day	Date	Time	Fee
37028	1 - 3	M, Tu, W, Th, F	June 12 - July 12	9:15 am - 3:15 pm	\$711
37029	1 - 3	M, Tu, W, Th, F	July 15 - Aug 2	9:15 am - 3:15 pm	\$485
37030	4 - 8	M, Tu, W, Th, F	June 12 - July 12	9:15 am - 3:15 pm	\$711
37031	4 - 8	M, Tu, W, Th, F	July 15 - Aug 2	9:15 am - 3:15 pm	\$485

Location: TBA



Showbiz Kids

Highlights include singing, dancing, swim lessons, open swim, arts and crafts, games and much more. One bus field trip per session will also be included. The fee includes instruction in a variety of dance forms, theatre classes, swimming, field trip tickets and transportation, arts and crafts projects, a camp group photo, a t-shirt and backpack. Each camper is responsible for securing jazz or ballet shoes. Participants must bring a sack lunch and water bottle daily. We have no access to refrigeration. Campers must also bring a swimsuit and towel on swim days. Lessons occur twice a week and open swim will be once a week. All items should be clearly labeled. A detailed informational letter will be sent out in May. Camp Connection is available for this camp. **No camp on July 4.** (AS)

Code	Age	Day	Date	Time	Fee
37032	4 - 5 years	M, Tu, W, Th, F	June 12 - July 12	9 am - 2 pm	\$550
37033	4 - 5 years	M, Tu, W, Th, F	July 15 - Aug 2	9 am - 2 pm	\$375
37035	6 - 7 years	M, Tu, W, Th, F	June 12 - July 12	9 am - 3 pm	\$711
37036	6 - 7 years	M, Tu, W, Th, F	July 15 - Aug 2	9 am - 3 pm	\$485

Location: TBA

Broadway Bound

Designed for children with all levels of theatre experience, your star's days will be filled with quality dance, vocal and acting instruction, as well as theatre games, activities, swimming, arts and crafts, field trips and more. Camp will culminate in a musical performance in the evening during the last week of camp. Fee includes singing instruction, dancing and acting, swim costs, field trip tickets and transportation, production costs, a camp group photo and a special Broadway Bound t-shirt. Participants must bring a sack lunch and water bottle daily, as well as a swimsuit, sunscreen and towel for our swim days, which will be once a week, and all items should be clearly labeled. We have no access to refrigeration. Each star will be responsible for their own costumes and correct dance footwear. Since this camp is centered around the final performance, it is advised that you not register for this camp if you will be missing a week, or are unable to attend the last 2 weeks of camp or the final performance. Camp Connection is available for this Camp. **No camp on July 4.** (AS)

Age: 8 - 13 years

Code	Day	Date	Time	Fee
37171	M, Tu, W, Th, F	June 12 - July 12	9:15 am - 3:15 pm	\$704
37027	M, Tu, W, Th, F	June 12 - Aug 2	9:15 am - 3:15 pm	\$1184

Location: Ivy Hall School

Post Summer Camp Fieldtrips

Can't get enough of camp? We are offering an extra week of all day fun in the form of post-summer camp fieldtrips. This week of fieldtrips is a perfect way to say goodbye to summer before school starts. On each full day of service, the kids will participate in a fieldtrip to an outside location. Information on particular fieldtrip locations will be available at the start of camp. Besides the fieldtrip, registration will also include both before and after time, in which the kids will enjoy more fun through indoor and outdoor games, sports, arts and crafts, and more. By registering for any or all of these post-summer camp fieldtrips, your child will be able to be dropped off at Ivy Hall School anytime between the hours of 7 - 9 am and picked up anytime between 3 - 6 pm **Please note:** If you cancel before May 1, you will receive a full refund. If you cancel after May 1, you will receive a 50% refund. For more information, please contact Carol Verzani at (847) 850-2106.



Looking for a little extra camp this summer?

Age: 5 - 14 years

Code	Day	Date	Time	Fee
37022	Mon	Aug 5	7 am - 6 pm	\$55
37023	Tue	Aug 6	7 am - 6 pm	\$55
37024	Wed	Aug 7	7 am - 6 pm	\$55
37025	Thu	Aug 8	7 am - 6 pm	\$55
37026	Fri	Aug 9	7 am - 6 pm	\$55

Location: Ivy Hall School

CAMP CONNECTION

Camp Connection locations will include Ivy Hall School, Kilmer School, Longfellow School, Prairie School, Tripp School and Willow Grove School.

Camp Connection is a before and after camp program designed to accommodate working parents. Camp Connection will be managed like camp and will not just be free play. Activities will include sports, arts and crafts, indoor and outdoor games and other fun summer time activities.

Camp Connection is only for campers who are enrolled in the Buffalo Grove Park District Camp programs, and must be entering Kindergarten thru 8th grade in the fall of 2013. We do not have bus service, so your Camp Connection location placement will be based upon the camp location your child is at.

The morning Camp Connection begins as early as 7 am and ends at the starting time of the camper's individual camp. The afternoon Camp Connection will start when the camper's individual camp ends and goes until 6 pm.

Please indicate your wish for Camp Connection on your camp registration form. Based upon your request and your child's camp assignment, detailed information will be sent to you starting in February. **Please note:** There is a 2 day minimum and option for a 3-week, 4-week, or 7-week session. The fee shown is based on a 7 week registration. **No camp on July 4. (ES)**

Grade: K - 8



Day	Date	Time	Fee
Mon	June 17 - July 29	7 am - Start of Camp	\$70
Mon	June 17 - July 29	End of camp - 6 pm	\$98
Tue	June 18 - July 30	7 am - Start of Camp	\$70
Tue	June 18 - July 30	End of camp - 6 pm	\$98
Wed	June 12 - July 31	7 am - Start of Camp	\$80
Wed	June 12 - July 31	End of camp - 6 pm	\$112
Thu	June 13 - Aug 1	7 am - Start of Camp	\$80
Thu	June 13 - Aug 2	End of camp - 6 pm	\$112
Fri	June 14 - Aug 2	7 am - Start of Camp	\$80
Fri	June 14 - Aug 2	End of camp - 6 pm	\$112

Location: Ivy Hall School, Kilmer School, Longfellow School, Prairie School, Tripp School and Willow Grove School.



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Aquatics

Aquadome Pool

Buffalo Grove High School

Open thru May 17

Lap Swim

Monday - Thursday 8:45 - 10 pm
Saturday 4 - 5:30 pm

Open Swim

Friday 7 - 9 pm
Saturday and Sunday 1:30 - 4 pm.

Daily Admission Fees

Lap Swim \$5
Open Swim \$5 (children 2 and under are free)

Holidays & Pool Closures

A complete listing of pool closures can be found on the Aquadome Pool page at bgparks.org. Please check the website for the most up to date listing of pool closures, as it is updated throughout the season.

GOOD TO KNOW

As of May 17, 2013, the Aquadome Pool will be closed until August of 2014, as School District 214 will be constructing a new pool on this site. Because of this, changes were made to the Willow Stream Pool schedule, as well as the pool passes information. We appreciate your understanding and consideration during this time as we all await the new pool opening.

Pool Passes

The Summer Pool Pass is valid from June 1, 2013 through September 1, 2013, and you can use your pass for a discount at the Spray 'N Play. Pool passes go on sale February 6.

Pool Pass Policies

- Families may purchase a separate pass for babysitters and nannies if they can prove legal residence through a driver's license or similar documentation.
- Only the person who purchased the passes may use them. Passes may not transfer ownership.
- A fee of \$10 is charged to replace lost or stolen passes.
- Pool passes must be present to enter the pool. Patrons or families without a pool pass will be required to pay the daily admission fee.

Purchasing Pool Passes

Pool passes are available to Buffalo Grove Park District residents and nonresidents ages 3 years and older. All passes require a photo of the pass holder and are issued only at the Alcott Center during normal business hours.

Pool Pass Rates

The annual pass purchase is your best overall value and can be used at both pools. Use your pool pass for discounts at the Spray 'N Play too!

Regular Season Rates

Family Type	Resident Summer	Nonresident Summer
Individual Passes	\$85	\$125
Families of 2	\$105	\$145
Families of 3	\$115	\$155
Families of 4	\$125	\$165
Families of 5	\$135	\$175
Families of 6	\$145	\$185
Lap Swim	\$5	
Open Swim	\$5 (children 2 and under are free)	

Everyone entering the pool during a public swim period must have a current pool pass or pay the daily admission fee, even if you do not intend to swim. A complete set of pool rules and policies are available at the pool.

Buffalo Grove Park District Locker Room Age Policy For Aquatic Facilities

Children 5 and up are not permitted in the opposite sex locker rooms.

You may elect to do one of the following:

- Ask the manager if you and your child can walk to and from the pool through our office.
- You may use the classroom at Aquadome Pool upon request.
- Come prepared to swim, and send the swimmer through the proper locker room and meet them on the deck.

Our staff is ready to assist in any way that we can to ensure the comfort and safety of all of our patrons. Thank you for your cooperation in assisting us with the enforcement of this pool policy.

Definitions of Swim Periods

Lap Swim

The pool is open to pass holders and daily guests who wish to swim laps. During crowded lap swim times, preference will be given to adults, ages 18 and older. It may be necessary for lifeguards to place swimmers in lanes according to speed or for swimmers to circle swim.

Open Swim

The pool is open to pass holders and daily guests. An inflatable playground and toys are set up at the Aquadome during weekend open swim times. There is no space available for lap swim lanes. An adult must accompany children under the age of 7.

Attention Swim Families

Swim lessons, open swims and lap swims may be interrupted by various Buffalo Grove High School events such as football, basketball, swimming and water polo. At the time of publication, these dates were unknown to the Park District. We will do our very best to inform all participants of changes in the schedule. Check our website at bgparks.org for changes to the schedule. If you have questions, please contact Patrick Griffin at (847) 850-2110.

Spray 'N Play

Public Hours

Open June 1 - September 1

Monday - Friday	10 am - 7 pm
Saturday	12 - 7 pm
Sunday	12 - 6 pm

Daily Admission Fees

12 months and under	Free
Children & Adults	\$3
Seniors 62 & up	\$1
With Current Pool Pass	\$1 off

Spray 'N Play Twilight Time

Monday - Saturday	5 - 7 pm
Sunday	4 - 6 pm

\$1 per person

*Table
Rentals
Are
Available
Daily*

Over 10,000 square feet of water play surface

- Interactive Spray Features
- Water Cannons
- Washrooms/Diaper Changing Area
- Sunshades
- Large Picnic Area

Ultimate & Splash Bash Parties

Saturday	10 am - 12 pm
Sunday	10 am - 12 pm and 6 - 8 pm

Rental Fees

Ultimate Party

\$350 - Up to 200 guests and 2 hours of exclusive use.

Splash Bash Party

\$200 - Up to 65 guests and 2 hours of use which may or may not be shared with another Splash Bash Party rental.

Party Deck rentals

\$175 for a 2-hour rental during regular hours (shared time with general admission guests). This fee includes admission for up to 65 guests. Any additional guests must pay an entrance fee of \$1.50 per person. There is a 2-hour rental minimum.

Table Rental	\$25 per table for 2 hours during public hours.
Nonresident	\$30 fee for Ultimate and Splash Bash Parties.
Cleaning Deposit	\$25 - Included in the rental fee.

For more information about Spray 'N Play rentals and group rates, call (847) 850-2180.

Swimming Lessons

Each swim time will be broken into different levels. It is not necessary for you to know your child's swim level, as all children will be tested on the first day of class and placed in the appropriate level. All 6 levels will be taught in the Park District swimming classes. If you have any questions or concerns about our pool or our programs please ask the Manager/Coordinator on duty for clarification. Swimming lesson fees will not be prorated for any reason.

Please note: We do not offer make-up lessons.

Registration

Swim class registration dates are the same as the general Park District registration dates. Due to staffing requirements, you must register for all swim classes at least 2 business days prior to the start of class. If there is less than 2 days before the class begins, call Patrick Griffin at (847) 850-2110 to see if anyone can be added to the class. No walk-in registrations are accepted the day class starts.

Teens & Adults

We recommend that teens and adults consider Private Swim Lessons if they are interested in learning how to swim or just want to improve swim strokes. These private lessons are taught during closed pool times. Refer to the Private Swim Lessons program description for more details.

Water Babies

These classes for infants and toddlers require active, in-water participation from parents and child. Class includes group and free time activities to help new swimmers adjust to a large body of water and become comfortable in and around the pool. This program is designed as a fundamental stepping-stone to our instructional youth program. Children must wear a swim diaper under their swimsuit. **No class on March 23, 24, 30 and 31.**

Age: 6 months - 3 years

Code	Day	Date	Time	R/NR Fee
37272	Sun	Mar 3 - Apr 21	9 - 9:30 am	\$39/\$49
37271	Sat	Mar 2 - Apr 20	9 - 9:30 am	\$39/\$49

Instructor: Staff

Location: Aquadome Pool

Group Lessons

In this program, participants will follow the guidelines of the Learn To Swim program levels 1 - 6. Each level introduces a challenging variety of activities for the student, including progression in swimming techniques and water safety. Swim levels and ages may be combined for any lesson, and class sizes will not exceed a 6:1 ratio of student to instructor. **No class on April 1, March 23, 24, 25, 30 and 31.**

Age: 3 - 12 years

Code	Day	Date	Time	R/NR Fee
37266	Sun	Mar 3 - Apr 21	10:45 - 11:30 am	\$63/\$79
37267	Sun	Mar 3 - Apr 21	11:45 am - 12:30 pm	\$63/\$79
37262	Mon	Mar 4 - Apr 22	6:45 - 7:30 pm	\$63/\$79
37265	Sat	Mar 2 - Apr 20	10:15 - 11 am	\$63/\$79
37264	Sat	Mar 2 - Apr 20	11:15 am - 12 pm	\$63/\$79

Instructor: Staff

Location: Aquadome Pool

Semi Private Lessons

Participants will follow the guidelines of the Learn To Swim program levels 1 - 6. This class will utilize a higher instructor to participant ratio than that of the general Group Lessons program and is geared towards those individuals that need a bit more attention in the swimming pool. Swim levels and ages may be combined for any lesson, and class sizes will not exceed an approximate 3:1 ratio of student to instructor will be used. **No class on March 23 and 30.**

Age: 3 - 12 years

Code	Day	Date	Time	R/NR Fee
37268	Mon	Mar 4 - Apr 22	6 - 6:30 pm	\$84/\$105
37269	Mon	Mar 4 - Apr 22	7:45 - 8:15 pm	\$84/\$105
37270	Sat	Mar 9 - Apr 20	9:30 - 10 am	\$84/\$105

Instructor: Staff

Location: Aquadome Pool

Private Lessons

Participants will follow the guidelines of the Learn To Swim program levels 1 - 6. Private lessons are ideal for those wanting to learn to swim at any age. These lessons will help develop and refine strokes so students can swim with ease, efficiency, power and smoothness. These lessons are also designed to help focus on water safety skills, while progressing through various swim strokes. The registration fee includes 6 lessons of 30 minutes each and will be personally adjusted to the needs of the student. Private lessons are provided with a 1:1 student to instructor ratio. **No class on March 8, 24, 29 and 31.**

Age: 3 years and up

Code	Day	Date	Time	R/NR Fee
37276	Fri	Mar 1 - Apr 19	6 - 6:30 pm	\$125/\$155
37277	Fri	Mar 1 - Apr 19	6:30 - 7 pm	\$125/\$155
37273	Sun	Mar 3 - Apr 21	9:30 - 10 am	\$125/\$155
37274	Sun	Mar 3 - Apr 21	10 - 10:30 am	\$125/\$155
37275	Sun	Mar 3 - Apr 21	12:30 - 1 pm	\$125/\$155

Instructor: Staff

Location: Aquadome Pool

Lifeguard Classes

Lifeguard Training

This class is for anyone who wishes to be lifeguard certified, and it is the perfect time to gain your certification for this coming summer. The fee includes all books and materials. You will be spending time in the water each day, so be ready to swim on the first day. All graduates will receive Starguard Lifeguard Certification. To be eligible for class, candidates must be 15 years old by the last day of class and be able to complete a prerequisite skills test. The test includes a 300-yard swim using front crawl and breaststroke, and retrieval of a brick from the bottom of the pool. Candidates who cannot complete the prerequisite skills test will be dismissed from the program and granted a partial refund. Attendance at all sessions is required.

Age: 15 years and up

Code	Day	Date	Time	R/NR Fee
37742	Sat	May 11	4 - 8 pm	\$225/\$275
	Sun	May 12	4 - 8 pm	
	Tue	May 14	5 - 9 pm	
	Thu	May 16	5 - 9 pm	
	Fri	May 17	5 - 9 pm	
	Sat	May 18	4 - 8 pm	
	Sun	May 19	4 - 8 pm	

Instructor: Staff

Location: Aquadome Pool



Lifeguard Instructor Training

Become certified to teach the Starfish Aquatics Lifeguarding Program. This course prepares instructor candidates to use course and presentation materials, conduct training sessions and evaluate the progress of candidates in a professional-level course. The prerequisites for this class are that participants must be at least 17 years old, possess current American Red Cross certification or equivalent certificate from another approved organization. This course includes completing an online session and a pre-course skills evaluation, and the fee includes both instructor and lifeguard manuals.

Age: 17 years and up

Code	Day	Date	Time	R/NR Fee
37743	Sat	May 18	9 am - 5 pm	\$225/\$275
	Sun	May 19	9 am - 5 pm	
	Sat	May 25	9 am - 5 pm	

Instructor: Staff

Location: Willow Stream Pool



Lifeguards & Swim Lesson Instructors

Applications for year-round and summer employment are now being accepted on-line at bgparks.org. Potential lifeguards must have successfully completed, be currently enrolled in, or have intentions of enrolling in a Starguard lifeguard training course prior to beginning work as a lifeguard. We will offer one lifeguard class in late May that is limited to 10 participants. Potential instructors must enjoy working with children in a fast paced environment and should have CPR and First Aid training. WSI is preferred, but we are willing to train exceptional candidates. Hours include weekday evenings and weekends during the school year. Pay starts at \$8.50 per hour and up.





May 20 - July 31

Swimmers that have been on Hurricanes Swim Team within the last 12 months should register on or before May 3 to be assured a spot. All swimmers should register according their age on June 15. The Hurricane Swim Team competes against other park district teams. Swimmers qualifying for the NISC Championship Meet will swim through late July. Home meets are held at Willow Stream Pool. Meets are scheduled for Wednesday afternoons/evenings. Transportation to the away meets is provided. Parents are responsible for the return trip home. **Please note:** There will be a parents meeting on May 15 from 6:30 - 8 pm in room 24 at the Alcott Center. The parent meeting is mandatory for all families that did not participate in winter Hurricanes Swim Team. Practice will be held at Willow Stream Pool. An asterisk (*) indicates the pool will be shared with the public lap swim during that practice. The schedule for all group practices will be during the following time frames.

Monday	7 - 9 am*
Tuesday	7 - 9 am* and 7 - 9:15 pm
Wednesday	Swim Meets
Thursday	7 - 9 am* and 7 - 9:15 pm
Saturday	7:45 - 10 am
Sunday	7:45 - 10 am

*Indicates the pool will be shared with the public lap swim during that practice.

All new swimmers or swimmers that have not swam on the Hurricanes within the last 12 months must register first for tryouts. Selections will be made based on residency, swimming potential/skills, attitude, and space available in their age group. **Please note:** The volunteer waiver fee will be returned at the end of the season if the family has met the minimum volunteering requirements. Tryouts will be held at Aquadome Pool.

Code	Age	Day	Date	Time	R/NR Fee
37631	Tryouts*	Mon	May 6	7:15 - 8:30 pm	\$0
37632	Tryouts*	Wed	May 8	6:15 - 7:30 pm	\$0
37621	Boys 8 and under				\$225/\$280
37622	Girls 8 and under				\$225/\$280
37623	Boys 9 - 10 years				\$300/\$375
37624	Girls 9 - 10 years				\$300/\$375
37525	Boys 11 - 12 years				\$300/\$375
37626	Girls 11 - 12 years				\$300/\$375
37627	Boys 13 - 14 years				\$300/\$375
37628	Girls 13 - 14 years				\$300/\$375
37629	Boys 15 - 18 years				\$300/\$375
37630	Girls 15 - 18 years				\$300/\$375
37797	Volunteer Waiver Fee (1 per family)				\$50/\$50

Instructor: Oliver **Location:** Willow Stream Pool

* Tryouts will be held at Aquadome Pool.

Skills Clinics

Swimmers can gain an edge for summer competition in this series of technique-focused clinics. Led by Hurricanes swim team coaches, these clinics will include drills for faster and more effective starts, turns and strokes. These clinics focus only on technique improvement. For help with speed and endurance, refer to the Conditioning Clinics. Each clinic is limited to small groups for individualized attention.

Age: 7 - 18 years

Code	Stroke	Day	Date	Time	R/NR Fee
37723	Backstroke	Wed	Mar 13	7 - 7:45 pm	\$15/\$22
37724	Butterfly	Wed	Mar 13	8 - 8:45 pm	\$15/\$22
37725	Breaststroke	Wed	Mar 20	7 - 7:45 pm	\$15/\$22
37726	Freestyle	Wed	Mar 20	8 - 8:45 pm	\$15/\$22
37727	Butterfly	Wed	Apr 3	7 - 7:45 pm	\$15/\$22
37728	Starts	Wed	Apr 3	8 - 8:45 pm	\$15/\$22
37729	Freestyle	Wed	Apr 10	7 - 7:45 pm	\$15/\$22
37730	Turns	Wed	Apr 10	8 - 8:45 pm	\$15/\$22
37731	Backstroke	Wed	Apr 17	7 - 7:45 pm	\$15/\$22
37732	Breaststroke	Wed	Apr 17	8 - 8:45 pm	\$15/\$22

Instructor: Staff

Location: Aquadome Pool

Conditioning Clinics

Swimmers can keep in shape or get an early start for summer competition in this series of structured, endurance-focused clinics. These clinics will include sets for faster sprints and longer endurance events, and focus only on speed and endurance. For help with technique, refer to the Skill Clinics.

Age: 7 - 18 years

Code	Day	Date	Time	R/NR Fee
37716	Wed	Mar 13	7 - 8:45 pm	\$15/\$22
37717	Wed	Mar 20	7 - 8:45 pm	\$15/\$22
37718	Wed	Apr 3	7 - 8:45 pm	\$15/\$22
37719	Wed	Apr 10	7 - 8:45 pm	\$15/\$22
37720	Wed	Apr 17	7 - 8:45 pm	\$15/\$22

Instructor: Staff

Location: Aquadome Pool

NEW Video Swimming Clinics

Swimmers will be video taped both above and below water while swimming each stroke. The videos will undergo basic editing and be copied onto a DVD for each swimmer. These clinics focus only on capturing video of the swimmers current capabilities. The swimmer can review the video at home, which will help improve their stroke technique. Space is limited to allow time for video taping and some instruction.

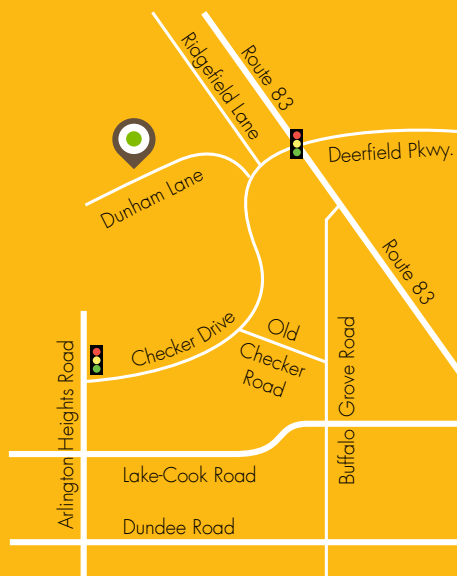
Age: 7 - 18 years

Code	Day	Date	Time	R/NR Fee
37737	Wed	Mar 13	6 - 6:45 pm	\$30/\$45
37738	Wed	Mar 20	6 - 6:45 pm	\$30/\$45
37739	Wed	Apr 3	6 - 6:45 pm	\$30/\$45
37740	Wed	Apr 10	6 - 6:45 pm	\$30/\$45
37741	Wed	Apr 17	6 - 6:45 pm	\$30/\$45

Instructor: Staff

Location: Aquadome Pool

Raupp Museum



Raupp Museum

901 Dunham Lane
Phone: (847) 459-2318

Raupp Museum Hours

Monday - Thursday 11 am - 4:30 pm
Sunday 1 - 4 pm
Closed Friday and Saturday

Please note: Museum educational programs can be scheduled during the museum's public hours, but they may also be scheduled at other times by contacting the Museum Coordinator at (847) 459-2318.

Museum Exhibits

Main Exhibit

Experience the ways Buffalo Grove has changed as you walk through 150 years of history. Visitors can learn what grew in a Potawatomi garden, sit on the porch of an 1890s farmhouse, milk the museum's replica dairy cow, try a typewriter, and see a bicycle from 1958. Learn how Buffalo Grove got started, and also how it grew into the community it is today.

Town Square

Imagine life before shopping malls. In this exhibit, visitors can peek into an old-fashioned general store, try a water pump, visit the bank, sit at a desk in a 1926 schoolroom, and even play checkers at the tavern.

Museum Programs

Spring Break Walk-Ins

No school? No problem! Every day during spring break the Raupp Museum will be featuring free walk-in activities from 1 - 3 pm. No need to register, just stop by for some fun.

Date	Activity
March 25	Make a beaded suncatcher
March 26	Plant seeds for spring
March 27	Make butter
March 28	Clothespin Butterfly
March 29	Pinwheels

Geocaching 101 For Families

Turn your family outing into a treasure hunt! Geocaching combines technology, hiking, and the great outdoors into a fun activity for all family members. Come to the Raupp Museum to learn the basics, such as, what geocaching is, how to work a GPS, how to locate a geocache, how to construct and hide a geocache, and the ethics of geocaching. Participants will also learn about the Museum's series of Buffalo Grove geocaches, and receive a special Raupp Museum geocoin. **Please note:** Children must register with a parent.

Age: 6 years and up

Code	Day	Date	Time	R/NR Fee
37744	Sat	May 11	10 - 11:30 am	\$9/\$11

Instructor: Fandrei

Location: Raupp Museum

On The Entertainment Committee?

Let the Raupp Museum provide the program for your next meeting. Museum staff can come to your church club, women's group, or business association for both afternoon and evening programs. Popular topics include Buffalo Grove History, Old-Time Radio, Illinois Archaeology, and the 100th Anniversary of Women's Right to Vote in Illinois.

Museum Educational Programs

The Raupp Museum is proud to offer several exciting educational programs for school groups, home school associations, and community groups. Programs are available Monday through Friday during school hours, and meet many Illinois State Learning Goals. Please call Debbie Fandrei at (847) 459-2318 to schedule a program.

Cows Are Cool

Grade: Preschool - 3

This fun program introduces children to the life of a dairy farmer in turn of the century Buffalo Grove. Participants get a hands-on experience by milking the museum's working replica dairy cow, churning butter and playing old-fashioned games.



Potawatomi Pathways

Grade: Preschool - 5

This program on Native American history allows students to touch reproduction Potawatomi artifacts, listen to a Native American folktale and play a hands-on game with animal footprints. Older students can try a different game that allows them to simulate a Native American trading post.

Tiny Traders

Grade: 1 - 2

Students experience what life was like for farmers shopping in the 1880s. After milking the Museum's cow and gathering eggs, the children sell their milk for money at the creamery. Next, they use their money to go shopping in the Museum's Town Square. This is the perfect program to teach younger students the difference between needs and wants, and the connection between work and money.

Buffalo Grove Then & Now

Grade: 1 - 5

This program showcases the changes that have occurred in Buffalo Grove during the past 100 years. First, students look at a series of artifacts that span a century to see how one object changes over time. Then, a slide show contrasts pictures of past Buffalo Grove buildings with the buildings that currently stand in those locations. Finally, an artifact guessing game encourages children to have fun with history.

The Civil War

Grade: 6 - 8

Students will learn the stories of local residents affected by the Civil War, and explore how the national issues involved in this conflict affected people on a local level.

Packing For Pioneer Life

Grade: 3 - 4

The life of Buffalo Grove's earliest settlers is highlighted in this hands on program. Students start by brainstorming a pioneer's needs in settling Buffalo Grove. Next, the museum educator opens a pioneer trunk filled with reproduction artifacts and students discuss the uses of each item, and which pioneer need the item would fulfill. Finally, students use their new knowledge in a hands-on packing activity. Please note: This program can be modified for special needs students.

Archaeology

Grade: 4 - 8

This exciting program introduces students to the history, science and practice of archaeology! After viewing a presentation about archaeology principles and techniques, students put their knowledge to work by participating in a mock dig and analyzing the artifacts that they uncover. **Please note:** This program is conducted outside, so it is only available in September, October, April and May, weather permitting.

We can come to you!

Wish the Museum could come to you? We can. The Raupp Museum staff can make presentations to your senior group, adult club, or business association. Some of our popular presentations include old-time radio, local archaeology, and the Civil war. For more information, call the Museum at (847) 459-2318.



Scout Badges & Patches from the Buffalo Grove Park District

Are you looking for new ideas for Scout meetings? Do you need help creating Badge or Patch programs? The Buffalo Grove Park District has the answer! Several Scout Badges and Patches can be completed, either in full or in part by participating in the following programs:



Scout Programs For Boys & Girls

Girl Scouts

Laura Ingalls Wilder Patch

For Brownie and Junior Girl Scouts

This exciting program lets girls learn about life on a covered wagon, bake bread from scratch, and hand-sew their own apron while enjoying one of the all-time classics of children's literature. Please note: This program is available from January thru May only.

Fee: \$10 per person

Daisy Girl Scouts

Petal (Friendly & Helpful)

Scouts tour the museum and try hands-on activities as they learn how girls have been friendly and helpful through history, then discuss how they can be friendly and helpful today.

Money Counts Leaf

Girls will learn money skills the fun way as they go shopping the way that farmers did 100 years ago. First, they'll earn money, then make a shopping list, and finally spend their money at the General Store.

Brownie Girl Scouts

Bugs

Learn all about bugs in Buffalo Grove. Girls will make a bug box, go on a bug-finding walk, and create their own cool bug art. **Please note:** Since this is an outdoor program, it will only be available April thru June.

Fee: \$2 per person

Celebrating Community

Learn what makes Buffalo Grove special! Girls will learn about local landmarks, discover the symbols in the town flag and the US flag, and make a felt flag to take home.

Fee: \$1 per person

Letterboxing

Learn all about letterboxing. Girls will discover what letterboxing is, practice solving clues, make a stamp for their own letterbox, and go on a sample letterbox hunt.

Fee: \$5 per person

Inventor

Girls practice problem solving as they learn about old-fashioned inventions, identify new problems, and brainstorm creative ways to solve them.

Fee: \$3 per person

Flowers

Pretty and practical! Girls will learn all about the science and stories of flowers, as they make a botany notebook, go on a flower walk, dye flowers, discover the code of the flowers, and make felt flowers to take home.

Fee: \$5 per person

Junior Girl Scouts

Detective

This exciting new patch combines science and history as Scouts work to solve a murder mystery, which occurred over 100 years ago. Participants will learn about fingerprints, examine bullets and extract DNA from a strawberry.

Fee: \$3 per person

Product Designer

Why is the pop-up toaster cool? Girls will find out as they learn what makes some products change history. Then they put their ideas and observations to work, analyzing ways to make an everyday product even better.

Fee: \$3 per person

Geocacher

Take your troop on a treasure hunt! Girls will learn what geocaching is, how to work a GPS and how to prepare for a trip. Then they will try geocaching on the Museum's grounds and make a trade item to take home.

Fee: \$4 per person

Boy Scouts

Tiger Cubs

Making My Family Special

Did you know Tiger Cubs are able to earn an achievement just by visiting a local museum? Even better, the Raupp Museum has a special program where Tiger Cubs can visit the museum, do a scavenger hunt and make a small scrapbook. To schedule a Tiger Scout program, please call the Raupp Museum at (847) 459-2318.

Bear Cub Scouts

Native American Life

This exciting program will teach what life was like for the Potawatomi over 175 years ago. Participants will be able to touch reproduction artifacts, feel deer hide and try a Potawatomi game. There is also an optional art project. To schedule this program, please call the Raupp Museum at (847) 459-2318.

The Past Is Exciting & Important

What was life like in Buffalo Grove 25 years ago? Visit the Raupp Museum to find out! For this special program Bear Cub Scouts will look at newspapers from 25 years ago, see a short slide show and learn about the history of Buffalo Grove. To schedule the program, please call the Raupp Museum at (847) 459-2318.

Maps

Scouts will learn all about the importance of maps as they look at historic maps of Buffalo Grove and Lake County, find Illinois and Buffalo Grove on a modern map, make a map of their route to school, and color their own compass rose.

Webelos

Map & Compass Belt Loop

Can't tell up from down? The museum can help. This museum program will teach basic compass skills, and then allow Scouts to test their new knowledge by following an on site-treasure map.

Scholar

Learn all about what it was like to go to school 100 years ago. See pictures of one-room schoolhouses from Buffalo Grove and learn how schools have changed.

CSI 1899 Forensic Science Program

This program combines science and history as Scouts work to solve a murder mystery which occurred over 100 years ago. Participants will learn how to identify fingerprints, examine bullets, and even extract DNA from a strawberry.
Fee: \$3 per person

Marbles Belt Loop

This exciting program lets boys play a game that their grandfathers enjoyed too. They will learn how to shoot marbles, learn the rules of marbles, and spend time playing the game and practicing their skills. Each boy will leave with a bag of marbles.
Fee: \$5 per person

Boy Scouts

Archaeology

Learn about what archaeology is, what and where sites are located, local archaeology and artifacts, and how people lived thousands of years ago. Scouts will also learn flintknapping, and how to make their own stone tools.
Fee: \$5 per person

Indian Lore

Scouts will learn about the local Native Americans who lived in this area for thousands of years. They will also learn about customs and ways of life before the coming of European settlers, and will make 3 small crafts.
Fee: \$5 per person

Forestry

Scouts will learn about all about trees: tree identification, forest management, native trees, and invasive species.
Fee: \$5 per person

Nature

Scouts will learn how to identify local birds, mammals, insects, plants and rocks. They will also learn about the importance of plants and animals, and how their interaction is crucial to survival.

Geocaching

Scouts will learn what geocaching is, how to work a GPS, how to locate a geocache, how to construct and hide a geocache, and the ethics of geocaching.
Fee: \$9 per person (geocoin included)



Performing Arts



Audition Opportunities

Disney's Aladdin, Kids!

2013 Spring Children's Theatre

Directed by Beverly Preuss
Choreographed by Maddie Plewacki

Big Deal Productions is pleased to announce auditions for our Spring Children's Theatre production of Disney's Aladdin, Kids! Auditions for this musical production are open to all performers in grades 2 - 5 and will be held on Wednesday, February 6 from 5 - 8 pm at the Alcott Center. Callbacks will be held on Thursday, February 7.

If cast, there is a production fee of \$195 which includes a show t-shirt, keepsake libretto and commemorative cast photo. Cast members will also be responsible for securing appropriate footwear/tights/undergarments for the show. Auditions will consist of singing and dancing. Please prepare a musical theatre song and bring an accompaniment CD or MP3 player. Rehearsals for this production will be held on Monday and Wednesday evenings and Sunday afternoons. To schedule an audition, please contact Lindsay at lgrandt@bgparks.org or (847) 850-2132. (LG)

Audition Workshop - Aladdin, Kids!

Join us for a 2-hour audition workshop with the production team of *Disney's Aladdin, Kids!* prior to your audition. This workshop will give you the opportunity to meet the producer, director, music director and choreographer, and will give you a chance to learn more about the show and how the auditions work. You will also get a chance to learn the audition dance in advance. We welcome all performers in grades 2 - 5 to participate, regardless of whether or not you're auditioning for the show. Sign up today, as spaces are limited. (LG)

Grade: 2 - 5

Code	Day	Date	Time	R/NR Fee
37575	Tue	Feb 5	6 - 8 pm	\$15/\$22

Instructor: Production Staff Location: Alcott Center

Little Shop Of Horrors

2013 Summer Musical

Big Deal Productions is thrilled to announce their 2013 Summer Musical will be none other than, Little Shop of Horrors. One of the longest-running Off-Broadway shows of all time, this charming homage to 1950s sci-fi movies, has become a household name and audience favorite, thanks to the successful film version and the incredible score by Howard Ashman and Alan Menken. The show follows the misadventures of Seymour Krelborn, a down and out skid row floral assistant who becomes an overnight sensation when he discovers an exotic plant with a taste for fresh blood. Jam packed with amazing songs such as, Little Shop of Horrors, Suddenly Seymour, and Suppertime, this is one show that will not fail to entertain!

Auditions will be held in May of 2013, with performances running at the end of July in the Stevenson High School West Auditorium. Further details will be posted at bigdealproductions.org as they become available.

Upcoming Performances

13

2013 Young Adult Theatre

Directed by Jessi Gangware
Choreographed by Aly Stanczak
Co-Music Directed by Michael Goldman & Kara Spector

Big Deal Productions invites you to join us for our Young Adult Theatre performance of the exciting new musical from Jason Robert Brown, 13. This electrifying, high-energy show with an unforgettable rock score features some of the most talented middle school and high school performers in the area. You don't want to miss this show!

Performances will be held at the Suzanne E. Hannon Stage at Ivy Hall School in Buffalo Grove on March 8 and 9 at 8 pm and March 9 and 10 at 2 pm. Tickets will be on sale at bigdealproductions.org beginning February 15. All seats are \$12 in advance and \$15 at the door. Scout groups are welcome. Please contact Lindsay Grandt at (847) 850-2132 or lgrandt@bgparks.org for more information. (LG)

The Acting Studio

The Acting Studio

The Acting Studio is a combination class that incorporates elements of all the different courses we offer. Participation in this course involves playing theatre games, trying out Improv, learning the basics of acting, singing, and exploring who you are as an actor and a person. This class will build confidence and help you become a stronger performer while laughing and smiling the whole way! (LG)

Age: 6 - 8 years

Code	Day	Date	Time	R/NR Fee
37586	Sat	Apr 6 - June 8	11 am - 12 pm	\$81/\$97

Instructor: J. Gangware **Location:** Alcott Center

Acting Through Song

This class is designed specifically for the musical theatre actor. Come learn the necessary techniques to portray and create unique and memorable characters, while performing a song. This super fun and informative class will have you ready for any musical audition in no time. (LG)

Code	Age	Day	Date	Time	R/NR Fee
37576	6 - 8 years	Tue	Apr 2 - June 4	5 - 6 pm	\$90/\$108
37577	9 - 13 years	Tue	Apr 2 - June 4	7 - 8 pm	\$90/\$108

Instructor: TBA **Location:** Alcott Center

Improv Extravaganza

Do you like performing for others and making up funny stories and characters on the spot? This is the class for you! Come join us as we learn the hilarious art of Improv through a wide variety of fun games and activities. (LG)

Code	Age	Day	Date	Time	R/NR Fee
37579	6 - 8 years	Sat	Apr 6 - June 8	9:45 - 10:45 am	\$81/\$97
37580	9 - 13 years	Sat	Apr 6 - June 8	11 am - 12 pm	\$81/\$97

Instructor: TBA **Location:** Alcott Center

Scene Study

Join us while we jump into some of your favorite scenes from plays, movies and TV shows! We will use our acting tools to understand and perform some amazing and very fun scenes. (LG)

Code	Age	Day	Date	Time	R/NR Fee
37583	9 - 13 years	Tue	Apr 2 - June 4	6 - 7 pm	\$90/\$108

Instructor: TBA **Location:** Alcott Center

37582	18 and up	Tue	Apr 2 - June 4	7:30 - 9 pm	\$110/\$136
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Instructor: J. Gangware **Location:** Alcott Center

Private Instruction

Voice Lessons

Your voice is your instrument. Discover the tools you need to develop it to its maximum potential under the expert guidance of Beryl Bellows. Voice lessons are not just for future Broadway stars and opera singers. Strengthen your vocal mechanism, breathing and confidence in your own voice. Skills learned in voice lessons can be used to offer a song as an original gift, impress your friends on Karaoke night or even improve your diction and projection for public speaking and presentations.

Voice lessons are offered at a variety of days and times. Lessons are available for adults and children ages 10 and up. No previous music experience is required. Lessons are \$23 per half-hour session. For information on availability and procedures, please call Lindsay Grandt at (847) 850-2132.

Piano Lessons

The Buffalo Grove Park District offers piano lessons at a variety of days and times. Children and adults with all levels of experience are welcome, and no prior instruction in piano or music is required. Lessons are \$23 per half-hour session. Students may need to purchase their own instruction books and music, typically less than \$25. Please call Lindsay Grandt at (847) 850-2132 for more information or to reserve the next available session.

Guitar Lessons

So you want to be a rock star? Start building your foundation right here at the Buffalo Grove Park District with private guitar lessons. No previous music experience is required. Private lessons are \$23 per half hour and are offered at a variety of days and times. For more information or to check availability, please call Lindsay Grandt at (847) 850-2132.



Presented by:



Touring Ensembles

BG Singers Encore! is a group of talented men and women who travel the Chicagoland area entertaining at corporate parties, benefits, libraries, festivals and retirement homes. They have performed at such events as the Arlington Million and Long Grove's Strawberry Festival, and have sung the National Anthem at both Wrigley Field and U.S. Cellular Field. The group has a number of programs in its repertoire, including one that features highlights from this year's BG Singers show, one that features songs from the 50s, and a holiday show during the winter months.

For information on how to book this talented group for your next function, go to bgencore.org or call Bruce Bohrer at (847) 394-2797.

Dance



Buffalo Grove Studio of DANCE

Dance Recital 2013

Our dance recital will take place on Saturday, May 11 at Stevenson High School. In order to prepare students, we offering a continuing program from the summer into the spring. New classes will begin forming in the fall. Please check our webpage at bgdance.org for details regarding the recital.

Poms/Cheer Clinics

This class will involve leaps, turns, kicks and jumps, as well as jazz/hip hop technique to help get you ready for middle school and high school poms. Necessary attire includes Jazz shoes or Jazz sneakers, leotard and jazz pants. All hair must be pulled back into a pony tail.

Age: 12 - 18 years

Code	Day	Date	Time	R/NR Fee
37763	Sun	Apr 21	1 - 3:30 pm	\$20/\$25
37764	Sun	May 19	1 - 3:30 pm	\$20/\$25

Instructor: Stanczak

Location: Emmerich Park



Ballroom & Wedding Dance Workshop

Everybody dance! Here's your chance to build a strong foundation of various dance styles that have been around since the 50s, like Swing and the Jitterbug. You'll learn the variations of the Fox Trot and slow dance to the legendary music of Frank Sinatra and Dean Martin in the Big Band era. When you include the exciting Latin dances like the Salsa and the Cha Cha, you are ready for any social dance situation. Bring a friend and come join the fun. New and continuing students are welcome, as well as singles and couples. Class fee is per person and partners are not guaranteed.

Age: 18 years and up

Code	Level	Day	Date	Time	R/NR Fee
37765	Beginning	Mon	Apr 1 - May 20	6:15 - 7:15 pm	\$66/\$83
37766	Continuing	Mon	Apr 1 - May 20	8:15 - 9:15 pm	\$66/\$83
37767	Advanced	Mon	Apr 1 - May 20	8:15 - 9:15 pm	\$66/\$83

Instructor: Dance Plus

Location: Alcott Center



The Hyman and Miriam Reiner Gallery

The Hyman and Miriam Reiner Gallery is located at the Buffalo Grove Fitness Center. In support of the Park District's commitment to cultural arts, Commissioner Reiner's family has made a significant financial contribution in honor of their parents, Hyman and Miriam. Their contribution will be used to maintain the art gallery. The public is welcome to view the gallery during the Fitness Center's operating hours. Various pieces of artwork are for sale.

Adult Programs

Weight Loss Challenge

Join the Weight Loss Challenge (WLC) now and receive an action plan for weight loss success, and learn how to keep it off forever. The WLC meets weekly for 1 hour, where each participant will weigh in and consult with a coach. The program includes a private coaching session outside of class time, where each person is given a wellness profile and a personal action plan to follow. Weekly group classes cover topics including exercise, vitamins, meal replacement options, how to decipher food labels, the power of protein and much more. There are rules in place that qualify each participant for the final prizes, which will be discussed in the first meeting and you must be present for the final class to receive any prize money. Cash prizes will go to the top 3 biggest losers based on percentage of weight loss. Prize ranges have been \$35 - \$500 depending on the class size. The average weight loss is 15 pounds and over 10 inches. The goal is for you to use the tools given towards living a healthy and active lifestyle forever. Anyone under the age of 18 may register; but, must register with an adult and be accompanied by an adult each week. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37318	Mon	Apr 1 - June 3	7 - 8 pm	\$50/\$63

Instructor: Wellisch

Location: Alcott Center

Mah Jongg

Come join this class to be part of the millions of players that already enjoy the game called Mah Jongg. It is a fascinating rummy-like game played with tiles rather than cards. In a small amount of time and effort, you will be able to learn the elementary principles of the game. At the completion of this class, every student will know the Mah Jongg basics and be able to play the game with a group on their own. The class is for beginners and is perfect for those who already know the game, but need refresher classes to brush up on skills, rules and strategies. Mah Jongg sets are encouraged, but not required for this class. Mah Jongg cards are required for every student (priced at \$8 and supplied by the instructor) at the first class. Students already having a 2012 National Mah Jongg League published card are exempt. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37712	Mon	Apr 1 - May 6	1 - 3 pm	\$60/\$75
37713	Wed	Apr 3 - May 8	6:30 - 8:30 pm	\$60/\$75

Instructor: Max

Location: Alcott Center



Drawing & Painting

Discover the joys and magic of painting in oils and acrylics under the guidance and inspiration of professional artist Enid Silverman. Beginning, intermediate and advanced students will be given individual attention as they are taught how to develop and improve their drawing and painting skills, while choosing their own subject matter. Beginners will be given supplies for the first class. Thereafter, participants will be required to purchase minimal supplies as needed. You can see Enid's artist show Tuesdays at 7:30 pm on local access channels 19 and 35. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37313	Tue	April 9 - May 21	10 am - 12 pm	\$75/\$94
37314	Tue	April 9 - May 21	1 - 3 pm	\$75/\$94
37315	Tue	April 9 - May 21	7 - 9 pm	\$75/\$94
37316	Wed	April 10 - May 22	1 - 3 pm	\$75/\$94
37317	Wed	April 10 - May 22	7 - 9 pm	\$75/\$94

Instructor: Silverman

Location: Alcott Center

Sculpting & Drawing

This class is for introductory and continuing students and is designed to introduce them to the world of sculpture and drawing for sculpture projects. Students are explained the purpose of the drawing for sculpture and how it differs from other types of graphic art. Students, along with a professional sculptor, will create a portrait, figurative or relief sculpture and drawing. Some clay will be provided at the start of class and minimal sculpting tools can be borrowed. Additional sculpting tools and clay may be purchased if needed. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37656	Mon	Apr 1 - May 20	10 - 11:30 am	\$120/\$150
37655	Mon	Apr 1 - May 20	7 - 8:30 pm	\$120/\$150

Instructor: Kovalevskaya

Location: Alcott Center

NEW Papercrafting - Spring Cards & Treats 

Celebrate spring by making 3 adorable and easy projects using card stock, cute rubber stamps and fun embellishments. These cards/treats will be perfect to give to your children, grandchildren or friends. The instructor will provide all supplies. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37426	Wed	Mar 13	10 - 11:30 am	\$15/\$21
37425	Wed	Mar 13	7 - 8:30 pm	\$15/\$21

Instructor: Ban

Location: Alcott Center

NEW Papercrafting - Birthday Cards 

Make someone's big day even more special with a handcrafted birthday card. In this class, participants will make 3 unique birthday cards using card stock, rubber stamps and fun embellishments. The instructor will provide all supplies. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37427	Wed	Apr 10	10 - 11:30 am	\$15/\$21
37428	Wed	Apr 10	7 - 8:30 pm	\$15/\$21

Instructor: Ban

Location: Alcott Center

NEW Papercrafting - Teacher Gifts 

The end of the school year is almost here. Participants will make 3 easy projects using card stock, cute rubber stamps and fun embellishments. Show the teachers in your life how much you appreciate their hard work. The instructor will provide all supplies. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37429	Wed	May 8	10 - 11:30 am	\$15/\$21
37430	Wed	May 8	7 - 8:30 pm	\$15/\$21

Instructor: Ban

Location: Alcott Center

Unique Gift Wrapping 

Are you interested in creating beautiful art pieces with your wrapping techniques? In this class, you will be taught how to wrap one of a kind presents that will surely leave the gift receiver in awe. By using paper, ribbons, tulle and creative gift toppers, your presents will be as special as the gift inside. Students are required to supply boxes (no larger than shirt size) each week that we will wrap in class and then be able to bring home as a completed gift wrapping sample. We will also be creating gorgeous gift bags with supplies provided by the instructor. Weeks 5 and 6 will be dedicated to wrapping those gifts which are so tricky to make look stunning. Bring in an item that you are discouraged with and we will research a way to make it something special. If you own a hot glue gun, tape and good scissors, please bring to class. Otherwise the instructor will bring supplies to be shared. Sign up now and discover your creative potential to be a wrapping pro. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37715	Thu	Apr 4 - May 9	9:30 - 11:30 am	\$80/\$100
37714	Fri	Apr 5 - May 10	1 - 3 pm	\$80/\$100

Instructor: Max

Location: Alcott Center

Public Speaking Success - 10 Secrets From The Masters 

Whether you need to write and deliver a toast at a wedding party, or give a presentation at work, or conquer your stage fright in general, there are a few secrets you need to know and follow that will make your speaking a great success. These 10 secrets will touch on all aspects of public speaking, from gathering your ideas around what to communicate, to connecting with your audience when delivering the speech. Join us for 90 minutes of fun learning. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37609	Sat	Apr 6	10 - 11:30 am	\$55/\$69
37610	Thu	Apr 11	6:30 - 8 pm	\$55/\$69

Instructor: Marcusanu

Location: Alcott Center

NEW Sail Course 

This program is a complete sail course beginning with basic boat designs, rigging and sail processes for the non-sailor. The course proceeds into the physical aspects of sailing sail applications, marlinespike, helmsman ship, and the handling of more difficult sailing conditions, navigation rules, and an introduction to heavy weather sailing. **No class on March 30.** (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37440	Sat	Mar 9 - May 18	10:30 am - 12:30 pm	\$70/\$88

Instructor: U.S. Power Squadron

Location: Alcott Center

Introduction To The iPad 

This hands on class will teach you the fundamentals of your iPad, give you an overview of what came with your iPad, and cover the basics of the iPad, including the operation of it, how to use the app store to download apps (free and paid apps), how to backup your iPad to your computer, and discuss the use of iCloud. We will also cover how to send and receive emails, use the internet, and how to use cut, copy and paste, as well as other functions of the iPad. If you own the iPad 2, we will also go over how to use the front and back cameras. Please be sure to bring your iPad and charger to the class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37380	Mon	May 6 - May 20	7 - 9 pm	\$85/\$105

Instructor: Computer Training

Location: Alcott Center

Introduction To The iPhone 

This hands-on class will teach you the fundamentals of your iPhone. Students will learn many functions of their phones, which include the uses of calling, sending and receiving text messages, email, and how to use maps. We will also have an overview of iCloud and what it might mean for you, and cover how to cut, copy and paste, along with how to use the App Store to download free application for your iPhone. Other functions of the iPhone will be covered to help you become more comfortable with using your new phone. Please bring your iPhone and charger to class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37379	Mon	Apr 8 - Apr 22	7 - 9 pm	\$85/\$105

Instructor: Computer Training

Location: Alcott Center

Help Keep Your Papers & House Organized

Whether you are down-sizing, moving into a new home, getting married and setting up a new home, trying to un-clutter from kids who have moved out, or just trying to organize your current home, this class is for you. Come and learn from a professional organizer how to get the process started. This will help eliminate a stressful environment in your home and make it a peaceful place to be. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37376	Thu	Apr 4	7 - 8:30 pm	\$15/\$20
37377	Tue	Apr 23	7 - 8:30 pm	\$15/\$20
37378	Wed	May 8	7 - 8:30 pm	\$15/\$20

Instructor: Stec

Location: Alcott Center

Power Vegetable Gardening

Take part in the backyard gardening hobby that's growing in popularity, and experience the joy of harvesting power crops of healthy, delicious, sweet, crunchy vegetables. This topic reviews the basic techniques of vegetable gardening. Everything from site selection, soil preparation, and seed starting through fertilization, watering, pest control, and harvest will be covered. Both new and experienced gardeners will learn something they can use. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37545	Mon	Mar 4 - Mar 18	7 - 9 pm	\$25/\$31

Instructors: Lyons

Location: Alcott Center

Vegetable Gardening In Small Spaces

Lacking a big backyard does not mean that you can never have your own vegetable garden. This topic will show you tips and techniques for making the most of limited space to grow a bountiful harvest of sweet, crunchy vegetables. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37546	Mon	Apr 8	7 - 9 pm	\$10/\$14

Instructors: Lyons

Location: Alcott Center

Vegetable Gardening For The Whole Family

Vegetable gardening is a fun activity for all generations (grandparents, parents, and children). So, gather the whole clan and learn some techniques for working together as a family to grow a bumper crop of sweet, crunchy, mouth-watering vegetables while having tons of fun doing it. Each family member must register for the class. (CE)

Code	Day	Date	Time	R/NR Fee
37547	Mon	Apr 15	7 - 9 pm	\$10/\$14

Instructors: Lyons

Location: Alcott Center

Basics Of Cake Decorating

In this class, you will learn the basics of cake decorating, such as how to ice the cake, how to make a decorative border, how to decorate the cake with drop flowers/leaves, and learn the skills to baking a delicious cake. You will also get to take home the cake you decorate to enjoy with your family. Students will be working with butter cream icing, pastry bags, edible embellishments, fondant cutouts, candies and royal icing. All supplies furnished are for class time use only. **Please note:** Our cake recipes and icing may share equipment with peanuts, corn syrup or tree nuts, and all contain gluten. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37370	Fri	Mar 8	6:30 - 8:30 pm	\$35/\$44

Instructors: Vasile

Location: Alcott Center

How To Make Detailed Fondant & Gumpaste Floral Spray

In this class, you will learn how to make Stargaze Lilies, primrose flowers and leaves to arrange into a floral spray for placing as a centerpiece on your cake. You will be working with fondant, gumpaste, food safe wiring and floral tape. This delicate and exotic looking floral display can be saved and placed on your future homemade cake (not made in class). All supplies furnished are for class time use only. **Please note:** Our cake recipes and icing may share equipment with peanuts, corn syrup or tree nuts, and all contain gluten. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37371	Fri	Apr 5	6:30 - 8:30 pm	\$35/\$44

Instructors: Vasile

Location: Alcott Center

Make A Beautiful Mother's Day Cake

In this class, you will learn the basket weave technique, how to make a shell border around the cake, and how to finish with drop flowers and leaves. You will leave with a beautiful Mother's Day cake to present to the special lady in your heart. You will be working with butter cream icing, pastry bags, and edible embellishments. All supplies furnished are for class time use only. **Please note:** Our cake recipes and icing may share equipment with peanuts, corn syrup or tree nuts, and all contain gluten. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37372	Mon	May 6	6:30 - 8:30 pm	\$35/\$44
37373	Fri	May 10	6:30 - 8:30 pm	\$35/\$44

Instructors: Vasile

Location: Alcott Center

Home Cheese Making

Good cheese tastes even better when you make it yourself. Mark Lyons, experienced cheese maker with a degree in Agriculture, will teach you all the techniques for making your own cheese. The course will cover the science behind cheese making, along with ingredients, equipment, and techniques for making soft, hard, Italian, and other kinds of cheeses. This class is a demonstration only. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37548	Mon	Apr 22 - Apr 29	7 - 9 pm	\$15/\$19

Instructor: Lyons

Location: Alcott Center

Mortgage 101

This class provides a practical introduction to real estate financing for homebuyers, so that you are properly prepared to deal with the mortgage process and know exactly what you are being asked to pay. You will be armed with the knowledge to interview your mortgage professional to effectively negotiate a mortgage program and offer to purchase a house, as well as what traps to be mindful of throughout the mortgage and home buying process. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37543	Tue	Apr 9	7 - 8 pm	\$5/\$6
37544	Tue	May 14	7 - 8 pm	\$5/\$6

Instructor: Paunan

Location: Alcott Center

Basics of Investment

This class will cover basic investments and provide participants with a greater understanding of financial and investment topics. We will discuss certificate of deposits, municipal bonds, unit investment trusts, mutual funds, corporate bonds, treasuries, stocks and annuities. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37549	Tue	Mar 12 - Mar 19	6:30 - 8:30 pm	\$15/\$19

Instructor: O'Brien

Location: Alcott Center

Understanding Annuities

Retirement can last 20 years or more, so it's important to consider if your retirement income will last as long as your retirement. When it comes to generating retirement income, one option to explore is an annuity. In this class, you will learn about the different types of annuities and their features, and how an annuity can supplement your retirement income. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37550	Tue	Apr 16	6:30 - 8:30 pm	\$10/\$13

Instructor: O'Brien

Location: Alcott Center

Saving For College

In this class, you will learn available options for college savings, such as 529 Education Saving Plan, Coverdell Education Saving Account, Uniform Gift Minors Act Account, Zero Coupon Bonds, Prepaid Tuition Plan, and Financial Aid. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37551	Tue	Apr 30	6:30 - 8:30 pm	\$10/\$13

Instructor: O'Brien

Location: Alcott Center

Which Life Insurance Is Right For You

In this class, we will discuss the key features and benefits of different types of life insurance, such as term life, whole life, universal life and variable universal life insurance. We will also discuss how these insurance policies can help you in your financial planning. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37552	Tue	May 7	6:30 - 8:30 pm	\$10/\$13

Instructor: O'Brien

Location: Alcott Center

NEW Divorced Moms GPS: 3 Steps To A Thriving Life

Rebuilding your life after divorce is hard work, and there are no easy ways out. The 3 Steps that we'll discuss together will ensure that you have a solid foundation, and will give you a great head start in the right direction. All 3 Steps are simple, practical, and highly customizable to suit your needs and preferences, and to prepare you to succeed. You will leave the class with a clear plan of action for each of them. Come prepared to change your life. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37611	Sat	Apr 13	10 - 11:30 am	\$55/\$69
37612	Wed	Apr 24	7 - 8:30 pm	\$55/\$69

Instructors: Marcusanu

Location: Alcott Center

NEW Meditation: The Amazing Way To Combat Stress & Aging

The deep benefits of meditation include physical, emotional, mental, as well as spiritual wellbeing. Meditation slows the pace of aging in us, and increases the quality of our life. It helps us be less reactive to the ups and downs of life, and brings compassion and acceptance of ourselves and of people around us. Simple meditation techniques will be discussed and a short guided meditation will be included. This hour will be fun and will enable you to apply these simple yet powerful techniques in your daily life. No prior meditation experience is required for attending this class. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37615	Sat	Apr 27	10 - 11 am	\$35/\$44
37616	Wed	May 22	7 - 8 pm	\$35/\$44

Instructors: Marcusanu

Location: Alcott Center

NEW Receiving Our Children

Our children (and grandchildren) are a gift in our lives. Join us for an hour of reconnection with this truth, in which we will look at how we receive them everyday and at new ways we could receive them in the future. We will also explore all the things our children taught us since they were born, and will share our gratitude for these learnings with the group. Grandparents and spouses are free of charge when attending with a paid registrant. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37613	Sat	Apr 20	10 - 11 am	\$35/\$44
37614	Thu	May 2	7 - 8 pm	\$35/\$44

Instructors: Marcusanu

Location: Alcott Center

Feel Better Physically & Emotionally Using EFT

Are you tired of struggling with years of physical issues and emotional problems? What if you could rid those unhealthy cravings, allergies, headaches, chronic anger, traumas, low self-esteem, self-sabotage, and many more? When you attend this class, you will be introduced to an energy modality called the Emotional Freedom Technique (EFT). Learn this simple, yet profound technique that can eliminate many issues physically and emotionally, and in many cases, in a short period of time. When properly applied, 80 - 85% of those who apply EFT notice great improvement or complete cessation of a problem. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37541	Wed	Apr 17	7 - 9 pm	\$55/\$68
37542	Wed	May 15	7 - 9 pm	\$55/\$68

Instructor: Soskich

Location: Alcott Center

Adult Programs

Inner Engineering

Inner Engineering Online is a technology for wellbeing, derived from the ancient science of yoga. A proven program for self-empowerment and personal growth, taught by the profound mystic and yogi Sadhguru Vasudev, the course includes 7 invigorating sessions of 90-minutes each, at-home assignments to increase awareness, guided meditations, and access to a treasure trove of video Q & As addressing the topics covered in each class. You will have 30 days to complete the program, at your own space and pace. Imagine living and working with surprising levels of efficiency, allowing you to cope calmly with the hectic pace of modern life. You can gain this potential from a simple, yet powerful online course. Experience Inner Engineering and help yourself realize the ultimate potential within. Visit innerengineering.com and click on the "Introduction to Inner Engineering" video for the free introductory class, and then click on "Register," and select "Inner Engineering Online" (remember to enter the referral code 62505002). The registration fee is \$135 (when using the referral code), and it is nonrefundable. This program also lays the foundation to learn Shambavi Mahamudra, an energy practice of immeasurable transformative power, now practiced by millions worldwide. (CE)

Earn. Shop. Save. Finding Savings Through The Web

This class will show you how to stretch your budget with online offers, amazing deals, and venues that have hidden reward cards. Learn different ways you can save your money by finding coupon codes, birthday meals, and other free items, all with the click of a mouse. The first class will show you where to navigate the web to search for the deals, why consolidated websites are worth the time, and how to never pay full price again. At the end of the class, you will be assigned homework. In the second class be prepared to discuss what you purchased, where you found the savings, and how much you saved. Please bring your laptop and/or iPad to the first class. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37638	Thu	Apr 4	7 - 8 pm	\$25/\$31
	Thu	Apr 11	7 - 7:30 pm	

Instructor: Ginsberg

Location: Alcott Center

Puppy Preschool

Having a puppy is like having a 2 year old running wild through your home. Help get your 4-legged best friend off to a great start with positive reinforcement. Learn how to be the Alpha your dog needs and wants you to be. This is the best stage to teach your dog how to succeed, be confident, well adjusted, and have great house manners. We will also cover potty training and proper socializing (are you sending the correct message to your dog?) and loose leash walking. You will learn how to properly introduce commands at this young age and redirect their mischievous behavior. (CE)

Code	Day	Date	Time	R/NR Fee
37448	Fri	Apr 5 - Apr 19	6 - 7 pm	\$35/\$44
37449	Fri	Apr 26 - May 10	6 - 7 pm	\$35/\$44
37450	Fri	May 17 - May 31	6 - 7 pm	\$35/\$44

Instructor: Miss Daisy's Manners 4 Paws

Location: Alcott Center

Beginning Dog Obedience

Be the Alpha your dog needs and wants you to be. Through positive reinforcement, you will teach your dog not only the basic obedience commands, but more importantly, how to be well socialized, calm dog with good house manners. (CE)

Code	Day	Date	Time	R/NR Fee
37446	Fri	Apr 5 - May 17	7 - 8 pm	\$75/\$94

Instructor: Miss Daisy's Manners 4 Paws

Location: Alcott Center

Intermediate Dog Obedience

We will build on the basic commands learned in Beginning Dog Obedience, as well as impulse control and desensitizing, to stimuli (reactions to things such as other dogs, animals, people and cars - basically anything that moves). We will also cover proper socializing, and if you are sending the correct message or reinforcing bad behavior. Your leadership skills will always be reinforced during this class. Some type of beginning dog obedience is a prerequisite before taking this course. (CE)

Code	Day	Date	Time	R/NR Fee
37447	Fri	Apr 5 - May 17	8 - 9 pm	\$75/\$94

Instructor: Miss Daisy's Manners 4 Paws

Location: Alcott Center

Stress Buster - Any Dog Any Problem

Is your 4-legged loved one stressing you out with behavior issues like jumping, nipping, barking, getting into mischief, separation anxiety or constantly begging for your attention? If so, your dog is in control. You will be astonished to learn the simple techniques that put peace and harmony back into your home, and have the family dog you've always dreamed about. This class is recommended even before you bring your dog into your home. This 2 hour class can be held in the privacy of your own home or at the Park District. Please contact Chris Eckert at (847) 850-2123 for more information.

Code	R/NR Fee
37451	\$100/\$125

Instructor: Miss Daisy's Manners 4 Paws

Stress Buster - Any Dog Any Problem (Lecture Only)

This is a lecture only class for dog owners. Dogs will not be allowed to participate in this class. Is your 4-legged loved one stressing you out with behavior issues such as jumping on people at the door, nipping, barking, getting into mischief, separation anxiety or constantly begging for your attention? If so, your dog is in control. You will be astonished to learn the simple techniques that put peace and harmony back into your home, and have the family dog you've always dreamed about. This class is recommended even before you bring your dog into your home. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37460	Sat	Apr 13	9 am - 12 pm	\$75/\$94
37461	Sat	May 4	9 am - 12 pm	\$75/\$94
37462	Sat	May 18	9 am - 12 pm	\$75/\$94

Instructor: Miss Daisy's Manners 4 Paws

Location: Alcott Center

Adult Sports

Men's Informal Basketball



Informal pickup games with plenty of court time are a great way to work up a sweat and work off those office tensions. Be a part-time gym rat, but register early before the program fills up. Please bring both a white and a dark shirt to each session. **Please note:** Sundays (#37354) will move to Cooper Middle School on June 2. (CB)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37355	Tue	Apr 2 - June 25	6 - 8 pm	\$52/\$65
37356	Tue	Apr 2 - June 25	8 - 10 pm	\$52/\$65

Location: Cooper Middle School

37354	Sun	Apr 7 - June 30	8 - 10 am	\$65/\$81
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Location: Buffalo Grove High School (Apr 7 - May 26)
Cooper Middle School (June 2 - June 30)

Co-Rec Volleyball



For noncompetitive and informal games, our co-rec volleyball is a great way to enjoy this fun sport. Register early for this popular program. **No volleyball on May 27.** (CB)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37357	Mon	Apr 1 - June 24	7:30 - 9:30 pm	\$52/\$65
37358	Wed	Apr 3 - June 26	7:30 - 9:30 pm	\$52/\$65

Location: Cooper Middle School

Location: Ivy Hall School

Co-Rec Soccer



In this pick-up league, games will be played on Saturday mornings and registration is accepted on an individual basis. League rules and registration information is available on the Park District website at bgparks.org. For more information, please contact Chris Eckert at (847) 850-2123 or ceckert@bgparks.org. Games being played at Buffalo Grove High School may have a later start time than 7 pm occasionally due to school activities.

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37786	Sat	Apr 6 - June 1	9 - 10 am	\$35/\$44
37787	Wed	Apr 10 - May 29	7 - 8 pm	\$35/\$44

Location: Willow Stream Park

Location: Buffalo Grove High School

Karate



The self-defense skills learned through karate are invaluable, and this program offers a variety of benefits for each student. For the businessperson, this is an ideal way of releasing tensions and developing cardiovascular fitness. This class is a must for the single parent wishing to learn protection skills for themselves and their families. Karate movements develop poise and agility, while improving muscle tone. All classes are taught by instructors of the Illinois Shotokan Karate Club, under the direction of John DiPasquale, 4-time National Champion and former U.S. Karate National Coach. Frontier Park is located at 1933 Kennicott in Arlington Heights. (TW)

Age: 15 years and up

Code	Belt	Day	Date	Time	R/NR Fee
37452	White - Purple	Wed	Apr 3 - June 5	7:30 - 8:30 pm	\$90/\$113
37455	Brown - Black	Wed	Apr 3 - June 5	8:30 - 10 pm	\$123/\$154
37453	White - Green	Thu	Apr 4 - June 13	7:30 - 8:30 pm	\$99/\$124
37454	Purple and up	Thu	Apr 4 - June 13	8:35 - 10 pm	\$135/\$169

Instructor: ISKC

Location: Cooper Middle School

Instructor: ISKC

Location: Frontier Park - Arlington Heights

Krav Maga



Krav Maga, led by Master George Buruian (Expert Level 5), is a street oriented self defense program that is the official self defense and fighting system of the Israeli Defense Forces, and is favored by federal, state, and local law enforcement agencies across the United States. The system has a broad-based appeal because of its simple, no-nonsense approach to personal safety. The system is characterized by a logical and coherent approach to self defense, which enables one to achieve a relatively high level of proficiency within a short period of time. Krav Maga is an ideal self defense system for men, women and children of all ages and physical abilities. The White Tiger Martial Arts Center is an official Krav Maga Worldwide Training Center, and is located at 286 W. Palatine Road in Wheeling. (TW)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
37602	Sun	Apr 7 - June 23	11:30 am - 12:20 pm	\$120/\$150
37599	Tue	Apr 9 - June 25	8 - 8:50 pm	\$120/\$150
37600	Thu	Apr 11 - June 27	6 - 6:50 pm	\$120/\$150
37601	Fri	Apr 12 - June 28	12:30 - 1:30 pm	\$120/\$150

Instructor: White Tiger Staff

Location: White Tiger Martial Arts Center



White Tiger Boxing


White Tiger Boxing is led by Marco Aceituno, a world class boxer and coach, with over 20 years of boxing and competition experience under his belt. With 169 fights and a record of 153-16, Marco has brought his boxing talent and expertise to White Tiger Krav Maga with his very own boxing program. Students will punch focus mitts, hit heavy bags, train footwork and movement, spar, and learn the ins and outs of western style boxing. Technique and conditioning will be emphasized as students are run through the training regimens of professional boxers. The White Tiger Martial Arts Center is an official Krav Maga Worldwide Training Center, and is located at 286 W. Palatine Road in Wheeling. (TW)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
37598	Sat	Apr 6 - June 22	8:30 - 9:30 am	\$120/\$150
37596	Mon	Apr 8 - June 24	12:30 - 1:30 pm	\$120/\$150
37597	Tue	Apr 9 - June 25	6 - 7 pm	\$120/\$150

Instructor: White Tiger Staff **Location:** White Tiger Martial Arts Center


Pickleball

Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. It is played with a hard paddle and a wiffle ball on a court with the same dimensions as a doubles badminton court. The net is similar to a tennis net; however, it is 2 inches lower. Equipment is provided. For more information about Pickleball and its rules, visit usapa.org. **Please note:** You may also just show up and pay a drop in fee of \$5. (CB) 

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37359	Thu	Apr 4 - June 27	6:30 - 9:30 pm	\$52/\$65

Location: Ivy Hall School

 Indicates there is a senior discount available.

Adult Summer Softball League

Registration for the Adult Summer Softball Leagues is open through April 13. The season begins in May. Captains can print registration packets off of the adult softball website at www.leaguelineup.com/buffalogrove. Additional information is available on the Park District's website at bgparks.org. (TW)

Adult Softball Field Supervisors

The Buffalo Grove Park District is looking for field supervisors for the adult summer softball season. Field supervisors are responsible for setting up fields and overseeing the adult softball leagues. Games start in late April and run thru July. High School students and adults are encouraged to apply. Call T.J. Wilkes at (847) 850-2199 for more information.



Have you ever had to walk through a cloud of smoke? Has your little one ever picked up a cigarette butt while playing?

Enjoy the fresh air!

Smoking is not permitted anywhere on Buffalo Grove Park District property. This includes all parks, athletic fields, spectator viewing areas and parking lots.

- No secondhand smoke.
- No cigarette litter means cleaner parks.
- A safer environment for everyone.

Ordinance 05-7-1

Golf & Sports Center



801 McHenry Road • (½ mile west of Buffalo Grove Road) • (847) 459-2321

Now in its 13th year of operation, the Buffalo Grove Golf and Sports Center is recognized as one of the top indoor golf learning centers in North America. The Center offers a temperature controlled, realistic practice environment suitable for working on full shots and the short game. The Buffalo Grove Golf and Sports Center features a putting green and a separate chipping green with 2 sand bunkers. We also have a full service pro shop with clubs, soft goods, custom fitting equipment, club repair and a snack shop.

We also offer golf specific fitness and conditioning through NovaCare. The NovaCare specialists are recognized by the PGA, LPGA and Senior Tours for their expertise. NovaCare will be working side by side with our Nationally ranked golf professionals, John Andrews, Todd Sones and Kristy Vik. For more information or to schedule an appointment, call **(847) 459-2321**.

Hours

Whether you are an early morning, midday or evening golfer we can accommodate you.

Open thru April 6

Monday	9 am - 4 pm
Tuesday - Friday	9 am - 10 pm
Saturday	7 am - 10 pm
Sunday	7 am - 5 pm

Fees (per ½ hour)

Weekdays, before 6 pm	\$10
Weekdays, after 6 pm	\$11
Weekends	\$11
5 hour pass	\$85
Season Membership	\$500

For more information, call (847) 459-2321.

Team Rentals

The Buffalo Grove Golf and Sports Center is a unique indoor training and practice facility. With 30,000 square feet of space and a 65-foot ceiling height, this versatile facility is great for indoor soccer, baseball, softball, lacrosse and football. Throughout the year the Buffalo Grove Golf and Sports Center offers a variety of sport specific athletic training programs, as well as an athletic enhancement program, and a unique fitness and conditioning program for youths and adults involved in any sport.

Non-Prime Season

September 8 - October 31 and April 7 - May 4
Everyday 9 am - 12 am

Prime Season

November - March

Monday 5 pm - 12 am
Sunday 6 pm - 12 am

Team Rentals

Full Field	
1 Rental	5+ Rentals
\$210	\$200

One Field/Half of Sports Center

1 Rental	5+ Rentals
\$135	\$125

Parties & Private Rentals

The Golf and Sports Center is also available for your corporate event, party or for private rentals. Special features can be added to your event such as professional instruction, guidance on how to golf "pain free" from our therapists, and professional club fitting services. To plan your event, please call Golf and Sports Center Manager Kristy Vik at **(847) 459-2321**.



Ultimate Sports Parties

Whether it's soccer, baseball, softball, flag football, lacrosse, golf or anything else, we have your party needs covered. We feature a large party patio, which offers umbrella picnic tables, chairs and benches. All packages include play time and party time! There are 4 party packages for you to choose from, or call our office to customize a party for your needs. In addition, to help with your party we supply birthday balloons, which can be taken home, tables, chairs and table covers. **Cleats are not permitted inside of the facility.** If applicable, participants may wish to bring personal golf clubs, baseball/softball gloves, bats, shin guards or other personal athletic equipment that may not be provided for the party. Catering is also available. To customize your event please call (847) 459-2321.

Rates given below are for parties of 50 and under.

Package 1

- 2 Hour Party Package
- \$250

Package 2

- 2 ½ Hour Party Package
- \$315

Package 3

- 3 Hour Party Package
- \$375

Package 4

- 4 Hours Party Package
- \$500

Other Options

If you have any questions, please call (847) 459-2321 or visit our website at bgparks.org. The Buffalo Grove Golf and Sports Center is located at 801 McHenry Road in Buffalo Grove.

Junior Level 1

Our Junior Golf Program is designed to present the fundamentals of the sport, including the physical skills, rules, etiquette and preparation for the golf course. There will be instructional materials provided, along with practical instruction. Juniors will be evaluated at the end of each session on performance in order to continue on to the next level. Golf clubs will be provided if needed. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each.

Age: 7 - 12 years

Code	Day	Date	Time	R/NR Fee
37703	Tue, Thu	Mar 5 - Mar 19	5 - 5:45 pm	\$115/\$130
37704	Tue, Thu	Mar 5 - Mar 19	6 - 6:45 pm	\$115/\$130

Instructor: English

Location: Golf & Sports Center

37700 Thu Mar 28 - Apr 25 4 - 4:45 pm \$115/\$130

37698 Tue Apr 2 - Apr 30 4 - 4:45 pm \$115/\$130

37702 Thu May 2 - May 30 4 - 4:45 pm \$115/\$130

37701 Tue May 7 - June 4 4 - 4:45 pm \$115/\$130

Instructor: Takamura

Location: Golf & Sports Center

Junior Level 2

This class is designed to continue advancing the student by improving swing mechanics, posture, grip and alignment. The finer points of the short game (chipping and pitching) will also be explored. Golf clubs will be provided if needed and all participants must have completed level 1. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each.

Age: 7 - 12 years

Code	Day	Date	Time	R/NR Fee
37707	Thu	Mar 28 - Apr 25	5 - 5:45 pm	\$115/\$130
37705	Tue	Apr 2 - Apr 30	5 - 5:45 pm	\$115/\$130
37709	Thu	May 2 - May 30	5 - 5:45 pm	\$115/\$130
37708	Tue	May 7 - June 4	5 - 5:45 pm	\$115/\$130

Instructor: Takamura

Location: Golf & Sports Center

My Kid & I

Do you love the game of golf and want to spend more time with your kid? If your answer is yes, there couldn't be a better way to spend your free time than in this class. This is a laid back class designed to introduce your child to the game of golf while you pick up some pointers along the way. The fee for all classes includes a practice time punch card for 5 visits of 30 minutes each. Golf clubs will be provided if needed.

Age: 7 years and up

Code	Day	Date	Time	R/NR Fee
37710	Wed	Mar 6 - Apr 3	6 - 6:45 pm	\$125/\$150

Instructor: English

Location: Golf & Sports Center



Adult Level 1 - Beginning

This instructional class is designed to introduce students to grip, posture, alignment and the fundamentals of the game. All aspects of golf will be covered, including the full swing, short game and putting. Golf clubs will be provided if needed. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each. **No class on March 31.**

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
37633	Tue	Mar 5 - Apr 2	7 - 8 pm	\$125/\$150
37639	Sat	Mar 9 - Apr 6	12 - 1 pm	\$125/\$150
Instructor: English			Location: Golf & Sports Center	
37640	Sat	Mar 23 - Apr 20	8 - 9 am	\$125/\$150
37641	Sun	Mar 24 - Apr 21	8 - 9 am	\$109/\$129
37642	Tue	Mar 26 - Apr 23	6 - 7 pm	\$125/\$150
37643	Thu	Mar 28 - Apr 25	6 - 7 pm	\$125/\$150
37644	Sat	Apr 27 - May 25	8 - 9 am	\$125/\$150
37645	Sun	Apr 28 - May 26	8 - 9 am	\$109/\$129
37646	Tue	Apr 30 - May 28	6 - 7 pm	\$125/\$150
37647	Thu	May 2 - May 30	6 - 7 pm	\$125/\$150

Instructor: Takamura

Location: Golf & Sports Center

Adult Level 2 - Intermediate

This instructional class is designed for the experienced golfer interested in improving swing mechanics. The fundamentals (grip, posture and alignment) will be reviewed and the finer points of the short game (chipping and pitching) will be worked on in detail. Golf clubs will be provided if needed. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each. **No class on March 31.**

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
37663	Tue	Mar 5 - Apr 2	8 - 9 pm	\$125/\$150
37664	Sat	Mar 9 - Apr 6	1 - 2 pm	\$125/\$150
Instructor: English			Location: Golf & Sports Center	
37648	Sat	Mar 23 - Apr 20	9 - 10 am	\$125/\$150
37653	Sun	Mar 24 - Apr 21	9 - 10 am	\$109/\$129
37654	Tue	Mar 26 - Apr 23	7 - 8 pm	\$125/\$150
37657	Thu	Mar 28 - Apr 25	7 - 8 pm	\$125/\$150
37658	Sat	Apr 27 - May 25	9 - 10 am	\$125/\$150
37659	Sun	Apr 28 - May 26	9 - 10 am	\$109/\$129
37660	Tue	Apr 30 - May 28	7 - 8 pm	\$125/\$150
37661	Thu	May 2 - May 30	7 - 8 pm	\$125/\$150

Instructor: Takamura

Location: Golf & Sports Center

Ladies Lessons - Level 1

This instructional class is for women who are new to golf and want to learn golf fundamentals. It is designed to introduce ladies to grip, posture, alignment and the fundamentals of the game. All aspects of golf will be covered, including the full swing, short game and putting. This is a perfect class to take with your friends. Golf clubs will be provided if needed. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each.

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
37665	Mon	Mar 4 - Apr 1	10 - 11 am	\$125/\$150
37669	Tue	Mar 5 - Apr 2	10 - 11 am	\$125/\$150
37670	Sat	Mar 9 - Apr 6	9 - 10 am	\$125/\$150
Instructor: English			Location: Golf & Sports Center	
37671	Mon	Mar 25 - Apr 22	10 - 11 am	\$125/\$150
37672	Wed	Mar 27 - Apr 24	10 - 11 am	\$125/\$150
37673	Mon	Apr 1 - Apr 29	6 - 7 pm	\$125/\$150
37674	Mon	Apr 29 - May 27	10 - 11 am	\$125/\$150
37677	Wed	May 1 - May 29	10 - 11 am	\$125/\$150
37678	Mon	May 6 - June 3	6 - 7 pm	\$125/\$150

Instructor: Takamura

Location: Golf & Sports Center

Ladies Lessons - Level 2

This class is for women who have some experience with golf. Focus will be placed on improving swing mechanics. The fundamentals (grip, posture and alignment) will be reviewed and the finer points of the short game (chipping and pitching) will be worked on in detail. This is a perfect class to take with your friends. Golf clubs will be provided if needed. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each. **No class on March 31.**

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
37684	Wed	Mar 6 - Apr 3	10 - 11 am	\$125/\$150
37690	Thu	Mar 7 - Apr 4	10 - 11 am	\$125/\$150
37691	Sun	Mar 10 - Apr 7	9 - 10 am	\$109/\$129
Instructor: English			Location: Golf & Sports Center	
37692	Mon	Mar 25 - Apr 22	11 am - 12 pm	\$125/\$150
37693	Wed	Mar 27 - Apr 24	11 am - 12 pm	\$125/\$150
37694	Mon	Apr 1 - Apr 29	7 - 8 pm	\$125/\$150
37695	Mon	Apr 29 - May 27	11 am - 12 pm	\$125/\$150
37697	Mon	Apr 29 - May 27	7 - 8 pm	\$125/\$150
37696	Wed	May 1 - May 29	11 am - 12 pm	\$125/\$150

Instructor: Takamura

Location: Golf & Sports Center

Fitness & Wellness

Forever Fit

Have you been talking about getting in shape, but for whatever reason not taken that first step? If you need a class to get started on a fitness regimen, we have developed one that is perfect for seniors, or people that have never exercised before, that will improve your quality of life. This program will combine cardio, flexibility and balance training, as well as muscle strength to perform daily activities with more vigor. Come join our co-ed, non-intimidating class. (ML)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37748	Tue	Apr 2 - May 28	9:45 - 10:30 am	\$27/\$34
37749	Thu	Apr 4 - May 30	9:45 - 10:30 am	\$27/\$34

Instructor: Barnett

Location: Emmerich Park

Step 'N Strength

This class alternates between segments of step aerobics to burn calories and fat, and sculpting work to tone your body, thereby increasing your body's metabolism. Some segments are longer, while some are shorter drill-type segments to allow your body to continue burning calories and fat long after the class is over. While this is not a beginner class (as far as the stepping is concerned), the choreography on the step stays the same from week to week, allowing you time to get the steps if they seem tricky at first. The sculpting segments change from week to week; and, we will use a variety of equipment for muscle work, including hand weights, weighted bars, stability balls, resistance tubes, core discs, and your own body weight. Core work and stretching are always included in this fun, non-intimidating class as well.

No class on May 25. (ML)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37759	Mon	Apr 1 - May 20	7:05 - 8:05 pm	\$38/\$48
37760	Wed	Apr 3 - May 29	8:05 - 9:05 pm	\$43/\$53
37758	Wed	Apr 3 - May 29	9:15 - 10:15 am	\$43/\$53

Instructor: Nelson

Location: Emmerich Park

37757 Sat Apr 6 - June 1 8:45 - 9:45 am \$38/\$48

Instructor: Nelson

Location: Alcott Center

Muscle Fit

Exercise all major muscle groups using various forms of resistance. Strengthen and tone your muscles, rev up your metabolism and increase your bone density in a non-intimidating, fun class. (ML)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37750	Tue	Apr 2 - May 28	8:30 - 9:30 am	\$43/\$53
37751	Thu	Apr 4 - May 30	8:30 - 9:30 am	\$43/\$53

Instructor: Barnett

Location: Emmerich Park

Mat Pilates

Pilates certified instructor Lois Nelson will take you through a class that is designed for all ages and abilities. Pilates is a total body conditioning exercise method that integrates mind, body and breath to help you achieve your goals. The benefits are many. It focuses on strengthening the powerhouse or core, helps restore your natural balance, improves flexibility, strength and posture, gives sleek and toned muscles, reduces stress, discomfort and pain, helps prevent bone deterioration, and assists pre and post-natal women in breathing, body concentration and recovery of body shape and tone after delivery. Pre and post-natal (less than 6 weeks after delivery) women need a doctor's note to participate. You will need to bring a towel and a roll-up yoga-style mat. (ML)

Age: 16 years and up

Code	Days	Date	Time	R/NR Fee
37753	Mon	Apr 1 - May 20	9:25 - 10:25 am	\$52/\$65
37754	Mon	Apr 1 - May 20	8:15 - 9:15 pm	\$52/\$65
37752	Wed	Apr 3 - May 29	10:30 - 11:30 am	\$59/\$73

Instructor: Nelson

Location: Emmerich Park

Ball Pilates

This class provides the same benefits as the Mat Pilates class; however, the addition of the stability ball adds fun and variety while increasing the focus on the core muscles. (ML)

Age: 16 years and up

Code	Days	Date	Time	R/NR Fee
37755	Fri	Apr 5 - May 31	9:25 - 10:25 am	\$59/\$73

Instructor: Nelson

Location: Emmerich Park

20% Senior Discount



This symbol indicates programs that are eligible for the 20% discounted fee.

Express Intervals

This 45-minute express interval class will have your body burning fat and calories all day long! Working at your own pace and fitness level, this class uses high intensity interval training (HIIT) and boot camp-type training methods to crank up your body's ability to burn calories and fat. This class alternates between high energy/intensity cardio segments and either rest or sculpting recovery segments. The shortness of these bursts (30-60 seconds) allows you to work to your own personal highest intensity level. This high and low pattern helps to improve both your aerobic and anaerobic energy systems. There is some plyometric work, but modifications are always made for those who want a lower impact workout. A variety of equipment will be used from week to week, including hand weights, weighted bars, resistance tubes, stability balls, steps, core discs and more for a fun, non-intimidating total body workout. (ML)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37756	Mon	Apr 1 - May 20	8:30 - 9:15 am	\$28/\$37
37761	Fri	Apr 5 - May 31	8:30 - 9:15 am	\$32/\$40

Instructor: Nelson

Location: Emmerich Park

Fitness MMA Conditioning

This program uses the conditioning methods of mixed martial arts (MMA) professionals to enable men and women to achieve the lean, fit body of an MMA fighter. T.O.P. staff will lead you through a total body workout that will help develop strength and burn fat. Every class consists of drills from the MMA disciplines, including aerobic exercises such as shadow boxing and footwork, anaerobic exercises such as punching/kicking, focus mitts and use grappling bags in muscle-building resistance exercises, and much more. The class in non-contact between participants, but contact with mitts and exercise equipment is used. **No class on April 24 and May 1.** (CE)

Age: 16 years and up

Code	Day	Date	Time	Fee
37367	Mon	Apr 1 - May 20	7 - 8 pm	\$90
37368	Wed	Apr 3 - May 29	7 - 8 pm	\$80
37369	Mon, Wed	Apr 1 - May 29	7 - 8 pm	\$135

Instructor: Ripp

Location: Aptakisic Junior High School

Prenatal/Postpartum Fitness

Certified in prenatal/postpartum fitness by SCW's Moms In Motion, Lois Nelson will meet with you one-on-one at your convenience to answer your questions regarding exercises and nutrition during this important time in your life. After a health and personal survey are completed, Lois will provide handouts and give advice on exercises that you can do at home using inexpensive resistance bands, as well as recommend books and videos to follow. Or, if you choose, you can continue to meet one-on-one for more personal training-like sessions. After signing up you will be contacted to schedule a time that works just for you. A doctor's permission is required. Registration for this class must be done at the Alcott Center. (ML)

Age: 16 years and up

Code	Day/Time	R/NR Fee
37762	By Appointment	\$35/\$44

Instructor: Nelson

Location: Alcott Center

Zumba

Are you looking for a new workout that is fun and gets you into a good sweat? Do you wish you could really swing your hips to a salsa rhythm? The new Zumba workout rave is worth the time. Classes combine Latin dances like Flamenco, Salsa, Merengue and Cumbia with a fitness regimen that guarantees fun with a workout. Move beyond sweating to the oldies and twist your hips to a spicy Latin beat. Workouts involve total body movement, while mostly toning abs, buns, hips and thighs. Lose weight and learn to dance now! **No class on May 12.** (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37360	Tue	Apr 2 - May 28	7 - 8 pm	\$86/\$108
37361	Thu	Apr 4 - May 30	7 - 8 pm	\$86/\$108
37362	Sun	Apr 7 - May 19	9 - 10 am	\$57/\$71

Instructor: Sotelo

Location: Alcott Center

Zumba Gold

Zumba® Gold takes the popular Latin-dance inspired workout Zumba®, and makes it accessible for seniors and beginners. It breaks down all Latin rhythms to address the needs of active older adults, or the unconditioned beginners. Experience with dance is not required. The intention of the class is to move a little and have a lot of fun, even if you don't perform each move perfectly. Classes combine Latin dances like Flamenco, Salsa, Merengue and Cumbia, with a fitness regimen that guarantees fun with a workout. Move beyond sweating to the oldies and twist your hips to a spicy Latin beat. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
37364	Thu	Apr 4 - May 30	9:30 - 10:15 am	\$55/\$70

Instructor: Sotelo

Location: Alcott Center

Zumba Toning

It's an exciting, Latin inspired, dance 'n tone program. This is the original dance-fitness class taken to the next level. Zumba® Toning is an innovative muscle training program with the addition of light weight toning sticks. We provide the 2 ½ pounds, sand filled toning sticks, which are very similar to maracas. In a relatively short period of time, this challenging workout helps in building coordination and muscle endurance. The new and exciting Zumba® Toning program is designed to offer the participant a safe, yet effective total body toning workout! Previous Zumba® experience (at least one session) is required before taking the Zumba® Toning class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37363	Thu	Apr 4 - May 30	8:05 - 9:05 pm	\$86/\$108

Instructor: Sotelo

Location: Alcott Center

Hatha Yoga



In this combined Hatha yoga class, we'll explore the connections between mind, body and breath. You'll learn techniques to help you relax and reduce stress. Additional benefits include flexible joints, elongated muscles and increased energy. Hatha yoga in the Himalayan tradition is a gentle and meditative approach. In yoga we all work to our own capacity, so all levels are welcome. You may bring a sticky mat or use the ones provided and dress for comfortable movement. **No class on March 31 and May 12.** (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37438	Sun	Mar 17 - May 19	9 - 10:15 am	\$90/\$112
37439	Wed	Apr 3 - May 15	6:30 - 7:45 pm	\$80/\$100

Instructor: Chamberlain, CYT Location: Alcott Center

Yoga For A Healthy Back Workshop



Nearly 90% of American adults suffer from back pain, and the number continues to climb. Much of our back pain results from how we hold ourselves and how we move. Join Vidya Nahar, ERYT to learn simple Yoga postures and movement techniques that will help you keep your back in good shape. Don't give up on your back. Take back your back by learning and practicing these preventive and healing movements. (TE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37301	Tue	Apr 9	6 - 8 pm	\$25/\$30

Instructor: Nahar, RYT Location: Alcott Center

Chair Yoga



Get fit while you sit. Inhale, exhale, stretch and bend as you release your stress with Vidya. If you can breathe, you can do Chair Yoga. This more gentle form of yoga has caught on. You no longer have to get down on a yoga mat because this yoga class is done sitting in, and standing, holding on to your chair. It is easier on those less limber muscles and is known to improve balance, increase your energy and relieve stress and tension. (TE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
36627	Tue	Feb 19 - Mar 19	9:15 - 10:15 am	\$35/\$40
36625	Thu	Feb 21 - Mar 21	4:30 - 5:30 pm	\$35/\$40
37296	Mon	Apr 1 - May 20	4:30 - 5:30 pm	\$56/\$64
37295	Tue	Apr 2 - May 21	9:15 - 10:15 am	\$56/\$64
37298	Thu	Apr 4 - May 23	4:30 - 5:30 pm	\$56/\$64

Instructor: Nahar, RYT Location: Alcott Center

Chair Yoga Workshop



Chair yoga is yoga for every body. If you have trouble getting down to the mat to practice yoga stretches, bends and twists, chair yoga is for you. If you sit or travel a lot, chair yoga is for you. You will learn several ways to practice yoga while seated at your desk, standing by your chair or traveling. You will also learn how to synchronize your moves with your breath. No prior yoga experience is necessary to participate in this workshop. (TE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37304	Tue	May 28	6 - 8 pm	\$25/\$30

Instructor: Nahar, RYT Location: Alcott Center

Breathing/Pranayam Workshop



Breath is respiration, life, vitality, energy and strength, an essential connection between your own mind and body, and between you and this world. Vidya Nahar, ERYT will discuss and demonstrate several breathing techniques, including bandhas (locks) used in the Pranayam Yogic Breath Regulation System. Regular practice of Pranayam helps prevent frequent sinus infections, runny/blocked noses, and helps with relaxation. (TE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
37302	Tue	Apr 16	6 - 8 pm	\$25/\$30

Instructor: Nahar, RYT Location: Alcott Center

Tai Chi Chung



Tai Chi is a Chinese exercise for people of all ages intended to promote better health and prevent sickness. Practicing on a daily basis strengthens the immune system, improves overall health and maintains the body's natural balance. Tai Chi Chung consists of slow, flowing and relaxed movements practiced without force or power. Breathing matched in time to the movements is the key to gaining the full benefits of this form. Learning this form will help release tension, improve circulation, increase flexibility and develop muscle tone. We recommend that first time students attend the beginning classes before taking the continuing course. (CE)

Age: 18 years and up

Code	Level	Day	Date	Time	R/NR Fee
37788	Beginning	Wed	Apr 3 - May 29	7 - 8 pm	\$90/\$112
37789	Continuing	Wed	Apr 3 - May 29	7 - 8 pm	\$90/\$112

Instructor: Fugate Location: Alcott Center





FRIENDS OF THE PARKS FOUNDATION



The Friends of the Parks Foundation is a charitable organization that supports Buffalo Grove Park District programs and events throughout the year. The Friends of the Parks Foundation sponsors events such as National Night Out and Camping Under the Stars. They also host events like the Buffalo Grove Soccer Classic, the Stampede 5K/10K Race, Battle of the Bands, and the Doubles Disc Golf Tournament (During the weekend of BG Days).

Become a part of Buffalo Grove history

Community Brick Paver Program

Makes a great gift!

Birthdays • Anniversaries • Memorials • Personal Tributes
Family Trees • Employee Recognition

Now available at the following locations:

Alcott Center, Willow Stream Park, Rolling Hills Park, Twin Creeks Park,
Veterans Park, Emmerich Park and Happy Tails Dog Park

For questions and registration forms please visit the Allcott Center or Go on-line at bgparks.org.
Information can be found on the Friends of the Parks Foundation page.

PAIN

...THE BODY'S...

Amazing Ways
OF POINTING OUT

☞ WHAT YOU JUST DID WAS ☞

A REALLY
BAD IDEA

We can help. Go to Athletico Buffalo Grove, located inside the Buffalo Grove Fitness Center, for a **complimentary injury screening**. Find out what's wrong, and learn how to get better. Your body will quietly whisper, "Thank you."

ATHLETICO

PHYSICAL THERAPY

Better for every body.

To schedule, call 847-215-0022. Located at 601 Deerfield Parkway.

BUFFALO GROVE FITNESS CENTER

CLUB INDUSTRY
TOP 100

Named one of Club Industry's Top 100 Fitness Centers in the United States for the third consecutive year.



601 West Deerfield Parkway • Buffalo Grove, IL 60089
(located in Mike Rylko Community Park)

The Fitness Floor

- Cardiovascular and Weight Resistance Equipment featuring state of the art equipment from Life Fitness, Precor, Hammer Strength, Stairmaster, Free Motion, NuStep, and Magnum.
- Aquatics Area featuring 5-lane lap pool, warm water therapy pool, sauna, and whirlpool.
- Special Programs include varieties of Taekwondo, swim lessons and youth programming.
- Kids Club featuring indoor and outdoor activity areas, XerPro Sportwall® and crafts.
- Yoga and Pilates studios.
- Women's Workout Room
- Personal Training
- Group Exercise
- Spa Services
- Sports Performance Training

Fitness Center Hours

Monday - Thursday 5 am - 10 pm
Friday 5 am - 9 pm
Saturday & Sunday 6 am - 7 pm

Please call the Buffalo Grove Fitness Center for special holiday hours.

(847) 353-7500 • bgfitness.org

Kids Club

Drop off your children while you exercise at the Buffalo Grove Fitness Center. Kids Club is for children age 3 months - 12 years and includes an outdoor playground, XerPro Sportwall® and crafts. We also offer birthday parties. For more information, please call (847) 353-7535.

Training

Our trainers are nationally certified and dedicated to guiding and educating those who wish to embark on a journey of optimal health and fitness. We offer different forms of training and various packages to suit your fitness needs. To inquire about what type of training is best for you or to begin your training program contact Dennis Houghton at (847) 353-7517.

Personal Training

Improve all aspects of fitness. A certified trainer will design and take you through workouts that will help you to achieve your fitness and/or weight loss goals.

Pilates Training

This method of exercise focuses on core strengthening through stabilization of the pelvic and shoulder girdles, as well as stretching tight muscles for optimum functional performance. All Pilates training sessions are now held in our brand new Pilates equipment studio.

Sports Performance Training

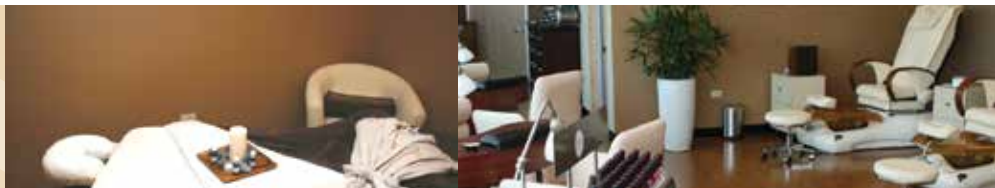
Training designed to improve several key areas of athletic performance: speed, agility, strength, and explosive power. These key areas give athletes increased levels of athletic ability.

N-Stretch Flexibility Training

Improve range of motion with our N-Stretch flexibility sessions. A certified trainer will take you through a brief assessment to evaluate the muscle length and then assist you in stretching using Contract/Relax techniques.

Heart Strong - Post Cardiac Rehab Program

Heart Strong classes are designed for individuals with limitations and concerns with their cardiac health. Participants will be taken through exercises focused on helping cardiac rehab patients, and those living with chronic obstructive pulmonary disease (COPD). Additionally, these classes will meet the needs of anyone with balance and stability concerns, blood pressure issues, or those who would prefer to be monitored during exercise. Classes are opened to members and nonmembers. For more information, please contact Dennis Houghton at (847) 353-7517.



For more information or to schedule your appointment, call Vitality Spa at (847) 353-7590.

Spring is a time for renewal. Renew, Rejuvenate, and Revive at Vitality Spa!

Break out from the harsh winter and show those toes with our signature spa pedicure that smoothes away dead skin and rough patches to reveal beautifully polished and pampered feet. We also offer a signature spa manicure that gives soft a new name. We are always adding new polish colors and collections for each season. Express yourself with a new color this spring!

We also offer a full range of massage therapy and wellness therapy techniques that you won't find anywhere else. Our signature massage that combines therapeutic and Swedish techniques, our muscle therapy massage that works deep into tight and sore muscles. Our therapists are highly skilled and tuned into addressing specific aches and pains, especially with the drastic change of our seasons.

Winter takes a toll on our bodies and our skin. Skin is also our largest organ and can be easily neglected. No problem! Our skin therapists can help correct and recommend treatments to repair dry and damaged skin, head-to-toe. Try our signature facial service or a warming and hydrating body wrap.

Whatever your plans this spring, put Vitality Spa on your spring cleaning to do list!

Open To The Public

On-site childcare available



10% OFF

Any single spa service of \$35 or more.

Offer valid until March 31, 2013. Not available in conjunction with any other promotions or offers. Discount may only be used once per person. Offer not valid for retail product items or gift certificates. Coupon must be presented to redeem offer.



Warm Water Arthritis

Taking place in our warm water therapy pool, Arthritis Foundation certified instructors will lead you through a series of exercises that can help relieve pain and stiffness caused by arthritis. These classes are also great for Fibromyalgia and pain management.

Age: 16 years and up

Code	Day	Date	Time	M/NM Fee
2104	Wed	Apr 3 - June 19	5:45 - 6:30 pm	\$60/\$72
Instructor: Murtha		Location: Buffalo Grove Fitness Center		
2101	Mon	Apr 1 - June 17	10:15 - 11 am	\$60/\$72
2103	Tue	Apr 2 - June 18	10 - 10:45 am	\$60/\$72
2105	Thu	Apr 4 - June 20	10 - 10:45 am	\$60/\$72
2106	Thu	Apr 4 - June 20	10:50 - 11:35 am	\$60/\$72
Instructor: Jassin		Location: Buffalo Grove Fitness Center		
2102	Mon	Apr 1 - June 17	5:45 - 6:30 pm	\$60/\$72
Instructor: Carr		Location: Buffalo Grove Fitness Center		

Group Power

Group Power is a challenging yet achievable program that uses adjustable barbells, making it ideal for people of all ages and fitness levels. As you progress, simply add weight. Strength training can literally turn back the clock by simultaneously building muscle, while body fat is burned away. Improved lean muscle provides a better appearance, an increased ability to perform daily tasks and an elevated metabolic rate to help burn fat more efficiently. Buffalo Grove Fitness Center members pay \$110 for unlimited classes for a 12 week session. Nonmembers pay \$250 for unlimited classes or \$20 per class.

Age: 16 years and up

Day	Time
Mon	5:30 - 6:30 am
Tue	4:45 - 5:45 pm
Wed	6:30 - 7:30 pm
Fri	5:30 - 6:30 am
Fri	5:30 - 6:30 pm
Sat	7 - 8 am
Sun	8 - 9 am

Living Lite

This program 12 week program is designed to help participants meet their fitness and weight loss goals. It will provide structured guidelines for weight loss, utilizing a comprehensive approach, combining nutrition education, along with individualized guided fitness programs. Each participant will receive 12 half hour individualized nutritional consultations, 12 one hour personal training sessions, unlimited Group Power classes, along with an initial fitness evaluation. Get started at any time for this 12 week program.

Pilates Reformer & Chair Classes

Reformer and chair classes will improve core strength, flexibility, and joint mobility, along with leaving you feeling tall and refreshed. As Joshep Pilates states, in 10 sessions you will feel the difference, in 20 you will see the difference, and in 30 you will have a whole new body. First time participants must sign up for a level 1 class.

Age: 16 years and up

Essential Reformer

Code	Day	Date	Time	M/NM Fee
2711	Sun	Mar 31 - June 23	9 - 10 am	\$352/\$440
2705	Thu	Apr 4 - June 20	10 - 11 am	\$352/\$440
Instructor: Stark		Location: Buffalo Grove Fitness Center		
2702	Sat	Apr 6 - June 22	8 - 9 am	\$352/\$440
Instructor: Galyayeva		Location: Buffalo Grove Fitness Center		

Essential Reformer & Chair

2703	Wed	Apr 3 - June 19	6:35 - 7:35 pm	\$396/\$495
2708	Fri	Apr 5 - June 21	10 - 11 am	\$396/\$495
2710	Sat	Apr 6 - June 22	8 - 9 am	\$400/\$460
Instructor: Galyayeva		Location: Buffalo Grove Fitness Center		

Intermediate Reformer

Code	Day	Date	Time	M/NM Fee
2701	Tue	Apr 2 - June 18	7:35 - 8:35 pm	\$352/\$440
Instructor: Alesi		Location: Buffalo Grove Fitness Center		
2706	Thu	Apr 4 - June 20	6:35 - 7:35 pm	\$352/\$440
Instructor: Galyayeva		Location: Buffalo Grove Fitness Center		

Intermediate Reformer & Chair

Code	Day	Date	Time	M/NM Fee
2704	Thu	Apr 4 - June 20	9 - 10 am	\$396/\$495
Instructor: Stark		Location: Buffalo Grove Fitness Center		
2709	Sat	Apr 6 - June 22	9 - 10 am	\$396/\$495
Instructor: Galyayeva		Location: Buffalo Grove Fitness Center		

Group Swim Training

This is an ideal class for swimmers and triathletes to refine their swimming techniques. Weekly workouts will include interval style swims, as well as endurance swims. Participants must be able to swim 1,000 yards of freestyle.

Age: 16 years and up

Code	Day	Date	Time	M/NM Fee
2600	Wed	Apr 3 - June 19	12 - 1 pm	\$150/\$190

Instructor: Block **Location:** Buffalo Grove Fitness Center

Healthy Minds, Healthy Bodies

The Buffalo Grove Fitness Center recognizes the challenges faced by returning veterans with a disability. We now offer a program for disabled veterans to keep them connected physically, socially and mentally with other veterans and members of the community.

Veterans accepted into the program receive a free full year of membership to the Buffalo Grove Fitness Center, including a free membership for a companion. Veterans also receive free personal training sessions*, post-rehabilitative exercise materials for home use, expert advice from trained staff at the Rehabilitation Institute, and invitations to optional social events where veterans can meet other program participants.

*The start date and duration of training sessions will be tailored to meet the individual needs of each client. You will receive an initial consultation with a personal trainer at the Buffalo Grove Fitness Center. This consultation is required to help you get started and determine how this program will work for you. A disability (mental and/or physical) of 10% or more is required to be qualified into the Healthy Minds Healthy Bodies program.



TRX Suspension Body Weight Training

Train like the Navy Seals using the TRX Suspension System and your own body weight to establish core strength, stability, functional strength, and balance. Our personal and performance trainers will incorporate beginning, intermediate and advanced body weight training techniques with the TRX tools to rev up your workout and boost your muscle metabolism. Both 6 and 12 week sessions are available.

Age: 16 years and up

Code	Day	Date	Time	M/NM Fee
2604	Mon	Apr 1 - June 17	8 - 8:45 am	\$120/\$150
2605	Mon	Apr 1 - June 17	8 - 8:45 am	\$220/\$275
2606	Tue	Apr 2 - June 18	9 - 9:45 am	\$120/\$150
2607	Tue	Apr 2 - June 18	9 - 9:45 am	\$220/\$275
2608	Tue	Apr 2 - June 18	6:30 - 7:15 am	\$120/\$150
2609	Tue	Apr 2 - June 18	6:30 - 7:15 am	\$220/\$275
2610	Wed	Apr 3 - June 19	10:45 - 11:30 am	\$120/\$150
2611	Wed	Apr 3 - June 19	10:45 - 11:30 am	\$220/\$275
2612	Wed	Apr 3 - June 19	7:35 - 8:20 pm	\$120/\$150
2613	Wed	Apr 3 - June 19	7:35 - 8:20 pm	\$220/\$275
2614	Fri	Apr 5 - June 21	8:30 - 9:15 am	\$120/\$150
2615	Fri	Apr 5 - June 21	8:30 - 9:15 am	\$220/\$275
2616	Sat	Apr 6 - June 22	8 - 8:45 am	\$120/\$150
2617	Sat	Apr 6 - June 22	8 - 8:45 am	\$220/\$275

Instructor: Staff **Location:** Buffalo Grove Fitness Center

Zumbatomic

It's time to make fitness a family affair with Zumbatomic! Designed exclusively for kids, Zumbatomic classes are rockin', high-energy fitness-parties packed with specially choreographed, kid-friendly routines, and all the music kids love to groove to in a group, like hip-hop, reggaeton, cumbia and more. Parents love Zumbatomic because of the effects it has on kids, increasing their focus and self-confidence, boosting metabolism and enhancing coordination. Zumbatomic rounds out family fitness goals by giving parents a great reason to head to the gym, for themselves, for their kids, for a totally fun family experience.

Code	Age	Day	Date	Time	M/NM Fee
2618	4 - 6 years	Wed	Apr 3 - June 19	1 - 1:45 pm	\$72/\$96
2619	7 - 12 years	Tue	Apr 2 - June 18	3:45 - 4:30 pm	\$72/\$96

Instructor: Dicker **Location:** Buffalo Grove Fitness Center

Taekwondo

Our largest specialty program, Taekwondo, is designed to provide focus, confidence and self-defense. Levels are based on age and belt color. This program is for students who would like to be prepped for competitions and for those looking for discipline and fitness.

Little Jins

This program allows students to develop balance and coordination through learning techniques found in Taekwondo which is the art of kicking and punching in a fun and safe environment.

Age: 4 - 5 years

Code	Day	Date	Time	M/NM Fee
2800	Mon	Apr 1 - June 17	4 - 4:30 pm	\$100/\$125
2815	Thu	Apr 4 - June 20	4 - 4:30 pm	\$100/\$125
2802	Sat	Apr 6 - June 22	10 - 10:30 am	\$100/\$125

Beginner

Learning the martial art Taekwondo provides many benefits. In the beginner class our program focuses on discipline, self confidence, physical fitness, and learning the basics to form a strong foundation to prepare them physically and mentally for the challenges of the intermediate program.

Age: 5 - 16 years

Code	Day	Date	Time	M/NM Fee
2803	Mon	Apr 1 - June 17	5:25 - 6:05 pm	\$112/\$140
2804	Thu	Apr 4 - June 20	6:30 - 7:10 pm	\$112/\$140
2505	Sat	Apr 6 - June 22	10:30 - 11:10 am	\$112/\$140

Intermediate

Students are expected to attain all the demands of a strong foundation in learning Taekwondo. At this stage attitude building is necessary to instill patience, perseverance and respect.

Age: 7 - 16 years

Code	Day	Date	Time	M/NM Fee
2806	Mon	Apr 1 - June 17	4:30 - 5:20 pm	\$136/\$170
2807	Thu	Apr 4 - June 20	4:30 - 5:20 pm	\$136/\$170
2808	Sat	Apr 6 - June 22	11:15 am - 12:05 pm	\$136/\$170

Advanced

This program approach will be more intense and demanding. Students are expected to show the distinction of an advanced level to other students. The attributes of a serious Taekwondo practitioner must reflect on their daily activities. The program prepares students for black belt promotion.

Age: 7 - 16 years

Code	Day	Date	Time	M/NM Fee
2809	Thu	Apr 4 - June 20	5:25 - 6:25 pm	\$160/\$200
2810	Sat	Apr 6 - June 22	9 - 10 am	\$160/\$200

Adult

All belt levels are welcome to join this class. Physical fitness and self defense are the primary focus of the program. Relieving stress by challenging the mind and body in a dynamic system of coordinated movements.

Age: 17 years and up

Code	Day	Date	Time	M/NM Fee
2812	Mon	Apr 1 - June 17	7:15 - 8:15 pm	\$160/\$200
2813	Thu	Apr 4 - June 20	7:15 - 8:15 pm	\$160/\$200
2818	Fri	Apr 5 - June 21	6:50 - 7:50 pm	\$160/\$200

Black Belt

You must be a Black Belt to register for this class. Continuation of Black Belt degrees will be taught.

Age: 9 years and up

Code	Day	Date	Time	M/NM Fee
2811	Mon	Apr 1 - June 17	6:15 - 7:15 pm	\$160/\$200
2816	Fri	Apr 5 - June 21	5:45 - 6:45 pm	\$160/\$200

Integrated Sparring

This class is for students that are currently registered in our Taekwondo program that would like to enhance their sparring abilities.

Age: 7 years and up

Code	Day	Date	Time	M/NM Fee
2814	Tue	Apr 2 - June 18	5:30 - 6:30 pm	\$160/\$200

Instructor: De Guzman **Location:** Buffalo Grove Fitness Center

Family

This class is intended for parents and children to enjoy Taekwondo together.

Age: 4 years and up

Code	Day	Date	Time	M/NM Fee
2817	Fri	Apr 5 - June 21	5 - 5:40 pm	\$112/\$140

Instructor: De Guzman **Location:** Buffalo Grove Fitness Center



Senior Programs

Buffalo Grove Park District Seniors

Terri Ebner - Recreation Supervisor • (847) 850-2117 • bgparks.org • 50 years and older

Wondering what there is to do for fun?

Want a place to socialize with active, exciting people your own age? Become a part of the Buffalo Grove Park District Seniors. This is a program for seniors age 50 and over. Trips, lectures, services, refreshments and planned activities are all part of the excitement that awaits you.

Code # 36917 **R/NR Fee** \$20/\$25

*All present memberships will expire
December 31, 2012.*

Transportation

Wheeling Township - Offers bus service for Wheeling Township residents Monday through Friday from 9 am - 4 pm. Please call (847) 259-7743 between 9 am and 1:30 pm to make a reservation. All reservations should be made 2 days before the travel date.

Vernon Township - Offers bus service for Vernon Township residents Monday through Friday from 8:30 am - 4:30 pm. Please call (847) 634-4600 for reservations. Wednesday only, the Vernon Township bus will bring you to the Alcott Center so you will be able to participate in activities.

Reservations must be made at least 24 hours in advance.


Taxi Service - The Village of Buffalo Grove has negotiated a discounted fee for seniors. For more information on this program please call Village Hall at (847) 459-2500. Forms are available at the Alcott Center Office.



Benefits of Becoming A Member of Our Senior Programs

This membership entitles you to discounted member rates for many of our trips and programs, and enables you to participate in our many free lectures, lunches, parties and drop in programs. Be the first to find out what there is to do and avoid being placed on waiting lists. Membership is not required to enroll in classes or to make use of services that are offered. Resident/Nonresident fees will apply.

20% Discount

Residents aged 62 and over, are entitled to a 20% discount on recreation opportunities through the Park District, except contractual programs and trips. This symbol  indicates programs that are eligible for the 20% discounted fee. This will help you identify the programs that will entitle you to an additional discount. Classes offered in the senior section are already discounted. Prices are as stated.

Weekly Activities - For Members Only

New players are always welcome, please stop by and join the fun.

Bridge

(For experienced players)
Monday and Wednesday
at 12 pm

Hand & Foot - A Form Of Canasta

(New players always welcome)
Monday and Wednesday
at 10 am

Texas Hold 'em

Monday and Friday at 12 pm

Poker

Tuesday and Friday at 12 pm

Drop In Mah Jongg

Tuesday at 12 pm
For experienced players

Bunco Buddies

Tuesday at 11:30 am

Bingo

Wednesday at 12 pm

Pinochle

Wednesday at 11 am

Indian Trails Library

A librarian from the Indian Trails Library
comes to the Alcott Center Wednesday
at 11:30 am

Mah Jong

Thursday at 11:30 am
For experienced players

Left - Right - Center

2nd and 4th
Thursday at 1 pm

Knitting - Crafty Ladies

Friday at 9 am

Advisory Council Board Meetings

Wednesday, March 6, April 3 and May 1

Meetings are held the first Wednesday of each month at 10 am
Dates are subject to change, please call (847) 850-2117 to verify.



Advisory Council Board Members

Rhonda Moore - President • Toby Bresler - Vice President • Syd Mitchel - Secretary
Betty Schneider - Ways and Means • Fran Eagan • Mary Ann Pisano
Carl Schulien • Harry Shaw • Rose Wilkosz

Activities Free To All Members

Good & Welfare

Free to all members

Have a card sent from our Senior Advisory Council Board. Cards can be sent for any occasion, get well, congratulations, sympathy etc. If there is a member you would like to send a card to, please call our Good and Welfare Chairperson, Betty Schneider at (847) 459-4599.

The Crafty Ladies - Knitting & Crocheting

Every Friday

Free to all members

The Crafty Ladies are a great group who enjoy making items for themselves and others. They have patterns to share and yarn for making donated items to various charities. A few more friendly faces and busy hands are always welcome. This group meets on Fridays from 9 - 11:15 am. Please stop by and see all of the beautiful items that they are working on. Clean and odorless yarns (no wool or wool blends please) are accepted and very appreciated. If you have yarn you would like to donate, please call (847) 850-2117.

Texas Hold'em

Every Monday and Friday

Free to all members

Texas Hold'em will now be played Mondays and Fridays at 12 pm. Come play the game that television has made into the biggest card game now played in the United States.

Left - Center - Right

2nd and 4th Thursday at 1 pm

Free to all members

All you need to play this very fun, easy and entertaining game is chips, dice and people. The Park District has the chips and dice, so all we need are people that want to play. It's an easy game to learn, please feel free to join the group.

Bunco

Every Tuesday at 11:30 am

Free to all members

Join the Bunco Buddies for an afternoon of fun and excitement. Bunco (also Bunko and Bonko) is played in teams with 3 dice. When you roll 3 of a kind of the number you are currently rolling this is a Bunco (21 points). If you don't know how to play, or need some brushing up, this friendly group will help you. You may be the next one shouting Bunco.

Birthday Celebrations

Wednesday, March 6, April 3 and May 1

Free to all members

Enjoy monthly complimentary birthday cookies provided by Belmont Village of Buffalo Grove at 1:30 pm at the Alcott Center. Belmont Village was founded to provide a way for seniors to lead happy, self-directed lives in a supporting community, one that offers good value and has been designed from the ground up to be sensitive to senior living. They are located at 500 McHenry Road in Buffalo Grove and can be reached at (847) 537-5000.



*Buffalo Grove
Park District
Senior Shirts*

Beautiful, colorful Park District Senior t-shirts are now available in small and medium sizes for only \$2. Supply and sizes are limited. Shirts can be purchased at the front office. Be sure to wear our shirt with pride.

Activities Free To All Seniors

Obtaining The Police Blotter

Free to all seniors

The Crime Prevention Unit of the Buffalo Grove Police Department will e-mail you the "Police Blotter", which is published Monday through Friday. The "Blotter" tells you of incidents and crimes in the Village, alerts you of scams and crime trends, lets you know what the Police Department is up to, and from time to time, tells a funny story or two. To receive the "Blotter" by e-mail, go to vbg.org, and on the right side of the page, click on E-News Sign Up. Fill in the form and click subscribe. Or, you can call Pete Lippert at (847) 459-2560 and give him your e-mail address and he will take care of it for you.

Book Discussion Group

Thursday, February 14, March 14, April 11 and May 9

Free to all seniors

Do you enjoy reading books and talking to people? Why not join our book group and do both. We will read an assigned book each month and then come together to share our opinions. The friendly discussion will be led by a staff member from Indian Trails Library. The library will arrange loans of all the selected books for group members. Title and books will be available a month in advance. Meets from 10:15 - 11:30 am the 2nd Thursday of each month. To save you a copy of the book, registration is required by calling (847) 850-2117.

Current Events Discussion Group

Thursday, February 21, March 21, April 18 and May 16

Free to all seniors

Join Rabbi James Gordon, Director of Pastoral Services at The Claremont Rehab and Living Center in Buffalo Grove, for an hour of current events. Rabbi Gordon, a very inspirational speaker, will lead the group in topics that will include Local, National and International Politics, Human Interest Stories and Sports. Rabbi Gordon is an Attorney, Sports Enthusiast and former Political Advisor. This group will begin at 10:15 am at the Alcott Center. Current Events will continue once a month, the third Thursday of each month. Dates are subject to change.

Public Safety Breakfast Club

Wednesday, February 27, March 27, April 24 and May 29

Free to all seniors



This program is sponsored by Lexington Health Network in Wheeling. Join representatives from the Buffalo Grove Police and Fire Departments the last Wednesday of the month. Various safety topics will be discussed. Have all of your concerns answered, learn what's going on in your neighborhood and more. Bagels and cream cheese will be served at 10:15 am at the Alcott Center. Registration is required.

Walk the DOME

Thru April 5

Buffalo Grove Golf & Sports Center
Buffalo Grove Park District

Do you enjoy walking for exercise, but hate braving the elements during the winter months? Get out of the cold! November thru early April, the Buffalo Grove Golf and Sports Center is open to walkers on Monday thru Friday mornings from 8 - 9 am. Thanks to a generous donation by Culver's of Buffalo Grove, there is no fee. No registration required, just show up and join the fun.

Made possible by a generous donation from

Activities Free To All Seniors

CJE SeniorLife

Thursday, March 7, April 4 and May 2

11 am - 2 pm

Free to all seniors

Are you confused by Medicare Part D? Do you need to know if you qualify for other assistance? CJE has the answers. CJE SeniorLife's resource specialists provide older adults with free information, assistance and advocacy in the areas of benefits eligibility check up, social security, health insurance, Medicare, Medicare Part D, Medicaid, Circuit Breaker eligibility, and now resources for retirement. Learn about Medigap Insurance, prescription drug programs, and even learn how your employee benefits compare with Medicare. A representative of CJE SeniorLife will be available at the Alcott Center on the 1st Thursday of every month from 11 am - 2 pm to answer your questions and assist you in filing for these programs. For more information or to schedule an appointment, call (773) 508-1047.

Blood Pressure Screenings

Wednesday, March 13 and May 8

Free to all seniors

High blood pressure is a silent killer, and there are no symptoms. Don't miss this opportunity to have yours checked. A nurse from Wheeling Township will be at the Alcott Center at 1:30 pm

McNulty Irish Dancers

Thursday, March 14

Free to all seniors

On St. Patrick's Day everyone is a little bit Irish, and the McNulty Irish Dancers will be here to celebrate this joyous event. This program will be held at Indian Trails Library, located at 355 Schoenbeck Road in Wheeling at 7 pm. Co-sponsored with Indian Trails Library. Registration is required by calling (847) 459-4100.

Wendy's Bingo Night

Monday, March 18 and May 20

Available to all seniors, their family and friends

Join us at Wendy's, 245 McHenry Road in Buffalo Grove, for an evening of food and fun from 5 - 7 pm. Be sure to invite your friends and family. You are responsible for purchasing your own food. After eating we will play Bingo for Wendy's prizes. But best of all, Wendy's will donate 15% of all sales made during that time to the Buffalo Grove Park District Seniors. Why not have dinner or even dessert and help the seniors at the same time? This fundraiser will be used for a special activity.

Abington Of Glenview Bingo Lunch

Friday, April 5

Free to all seniors

Please join us for lunch and Bingo at the Abington of Glenview. Transportation will be provided, departing from the Alcott Center at 10:30 am, or you may drive on your own. The Abington is located at 3901 Glenview Road in Glenview. A tour of the facility will follow the delicious lunch and Bingo. Registration is required.

Arthritis A Pain?

Wednesday, April 10

Free to all seniors

Join us at the Alcott Center for a free seminar from 10:15 - 11:15 am. This program will explain how simple joint exercises, diet and the appropriate tools can lead you on the road to better health. Presented by the Physical, Occupational Therapy Department at The Abington of Glenview. Registration is required.

Activities Free To All Seniors

Linda Ronstadt By Jack Diamond

Monday, April 15

Free to all seniors

Linda Ronstadt is a multi-talented singer. She was first a female rock star, then country western, and finally she sang songs of Irving Berlin, Cole Porter, etc., which were conducted by the great Nelson Riddle. This program will be held at Indian Trails Library, located at 355 Schoenbeck Road in Wheeling at 2 pm. Co-sponsored with Indian Trails Library. Registration is required by calling (847) 459-4100.

The Limitations - Music Of Johnny Cash & Sun Records

Thursday, May 16

Free to all seniors

The Limitations take you back to the roots of rock with songs by Johnny Cash, Elvis and others in a blend of country, blues, and California cool. Don't miss this great show! This program will be held at Indian Trails Library, located at 355 Schoenbeck Road in Wheeling at 2 pm. Co-sponsored with Indian Trails Library. Registration is required by calling (847) 459-4100.

Rules Of The Road Review Class

Tuesday, May 21

Free to all seniors

A representative from the Secretary of State's Office will be conducting a free review course at the Alcott Center from 10 am - 12 pm. This program is designed to outline current driving laws and reduce anxiety associated with the renewal of driving privileges. This is a serious, but fun class that takes the fear out of taking tests. Registration is required.

Good To Know:

For a variety of fitness classes that are perfect for seniors, see pages 66 - 68.

CarFit

Saturday, June 1 (Rain Date June 8)

9:30 am - 1 pm

Free to all seniors

CarFit is an educational program that offers older adults the opportunity to check how well their personal vehicles "fit" them. This program also provides information and materials on community-specific resources that could enhance their safety as drivers, and/or increase their mobility in the community. A team of trained technicians and/or health professionals will work with each participant to ensure they "fit" their vehicle properly for maximum comfort and safety. A CarFit check takes approximately 20 minutes to complete. This program was created by the American Society on Aging and developed in collaboration with AAA, AARP and the American Occupational Therapy Association. The program will take place at the Spray 'N Play parking lot, located at 951 McHenry Road in Buffalo Grove. Call (847) 850-2117 to make an appointment. For more information, visit car-fit.org.



Activities Free To All Seniors

Senior Expo Extravaganza A Rainbow of Opportunities



This is a free day for seniors and their families to enjoy

Sponsored by:



Senior Citizen Expo Extravaganza April 23 • Free to seniors and their families

Hosted by:



**FRIENDS
OF THE PARKS
FOUNDATION**

Join us for the 13th Annual Senior Citizen Expo. This event, hosted by the Friends of the Parks Foundation and coordinated by the Buffalo Grove Park District and the Village of Buffalo Grove, provides a dynamic one-stop shop for seniors to interact with vendors and service providers, enabling them to become familiar with the wide range of services available to them. The expo will be held at The Arboretum Club, 401 Half Day Road, Buffalo Grove from 10 am - 1:30 pm. Flyers with additional information will be available at the Buffalo Grove Park District or the Village of Buffalo Grove. The grand prize raffle is sponsored by The Arlington Rehabilitation and Living Center. For further information please contact Terri Ebner at (847) 850-2117.

25th Annual

SENIOR DAY CELEBRATION

Wednesday May 8 • 11:15 am - 3:15 pm

Join us for a fun-filled day
Come early for the expo and
stay for the racing!

FREE TO ALL SENIORS

Arlington Park Racecourse - Located at the corner of Euclid Avenue and Wilke Road in Arlington Heights. Use the Wilke Road entrance for access to the expo.

- » Shuttle bus service available.
- » Free Activities - Free Parking - Free Admission
- » Health Screenings
- » Entertainment
- » Ask the Doctors Panel
- » Secretary of State ID Cards/License Renewal
- » Information from Local Businesses
- » Raffle Prizes and more!

Activities Available To All Seniors

Pizza, Pop, Popcorn & Picture Show

Join us for an evening of entertainment. Enjoy a light dinner and watch a movie. The movie title will be posted a month before the program. This is a great way to enjoy the night with the company of others, while you're having fun. All ages are invited to join us.

Code	Day	Date	Time	Fee
36645	Tue	Feb 19	4 - 6 pm	\$4
37288	Tue	May 21	4 - 6 pm	\$4

Location: Alcott Center

Wendy's Community Night

Thursday, February 21 and April 18

Available to all seniors, their family and friends

Want a fun, delicious and easy way to earn money for the Buffalo Grove Park District Seniors? All you have to do is eat at Wendy's, 245 McHenry Road in Buffalo Grove, on the above dates between 5 - 8 pm and they will donate 15% of all sales made during that time. Dine-in or drive thru. Why not have dinner or even dessert and help the seniors at the same time. This fundraiser will be used for a special activity.

Culver's Lunch



Culver's will be delivering a mouth-watering lunch to the Alcott Center. Included in this meal will be a beef pot roast sandwich (March and June), chile and 1/2 tuna salad sandwich (April), and chicken sandwich (May). Custard will be served for dessert. Why not enjoy lunch before you begin playing Bingo or cards, or just come out for a day of fun?

Code	Day	Date	Time	Fee
36628	Wed	Mar 6	11:30 am - 12 pm	\$5
37261	Wed	Apr 3	11:30 am - 12 pm	\$5
37258	Wed	May 1	11:30 am - 12 pm	\$5
37259	Wed	June 5	11:30 am - 12 pm	\$5

Location: Alcott Center

Aloha - Maximizing Travel To Hawaii

Our 50th state entices us with the promise of paradise. How do you travel to Hawaii without spending half-a-year's budget? Lifelong Learning member Marge Sala will show you how to stay on budget and maximize your experience. She will teach you the differences between the islands and what each offers, how to optimize your time and dollars spent for major attractions, and tips about hotel locations. Learn what different eating venues offer for your dollar. These considerations will make your journey much more enjoyable. The Aloha Spirit is more obtainable than you may think. Cosponsored with Harper College.

Code	Day	Date	Time	Fee
37289	Fri	Mar 1	10 am - 12 pm	\$10

Instructor: Sala

Location: Alcott Center

AARP Driver Safety Program

The AARP Driver Safety Program consists of two, 4-hour days, and is geared as a driving refresher for motorists age 50 and older; however, any licensed driver may attend. The class covers much of the information needed to pass the Illinois State license exam, and reviews the eyesight, hearing and physical changes that drivers experience as they age. Also included are safer driving habits, how to avoid driving hazards, changes in roadway conditions and safety equipment on your automobile. There is also a discussion of when to consider driver retirement. There is a new and updated curriculum being taught, with up-to-date audio and visual materials. Completion of the 2-day class may entitle the participant to a discount on their auto insurance. Please check with your insurance carrier for further details. The fee is \$12 for AARP members and \$14 for nonmembers. Bring AARP card to class.

Code	Day	Date	Time	M/NM Fee
36638	Sat	Mar 2 - Mar 9	9:30 am - 1:30 pm	\$12/\$14
37287	Fri	May 3 - May 10	9 am - 1 pm	\$12/\$14

Instructor: AARP

Location: Alcott Center

Activities Available To All Seniors

St. Patrick's Day Fun



The luck of the Irish has really brought luck to the Park District with this mouth-watering party. Join us for a delicious lunch and enjoyable entertainment. Lunch will be sponsored by American Enterprise Bank. Entertainment will be sponsored by The Wealshire/The Ponds. According to Irish legends, where do the fairies who kidnap brides and babies take them? Answer: Fairy mounds

Code	Day	Date	Time	M/NM Fee
37294	Wed	Mar 13	11 am - 12:30 pm	\$3/\$5

Location: Alcott Center

Four Great Cities In Africa

Linda Rubin grew up in South Africa. She will reveal the charms of great African cities, CapeTown, Johannesburg, Nairobi and Cairo from her own personal experience. Her presentation will provide pictures and fascinating descriptions of the art, architecture, music and culture of these great cities. Cosponsored with Harper College.

Code	Day	Date	Time	Fee
37293	Mon	Mar 18	1 - 3 pm	\$10

Instructor: Rubin

Location: Alcott Center

Culver's Breakfast & Bingo

While their ButterBurger made them famous, their diverse menu doesn't stop there. Over 45 other items are available for you to choose from. Join us for a morning of fun at Culver's, located at 450 N. McHenry Road in Buffalo Grove. Enjoy a pancake breakfast as you play Bingo. Prizes will be Culver's coupons, redeemable for the free specified product on the card. This is sure to be a morning that will fill our tummies.

Code	Day	Date	Time	Fee
37279	Mon	Apr 8	9:30 - 11 am	\$5
37280	Mon	June 10	9:30 - 11 am	\$5

Location: Culver's of Buffalo Grove

Spring Fling Party



What better way to burst into spring then to have a party? Friendships and fun will certainly bloom on this day. Lunch will be sponsored by Lexington Health Network in Wheeling. Entertainment is sponsored by the Abington of Glenview, located at 3901 Glenview Road in Glenview.

Code	Day	Date	Time	M/NM Fee
37305	Wed	Apr 17	11 am - 12:30 pm	\$3/\$5

Location: Alcott Center

Older Americans Month



Older Americans Month originated with a Presidential proclamation in May 1963, and it has been proclaimed by Presidents every year since. President Bush stated, "Older Americans help others to understand the past, and they teach timeless lessons of courage, endurance and love. Through their legacy of patriotism, service and responsibility, America's seniors also unite families and communities, and serve as role models for younger generations." Lunch will be sponsored by The Arlington Rehabilitation and Living Center, located at 1666 Checker Road in Long Grove. Residents experience the tranquility of the countryside combined with the amenities of suburban life. Whether your stay is short and recuperative or intended for a longer period, each resident is welcomed both as an individual and as part of our community. Entertainment will be spring trivia.

Code	Day	Date	Time	M/NM Fee
37311	Wed	May 15	11 am - 12:30 pm	\$3/\$5

Location: Alcott Center

Senior Trips

Trip Policies

Pick Up/Drop Off

Departure times are set and abided by. If changes occur, participants will be notified.

Return times may vary due to traffic and/or weather conditions. We will do everything possible to return at the scheduled time.

Casino trips will depart from the Golf and Sports Center, 801 McHenry Road, all other trips will depart from the Alcott Center, 530 Bernard Drive.

Refund Policy

No refunds are given unless the Park District cancels the trip. You are responsible for finding your own replacement if you are unable to attend the trip.

Registration Deadlines

Deadlines listed must be adhered to. If the required participant minimum is not met by the date listed, the trip will be cancelled due to reservation requirements. Full refunds will be given. It is very important to register, with payment, before the trip gets cancelled.

If you have signed up for a trip, and are unable to attend on the day of the trip, please call **(847) 850-2100**.

Refunds for trips and contractual workshops will only be issued if the spot can be filled from the waiting list.

All buses will depart promptly at the scheduled departure time.

Potawatomi Casino & More

Included in this trip is round trip transportation, a \$10 food voucher, \$10 Firekeepers Reward Play, and since it is senior day, seniors will receive an additional \$10 in February and \$15 in April. We will also make a short stop on the way home at the Mars Cheese Castle. The bus will depart from and return to the Golf and Sports Center, located at 801 McHenry Road in Buffalo Grove. Please call if you signed up for this trip and are unable to attend. You must bring a picture I.D. or a valid drivers license.

Please note: The bus will leave the casino at 4 pm. Bingo players may have to leave before their Bingo game ends.

Age: 21 years and up

Code	Day	Date	Time	Fee
36640	Tue	Feb 26	10 am - 6 pm	\$26
37303	Tue	Apr 30	10 am - 6 pm	\$26

Location: Golf & Sports Center

Horseshoe Casino

This time we are off to Hammond, Indiana. Included in this trip is round trip transportation. Restroom facilities are not available on the bus, which will depart from and return to the Golf and Sports Center, located at 801 McHenry Road in Buffalo Grove. Please call if you signed up for this trip and are unable to attend. You must bring a picture I.D. or a valid drivers license.

Age: 21 years and up

Code	Day	Date	Time	Fee
36754	Fri	Mar 15	9:30 am - 4:30 pm	\$5
37291	Fri	May 17	9:30 am - 4:30 pm	\$5

Location: Golf & Sports Center

Senior Trips

Holland Tulip Festival

Come join us at the annual Holland Tulip Time Festival in Holland, Michigan. See over half a million colorful tulips on a narrated, guided tour along the tulip lanes and in tulip gardens, while learning the fascinating history of this unique Dutch town. We will have a buffet lunch at the beautiful Queens Inn, with a selection of traditional and modern Dutch cuisine. After lunch, visit downtown Holland to celebrate more Dutch culture with a parade, Dutch Dancers, a Dutch Marktplaats, and the arts and craft show. Before returning home, tour the famous Veldeer Tulip Gardens, Delft, and the Wooden Shoe Factory. Cosponsored with Indian Trails Library. Payment must be received by March 27 to avoid cancellation. Call to see if there are openings after that date.

Age: 21 years and up

Code	Day	Date	Time	Fee
37310	Thu	May 9	6:30 am - 7:30 pm	\$100

Location: Alcott Center

South Pacific

Rodgers and Hammerstein's South Pacific, awarded the Pulitzer Prize for Drama, is considered one of the greatest musicals of all time. The legendary score includes Some Enchanted Evening, Younger Than Springtime, and the haunting Bali Ha'i. You will be notified when tickets will be available to be picked up at the Alcott Center. Registration with payment must be received by April 17. Transportation will not be provided. Call to see if there are any available tickets after that date. Cosponsored with Indian Trails Library.

Code	Day	Date	Time	Fee
37308	Wed	May 22	1 - 3 pm	\$31

Location: Marriot Lincolnshire

Shippshewana & Indiana Amish Country

Enjoy a delightful getaway as we travel to northern Indiana's Amish Country. Included in this trip will be a visit to the Deutsch Kase Haus Cheese Factory, an Amish lunch, and time to shop in the flea market and/or the quaint village of Shippshewana. We will enjoy a true Amish experience as we visit an Amish family home and learn Amish cooking secrets first hand before sitting down to a home cooked Amish meal. The village of Shippshewana has about 90 specialty shops, including handcrafted furniture, quilts, crafts and Amish baked goods. The flea market, The Trading Place of America, has over 900 booths with everything from unique crafts to antiques. We will also be able to see cheese being made and over 40 varieties at the Cheese Factory. Cosponsored with Indian Trails Library. Payment must be received by May 14 to avoid cancellation. Call to see if there are openings after that date.

Code	Day	Date	Time	Fee
37309	Tue	June 25	6:30 am - 7:30 pm	\$90

Location: Alcott Center

Upcoming Trips

Don't forget to sign up for Now and Forever, and Shedd Aquarium. Call (847) 850-2100 to see if there are still openings. For additional information, refer to our fall catalog, available for viewing at bgparks.org.

Upcoming Marriott Theatre Dates

Now and Forever - February 27
 South Pacific - May 22
 I Love You, You're Perfect, Now Change - July 24
 9 to 5 - October 9
 Mary Poppins - December 18



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Parks & Facilities

MAP	PARK NAME	ADDRESS	ACREAGE	Administration Office	Recreation Building	Swimming Pool	Picnic Area	Preschool Play Area	Elementary Play Area	Ball Diamond	Football Field	Soccer Field	Tennis Courts	Basketball Courts	Ice Skating Rink	Bocce	Wildlife Conservation	Fishing	Bike Path/ Walkway	Parking Available	Lake/Pond	Detention Areas	Sand Volleyball	Inline Rink	Disc Golf	Skate Park	Horse Shoe Pits	AED Facility
1	Alcott Center & Park	530 Bernard Drive	6.8	•	•		•	•	•										•	•							+	
2	Aptakiskis Park	1231 Weiland Road	4							•									•	•								
3	Apple Hill Park	2275 Apple Hill Lane	8.66				•	•	•		•	•							•	•	•	•						
4	Aquadome Indoor Pool at BGHS	1100 W. Dundee Road	1			•														•							+	
5	Bicentennial Park	1301 N. Arlington Heights Road	3.33					•	•			•	•						•	•	•	•						
6	Bison Park	905 W. Dundee Road	4.5							•		•							•	•								
7	Cambridge Park	951 S. Buffalo Grove Road	6				•	•	•			•	•						•	•	•							
8	Candlewood Detention	443 Carman Avenue	0.75																•			•						
9	Canterbury Park	560 Blue Ash Drive	2.6					•	•	•			•						•			•						
10	Cherbourg Park	815 Marseilles Circle	5.6					•	•	•			•	•	•				•			•	•					
11	Children's Park	1000 Fremont Way	4.5					•	•	•		•							•			•	•					
12	Churchill Park	1900 N. Buffalo Grove Road	21.47							•		•					•		•	•	•							
13	Cooper Park	1050 Plum Grove Circle	6							•										•		•						
14	Crossings Pond	1051 Fremont Way	10.9															•	•	•	•							
15	Emmerich Park	150 Raupp Blvd.	13	•	•		•	•	•					*					•	•	•	•					+	
16	Emmerich East Park	151 Raupp Blvd.	8.75				•		•	•									•	•	•	•						
17	Frenchmens Cove	3351 N. Carriageway Drive, A.H.	4									•																
18	Green Lake Park	1101 N. Green Knolls Drive	20				•	•	•	•		•	•	•				•	•	•	•	•						
19	Happy Tails Dog Park	835 Commerce Court	2.5																•	•								
20	Highland Point Park/Detention	850 Weiland Road	10.2																•			•						
21	Ivy Hall School & Park	1072 Ivy Hall Lane	5					•	•	•		•							•							•		
22	Kilmer School & Park	655 Golfview Terrace	8				•	•	•	•		•	*	•					•	•	•	•						
23	Lions Park	730 Weidner Road	5																•			•						
24	Longfellow School & Park	501 S. Arlington Heights Road	3.5				•	•	•	•				•					•	•								
25	Martha Weiss Park	815 Kingsbridge Way	0.75					•	•										•									
26	Mike Rylko Community Park	1000 N. Buffalo Grove Road	76.5				•		•	•		•	•	•			•		•	•	•	•	•	•	•	•		
26a	Golf & Sports Center	801 McHenry Road	↓			•													•								+	
26b	Fitness Center	601 Deerfield Parkway	↓			•	•							•						•								+
26c	Spray 'N Play	951 McHenry Road	↓					•	•										•								+	
27	Mill Creek Park	1350 Radcliffe Road	7					•	•					•	•				•			•						
28	Mirielle Park	2236 Avalon Drive	2.93				•	•	•				•	•					•	•								
29	Nicole Park/Site 21	501 N. Arlington Heights Road	4					•	•			•							•									
30	Northwood Park/Detention	615 Pauline Avenue	3.29																			•						
31	Old Farm Park	1300 Highland Grove Drive	10.5					•	•	•		•						•	•	•								
32	Oxford Park	1450 Oxford Drive	1																									
33	Parkchester Park	851 Weiland Road	7.05				•	•	•				•	•					•	•	•							
34	Prairie Grove Park	2020 Olive Hill	1.32					•	•																			
35	Prairie School & Park	1530 Brandywyn Lane	9.5						•			•	•						•	•	•	•						
36	Raupp Memorial Museum & Park	901 Dunham Lane	3.5			•														•	•						+	
37	Reservoir # 7	400 LaSalle Lane	0.25											•					•	•								
38	Rolling Hills Park	1850 Twin Oaks Blvd.	.48					•	•																			
39	Rolling Hills North Park	1951 Sheridan Road	5.6							•		•							•	•								
40	Sommerset Detention	153 Pauline Avenue	1																			•						
41	Tartan Park	650 Pinehurst Lane	2					•	•										•									
42	Twin Creeks Park	401 Aptakiskis Road	7			•		•	♿								•		•			•	•	•	•			
43	Veterans Park	1300 N. Weiland Road	9.5					•	•	•		•	•	•					•	•	•	•						
44	Weidner Park	50 Weidner Road	3.5																									
45	Wellington Commons Park/Detention	505 Windover Road	8										•						•			•						
46	Westchester Park	180 Thompson Blvd.	5.5				•	•	•										•			•	•					
47	Willow Grove School & Park	777 Checker Drive	2					•	•	•				•					•									
48a	Willow Stream Pool & Park	600 Farrington Drive	54			•	•	•	•					*	•			•	•	•	•	•	•	•	•	•	+	
48b	Willow Stream Park (S)	651 Old Checker Road	↓				•	•	•	•			•	•	•				•	•	•	•	•	•	•	•	+	
49	Windfield Park/Detention	550 S. Arlington Heights Road	2.4																•			•						
50	Windsor Ridge Park	780 Vernon Lane	6.24					•	•	•		•	•						•	•	•	•						
51	Woodland Park	2500 N. Buffalo Grove Road	14				•	•	•		•	*	*						•	•	•	•	*					

*Indicates lighted court or field

Park Location Map



Schools

- A** Country Meadows Elementary and Woodlawn Middle Schools
6360 Gilmer Road, Long Grove
- B** Tripp Elementary School, 850 Highland Grove Drive
- C** Meridian Middle School, 1996 Brandywyn Lane
- D** Pritchett Elementary School, 200 Horatio Drive
- E** Riley Elementary School, 1209 Burr Oak Drive
- F** Kildeer Elementary School, 3100 Old McHenry Road, Long Grove

Guidelines/Ordinances to follow in the parks

- Smoking is not allowed on park property.
- Dogs without leashes are not allowed on park property.
- Owner is responsible to pick up after animal(s) on park property.
- No alcoholic beverages allowed.
- No hitting of golf balls.
- No motorized vehicles unless authorized by Park District
- Dumping of debris, grass clippings, etc. on park property is prohibited.
- Park closing hours are as follows:
Lighted parks 11 p.m. Non-lighted parks 10 p.m. Parks open at 6 a.m.
- Use sidewalks, not the grass. Discard trash.
- To report acts of vandalism and/or hazardous park conditions, please call Jim Holder at (847) 850-2163.



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