



BUFFALO
GROVE
PARK
DISTRICT

2013

FALL Programs & Events



ARE
YOU
IN?

Dear Buffalo Grove Resident:

We hope you are having a great summer. Soon we will be heading into the fall season, and we'd like to update you on some of the most recent Park District news.

Last fall we announced that the Buffalo Grove Park District was one of 42 park and recreation agencies throughout the State that received funding through Illinois' Open Space Land Acquisition Development (OSLAD) program. The \$394,000 grant that we received will cover almost half the cost of the project to redevelop Kilmer Park. We are happy to report that construction has begun. Once complete, Kilmer Park will have 2 new tennis courts with lighting, a basketball court, a new playground with a rubberized safety surface, fitness equipment, a 20' shelter, skate elements, a badminton court, a bag toss court, a new baseball field that can also be used for flag football, benches and bleachers, as well as landscaping, shade trees, bio-swale and drainage.

The Kilmer Park project isn't the only grant the Park District was fortunate enough to receive; we found out in May that OSLAD program will also fund \$400,000 towards the redevelopment of Willow Stream Park. The project will include improvements to the pathway system, including new pathways through wooded areas and the far east side of the park near the baseball fields, a nature playground, shelter and storage areas, new lighting, a shelter with a performance stage, and a warming house/shelter near the area where the ice skating rink is constructed during the winter. As part of the project, we will be moving the paths away from the disc golf course to create a safer environment, while bringing people in with nature.

Some fun events that are coming up include National Night Out (see page 15), the Kite Fly (page 18), our annual Halloween events taking place later this fall (page 14), and our events during the weekend of Buffalo Grove Days (see page 17). Park District festivities during Buffalo Grove Days include the Friends of the Parks Foundation Disc Golf Tournament, the Dog Show, the Buffalo Grove Stampede 5K/10K Race/Walk, hosted by the Friends of the Parks Foundation (see page 16), and our annual Veterans Day Celebration (see page 19).

We hope you enjoy the fall season and all that your park district has to offer. There are hundreds of programs and events for people of all ages filling the pages of this program guide, and we are certain that you can find something that is right for you. If ever you have an idea for a new program, we'd love to hear about that too. You can always make comments or suggestions at bgparks.org.

On behalf of everyone at the Buffalo Grove Park District, we hope you and your family have a safe and wonderful fall season.

Jack Schmerer

President of the Buffalo Grove Park District
Board of Commissioners and Staff

Board of Commissioners

The Buffalo Grove Park District Park Board of Commissioners are five elected officials, each serving four-year terms. The Board is primarily a policy-making body that reflects the needs and interests of all taxpayers. Your personal participation is an integral part of this decision-making process. The Park Board meets the second and fourth Monday each month at the Alcott Center, 530 Bernard Drive, at 7 pm. Please feel welcome to attend.



Jack Schmerer
President



Scott Jacobson
Vice President



Richard Drazner
Treasurer



Dr. Larry Reiner
Commissioner



Adriane Johnson
Commissioner

Facilities & Program Registration

Alcott Center

530 Bernard Drive
847.850.2100
TTY: Dial 7-1-1 or 800.526.0844
Fax: 847.459.5741
E-mail: info@bgparks.org

Raupp Museum

901 Dunham Lane
847.459.2318
Fax: 847.459.3148

Buffalo Grove Fitness Center

601 W. Deerfield Parkway
847.353.7500
Fax: 847.353.7530

Spray 'N Play

951 McHenry Road
847.793.0570 - Information

Twin Creeks Park

401 Aptakistic Road
847.478.8721

Emmerich Park

150 Raupp Boulevard
847.459.2311

Willow Stream Pool

600 N. Farrington Drive
847.459.2309

Golf & Sports Center

801 McHenry Road
847.459.2321

Alcott Center Front Desk & Registration Hours

Monday	8:30 am - 7:30 pm
Tuesday - Friday	8:30 am - 5 pm
Saturday	9 am - 12 pm

Online, Drop off & fax registration available 24 hours a day.

Drop off box is located in the Alcott Center parking lot.

Register by fax: 847.459.5741

Drop off and faxed registration forms received after office hours will be processed the next business day. Please call 847.850.2100 with any questions.

Alcott Center Holiday Hours

September 2	Labor Day	Closed
November 27	Thanksgiving	Closed
November 28	Thanksgiving	Closed

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CLICK & YOU'RE IN!

Online Registration is available

This symbol indicates online registration is available for the class or program listed.

See our website at

bgparks.org

Staff Directory

Administration

Dan Schimmel, CPRP	Executive Director	847.850.2109
Ryan Risinger, CPRE	Deputy Director	847.850.2122
Bill Heider, CPRP, CPSI	Superintendent of Parks	847.459.2311
John Short, CPA, CPRP	Business Manager	847.850.2114
Mike Terson	Public Relations & Marketing Mgr.	847.850.2116
Kim Cashmore, CPRP	Superintendent of Recreation	847.850.2108
Greg Ney, CPRP	Superintendent of Recreation	847.850.2127
Kristy Vik, LPGA	Superintendent of Revenue Facilities	847.353.7505
Robin Racusen	Office Manager/Customer Service	847.850.2103

Recreation & Facilities

Rick Missing, CPRP	Facility Coordinator	847.850.2107
Andrew McDowell	Assistant Facility Coordinator	847.459.2321
Debbie Fandrei	Museum Curator	847.459.2318
Bryan Adams	Recreation Supervisor	847.850.2119
Chuck Burgess, CPRP	Recreation Supervisor	847.850.2125
Terri Ebner	Recreation Supervisor	847.850.2117
Chris Eckert	Recreation Supervisor	847.850.2123
Melissa Lewis	Recreation Supervisor	847.850.2134
Alyson Stanczak, CPRP	Recreation Supervisor	847.850.2105
Erika Strojinc, CPRP	Recreation Supervisor	847.850.2133
Martha Westerberg, CPRP	Recreation Supervisor	847.850.2111
T.J. Wilkes	Athletic Supervisor	847.850.2199
Patrick Griffin	Aquatics Coordinator	847.850.2110
Lindsay Grandt	Performing Arts Coordinator	847.850.2132
Gail Piggott	4-Year Preschool Director	847.850.2138
Jose Lanza	Head Custodian	847.850.2120
Yoni Matute	Custodian	847.850.2120

Business & Registration

Aleta Kahn	Accounting Specialist	847.850.2112
Eliza Hollis	Accounting Specialist	847.850.2113
Martha Weiss	Administrative Assistant	847.850.2104
Judith Kessler	Receptionist	847.850.2150

Fitness Center

Mike Schulewitz	General Manager	847.353.7582
Carol Lucido	Membership Sales Manager	847.353.7520
Andrea Pfeiffer	Guest Services/Kids Club Manager	847.353.7525
Dave Anderson	Building Maintenance Manager	847.353.7557
Laura Camastro	Business Specialist	847.353.7529
Marcy Abrams	Accounting Specialist	847.353.7540
Sharon Stark	Programs Specialist	847.353.7517
Felix Yarovsky	Equipment Specialist	847.353.7556

Parks 150 Raupp Boulevard - 847.459.2311

Brian Faczek, CPSI	Supervisor of Parks
Bob Shiel	Supervisor of Mechanical Operations
Randy Croissant, CME	Fleet Manager
Jim Faczek	Grounds Foreman
Steve Houde	Grounds Foreman
Rosendo Soto	Grounds Foreman
Randy Smith, CPO	Facilities Foreman
Clint Poynor, CPO	Facilities Technician
Kyle Moody	Facilities Maintenance
Matt Raupp	Athletic Field Maintenance
Mark Bajno	Athletic Field Maintenance
Tom Hoffman	Park Maintenance
Jose Soto	Park Maintenance
Tony Porreca, CPSI	Park Maintenance
Scott Buckley	Park Maintenance

Buffalo Grove Park District Mission Statement

Enriching life and community through premier parks, programs and facilities.

Adopted January 2013.

Registration Information

General Program Registration Dates

Resident Registration

Begins: August 5

Nonresident Registration

Begins: August 12

All registrations received prior to the above dates and times will be processed at random.

Please note: All programs that are available for online registration are first-come, first-served and will fill up quickly.

Proof Of Residency

You must provide proof of residency the first time you register in order to receive Buffalo Grove Park District resident rates. Once you are in our system, you will not need to prove residency again unless your address changes. The only acceptable forms of proof include a valid driver's license or state identification card, or a current electric, gas, water or garbage bill.

Registration Information

The Park District's registration process was developed to permit fair access to Park District programs and services for all our residents.

- Complete your registration form(s), including second choice programs and signature. Unsigned forms or incorrect payments will delay the registration process.
- Make sure that all program codes indicate the classes you want. If the code is incorrect, it may delay your registration.

Waiting Lists

Wait lists are automatically created when we have more registrations for a program than we have space. Your receipt will indicate if you are registered for a program or on the waiting list. We will process refunds once we are certain that we cannot find an opening for you.

Second Choice Programs

Selecting a second choice increases the likelihood of getting into a program. Write your second choice in the shaded sections of the registration form. Please pay the total of the highest fees. If your payment is less than the necessary total, your registration cannot be processed. If the program you want is full, we will place you in your second choice program. If both programs are full, you will be placed on a waiting list for your first choice program and your fee will be refunded.

Refunds

- Full refunds will be issued for any program cancelled by the Park District.
- Participants may request refunds for programs up to 5 business days before the program's first meeting. In athletic programs and leagues, the program is considered to begin with its first practice.
- Refunds received with less than 5 business days notice will only be issued for a medical problem, when accompanied by a doctor's note.
- Refunds for trips and contractual workshops will only be issued if the spot can be filled from the waiting list.
- Once a program has ended, a refund will not be issued.
- A \$5 administration fee will be charged against your refunds, including medical problems, to cover clerical and administrative costs. There are no administrative fees charged when a program is cancelled by the Park District.
- Fees paid by credit cards will be refunded through charge account credits.
- If you register online and cancel online, you must call 847.850.2103 to expedite a refund, otherwise the money will be credited to your account to be used towards future registrations.
- Refund processing takes 2 weeks.

Receipts

A confirmation of registration will be sent to you electronically if an email address has been provided. If not, a receipt will be mailed to the address on the registration form. The Buffalo Grove Park District will reissue past receipts when a Receipt Request Form is completed. There is a \$5 fee per request. Receipt Request Forms are available on our website or at the Alcott Center. Once the fee is paid and the form is completed, please allow 5 days for processing.

Program Changes & Cancellations

- Programs are sometimes cancelled or altered due to low registration, changes in staff or facility availability.
- If your receipt indicates a program has been cancelled or altered, please contact the Park District right away at 847.850.2100. We may be able to transfer your registration to another program of your choice.
- You are entitled to a full refund for a program that has been cancelled by the Park District.

Park District Advantages

If you live within the boundaries of the Buffalo Grove Park District, you are entitled to:

- Registration for limited programs before they are opened to non-residents.
- Pre-Registration for certain continuing programs.
- Resident rates for all programs.

The boundaries of the Buffalo Grove Park District and the Village of Buffalo Grove are not exactly the same. Some neighborhoods at the edges of Wheeling and Arlington Heights are in the Buffalo Grove Park District boundary. Other neighborhoods within the Village of Buffalo Grove are outside the Park District. If you are not certain whether you qualify as a resident, please check your property tax bill, or contact our registration office at 847.850.2100.

Nonresident Fair Share Fees

Buffalo Grove Park District residents make significant contributions to the operation of the agency through their property taxes. This contribution is beyond the fees they pay for programs and services. The Fair Share fee policy was adopted by the Park District's Board of Commissioners to equalize this financial burden. Fair Share fees will be 25% more than the resident fee, up to a maximum of \$100.

Registration Form

Part 1 » Family Information (please print clearly)

Family's Last Name: _____ Address: _____ City: _____

Zip: _____ Home Phone: _____ Alternate Phone Number: _____

Name of Parent: _____ Parent's Work Number: _____

Name of Parent: _____ Parent's Work Number: _____

Head of Household's e-mail Address: _____

Part 2 » Fill in 1st and 2nd choice programs for each participant (Please pay the higher of the 2 fees when including 2nd choice programs)

Participant's Name	Sex	Birthdate	Program	Code Number	Age	Fee
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			
	<input type="radio"/> M		1st Choice			
	<input type="radio"/> F		2nd Choice			

Please describe any accommodation needed for your enjoyment of this program: _____

Credit Balances of \$10 or less will be applied to your account. Total Fees = \$ _____

Part 3 » Signature

Waiver and Release of All Claims - Must be signed or registration cannot be processed.

Please read this form carefully and be aware that in registering yourself or your minor child/ward for participation in Buffalo Grove Park District programs, you will be waiving and releasing all claims for injuries you or your child/ward might sustain arising out of said programs.

I recognize and acknowledge that there are certain risks of physical injury to participants in the program(s) for which I have registered and I agree to assume the full risk of any such injuries, damages or loss, regardless of severity, which I or my child/ward may sustain as a result of participating in any activities connected or associated with any such program(s). I waive and relinquish all claims I or my child/ward may have against the Park District and its officers, agents, servants and employees as a result of participation in any of these program(s). I hereby fully release and discharge the Park District and its officers, agents, servants and employees from any and all claims from injuries, damage or loss which I or my child/ward may have or which may accrue to me or my child/ward on account of my participation or the participation of my child/ward in any of these program(s). I further agree to indemnify and hold harmless and defend the Park District and its officers, agents, servants and employees from any and all claims resulting from injuries, damages and losses sustained by me or by my child/ward, and arising out, connected with, or in any way associated with the activities of any of the program(s). Photo Disclaimer: Registrants and participants of programs and special events permits the Park District to take photos and videos of themselves and their child/ward for publication in the program brochure, website and additional uses as the Park District deems necessary unless the registrant or participant expressly files with the Park District a written objection as to photos or videos of themselves and/or their child/ward.

I have read and fully understand the program details and waiver and release of all claims.

Signature of Participant or Parent (If participant is under 18) _____

Date _____

Part 4 » Fill in Charge Card Information

This section must be filled out if you are using VISA, Mastercard or Discover

Charge My:

Visa

Mastercard

Discover

Account Number _____

Expiration Date _____

Card holder (print name) _____

Amount of Payment \$ _____

Authorized Signature _____

Part 5 » Return your form to the Park District

Mail in, Drop off or Fax it in!



Buffalo Grove Park District
530 Bernard Drive
Buffalo Grove, IL 60089
Fax: 847.459.5741

General Information

Americans With Disabilities Act

The Buffalo Grove Park District will comply with the Americans with Disabilities Act (ADA), which prohibits discrimination in the provision of programs, services or activities to individuals with disabilities. We invite any resident with any special need to contact our staff, or our special recreation staff upon registration so that a smooth inclusion may occur. In addition to the programs listed within our program guide, our district also provides specialized services for people with disabilities through the Northwest Special Recreation Association (NWSRA). Feel free to contact NWSRA at 847.392.2848 for more information.

If you have questions regarding the Park District's policy regarding ADA, or believe that you have been unfairly discriminated against in the provision of services or activities at the Buffalo Grove Park District, please contact Kim Cashmore, our ADA compliance officer, at 847.850.2108. A procedure is available to you for the prompt resolution of your complaint.

Please attach a description of any accommodations needed to your registration form. This procedure will help ensure your enjoyment of our programs and events.

Illinois Relay Center

The Buffalo Grove Park District encourages people who have hearing or speech impairments to use the Illinois Relay Center if they wish to call the Park District. The service is available at no cost to those using a TDD or TTY.

If you use a TDD or TTY and want to call the Park District, or someone who uses a standard telephone, the Communications Assistant (CA) will voice your typed words to the person using a standard telephone and type the standard phone users words to you.

To use this service:

1. Dial 7-1-1 or 800.526.0844.
2. When the Communications Assistant answers, type the telephone number of the person you want to call.
3. When the person answers, proceed as you would with a regular TTY call. Direct your conversation to the person you are calling, not to the Communications Assistant.
4. Type "GA" when you are ready for the other person to respond. When you are finished with your conversation, end the call by typing "GA or SK (stop keying)," giving the person you are calling an opportunity to continue or end the call.

Changes/Errors Disclaimer

Due to the large amount of information available in the Buffalo Grove Park District program guide, errors before or after publication may occur. We apologize for any errors in this publication, and we will advise you of any changes as quickly as possible. We will also attempt to keep information on our website, bgparks.org as current as possible. Thank you for your patience and understanding when these situations occur.

Park District Tours

Whether you are new to the area or are a longtime resident that has not been able to keep up with all of the development over the past few years, the Buffalo Grove Park District is offering tours of the Park District. It is a great way to learn about the more than 50 parks and facilities within the district, as well as an opportunity to ask any questions you might have regarding any of the hundreds of programs and events offered throughout the year. If you are interested in taking a tour, please contact Chris Eckert at 847.850.2123 to schedule one.

Photo Disclaimer

Registrants and participants of programs and special events permit the Buffalo Grove Park District to take photos and videos of themselves and their children for publication in the program guide, website and additional uses as the Park District deems necessary unless the registrant or participant expressively files with the Park District a written objection as to photos or videos of themselves and/or their children.

Facilities

All facilities participants are expected to follow the rules of the facilities. Specialty areas of the facilities (example: Fitness Center and the pools) have posted signs stating special rules specific to that area. Disregard or abuse of facility rules may result in removal by staff or police from the facility for a designated length of time or permanently.

Warning Of Risk

Recreational activities/programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity/program. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and injuries due to inclement weather, slipping, falling, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities/programs exist. In this regard, it must be recognized that it is impossible for the Buffalo Grove Park District to guarantee absolute safety.



Volunteer Opportunities

Discover endless volunteer opportunities at the Buffalo Grove Park District. Who can volunteer at the Park District? Anyone! Opportunities are available for people of all ages and interests. With so many programs and projects to choose from, there's bound to be something you or your group will find interesting and rewarding.

Become a face in the park and volunteer today!

For more information, visit bgparks.org.

Accident Insurance

The Park District does not carry medical or accident insurance for program participants. Participants should review their personal insurance before registering for Park District programs to be certain of adequate coverage.

Behavior Policy

Part of the Mission of the Buffalo Grove Park District is to provide safe and wholesome programs, parks and facilities for our residents and guests. The Behavior Policy has been established to help fulfill this mission. We ask all staff, volunteers, participants and spectators to help us in our effort to provide the best possible environment to enjoy our recreation activities. The Behavior Policy is available for viewing at the Alcott Center or on our website at bgparks.org. Questions about this policy and the disciplinary procedure should be directed to the Director of Recreation and Facilities, or to the Superintendent of Recreation at 847.850.2100.

Smoking

Smoking is not allowed on Park District property. This includes all parks, facilities, buildings, athletic fields, spectator/viewing areas and parking lots. Thank you for your cooperation.

After Hours Hotline

Need information? Try these telephone information lines, available 24 hours a day:

- 847.850.2192 - Athletic Field Conditions and Program Cancellations due to inclement weather.
- To report acts of vandalism and/or hazardous park conditions, please call Brian Faczek at 847.850.2161.

Park Hours

Unless otherwise posted, all lighted parks close at 11 pm and non-lighted parks close at 10 pm. All parks open at 6 am.

Tennis Courts

The Buffalo Grove Park District has 24 outdoor tennis courts (see inside back cover for locations), including lighted courts at Emmerich, Willow Stream and Woodland Parks. Due to inconsistencies in seasonal weather conditions, tennis courts, nets and lights remain open and operational all year long.

Light Operation:

- Turn lights on by pressing the button near the entrance gate. Once turned on, the lights will remain illuminated for approximately 60 minutes.
- After 50 minutes a horn will sound.
- Once horn is heard, press the button again for an additional 60 minutes.
- Once lights turn off it will take approximately 15 - 20 minutes to re-light.
- All courts are playable until 10:30 pm
- Please report any vandalism or switch problems by calling the Park District Vandalism Hotline at 847.459.2311 ext. 7.

Observers

Observers of programs are also expected to behave appropriately. Parents, friends, and any other observer is held to the same standards of behavior as participants. If inappropriate behavior of a program observer is reported or observed by a staff person, the observer will be asked to leave by staff or police if necessary.

Tree Memorial Program

If you would like to commemorate a date, person, event or organization, you may arrange to have a tree of your choice planted in your favorite park. The Park District recognizes tree memorial donations with plaques at the Alcott Center. The Park District will consult families or individuals on the tree species and potential location. The Park District will complete all installations. All donations are tax-deductible. A brochure on the tree Memorial Program is available at the Alcott Center.

Gift Certificates

Give the gift of fun! The Buffalo Grove Park District offers gift certificates in any dollar amount. Park District gift certificates can be used towards any program, such as classes, camp, preschool and Clubhouse, or towards season passes at the pool or Golf and Sports Center. To purchase a gift certificate, call Robin Racusen at 847.850.2103.



Concessions

If you are in our parks very often, you have probably seen the green utility vehicles and the portable concessions carts at some time. The Buffalo Grove Park District operates Jillie's Concessions and the Park Services Patrol from mid March thru mid November.

The Park Services Patrol assists our park patrons in a variety of ways, such as checking park and field rental permits, providing directions and first aid when necessary and assisting with special events. The Park District operates 2 concession stands at Willow Stream Park, as well as 4 portable concessions carts that serve hot and cold food, beverages, snacks and ice cream. You will see these carts at all of our large parks. Jillie's Concessions can also provide food, drinks or ice cream for any of your private parties or park events.

Private use of all of parks and fields requires a special permit. Applications and procedure information is available on our website at bgparks.org, or you may call 847.459.2321 for more information. Reservations are not taken over the telephone. All applications must be completed and fees included before they can be processed.



Providing outstanding opportunities through recreation for children and adults with disabilities.

Buffalo Grove Park District is a member of a 17 park district cooperative which forms the Northwest Special Recreation Association (NWSRA). The NWSRA team of full-time therapeutic recreation professionals and trained part-time staff offer quality year-round recreation for individuals of all ages with disabilities.

NWSRA activities provide opportunities for children and adults with disabilities to have fun, make friends, be included, learn new things, go new places and celebrate their lives. After school, evening and weekend programs feature sports, games, arts and crafts, fitness, cooking, drama and more. Camps, trips and special events are planned throughout the year.

Inclusion Assistance

NWSRA provides assistance to individuals who wish to participate in their local park district programs. Indicate on the registration form if any accommodations are needed to successfully participate in the program. The Park District staff will contact NWSRA for assistance.

Learn More about NWSRA

For more information on NWSRA programs and to register online, visit nwsra.org. Brochures about NWSRA programs are available at the Administration Center or from NWSRA at Park Central, 3000 W. Central Road, Rolling Meadows. Contact NWSRA at 847.392.2848 (voice); 847.392.2855 (TTY); or 847.392.2870 (FAX).

Leaders Needed

NWSRA is looking for energetic individuals looking to enrich the lives of NWSRA participants. If you are interested in working with NWSRA programs, please call 847.392.2848 or visit nwsra.org/ns/join/employment.html.



Arson & Vandalism Tipster Program

Buffalo Grove Park District parks, buildings and playgrounds have become targets of vandalism, and even acts of arson. When a loss occurs, the result may be that buildings and playgrounds may not be usable and park grounds or trees are destroyed. Ultimately, the public losses access to these facilities, or programs using those facilities have to be cancelled until repairs can be made. Expenses for these repairs can easily be worth tens of thousands of dollars.

As much as the staff and local law enforcement officers try to prevent these incidents, it is sometimes local residents and park users that are the best source of information about who may be involved in these acts. The Buffalo Grove Park District has adopted the Arson and Vandalism Tipster Program. The program encourages the public to call the Park District Vandalism Hotline at 847.459.2311 ext. 7 with information related to acts of arson or vandalism. Should that information lead to the arrest and conviction of a perpetrator or a conspirator, that person will receive a cash reward up to \$1,000. For more information, call Mike Terson at 847.850.2116.



Active Duty Military Policy

The Buffalo Grove Park District Board of Commissioners admires the sacrifice of military personnel and their dependents, and wants to provide the support they need. The Board feels that these families should be able to enjoy the many parks, programs, memberships and facilities in our community. Therefore a comprehensive program is available to military personnel and their dependents residing within the Buffalo Grove Park District.

Joining the Park District are the Friends of the Parks Foundation and the Rusty Reiner Veterans Memorial Fund. These two groups have provided financial

support to supplement this Park District commitment. Combined with the Park District, these groups help make sure that most programs and services are available to active duty military personnel and their dependents. This policy is for active duty military personnel, including reservists called to duty.

Please call 847.850.2100 for more information or to receive a scholarship application packet. All requests will remain confidential.

Rusty Reiner Veterans Memorial Fund

A fund has been established in memory of Vietnam Veteran Russell "Rusty" Reiner, a long-time Buffalo Grove resident. His daughter, former wife, parents, brother and many cousins still live in Buffalo Grove. The Reiner family partners with the Park District to provide a scholarship/fee assistance program for Active Duty Military personnel and their families.

If you are interested in participating in this program, as either a scholarship recipient, or as a contributor to the program, please contact Dan Schimmel, Executive Director, at 847.850.2109.

The Buffalo Grove Park District thanks the Reiner family for their generosity in supporting financial relief to resident military families.

HAPPY TAILS DOG PARK



*Hours: Sunrise to Sunset
Open all year, but not maintained in winter.*

The dog park is only available to pass holders, which are now available to both residents and nonresidents. Permits are available for purchase at the Alcott Center. You can download the annual or daily use permit application at bgparks.org and return it to the Alcott Center for processing.

In order to purchase a dog park permit, residents need to provide proof of Buffalo Grove Park District residency (Village and Park District borders are not identical) and a Village dog license. Nonresidents must provide current vaccination records.

Free parking is available at the south end of the train station. Out of consideration for residents in the neighborhood just west of the dog park, we ask that all dog park users refrain from parking on neighborhood streets and only use the parking lot at the Sidney Mathias Metra Train Station.



*Located at the south end of the parking lot at the Sidney Mathias Metra Train Station
835 Commerce Court
Buffalo Grove, IL 60089*

**Permits
are on sale
at the
Alcott
Center**



2012 - 2013

ANNUAL REPORT

Facility & Park Development

Alcott Center

The Alcott Center has undergone a renovation to the HVAC system. This will allow for better climate control and eliminate the many service disruptions that has effected programs over the past several years.

New Community Arts Center

The Park District purchased the Congregation Beth Am facility for the planned development of a community arts center for dance, fine arts, and performing arts.

Emmerich Park

New Baseball lights on both fields were installed in fall, providing better night conditions for baseball. The department also re-sodded a portion of the football field that was paid for by the Bill's Football organization.

Willow Stream Park

A new irrigation system was updated and installed at the south end of the park near the soccer and baseball fields.

Aquadome Pool

The Buffalo Grove Park District sold the Aquadome Pool to School District 214. This will allow the School District to construct a new pool that will meet the demands of both the School District and the Park District. As part of the terms of the sale, the Park District has a 10 year license agreement for use of the pool no charge.

Spray 'N Play

The Spray 'N Play was able to better meet the demand for use by expanding its picnic area.

Twin Creeks Park

New buildings were constructed and a new layout was designed on the Safety Town course.

Paving & Parking Lots

Bike path improvements took place at Churchill Park, Canterbury Park and Willow Grove Park. In addition, there were construction improvements at Twin Creeks Park for Safety Town and at the Buffalo Grove Fitness Center in the parking lot.

We repaired cracks in the tennis courts at Willow Stream Park, Kilmer Park, Woodland Park, Veterans Park, Cambridge Park, Mirielle Park, and Parkchester Park; and, we repaired cracks in the basketball courts at Willow Stream Park (near the pool), Woodland Park, Veterans Park, Cambridge Park, Parkchester Park, Mill Creek Park and Apple Hill Park, and the in-line rink at Mike Rylko Community Park.

Playground Equipment

New accessible playground equipment with pour in place rubber surface was installed at Tartan Park. This is a play structure for 2 - 5 year olds. A shelter and new bike paths were also constructed.

A new playground for 5 - 12 year olds was installed Willow Grove Park, along with new bike paths and benches.

School District #96 Cooperative Agreement

The Park District and School District 96 once again worked together to expand upon an already existing intergovernmental agreement to improve facilities at Willow Grove School by adding Park District storage space and renovating the bathrooms to include an ADA accessible bathroom.

School District #214 Cooperative Agreement

The Park District and School District 214 created an intergovernmental agreement to install stadium turf at Buffalo Grove High School. The agreement allows for use of the new turf stadium by the Park District on multiple weekday evenings and weekends throughout the year.



Programs & Events

The Park District completed a community survey this past year. The community survey is a tool that the Park District uses every 5 years to aid with future programming and possible facility development.

The Buffalo Grove Park District had over 18,000 program registrations during the 2012-2013 fiscal year, and over 15,000 people enjoyed a wide range of special events that were offered at no cost, thanks in part to the money generated through the Park District's corporate sponsorship program.

Early childhood enrichment programs continue to expand and be popular with both parents and children. The kindergarten enrichment class, Discovery Kids was a huge success. Seventy-five children had fun while learning math, science, literacy, art and music, and having large motor activities. Sixty children were picked up or dropped off at Willow Grove, Longfellow, Kilmer, Pritchett Tripp and Riley Schools' kindergartens using the Park District bus and van.

The Buffalo Grove Park District Preschool has been well known throughout the suburbs for more than 40 years. Our reputation for providing a safe, age-appropriate, nurturing environment continues to draw people from more than a dozen surrounding villages. Preschool begins with Little Munchkins for children 18 - 24 months, continuing with Super Twos, Terrific Threes, and Three and Four Year Preschool. The children know at a very young age that Alcott is their school and favorite place to be.

Clubhouse, our before and after school care program, is offered at 8 Buffalo Grove elementary schools and has just completed its 22nd year; and, this year, we provided over 615 elementary school aged children safe recreational programming. Parents also appreciated that Clubhouse offered 36 full days of fieldtrips on holidays and other days that schools were off, averaging 91 children per trip.

Every week hundreds of seniors spend quality time with their friends at the Alcott Center. Weekly activities include Texas Hold'em, Bridge, Mah Jong and Bingo. There are also dozens of programs offered throughout the year for seniors, most of which are free of charge, as well as programs that are coordinated in partnership with the Indian Trail Library. Each month a variety of trips are offered to our adult and senior population.

Superintendent of Recreation, Kim Cashmore and Recreation Supervisor, Terri Ebner have continued their involvement with High School District #214. This 24th annual Senior Celebration Day event attracts 3,500 seniors. The event is designed to recognize and highlight the contributions older adults have made and continue to make to the quality of life in our communities. This one-day event is held at Arlington Racecourse in May.

Once again the room was filled with 70 vendors and over 400 guests at our 13th Annual Senior Citizen Expo. This expo continues to be a huge success with the public.

Raupp Museum

The Raupp Museum was the site of several exciting events this past year. During the summer, the museum won an Award of Excellence in Exhibit Design from the Illinois Association of Museums. In December, third grade students from Tarkington School staged the first ever student-curated exhibit in the museum's main gallery, which was well attended at a party for their family and friends. In January, the museum learned it had won a \$149,000 grant to help renovate the Town Square exhibit, and by the end of April, museum staff had also helped Girl Scout Rina Patel win her Gold Award. Throughout the year, the museum continued to serve the public, offering free educational programs to over 4,000 students from seven different school districts in Buffalo Grove and the surrounding communities.

Fitness Center

It proved to be yet another exciting year for the Buffalo Grove Fitness Center. For the third year in a row, the facility was named as one of the Top 100 Fitness Centers in the United States by Club Industry.

Many new transitions in programming, internal staffing, and renovations occurred. The facility received a face lift in many areas. The sauna was rebuilt, the pool ceiling was repainted, the gymnasium floor was refinished, new laundry cabinets and a counter top were installed, and a portion of the parking lot was replaced. New lobby furniture was purchased for additional seating across the Guest Service desk, along with bar stools for the Café and fresh paint in several areas of the facility. We opened a new pilates equipment studio and a new sports training and specialty programs room. We also added online capabilities this year for special program registrations, incentive programs and challenges, and monthly emails to our members. A quarterly brochure specifically for the Fitness Center was introduced this year as well.

The Fitness Center made the brave decision to take ownership of the existing Fruitlafi franchise. It was a busy but exciting 9 weeks transitioning to the new Barbells Café, featuring a menu that represents healthy origins. The decor changed, along with the food concepts.

We had our largest attendance ever for our summer membership picnic with 551 people coming to the event. Our winter membership promotion helped put our membership numbers to all time highs. Before the membership promotion started in mid December, our member totals were at 4,814. After the promotion came to an end we had improved our member base by nearly 600 new members! At the end of March 2012, our member base now sits at 5,510 members.



Golf & Sports Center

It was a great year at the Golf and Sports Center. During the year, 32,528 people visited the Golf and Sports Center. We averaged 190 guests per weekday and 264 people on the weekends, increases over last year by 15 and 64 respectively. The Walk the Dome program has been successful as well. We averaged 55 walkers a day. We also received a lot of positive feedback from the community about the program.

This year we had more patrons and golf professionals than ever coming to our facility. We now have 10 staff professionals and 93 outside professionals from the Chicago area using the facility for indoor lessons. Impact Golf continued to provide free bi-weekly clinics November thru April. We had another very successful year with its private and group lessons. Our new staff professional, Ryan English, along with Hiromune Takamura (Tak) offered group lessons throughout the season.

The Golf and Sports Center continues to do sports rentals every Sunday and Monday night for Grove United Soccer Association, Arlington Heights Park District, and Lightning Soccer.

Once again the Golf and Sports Center hosted the Golf Scene TV show, allowing us to showcase the facility and its offerings. This year, we focused on another prime market, as we were also on the Korean network. This proved to be very beneficial to us for both general usage and lessons.

Staff

New Staff

New fulltime staff hired at the Park District this past year included Patrick Griffin, who was hired to fill the vacant spot of Aquatics Coordinator, Mike Schlewitz as General Manager of the Buffalo Grove Fitness Center, and Laura Camastro who was hired to fill a variety of business and marketing roles at the Buffalo Grove Fitness Center.

Professional Development

Alyson Stanczak successfully completed her professional certification as a Certified Park and Recreation Professional (CPRP), and Ryan Risinger successfully completed his professional certification as a Certified Park and Recreation Executive (CPRE).

Internships

Superintendent Kim Cashmore has supervised 3 senior college interns from Western Illinois University, Illinois State University, and University of Wisconsin - Whitewater. Internships are available to current college students of an accredited university pursuing a degree in recreation, leisure studies, or a related field. Under the supervision of the administrative staff, the students assist with the administration, supervision and leadership of all recreation and leisure activities.

Awards

The Buffalo Grove Golf and Sports Center was again named one of the Top 10 Golf Domes in the United States and Canada by the Golf Range Association of America for the 7th consecutive year.

The Raupp Museum won the Illinois Association of Museums Award of Excellence for Exhibit Design.

The BG Singers received a Heart of Buffalo Grove Award from the Chamber of Commerce.

For the 15th consecutive year, Business Manager John Short accepted the Certificate of Achievement for Excellence in Financial Reporting by the Government Finance Officers of the United States and Canada. In order to be awarded a Certificate of Achievement, the governmental agency must publish an easily readable and efficiently organized comprehensive annual financial report. This report must satisfy both generally accepted accounting principles and applicable legal requirements.

The Buffalo Grove Studio of Dance received the Daily Herald's Readers Choice Award.

Sponsorship

We are always looking for ways to generate alternative sources of revenue so that we may provide exceptional programs and events at as little or no cost to our residents. This past year we were able to generate over \$30,000 in sponsorship. Businesses in the community, such as Culver's of Buffalo Grove, Dakota K, Grove Animal Hospital, The Wealshire The Ponds, Nino's Pizzeria, Whitehall of Deerfield, Sports Authority, Red Carpet Construction, American Enterprise Bank, Lou Malnati's, Dorfler's, Waste Management, Sunset Foods, Stiletto's, Health and Wellness Center, Briseno Landscaping, Forsight Vision and Steven H. Antman Insurance and Related Services helped support a wide variety of programs and events throughout the year.

Environmental Action Team

This past year, more than 60 volunteers, including Scouts and BGEAT members, pulled garlic mustard, stacked brush, and collected, processed and planted native seeds in local woodlands and wetlands. EAT coordinated a Siemens Corporation Earth Day event at Mike Ryko Community Park and volunteered for an electronics recycling/document shredding event in the Village.

Last year BGEAT raised \$1,500 in grants and donations and participated in 2 Adopt-a-Highway road clean-ups for the third year in a row. The group helped initiate, plan and promote the Village's successful campaign for energy aggregation and promoted recycling at the Village's BG Days festival, and had educational booths at several community events to promote energy conservation and solutions to environmental issues.

Debi, Moritz was honored by the Village of Buffalo Grove as Champion of the Environment. BGEAT, with Debi Moritz as lead organizer, sponsored the first ever Buffalo Grove Green Fair in June, 2012. Hundreds of attendees visited 19 exhibitors who displayed a wide variety of environmentally friendly programs and services. BGEAT also collected over 100 used bikes to be restored by Working Bikes Cooperative and donated to those in need.

Volunteers

Soccer Coaches

Jeff Bloom
Jeanine Boeche
Jim Brown
Brent Buckland
Shaun Burke
Val Castaneda
Steven Copeland
Andrew Dyminskiy
Mark Eglund
Steve Fitzgerald
Tim Hannahs
Peter Heltzer
David Iantorno
Tim Kirby
Steve Klawans
Tim Kobler
Tom Lachowicz
Linda Lindeman
Jodi Macauley
Marco Maggiore
Shana Manning
Art Marshall
Mike Medwedeff
Angela Meier
Scott Miller
Sandy Mills
Dan Nickow
Dan Olbur
Bruce Piepenbrink
Tina Piepenbrink
Eric Pingel
Scott Simanek
Rhett Starr
Lawrence Steingold
Jim Strezewski
Marlon Suskin
Robert Thorp
Gerald Tousey
Mike Weinstein
Trisha Zehnder

Basketball Coaches

Fred Baendorf
Rich Baker
Scott Bauer
Andy Becker
Bernard Beckwith
Tom Beerheide
Jeff Bloom
Tom Carris

Stephen Cichy
Frank Consiglio
Jonathan Cooper
Patrick Dabbs
Don Ellis
Daniel Feldstein
Bruce Firth
Danny Fishbein
Ben Flynn
Gar Forman
Mike Goetting
Russ Goldstein
Artie Green
Gary Greenberg
David Hensley
Jeff Isaacson
Mark Jacobs
Jeremy Julian
Les Kaplan
Mark Kaplan
Jon Katz
Chris Kiple
Jerry Kugler
Jim Kuhr
Scott Lalain
Chuck Lamensdorf
Dino Lomanto
Billy Mass
Brad McGee
Rob Micek
Ben Miller
Dave Nolan
Ed Nowak
Lance Pacernick
Ron Pattis
Jeff Pease
Vitto Pena
Marty Pomerantz
Steve Roberts
Lee Rosenbaum
Barry Schatzman
Barry Schwartz
Ira Shapiro
Chad Siegall
Scott Sienko
Clifton Silk
Matt Silverman
Scott Simanek
Marc Singer
Ryan Solberg
Randy Soltz

Steve Stark
Gary Steciuk
Cliff Stein
Lawrence Steingold
Stacy Tomezak
Kent VanZanten
Dave Vanco
Ron Villanueva
Steve Waples
Dave Wechsler
Steven Weisberg
Robert Welyki
Dave Wicklund
Eddy Youkhanna
Dario Zanichelli
Noel Zweig

Flag Football Coaches

Matt Abrams
Adam Boeche
Jorge Cabrales
Cary Chessick
Lon Gitler
Brett Gleason
Mike Goetting
Jason Gopaul
Steve Hamburg
Dave Heald
Mark Helwig
Steve Hwang
Jeff Isaacson
Alan Kolesky
Jerry Kugler
Jim Kuhr
Jeff Lewis
Pat Moriarty
Gregg Myers
Jay Ralston
Kevin Richards
Robert Sobel
Gary Steciuk
Jay Swidler
David Wechsler
Jeff Weinstein
Steve Weisberg
Paul Wydra

Girl's Softball Coaches

Steve Edelheit
Jim Kuhr
Kelly Panka

Seniors Volunteers

Dawn Bernstein
Larry Bernstein
Toby Bresler
Madeline Chiamonte
Anita De Bartolo
Virginia Drysch
Fran Eagan
Stella Faruzzi
Annette Feldman
Lillian Finley
Roberta Ginsberg
Anne Gusek
Robert Hartian
Frances Ingram
Sandra Iversen
Joy Jacobson
Inez Lundgren
Gloria Lurie
Barbara Marks
Syd Mitchel
Rhonda Moore
Mary Ann Pisano
Wanda Remelski
Delores Rietow
Betty Schneider
Carl Schulien
Janet Selvaggio
Harry Shaw
Ilse VanOostenbrugge
Lorraine Wijas
Rose Wilkosz

Raupp Museum Volunteers

Ishita Bhamra
Lauren Durfey
Callie McCune
Rina Patel
Anandhi Ramalingam
Karthik Ramalingam
Jessie Romanz
Sarah Siegel

Friends of the Parks Foundation

Steve Antman
Calli Dusell
Perry Lakhani
Lynne Schneider
Harry Shaw

Special Events

at the Buffalo Grove Park District



Disc Golf Tournament

The Buffalo Grove Park District will host their 9th Annual Doubles Disc Golf Tournament, sponsored by the Friends of the Park Foundation. Teams will consist of 2 players, scoring in a best-shot format. Teams will be playing 2 rounds of 18 holes, one round at Willow Stream Park, and one round at Twin Creeks Park, and there will be a 36-team limit. Play will be by PDGA rules and PDGA approved golf discs are required. This is an all ages tournament and will be played rain or shine. If there is thunder and/or lightning the day of the tournament, the Park District will determine a new tournament date. Lunch will be served between rounds at Twin Creeks Park and immediately following the tournament will be an awards ceremony at Willow Stream Park. There will be an early bird registration fee of \$17 to those who register before August 23. (ES)

Code	Day	Date	Time	Fee
38681	Sat	Aug 31	9:30 am - 2:30 pm	\$20

Location: Willow Stream Park & Twin Creeks Park

Dog Show - Sponsored by Grove Animal Hospital



Dogs and their owners are invited to join us and have the best dog gone fun you can imagine at our 30th Annual Dog Show for all Buffalo Grove dogs. All amateur dogs can enter events such as best-groomed, celebrity look-alike, best couple (dog and owner), best trick, best behaved and best costume. Prizes and raffles are included. No advanced registration is needed. Free for all dogs (and owners).

Date: Saturday, August 31
Time: 11 am
Location: Willow Stream Park (pool entrance)



Spot Shot Turkey Shootout

Children and their parents can have some Thanksgiving fun by participating in the Buffalo Grove Park District's Spot Shot Turkey Shootout competition. This is a fun event that gives children and their parents a chance to showcase their shooting skills from various spots placed around the basketball court. All participants will receive an event t-shirt and the winner of each division will receive a frozen turkey to enjoy on the holiday. Please contact Bryan Adams at 847.850.2119 for more details.

Code	Grade	Day	Date	Time	Fee
38544	1 - 2	Sat	Nov 16	9 - 10 am	\$10
38545	3 - 4	Sat	Nov 16	10 - 11 am	\$10
38546	5 - 6	Sat	Nov 16	11 am - 12 pm	\$10
38547	7 - 8	Sat	Nov 16	11 am - 12 pm	\$10

Location: Cooper Middle School

Halloween Events

Trick-or-Treat Trail & More

You never know who you will see at our Trick-or-Treat Trail! Friendly characters will line the path at the Alcott Center to hand out candy and small prizes to children. Children will also have the opportunity to get their face painted, take pictures with the characters, play carnival games, and much more. This event is a no scare zone and parents must accompany children during this event. Make sure the whole family signs up! The event is free, but please register in advance if you would like your child to be one of the 250 guests to receive a free goody bag. (ES)

Age: 1 - 12 years

Code	Day	Date	Time	Fee
38686	Fri	Oct 25	6:30 - 8 pm	Free

Location: Alcott Center



Great Pumpkin Hunt & Decoration

Join us for the Great Pumpkin Hunt with a twist! All participants will enjoy a "pumpkin" egg hunt in the grassy backyard at the Raupp Museum. Following the hunt, all participants will head indoors for pumpkin decorating. Everyone is invited to explore the Museum as well. Pre-registration is required. (ES)

Age: 3 - 12 years

Code	Day	Date	Time	R/NR Fee
38687	Sat	Oct 26	11 am - 1 pm	\$10/\$13

Instructor: Strojinc

Location: Raupp Museum

Halloween Canine Costume Contest

Come out and enjoy our Halloween costume contest for our 4 legged friends! Enter your pup into the contest and dress them up in the most unique and creative Halloween costume. The contest categories are small dog (0 - 25 lbs), medium dog (25 - 45 lbs), large dog (45 lbs or more), and best family costume. The Best Family Costume category is for any sized dog and their owners to be judged based on creativity and uniqueness of their family themed costume. All are welcome to attend. This event is one you would not want to miss. It is bound to be a tail-wagging good time! And don't forget to register your child for the Great Pumpkin Hunt immediately after the event. (ES)

Code	Day	Date	Time	Fee
38688	Sat	Oct 26	10 - 11 am	Free

Instructor: Strojinc

Location: Raupp Museum



BUFFALO GROVE PARK DISTRICT PRESENTS

NATIONAL NIGHT OUT

AUGUST 6 • WILLOW STREAM PARK SOUTH • 651 OLD CHECKER ROAD

FREE Food, Entertainment and Giveaways

5 - 7:30 pm

- Business Expo
- Picnic in the Park
- Inflatable Attractions Games
- Buffalo Grove Fire and Police Department Displays
- Free Hotdogs, chips and drinks (while supplies last)
- Not to mention the free giveaways.

6 - 8 pm

Live music with The Neverly Brothers.

Food Drive

Bring a nonperishable food item to the Buffalo Grove Police Challenge trailer at National Night Out. All items collected will be distributed through local food pantries supported by the Northwest Suburban Interfaith Council. Help fill the traffic safety trailer.



Sponsored by:






REGISTER ONLINE AT BGSTAMPEDE.ORG

SUNDAY, SEPTEMBER 1 • MIKE RYLKO COMMUNITY PARK • 951 MCHENRY RD. • BUFFALO GROVE, IL

RACE & AGE CATEGORIES

10k Run 	5k Run	Walk
Male and Female Separated Age Brackets:	Male and Female Separated Age Brackets:	All ages and genders together
9 & Under	9 & Under	
10 - 14	10 - 14	
15 - 19	15 - 19	
20 - 24	20 - 24	
25 - 29	25 - 29	
30 - 34	30 - 34	
35 - 39	35 - 39	
40 - 44	40 - 44	
45 - 49	45 - 49	
50 - 54	50 - 54	
55 - 59	55 - 59	
60 - 64	60 - 64	
65 - 69	65 - 69	
70 - 74	70 - 74	
75 - 79	75 - 79	
80 and over	80 and over	
*5k Wheelchair - Minimum of 10 pre-registered needed in order for wheelchair event to be held.		

If you are registering the day of the race please be on time - Day of race registration ends promptly at 7:45 am.

FEES

Fees:	Advanced Fee	Family Fee**	Day of Race Fee
10k Run	\$25	\$22	\$30
5k Run	\$25	\$22	\$30
Walk	\$16	\$13	\$20
5k Wheelchair*	\$25	\$22	\$30

** Family Fee - Families of 3 or more members participating in the Stampede qualify for the Family Fee. No other discounts apply if using the Family Fee. The reduced rate is a per person rate. The Family Fee is available on advanced registrations only.

TIMES

5K - Wave 1	8 am
5K - Wave 2	8:05 am
5K - Walk	8:05 am
10K - Wave 1	8:22 am
10K - Wave 2	8:30 am

Finish Line Sponsor:



FOR MORE INFORMATION, CONTACT THE RACE DIRECTOR, CHUCK BURGESS, AT 847.850.2125.



BUFFALO GROVE DAYS

FAMILY FOOD FUN!

JOIN US AT THE PARADE

Buffalo Grove Days Parade
Sunday, September 1 • 1pm
on Bernard Drive



DISC GOLF TOURNAMENT

Hosted by the Friends of the Parks Foundation
Saturday, August 31 • 9:30 am - 2:30 pm
Willow Stream Park & Twin Creeks Park
See page 13 for more details



DOG SHOW

Sponsored by Grove Animal Hospital
Saturday, August 31 • 11 am
Willow Stream Park - North
See page 13 for more details



BUFFALO GROVE STAMPEDE

5k/10k Race
Hosted by the Friends of the Parks Foundation
Sunday, September 1 • 8 am
Mike Rylko Community Park
See page 16 for more details

Flying 4 Kids Statewide

KITE FLY

FREE Event!

Join us as we celebrate Flying 4 Kids, a statewide Kite Fly to promote park districts, recreation agencies, and the park district youth license plate. Chicago Kite is going to be out with enormous kites as well as stunt kites. Bring your kites and enjoy this day full of games, face paint, prizes and fun. Kites will be available for purchase. The first 50 guests will receive a free paper kite. (ES)

- » Games
- » Prizes
- » Raffles
- » Fun

Sunday, September 22

10 am - 2 pm

Mike Rylko Community Park

951 McHenry Road

(Spray 'N Play entrance)



Large and stunt kite demonstrations by Chicago Kite!



Hosted by:



**FRIENDS
OF THE PARKS
FOUNDATION**

Veterans Day Celebration

Monday, November 11



Join us as we honor all Veterans, their families and friends, on November 11 at Buffalo Grove High School, 1100 West Dundee Road in Buffalo Grove. There will be music and free refreshments from 12:15 - 1:15 pm courtesy of Culver's of Buffalo Grove and The Hershey Company. The program will begin at 1:30 pm. This is sure to be a day that will be remembered by everyone. All ages are invited to this very special time of remembrance.

Sponsored by:
WHITEHALL
of Deerfield
Healthcare Center



Free special events in our community are made possible through generous donations from our corporate partners.

We would like to thank these businesses that have contributed generously to support Buffalo Grove Park District programs and events.

For more information on the Buffalo Grove Park District's corporate partnership program, contact Mike Terson at 847.850.2116.

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One leaf = One million trees

1-800-796-9696



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BIRTHDAY BONANZA

Basic Parties

Price - \$230

20 Children Limit

1½ Hours

All Basic Parties include:

- Instructors to run the party
- 1 hour activity time
- 30 minutes in party room
- Tablecloths, cake plates, cups, napkins, and plastic utensils

You provide:

- Cake, juice and any other refreshments needed
- Serving utensils
- Decorations

Goody bags are available for an extra \$5 per child.

Custom invitations available, including mailing, for an extra cost.

Game Day Sports

Age: 5 - 12

Your athlete will love this sports and game themed party. Activities include, but are not limited to, soccer, floor hockey, basketball, flag football, dodge ball, capture the flag, man from mars, and much more. Call to customize your unique game experience.

Mix It Up Cooking

Age: 4 - 12

If your child loves to help out in the kitchen, then this is the party for them. The party goers will learn to measure, mix, roll and cook with this birthday party. They will prepare a theme related food and art project. The possibilities are endless, call for details.

Dance Party

Age: 4 - 11

Come and celebrate your birthday with dancing, music and fun! Your birthday girl or boy can choose from a dance party with jazz, hip hop, pom pom, musical theater or a combination of all dances. An instructor will teach fun dance moves to your party star and guests, then they will perform their dance for the parents at the end of the party.

Princess Party

Age: 3 - 6

Have your little princess meet one of the Disney Princess' for a magical party! Our princess will play games and sing songs with the birthday girl and her guests, as well as participate in a special tea party. Specific Disney princess depends on availability.

Theater Party

Age: 6 - 12

Your theatrical birthday girl or boy will enjoy this 90-minute theater party. Your child will be the star of a show put together by the birthday party kids. The kids will start their party off with a few theater games and then choose parts and props to get them ready for the show. The instructor will lead the kids through a creative script that will have them up and performing in no time.

Glamour Girl Party

Age: 4 - 9

Get ready to be made into a super star with a new hair do and make-up. Go through our dress up bin to find the perfect outfit and finish off by learning a short dance and walking the red carpet for all the parents. Don't forget to bring your camera to take pictures of your glamour girls!

Bike Party

Age: 4 - 7

Bring your child and their friends to Safety Town for an exciting bike party! All bike parties include a safety lesson, followed by lots of hands-on experience on bikes and motorized cars in our Safety Town. Guests must bring a bike helmet and wear gym shoes.

Specialty Parties

Price - \$310

20 Children Limit

1½ Hours

All Specialty Parties include:

- Contractual Entertainment
- Instructors to run the party
- 1 hour activity time
- 30 minutes in party room
- Tablecloths, cake plates, cups, napkins, and plastic utensils

You provide:

- Cake, juice and any other refreshments needed
- Serving utensils
- Decorations

Goody bags are available for an extra \$5 per child.

Custom invitations available, including mailing, for an extra cost.

Pee Wee Magic & Balloon

Age: 1 - 3

Magician Gary Kantor presents a thrilling magic and balloon animal show specifically designed for this younger age group. Gary's magic will use stuffed animal characters from popular cartoon shows to amaze the children. You can even bring your child's favorite stuffed animal and make it part of the show. Balloon animals will be made for every child to take home after the show.

Wiggle Jiggle & Sing

Age: 1 - 5

Offer your guests a fun filled musical party experience. This party is led by Michelle Hunter, a professional music teacher and specialist in early childhood music and movement. Parties include singing, dancing, creative movement and playing musical instruments.

Magic

Age: 4 - 12

Make your party unique, entertaining and memorable with the magic of Gary Kantor. All parties are interactive and your child will become a magician before your eyes.

Sports Of All Sorts

Age: 4 - 10

Pick your sport and come have a ball! Soccer, Baseball, Floor Hockey, Kickball and other gym games. There will be one hour of any sport or a combination of sports. All necessary equipment will be provided and each child will receive a sports medal at the end of the party. Instruction and sports equipment provided by Sports R Us.

Pottery Painting Party

Age: 5 - 12

Sunshine Craft will guide your guests through an artistic adventure. Kids will select and paint a pottery art piece using acrylic paints and a variety of brushes, sponges and fingers. Finished art pieces are glazed and glitter-sprinkled, as selected by each painter, and taken home that day. All art materials are nontoxic, odorless and latex free. All art materials and smocks are provided.

Martial Arts & Tae Kwon Do

Age: 4 years and up

K.H. Kim's Tae Kwon Do knows how to throw a great birthday party, as your child becomes the Master of the Day and Star of the Show! Tae Kwon Do is fun for all ages and will be an unforgettable experience for all your partygoers. The children will receive a group martial arts lesson and will learn how to break their own board. It's guaranteed to be a hit. As a special treat, the children are sure to enjoy a short demonstration by the Master. The party will be fun, safe and supervised in a kid-friendly environment, and will provide a high energy outlet for active kids.

Yoga Bash Party

Age: 4 years and up • 15 Children Limit • \$345

Mind, body, fun! You and your guests will enjoy a completely unique party experience. The focus is on fun using yoga poses and breathing techniques to energize and strengthen our minds and bodies. We use yoga inspired music and movement to spark each of your guest's creativity and sharpen their concentration. Yoga Bash parties include invitations and take-home yoga mats. We offer additional giveaway ideas and specialty desserts.

Deluxe Bike Party

Age: 4 - 7

Bring your child and their friends to Safety Town for an exciting bike party! All bike parties include a safety lesson, followed by lots of hands-on experience on bikes and motorized cars in our Safety Town. Following the outdoor activity, the partygoers will play safety games and complete an arts and crafts project. Guests must bring a bike helmet and wear gym shoes.

LEGO

Age: 6 years and up

Come get locked into the world of LEGOs! This LEGO birthday party is delivered to you by LEGO Certified Professional Beth Weis. Boys and girls of all building abilities will love building over 100 pounds of LEGO bricks and elements. This party offers organized activities, free play, plus the special birthday person being built into a custom birthday tower.

Spray 'N Play

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Join us for an Ultimate or Splash Bash Party at the Spray & Play. Get relief from the heat and enjoy an outdoor party.

Golf & Sports Center

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Ultimate Sports Parties - Available September thru early May

Whether it's soccer, baseball, softball, flag football, lacrosse, golf or anything else, we have your party needs covered. We feature a large party patio, which offers umbrella picnic tables, chairs and benches. All packages include play time and party time! There are 4 party packages for you to choose from, or call our office to customize a party for your needs. In addition, to help with your party we supply birthday balloons, which can be taken home, tables, chairs and table covers. Cleats are not permitted inside of the facility. If applicable, participants may wish to bring personal golf clubs, baseball/softball gloves, bats, shin guards or other personal athletic equipment that may not be provided for the party. Catering is also available. To customize your event please call **847.459.2321**.



Please call
847.850.2126
for party availability.

Early Childhood

Early Childhood Program Requirements

- Correct age by the first day of class.
- Babysitting services are not available.
- Due to class maximums, friendship requests cannot be granted.
- All classes are held at the Alcott Center unless otherwise indicated.
- New curriculum each season in all classes.
- Siblings may not attend class unless otherwise indicated.
- If date of birth listed on registration form is different than the date of birth in the Park District's database, proof of birth date will be required prior to attending the first class.
- If child is under 3 years, a parent or caregiver must attend classes with child. Children 3 years and up attend classes without a parent or caregiver unless otherwise stated.

Wiggle, Jiggle & Sing With Miss Michelle

You and your kids will have a blast making music as you Wiggle, Jiggle and Sing with Michelle Hunter and her guitar. Michelle offers an upbeat and interactive approach to teaching music to children through musical play. You'll sing, clap, tap, dance and use simple musical instruments to experience creative music with your child. Research has shown that musical activities help children develop physical coordination, as well as visual and language skills. So, come join in the music making fun! Siblings are not required; however, there is a discounted rate for them of \$94/\$117. Online registration is available for one child registrations only. If registering more than one child, you must fill out a printed registration form to get the sibling fee discount. **No class on November 26 and 29.** (MW)

Code	Age	Day	Date	Time	R/NR Fee
38697	3 - 18 months	Tue	Sept 17 - Dec 10	9:20 - 10 am	\$108/\$135
38698	18 - 36 months	Tue	Sept 17 - Dec 10	10:10 - 10:50 am	\$108/\$135
38699	3 months - 5 years	Tue	Sept 17 - Dec 10	11 - 11:40 am	\$108/\$135
Instructor: Hunter		Location: Alcott Center			
38700	3 - 18 months	Fri	Sept 20 - Dec 13	9:20 - 10 am	\$108/\$135
38701	18 - 36 months	Fri	Sept 20 - Dec 13	10:10 - 10:50 am	\$108/\$135
38702	3 months - 5 years	Fri	Sept 20 - Dec 13	11 - 11:40 am	\$108/\$135
Instructor: Hunter		Location: Twin Creeks Park			

Super Twos & Terrific Threes

See page 29 for more details.

3 & 4 Year old Preschool

See pages 30 & 31 for more details.

Sooo Big

Your baby is now Sooo Big! Enjoy this fun age through songs, rhymes, books and movement activities. Your child will also experience their first creative art. Meet other new parents and share parenting experiences. (MW)

Age: 10 - 18 months

Code	Day	Date	Time	R/NR Fee
38696	Fri	Sept 20 - Nov 22	11 am - 12 pm	\$99/\$123

Instructor: Ryczek

Location: Alcott Center

Tot Rock

Sing and dance to the Tot Rock beat! Tot Rock is an introductory music and movement class with a large sensory component. Each week, we will use rhythm instruments like hand bells and maracas, play with a parachute and beanbags, and explore sensory items like bubble and feathers. In addition to improving your tot's newly-acquired motor skills, each class provides structured and unstructured time to encourage socialization. There is a new curriculum each session. Sing, dance and play the tot Rock way! Children must be walking. **No class on November 30.** (MW)

Age: 12 - 24 months and walking

Code	Day	Date	Time	R/NR Fee
38703	Sat	Sept 14 - Oct 19	9:30 - 10:10 am	\$56/\$70
38704	Sat	Nov 2 - Dec 14	9:30 - 10:10 am	\$56/\$70

Instructor: Rock-It

Location: Alcott Center

Little Munchkins Preschool

This preschool class is perfect for children 18 - 24 months old by September 1, 2013. Enjoy rug time, playtime, art, music and more, just like in the big kids preschool. Parent or caregiver will attend all classes with child. Don't delay, because this exciting preschool class will fill quickly. **No class on November 27.** (MW)

Age: 18 - 24 months by September 1, 2013

Code	Day	Date	Time	R/NR Fee
38709	Wed	Sept 18 - Dec 11	9:30 - 10:30 am	\$118/\$147

Instructor: Ellingsen

Location: Alcott Center

Jump Into Books

Jump into the world of literature! Each week, we will read a book, do art, songs and other activities, allowing children to explore that book like never before. We will read books like Go Away Big Green Monster and make monster masks, or A Giant Jam Sandwich and paint with jam. Fill your child's experience with great reading. Returning students are welcome because each session has a new curriculum. Only one parent/caregiver is required to attend class with child. **No class on November 28.** (MW)

Code	Age	Day	Date	Time	R/NR Fee
38766	18 months - 3 years	Thu	Sept 19 - Dec 12	9:45 - 10:45 am	\$118/\$147
38859	3 - 5 years	Thu	Sept 19 - Dec 12	11:30 am - 12:30 pm	\$118/\$147

Instructor: Ellingsen

Location: Alcott Center

Wee Me



Each week, we will enjoy stories, art, learning activities, and large motor fun. All activities are developmental, open ended and appropriate for all ages. Come and join us for the fun! There are new stories each season. Siblings are not required; however, there is a discounted rate for them of \$65/\$81. Online registration is available for single child registrations only. If registering more than one child, you must fill out a printed registration form to get the sibling fee discount. **No class on October 11, 14, November 11, 25 and 29.** (MW)

Age: 18 months - 4 years

Code	Day	Date	Time	R/NR Fee
38705	Mon	Sept 16 - Dec 9	9:30 - 10:30 am	\$99/\$123
Instructor: Phoenix		Location: Twin Creeks Park		
38706	Fri	Sept 20 - Dec 6	9:30 - 10:30 am	\$99/\$123
Instructor: Phoenix		Location: Alcott Center		

Kid Rock



Song and dance, rhythm and rhyme, join the fun for a rockin' time! Kid Rock is a structured music and movement class that focuses on imaginative play, sensory integration, rhythm skills and socialization. Instruments and props we will use include maracas, tambourines, scarves, bean bags, parachute and much more. There is a new curriculum each session, and parents participate in class. **No class on November 30.** (MW)

Age: 2 - 3 years

Code	Day	Date	Time	R/NR Fee
38707	Sat	Sept 14 - Oct 19	10:15 - 10:55 am	\$56/\$70
38708	Sat	Nov 2 - Dec 14	10:15 - 10:55 am	\$56/\$70
Instructor: Kid Rock		Location: Alcott Center		

The Wheels On The Bus



Let's go for a ride! Each week, we will hop on the Buffalo Grove Park District bus and visit places like the fire station, a pizza place, Long Grove Confectionery, a pumpkin farm, and Firezone. An adult must accompany every child. Appropriate child car seats are provided. (MW)

Age: 2 - 4 years

Code	Day	Date	Time	R/NR Fee
38779	Wed	Sept 25 - Oct 23	1 - 3 pm	\$90/\$112
Instructor: TBA		Location: Alcott Center		

Going On A Safari



Grab your ticket and backpack; you are going on a safari! You will see aardvarks, lions, monkeys and many more African animals. We will make tickets and backpacks, and explore the animals' habitats through art, math, stories and the motor room. Hop on, let's go! There is a new curriculum each season. **No class on October 14 and November 11.** (MW)

Age: 3 - 5 years

Code	Day	Date	Time	R/NR Fee
38712	Mon	Sept 16 - Nov 18	1 - 2 pm	\$79/\$99
Instructor: Hoyland		Location: Alcott Center		

Totally Dudes



Calling all boys! Pirates, dinosaurs, trucks, trains, sports, jumpin' and playin'. This class is just for boys! Each week will be a different theme and we will make a project, include a little science and math, have time in the Motor Room, and just celebrate being boys. There is a new curriculum each season. (MW)

Age: 3 - 5 years

Code	Day	Date	Time	R/NR Fee
38711	Tue	Sept 17 - Nov 19	1 - 2 pm	\$99/\$123
Instructor: Ryczek		Location: Alcott Center		

Bling It Up



Calling all girls! Bling it up! Each week, you will make something fun using fabric crayons, gemstones, glittery paint, ribbon and much more. The sky is the limit with your imagination! We will also do glimmery art, play, and have stories and songs. **No class on November 19.** (MW)

Age: 3 - 5 years

Code	Day	Date	Time	R/NR Fee
38769	Tue	Sept 17 - Nov 19	1 - 2 pm	\$99/\$123
Instructor: TBA		Location: Alcott Center		

Hands On Art - Mixed Media Mania



Join us to create masterpieces! Each week, we will focus on different kinds of art, such as 3-D, sculptures and painting using different tools and kinds of paint, paper collages and more. **No class on November 26 and 27.** (MW)

Age: 3 - 5 years

Code	Day	Date	Time	R/NR Fee
38718	Tue	Sept 17 - Dec 3	1:30 - 2:30 pm	\$109/\$136
Instructor: Cohen		Location: Twin Creeks Park		
38718	Wed	Sept 18 - Dec 4	1 - 2 pm	\$109/\$136
Instructor: Cohen		Location: Alcott Center		


My Lunchbox



Join us any day Monday thru Friday for lunch! Children will love bringing their lunch at 11:30 am, playing in the large motor room, and having art and games in the classroom. In addition, register for 1 - 2 pm classes such as Going on a Safari, Totally Dudes, Bling It Up, Hands On Art Colorful Cooking, Hands On Art Mixed Media Mania, Math and Motor, or Junior Scientists, and your child will be with us from 11:30 am - 2 pm. Because of allergies, lunches must be peanut-free. No class October 14 and November 11. **No class on October 14 and November 11.** (MW)

Age: 3 - 6 years

Code	Day	Date	Time	R/NR Fee
39106	Mon	Sept 16 - Nov 18	11:30 am - 1 pm	\$120/\$150
39107	Tue	Sept 17 - Nov 19	11:30 am - 1 pm	\$150/\$187
39108	Wed	Sept 18 - Nov 20	11:30 am - 1 pm	\$150/\$187
39109	Thu	Sept 19 - Nov 21	11:30 am - 1 pm	\$150/\$187
39110	Fri	Sept 20 - Nov 22	11:30 am - 1 pm	\$150/\$187
Instructor: TBA		Location: Alcott Center		

 Classes with this symbol can also register for My Lunchbox, and your child can bring lunch at 11:30 am, and then go straight to their 1 pm class.

Hands On Art - Colorful Cooking

Mix a little art and a little cooking! Join Lori Cohen and make colorful, delicious snacks. Add some art, play, songs and stories for a great afternoon. **No class on November 28.** (MVV)

Age: 3 - 6 years

Code	Day	Date	Time	R/NR Fee
38718	Thu	Sept 19 - Dec 5	1 - 2 pm	\$109/\$136

Instructor: Cohen Location: Alcott Center

Picasso's Expression in Paint & Clay

Paint and sculpt baby animals such as puppies, kittens, monkeys and hedgehogs! This exciting course is an introduction to drawing, painting and sculpture. Young students learn to draw and paint colorful animals and sculpt cute lovable creatures. Students will work with pencils, markers, paint and clay. All sessions incorporate new projects, which are completed and ready to go home that day. Classes are taught by published and experienced artists and teachers. All supplies are included; however, please bring a smock. **No class on November 11.** (ES)

Age: 3 - 6 years

Code	Day	Date	Time	R/NR Fee
38691	Mon	Sept 16 - Oct 7	3:30 - 4:30 pm	\$74/\$92
38692	Mon	Oct 21 - Nov 18	3:30 - 4:30 pm	\$74/\$92

Instructor: Picasso's Location: Alcott Center

Young Rembrandts Preschool Drawing

Your preschooler's mind is hard at work building the knowledge and skills it will use for a lifetime. Now, more than ever, it's important to challenge their curious minds with activities that will keep them engaged and eager to learn. The Young Rembrandts preschool program is specifically designed with the needs of our youngest learners in mind. We use subjects they're familiar with, such as animals and toys, as well as their favorite learning tools (pictures, stories, touching and doing) to enhance social and conflict resolution skills, while improving listening, fine-motor skills, and time-on-task. Give your preschooler the information they're hungry for and be amazed by what they'll create. There are all new lessons every session. **No class on October 31.** (ES)

Age: 3½ - 5 years

Code	Day	Date	Time	R/NR Fee
38657	Thu	Sept 19 - Oct 10	3:30 - 4:15 pm	\$47/\$58
38658	Thu	Oct 17 - Nov 14	3:30 - 4:15 pm	\$47/\$58

Instructor: Young Rembrandts Location: Alcott Center

Math & Motor

Math is everywhere! Join us as we find math in the Motor Room, like shapes, measuring, estimating, addition and subtraction, then move into the classroom to do more math activities. Your child will learn new math skills in a hands-on fun way. There is a new curriculum each session. (MVV)

Age: 4 - 5 years

Code	Day	Date	Time	R/NR Fee
38714	Fri	Sept 20 - Nov 22	1 - 2 pm	\$99/\$123

Instructor: Ryczek Location: Alcott Center

Art Enrichment Pottery Paint & Story Time

Each week, the kids will hear a great story and paint a related pottery project. An example is "The Very Hungry Caterpillar," with the kids painting a caterpillar or butterfly. The painting lessons will emphasize all the elements of art and painting, including brush use, sponging, shading and more. Kids will come home with great self-esteem, confidence, and a love of art, as well as cool, colorful projects. Art smocks are recommended. Finished projects will be glazed immediately and taken home at the end of the session. All materials are nontoxic, odorless and latex free. **No class on November 11.** (ES)

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
38655	Mon	Sept 16 - Oct 7	9:30 - 10:30 am	\$69/\$86
38656	Mon	Oct 21 - Nov 18	9:30 - 10:30 am	\$69/\$86

Instructor: Sunshine Craft Location: Alcott Center

Junior Scientists

In this class, your child will discover science is all around us! Through experimentation and hands on learning, we will explore magnets, what it was like when dinosaurs roamed the earth, and different chemical reactions. We will even learn science takes place in the kitchen and many other everyday places. Returning students are welcome because each session has a new curriculum. **No class on November 28.** (MVV)

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
38713	Thu	Sept 19 - Dec 12	1 - 2 pm	\$118/\$147

Instructor: Ellingsen Location: Alcott Center

Hands On Art - Columbus Day

Mixed Media Mania! Have fun on your day off from school. We will create 2-dimensional art from various types of materials, plus save some time for free play, large motor activities and lunch. Children will bring their own lunch. (MVV)

Age: 4 - 9 years

Code	Day	Date	Time	R/NR Fee
38715	Mon	Oct 14	9 am - 12 pm	\$28/\$35

Instructor: Cohen Location: Alcott Center


Hands On Art - Thanksgiving

Mixed Media Mania! Have fun on your day off from school. We will create 2 dimensional art from various types of materials plus save some time for free play, large motor activities and lunch. Children registering for the morning sessions will bring lunch; children in the afternoon sessions will bring a snack. Come 1, 2 or 3 days. (MW)

Age: 4 - 9 years

Code	Day	Date	Time	R/NR Fee
38716	Mon	Nov 25	9:30 am - 12 pm	\$28/\$35
38717	Mon	Nov 25	12:30 - 3:30 pm	\$28/\$35
38850	Tue	Nov 26	9:30 am - 12 pm	\$28/\$35
38851	Tue	Nov 26	12:30 - 3:30 pm	\$28/\$35
38852	Wed	Nov 27	9:30 am - 12 pm	\$28/\$35
38854	Wed	Nov 27	12:30 - 3:30 pm	\$28/\$35

Instructor: Cohen Location: Alcott Center

 Classes with this symbol can also register for My Lunchbox, and your child can bring lunch at 11:30 am, and then go straight to their 1 pm class.



BUFFALO GROVE PARK DISTRICT DISCOVERY KIDS

Discovery Kids - Kindergarten Enrichment 2013-2014



Calling all Kindergarteners! Join us mornings or afternoons for enrichment and education. We emphasize fun and creativity through hands-on math and science, drama, music and art, early literacy and writing, problem solving, and large motor activities. We will enrich the kindergartens' curriculums using thematically centered lessons and activities, such as oceans, planets, our bodies and the weather. Classes have degreed teachers with a 9:1 ratio. There is a maximum of 18 children with 2 teachers. Busing is available from Tripp, Pritchett, Kilmer, Longfellow, Riley, Poe, and Willow Grove schools. If busing, register for the 3 hour class and have your child bring their lunch. If not busing or bringing lunch, use the 2½ hour option.

Register and pay one month's cost when you register. The remainder of payments will be due monthly on the 15th of September, October, November, December, January, February, March and April. After the classes begin, no refunds of that month's payment are given for early withdrawal. If you have questions, call Martha Westerberg at 847.850.2111.

Age: 5 - 6 years

Code	Day	Date	Time	Total Year R/NR Fee
38019	Mon	Aug 26 - May 26	9 - 11:30 am	\$581/\$681
38018	Mon	Aug 26 - May 26	9 am - 12 pm	\$698/\$798
38026	Mon	Aug 26 - May 26	11:45 am - 3 pm	\$698/\$798
38027	Mon	Aug 26 - May 26	12:30 - 3 pm	\$581/\$681
38017	Mon, Wed	Aug 26 - May 28	9 - 11:30 am	\$1256/\$1356
38016	Mon, Wed	Aug 26 - May 28	9 am - 12 pm	\$1507/\$1607
38024	Mon, Wed	Aug 26 - May 28	11:45 am - 3 pm	\$1507/\$1607
38025	Mon, Wed	Aug 26 - May 28	12:30 - 3 pm	\$1258/\$1358
38015	Tue, Thu	Aug 27 - May 29	9 - 11:30 am	\$1368/\$1468
38014	Tue, Thu	Aug 27 - May 29	9 am - 12 pm	\$1643/\$1743
38022	Tue, Thu	Aug 27 - May 29	11:45 am - 3 pm	\$1643/\$1743
38023	Tue, Thu	Aug 27 - May 29	12:30 - 3 pm	\$1368/\$1468
38013	Mon, Wed, Fri	Aug 26 - May 30	9 - 11:30 am	\$1894/\$1994
38012	Mon, Wed, Fri	Aug 26 - May 30	9 am - 12 pm	\$2272/\$2372
38020	Mon, Wed, Fri	Aug 26 - May 30	11:45 am - 3 pm	\$2272/\$2372
38021	Mon, Wed, Fri	Aug 26 - May 30	12:30 - 3 pm	\$1894/\$1994

Instructor: Sirois

Location: Alcott Center

Discovery Kids Busing

Code	Day	Fee
38031	Mon	\$170
38030	Mon, Wed	\$368
38029	Tue, Thu	\$402
38028	Mon, Wed, Fri	\$555

Clubhouse Connection

Need longer day coverage? For an additional small busing fee, your child can be picked up or dropped off at our Clubhouse before and after school care program at the following schools: Kilmer, Longfellow, Pritchett and Tripp. Use these codes only if your child is also registered in the Clubhouse before and after school care program. For more information, contact Martha Westerberg at 847.850.2111.

Code	Day	Fee
39025	Mon Mornings	\$93
39030	Mon Afternoons	\$93
39024	Mon, Wed Mornings	\$201
38029	Mon, Wed Afternoons	\$201
39023	Tue, Thu Mornings	\$219
39028	Tue, Thu Afternoons	\$219
39022	Mon, Wed, Fri Mornings	\$303
39027	Mon, Wed, Fri Afternoons	\$303





Preschool

Buffalo Grove Park District

The Preschool Center features:

- Bright, colorful air-conditioned rooms.
- 2 beautiful outdoor play areas.
- 2 spacious indoor play areas.
- Classrooms equipped with directline emergency phones.
- Convenient parking.
- Experienced, degreed professional staff.
- Small class sizes with 2 teachers per class.

By attending the Buffalo Grove Park District Preschool, your child will:

- Be better prepared for life-long learning.
- Receive personalized attention through low teacher:student ratios.
- Learn and grow at his/her own pace.
- Appreciate and learn respect for difference.
- Develop a fit and healthy love for exercising and sports through the use of our Circle Room, Large Motor Room and outdoor playgrounds.
- Gain social skills through play, stories, songs and group activities.
- Develop a sense of community and belonging through the friends he/she will make.



Payment Information

When you register for 2013 - 14 Super Twos, Terrific Threes, Three and Four Year Preschools, you will have 3 payment options.

1. EFT - Electronic Funds Transfer from your bank account
2. Automatic credit card payments
3. Payment for the full year with cash, check or credit card

New early bird registration! Register before July 1 and pay the early bird registration fee of \$100 (\$75 for Super Twos). After July 1 the registration fee is \$150 (\$100 for Super Twos). The fee payments will be charged to your bank account or credit card on July 15, 2013, November 15, 2013, and February 15, 2014.

Preschool Refund Policies

- If you withdraw within one week prior to the start of preschool, your July payment will be refunded, minus a 10% late withdrawal fee.
- Refunds will not be given for vacations or illnesses.



September 2013 - May 2014

Terrific Threes, for children who miss the September 1 preschool deadline, and turn 3 between September 2, 2013 and December 31, 2013.

- Children may be in Pullups®.
- Class will be 1½ hours in the fall (9:30 - 11 am), 2 hours beginning after Thanksgiving (9:30 - 11:30 am).
- Proof of age and a \$100 nonrefundable, nontransferable deposit is required with registration (\$100 deposit is separate from the total year fee).
- Parents are required to help in the classroom a total of 6 times during the year.

Age:	2 - 3 years		Total Year
Code	Day	Time	R/NR Fee
37104	Mon, Wed	9:30 - 11 am	\$1035/\$1135
37105	Tue, Thu	9:30 - 11 am	\$1110/\$1210

September 2013 - May 2014

This transitional class will help children learn to play with others, develop appropriate cognitive skills and gradually separate from the parent.

- For children 2 years old by September 1, 2013.
- Proof of age and a \$75 nonrefundable, nontransferable deposit is required with registration (\$75 deposit is separate from the total year fee).
- Siblings may not attend any class.
- September - Thanksgiving parent attends entire class with the child.
- December and January parent is with child the first and last 15 minutes of class. Parents leave the classroom, but remain onsite.
- Parents do not attend class February - May, completing the gradual separation.
- Parents are required to help in the classroom 2 times in winter and 2 times in spring.

Age:	2 years		Total Year
Code	Day	Time	R/NR Fee
37107	Mon, Wed	9:15 - 10:45 am	\$840/\$940
37108	Mon, Wed	11 am - 12:30 pm	\$840/\$940
37109	Tue, Thu	9:15 - 10:45 am	\$900/\$1000
37111	Fri	9:15 - 10:45 am	\$390/\$490

Children enrolled in Super Twos and Terrific Threes Preschool will priority register for Three Year Old Preschool in **2014 - 2015.**

For questions concerning Super Twos or Terrific Threes please contact **Martha Westerberg** at 847.850.2111.



Children enrolled in Three Year Old Preschool will priority register for Four Year Old Preschool in **2014 - 2015.**

September 2013 - May 2014

The Three Year Old Preschool focuses on learning through play, stories, songs and group activities. Children will make new friends and develop their social skills while becoming more aware of the world around them. Fine motor skills are developed through art activities and large motor skills are gained through use of the Gym, Large Motor Room and our Preschool Circle Room. Caring, professional teachers and bright, inviting classrooms provide children with a comforting and exciting educational environment. Children may be in Pullups® until January.

- Child must be 3 years old by September 1, 2013
- Proof of age and a \$100 nonrefundable, nontransferable deposit is required with registration (\$100 deposit is separate from the total year fee).
- Parent helpers are essential to the preschool and help to enrich each child's preschool experience. Parents will help 6 times during the school year for M, W, F or 5 times for Tue, Thu. Parents unable to help will pay an additional \$20 each with each payment.

2½ Hour Class

Code	Day	Time	Total Year R/NR Fee
37096	M, W, F	9 - 11:30 am	\$2225/\$2325
37097	M, W, F	9 - 11:30 am	\$2225/\$2325
37099	Tue, Thu	9 - 11:30 am	\$1550/\$1650
37100	Tue, Thu	9 - 11:30 am	\$1550/\$1650

3 For 3s - 3 Hour Class

Classes begin as 2½ hours (9 - 11:30 am) and extend to 3 hours (9 am - 12 pm) after Thanksgiving through May. When class extends to 3 hours, children will bring their lunch each day.

Code	Day	Time	Total Year R/NR Fee
37102	M, W, F	9 am - 12 pm	\$2525/\$2625
37103	Tue, Thu	9 am - 12 pm	\$1770/\$1870

For questions concerning the Three Year Old Preschool

please contact Martha Westerberg at 847.850.2111.

Good To Know

Children may be in Pullups® until January.

Lunch 'N More

Parents, would you like a little more time? Does your 3 or 4 year old keep asking "is it Preschool today?" Then sign up for lunch 'N More any day they are in Preschool. We will eat lunch (children bring their lunch), play in the Large Motor Room and have an art activity. This is for Buffalo Grove Park District Preschoolers. (MWV)

Age: 3 - 5 years

2½ Hour Preschoolers will be picked up at the end of their class by the Lunch 'N More teachers. You will pick up your child at 1 p.m.

Code	Day	Date	Time	R/NR Fee
38530	Mon	Sept 9 - Dec 16	11:30 am - 1 pm	\$180/\$225
38531	Tue	Sept 10 - Dec 17	11:30 am - 1 pm	\$210/\$262
38532	Wed	Sept 11 - Dec 18	11:30 am - 1 pm	\$210/\$262
38533	Thu	Sept 12 - Dec 19	11:30 am - 1 pm	\$210/\$262
38534	Fri	Sept 13 - Dec 13	11:30 am - 1 pm	\$195/\$244

After Thanksgiving, the **3 For 3s** children will be picked up in their classroom and stay until 1 p.m.

Code	Day	Date	Time	R/NR Fee
38535	Mon	Sept 9 - Dec 16	11:30 am - 1 pm	\$165/\$206
38536	Tue	Sept 10 - Dec 17	11:30 am - 1 pm	\$195/\$244
38537	Wed	Sept 11 - Dec 18	11:30 am - 1 pm	\$195/\$244
38538	Thu	Sept 12 - Dec 19	11:30 am - 1 pm	\$195/\$244
38539	Fri	Sept 13 - Dec 13	11:30 am - 1 pm	\$185/\$231



September 2013 - May 2014

Established in 1968, our Four Year Old Preschool continues to provide a quality preschool experience that will enrich the social, emotional and intellectual growth of your four year old. Our goal is to have your child learn at their own pace through a variety of exciting experiences that will build a foundation of a love for learning and school. Our degreed, professional staff (2 teachers per classroom) and small class size allow for individual attention. Communication with Kindergarten teachers from the school districts we serve allows us to key in on important Kindergarten readiness skills. As a parent helper, you have a unique opportunity to share in your child's preschool experience.

- Child must be 4 years old by September 1, 2013 and toilet trained to attend.
- Proof of age and a \$100 nonrefundable, nontransferable deposit is required at registration.
- Parents help two times in the fall, winter and spring for M, W, F program, or one time in the fall, winter and spring for Tue, Thu.
- Parents who are unable to help in the preschool classroom will pay an additional \$20 each session.
- Registration is only accepted in person at the Alcott Center.

2 ½ Hour Class

These classes follow the traditional 4 Year Old Preschool curriculum, focusing on kindergarten readiness. Computer activities, as well as gym and large motor room time are part of the weekly activities. Children have the option of staying at school until 12:30 pm on selected days to participate in Lunch Bunch for an additional fee.

Code	Day	Time	Total Year R/NR Fee
37086	Tue, Thu	9 - 11:30 am	\$1550/\$1650
37084	M, W, F	9 - 11:30 am	\$2225/\$2325
37085	M, W, F	9 - 11:30 am	\$2225/\$2325

2 Days - Four For Four

An extended class offering an enrichment of kindergarten readiness skills, with an emphasis on math, computer activities, fun nature studies and small group activities. Children will bring their lunch each day.

Code	Day	Time	Total Year R/NR Fee
37087	Tue, Thu	9 am - 1 pm	\$2342/\$2442

3 Days Plus

These classes offer an extended day, incorporating the important aspects of kindergarten readiness and expanding the current 4-year curriculum. Class #37082 focuses on multicultural awareness and the fine arts of music, drama and art. Class #37083 focuses on early literacy and pre-reading skills. Children will bring their lunch each day.

Code	Day	Time	Total Year R/NR Fee
37082	M, W, F	9 am - 1 pm	\$3341/\$3441
37083	M, W, F	9 am - 1 pm	\$3341/\$3441

For questions concerning the Four Year Old Preschool or if you would like to observe a class
Please contact Gail Piggott at 847.850.2138.

Safety Town

Safety Town Saturdays

Join us for a day of safety! This 5-week class will be mostly devoted to outdoor, school and home safety, with focus on traffic, stranger danger, fire, poisons, playground, organized sports and classroom safety. The participants will also get lots of hands-on experience on bikes and motorized cars on our Safety Town course. Each participant must bring a helmet and wear shoes and socks to each class. (ES)

Age: 4 - 7 years

Code	Day	Date	Time	R/NR Fee
38677	Sat	Sept 21 - Oct 19	9 - 10:30 am	\$95/\$118
38678	Sat	Sept 21 - Oct 19	11:30 am - 1 pm	\$95/\$118

Instructor: V. Gangware

Location: Twin Creeks Park



Safety Town Birthday Parties

Have your child's special day at our Safety Town Facility at Twin Creeks Park! Parties run May 1 through September 30. For more information call 847.850.2133.

Bike Party

Cost \$230 - 20 Children Limit

Bring your child and their friends to Safety Town for an exciting bike party! All bike parties include a safety lesson, followed by lots of hands-on experience on bikes and motorized cars in our Safety Town. Guests must bring a bike helmet and wear gym shoes.

Deluxe Bike Party

Cost \$310 - 20 Children Limit

This party includes everything from the basic party plus safety games and an arts & crafts project. Guests must bring a bike helmet and wear gym shoes and socks.

Good To Know

If you are looking for new ideas for Scout meetings or need help accessing safety programming to fulfill Badge or Patch requirements, Safety Town can help! We are flexible and can assist you with all topics related to safety. To inquire, please contact Erika Strojinc at 847.850.2133.



**FRIENDS
OF THE PARKS
FOUNDATION**

The Friends of the Parks Foundation is a charitable organization that supports Buffalo Grove Park District programs and events throughout the year. The Friends of the Parks Foundation sponsors events such as National Night Out and Camping Under the Stars. They also host events like the Buffalo Grove Soccer Classic, the Stampede 5K/10K Race, Battle of the Bands, and the Doubles Disc Golf Tournament, which takes place during the weekend of Buffalo Grove Days.



Youth Programs

Magic Class



Children are guaranteed to have a great time as they learn fascinating tricks from a professional magician! Amaze family and friends with tricks that involve cards, ropes, coins, mind reading and more. While the tricks may appear difficult, you'll discover that they are quick to learn and easy to perform. All materials are provided and each child receives a magic kit to take home. Children are grouped by age level and always learn tricks that are age appropriate. Additionally, children can sign up for this class again and again since brand new tricks are taught at each session. (CE)

Age: 5 - 12 years

Code	Day	Date	Time	R/NR Fee
38762	Mon	Sept 16	6:30 - 7:25 pm	\$20/\$25
38763	Wed	Nov 13	5:15 - 6:10 pm	\$20/\$25

Instructor: Magic Team of Gary Kantor

Location: Alcott Center

Chess Club



Make the right move and learn the fine art of chess. Chess is a wonderful game of skill and strategy that promotes critical thinking and teaches many skills, including problem solving, decision-making, logic, reasoning, patience and persistence. Learn from certified chess coach, Frank Swindell and be able to challenge others at the game. Frank has numerous students in the top 100 and his chess team has won Nationals. In 2007, he had instructed a Kindergarten State Champion, an 8th grade State Champion and a 4 time consecutive State Champion. Instruction will be geared toward individual ability, so beginners and advanced students are both welcome. Each registrant will receive a free chess board and chess pieces. We accept late registrants. **No class on October 14 and November 11.** (CE)

Grade: K - 8

Code	Day	Date	Time	R/NR Fee
38767	Mon	Sept 9 - Dec 16	5:30 - 6:30 pm	\$185/\$230

Instructor: Swindell

Location: Alcott Center

Safe Sitter Babysitting Class



The Safe Sitter program is a medically accurate childcare curriculum, designed to prepare 11 - 13 year olds to be safe and nurturing babysitters. Our instructors will teach important life skills and safe habits in this high quality course. Students learn about a wide variety of topics through discussion, practice and role-play. Classes run 2 consecutive Fridays, and every student must attend both classes for completion. (ES)

Age: 11 - 13 years

Code	Day	Date	Time	R/NR Fee
38673	Fri	Sept 27 - Oct 4	6 - 9 pm	\$60/\$75
38674	Fri	Nov 8 - Nov 15	6 - 9 pm	\$60/\$75

Instructor: Safe Sitter

Location: Twin Creeks Park

Mandarin Chinese



Come discover Mandarin Chinese with highly qualified curriculum designed for English speaking children who have a desire to learn. This first level is designed for all beginners. The program has been carefully developed by educational specialists in the field of foreign language instruction. Students build oral language skills through games, songs, and hands-on activities. A workbook is included. (ES)

Code	Grade	Day	Date	Time	R/NR Fee
38675	2 - 5	Wed	Sept 25 - Dec 11	4:30 - 5:15 pm	\$169/\$210
38676	6 - 8	Wed	Sept 25 - Dec 11	5:30 - 6:15 pm	\$169/\$210

Instructor: Discovery

Location: Alcott Center



Computer Game Design



Ever wish your kids would do more with the computer than sit and play video games? What if they created their very own computer game program? This course uses specially designed software with a graphical programming language so children can easily create multimedia computer games and animations. Developing a script or program is done by simply snapping together graphical program blocks, much like LEGO bricks or puzzle pieces. Participants will learn to create computer games with custom background settings, characters, animated movements, sound effects and more. Students will receive a USB drive with the game design software and games they made to take home at the conclusion of class, but will not get to take the computer home. If you're new to our Computer Game Design course, we will get you started quickly. If you've previously attended our class, we will be introducing a new game; so, you'll get to learn some new techniques. **No class on November 30.** (CE)

Age: 9 - 13 years

Code	Day	Date	Time	R/NR Fee
38887	Sat	Nov 23 - Dec 21	11 am - 12:30 pm	\$95/\$120

Instructor: Program To Learn

Location: Alcott Center

Pre-Engineering With LEGO WeDo Robotics

Kids, come join us and have fun building with LEGOs and experiment with engineering solutions to some fun problems. While using a LEGO WeDo Robotics Construction Set, our pre-engineering class introduces robotics to young children. Your child will learn about mechanical design, while manipulating motors and sensors. Each participant will be teamed with a partner to utilize a laptop computer to program their models. Each class will present a new design challenge, stimulating your child's creativity. This is an excellent opportunity for children to get hands-on experience, while having a whole lot of fun with LEGOs. Our introductory course is a great way to prepare creative minds for Program To Learn's series of robotics courses. No prior experience is necessary. **No class on November 30.** (CE)

Age: 6 - 9 years

Code	Day	Date	Time	R/NR Fee
38881	Sat	Nov 23 - Dec 21	9:30 - 10:30 am	\$95/\$120

Instructor: Program To Learn

Location: Alcott Center

Young Rembrandts

Our elementary learners are at the crucial time of development when they decide whether they're good at something or not. This decision will affect not only the rest of their academic career, but their lifetime learning as well. The Young Rembrandts elementary program provides the tools this age-group needs to succeed at drawing; a teaching tool from which the majority of learners prefer and all learners benefit. Our program works because it's not only hands-on and visual; it's simply fun. Add to this our innovative guided instruction, topics that kids love and relate to, and instructors that know how to reach this group; we take kids from thinking they're not artists, to knowing they can achieve this, and everything else they put their minds to. All new lessons are taught every session. **No class on July 4.** (ES)

Age: 6 - 12 years

Code	Day	Date	Time	R/NR Fee
38667	Thu	Sept 19 - Oct 10	4:30 - 5:15 pm	\$47/\$58
38668	Thu	Oct 17 - Nov 14	4:30 - 5:15 pm	\$47/\$58

Instructor: Young Rembrandts

Location: Alcott Center

Young Rembrandts - Cartooning

For all kids who need to stay engaged and laughing, our cartooning classes are surely the most fun you can have while learning! This entertaining program combines Young Rembrandts' innovative, hands-on teaching method with light-hearted subject matter that engages children, their sense of humor and their vivid imaginations. Maintaining a quick pace and drawings that tell a story also help kids to stay on-task, learn from their mistakes, find new solutions to a problem and communicate ideas and concepts through pictures - skills with lifetime benefits. All new lessons are taught every session. **No class on October 31.** (ES)

Age: 6 - 13 years

Code	Day	Date	Time	R/NR Fee
38669	Thu	Sept 19 - Oct 10	5:30 - 6:30 pm	\$47/\$58
38670	Thu	Oct 17 - Nov 14	5:30 - 6:30 pm	\$47/\$58

Instructor: Young Rembrandts

Location: Alcott Center

Picasso's Drawing, Painting & Sculpture Workshop

In this exciting course, students create illustrations and sculpted figures from a variety of fantasy references. Various characters, such as mermaids, elves, fairies and dragons will be explored. Children will learn to develop an individual style and will improve their drawing and sculpting skills, while learning to creatively work within the framework of the fantasy world. Classes are taught by published and experienced artists. All supplies are included; but, please bring a smock. **No class on November 11.** (ES)

Age: 6 - 12 years

Code	Day	Date	Time	R/NR Fee
38689	Mon	Sept 16 - Oct 7	4:45 - 5:45 pm	\$86/\$107
38690	Mon	Oct 21 - Nov 18	4:45 - 5:45 pm	\$86/\$107

Instructor: Picasso's

Location: Alcott Center

Picasso's Expression in Paint & Clay

Paint and sculpt baby animals such as puppies, kittens, monkeys and hedgehogs! This exciting course is an introduction to drawing, painting and sculpture. Young students learn to draw and paint colorful animals and sculpt cute lovable creatures. Students are will work with pencils, markers, paint and clay. All sessions incorporate new projects, which are completed and ready to go home that day. Classes are taught by published and experienced artists and teachers. All supplies are included; however, please bring a smock. **No class on November 11.** (ES)

Age: 3 - 6 years

Code	Day	Date	Time	R/NR Fee
38691	Mon	Sept 16 - Oct 7	3:30 - 4:30 pm	\$74/\$92
38692	Mon	Oct 21 - Nov 18	3:30 - 4:30 pm	\$74/\$92

Instructor: Picasso's

Location: Alcott Center

Amazing Art

Amazing Art combines all your favorite art projects and mixed media in this unique class. Kids will make tie dye shirts (art smocks for the session), experience pottery painting, create fired ceramic arts, paint a canvas acrylic painting, make recycled art projects are more. Lessons will include concepts and techniques kids can use for a lifetime, and the experience of creating awesome projects will result in great self-esteem and a sense of accomplishment. Finished works will be taken home immediately. There are all new lessons for every session. (ES)

Grade: K - 5

Code	Day	Date	Time	R/NR Fee
38662	Tue	Sept 17 - Nov 5	4:30 - 5:30 pm	\$137/\$171

Instructor: Sunshine Craft

Location: Alcott Center

Sculpting & Drawing

This class is for introductory and continuing students and is designed to introduce them to the world of sculpture and drawing for sculpture projects. Students are explained the purpose of the drawing for sculpture and how it differs from other types of graphic art. Students, along with a professional sculptor, will create a portrait, figurative or relief sculpture, and drawing. Beginning students will be provided clay and the use of minimal sculpting tools for their first session. Thereafter, participants will be required to purchase their own clay and sculpting tools, while still borrowing minimal sculpting tools from the instructor. Participants will also have the option of firing their project at the end of class for an additional fee of \$5 - \$10, depending on the size of the sculpture. **No class on October 14.** (CE)

Age: 7 - 15 years

Code	Day	Date	Time	R/NR Fee
38996	Mon	Sept 23 - Nov 18	5:15 - 6:45 pm	\$120/\$150

Instructor: Kovalevskaya Location: Alcott Center

Canvas Creations

From start to finish, step by step, our instructor will take you through the process of creating your own masterpiece on canvas. We will show you the tools, brushes, methods and secret techniques needed to create the desired effect. Watch your canvas art come alive. Your instructor will be demonstrating a different painting selection for each project, based on participants and materials required. Some masterpieces will be completed in one class, some may take multiple classes (the instructor will keep it and return it to you at the next class). All canvas, supplies and materials are included. You will love it! (ES)

Grade: 1 - 5

Code	Day	Date	Time	R/NR Fee
38664	Fri	Sept 20 - Oct 25	4:30 - 5:30 pm	\$128/\$160

Instructor: Sunshine Craft Location: Alcott Center

Wondrous Watercolor Arts

Students begin by creating their own tie dye shirts, which are used as painting smocks for the remainder of the program. This begins to illustrate the wonder of blended colors. Kids will then be exposed to watercolor painting using many techniques to combine elements of drawing, crayon and wax resist, collage art, journaling, recycled watercolor art, texturing and all aspects of the 7 major art elements of line, shape, form, color, texture, space, and value. Kids love the expression of creativity they realize with each and every finished project. All finished pieces will be taken home immediately. All supplies, including the t-shirt, are provided. (ES)

Grade: K - 5

Code	Day	Date	Time	R/NR Fee
38665	Fri	Sept 20 - Oct 11	5:30 - 6:30 pm	\$69/\$86
38666	Fri	Oct 18 - Nov 8	5:30 - 6:30 pm	\$69/\$86

Instructor: Sunshine Craft Location: Alcott Center



NEW Science Anytime



Life is one big exploration. No matter what the season, science is everywhere! Join us as we explore the world around us through hands-on, mind blowing, eye popping experiments. This program is sure to get your body moving, your brain boggled, your hands dirty, and leave you asking for more! (ES)

Age: 5 - 10 years

Code	Day	Date	Time	R/NR Fee
39032	Tue	Sept 17	5:45 - 6:30 pm	\$20/\$25

Instructor: Outside-In-Learning Location: Alcott Center



NEW Fossil Hunters



Celebrate National Fossil Day! Join us for fun experiments and discover how fossils are formed. Test your skills and uncover buried bones. Even touch the ancient, as we explore real fossils from millions of years ago and make your own fossil take home! (ES)

Age: 6 - 12 years

Code	Day	Date	Time	R/NR Fee
39033	Sat	Oct 19	11 am - 12 pm	\$20/\$25

Instructor: Outside-In-Learning Location: Alcott Center



NEW Thanksgiving For The Birds



Fall is a beautiful season in Illinois! This is a great time to show our feathered friends how much we appreciate their color and song, and create a Thanksgiving feast for them to enjoy! We'll learn some bird basics and surprises before creating a take home feast. Please make us aware of any food allergies upon registration. (ES)

Age: 5 years and up

Code	Day	Date	Time	R/NR Fee
39034	Sat	Nov 9	11:15 am - 12 pm	\$20/\$25

Instructor: Outside-In-Learning Location: Alcott Center



Everyday Etiquette & Dining Skills



The importance of teaching manners to children at an early age is vital to their success in life. Learning the soft skills today will expand their knowledge and give them an edge in preparation for the future. Topics included are magic words, meeting and greetings, introductions, eye contact, shaking hands, telephone etiquette and taking messages, party savvy, sending and responding to invitations, writing thank you notes and other acts of kindness, and dining skills. Students attending this class must follow the dress code. Girls must wear dresses or dress pants and boys must wear a shirt and tie (sport coat optional). No athletic wear, jeans or flip flops please. (CE)

Age: 7 - 13 years

Code	Day	Date	Time	R/NR Fee
38759	Sat	Oct 26	10 am - 12:30 pm	\$42/\$53

Instructor: O'Brien Location: Alcott Center

NEW Cakepops



Learn the delicious art of making and decorating your own handmade treats. By the end of the class, children will complete a delicious and spectacular dessert that may just be too awesome to eat. All supplies are included; but, participants are encouraged to bring an apron to wear during class and to bring a container to carry their treats home. Learn how to create 2 versions of delicious cakepops. You will put together oreo cookie/cream cheese and Nutella/brownie cakepops. Students will learn how to put together and decorate these bite size snacks. All ingredients, materials, and melting pots are provided for students. **Please note:** Our cake recipes and icing may share equipment with peanuts, corn syrup or tree nuts, and all contain gluten. (CE)

Age: 4 - 12 years

Code	Day	Date	Time	R/NR Fee
38933	Sat	Sept 7	10 - 11 am	\$25/\$31
38934	Sat	Sept 21	10 - 11 am	\$25/\$31

Instructor: Vasile Location: Alcott Center

NEW Scary Monster Cupcakes



Learn the delicious art of making and decorating your own handmade treats. By the end of the class, children will complete a delicious and spectacular dessert that may just be too awesome to eat. All supplies are included; but, participants are encouraged to bring an apron to wear during class and to bring a container to carry their treats home. Participant will enjoy making scary monsters, eyeballs and ghoulish cupcakes. You will be working with buttercream icing, pastry bags, edible embellishments, fondant cutouts, chocolate and candies. All decorating tools, including cupcakes, icing, and decorations are provided. Decorating tools are for class use only. **Please note:** Our cake recipes and icing may share equipment with peanuts, corn syrup or tree nuts, and all contain gluten. (CE)

Age: 4 - 12 years

Code	Day	Date	Time	R/NR Fee
38935	Sat	Oct 12	10 - 11 am	\$25/\$31
38936	Sat	Oct 26	10 - 11 am	\$25/\$31

Instructor: Vasile Location: Alcott Center

NEW Cozy Brownie Mittens

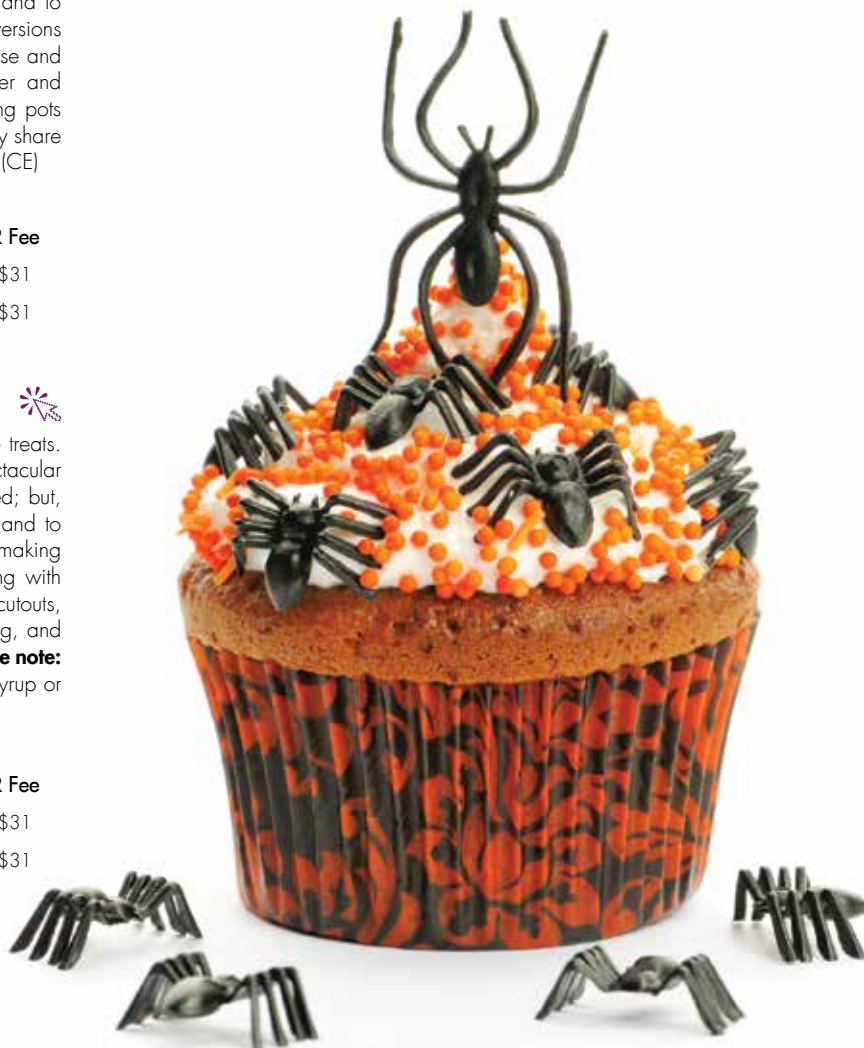


Learn the delicious art of making and decorating your own handmade treats. By the end of the class, children will complete a delicious and spectacular dessert that may just be too awesome to eat. All supplies are included; but, participants are encouraged to bring an apron to wear during class and to bring a container to carry their treats home. Participants will decorate a pair of brownie mittens with buttercream frosting that we will decorate with sprinkle sugars and candy embellishments, which will be attached with a colorful piece of string licorice. All decorating tools, including brownie, icing, and decorations are provided. Decorating tools are for class use only. **Please note:** Our cake recipes and icing may share equipment with peanuts, corn syrup or tree nuts, and all contain gluten. (CE)

Age: 4 - 12 years

Code	Day	Date	Time	R/NR Fee
38937	Sat	Nov 2	10 - 11 am	\$25/\$31
38938	Sat	Nov 16	10 - 11 am	\$25/\$31

Instructor: Vasile Location: Alcott Center



Youth Sports

Youth Sports in Buffalo Grove

There are thousands of boys and girls that participate in youth sports every year in Buffalo Grove. One measure of success in these programs is the number of parents who volunteer as coaches and assistant coaches. Unfortunately, many parents do not get involved because they feel a lack of knowledge about that particular sport; however, if they did get involved, even more kids could participate. We conduct Park District programs on a "participation" philosophy, meaning that we feel it is more important for all youths to play and enjoy the sport, rather than to win at all costs. We never measure success in wins and losses. The Park District conducts training sessions for all new coaches with ideas to get them started. Youth sports coaches do not need experience, only the willingness and enthusiasm to coach. Kids and coaches alike should have fun. Coaching is a fulfilling aspect of any sport, especially youth sports. Call 847.850.2100 for more information.

National Youth Sports Coaches Association

The Buffalo Grove Park District requires all of its youth sports coaches to pass the National Youths Sports Coaches Association (NYSCA) on-line clinic. This nationwide organization teaches parents that kids want to have fun and participate in all sports. The on-line clinic is designed for parents who have never coached, as well as the seasoned veteran. With more youths registering for sports, the need for volunteer coaches grows more each season. NYSCA training makes it easy for all parents to become a coach. For more information about NYSCA visit their website at nays.org.

Bullying In Youth Sports

The Buffalo Grove Park District created a partnership with Peak Performance Sports, LLC to establish a training program for our youth sports coaches. The online training will provide coaches the necessary educational tools to intervene and work with athletes. Coaches will also benefit by learning the 3 types of bullying (physical, verbal and relational) their differences, and their warning signs. For more information about Peak Performance, visit their website at kidssportspsychology.com.

Parent/Child Super Sports

Nothing gets a child more interested in sports than if the people they look up to the most like sports. It's never a dull moment in this class when you mix 3 and 4 year olds with their parent and a soccer ball or basketball. Mom and Dad will help work on the skills of throwing, catching, running, jumping, hitting, turn taking and more, while using our scaled down equipment. Everyone is involved, so be sure to wear comfy clothes and gym shoes. The class will be held outside, but will move into a gym in case of inclement weather. Please bring a water bottle. **No class on November 30.** (CE)

Age: 3 - 4 years

Code	Day	Date	Time	R/NR Fee
38849	Sat	Nov 2 - Dec 14	9:15 - 10 am	\$57/\$71
Instructor: Sports-R-U's			Location: Alcott Center	

All Star Sports

This exciting class is just what you need to introduce your child to the world of sports. We play a different sport each week, including basketball, soccer, football, floor hockey, tee ball and more, all while using only scaled down equipment. We go over the basic skills and rules of each sport, and play a fun game at the end. (CE)

Age: 3 - 5 years

Code	Day	Date	Time	R/NR Fee
38843	Thu	Sept 12 - Oct 17	4 - 4:50 pm	\$57/\$71
Instructor: Sports-R-U's			Location: Alcott Center	

All Star Team Sports

This is a class that brings a little bit of every sport to every participant in the class. Take on a fun challenge with your friends, as the fundamentals of soccer, baseball and basketball are taught each week during this noncompetitive program. Participants will be given instruction and skills in the various sports we will be playing. Please be sure to bring a baseball glove to class. A fun game will be played at the end of each class. **No class on November 30.** (CE)

Age: 5 - 7 years

Code	Day	Date	Time	R/NR Fee
38855	Sat	Nov 2 - Dec 14	11 - 11:50 am	\$57/\$71
Instructor: Sports-R-U's			Location: Alcott Center	

Let's Go Girls Sports

Sometimes it's nice for girls to play sports with just girls. This class is a great way to introduce a variety of sports like soccer, baseball, hockey, basketball and much more in an all girl environment. Basic skills in all sports are taught and games are played at the end of each class. **No class on November 28.** (CE)

Age: 4 - 7 years

Code	Day	Date	Time	R/NR Fee
38844	Thu	Nov 7 - Dec 19	4 - 4:50 pm	\$57/\$71
Instructor: Sports-R-U's			Location: Alcott Center	

Soccer & T-Ball Combo With Parent

This class is perfect for a child who is full of energy and parents who are looking for an introduction to tee ball and soccer. Socialization, teamwork, following directions, key motor skills and having fun will be the focus in this noncompetitive environment. The first 2 weeks of class will focus on tee ball, and the second 2 weeks we will work on soccer skills. The last 2 classes will be a fun game of each sport and a fun game will be played at the end of each class if time allows. Please bring a baseball glove and water bottle. **No class on September 14.** (CE)

Age: 3 - 4 years

Code	Day	Date	Time	R/NR Fee
38848	Sat	Sept 7 - Oct 19	9:15 - 10 am	\$57/\$71
Instructor: Sports-R-U's			Location: Alcott Center	

Lil Pint Soccer

This is the perfect class for first timers! All the basic skills of dribbling, passing, shooting and goaltending will be taught in a noncompetitive environment. Teamwork, participation and good sportsmanship are stressed. Both boys and girls are encouraged to join this class if they have an interest in soccer and plan to play in the future. Be just like big brother or sister! A game will be played at the end of each class. The class will be held outside, but will move into a gym in case of inclement weather. Please bring a water bottle. **No class on September 14, October 14, November 11 and 30.** (CE)

Code	Age	Day	Date	Time	R/NR Fee
38829	3 - 5 years	Mon	Sept 9 - Oct 21	9:30 - 10:15 am	\$57/\$71
38830	3 - 5 years	Mon	Nov 4 - Dec 16	9:30 - 10:15 am	\$57/\$71
38831	4 - 6 years	Sat	Sept 7 - Oct 19	10:15 - 11 am	\$57/\$71
38842	4 - 6 years	Sat	Nov 2 - Dec 14	10:15 - 11 am	\$57/\$71

Instructor: Sports-R-Us **Location:** Alcott Center

Little Kickers

This is an introduction to soccer by the Grove United Soccer Association, Buffalo Grove Park District's affiliated travel soccer club. Certified trainers from Grove United will be teaching basic fundamentals of dribbling, passing, shooting and defending in a noncompetitive environment. Teamwork, participation and good sportsmanship are stressed. Boys and girls are encouraged to join Little Kickers. This is an 8-week program that will include 1 practice on Wednesday or Thursday (your choice) and 1 game on Saturdays. Please be sure to bring a size #4 soccer ball, wear shin guards and soccer cleats (soccer cleats are optional). **No game on September 14, no practice on October 31.** (CE)

Age: 4 - 5 years

Code	Day	Date	Time	R/NR Fee
38740	Wed	Sept 11 - Nov 9	1 - 2 pm	\$110/\$138
	Sat		3 - 4 pm	
38741	Wed	Sept 11 - Nov 9	5:30 - 6:30 pm	\$110/\$138
	Sat		3 - 4 pm	
38742	Thu	Sept 12 - Nov 9	5:30 - 6:30 pm	\$110/\$138
	Sat		3 - 4 pm	

Instructor: Grove United **Location:** Mike Rylo Community Park

Grove United Juniors

To participate in this program, your child must already be registered in the Buffalo Grove Park District 2013 fall soccer house league. This program is specifically designed for house league players who wish to obtain training from a certified Grove United Soccer Association trainer, and is an introduction to travel soccer. The Grove United Soccer Association is the Buffalo Grove Park District's affiliated travel soccer club. The program is designed to supplement regular house league practices and games. Training will focus on foot skills, passing, shooting and teamwork. (CE)

Grade: K - 3

Code	Day	Date	Time	R/NR Fee
38743	Wed	Sept 11 - Oct 30	5:30 - 6:30 pm	\$100/\$125

Instructor: Grove United **Location:** Mike Rylo Community Park

Junior Soccer

This is the perfect class to learn the game or expand your skills! All the basic skills of dribbling, passing, shooting and goaltending will be taught in a non-competitive environment. Teamwork, participation and good sportsmanship are stressed. A game will be played at the end of each class. Please bring a water bottle. **No class on September 14.** (CE)

Age: 7 - 9 years

Code	Day	Date	Time	R/NR Fee
38853	Sat	Sept 7 - Oct 19	11 - 11:50 am	\$57/\$71

Instructor: Sports-R-Us **Location:** Alcott Center

Grove United Buddy Soccer

This program is designed for kids ages 7-18 with developmental or physical disabilities that allow weekly participation through the game of soccer. Players are paired with a Grove United Travel Soccer teenage Buddy to enjoy 1 on 1 instruction and skill development. The Buddy Soccer program consists of warm-ups and calisthenics, soccer skills and non-competitive game play in a fun and positive setting. The 1-hour program runs for 5 weeks starting September 7 and concluding October 12. There is no fee for participation in this program. For more information, call 847.686.GUSA (4872) or visit the Grove United website at groveunitedsoccer.com. **No Buddy Soccer on September 14.**

Lacrosse America Fall Camp

Lacrosse America directors and coaches will host an introductory soft lacrosse camp for players new to the sport, or players with little lacrosse experience. Soft lacrosse incorporates all of the fast paced action and fun of regular lacrosse, but eliminates the need for hot and expensive protective equipment. Both boys and girls will be provided with a loaner lacrosse stick, mouth guard, and all other necessary equipment. Players will participate in fun and exciting drills and scrimmages that aim to teach the fundamentals and rules of the sport, in a safe and fun environment. Lacrosse is a great crossover sport for football, hockey, soccer and basketball players. Players will be split into groups by age and should bring their own water bottle. All participants will get a camp t-shirt. For more information, call Lacrosse America (847) 412-5LAX or visit their website at lacrosseamerica.com. (TVV)

Grade: K - 6

Code	Day	Date	Time	R/NR Fee
38787	Mon	Sept 9 - Oct 14	4:30 - 6 pm	\$125/\$156

Instructor: Lacrosse America **Location:** Rolling Hills North Park

NFL Punt, Pass & Kick

The NFL Punt, Pass and Kick program is a national skills competition for boys and girls to compete separately against their peers in 5 separate age divisions (6 - 7, 8 - 9, 10 - 11, 12 - 13, and 14 - 15) in punting, passing and place kicking in a fun and engaging forum. The competition will take place at the Buffalo Grove High School Football Stadium, located at 1100 W. Dundee Rd., in Buffalo Grove. For more information regarding NFL Punt, Pass, and Kick, including competition rules, please visit nflppk.com. For more information regarding the Buffalo Grove Punt, Pass, and Kick event, please contact TJ Wilkes at 847.850.2199 or email at twilkes@bgparks.org.

Age: 6 - 15

Code	Day	Date	Time	Fee
39142	Sat	Sept 21	4 - 6 pm	Free

Location: Buffalo Grove High School

Flag Football - All Star Sports

This class is designed to teach and enhance the skills of our future stars. Proper techniques on passing, receiving, blocking and kicking will be covered. Breakdown of offensive and defensive strategies will also be taught. Teamwork and positive play are highly stressed; but, our main objective is to have fun. Necessary equipment includes knee and elbow pads. **No class on November 29.** (CB)

Age: 4 - 6 years

Code	Day	Date	Time	Fee
38757	Fri	Sept 6 - Oct 18	6 - 7 pm	\$65
38758	Fri	Nov 1 - Dec 20	6 - 7 pm	\$65

Instructor: All Star Sports Location: Cooper Middle School

Floor Hockey - All Star Sports

Learn and play the fastest game in the world. This action packed class will emphasize the importance of teamwork and sportsmanship, while teaching the basic skills of passing, shooting and stick handling before the skates go on. Mandatory equipment needed includes a bike helmet and gloves. Optional equipment includes shin pads, knee pads and elbow pads. **No class on November 29.** (CB)

Age: 4 - 6 years

Code	Day	Date	Time	Fee
38760	Fri	Sept 6 - Oct 18	7 - 8 pm	\$65
38761	Fri	Nov 1 - Dec 20	7 - 8 pm	\$65

Instructor: All Star Sports Location: Cooper Middle School

Gymnastics & Tumbling

This is a wonderful way to introduce your child to gymnastics. All classes are noncompetitive, but each child is encouraged to set goals and follow through by achieving them. We can bring them from their first somersault to their first flip. Parent must participate with their child in the 2 - 3 year old class. (TVV)

Code	Age	Day	Date	Time	R/NR Fee
38771	2 - 3 years	Wed	Oct 23 - Nov 20	6 - 6:30 pm	\$24/\$30
38772	2 - 3 years	Wed	Oct 23 - Nov 20	6:30 - 7 pm	\$24/\$30
38775	4 - 5 years	Wed	Sept 11 - Oct 9	5:15 - 6 pm	\$36/\$45
38773	4 - 5 years	Wed	Oct 23 - Nov 20	4:30 - 5:15 pm	\$36/\$45
38776	6 - 9 years	Wed	Sept 11 - Oct 9	4:30 - 5:15 pm	\$36/\$45
38774	6 - 9 years	Wed	Oct 23 - Nov 20	5:15 - 6 pm	\$36/\$45

Instructor: Dance Techs Location: Alcott Center

Rhythmic Gymnastics

Children will have fun while receiving instruction with 4 pieces of hand apparatus: rope, hoop, ball and ribbons. This class will also enhance your child's coordination, motor skills, flexibility and endurance. Dance will be emphasized. (TVV)

Age: 5 - 9 years

Code	Day	Date	Time	R/NR Fee
39075	Wed	Sept 11 - Oct 9	6:15 - 7 pm	\$36/\$45

Instructor: Dance Techs Location: Alcott Center

Junior Basketball

Boys and girls alike will enjoy learning the skills needed to advance them in the world of basketball. Whether you are trying it out for the first time or are a seasoned pro, you will have a ton of fun enhancing your skill level. Through games and drills, we will practice dribbling, passing, shooting, positions and the importance of teamwork. Games will be played at the end of each class. Please bring a water bottle. **No class on September 14, November 28 and 30.** (CE)

Age: 5 - 7 years

Code	Day	Date	Time	R/NR Fee
38954	Sat	Sept 7 - Oct 19	12 - 12:50 pm	\$57/\$71
38845	Thu	Sept 12 - Oct 17	5 - 5:50 pm	\$57/\$71
38955	Sat	Nov 2 - Dec 14	12 - 12:50 pm	\$57/\$71
38847	Thu	Nov 7 - Dec 19	5 - 5:50 pm	\$57/\$71

Instructor: Sports-R-Us Location: Alcott Center

Basketball Level 1- All Star Sports

This program will introduce your children to the game of basketball if they are beginners or if they need the know how to get to the next level. Basic skills of dribbling, passing, shooting and defense will be taught. Games will also be played to show the importance of teamwork in game situations. **No class on November 30.** (CB)

Code	Age	Day	Date	Time	Fee
38622	3 - 4 years	Sat	Sept 7 - Oct 19	9 - 9:45 am	\$65
38624	3 - 4 years	Sat	Nov 2 - Dec 21	9 - 9:45 am	\$65
38623	4 - 6 years	Sat	Sept 7 - Oct 19	9:45 - 10:45 am	\$65
38625	4 - 6 years	Sat	Nov 2 - Dec 21	9:45 - 10:45 am	\$65

Instructor: All Star Sports Location: Willow Grove School

Basketball Level 2- All Star Sports

These classes enhance the basics already taught in our level 1 class. Level 2 concentrates more on teamwork and game situations. Man to man, and zone defense are both taught, along with offensive strategies that are guaranteed to keep the players moving. **No class on November 30.** (CB)

Age: 6 - 8 years

Code	Day	Date	Time	Fee
38626	Sat	Sept 7 - Oct 19	10:45 - 11:45 am	\$65
38627	Sat	Nov 2 - Dec 21	10:45 - 11:45 am	\$65

Instructor: All Star Sports Location: Willow Grove School

Basketball Level 3- All Star Sports

This program is designed for the children to run the floor and play most of the time. Each position, along with offensive and defensive strategies, will be covered thoroughly. Each child must be ready to learn and ready to work. Each child will be challenged and their play will improve. **No class on November 30.** (CB)

Age: 9 - 11 years

Code	Day	Date	Time	Fee
38628	Sat	Sept 7 - Oct 19	12 - 1 pm	\$65
38629	Sat	Nov 2 - Dec 21	12 - 1 pm	\$65

Instructor: All Star Sports Location: Willow Grove School

Boys & Girls Winter Basketball

Coed 1 - 2

Boys Grades 3 - 8

Girls Grades 3 - 8

The Buffalo Grove Park District basketball program is a recreational/instructional league designed to provide each player, regardless of ability, with a positive sports experience. We stress learning, safety, sportsmanship and fun. Parents should support their young athlete with encouragement and good sportsmanship at all games and practices. This is an instructional league and emphasis will be placed on participation.

The season will begin with practices in December. Opening day is scheduled for the second weekend in January and the season will end in March. Practices are once week for an hour and games will be on Saturdays and/or Sundays at various schools in Buffalo Grove. Games will typically be played on Saturday between 9 am and 6 pm, and Sunday between 1 pm and 6 pm.

Registration

Residents and nonresidents may register their child into the lottery registration from August 2 thru September 14 at the Alcott Center during regular business hours.

No mail in or on-line registration will be accepted. Participants are required to complete a triplicate sports registration form at the Alcott Center and include full payment. Entering the registration lottery does not guarantee a place in the program. Random drawing will begin on September 14 for residents. Nonresidents will be drawn after all residents have been drawn and placed in a division or on a wait list. We will e-mail your receipt confirming your registration.

If you miss the above registration dates, you may put your name on a wait list at the Alcott Center during regular business hours. If space is available, you will be placed on a team after all the registration has been entered.

Fee

The basketball jersey is a mandatory uniform for basketball. Returning players may use their existing jersey, or a new jersey may be purchased.

Program Fee: \$79
Uniform Fee: \$14

Parents that are interested in being Head Coaches should contact Chuck Burgess by September 1 at 847.850.2125 or via e-mail at cburgess@bgparks.org.

Girls Travel Basketball Tryouts



We are members of the North Suburban Basketball League. League rules state that players must reside within the town they are representing or reside in a town that directly borders that is otherwise not represented in the league to play for Buffalo Grove. Players selected for traveling teams will be competing in a very competitive environment. Players must have established skills and will be selected by the Park District coaching staff. Players and parents should understand that this is a more focused, intense program, involving multiple practices per week, and travel to and from locations in the greater Chicagoland and suburban area for games and tournaments. Players should be able to make a full commitment for the entire season without interruption or distraction from other sports or activities. Travel basketball does not operate as other travel programs in regards to the under a certain age system (ex. U-11 or U-12). Players must tryout for their specific grade level. Participants are encouraged to attend both scheduled tryouts. There is no fee to tryout, however registration is required. If you make the team, the fee is \$400. (CB)

Grade: 5

Code	Day	Date	Time	Fee
38990	Tue	Sept 10	7 - 8:30 pm	\$0

Location: Willow Grove School

Boys Travel Basketball Tryouts



We are members of the North Suburban Basketball League. League rules state that players must reside within the town they are representing or reside in a town that directly borders that is otherwise not represented in the league to play for Buffalo Grove. Players selected for traveling teams will be competing in a very competitive environment. Players must have established skills and will be selected by the Park District coaching staff. Players and parents should understand that this is a more focused, intense program, involving multiple practices per week, and travel to and from locations in the greater Chicagoland and suburban area for games and tournaments. Players should be able to make a full commitment for the entire season without interruption or distraction from other sports or activities. We are offering teams in grades 4, 5 and 6 for boys. Travel basketball does not operate as other travel programs in regards to the under a certain age system (ex. U-11 or U-12). Players must tryout for their specific grade level. Participants are encouraged to attend both scheduled tryouts. Interested in coaching a team? If so, please contact Chuck Burgess by July 3 at 847.850.2125. There is no fee to tryout, however registration is required. If you make the team, the fee is \$400. (CB)

Code	Grade	Day	Date	Time	Fee
38129	4	Thu	Sept 5	6 - 7 p.m.	\$0
		Sun	Sept 8	5 - 6:30 p.m.	
38130	5	Thu	Sept 5	7 - 8 p.m.	\$0
		Sun	Sept 8	7 - 8:30 p.m.	
38131	6	Thu	Sept 5	8 - 9 p.m.	\$0
		Sun	Sept 8	7 - 8:30 p.m.	

Location: Cooper Middle School



Twin Rinks Ice Pavilion



Beginning learn to skate ice skating and hockey classes are for those with little or no ice experience. Balance and basic forward skating skills are taught using the Ice Skating Institute program. Bring your own skates or skate rental is available for \$2. There are no other equipment requirements, although helmets and knee/shin pads are recommended. Hockey classes include equipment rental. Skates, helmet and shin guards are required, and are included in the price. Please call Scott at 847.821.7465 x122 to arrange a fitting time before your first class (hockey only). Twin Rinks Ice Pavilion is located at 1500 Abbott Court in Buffalo Grove, 1.7 miles north of Lake Cook Road on Weiland Road. Call 847.821.RINK for more information. **No class on September 2, November 2, 28, 30, December 9, 12, 14, 24, 28, 31 and January 4.** (CB)

Toddler Beginner

Age: 3 years

Code	Day	Date	Time	Fee
38630	Mon	Aug 26 - Oct 14	9:30 - 10 am	\$129
38632	Mon	Aug 26 - Oct 14	12:40 - 1:10 pm	\$129
38720	Mon	Oct 21 - Dec 16	9:30 - 10 am	\$163
38722	Mon	Oct 21 - Dec 16	12:40 - 1:10 pm	\$163

Tot 1 Beginner

Age: 4 - 6 years

Code	Day	Date	Time	Fee
38633	Mon	Aug 26 - Oct 14	9:30 - 10 am	\$129
38631	Mon	Aug 26 - Oct 14	12:40 - 1:10 pm	\$129
38634	Mon	Aug 26 - Oct 14	4:40 - 5:10 pm	\$129
38635	Wed	Aug 28 - Oct 16	9:30 - 10 am	\$146
38647	Thu	Aug 29 - Oct 17	12:40 - 1:10 pm	\$146
38646	Thu	Aug 29 - Oct 17	4:40 - 5:10 pm	\$146
38645	Sat	Aug 31 - Oct 19	9:20 - 9:50 am	\$146
38644	Sat	Aug 31 - Oct 19	10 - 10:30 am	\$146
38643	Sat	Aug 31 - Oct 19	10:30 - 11 am	\$146
38641	Sat	Aug 31 - Oct 19	11:05 - 11:35 am	\$146
38723	Mon	Oct 21 - Dec 16	9:30 - 10 am	\$163
38721	Mon	Oct 21 - Dec 16	12:40 - 1:10 pm	\$163
38724	Mon	Oct 21 - Dec 16	4:40 - 5:10 pm	\$146
38725	Wed	Oct 23 - Dec 18	9:30 - 10 am	\$163
38737	Thu	Oct 24 - Dec 19	12:40 - 1:10 pm	\$146
38736	Thu	Oct 24 - Dec 19	4:40 - 5:10 pm	\$129
38735	Sat	Oct 26 - Dec 21	9:20 - 9:50 am	\$129
38734	Sat	Oct 26 - Dec 21	10 - 10:30 am	\$129
38733	Sat	Oct 26 - Dec 21	10:30 - 11 am	\$129
38731	Sat	Oct 26 - Dec 21	11:05 - 11:35 am	\$129

Pre Alpha 1

Age: 6 - 12 years

Code	Day	Date	Time	Fee
38642	Mon	Aug 26 - Oct 14	4:40 - 5:20 pm	\$136
38640	Thu	Aug 29 - Oct 17	4:40 - 5:20 pm	\$154
38649	Sat	Aug 31 - Oct 19	9:20 - 10 am	\$154
38648	Sat	Aug 31 - Oct 19	11:05 - 11:45 am	\$154
38732	Mon	Oct 21 - Dec 16	4:40 - 5:20 pm	\$172
38730	Thu	Oct 24 - Dec 19	4:40 - 5:20 pm	\$154
38739	Sat	Oct 26 - Dec 21	9:20 - 10 am	\$136
38738	Sat	Oct 26 - Dec 21	11:25 - 11:45 am	\$136

Hockey Tot 1

Age: 4 - 6 years

Code	Day	Date	Time	Fee
38636	Tue	Sept 3 - Oct 29	5:10 - 5:50 pm	\$190
38637	Sat	Sept 7 - Oct 26	12:15 - 12:55 pm	\$170
38726	Tue	Nov 5 - Jan 14	5:10 - 5:50 pm	\$190
38727	Sat	Nov 9 - Jan 18	12:15 - 12:55 pm	\$170

Hockey 1

Age: 6 - 12 years

Code	Day	Date	Time	Fee
38638	Tue	Sept 3 - Oct 29	5:10 - 5:50 pm	\$190
38639	Sat	Sept 7 - Oct 26	12:15 - 12:55 pm	\$170
38728	Tue	Nov 5 - Jan 14	5:10 - 5:50 pm	\$190
38729	Sat	Nov 9 - Jan 18	12:15 - 12:55 pm	\$170

Instructor: Twin Rinks Staff

Location: Twin Rinks Ice Pavilion

Bison Wrestling Club



Founded in 1990, the Bison Wrestling Club develops young wrestlers in the world's oldest sport. Our goals are to increase self-assurance, reliance and achievement by developing physical strength and endurance, the ability to use proper wrestling techniques, and confidence in one's own abilities. This is not a Buffalo Grove Park District program. Administration is through a board of directors composed of coaches and parents who ensure the program is structured to provide a balance of the physical and emotional development of each wrestler. The season begins in the middle of November and runs through the end of February. Practices are on Tuesday and Thursday evenings and Saturday mornings. On most Sundays, wrestlers may participate in a developmental tournament sponsored by another club in the metropolitan area. There, each wrestler will participate in 2 or 3 matches with the possibility of winning a trophy or medal. We typically attend 12 developmental tournaments throughout the season with an average of 30 of our wrestlers at each. At the end of the regular season, wrestlers 9 years and older may continue tournament participation at the State and National playoff levels. We have had 7 State Champions and a National Champion along with 63 state place finishers. Please note: A mandatory informational parents meeting will be on Tuesday, November 12 from 6 - 8 pm at Buffalo Grove High School in Section 4 of the field house. (CE)

Grade: K - 8

Code	Day	Date	Time	Fee
38983	Tu, Th, Sat	Nov - Feb	TBA	\$150

Instructor: Durlacher

Location: Buffalo Grove High School



Karate

Through a variety of fun and creative activities, children will develop coordination, strength and poise as well as personal safety skills all in a well-supervised setting. Karate skills release tension brought on by school and peers. The confidence gained through karate helps foster a strong positive self-image. The mental aspect involved in karate builds self-confidence, control and discipline. The physical aspect of this program is both enjoyable and beneficial. Karate can improve your child's sports, school and social activities. These classes are for individuals between the ages of 4 to 15. All classes are taught by instructors of the Illinois Shotokan Karate Club, under the direction of John DiPasquale, 4 time National Champion and former U.S. Karate National Coach. Advanced students may be asked to purchase additional equipment for classes. Fee for Parent/Child class is per participant. Camelot Park is located at 1005 E. Suffield in Arlington Heights. **No class on September 13, November 27, 28 and 29.** (TWN)

Code	Age	Belt	Day	Date	Time	Location	R/NR Fee
Pre-Karate Beginner (No Experience)							
38799	4 - 7		Fri	Sept 6 - Dec 20	4 - 4:45 pm	Emmerich Park	\$126/\$158
38796	4 - 7		Thu	Sept 12 - Dec 19	4 - 4:45 pm	Frontier Park - A.H.	\$126/\$158
Pre-Karate Continuing (1 or more prior sessions)							
38800	4 - 7		Fri	Sept 6 - Dec 20	4:50 - 5:35 pm	Emmerich Park	\$126/\$158
38797	4 - 7		Thu	Sept 12 - Dec 19	4:55 - 5:40 pm	Frontier Park - A.H.	\$126/\$158
Pre-Karate Intermediate							
38802	6 - 10	Orange - Green	Fri	Sept 6 - Dec 20	6:30 - 7:30 pm	Emmerich Park	\$144/\$180
Pre-Karate Teacher Permission							
38801	4 - 7		Fri	Sept 6 - Dec 20	5:45 - 6:30 pm	Emmerich Park	\$126/\$158
38798	4 - 7		Thu	Sept 12 - Dec 19	5:45 - 6:30 pm	Frontier Park - A.H.	\$126/\$158
Youth Karate Beginning/Continuing							
38809	7 - 14	White Only	Sat	Sept 7 - Dec 14	9 - 10 am	Frontier Park - A.H.	\$135/\$169
38803	7 - 14	White - Yellow	Tue	Sept 10 - Dec 17	4 - 4:50 pm	Alcott Center	\$133/\$166
38805	7 - 14	White - Orange	Wed	Sept 11 - Dec 18	4 - 5 pm	Alcott Center	\$126/\$158
Youth Karate Novice							
38810	7 - 14	White w/ stripes - Orange	Sat	Sept 7 - Dec 14	10:10 - 11:10 am	Frontier Park - A.H.	\$135/\$169
38806	7 - 15	Yellow - Blue	Wed	Sept 11 - Dec 18	5 - 6 pm	Alcott Center	\$126/\$158
Youth Karate Intermediate							
38811	7 - 14	Yellow - Green	Sat	Sept 7 - Dec 14	11:20 am - 12:20 pm	Frontier Park - A.H.	\$135/\$169
38807	7 - 14	Green - Low Purple	Wed	Sept 11 - Dec 18	6:30 - 7:30 pm	Cooper Middle School	\$126/\$158
Youth Karate Intermediate/Advanced							
38804	7 - 14	Blue & up	Tue	Sept 10 - Dec 17	4:50 - 5:50 pm	Alcott Center	\$135/\$169
Youth Karate Advanced							
38812	7 - 14	Purple - Black	Sat	Sept 7 - Dec 14	12:30 - 1:30 pm	Frontier Park - A.H.	\$135/\$169
38808	7 - 15	High Purple - Black	Wed	Sept 11 - Dec 18	6:30 - 7:30 pm	Cooper Middle School	\$126/\$158
Parent/Child Beginning/Continuing							
38792	7 +	White Only	Sat	Sept 7 - Dec 14	9 - 10 am	Frontier Park - A.H.	\$135/\$169
Parent/Child Novice							
38793	7 +	White w/ stripes - Orange	Sat	Sept 7 - Dec 14	10:10 - 11:10 am	Frontier Park - A.H.	\$135/\$169
Parent/Child Intermediate							
38794	7 +	Yellow - Green	Sat	Sept 7 - Dec 14	11:20 am - 12:20 pm	Frontier Park - A.H.	\$135/\$169
Parent/Child Advanced							
38795	7 +	Purple - Black	Sat	Sept 7 - Dec 14	12:30 - 1:30 pm	Frontier Park - A.H.	\$135/\$169

Instructor: Illinois Shotokan Karate Club

Aquatics

Willow Stream Pool

600 Farrington Drive

Open June 1 thru August 31

Lap Swim

June 1 thru August 4

Monday - Thursday* 7 - 9 am
 Saturday & Sunday 10 am - 12 pm
 *3 lanes shared with swim team.

August 5 thru August 31

Monday - Thursday 9:30 am - 12 pm
 Saturday & Sunday 10 am - 12 pm

Open Swim/Wading Pool/Slide

Everyday 12 - 7 pm

Daily Admission Fees

Adults & Children \$6 (children 2 and under are free)
 Seniors (62 years and up) \$5

Twilight Rates

Everyday from 5 - 7 pm \$3

\$5 Friday Night Family

Every Friday from 5 - 7 pm \$5 per family

Pool Closures

Any dates will be posted at the pool and our website at bgparks.org.

GOOD TO KNOW

The Aquadome Pool will be closed until August of 2014, as School District 214 will be constructing a new pool on this site. Because of this, changes were made to the Willow Stream Pool schedule, as well as the pool passes information. Swim lessons are being offered at the Buffalo Grove Fitness Center. We appreciate your understanding and consideration during this time as we all await the new pool opening.

Definitions of Swim Periods

Lap Swim

The pool is open to pass holders and daily guests who wish to swim laps. During crowded lap swim times, preference will be given to adults, ages 18 and older. It may be necessary for lifeguards to place swimmers in lanes according to speed or for swimmers to circle swim.

Open Swim

The pool is open to pass holders and daily guests. There is no space available for lap swim lanes. An adult must accompany children under the age of 7.

Buffalo Grove Park District Locker Room Age Policy For Aquatic Facilities

Children 5 and up are not permitted in the opposite sex locker rooms. You may elect to do one of the following:

- Ask the manager if you and your child can walk to and from the pool through our office.
- Come prepared to swim, and send the swimmer through the proper locker room and meet them on the deck.

Our staff is ready to assist in any way that we can to ensure the comfort and safety of all of our patrons. Thank you for your cooperation in assisting us with the enforcement of this pool policy.

Swimming Lessons

Water Babies



These classes for infants and toddlers require active, in-water participation from parents and child. Class includes group and free time activities to help new swimmers adjust to a large body of water and become comfortable in and around the pool. This program is designed as a fundamental introduction to our instructional youth program. Children must wear a swim diaper under their swimsuit. (PG)

Age: 6 months - 3 years

Code	Day	Date	Time	M/NM Fee
39094	Sun	Sept 8 - Oct 13	11 - 11:30 am	\$39/\$49
39214	Sun	Sept 8 - Oct 13	1:45 - 2:15 pm	\$39/\$49
39095	Sun	Oct 20 - Nov 24	11 - 11:30 am	\$39/\$49
39215	Sun	Oct 20 - Nov 24	1:45 - 2:15 pm	\$39/\$49

Instructor: Staff

Location: Buffalo Grove Fitness Center

Group Swim Lessons



In this program, participants will follow the guidelines of the Learn to Swim Program Levels 1 - 6. Each level introduces a challenging variety of activities for the student, including progression in swimming techniques and water safety. Swim levels and ages may be combined for any lesson, and class sizes will not exceed a 6:1 ratio of student to instructor. (PG)

Age: 3 - 12 years

Code	Day	Date	Time	M/NM Fee
39088	Sun	Sept 8 - Oct 13	11:45 am - 12:30 pm	\$63/\$79
39089	Sun	Sept 8 - Oct 13	12:45 - 1:30 pm	\$63/\$79
39076	Tue	Sept 10 - Oct 15	5:30 - 6:15 pm	\$63/\$79
39077	Tue	Sept 10 - Oct 15	6:30 - 7:15 pm	\$63/\$79
39082	Thu	Sept 12 - Oct 17	5:30 - 6:15 pm	\$63/\$79
39083	Thu	Sept 12 - Oct 17	6:30 - 7:15 pm	\$63/\$79
39091	Sun	Oct 20 - Nov 24	11:45 am - 12:30 pm	\$63/\$79
39092	Sun	Oct 20 - Nov 24	12:45 - 1:30 pm	\$63/\$79
39079	Tue	Oct 22 - Dec 3	5:30 - 6:15 pm	\$63/\$79
39080	Tue	Oct 22 - Dec 3	6:30 - 7:15 pm	\$63/\$79
39085	Thu	Oct 24 - Dec 12	5:30 - 6:15 pm	\$63/\$79
39086	Thu	Oct 24 - Dec 12	6:30 - 7:15 pm	\$63/\$79

Instructor: Staff

Location: Buffalo Grove Fitness Center

Spray 'N Play

Public Hours

Open thru September 1

Monday - Friday	10 am - 7 pm
Saturday	12 - 7 pm
Sunday	12 - 6 pm

Daily Admission Fees

12 months and under	Free
Children & Adults	\$3
Seniors 62 & up	\$1
With Current Pool Pass	\$1 off

Spray 'N Play Twilight Time

Monday - Saturday	5 - 7 pm
Sunday	4 - 6 pm
	\$1 per person



Over 10,000 square feet of water play surface

- Interactive Spray Features
- Water Cannons
- Washrooms/Diaper Changing Area
- Sunshades
- Large Picnic Area

Ultimate & Splash Bash Parties

Saturday	10 am - 12 pm
Sunday	10 am - 12 pm and 6 - 8 pm

Rental Fees

Ultimate Party

\$350 - Up to 200 guests and 2 hours of exclusive use.

Splash Bash Party

\$200 - Up to 65 guests and 2 hours of use which may or may not be shared with another Splash Bash Party rental.

Party Deck rentals

\$175 for a 2-hour rental during regular hours (shared time with general admission guests). This fee includes admission for up to 65 guests. Any additional guests must pay an entrance fee of \$1.50 per person. There is a 2-hour rental minimum.

Table Rental	\$25 per table for 2 hours during public hours.
Nonresident	\$30 fee for Ultimate and Splash Bash Parties.
Cleaning Deposit	\$25 - Included in the rental fee.

For more information about Spray 'N Play rentals and group rates, call 847.850.2180.



For the second year in a row, the Buffalo Grove Park District aquatic department was awarded the highest rating for lifeguard and facility operations during the summer of 2013.

An independent audit was conducted by Starfish Aquatics Institute and rated the staff at Willow Stream Pool as being able to demonstrate above average operational safety standards, lifeguard professionalism, and excellence in risk management practices. The lifeguards that were noted as exceeding the standards and achieved a personal 5-Star status are **Hal Jones, Sarah Moss, Matt O'Rourke, Josh Rabinowitz and Alex Shkiler**. In addition, the following staff achieved a 5 Star performance review for demonstrating exceptional skill in performing a mock rescue: **Alex Shkiler, John Martelon and Ryan Lenhart**. **Patrick Griffin**, the Aquatics Coordinator, was also given a 5-Star review for outstanding facility operations. Congratulations to all these individuals!

Starfish Aquatics Institute is a nationally recognized training and aquatic safety and resource organization that trains and conducts programs for public and private pools. Buffalo Grove Park District has been a Starfish client since 2011. The aquatic department was also awarded 5-star status in 2012.



Have you ever had to walk through a cloud of smoke? Has your little one ever picked up a cigarette butt while playing?

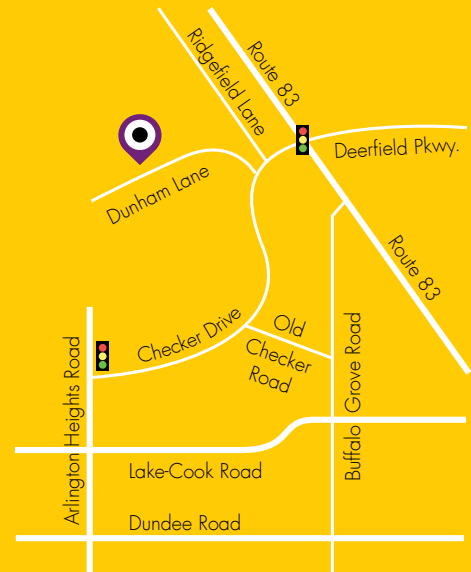
Enjoy the fresh air!

Smoking is not permitted anywhere on Buffalo Grove Park District property. This includes all parks, athletic fields, spectator viewing areas and parking lots.

- No secondhand smoke.
- No cigarette litter means cleaner parks.
- A safer environment for everyone.

Ordinance 05-7-1

Raupp Museum



Raupp Museum

901 Dunham Lane
Phone: 847.459.2318

Raupp Museum Hours

Monday - Thursday 11 am - 4:30 pm
Sunday 1 - 4 pm
Closed Friday and Saturday

Please note: Museum educational programs can be scheduled during the museum's public hours, but they may also be scheduled at other times by contacting the Museum Coordinator at 847.459.2318.

Museum Exhibits

Main Exhibit

Experience the ways Buffalo Grove has changed as you walk through 150 years of history. Visitors can learn what grew in a Potawatomi garden, sit on the porch of an 1890s farmhouse, milk the museum's replica dairy cow, try a typewriter, and see a bicycle from 1958. Learn how Buffalo Grove got started, and also how it grew into the community it is today.

Town Square

Imagine life before shopping malls. In this exhibit, visitors can peek into an old-fashioned general store, try a water pump, visit the bank, sit at a desk in a 1926 schoolroom, and even play checkers at the tavern.

School's Closed? The museum is open!

On the following days, local schools are closed; but, the Raupp Museum will have special free walk-in programs from 1 - 3:30 pm.

Date	Activity
September 5 (Rosh Hashanah)	Cornhusk dolls
October 14 (Columbus Day)	Carve a soap boat
November 1	Use a feather pen



On The Entertainment Committee?

Let the Raupp Museum provide the program for your next meeting. Museum staff can come to your church club, women's group, or business association for both afternoon and evening programs. Popular topics include Buffalo Grove History, Old-Time Radio, Illinois Archaeology, and the 100th Anniversary of Women's Right to Vote in Illinois.

Museum Educational Programs

The Raupp Museum is proud to offer several exciting educational programs for school groups, home school associations, and community groups. Programs are available Monday through Friday during school hours, and meet many Illinois State Learning Goals. Please call Debbie Fandrei at 847.459.2318 to schedule a program.

Cows Are Cool

Grade: Preschool - 3

This fun program introduces children to the life of a dairy farmer in turn of the century Buffalo Grove. Participants get a hands-on experience by milking the museum's working replica dairy cow, churning butter and playing old-fashioned games.



Potawatomi Pathways

Grade: Preschool - 5

This program on Native American history allows students to touch reproduction Potawatomi artifacts, listen to a Native American folktale and play a hands-on game with animal footprints. Older students can try a different game that allows them to simulate a Native American trading post.

Tiny Traders

Grade: 1 - 2

Students experience what life was like for farmers shopping in the 1880s. After milking the Museum's cow and gathering eggs, the children sell their milk for money at the creamery. Next, they use their money to go shopping in the Museum's Town Square. This is the perfect program to teach younger students the difference between needs and wants, and the connection between work and money.

Buffalo Grove Then & Now

Grade: 1 - 5

This program showcases the changes that have occurred in Buffalo Grove during the past 100 years. First, students look at a series of artifacts that span a century to see how one object changes over time. Then, a slide show contrasts pictures of past Buffalo Grove buildings with the buildings that currently stand in those locations. Finally, an artifact guessing game encourages children to have fun with history.

Packing For Pioneer Life

Grade: 3 - 4

The life of Buffalo Grove's earliest settlers is highlighted in this hands on program. Students start by brainstorming a pioneer's needs in settling Buffalo Grove. Next, the museum educator opens a pioneer trunk filled with reproduction artifacts and students discuss the uses of each item, and which pioneer need the item would fulfill. Finally, students use their new knowledge in a hands-on packing activity. Please note: This program can be modified for special needs students.

Archaeology

Grade: 4 - 8

This exciting program introduces students to the history, science and practice of archaeology! After viewing a presentation about archaeology principles and techniques, students put their knowledge to work by participating in a mock dig and analyzing the artifacts that they uncover. **Please note:** This program is conducted outside, so it is only available in September, October, April and May, weather permitting.

WWII

Grade: 5 - 8

From aircraft carriers on Lake Michigan to food rationing at home, WWII had an effect on everyone. Students will learn what life was like locally during this time period, and the role kids played in the war effort.

The Civil War

Grade: 6 - 8

Students will learn the stories of local residents affected by the Civil War, and explore how the national issues involved in this conflict affected people on a local level.

We can come to you!

Wish the Museum could come to you? We can. The Raupp Museum staff can make presentations to your senior group, adult club, or business association. Some of our popular presentations include old-time radio, local archaeology, and the Civil war. For more information, call the Museum at 847.459.2318.



Scout Badges & Patches from the Buffalo Grove Park District

Are you looking for new ideas for Scout meetings? Do you need help creating Badge or Patch programs? The Buffalo Grove Park District has the answer! Several Scout Badges and Patches can be completed, either in full or in part by participating in the following programs:



Scout Programs For Boys & Girls

Girl Scouts

Laura Ingalls Wilder Patch

For Brownie and Junior Girl Scouts

This exciting program lets girls learn about life on a covered wagon, bake bread from scratch, and hand-sew their own apron while enjoying one of the all-time classics of children's literature. Please note: This program is available from January thru May only.

Fee: \$10 per person

Daisy Girl Scouts

Zinnia Petal (Sharing)

December only

Your Troop will visit a painting exhibit, try an exciting art scavenger hunt, and do an art project that teaches them the advantage of sharing resources. There is a \$1 fee per participant.

Sunflower Petal

Scouts tour the museum and try hands-on activities as they learn how girls have been friendly and helpful through history, then discuss how they can be friendly and helpful today.

Money Counts Leaf

Girls will learn money skills the fun way as they go shopping the way that farmers did 100 years ago. First, they'll earn money, then make a shopping list, and finally spend their money at the General Store.

Brownie Girl Scouts

Bugs

Learn all about bugs in Buffalo Grove. Girls will make a bug box, go on a bug-finding walk, and create their own cool bug art. **Please note:** Since this is an outdoor program, it will only be available April thru June.

Fee: \$2 per person

Painting

December only

Your Troop will explore their creative side as they get inspired by an art exhibit, then try painting a still life, painting a mood, and painting without brushes. There is a \$3 fee per participant, and the Badge is included.

Celebrating Community

Learn what makes Buffalo Grove special! Girls will learn about local landmarks, discover the symbols in the town flag and the US flag, and make a felt flag to take home.

Fee: \$1 per person

Letterboxing

Learn all about letterboxing. Girls will discover what letterboxing is, practice solving clues, make a stamp for their own letterbox, and go on a sample letterbox hunt.

Fee: \$5 per person

Inventor

Girls practice problem solving as they learn about old-fashioned inventions, identify new problems, and brainstorm creative ways to solve them.

Fee: \$3 per person

Flowers

Pretty and practical! Girls will learn all about the science and stories of flowers, as they make a botany notebook, go on a flower walk, dye flowers, discover the code of the flowers, and make felt flowers to take home.

Fee: \$5 per person

Junior Girl Scouts

Detective

This exciting new patch combines science and history as Scouts work to solve a murder mystery, which occurred over 100 years ago. Participants will learn about fingerprints, examine bullets and extract DNA from a strawberry.

Fee: \$3 per person

Drawing

December only

Your Troop will explore their creative side as they get inspired by an art exhibit, then try drawing with different materials, adding shading, playing with perspective and making a portfolio to hold their art. There is a \$4 fee per participant.

Product Designer

Why is the pop-up toaster cool? Girls will find out as they learn what makes some products change history. Then they put their ideas and observations to work, analyzing ways to make an everyday product even better.

Fee: \$3 per person

Geocacher

Take your troop on a treasure hunt! Girls will learn what geocaching is, how to work a GPS and how to prepare for a trip. Then they will try geocaching on the Museum's grounds and make a trade item to take home.

Fee: \$4 per person

Boy Scouts

Tiger Cubs

Making My Family Special

Did you know Tiger Cubs are able to earn an achievement just by visiting a local museum? Even better, the Raupp Museum has a special program where Tiger Cubs can visit the museum, do a scavenger hunt and make a small scrapbook. To schedule a Tiger Scout program, please call the Raupp Museum at 847.459.2318.

Bear Cub Scouts

Native American Life

This exciting program will teach what life was like for the Potawatomi over 175 years ago. Participants will be able to touch reproduction artifacts, feel deer hide and try a Potawatomi game. There is also an optional art project. To schedule this program, please call the Raupp Museum at 847.459.2318.

The Past Is Exciting & Important

What was life like in Buffalo Grove 25 years ago? Visit the Raupp Museum to find out! For this special program Bear Cub Scouts will look at newspapers from 25 years ago, see a short slide show and learn about the history of Buffalo Grove. To schedule the program, please call the Raupp Museum at 847.459.2318.

Maps

Scouts will learn all about the importance of maps as they look at historic maps of Buffalo Grove and Lake County, find Illinois and Buffalo Grove on a modern map, make a map of their route to school, and color their own compass rose.

Webelos

Map & Compass Belt Loop

Can't tell up from down? The museum can help. This museum program will teach basic compass skills, and then allow Scouts to test their new knowledge by following an on site-treasure map.

Scholar

Learn all about what it was like to go to school 100 years ago. See pictures of one-room schoolhouses from Buffalo Grove and learn how schools have changed.

CSI 1899 Forensic Science Program

This program combines science and history as Scouts work to solve a murder mystery which occurred over 100 years ago. Participants will learn how to identify fingerprints, examine bullets, and even extract DNA from a strawberry.

Fee: \$3 per person

Marbles Belt Loop

This exciting program lets boys play a game that their grandfathers enjoyed too. They will learn how to shoot marbles, learn the rules of marbles, and spend time playing the game and practicing their skills. Each boy will leave with a bag of marbles.

Fee: \$5 per person

Boy Scouts

Archaeology

Learn about what archaeology is, what and where sites are located, local archaeology and artifacts, and how people lived thousands of years ago. Scouts will also learn flintknapping, and how to make their own stone tools.

Fee: \$5 per person

Indian Lore

Scouts will learn about the local Native Americans who lived in this area for thousands of years. They will also learn about customs and ways of life before the coming of European settlers, and will make 3 small crafts.

Fee: \$5 per person

Forestry

Scouts will learn about all about trees: tree identification, forest management, native trees, and invasive species.

Fee: \$5 per person

Nature

Scouts will learn how to identify local birds, mammals, insects, plants and rocks. They will also learn about the importance of plants and animals, and how their interaction is crucial to survival.

Geocaching

Scouts will learn what geocaching is, how to work a GPS, how to locate a geocache, how to construct and hide a geocache, and the ethics of geocaching.

Fee: \$9 per person (geocoin included)

Performing Arts



The Acting Studio

Showbiz Kids Theater Club

Based off of our highly popular Showbiz Kids summer camp, this is the place to be for kids who are ready to be a part of a real musical performance. Each star will be cast in our musical review to be performed for friends and family the last week of class. Students will also learn about set, costumes and props as they prepare for their big show. This is your child's chance to be a star! **No class on October 31, November 27 and 28.**

Age: 4 - 6 years

Code	Day	Date	Time	R/NR Fee
38998	Wed	Sept 18 - Dec 18	4:45 - 6 pm	\$130/\$160
38997	Thu	Sept 19 - Dec 19	5 - 6:15 pm	\$120/\$150

Instructor: K. Vombrack Location: Alcott Center

NEW Musical Theatre Studio

Come learn the necessary vocal and acting techniques to portray and create uniquely memorable characters, while performing a song. This super fun and informative class will have you ready for any musical audition in no time. **No class on September 25, November 26 and 27.** (LG)

Code	Grade	Day	Date	Time	R/NR Fee
39006	1 - 2	Wed	Sept 18 - Dec 18	6 - 7 pm	\$96/\$115
39005	3 - 5	Tue	Sept 17 - Dec 17	5 - 6 pm	\$104/\$130

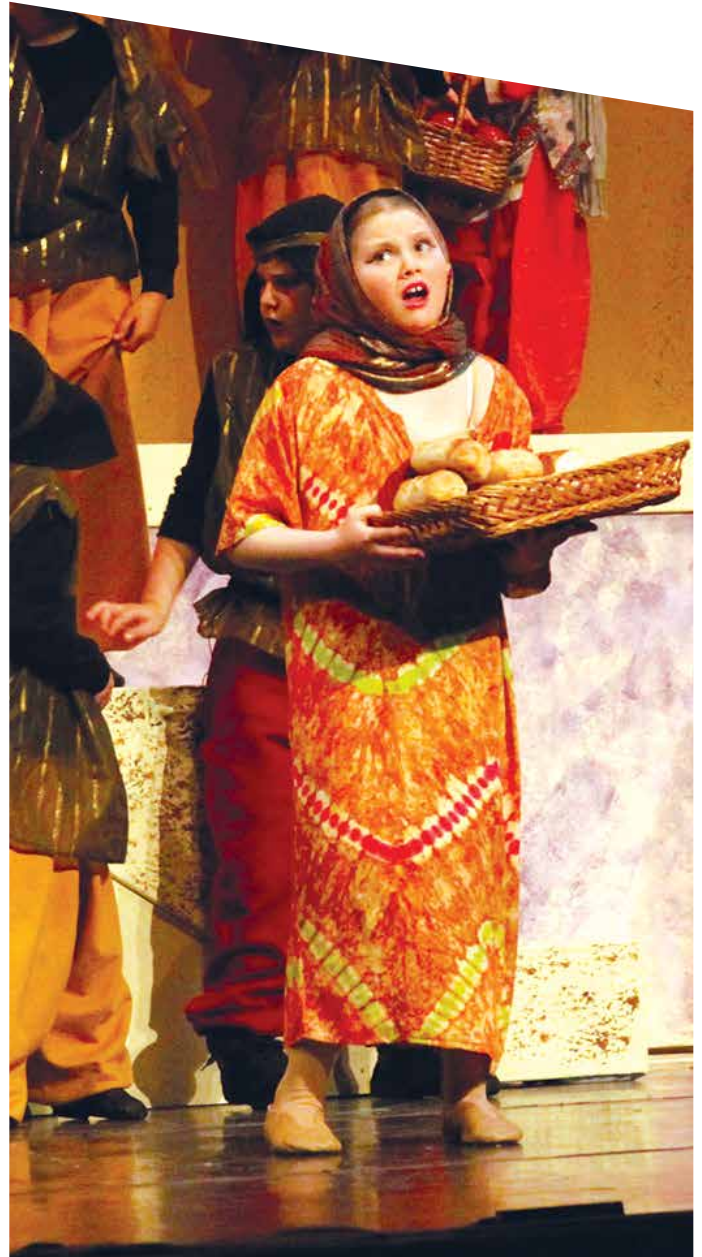
Instructor: Loftus/Preuss Location: Alcott Center

Improv Extravaganza

Do you like performing for others and making up funny stories and characters on the spot? If so, this is the class for you! Come join us as we learn the hilarious art of Improv through a wide variety of fun games and activities. **No class on November 30.** (LG)

Code	Grade	Day	Date	Time	R/NR Fee
39001	1 - 2	Sat	Sept 21 - Dec 14	9:45 - 10:45 am	\$96/\$115
39002	3 - 5	Sat	Sept 21 - Dec 14	11 am - 12 pm	\$96/\$115

Instructor: Staff Location: Alcott Center



NEW Intermediate Theatre Principles

This course is designed for middle school and high school age performers looking to expand their overall knowledge of acting and theatre. We will explore a variety of acting techniques, work on audition preparation, practice the art of improv, examine and work on scenes, and so much more! **No class on October 31 or November 28.** (LG)

Grade: 6 - 12

Code	Day	Date	Time	R/NR Fee
39011	Thu	Sept 19 - Dec 19	6:30 - 7:30 pm	\$96/\$115

Instructor: Staff Location: Alcott Center

Upcoming Auditions

Audition Workshop - High School Musical, Jr.



Join us for a 2-hour audition workshop with the production team of Disney's High School Musical, Jr., prior to your audition. This workshop will give you the opportunity to meet the producer, director, music director and choreographer, and will give you a chance to learn more about the show and how the auditions work. You will also get a chance to learn the audition dance in advance. We welcome all performers in grades 3 - 10 to participate, regardless of whether or not you're auditioning for the show. Sign up today, as spaces are limited. (LG)

Grade: 3 - 10

Code	Day	Date	Time	R/NR Fee
38878	Mon	Sept 23	6:30 - 8:30 pm	\$15/\$22

Instructor: Production Staff

Location: Alcott Center

Disney's High School Musical, Jr.

2013 Fall Children's Theatre

Big Deal Productions is very pleased to announce auditions for our fall Children's Theatre presentation of Disney's High School Musical, Jr.! Everyone's favorite Disney Channel production will come to life on stage right here in Buffalo Grove. Featuring all of the incredible songs from the movie, including Breaking Free, We're All In This Together, Start of Something New, Bop To the Top, and many more, this show is a treat for the whole family.

Auditions for this musical production are open to all performers in grades 3 - 10 and are scheduled for Wednesday, September 25 from 5 - 9 pm at the Alcott Center. Auditions are booked by appointment only. No walk-ins will be taken. Please prepare a song and bring in an accompaniment tape/CD of your song selection. No accompanist will be provided. Please dress comfortably and wear appropriate footwear for a dance audition. Callbacks will be held on Thursday, September 26 in the evening.

If cast, there is a production fee of \$215, which includes a keepsake libretto, commemorative cast photo, and a show shirt. Cast members will be responsible for securing appropriate footwear/tights/undergarments for the show. Rehearsals for this production will be held on Monday and Wednesday evenings, and Sunday afternoons. Performances are tentatively scheduled for the weekend of December 13 - 15. To schedule an audition, please contact Lindsay Grandt at lindsay@bgparks.org or 847.850.2132. (LG)



Private Instruction

Voice Lessons

Your voice is your instrument. Discover the tools you need to develop it to its maximum potential under the expert guidance of Beryl Bellows. Voice lessons are not just for future Broadway stars and opera singers. Strengthen your vocal mechanism, breathing and confidence in your own voice. Skills learned in voice lessons can be used to offer a song as an original gift, impress your friends on Karaoke night or even improve your diction and projection for public speaking and presentations.

Voice lessons are offered at a variety of days and times. Lessons are available for adults and children ages 10 and up. No previous music experience is required. Lessons are \$23 per half-hour session. For information on availability and procedures, please call Lindsay Grandt at 847.850.2132.

Piano Lessons

The Buffalo Grove Park District offers piano lessons at a variety of days and times. Children and adults with all levels of experience are welcome, and no prior instruction in piano or music is required. Lessons are \$23 per half-hour session. Students may need to purchase their own instruction books and music, typically less than \$25. Please call Lindsay Grandt at 847.850.2132 for more information or to reserve the next available session.

Guitar Lessons

So you want to be a rock star? Start building your foundation right here at the Buffalo Grove Park District with private guitar lessons. No previous music experience is required. Private lessons are \$23 per half hour and are offered at a variety of days and times. For more information or to check availability, please call Lindsay Grandt at 847.850.2132.

Advanced Theatre Company

This high level group will cover a wide range of challenging and fun theatre topics, including but not limited to Playback, neo-futurism, Laban Effort Actions, Linklater, Meisner, Alexander Technique and Viewpoints. This course is for the committed actor who is willing and wanting to learn about acting methods used all over the world. The group will meet on Tuesday and/or Thursday evenings at the Alcott Center from September 5 - December 12. Auditions will be held on August 22 from 5 - 8 pm at the Alcott Center. All auditions must be scheduled in advance, so please contact Jessi Gangware at jgangware@bgparks.org to schedule your appointment. Specific class assignments will be announced after auditions and will be based on the number of actors accepted into the group. If accepted into the group, the registration fee is \$200 for the fall session. **No class on November 28.** (LG)

Musical Theatre Intensive

Big Deal Productions is excited to present a new advanced Musical Theatre program for committed performers looking to hone their craft. This high-level group will focus on all areas of musical theatre - covering music, acting and dance, to ensure that participants are well on their way to becoming serious triple threats. Auditions for this group are open to performers in grades 6 - 12, and will be held on Tuesday, August 27 from 6 - 9 pm. Please prepare a musical theatre song and bring in an accompaniment tape/CD of your song selection. No accompanist will be provided. Auditions are booked by appointment only. No walk-ins will be taken. If accepted into the program, the registration fee for this session is \$175. The group will meet at the Alcott Center on Tuesday evenings from 6 - 7:30 pm. The fall session will run from September 10 - December 17. For more information, please contact Lindsay Grandt at Lindsay@bgparks.org or Jessi Gangware at jgangware@bgparks.org. **No class on November 26.** (LG)

Upcoming Performances

5th Annual Big Deal Benefit

Make Like A Nail (And Press On)

Written and Directed by Will Loftus

Join us for an evening of music and laughter at the 5th Annual Big Deal Benefit! Featuring a cast of many of Big Deal's most talented staff members, this is a performance event you don't want to miss! This year's show will be held on Monday, October 21 at 7:30 pm. Please visit bigdealproductions.org for information on the exciting venue for this year's show.

This year's show features a hilarious mix of contemporary Broadway and pop songs to tell a heartwarming and very memorable story in a cabaret setting.

All tickets for this fundraiser are \$25 and will be available for purchase at bigdealproductions.org beginning on September 20. For more information on this exciting event, please contact Lindsay Grandt at lindsay@bgparks.org or 847.850.2132.

BG Singers

21st Annual Production - Coast To Coast

Directed by Linda Rosen
Choreographed by Charla Silver

Friday, November 8 at 7:30 pm
Saturday, November 9 at 7:30 pm
Sunday, November 10 at 3 pm

The BG Singers 21st Annual Choral Concert is entitled Coast to Coast, and features an exciting and eclectic mix of musical styles from all across the United States. Performances will be held at the Stevenson High School West Auditorium. Tickets will be available for purchase online at bigdealproductions.org beginning March 19. Advance purchase tickets are \$17 for adults, \$16 for children 12 and under and seniors ages 62 and up. All tickets purchased at the door are \$19. For more information, please contact Lindsay Grandt at lindsay@bgparks.org or 847.850.2132.



Dance



The Buffalo Grove Studio of Dance is pleased to offer the community high quality, curriculum based dance instruction from professionally trained teachers, with the low cost associated with a park district. We have 2 fully equipped studios with sprung floors, a warm and welcoming waiting area, and a full selection of classes for ages 2 - adult. We invite you all to become a part of our dance family!

Payment Information

Option #1

You may pay for tuition in full at time of registration. You may use the regular Park District registration form or register on-line.

Option #2

Register in person at the Alcott Center with our EZ-Pay registration forms. Your tuition will be divided into 6 equal payments (see schedule below). Dance payments will automatically be debited on the following dates by either EFT from your bank account or automatic credit card payments.

Payment 1	At time of registration
Payment 2	September 27, 2013
Payment 3	November 15, 2013
Payment 4	January 10, 2014
Payment 5	March 7, 2014
Payment 6	April 25, 2014

Refunds

There will be no refunds granted after November 1, unless accompanied by a doctor's note, as costumes for the spring recital will be ordered by that date.

Good To Know

For those classes that participate in the dance recital, the recital costume is included with your class fee.

Classes

Please don't wait until the last minute to register for a class. If the minimum registration requirements are not met by Wednesday, September 4, the class might be cancelled. Signing up on the first day of class might be too late, so don't hesitate. Avoid the chance of losing your favorite class due to low enrollment. Register early!

The Buffalo Grove Studio of Dance reserves the right to make class reassignments at the teacher's discretion for students not in the appropriate class level. Any adjustments deemed necessary will occur during the first 2 weeks of classes.

Please note that students generally stay at each level for a minimum of 2 years.

- Level 1** Beginning students, generally age 6 - 9.
- Level 2** For advanced beginner students age 8 - 12 who have mastered all of the skills taught in Level 1.
- Level 3** These classes are for intermediate students age 9 - 15 who have mastered the skills taught in Level 2 classes.
- Level 4** For advanced students age 11 and up who have mastered all the skills taught in level 3.
- Teen/Adv** Advanced students in high school.

Split level classes are for those who have taken one level, but are not quite ready for the next level.

Tutu Toddlers

Does your child love to move to the music? Then this is the class for you! Children are introduced to dance through music, games and creative play. Students will work on becoming familiar with following directions in a group, moving across the floor, balancing and sequencing exercises, and free expression to music. Instruments, scarves and ribbons will all be used in this fun interactive class for parents and children. **Please note:** A parent/care giver must attend class with the child. This class will not participate in the recital. **Necessary Attire:** Leather ballet shoes, leotard and tights.

Age: 2 - 3 years

Code	Day	Date	Time	R/NR Fee
38885	Wed	Sept 11 - Dec 18	10:45 - 11:15 am	\$98/\$123
38886	Sat	Sept 14 - Dec 14	10:45 - 11:15 am	\$91/\$114

Instructor: Stanczak

Location: Emmerich Park



Bitty Ballet



Children are introduced to dance through music, games and creative play. Students will work on becoming familiar with the concept of left and right, following directions in a group, moving across the floor, balancing and sequencing exercises, free expression to music, and of course, a basic introduction to ballet. Students must be age appropriate by January 5, 2014. **Necessary attire:** Pink leather ballet shoes, leotard and tights. All hair must be pulled back into a bun or ponytail.

Age: 3 - 4 years

Code	Day	Date	Time	R/NR Fee
38865	Tue	Sept 10 - May 6	9:15 - 10 am	\$330/\$397

Instructor: Gore

Location: Emmerich Park

39141	Tue	Sept 10 - May 6	4:45 - 5:30 pm	\$330/\$397
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Instructor: Shparago

Location: Emmerich Park

38866	Wed	Sept 11 - May 7	10 - 10:45 am	\$330/\$397
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38868	Sat	Sept 14 - May 10	10 - 10:45 am	\$321/\$386
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Instructor: Stanczak

Location: Emmerich Park

38867	Wed	Sept 11 - May 7	5:45 - 6:30 pm	\$330/\$397
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Instructor: Cohen

Location: Emmerich Park



Tippy Toes



Principles of body awareness, rhythm and coordination will be introduced in these classes. A basic introduction to the world of dance, including tap and ballet, will be taught at the beginner level. These classes are designed to meet the developmental needs of the young dancer. It is highly recommended that children take Bitty Ballet prior to taking Tippy Toes. Jazz will begin to be incorporated in the level 2 class. Students must be age appropriate by January 5, 2014. **Necessary Attire:** Pink leather ballet shoes, black tap shoes, leotard and tights. All hair must be pulled back into a bun or ponytail.

Level 1

Age: 4 - 5 years

Code	Day	Date	Time	R/NR Fee
38869	Tue	Sept 10 - May 6	10 - 11 am	\$360/\$435
38870	Tue	Sept 10 - May 6	1:15 - 2:15 pm	\$360/\$435

Instructor: Gore

Location: Emmerich Park

38871	Wed	Sept 11 - May 7	9 - 10 am	\$360/\$435
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38875	Sat	Sept 14 - May 10	9 - 10 am	\$350/\$423
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Instructor: Stanczak

Location: Emmerich Park

38872	Wed	Sept 11 - May 7	4:30 - 5:30 pm	\$360/\$435
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Instructor: Cohen

Location: Emmerich Park

Level 2

Age: 5 - 7 years

Code	Day	Date	Time	R/NR Fee
38877	Mon	Sept 9 - May 5	5:30 - 6:30 pm	\$360/\$435
38874	Wed	Sept 11 - May 7	6:30 - 7:30 pm	\$360/\$435

Instructor: Cohen

Location: Emmerich Park

38876	Sat	Sept 14 - May 10	10:30 - 11:30 am	\$350/\$423
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Instructor: TBA

Location: Emmerich Park



Ballet

In these classes, students will learn correct ballet technique, body alignment, and terminology of classical ballet. It is important to recognize that ballet is an art form that requires repetition for strength development and muscle memory; therefore, our program will repeat and introduce new materials at every level. Pointe is by instructor approval only and requires enrollment in ballet 4. **Necessary Attire:** Black leotard, pink tights, pink ballet shoes. All hair must be pulled back into a bun.

Code	Level	Day	Date	Time	R/NR Fee
38904	3	Thu	Sept 12 - May 8	6:30 - 7:15 pm	\$330/\$397
38902	4	Thu	Sept 12 - May 8	7:30 - 8:30 pm	\$360/\$435
38908	Pointe	Thu	Sept 12 - May 8	8:30 - 9 pm	\$70/\$85
Instructor: Cohen					
38905	1	Mon	Sept 9 - May 5	4:45 - 5:30 pm	\$330/\$397
38907	2	Tue	Sept 10 - May 6	5:30 - 6:15 pm	\$330/\$397
38906	2/3	Mon	Sept 9 - May 5	5:30 - 6:15 pm	\$330/\$397
Instructor: Shparago					
38903	1	Sat	Sept 14 - May 3	11:15 am - 12 pm	\$321/\$386
Instructor: Stanczak					



NEW Lyrical Ballet

Lyrical dance combines the many technical elements of classical ballet with the freedom, fluidity, expressiveness and airier aspects of jazz, contemporary and modern dance. Lyrical dance is expressive, simultaneously subtle and dynamic, focused on conveying musicality and emotion through movement. **Necessary Attire:** Leotard, convertible or footless tights, dance paws or foot dees.

Code	Level	Day	Date	Time	R/NR Fee
39131	1/2	Tue	Sept 10 - May 6	4 - 4:45 pm	\$330/\$397
Instructor: Shparago					
39132	2/3	Wed	Sept 11 - May 7	4:45 - 5:30 pm	\$330/\$397
39133	3/4	Thu	Sept 12 - May 8	5:15 - 6 pm	\$330/\$397
39134	Teen/Adv	Mon	Sept 9 - May 5	8 - 9 pm	\$360/\$435
Instructor: Plewacki					

Tap

One of America's favorite past times is tap. Students will learn a variety of tap skills and terminology. This class will cover a variety of styles from the Broadway hoofers of 42nd Street to the hip-hop, urban funk of Bring in da Noise... and Stomp. Necessary attire includes tap shoes*, leotard and tights or jazz pants. All hair must be pulled back into a bun or ponytail. *All youth Tap students should contact Aly Stanczak at 847.850.2105 for the correct style of tap shoes.

Code	Level	Day	Date	Time	R/NR Fee
38898	1	Mon	Sept 9 - May 5	6:30 - 7:15 pm	\$330/\$397
38897	4	Tue	Sept 11 - May 7	8 - 8:45 pm	\$330/\$397
Instructor: Plewacki					
38899	2	Tue	Sept 10 - May 6	5 - 5:45 pm	\$330/\$397
38896	3	Tue	Sept 11 - May 7	6:45 - 7:30 pm	\$330/\$397
38900	Teen/Adv	Sat	Sept 14 - May 3	12:45 - 1:45 pm	\$50/\$23
Instructor: Stanczak					

Jazz

Jazz is an expressive and creative form of dance where students will learn turns, leaps, across the floor combinations and culminate by putting it all together into a routine. **Necessary Attire:** Leotard, tights, jazz pants or dance shorts, tan slip on jazz shoes. All hair must be pulled back into a bun or pony tail.

Code	Level	Day	Date	Time	R/NR Fee
38889	1	Sat	Sept 14 - May 3	12 - 12:45 pm	\$321/\$386
Instructor: Harris					
38890	1/2	Wed	Sept 11 - May 7	4 - 4:45 pm	\$330/\$397
38888	3	Mon	Sept 9 - May 5	7:15 - 8 pm	\$330/\$397
Instructor: Plewacki					
38893	2	Tue	Sept 10 - May 8	6:45 - 7:30 pm	\$330/\$397
Instructor: Stanczak					
38891	2	Mon	Sept 9 - May 5	4:45 - 5:30 pm	\$330/\$397
38892	4	Thu	Sept 12 - May 8	6:30 - 7:15 pm	\$330/\$397
39139	Teen	Thu	Sept 12 - May 8	8 - 9 pm	\$360/\$435
Instructor: Gore					
39140	3/4	Thu	Sept 12 - May 8	5:15 - 6 pm	\$330/\$397
Instructor: Shparago					



Hip Hop

Hip-Hop takes a little of jazz and combines it with the “street” dancing that is so popular today. Students will learn isolations and basic jazz technique combined with the hip-hop moves you see on MTV. **Necessary Attire:** Jazz shoes or jazz sneakers, and comfortable clothes. All hair must be pulled back into a ponytail.

Code	Level	Day	Date	Time	R/NR Fee
38292	1	Mon	Sept 9 - May 5	4 - 4:45 pm	\$330/\$397
38295	2	Mon	Sept 9 - May 5	6:30 - 7:15 pm	\$330/\$397
38293	3	Mon	Sept 9 - May 5	4:45 - 5:30 pm	\$330/\$397
38296	Teen	Mon	Sept 9 - May 5	8 - 9 pm	\$360/\$435

Instructor: Murillo

Location: Alcott Center

Just The Guys

This class is for all those guys who have always wanted to give dance a try. Many professional athletes take dance as part of their training, and now you have the opportunity to do the same. Students will learn jazz, hop-hop and tap technique in a fun, noncompetitive atmosphere. **Necessary Attire:** Jazz shoes, jazz tap shoes, comfortable clothes.

Code	Age	Day	Date	Time	R/NR Fee
38882	6-9	Wed	Sept 11 - May 7	6:15 - 7 pm	\$330/\$397

Instructor: Murillo

Location: Emmerich Park

38883	10 and up	Thu	Sept 12 - May 8	7:15 - 8 pm	\$330/\$397
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Instructor: Gore

Location: Emmerich Park

NEW Contemporary

This style of dance draws upon both classical ballet and modern dance. It seeks to express a personalized vision, often through experimentation and collaboration, for the development of new, more individualized approaches to the moving body and choreographic possibilities. **Necessary Attire:** Leotard, convertible or footless tights, dance paws or foot undees.

Code	Level	Day	Date	Time	R/NR Fee
39135	1/2	Wed	Sept 11 - May 7	7 - 7:45 pm	\$330/\$397
39137	1/2	Sat	Sept 14 - May 3	1 - 1:45 pm	\$321/\$386
39138	3/4	Sat	Sept 14 - May 3	1:45 - 2:30 pm	\$321/\$386
39136	Teen	Wed	Sept 11 - May 7	5:30 - 6:15 pm	\$330/\$397

Instructor: Harris

Location: Emmerich Park

Adult Classes

Tap

One of America's favorite past times is tap. Students will learn a variety of tap skills and terminology. This class will cover a variety of styles from the Broadway hoofers of 42nd Street to the hip-hop, urban funk of Bring in da Noise... and Stomp. All hair must be pulled back into a bun or ponytail. This is a multi-level class for beginning and continuing students. **Please note:** Adult Tap meets September thru December. New classes will form in January. **Necessary Attire:** Tap shoes and comfortable clothes.

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38913	Tue	Sept 10 - Dec 17	8 - 8:45 pm	\$136/\$170

Instructor: Stanczak

Location: Emmerich Park

Ballet/Jazz Combo

Combining the foundation of Ballet with the up tempo rhythms of Jazz, this multi-level class will get you moving. **Please note:** Adult Ballet/Jazz Combo meets September thru December.

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38911	Wed	Sept 11 - Dec 18	8 - 9 pm	\$148/\$185

Instructor: Cohen

Location: Emmerich Park

Ballroom & Wedding Dance Workshop

Everybody dance! Here's your chance to build a strong foundation of various dance styles that have been around since the 50s, like Swing and the Jitterbug. You'll learn the variations of the Fox Trot and slow dance to the legendary music of Frank Sinatra and Dean Martin in the Big Band era. When you include the exciting Latin dances like the Salsa and the Cha Cha, you are ready for any social dance situation. Bring a friend and come join the fun. New and continuing students are welcome, as well as singles and couples. Class fee is per person and partners are not guaranteed.

Age: 18 years and up

Code	Level	Day	Date	Time	R/NR Fee
38916	Beginning	Mon	Sept 16 - Dec 9	6:15 - 7:15 pm	\$102/\$127
38917	Continuing	Mon	Sept 16 - Dec 9	7:15 - 8:15 pm	\$102/\$127
38918	Advanced	Mon	Sept 16 - Dec 9	8:15 - 9:15 pm	\$102/\$127

Instructor: Dance-Plus

Location: Alcott Center

Adult Programs

Weight Loss Challenge



Join the Weight Loss Challenge (WLC) now and receive an action plan for weight loss success, and learn how to keep it off forever. The WLC meets weekly for 1 hour, where each participant will weigh in and consult with a coach. The program includes a private coaching session outside of class time, where each person is given a wellness profile and a personal action plan to follow. Weekly group classes cover topics including exercise, vitamins, meal replacement options, how to decipher food labels, the power of protein and much more. There are rules in place that qualify each participant for the final prizes, which will be discussed in the first meeting and you must be present for the final class to receive any prize money. Cash prizes will go to the top 3 biggest losers based on percentage of weight loss. Prize ranges have been \$35 - \$500 depending on the class size. The average weight loss is 15 pounds and over 10 inches. The goal is for you to use the tools given towards living a healthy and active lifestyle forever. Anyone between the ages of 13 - 17 may register; but, those under 18 must register with an adult and be accompanied by an adult each week, and they will not be eligible for the prize money at the end of the challenge. The fee for registrants age 13 - 17 is \$35/\$44. (CE)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38778	Mon	Sept 9 - Nov 18	6:30 - 7:30 pm	\$50/\$63

Instructor: Wellisch

Location: Alcott Center



Drawing & Painting S



Discover the joys and magic of painting in oils and acrylics under the guidance and inspiration of professional artist Enid Silverman. Beginning, intermediate and advanced students will be given individual attention as they are taught how to develop and improve their drawing and painting skills, while choosing their own subject matter. Beginners will be given supplies for the first class. Thereafter, participants will be required to purchase minimal supplies as needed. You can see Enid's artist show Tuesdays at 7:30 pm on local access channels 19 and 35. **No class on November 26 and 27.** (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38819	Tue	Sept 10 - Oct 22	10 am - 12 pm	\$75/\$94
38820	Tue	Sept 10 - Oct 22	1 - 3 pm	\$75/\$94
38821	Tue	Sept 10 - Oct 22	7 - 9 pm	\$75/\$94
38822	Wed	Sept 11 - Oct 23	1 - 3 pm	\$75/\$94
38823	Wed	Sept 11 - Oct 23	7 - 9 pm	\$75/\$94
38824	Tue	Oct 29 - Dec 17	10 am - 12 pm	\$75/\$94
38825	Tue	Oct 29 - Dec 17	1 - 3 pm	\$75/\$94
38826	Tue	Oct 29 - Dec 17	7 - 9 pm	\$75/\$94
38827	Wed	Oct 30 - Dec 18	1 - 3 pm	\$75/\$94
38828	Wed	Oct 30 - Dec 18	7 - 9 pm	\$75/\$94

Instructor: Silverman

Location: Alcott Center

Sculpting & Drawing



This class is for introductory and continuing students, and is designed to introduce them to the world of sculpture and drawing for sculpture projects. Students are explained the purpose of the drawing for sculpture and how it differs from other types of graphic art. Students, along with a professional sculptor, will create a portrait, figurative or relief sculpture and drawing. Beginning students will be provided clay and the use of minimal sculpting tools for their first session. Thereafter, participants will be required to purchase their own clay and sculpting tools while still borrowing minimal sculpting tools from the instructor. Participants will also have the option of firing their project at the end of class for an additional fee of \$5 - \$10, depending on the size of the sculpture. **No class on October 14.** (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38994	Mon	Sept 23 - Nov 18	10 - 11:30 am	\$120/\$150
38995	Mon	Sept 23 - Nov 18	7 - 8:30 pm	\$120/\$150

Instructor: Kovalevskaya

Location: Alcott Center

Puppy Preschool

Having a puppy is like having a 2 year old running wild through your home. Help get your 4-legged best friend off to a great start with positive reinforcement. Learn how to be the Alpha your dog needs and wants you to be. This is the best stage to teach your dog how to succeed, be confident, well adjusted, and have great house manners. We will also cover potty training, proper socializing (are you sending the correct message to your dog?), and loose leash walking. You will learn how to properly introduce commands at this young age and redirect their mischievous behavior. Written proof of Distemper and Parvo shots are required to attend. **No class on September 13 and November 29.** (CE)

Code	Day	Date	Time	R/NR Fee
38924	Fri	Sept 6 - Sept 27	6 - 7 pm	\$35/\$44
38925	Fri	Oct 4 - Oct 18	6 - 7 pm	\$35/\$44
38926	Fri	Oct 25 - Nov 8	6 - 7 pm	\$35/\$44
38927	Fri	Nov 15 - Dec 6	6 - 7 pm	\$35/\$44

Instructor: Miss Daisy's Manners 4 Paws **Location:** Alcott Center

Beginning Dog Obedience

Be the Alpha your dog needs and wants you to be. Through positive reinforcement, you will teach your dog not only the basic obedience commands, but more importantly, how to be a well socialized, calm dog with good house manners. **No class on September 13 and November 29.** (CE)

Code	Day	Date	Time	R/NR Fee
38920	Fri	Sept 6 - Oct 25	7 - 8 pm	\$75/\$94
38921	Fri	Nov 1 - Dec 20	7 - 8 pm	\$75/\$94

Instructor: Miss Daisy's Manners 4 Paws **Location:** Alcott Center

Intermediate Dog Obedience

We will build on the basic commands learned in Beginning Dog Obedience, as well as impulse control and desensitizing, to stimuli (reactions to things such as other dogs, animals, people and cars - basically anything that moves). We will also cover proper socializing, and if you are sending the correct message or reinforcing bad behavior. Your leadership skills will always be reinforced during this class. Some type of beginning dog obedience is a prerequisite before taking this course. **No class on September 13 and November 29.** (CE)

Code	Day	Date	Time	R/NR Fee
38922	Fri	Sept 6 - Oct 25	8 - 9 pm	\$75/\$94
38923	Fri	Nov 1 - Dec 20	8 - 9 pm	\$75/\$94

Instructor: Miss Daisy's Manners 4 Paws **Location:** Alcott Center

Stress Buster - Any Dog Any Problem

Is your 4-legged loved one stressing you out with behavior issues like jumping, nipping, barking, getting into mischief, separation anxiety or constantly begging for your attention? If so, your dog is in control. You will be astonished to learn the simple techniques that put peace and harmony back into your home, and have the family dog you've always dreamed about. This class is recommended even before you bring your dog into your home. This 2 hour class can be held in the privacy of your own home or at the Park District. Please contact Chris Eckert at 847.850.2123 for more information.

Code	R/NR Fee
38956	\$100/\$125

Instructor: Miss Daisy's Manners 4 Paws

Introduction To The iPhone

This hands-on class will teach you the fundamentals of your iPhone. Students will learn many functions of their phones, which include the uses of calling, sending and receiving text messages, email, and how to use maps. We will also have an overview of iCloud and what it might mean for you, and cover how to cut, copy and paste, along with how to use the App Store to download free application for your iPhone. Other functions of the iPhone will be covered to help you become more comfortable with using your new phone. Please bring your iPhone and charger to class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38915	Mon	Oct 28 - Nov 11	6:30 - 8:30 pm	\$100/\$125

Instructor: Computer Training

Location: Alcott Center

Intermediate iPhone

In this class, you will learn the hidden secrets of your iPhone. This hands on class challenges you with the use of the cut, copy and paste functions and editing text (for use with email and notes). You will also learn how to organize the icons on your phone, which includes folder organization, the use of MMS with photos and video attachments; and, many other iPhone functions will be taught. Please bring your iPhone and charger to class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38919	Mon	Dec 2 - Dec 16	6:30 - 8:30 pm	\$100/\$125

Instructor: Computer Training

Location: Alcott Center

Introduction To The iPad

This hands on class will teach you the fundamentals of your iPad, give you an overview of what came with your iPad, and cover the basics of the iPad, including the operation of it, how to use the app store to download apps (free and paid apps), how to backup your iPad to your computer, and discuss the use of iCloud. We will also cover how to send and receive emails, use the internet, and how to use cut, copy and paste, as well as other functions of the iPad. If you own the iPad 2, we will also go over how to use the front and back cameras. Please be sure to bring your iPad and charger to the class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38909	Mon	Sept 9 - Sept 23	6:30 - 8:30 pm	\$100/\$125

Instructor: Computer Training

Location: Alcott Center

Intermediate iPad

Learn the hidden secrets in your iPad. In this hands-on class, you will learn the cut, copy and paste functions and editing text (for use with email and notes). You will also learn how to organize icons on the iPad, which includes folder organization, use of SMS and email with photos, video attachments and many other functions. Please bring your iPad and charger to class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38912	Mon	Sept 30 - Oct 14	6:30 - 8:30 pm	\$100/\$125

Instructor: Computer Training

Location: Alcott Center

How To Use Your Digital Camera

George LeClaire, Photojournalist with the Daily Herald, will teach participants how to operate all the functions on the digital camera, including white balance, shooting modes, programmable shooting modes, ISO, file format, quality control and lighter/darker settings. Learn about one push button settings that will make your photographs more interesting and look professional. If you do not yet own a digital camera, you can attend the seminar and learn all the advantages of owning one and how to select the best digital camera for you. No previous photographic experience is required. Please bring your digital camera and owner's manual. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38894	Wed	Oct 16	7 - 9 pm	\$40/\$50

Instructors: LeClaire Location: Alcott Center

Smart Phone Photography and Apps - iPhone & Android

If you have a smart phone this class is a must! You will learn how to use the camera's settings and controls to capture unique photographs and video clips. Discover how a cell phone can create works of art for everyday events and people in your life. During hands on classroom shooting assignments, you will utilize your mobile camera's exposure and other setting to create images with dramatic light and texture. We'll cover how to set the ISO, white balance, and exposure compensation (brightness), making the most of natural light so your photos stand out. Learn to add and use special camera apps that allow tilt-shift, HDR, 360 degree, time-lapse, and fast shutter burst, that mimic effects in professional DSLRs. You will discover apps for editing, stylizing, posting and transmitting photos, such as free Photoshop, Instagram, camera360 and retro camera. Instagram is great for brand or business marketing or sharing photos with friends. Please bring your fully charged smart phone and charger to class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38895	Thu	Sept 26 - Oct 3	7 - 9 pm	\$40/\$50

Instructor: LeClaire Location: Alcott Center

How To Take Great Photojournalism Style Photographs

Learn to go beyond posed pictures and take interesting photographs using all the simple controls on your digital camera, including how and why not to shoot in old fashioned automatic mode, along with how to shoot without a flash. In this course, taught by a photo journalist with the Daily Herald, you will learn to use professional shooting styles to add personal flair to your photos, making them more exciting, unique and memorable. This class will focus on photo journalism styles and techniques to capture storytelling photos of everyday events in your life. No past photographic experience is required. Please bring your digital camera and owner's manual. This is not a technical camera setting class. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38901	Thu	Oct 17 - Oct 24	7 - 9 pm	\$40/\$50

Instructors: LeClaire Location: Alcott Center

Earn. Shop. Save. Finding Savings Through The Web

This class will show you how to stretch your budget with online offers, amazing deals, and venues that have hidden reward cards. Learn different ways you can save your money by finding coupon codes, birthday meals, and other free items, all with the click of a mouse. The first class will show you where to navigate the web to search for the deals, why consolidated websites are worth the time, and how to never pay full price again. At the end of the class, you will be assigned homework. In the second class, be prepared to discuss what you purchased, where you found the savings, and how much you saved. Please bring your laptop and/or iPad to the first class. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38744	Thu	Sept 19	7 - 8 pm	\$25/\$31
	Thu	Sept 26	7 - 7:30 pm	
38745	Thu	Oct 10	7 - 8 pm	\$25/\$31
	Thu	Oct 17	7 - 7:30 pm	

Instructor: Ginsberg Location: Alcott Center

Couponing 101

Help for your budget is coming thanks to this program! In this class, you will learn that how and when you shop can make a huge impact on your grocery costs when using coupons. In fact, your grocery bill is one of the best places to cut wasteful spending. Learn things like how to save 50% or more off your grocery bill, how sales run in cycles, coupon lingo, how to use rewards programs and more. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38746	Thu	Oct 24	7 - 8 pm	\$7/\$9
38748	Thu	Nov 14	7 - 8 pm	\$7/\$9

Instructor: Ginsberg Location: Alcott Center

Help Keep Your Papers & House Organized

Whether you are down sizing, moving into a new home, getting married or just trying to keep order in your current home, come and learn from a professional organizer how to easily keep your home and papers organized. Make your home a stress free environment. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38816	Tue	Sept 10	7 - 8:30 pm	\$20/\$25
38817	Wed	Oct 9	7 - 8:30 pm	\$20/\$25
38818	Thu	Nov 14	7 - 8:30 pm	\$20/\$25

Instructors: Stec Location: Alcott Center

Preserving The Harvest

Your garden has yielded a bumper crop of fruits and vegetables and your friends and neighbors can't take any more. So what are you going to do with the surplus? This class reviews a number of things that can be used to preserve the harvest through the winter, and maybe even beyond. It will cover canning, freezing, dehydrating, and winter storage techniques. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38770	Tue	Oct 8	7 - 9 pm	\$10/\$14

Instructors: Lyons Location: Alcott Center

Heavenly Dairy Products

There is more to dairy than just milk. In this class, Mark Lyons, an experienced cheese maker, will show you how to turn that milk into wonderful treats such as butter, cheese, buttermilk, creme fraiche, and Devonshire clotted cream. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38777	Tue	Nov 5 - Nov 19	7 - 9 pm	\$20/\$25

Instructors: Lyons Location: Alcott Center

Home Cheese Making

Good cheese tastes even better when you make it yourself. Mark Lyons, experienced cheese maker with a degree in Agriculture, will teach you all the techniques for making your own cheese. The course will cover the science behind cheese making, along with ingredients, equipment, and techniques for making soft, hard, Italian, and other kinds of cheeses. This class is a demonstration only. (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38768	Tue	Sept 17 - Sept 24	7 - 9 pm	\$15/\$19

Instructor: Lyons Location: Alcott Center

Basics of Investment

This class will cover basic investments and provide participants with a greater understanding of financial and investment topics. We will discuss certificate of deposits, municipal bonds, unit investment trusts, mutual funds, corporate bonds, treasuries, stocks and annuities. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38813	Tue	Sept 17 - Sept 24	6:30 - 8:30 pm	\$15/\$19

Instructor: O'Brien Location: Alcott Center

Should Annuity Be Part Of Your Retirement Plan

What is Annuity? Should it be in your portfolio? This class will answer questions you have about annuities. You will learn about different types of annuities and how they play at different stages of your financial planning. As we live longer, it is important to explore ways to make sure we do not outlive our retirement income. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38815	Tue	Oct 29	6:30 - 8:30 pm	\$10/\$13

Instructor: O'Brien Location: Alcott Center

Saving For College

In this class, you will learn available options for college savings, such as 529 Education Saving Plan, Coverdell Education Saving Account, Uniform Gift Minors Act Account, Zero Coupon Bonds, Prepaid Tuition Plan, and Financial Aid. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38814	Tue	Oct 8	6:30 - 8:30 pm	\$10/\$13

Instructor: O'Brien Location: Alcott Center

Divorced Moms GPS: 3 Steps To A Thriving Life

Rebuilding your life after divorce is hard work, and there are no easy ways out. The 3 Steps that we'll discuss together will ensure that you have a solid foundation, and will give you a great head start in the right direction. All 3 Steps are simple, practical, and highly customizable to suit your needs and preferences, and to prepare you to succeed. You will leave the class with a clear plan of action for each of them. Come prepared to change your life. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38943	Thu	Sept 12	7 - 8:30 pm	\$55/\$69
38944	Sat	Oct 5	10 - 11:30 am	\$55/\$69

Instructors: Marcusanu, Ph. D. Location: Alcott Center

For Working Parents - How To Manage Your Energy

Are you overwhelmed? Do you find yourself exhausted at the end of most days? If you answered yes to these questions, then this class is definitely for you. Join us to learn practical, effective ways to manage your energy throughout the day. We'll discuss about what drains the energy, what keeps it level, and how to increase it. You'll leave the class with a short plan that will bring results in just a few weeks. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38947	Sat	Sept 7	10 - 11 am	\$45/\$56
38948	Thu	Sept 19	7 - 8 pm	\$45/\$56

Instructors: Marcusanu, Ph. D. Location: Alcott Center

Finding Me Time For Single Parents

As single parents we are extremely busy, to the point that we often get overwhelmed, frazzled and snappy. This way of life can be likened to driving bumper to bumper on a highway. We don't have any space around us; we don't enjoy the places we pass through; we don't even see them. This class is intended to help you take the next exit off this highway of unending stress, so that you start enjoying the every day's scenic views and get your life back. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38945	Thu	Oct 3	7 - 8 pm	\$45/\$56
38946	Wed	Oct 9	7 - 8 pm	\$45/\$56

Instructors: Marcusanu, Ph. D. Location: Alcott Center

NEW **Building A New Relationship With Our Children After Divorce**



Divorce significantly changes us and our role in the family. Thus, the children may not recognize us anymore and may not know how to relate to this new parent. Unless we are aware of this and intentionally step in to form a strong new connection with them, children may be negatively impacted by this change. Join us for a lively discussion on this topic, and to learn ways to effectively reconnect with your children, thus laying the foundation for a happy post-divorce future. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38949	Sat	Sept 14	10 - 11 am	\$45/\$56
38950	Thu	Oct 24	7 - 8 pm	\$45/\$56

Instructors: Marcusanu, Ph. D. **Location:** Alcott Center

NEW **Conflict TKO: Rocky Style**



Negativity loves misery, and takes pleasure in consuming our lives through demands, words and actions from others that tend to punch the happy right out of us. Find your inner Rocky Balboa, and work with licensed and certified professional life and relationship coach, Anita Myers, as your professional advocate standing ringside (your proverbial Mick). It's time to train your inner-power to take on your conflicts and win. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38952	Wed	Oct 9 - Oct 23	7 - 8 pm	\$45/\$56

Instructors: InnerScope Consulting **Location:** Alcott Center

NEW **Making The Better Connection**



Are you tired... of being tired... of not finding that relationship that matters to you? Welcome to the relationship readiness launching pad for people who are ready to have a more valuable, loving and successful relationship. Throw out the list you compiled of that perfect person, and learn the better route to getting what you want: a healthy and loving relationship. You know you want better. You know you deserve better. Take a healthy break in reading advice columns, watching relationship shows and listening to self-help audio books, and discover your truth with a professional advocate who will guide you to what your meaning of dating really is. This class is great for college students to single and divorced adults. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38953	Sat	Sept 28 - Oct 12	10 - 11 am	\$45/\$56

Instructors: InnerScope Consulting **Location:** Alcott Center

NEW **Super Hero Dating**



Break the habit; learn how to make every date worth your time. Licensed and certified professional life and relationship coach, Anita Myers, brings reality back to our true purpose in dating. Whether you are new to dating, a veteran dater, or re-entering the dating world, this program is designed to empower you in recognizing and letting go of your own kryptonite, understanding your powers to have them work for your benefit, master your abilities, and date like a super hero. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38951	Wed	Sept 18 - Oct 2	7 - 8 pm	\$45/\$56

Instructors: InnerScope Consulting **Location:** Alcott Center

NEW **The Power Within You**



Learn the beginning stages of how to release the forces inside you and get what you want. You will be introduced to some techniques to release the fears, doubts and worries that are holding you back from getting what you want in life. You will learn how to help yourself receive an answer when you are unsure on what to do or what is wanted out of life. An imagery session is also included in the class. Step out of your comfort zone and go for it. (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38940	Wed	Sept 25	7 - 9 pm	\$42/\$53
38941	Wed	Oct 23	7 - 9 pm	\$42/\$53
38942	Wed	Nov 20	7 - 9 pm	\$42/\$53

Instructor: Soskich **Location:** Alcott Center

Mah Jongg



Come join this class to be part of the millions of players that already enjoy the game called Mah Jongg. It is a fascinating rummy-like game played with tiles rather than cards. In a small amount of time and effort, you will be able to learn the elementary principles of the game. At the completion of this class, every student will know the Mah Jongg basics and be able to play the game with a group on their own. The class is for beginners and is perfect for those who already know the game, but need refresher classes to brush up on skills, rules and strategies. Mah Jongg sets are encouraged, but not required for this class. Mah Jongg cards are required for every student (priced at \$8 and supplied by the instructor) at the first class. Students already having a 2012 National Mah Jongg League published card are exempt. **No class on November 26 and 27.** (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38928	Tue	Sept 17 - Oct 22	9:30 - 11:30 am	\$60/\$75
38929	Wed	Sept 18 - Oct 23	6:30 - 8:30 pm	\$60/\$75
38930	Tue	Nov 5 - Dec 17	9:30 - 11:30 am	\$60/\$75
38932	Wed	Nov 6 - Dec 18	6:30 - 8:30 pm	\$60/\$75

Instructor: Max **Location:** Alcott Center

Adult Sports

Men's Informal Basketball



Informal pickup games with plenty of court time are a great way to work up a sweat and work off those office tensions. Be a part-time gym rat, but register early before the program fills up. Please bring both a white and a dark shirt to each session. (CB)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38651	Tue	Oct 1 - Dec 17	6 - 8 pm	\$48/\$60
38652	Tue	Oct 1 - Dec 17	8 - 10 pm	\$48/\$60

Location: Cooper Middle School

38650	Sun	Oct 6 - Dec 22	8 - 10 am	\$60/\$75
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Location: Buffalo Grove High School

Co-Rec Volleyball



For noncompetitive and informal games, our co-rec volleyball is a great way to enjoy this fun sport. Register early for this popular program. (CB)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38653	Mon	Oct 7 - Dec 16	7:30 - 9:30 pm	\$44/\$55

Location: Cooper Middle School

Co-Rec Soccer



In this pick-up league, games will be played on Saturday mornings and registration is accepted on an individual basis. League rules and registration information is available on the Park District website at bgparks.org. Games being played at Buffalo Grove High School may have a later start time than 7 pm on occasion due to school activities. For more information, please contact Chris Eckert at 847.850.2123 or chris@bgparks.org. **No game on September 14.**

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
39069	Sat	Sept 7 - Nov 2	9 - 10 am	\$35/\$44

Location: Willow Stream Park

39070	Tue	Sept 10 - Oct 29	7 - 8 pm	\$35/\$44
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Location: Buffalo Grove High School

Pickleball



Pickleball is a racquet sport that combines elements of badminton, tennis and table tennis. It is played with a hard paddle and a wiffle ball on a court with the same dimensions as a doubles badminton court. The net is similar to a tennis net; however, it is 2 inches lower. Equipment is provided. For more information about Pickleball and its rules, visit usapa.org. **Please note:** You may also just show up and pay a drop in fee of \$5. **No class on November 28.** (CB)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38654	Thu	Oct 3 - Dec 19	6:30 - 9:30 pm	\$44/\$55

Location: Ivy Hall School



Fall Mens Softball Leagues

Open registration for Fall Mens Softball Leagues has begun, and is open thru August 10. Information is available on the Park District's website at bgparks.org. (TW)

Adult Softball Field Supervisors

The Buffalo Grove Park District is looking for field supervisors for the adult fall softball season. Field supervisors are responsible for setting up fields and overseeing the adult softball leagues. Games start in late August and run thru October. High School students and adults are encouraged to apply. Call T.J. Wilkes at 847.850.2199 for more information.

Karate



The self-defense skills learned through karate are invaluable, and this program offers a variety of benefits for each student. For the businessperson, this is an ideal way of releasing tensions and developing cardiovascular fitness. This class is a must for the single parent wishing to learn protection skills for themselves and their families. Karate movements develop poise and agility, while improving muscle tone. All classes are taught by instructors of the Illinois Shotokan Karate Club, under the direction of John DiPasquale, 4-time National Champion and former U.S. Karate National Coach. Frontier Park is located at 1933 Kennicott in Arlington Heights. **No Class on November 27 and 28.** (TVV)

Age: 15 years and up

Code	Belt	Day	Date	Time	R/NR Fee
38788	White - Purple	Wed	Sept 11 - Dec 18	7:30 - 8:30 pm	\$126/\$158
38791	Brown - Black	Wed	Sept 11 - Dec 18	8:30 - 10 pm	\$172/\$215

Instructor: ISKC

Location: Cooper Middle School

38789	White - Green	Thu	Sept 12 - Dec 19	7:30 - 8:30 pm	\$126/\$158
38790	Purple and up	Thu	Sept 12 - Dec 19	8:35 - 10 pm	\$172/\$215

Instructor: ISKC

Location: Frontier Park - Arlington Heights

White Tiger Boxing



White Tiger Boxing is led by Marco Aceituno, a world class boxer and coach, with over 20 years of boxing and competition experience under his belt. With 169 fights and a record of 153-16, Marco has brought his boxing talent and expertise to White Tiger Krav Maga with his very own boxing program. Students will punch focus mitts, hit heavy bags, train footwork and movement, spar, and learn the ins and outs of western style boxing. Technique and conditioning will be emphasized as students are run through the training regimens of professional boxers. The White Tiger Martial Arts Center is an official Krav Maga Worldwide Training Center, and is located at 286 W. Palatine Road in Wheeling. (TVV)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38784	Mon	Sept 30 - Dec 16	12:30 - 1:30 pm	\$120/\$150
38785	Tue	Oct 1 - Dec 17	6 - 7 pm	\$120/\$150
38786	Sat	Oct 5 - Dec 21	8:30 - 9:30 am	\$120/\$150

Instructor: White Tiger Staff

Location: White Tiger Martial Arts Center



Krav Maga



Krav Maga, led by Master George Buruian (Expert Level 5), is a street oriented self defense program that is the official self defense and fighting system of the Israeli Defense Forces, and is favored by federal, state, and local law enforcement agencies across the United States. The system has a broad-based appeal because of its simple, no-nonsense approach to personal safety. The system is characterized by a logical and coherent approach to self defense, which enables one to achieve a relatively high level of proficiency within a short period of time. Krav Maga is an ideal self defense system for men, women and children of all ages and physical abilities. The White Tiger Martial Arts Center is an official Krav Maga Worldwide Training Center, and is located at 286 W. Palatine Road in Wheeling. (TVV)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38780	Tue	Oct 1 - Dec 17	8 - 8:50 pm	\$120/\$150
38781	Thu	Oct 2 - Dec 18	6 - 6:50 pm	\$120/\$150
38782	Fri	Oct 4 - Dec 20	12:30 - 1:20 pm	\$120/\$150
38783	Sun	Oct 6 - Dec 22	11:30 am - 12:20 pm	\$120/\$150

Instructor: White Tiger Staff

Location: White Tiger Martial Arts Center

NEW Twin Rinks Ice Pavilion



Beginning learn to skate classes are held at Twin Rinks Ice Pavilion. Balance and basic forward skating skills are taught using the Ice Skating Institute program. Bring your own skates or skate rental is included. There are no other equipment requirements, although helmets and knee/shin pads are recommended. Twin Rinks Ice Pavilion is located 1.7 miles north of Lake Cook Road on Weiland. The address is 1500 Abbott Ct. in Buffalo Grove. Call 847.821.RINK for more information. (CB)

Age: 18 years and up

Code	Day	Date	Time	Fee
39071	Sat	Aug 31 - Oct 19	11:30 am - 12 pm	\$162
39072	Sat	Oct 26 - Dec 21	11:30 am - 12 pm	\$143

Instructor: Twin Rinks Staff

Location: Twin Rinks Ice Pavilion

HERITAGE
TENNIS CLUB
Arlington Heights
PARK DISTRICT

SAVE 10%

First time participants, bring this coupon when you register for classes at Heritage Tennis Club. Coupon must be redeemed at registration. Limit one per participant.
Buffalo Grove Park District

In an effort to provide the highest quality program to our patrons, the Buffalo Grove Park District continues to work with the Arlington Heights Park District and their professional staff at the Heritage Tennis Club to offer tennis to you all year long. Staff from Heritage Tennis Club will offer indoor instruction for fall, winter, and spring at the Heritage Tennis Club in Arlington Heights. You do not have to be a resident of Arlington Heights or a member of Heritage Tennis Club to participate in the indoor lesson program. There are nonmember fees so participants can try the program before deciding to join and receive the benefits of the Club's membership. Contact the Heritage Tennis Club at 847.398.7780.

Heritage Tennis Club, 7 West College Drive, Arlington Heights, IL, 60004

Golf & Sports Center



801 McHenry Road • (½ mile west of Buffalo Grove Road) • 847.459.2321

Now in its 14th year of operation, the Buffalo Grove Golf and Sports Center is recognized as one of the top indoor golf learning centers in North America. The Center offers a temperature controlled, realistic practice environment suitable for working on full shots and the short game. The Buffalo Grove Golf and Sports Center features a putting green and a separate chipping green with 2 sand bunkers. We also have a full service pro shop with clubs, soft goods, custom fitting equipment, club repair and a snack shop.

We also offer golf specific fitness and conditioning through NovaCare. The NovaCare specialists are recognized by the PGA, LPGA and Senior Tours for their expertise. NovaCare will be working side by side with our Nationally ranked golf professionals, John Andrews, Todd Sones and Kristy Vik. For more information or to schedule an appointment, call **847.459.2321**.

Hours

Whether you are an early morning, midday or evening golfer we can accommodate you.

Opening November 9

Monday	9 am - 4 pm
Tuesday - Friday	9 am - 10 pm
Saturday	7 am - 10 pm
Sunday	7 am - 5 pm

Fees (per ½ hour)

Weekdays, before 6 pm	\$10
Weekdays, after 6 pm	\$11
Weekends	\$11
5 hour pass	\$85
Season Membership	\$500

For more information, call **847.459.2321**.

Team Rentals

The Buffalo Grove Golf and Sports Center is a unique indoor training and practice facility. With 30,000 square feet of space and a 65-foot ceiling height, this versatile facility is great for indoor soccer, baseball, softball, lacrosse and football. Throughout the year the Buffalo Grove Golf and Sports Center offers a variety of sport specific athletic training programs, as well as an athletic enhancement program, and a unique fitness and conditioning program for youths and adults involved in any sport.

Non-Prime Season

September 8 - October 31 and April 7 - May 4
Everyday 9 am - 12 am

Prime Season

November - March

Monday 5 pm - 12 am
Sunday 6 pm - 12 am

Team Rentals

Full Field
1 Rental \$210
5+ Rentals \$200

One Field/Half of Sports Center

1 Rental \$135
5+ Rentals \$125

Parties & Private Rentals

The Golf and Sports Center is also available for your corporate event, party or for private rentals. Special features can be added to your event such as professional instruction, guidance on how to golf "pain free" from our therapists, and professional club fitting services. To plan your event, please call Golf and Sports Center Manager Kristy Vik at **847.459.2321**.



Ultimate Sports Parties

Whether it's soccer, baseball, softball, flag football, lacrosse, golf or anything else, we have your party needs covered. We feature a large party patio, which offers umbrella picnic tables, chairs and benches. All packages include play time and party time! There are 4 party packages for you to choose from, or call our office to customize a party for your needs. In addition, to help with your party we supply birthday balloons, which can be taken home, tables, chairs and table covers. **Cleats are not permitted inside of the facility.** If applicable, participants may wish to bring personal golf clubs, baseball/softball gloves, bats, shin guards or other personal athletic equipment that may not be provided for the party. Catering is also available. To customize your event please call **847.459.2321**.

Rates given below are for parties of 50 and under.

Package 1

- 2 Hour Party Package
- \$250

Package 3

- 3 Hour Party Package
- \$375

Package 2

- 2 1/2 Hour Party Package
- \$315

Package 4

- 4 Hours Party Package
- \$500

Other Options

If you have any questions, please call 847.459.2321 or visit our website at bgparks.org. The Buffalo Grove Golf and Sports Center is located at 801 McHenry Road in Buffalo Grove.

Junior Level 1

Our Junior Golf Program is designed to present the fundamentals of the sport, including the physical skills, rules, etiquette and preparation for the golf course. There will be instructional materials provided, along with practical instruction. Juniors will be evaluated at the end of each session on performance in order to continue on to the next level. Golf clubs will be provided if needed. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each. **No class on November 28.** (KV)

Age: 7 - 12 years

Code	Day	Date	Time	R/NR Fee
38957	Thu	Sept 26 - Oct 24	5 - 5:45 pm	\$115/\$130
38961	Sat	Sept 28 - Oct 26	4 - 4:45 pm	\$115/\$130
38962	Thu	Oct 31 - Nov 21	5 - 5:45 pm	\$101/\$113
38963	Sat	Nov 2 - Nov 30	4 - 4:45 pm	\$115/\$130

Instructor: Takamura

Location: Golf & Sports Center

Junior Level 2

This class is designed to continue advancing the student by improving swing mechanics, posture, grip and alignment. The finer points of the short game (chipping and pitching) will also be explored. Golf clubs will be provided if needed and all participants must have completed Level 1. The fee for all classes includes a practice time punch card for 5 visits of 30 minutes each. **No class on November 28.** (KV)

Age: 7 - 12 years

Code	Day	Date	Time	R/NR Fee
38964	Thu	Sept 26 - Oct 24	6 - 6:45 pm	\$115/\$130
37968	Sat	Sept 28 - Oct 26	5 - 5:45 pm	\$115/\$130
37969	Thu	Oct 31 - Nov 21	6 - 6:45 pm	\$101/\$113
37970	Sat	Nov 2 - Nov 30	5 - 5:45 pm	\$115/\$130

Instructor: Takamura

Location: Golf & Sports Center

Adult Level 1 - Beginning

This instructional class is designed to introduce students to grip, posture, alignment and the fundamentals of the game. All aspects of golf will be covered, including the full swing, short game and putting. Golf clubs will be provided if needed. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each. (KV)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38971	Fri	Sept 13 - Oct 11	6 - 7 pm	\$125/\$150
38975	Sun	Sept 22 - Oct 20	8 - 9 am	\$125/\$150
38976	Fri	Oct 18 - Nov 15	6 - 7 pm	\$125/\$150
38977	Sun	Oct 27 - Nov 24	8 - 9 am	\$125/\$150

Instructor: Takamura

Location: Golf & Sports Center



Adult Level 2 - Intermediate

This instructional class is designed for the experienced golfer interested in improving swing mechanics. The fundamentals (grip, posture and alignment) will be reviewed and the finer points of the short game (chipping and pitching) will be worked on in detail. Golf clubs will be provided if needed. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each. (KV)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38978	Fri	Sept 13 - Oct 11	7 - 8 pm	\$125/\$150
38982	Sun	Sept 22 - Oct 20	9 - 10 am	\$125/\$150
38984	Fri	Oct 18 - Nov 15	7 - 8 pm	\$125/\$150
38985	Sun	Oct 27 - Nov 24	9 - 10 am	\$125/\$150

Instructor: Takamura

Location: Golf & Sports Center

Ladies Lessons - Level 1

This instructional class is for women who are new to golf and want to learn golf fundamentals. It is designed to introduce ladies to grip, posture, alignment and the fundamentals of the game. All aspects of golf will be covered, including the full swing, short game and putting. This is a perfect class to take with your friends. Golf clubs will be provided if needed. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each. (KV)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38986	Wed	Sept 11 - Oct 9	6 - 7 pm	\$125/\$150
38987	Wed	Oct 16 - Nov 13	6 - 7 pm	\$125/\$150

Instructor: Takamura

Location: Golf & Sports Center

Ladies Lessons - Level 2

This class is for women who have some experience with golf. Focus will be placed on improving swing mechanics. The fundamentals (grip, posture and alignment) will be reviewed and the finer points of the short game (chipping and pitching) will be worked on in detail. This is a perfect class to take with your friends. Golf clubs will be provided if needed. The fee for all classes includes a practice time punch card for 10 visits of 15 minutes each. (KV)

Age: 13 years and up

Code	Day	Date	Time	R/NR Fee
38988	Wed	Sept 11 - Oct 9	7 - 8 pm	\$125/\$150
38989	Wed	Oct 16 - Nov 13	7 - 8 pm	\$125/\$150

Instructor: Takamura

Location: Golf & Sports Center



The Hyman and Miriam Reiner Gallery

The Hyman and Miriam Reiner Gallery is located at the Buffalo Grove Fitness Center. In support of the Park District's commitment to cultural arts, Commissioner Reiner's family has made a significant financial contribution in honor of their parents, Hyman and Miriam. Their contribution will be used to maintain the art gallery. The public is welcome to view the gallery during the Fitness Center's operating hours. Various pieces of artwork are for sale.

Fitness & Wellness

Forever Fit

Have you been talking about getting in shape, but for whatever reason not taken that first step? If you need a class to get started on a fitness regimen, we have developed one that is perfect for seniors, or people that have never exercised before, that will improve your quality of life. This program will combine cardio, flexibility and balance training, as well as muscle strength to perform daily activities with more vigor. Come join our co-ed, non-intimidating class. (ML)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38581	Tue	Sept 10 - Dec 17	9:45 - 10:30 am	\$45/\$56
38582	Thu	Sept 12 - Dec 19	9:45 - 10:30 am	\$42/\$53

Instructor: Barnett

Location: Emmerich Park

Step 'N Strength

This class alternates between segments of step aerobics to burn calories and fat, and sculpting work to tone your body, thereby increasing your body's metabolism. Some segments are longer, while some are shorter drill-type segments to allow your body to continue burning calories and fat long after the class is over. While this is not a beginner class (as far as the stepping is concerned), the choreography on the step stays the same from week to week, allowing you time to get the steps if they seem tricky at first. The sculpting segments change from week to week; and, we will use a variety of equipment for muscle work, including hand weights, weighted bars, stability balls, resistance tubes, core discs, and your own body weight. Core work and stretching are always included in this fun, non-intimidating class as well. (ML)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38597	Wed	Sept 4 - Dec 18	9:15 - 10:15 am	\$76/\$95
38595	Mon	Sept 9 - Dec 16	7:05 - 8:05 pm	\$71/\$89
38596	Wed	Sept 11 - Dec 18	8:05 - 9:05 pm	\$71/\$89

Instructor: Nelson

Location: Emmerich Park

38598 Sat Sept 7 - Dec 21 8:45 - 9:45 am \$67/\$83

Instructor: Nelson

Location: Alcott Center

Muscle Fit

Exercise all major muscle groups using various forms of resistance. Strengthen and tone your muscles, rev up your metabolism and increase your bone density in a non-intimidating, fun class. (ML)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38583	Tue	Sept 10 - Dec 17	8:30 - 9:30 am	\$71/\$89
38584	Thu	Sept 12 - Dec 19	8:30 - 9:30 am	\$67/\$83

Instructor: Barnett

Location: Emmerich Park

Mat Pilates

Pilates certified instructor Lois Nelson will take you through a class that is designed for all ages and abilities. Pilates is a total body conditioning exercise method that integrates mind, body and breath to help you achieve your goals. The benefits are many. It focuses on strengthening the powerhouse or core, helps restore your natural balance, improves flexibility, strength and posture, gives sleek and toned muscles, reduces stress, discomfort and pain, helps prevent bone deterioration, and assists pre and post-natal women in breathing, body concentration and recovery of body shape and tone after delivery. Pre and post-natal (less than 6 weeks after delivery) women need a doctor's note to participate. You will need to bring a towel and a roll-up yoga-style mat. (ML)

Age: 16 years and up

Code	Days	Date	Time	R/NR Fee
38587	Wed	Sept 4 - Dec 18	10:30 - 11:30 am	\$104/\$130
38585	Mon	Sept 9 - Dec 16	9:25 - 10:25 am	\$98/\$122
38586	Mon	Sept 9 - Dec 16	8:15 - 9:15 pm	\$98/\$122

Instructor: Nelson

Location: Emmerich Park

Ball Pilates

This class provides the same benefits as the Mat Pilates class; however, the addition of the stability ball adds fun and variety while increasing the focus on the core muscles. (ML)

Age: 16 years and up

Code	Days	Date	Time	R/NR Fee
38588	Fri	Sept 6 - Dec 20	9:25 - 10:25 am	\$98/\$122

Instructor: Nelson

Location: Emmerich Park

20% Senior Discount



This symbol indicates programs that are eligible for the 20% discounted fee.

Express Intervals

Working at your own pace and fitness level, this class uses high intensity interval training (HIIT) and boot camp-type training methods to crank up your body's ability to burn calories and fat. This class alternates between high energy/intensity cardio segments and either rest or sculpting recovery segments. The shortness of these bursts (30 - 60 seconds) allows you to work to your own personal highest intensity level. This high and low pattern helps to improve both your aerobic and anaerobic energy systems. There is some plyometric work, but modifications are always made for those who want a lower impact workout. A variety of equipment will be used from week to week, including hand weights, weighted bars, resistance tubes, stability balls, steps, core discs and more for a fun, non-intimidating total body workout. (ML)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38594	Fri	Sept 6 - Dec 20	8:30 - 9:15 am	\$53/\$67
38593	Mon	Sept 9 - Dec 16	8:30 - 9:15 am	\$53/\$67

Instructor: Nelson

Location: Emmerich Park



Zumba

Are you looking for a new workout that is fun and gets you into a good sweat? Do you wish you could really swing your hips to a salsa rhythm? The new Zumba workout rave is worth the time. Classes combine Latin dances like Flamenco, Salsa, Merengue and Cumbia with a fitness regimen that guarantees fun with a workout. Move beyond sweating to the oldies and twist your hips to a spicy Latin beat. Workouts involve total body movement, while mostly toning abs, buns, hips and thighs. Lose weight and learn to dance now! **No class on October 31 and November 28.** (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38862	Sun	Sept 15 - Dec 15	9 - 10 am	\$134/\$168
38860	Tue	Sept 17 - Dec 17	7 - 8 pm	\$134/\$168
38861	Thu	Sept 19 - Dec 19	7:05 - 8:05 pm	\$115/\$145

Instructor: Sotelo

Location: Alcott Center



Zumba Gold

Zumba® Gold takes the popular Latin-dance inspired workout Zumba®, and makes it accessible for seniors and beginners. It breaks down all Latin rhythms to address the needs of active older adults, or the unconditioned beginners. Experience with dance is not required. The intention of the class is to move a little and have a lot of fun, even if you don't perform each move perfectly. Classes combine Latin dances like Flamenco, Salsa, Merengue and Cumbia, with a fitness regimen that guarantees fun with a workout. Move beyond sweating to the oldies and twist your hips to a spicy Latin beat. **No class on October 31 and November 28.** (CE)

Age: 18 years and up

Code	Day	Date	Time	R/NR Fee
38863	Thu	Sept 26 - Dec 19	9:30 - 10:15 am	\$55/\$70

Instructor: Sotelo

Location: Alcott Center



Zumba Toning

It's an exciting, Latin inspired, dance 'n tone program. This is the original dance-fitness class taken to the next level. Zumba® Toning is an innovative muscle training program with the addition of light weight toning sticks. We provide the 2 ½ pounds, sand filled toning sticks, which are very similar to maracas. In a relatively short period of time, this challenging workout helps in building coordination and muscle endurance. The new and exciting Zumba® Toning program is designed to offer the participant a safe, yet effective total body toning workout! Previous Zumba® experience (at least one session) is required before taking the Zumba® Toning class. **No class on October 31 and November 28.** (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38864	Thu	Sept 19 - Dec 19	6 - 7 pm	\$115/\$145

Instructor: Sotelo

Location: Alcott Center



Beginner Step Aerobics Workshop

Have you always wanted to give step aerobics a try, but were too intimidated? Fear no more! This 2-week workshop is designed to introduce participants to the basics of step aerobics exercise. Day one will consist of learning and practicing the basic steps and fundamentals of this type of exercise. On day 2, you will begin to learn step patterns and the choreography of several different step patterns that are put together to create a routine. This class will prepare you to take the popular step and strength classes that are offered. No prior step experience is required. You will also receive an informational handout on the first day that lists steps, DVDs and websites that will help you continue to learn and become more comfortable with this type of exercise. **No class on September 14.** (ML)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38589	Sat	Sept 7 - Sept 21	1 - 1:45 pm	\$6/\$7

Instructor: Nelson

Location: Emmerich Park



Fitness MMA Conditioning

This program uses the conditioning methods of mixed martial arts (MMA) professionals to enable men and women to achieve the lean, fit body of an MMA fighter. T.O.P. staff will lead you through a total body workout that will help develop strength and burn fat. Every class consists of drills from the MMA disciplines, including aerobic exercises such as shadow boxing and footwork, anaerobic exercises such as punching/kicking, focus mitts and use grappling bags in muscle-building resistance exercises, and much more. The class is non-contact between participants, but contact with mitts and exercise equipment is used. **No class on October 14, November 11, 25 and 27.** (CE)

Age: 16 years and up

Code	Day	Date	Time	Fee
39017	Mon	Sept 9 - Dec 16	7 - 8 pm	\$120
39018	Wed	Sept 11 - Dec 18	7 - 8 pm	\$140
39019	Mon, Wed	Sept 9 - Dec 18	7 - 8 pm	\$225

Instructor: Ripp

Location: Aptakasic Junior High School



Hatha Yoga

In this combined Hatha yoga class, we'll explore the connections between mind, body and breath. You'll learn techniques to help you relax and reduce stress. Additional benefits include flexible joints, elongated muscles and increased energy. Hatha yoga in the Himalayan tradition is a gentle and meditative approach. In yoga we all work to our own capacity, so all levels are welcome. You may bring a sticky mat or use the ones provided and dress for comfortable movement. **No class on November 27.** (CE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38764	Sun	Sept 8 - Nov 24	9 - 10:15 am	\$130/\$163
38765	Wed	Sept 11 - Dec 4	6:30 - 7:45 pm	\$130/\$163

Instructor: Chamberlain, CYT Location: Alcott Center

Chair Yoga

Get fit while you sit. Inhale, exhale, stretch and bend as you release your stress with Yida. If you can breathe, you can do Chair Yoga. This more gentle form of yoga has caught on. You no longer have to get down on a yoga mat because this yoga class is done sitting in, and standing, holding on to your chair. It is easier on those less limber muscles and is known to improve balance, increase your energy and relieve stress and tension. Please bring your yoga mat or a beach towel with you. **No class on September 5 and November 28.** (TE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38607	Mon	Aug 26 - Oct 21	4:30 - 5:30 pm	\$60/\$68
38604	Thu	Aug 29 - Oct 24	4:30 - 5:30 pm	\$60/\$68
38606	Tue	Sept 3 - Oct 22	9:15 - 10:15 am	\$60/\$68
38608	Mon	Oct 28 - Dec 16	4:30 - 5:30 pm	\$60/\$68
38605	Tue	Oct 29 - Dec 17	9:15 - 10:15 am	\$60/\$68
38603	Thu	Oct 31 - Dec 19	4:30 - 5:30 pm	\$52/\$59

Instructor: Nahar, ERYT Location: Alcott Center

Yogic Breathing Workshop

Breath is respiration, life, vitality, energy and strength. Your breath is an essential connection between your own mind and body, and between you and this world. Explore the 3-way connection between mind, body and breath. We will discuss and demonstrate several breathing techniques in the Yogic Breath Regulation System. You'll discover that you can actually alter the state of mind and body through right kind of breathing. Regular practice of Pranayam (breath regulation) helps prevent frequent sinus infections, runny/blocked noses, and helps with relaxation. Please bring your yoga mat or a beach towel with you. (TE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38601	Tue	Oct 8	6 - 8 pm	\$25/\$30

Instructor: Nahar, ERYT Location: Alcott Center

Yoga For A Healthy Back Workshop

Nearly 90% of American adults suffer from back pain, and the number continues to climb. Much of our back pain results from how we hold ourselves and how we move. Join us to learn simple yoga postures and movement techniques that will help you keep your back in good shape. Don't give up on your back. Take back your back by learning and practicing these preventive and healing movements. Please bring your yoga mat or a beach towel with you. (TE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38600	Tue	Sept 10	6 - 8 pm	\$25/\$30

Instructor: Nahar, ERYT Location: Alcott Center

Sixth Sense Yoga Workshop

Develop your intuition, sixth sense, sixth chakra by practicing yoga blind-folded in this workshop to experience the sight unseen. Our eyes constantly draw us into the outside world with so many stimulants that we forget to go within, to trust our inner self. Eyes also take over our other senses. Closing your eyes through this entire workshop will sharpen your other senses. Participate to experience it. Please bring your yoga mat or a beach towel with you. (TE)

Age: 16 years and up

Code	Day	Date	Time	R/NR Fee
38602	Tue	Nov 12	6 - 8 pm	\$25/\$30

Instructor: Nahar, ERYT Location: Alcott Center

Tai Chi Chung

Tai Chi is a Chinese exercise for people of all ages intended to promote better health and prevent sickness. Practicing on a daily basis strengthens the immune system, improves overall health and maintains the body's natural balance. Tai Chi Chung consists of slow, flowing and relaxed movements practiced without force or power. Breathing matched in time to the movements is the key to gaining the full benefits of this form. Learning this form will help release tension, improve circulation, increase flexibility and develop muscle tone. We recommend that first time students attend the beginning classes before taking the continuing course. **No class on October 23 and November 27.** (CE)

Age: 18 years and up

Code	Level	Day	Date	Time	R/NR Fee
38749	Beginning	Wed	Sept 11 - Oct 16	7 - 8 pm	\$65/\$81
38751	Beginning	Wed	Oct 30 - Dec 11	7 - 8 pm	\$65/\$81
38753	Beginning	Wed	Sept 11 - Dec 11	7 - 8 pm	\$130/\$162
38750	Continuing	Wed	Sept 11 - Oct 16	7 - 8 pm	\$65/\$81
38752	Continuing	Wed	Oct 30 - Dec 11	7 - 8 pm	\$65/\$81
38754	Continuing	Wed	Sept 11 - Dec 11	7 - 8 pm	\$130/\$162

Instructor: Fugate Location: Alcott Center



KEEP ON MOVING.

Whether it's walking the dog, playing a game of tag in the yard, or raking the leaves, at Athletico we believe there is freedom from pain. Stop by Athletico Buffalo Grove. Get a complimentary injury screening. Find out what's wrong, and start living life pain free.

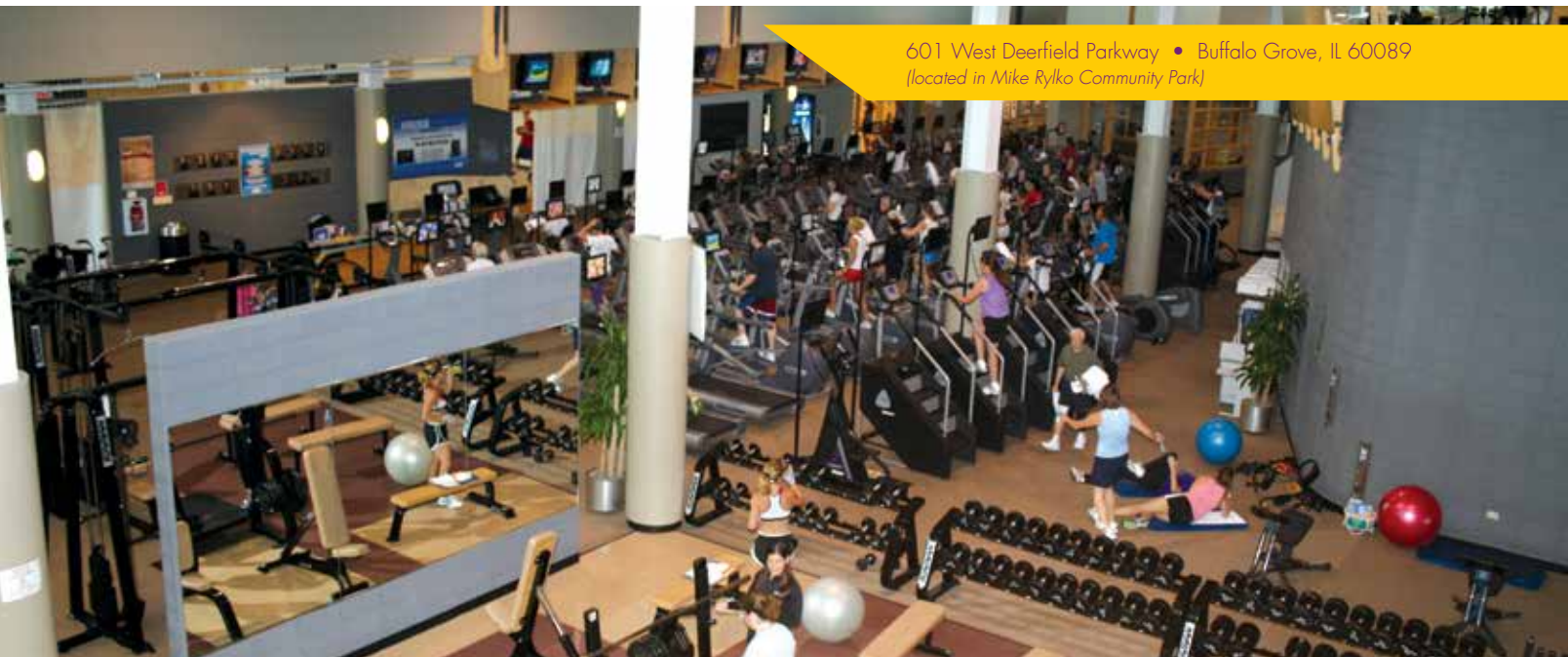
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Buffalo Grove Fitness Center
601 Deerfield Pkwy., 847-215-0022

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BUFFALO GROVE FITNESS CENTER

CLUB INDUSTRY
TOP 100

Named one of Club Industry's Top 100 Fitness Centers in the United States for the third consecutive year.



601 West Deerfield Parkway • Buffalo Grove, IL 60089
(located in Mike Rylko Community Park)

The Fitness Floor

- Cardiovascular and Weight Resistance Equipment featuring state of the art equipment from Life Fitness, Precor, Hammer Strength, Stairmaster, Free Motion, NuStep, and Magnum.
- Aquatics Area featuring 5-lane lap pool, warm water therapy pool, sauna, and whirlpool.
- Special Programs include varieties of Taekwondo, swim lessons and youth programming.
- Kids Club featuring indoor and outdoor activity areas, XerPro Sportwall® and crafts.
- Yoga and Pilates studios.
- Women's Workout Room
- Personal Training
- Group Exercise
- Spa Services
- Sports Performance Training

Fitness Center Hours

Monday - Thursday	5 am - 10 pm
Friday	5 am - 9 pm
Saturday & Sunday	6 am - 7 pm

Please call the Buffalo Grove Fitness Center for special holiday hours.

847.353.7500 • bgfitness.org

Kids Club

Drop off your children while you exercise at the Buffalo Grove Fitness Center. Kids Club is for children age 3 months - 12 years and includes an outdoor playground, XerPro Sportwall® and crafts. We also offer birthday parties. For more information, please call 847.353.7535.

Training

Our trainers are nationally certified and dedicated to guiding and educating those who wish to embark on a journey of optimal health and fitness. We offer different forms of training and various packages to suit your fitness needs. To learn more about training please contact Sharon Stark at 847.353.7508 or sstark@bgfitness.org.

Personal Training

Improve all aspects of fitness. A certified trainer will design and take you through workouts that will help you to achieve your fitness and/or weight loss goals.

Pilates Training

A contemporary approach to health and well being, Pilates will improve strength, balance, core, posture alignment, and joint mobility. Pilates is a caring method of training, and is often used in physical therapy settings. Our Pilates training staff is certified through an internationally accredited organization.

Sports Performance Training

Training designed to improve several key areas of athletic performance: speed, agility, strength, and explosive power. These key areas give athletes increased levels of athletic ability.

N-Stretch Flexibility Training

Improve range of motion with our N-Stretch flexibility sessions. A certified trainer will take you through a brief assessment to evaluate the muscle length and then assist you in stretching using Contract/Relax techniques.

Heart Strong - Post Cardiac Rehab Program

Heart Strong classes are designed for individuals with limitations and concerns with their cardiac health. Participants will be taken through exercises focused on helping cardiac rehab patients, and those living with chronic obstructive pulmonary disease (COPD). Additionally, these classes will meet the needs of anyone with balance and stability concerns, blood pressure issues, or those who would prefer to be monitored during exercise. Classes are opened to members and nonmembers.



Open To The Public

On-site childcare available

For more information or to schedule your appointment, call Vitality Spa at 847.353.7590.

Vitality Spa welcomes fall with new services to celebrate the season!

Rejuvenate your mind and body with all of the riches the season has to offer!

Enjoy the following specials through **September 30, 2013**.

Call us today to schedule your appointment.

FIRST TIME CLIENTS

We invite you to experience our customized services with highly skilled technicians at Vitality Spa. As a special thank you for trying us we are offering the following first time client discounts.

20% off Massage or Facial services*

*of 50 minutes or more

10% off any nail services

For clients who have never had a service at Vitality Spa, not valid with any other discount or promotion. Not valid toward product or gift card purchases. Must mention discount at time of booking.

VITALITY REWARDS PROGRAM

Earn spa dollars with every service at Vitality Spa. Please inquire with one of our Spa Coordinators to sign up for your Vitality Rewards card today and start earning spa dollars towards your future services!

NEW! EYES FRONT & CENTER

This unique service includes an eyebrow sculpt, hydrating eye treatment, and a lash and brown tint. Only \$50 (value of \$70)

All offers valid until September 30, 2013. Not available in conjunction with any other promotions or offers. Discount may only be used once per person. Offer not valid for retail product items or gift certificates. Coupon must be presented to redeem offer.



Specialty Programs

Warm Water Arthritis

Taking place in our warm water therapy pool, Arthritis Foundation certified instructors will lead you through a series of exercises that can help relieve pain and stiffness caused by arthritis. These classes are also great for Fibromyalgia and pain management. **No class on November 28.**

Age: 16 years and up

Code	Day	Date	Time	M/NM Fee
4101	Mon	Sept 30 - Dec 16	5:45 - 6:30 pm	\$72/\$84
Instructor: Carr		Location: Buffalo Grove Fitness Center		
4103	Wed	Oct 2 - Dec 18	5:45 - 6:30 pm	\$72/\$84
Instructor: Murtha		Location: Buffalo Grove Fitness Center		
4100	Mon	Sept 30 - Dec 16	10:15 - 11 am	\$72/\$84
4102	Tue	Oct 1 - Dec 17	10 - 10:45 am	\$72/\$84
4104	Thu	Oct 3 - Dec 19	10 - 10:45 am	\$66/\$77
4105	Thu	Oct 3 - Dec 19	10:50 - 11:35 am	\$66/\$77
4106	Mon	Sept 30 - Dec 16	10:15 - 11 am	\$108/\$120
	Thu		10:50 - 11:35 am	
Instructor: Jassin		Location: Buffalo Grove Fitness Center		

Healthy Minds, Healthy Bodies

The Buffalo Grove Fitness Center recognizes the challenges faced by returning veterans with a disability. We now offer a program for disabled veterans to keep them connected physically, socially and mentally with other veterans and members of the community.

Veterans accepted into the program receive a free full year of membership to the Buffalo Grove Fitness Center, including a free membership for a companion. Veterans also receive free personal training sessions*, post-rehabilitative exercise materials for home use, expert advice from trained staff at the Rehabilitation Institute, and invitations to optional social events where veterans can meet other program participants.

*The start date and duration of training sessions will be tailored to meet the individual needs of each client. You will receive an initial consultation with a personal trainer at the Buffalo Grove Fitness Center. This consultation is required to help you get started and determine how this program will work for you. A disability (mental and/or physical) of 10% or more is required to be qualified into the Healthy Minds Healthy Bodies program.

Pilates Reformer & Chair Classes

Reformer and chair classes will improve core strength, flexibility, and joint mobility, along with leaving you feeling tall and refreshed. As Joseph Pilates states, in 10 sessions you will feel the difference, in 20 you will see the difference, and in 30 you will have a whole new body. First time participants must sign up for the Reformer Intro class. **No class on November 28.**

Age: 16 years and up

Reformer Intro

Code	Day	Date	Time	M/NM Fee
4200	Sun	Sept 29 - Dec 15	8 - 9 am	\$352/\$440
Instructor: Brown		Location: Buffalo Grove Fitness Center		

Essential Reformer

Code	Day	Date	Time	M/NM Fee
4205	Thu	Oct 3 - Dec 19	10 - 11 am	\$323/\$404
Instructor: Stark		Location: Buffalo Grove Fitness Center		
4207	Fri	Oct 4 - Dec 20	11 am - 12 pm	\$352/\$440
4202	Sat	Oct 5 - Dec 21	8 - 9 am	\$352/\$440
Instructor: Galyayeva		Location: Buffalo Grove Fitness Center		

Essential Reformer & Chair

Code	Day	Date	Time	M/NM Fee
4211	Sun	Sept 29 - Dec 15	9 - 10 am	\$396/\$495
Instructor: Stark		Location: Buffalo Grove Fitness Center		
4208	Fri	Oct 4 - Dec 20	10 - 11 am	\$396/\$495
Instructor: Galyayeva		Location: Buffalo Grove Fitness Center		

Intermediate Reformer

Code	Day	Date	Time	M/NM Fee
4201	Tue	Oct 1 - Dec 17	7:35 - 8:35 pm	\$352/\$440
Instructor: Alesi		Location: Buffalo Grove Fitness Center		

Intermediate Reformer & Chair

Code	Day	Date	Time	M/NM Fee
4204	Thu	Oct 3 - Dec 19	9 - 10 am	\$363/\$454
Instructor: Stark		Location: Buffalo Grove Fitness Center		
4203	Wed	Oct 2 - Dec 18	6:45 - 7:45 pm	\$396/\$495
4206	Thu	Oct 3 - Dec 19	6:45 - 7:45 pm	\$363/\$454
Instructor: Galyayeva		Location: Buffalo Grove Fitness Center		

Advanced Reformer & Chair

Code	Day	Date	Time	M/NM Fee
4209	Sat	Oct 5 - Dec 21	9 - 10 am	\$396/\$495
Instructor: Galyayeva		Location: Buffalo Grove Fitness Center		

TRX Suspension Body Weight Training

TRX Suspension Training is the revolutionary new exercise program that uses your own body weight to build stability, core strength, functional strength, and balance. Our personal and performance trainers will incorporate beginning, intermediate and advanced body weight training techniques with the TRX tools to rev up your workout and boost muscle metabolism.

Age: 16 years and up

Code	Day	Date	Time	M/NM Fee
4300	Mon	Sept 30 - Dec 16	5:45 - 6:35 am	\$220/\$275
4301	Tue	Oct 1 - Dec 17	6 - 6:45 pm	\$220/\$275
4302	Wed	Oct 2 - Dec 18	6 - 6:45 pm	\$220/\$275
4303	Sat	Oct 5 - Dec 21	8 - 8:45 am	\$220/\$275

Instructor: Staff

Location: Buffalo Grove Fitness Center

Zumbatomic

It's time to make fitness a family affair with Zumbatomic! Designed exclusively for kids, Zumbatomic classes are rockin', high-energy fitness-parties packed with specially choreographed, kid-friendly routines, and all the music kids love to groove to in a group, like hip-hop, reggaeton, cumbia and more. Parents love Zumbatomic because of the effects it has on kids, increasing their focus and self-confidence, boosting metabolism and enhancing coordination. Zumbatomic rounds out family fitness goals by giving parents a great reason to head to the gym, for themselves, for their kids, for a totally fun family experience.

Code	Age	Day	Date	Time	M/NM Fee
4400	4-6 years	Wed	Oct 2 - Dec 18	1 - 1:45 pm	\$72/\$96
4401	7-12 years	Tue	Oct 1 - Dec 17	3:45 - 4:30 pm	\$72/\$96

Instructor: Dicker

Location: Buffalo Grove Fitness Center



Group Power

Group Power is a challenging, yet achievable program that uses adjustable barbells, making it ideal for people of all ages and fitness levels. You'll notice a difference in strength, energy level and physical appearance within only a few sessions. As you progress through the course, simply add weight to the barbells. Our certified instructors bring you the choreography of Group Power as created by exercise science doctors, who specialize in sharing unique and effective fitness programs around the world. A minimum of 8 participants required.

Code: 4620 M/NM Fee: \$320/\$400

Day	Date	Time
Sun	Sept 29 - Dec 15	8 - 9 am
Tue	Oct 1 - Dec 17	4:45 - 5:45 pm
Fri	Oct 5 - Dec 20	5:30 - 6:30 pm

Instructor: Yelena

Location: Buffalo Grove Fitness Center



Buffalo Grove Park District Environmental Action Team

The Buffalo Grove Environmental Action Team is a group of environmentally conscious local citizens eager to improve Buffalo Grove's natural environment and encourage sound and sustainable practices. Please join us - you can make a difference! For more information, please visit our page on the Park District's website at bgeat.org, or call Jeff Weiss at 847.224.0965.



Taekwondo

Our largest specialty program, Taekwondo, is designed to provide focus, confidence and self-defense. Levels are based on age and belt color. This program is for students who would like to be prepped for competitions and for those looking for discipline and fitness. **No class on November 28.**

Little Jins

This program allows students to develop balance and coordination through learning techniques found in Taekwondo which is the art of kicking and punching in a fun and safe environment.

Age: 4 - 5 years

Code	Day	Date	Time	M/NM Fee
4500	Mon	Sept 30 - Dec 16	4 - 4:30 pm	\$100/\$125
4501	Thu	Oct 3 - Dec 19	4 - 4:30 pm	\$92/\$115
4502	Sat	Oct 5 - Dec 21	10 - 10:30 am	\$100/\$125

Beginner

Learning the martial art Taekwondo provides many benefits. In the beginner class our program focuses on discipline, self confidence, physical fitness, and learning the basics to form a strong foundation to prepare them physically and mentally for the challenges of the intermediate program.

Age: 5 - 16 years

Code	Day	Date	Time	M/NM Fee
4503	Mon	Sept 30 - Dec 16	5:25 - 6:05 pm	\$112/\$140
4504	Thu	Oct 3 - Dec 19	4:30 - 5:20 pm	\$103/\$129
4505	Sat	Oct 5 - Dec 21	10:30 - 11:10 am	\$112/\$140

Intermediate

Students are expected to attain all the demands of a strong foundation in learning Taekwondo. At this stage attitude building is necessary to instill patience, perseverance and respect.

Age: 7 - 16 years

Code	Day	Date	Time	M/NM Fee
4506	Mon	Sept 30 - Dec 16	4:30 - 5:20 pm	\$136/\$170
4507	Thu	Oct 3 - Dec 19	6:30 - 7:20 pm	\$125/\$156
4508	Sat	Oct 5 - Dec 21	11:15 am - 12:05 pm	\$136/\$170

Advanced

This program approach will be more intense and demanding. Students are expected to show the distinction of an advanced level to other students. The attributes of a serious Taekwondo practitioner must reflect on their daily activities. The program prepares students for black belt promotion.

Age: 7 - 16 years

Code	Day	Date	Time	M/NM Fee
4509	Thu	Oct 3 - Dec 19	5:25 - 6:25 pm	\$147/\$184
4510	Sat	Oct 5 - Dec 21	9 - 10 am	\$160/\$200

Adult

All belt levels are welcome to join this class. Physical fitness and self defense are the primary focus of the program. Relieving stress by challenging the mind and body in a dynamic system of coordinated movements.

Age: 17 years and up

Code	Day	Date	Time	M/NM Fee
4511	Mon	Sept 30 - Dec 16	7:15 - 8:15 pm	\$160/\$200
4513	Fri	Oct 4 - Dec 20	6:50 - 7:50 pm	\$160/\$200

Black Belt

You must be a Black Belt to register for this class. Continuation of Black Belt degrees will be taught.

Age: 9 years and up

Code	Day	Date	Time	M/NM Fee
4514	Mon	Sept 30 - Dec 16	6:15 - 7:15 pm	\$160/\$200
4515	Fri	Oct 4 - Dec 20	5:45 - 6:45 pm	\$160/\$200

Integrated Sparring

This class is for students that are currently registered in our Taekwondo program that would like to enhance their sparring abilities.

Age: 7 years and up

Code	Day	Date	Time	M/NM Fee
3516	Tue	Oct 1 - Dec 17	5:30 - 6:30 pm	\$160/\$200

Instructor: De Guzman

Location: Buffalo Grove Fitness Center

Family

This class is intended for parents and children to enjoy Taekwondo together.

Age: 4 years and up

Code	Day	Date	Time	M/NM Fee
3517	Fri	Oct 4 - Dec 20	5 - 5:40 pm	\$112/\$140

Instructor: Staff

Location: Buffalo Grove Fitness Center



Senior Programs

Buffalo Grove Park District Seniors

Wondering what there is to do for fun?

Want a place to socialize with active, exciting people your own age? Become a part of the Buffalo Grove Park District Seniors. This is a program for seniors age 50 and over. Trips, lectures, services, refreshments and planned activities are all part of the excitement that awaits you. For more information, contact Terri Ebner at 847.850.2117.

Age: 50 years and older

Code # 36917 **R/NR Fee** \$20/\$25

*All present memberships will expire
December 31, 2013.*

Transportation

Wheeling Township - Offers bus service for Wheeling Township residents Monday through Friday from 9 am - 4 pm. Please call 847.259.7743 between 9 am and 1:30 pm to make a reservation. All reservations should be made 2 days before the travel date.

Vernon Township - Offers bus service for Vernon Township residents Monday through Friday from 8:30 am - 4:30 pm. Please call 847.634.4600 for reservations. Wednesday only, the Vernon Township bus will bring you to the Alcott Center so you will be able to participate in activities.

Reservations must be made at least 24 hours in advance.

Taxi Service - The Village of Buffalo Grove has negotiated a discounted fee for seniors. For more information on this program please call Village Hall at 847.459.2500. Forms are available at the Alcott Center Office.



Benefits of Becoming A Member of Our Senior Programs

This membership entitles you to discounted member rates for many of our trips and programs, and enables you to participate in our many free lectures, lunches, parties and drop in programs. Be the first to find out what there is to do and avoid being placed on waiting lists. Membership is not required to enroll in classes or to make use of services that are offered. Resident/Nonresident fees will apply.

20% Discount

Residents aged 62 and over, are entitled to a 20% discount on recreation opportunities through the Park District, except contractual programs and trips. This symbol  indicates programs that are eligible for the 20% discounted fee. This will help you identify the programs that will entitle you to an additional discount. Classes offered in the senior section are already discounted. Prices are as stated.

Weekly Activities - For Members Only

New players are welcome, please stop by and join the fun.

Bridge

(For experienced players)
Monday and Wednesday at 12 pm

Hand & Foot - A Form Of Canasta

(New players always welcome)
Monday and Wednesday at 10 am

Texas Hold 'em

Monday and Friday at 12 pm

Poker

Tuesday and Friday at 12 pm

Bunco Buddies

Tuesday at 11:30 am

Bingo

Wednesday at 12 pm

Pinochle

Wednesday at 11 am

Mah Jong

Thursday at 11:30 am
For fast paced experienced players.
See page 57 for information on
beginning classes.

Left - Right - Center

2nd and 4th Thursday at 1 pm

Knitting - Crafty Ladies

Friday at 9 am

Indian Trails Library

A librarian from the Indian Trails Library
comes to the Alcott Center Wednesday
at 11:30 am.

Advisory Council Board Meetings

Wednesday, September 4, October 2, November 6 and December 4

Meetings are held the first Wednesday of each month at 10 am

Dates are subject to change, please call 847.850.2117 to verify.



Advisory Council Board Members

Rhonda Moore - President • Toby Bresler - Vice President • Syd Mitchel - Secretary
Betty Schneider - Ways and Means • Fran Eagan • Mary Ann Pisano
Carl Schulien • Harry Shaw • Rose Wilkosz

Activities Free To All Members

Good & Welfare

Free to all members

Have a card sent from our Senior Advisory Council Board. Cards can be sent for any occasion, get well, congratulations, sympathy etc. If there is a member you would like to send a card to, please call our Good and Welfare Chairperson, Betty Schneider at 847.459.4599.

The Crafty Ladies - Knitting & Crocheting

Every Friday

9 - 11 am

Free to all members

The Crafty Ladies are a great group who enjoy making items for themselves and others. They have patterns to share and yarn for making donated items to various charities. A few more friendly faces and busy hands are always welcome. Please stop by and see all of the beautiful items that they are working on. Clean and odorless yarns (no wool or wool blends please) are accepted and very appreciated. If you have yarn you would like to donate, please call 847.850.2117.

Texas Hold'em

Every Monday and Friday

12 pm

Free to all members

Come play the game that television has made into the biggest card game now played in the United States.

Left - Center - Right

2nd and 4th Thursday

1 pm

Free to all members

All you need to play this very fun, easy and entertaining game is chips, dice and people. The Park District has the chips and dice, so all we need are people that want to play. It's an easy game to learn, please feel free to join the group.

Bunco

Every Tuesday

11:30 am

Free to all members

Join the Bunco Buddies for an afternoon of fun and excitement. Bunco (also Bunko and Bonko) is played in teams with 3 dice. When you roll 3 of a kind of the number you are currently rolling this is a Bunco (21 points). If you don't know how to play, or need some brushing up, this friendly group will help you. You may be the next one shouting Bunco.

Birthday Celebrations

Wednesday, September 4, October 2, November 6 and December 4

1:30 pm

Free to all members

Enjoy monthly complimentary birthday cookies provided by Belmont Village of Buffalo Grove at 1:30 pm at the Alcott Center. Belmont Village was founded to provide a way for seniors to lead happy, self-directed lives in a supporting community, one that offers good value and has been designed from the ground up to be sensitive to senior living. They are located at 500 McHenry Road in Buffalo Grove and can be reached at 847.537.5000.



*Buffalo Grove
Park District
Senior Shirts*

Beautiful, colorful Park District Senior t-shirts are now available in small and medium sizes for only \$2. Supply and sizes are limited. Shirts can be purchased at the front office. Be sure to wear our shirt with pride.

Activities Free To All Seniors

Obtaining The Police Blotter

Free to all seniors

The Crime Prevention Unit of the Buffalo Grove Police Department will e-mail you the "Police Blotter", which is published Monday through Friday. The "Blotter" tells you of incidents and crimes in the Village, alerts you of scams and crime trends, lets you know what the Police Department is up to, and from time to time, tells a funny story or two. To receive the "Blotter" by e-mail, go to vbg.org, and on the right side of the page, click on E-News Sign Up. Fill in the form and click subscribe. Or, you can call the Police Department at 847.459.2560.

Current Events Discussion Group

**Thursday, August 15, September 19, October 17,
November 21 and December 19**

10:15 am

Free to all seniors

Join Rabbi James Gordon, Director of Pastoral Services at The Claremont Rehab and Living Center in Buffalo Grove, for an hour of current events. Rabbi Gordon, a very inspirational speaker, will lead the group in topics that will include Local, National and International Politics, Human Interest Stories and Sports. Rabbi Gordon is an Attorney, Sports Enthusiast and former Political Advisor. Current Events will continue once a month, the third Thursday of each month at the Alcott Center. Dates are subject to change.

Public Safety Breakfast Club

Wednesday, August 28, September 25 and October 30

10:15 am

Free to all seniors



This program is sponsored by Lexington Health Network in Wheeling. Join representatives from the Buffalo Grove Police and Fire Departments the last Wednesday of the month at the Alcott Center. Various safety topics will be discussed. Have all of your concerns answered, learn what's going on in your neighborhood and more. Bagels and cream cheese will be served and registration is required.

CJE SeniorLife

**Thursday, September 5, October 3, November 7 and
December 5**

11 am - 2 pm

Free to all seniors

Are you confused by Medicare Part D? Do you need to know if you qualify for other assistance? CJE has the answers. CJE SeniorLife's resource specialists provide older adults with free information, assistance and advocacy in the areas of benefits eligibility check up, social security, health insurance, Medicare, Medicare Part D, Medicaid, Circuit Breaker eligibility, and now resources for retirement. Learn about Medigap Insurance, prescription drug programs, and even learn how your employee benefits compare with Medicare. A representative of CJE SeniorLife will be available at the Alcott Center on the 1st Thursday of every month to answer your questions and assist you in filing for these programs. For more information or to schedule an appointment, call 773.508.1047.

Activities Free To All Seniors

Medicare

Wednesday, September 11

10:30 am

Free to all seniors

Every year the government opens a window when seniors can make changes in their Medicare plans. While this period is meant to help seniors to pick their best options, the variety of choices can often be confusing. Pioneer Press columnist, Lenna Scott, will help breakdown the differences between the different types of Medicare plans and suggest resources to help seniors make informed choices. Registration is required.

Blood Pressure Screenings

Wednesday, September 11 and November 13

1:30 pm

Free to all seniors

High blood pressure is a silent killer, and there are no symptoms. Don't miss this opportunity to have yours checked at the Alcott Center by a nurse from Wheeling Township.

Houdini

Tuesday, September 17

7 pm

Free to all seniors

The true stories of the American self-liberator, Europe's eclipsing sensation, world's handcuff king, exposé of fraud, original prison breaker, and master magician. Houdini was the most famous man of his time; and, over 80 years after his death, he is still the foremost name in magic. William Pack uses storytelling and historical magic recreations to bring to life the true story of this icon. This program will be held at Indian Trails Library, located at 355 Schoenbeck Road in Wheeling. Registration is required by calling 847.459.4100. Co-sponsored with the Buffalo Grove Park District and the Wheeling Pavilion Senior Center.

Genealogy



Learn how to get a toe hold as you climb your family tree. We will talk about how to get started and what resources will help you on your adventure. Join a representative from the Indian Trails Library as you travel down this exciting path.

Code	Day	Date	Time	Fee
38695	Wed	Sept 25	7 - 8:30 pm	Free

Instructor: Indian Trails Library Location: Alcott Center

Musical Mondays



Join the Indian Trails Public Library and the Buffalo Grove Park District for some Monday afternoon fun. Our fall line up is Maureen Christine, Alex Talbott and Nancy Shaffer.

Maureen Christine (38567), an award winning vocalist and national recording artist presents her newest concert Unforgettable, Sweet Songs of the 50s and 60s. Wonderful songs you danced, romanced and fell in love to. You'll be swaying and humming along with these terrific songs.

Alex Talbott (35868), a saxophone player and vocalist, is currently performing with the Jazz/Blues group at the Embassy Suites Hotel in downtown Chicago.

Nancy Shaffer (38569) delivers unmatched uplifting entertainment! Nancy sings beautiful tunes that touch the heart, as well as songs to stir the soul in her One Woman Show. Nancy truly makes memories resurface as she moves through the years with her incredible voice. Sponsored by Indian Trails Public Library.

Code	Day	Date	Time	Fee
38567	Mon	Sept 30	2 - 3:30 pm	Free
38568	Mon	Oct 14	2 - 3:30 pm	Free
38569	Mon	Nov 25	2 - 3:30 pm	Free

Location: Alcott Center

Activities Free To All Seniors

NEW Chris Colletti - Tribute To The Great American Song Book

Tuesday, October 8

2 pm

Free to all seniors

Come and hear Chris Colletti bring some of the greatest musical legends to life, including Frank Sinatra, Bobby Darin, Al Martino, Buddy Greco, Vic Damone and Tony Bennett. As you enjoy his vocal styling and interpretation, you will take a journey back to the big band era, a time when songs and their lyrics really meant something. This program will be held at Indian Trails Library, located at 355 Schoenbeck Road in Wheeling. Registration is required by calling 847.459.4100. Co-sponsored with the Buffalo Grove Park District and the Wheeling Pavilion Senior Center.

NEW Book/Movie Discussion

Read the book, join us for the movie, and we will discuss which you liked better and the major themes of both. This month we will be watching The Help. Three ordinary women are about to take one extraordinary step. A representative from Indian Trails Public Library will be leading the discussion.

Code	Day	Date	Time	Fee
38694	Tue	Oct 22	6:30 - 9 pm	Free

Instructor: Indian Trails Library Location: Alcott Center

NEW Travel and Customs In Central Africa

Join Christian Medjo Me Zengue, a native of Camaroon, as he shares the customs, history and culture of Central Africa. This program is sponsored by the Indian Trails Public Library.

Code	Day	Date	Time	Fee
38693	Mon	Nov 4	7 - 8 pm	Free

Instructor: Medjo Me Zengue Location: Alcott Center

NEW Passing Assets To The Next Generation

How much will you really leave your heirs? You will learn that all assets are not created equal when passing them to your heirs. You will gain an understanding of how your assets will be taxed, tips for which assets are best to pass down, and which you should spend. For example, a stretch IRA can be a great strategy to lessen the tax burden. You will also discuss the pros and cons of estate planning techniques, such as wills, trusts, direct beneficiaries and joint ownership. CFP Theresa Harezlak will show you how to maximize the amount your heirs will enjoy and learn ways they can maximize their inheritance. Cosponsored with Harper College.

Code	Day	Date	Time	Fee
38577	Thu	Nov 7	9:30 - 11:30 am	Free

Instructor: Hareziak Location: Alcott Center



Activities Free To All Seniors



Veterans Day Celebration

Monday, November 11

Refreshments from 12:15 - 1:15 pm

Ceremony at 1:30 pm

Free to everyone

Join us as we honor all Veterans, their families and friends, on November 11 at Buffalo Grove High School, 1100 West Dundee Road in Buffalo Grove. There will be music and free refreshments from 12:15 - 1:15 pm courtesy of Culver's of Buffalo Grove and The Hershey Company. The program will begin at 1:30 pm. This is sure to be a day that will be remembered by everyone. All ages are invited to this very special time of remembrance.

Benjamin Franklin - Stories Of Revolution By R. J. Lindsey

Tuesday, November 12

2 pm

Free to all seniors

With a wink and a smile, ol' Ben invites you to dinner, and over a fine glass of claret, tells stories of his youth. He'll talk about his inventions, including the lightning rod and bifocal glasses, and will also tell you about some of the public institutions he founded. This program will be held at Indian Trails Public Library, located at 355 Schoenbeck Road in Wheeling. Cosponsored with Indian Trails Public Library and the Wheeling Pavilion Senior Center. Registration is required by calling 847.459.4100.

Rules Of The Road Review Class

Tuesday, November 19

Free to all seniors

A representative from the Secretary of State's Office will be conducting a free review course at the Alcott Center from 10 am - 12 pm. This program is designed to outline current driving laws and reduce anxiety associated with the renewal of driving privileges. This is a serious, but fun class that takes the fear out of taking tests. Registration is required.

Thanksgiving Fun with CJE

Friday, November 22

11:15 am - 1:15 pm

Free to all seniors

CJE Seniorlife's Weinberg Community in Deerfield is thankful for the Buffalo Grove Park District Seniors. Please join them for a Thanksgiving brunch, raffles and entertainment, as they express their appreciation to all of you. The program will be held in their Gidwitz Social Hall, located at 1551 Lake Cook Road in Deerfield. Feel free to drive on your own or take transportation from the Alcott Center at 10:30 am. Registration is required by calling 847.850.2117.



Want to learn Mah Jongg?

For our beginning Mah Jongg class, also perfect for those who need a refresher, see page 61.

Activities Available To All Seniors

AARP Driver Safety Program

The AARP Driver Safety Program consists of two, 4-hour days, and is geared as a driving refresher for motorists age 50 and older; however, any licensed driver may attend. The class covers much of the information needed to pass the Illinois State license exam, and reviews the eyesight, hearing and physical changes that drivers experience as they age. Also included are safer driving habits, how to avoid driving hazards, changes in roadway conditions and safety equipment on your automobile. There is also a discussion of when to consider driver retirement. There is a new and updated curriculum being taught, with up-to-date audio and visual materials. Completion of the 2-day class may entitle the participant to a discount on their auto insurance. Please check with your insurance carrier for further details. The fee is \$12 for AARP members and \$14 for nonmembers. Bring AARP card to class.

Code	Day	Date	Time	M/NM Fee
37867	Sat	Aug 17 - Aug 24	9:30 am - 1:30 pm	\$12/\$14
38574	Fri	Nov 1 - Nov 8	9 am - 1 pm	\$12/\$14

Instructor: AARP

Location: Alcott Center

Wendy's Community Night

Thursday, August 15, October 17 and December 19

5 - 8 pm

Available to all seniors, their family and friends

Want a fun, delicious and easy way to earn money for the Buffalo Grove Park District Seniors? All you have to do is eat at Wendy's, 245 McHenry Road in Buffalo Grove, on the above dates between 5 - 8 pm and they will donate 15% of all sales made during that time. Dine-in or drive thru. Why not have dinner or even dessert and help the seniors at the same time. This fundraiser will be used for a special activity.

Good To Know

For a variety of fitness classes that are perfect for seniors, see page 67.

Culver's Lunch



Culver's will be delivering a mouth-watering lunch to the Alcott Center. Included in this meal will be a chicken sandwich (September and December), beef pot roast sandwich (October) and 1/2 tuna sandwich and chile (November). Custard will be served for dessert. Why not enjoy lunch before you begin playing Bingo or cards, or just come out for a day of fun?

Code	Day	Date	Time	Fee
37853	Wed	Sept 4	11:30 am - 12 pm	\$5
38551	Wed	Oct 8	11:30 am - 12 pm	\$5
38552	Wed	Nov 6	11:30 am - 12 pm	\$5
38550	Wed	Dec 4	11:30 am - 12 pm	\$5

Location: Alcott Center

Wendy's Bingo Night

Monday, September 16 and November 18

5 - 7 pm

Available to all seniors, their family and friends

Join us at Wendy's, 245 McHenry Road in Buffalo Grove, for an evening of food and fun. Be sure to invite your friends and family. You are responsible for purchasing your own food. After eating we will play Bingo for Wendy's prizes. But best of all, Wendy's will donate 15% of all sales made during that time to the Buffalo Grove Park District Seniors. Why not have dinner or even dessert and help the seniors at the same time? This fundraiser will be used for a special activity.

Pizza, Pop, Popcorn & Picture Show

Join us for an evening of entertainment. Enjoy a light dinner and watch a movie. The movie title will be posted a month before the program. This is a great way to enjoy the night with the company of others, while you're having fun. All ages are invited to join us.

Code	Day	Date	Time	Fee
38564	Tue	Sept 17	4 - 6 pm	\$4

Location: Alcott Center

Activities Available To All Seniors

Here's Autumn Party



Winter is an etching, spring a watercolor, summer an oil painting, and autumn a mosaic of

them all. Let's get together and celebrate this beautiful time of year. With autumn right around the corner, it's time to celebrate that the hot days of summer are behind us. Our lunch is sponsored by Whitehall of Deerfield; and, entertainment is courtesy of The Friends of the Parks Foundation.

Code	Day	Date	Time	M/NM Fee
38554	Wed	Sept 18	11 am - 12:30 pm	\$3/\$5

Location: Alcott Center



Life Line Screening



Friday, September 27

Available to all seniors

Every year, more than 750,000 individuals experience a stroke and a third of them are under the age of 65. As many as one half occur without a warning. The good news is that vascular disease is often preventable and treatable. Problems can be detected early and taken care of before symptoms occur and become a big problem. Here is an opportunity to identify your risk. All results are sent to you and you will be referred back to your own physician.

Life Line Screening will be offering non-invasive screenings using ultrasound technology and tests stroke/carotid artery (CA), abdominal aortic aneurysm (AAA), peripheral arterial disease (ABI index), and osteoporosis. A new screening for atrial fibrillation, an irregular heart rhythm that is linked to up to 20% of all strokes, is now offered. Finger-stick blood testing for lipid profile (Cholesterol, HDL/LDL, Triglycerides) and glucose levels will also be available.

Stroke/Vascular Disease/Heart Rhythm ultrasound package (CA, AAA, AFIB, ABI) - \$139

Blood Package (lipid profile, glucose) - \$50 additional with ultrasound package

Osteoporosis - \$10 additional with ultrasound package

Appointments are required and will begin at 9 a.m. at the Alcott Center. Space is limited. To schedule or for more information call 800.324.1851.



Save The Date!

Senior Holiday Party

Wednesday, December 11 - 11:45 am

Detailed information coming in our Winter 2014 catalog.

Activities Available To All Seniors

Annual Flu & Pneumonia Shots

Wednesday, October 2

11:30 am - 2:30 pm

Available to anyone 14 years and older

The pharmacists from the Buffalo Grove Dominick's Pharmacy will administer the shots. For children 14 - 17 years of age, a parent or legal guardian must be present. Pneumonia shots are recommended every 5 years and once after the age of 65. The flu shots are free for those who have Medicare Part B, otherwise there will be a charge. Medicare Part B covers pneumonia shots once after the age of 65. Appointments will not be taken. You will be given a number when you arrive. Please bring your insurance cards with you. If you have any questions, contact the Dominick's Pharmacy at (847) 634-1130. Your Dominick's Pharmacy offers a 10% off voucher on your next grocery purchase when you receive a flu shot.

Flu Shot - Call pharmacy for prices.

Pneumonia Shot - Call pharmacy for prices.

Medicare Part B - Free

Culver's Breakfast & Bingo



While their ButterBurger made them famous, their diverse menu doesn't stop there. Over 45 other items are available for you to choose from. Join us for a morning of fun at Culver's, located at 450 N. McHenry Road in Buffalo Grove. Enjoy scrambled eggs, toast and bacon as you play Bingo. Prizes will be Culver's coupons, redeemable for the free specified product on the card. This is sure to be a morning that will fill our tummies.

Code	Day	Date	Time	Fee
38580	Mon	Oct 21	9:30 - 11 am	\$5

Location: Culver's of Buffalo Grove

Halloween Time



be sponsored by The Wealshire The Ponds.

Come join the fun at our spooktacular Halloween celebration. Visit and laugh with friends while enjoying lunch and entertainment. Lunch will

Code	Day	Date	Time	M/NM Fee
38575	Wed	Oct 23	11 am - 12:30 pm	\$3/\$5

Location: Alcott Center

NEW Dark Moments In American History

In America, Thomas Jefferson had slaves in a country with a Constitution that reads, "All men are created equal," and women could not vote until the 1920s. Americans fought a Civil War for reasons that should have been guaranteed in the Constitution. United States Presidents have ordered the overthrow of democratic leaders of sovereign nations. Join Dennis Bulat as these and other historical facts will be reviewed in the sometimes inconvenient history of the United States. Cosponsored with Harper College.

Code	Day	Date	Time	Fee
38576	Tue	Nov 12 - Nov 19	1 - 3 pm	\$10

Instructor: Bulat

Location: Alcott Center

Thanksgiving Day Celebration



Thanksgiving is a time to remember how thankful we are for our friends, family and health. Let's get together during this special holiday and enjoy a turkey meal, sponsored by Alden Long Grove.

Alden Long Grove Rehabilitation and Health Care Center, located off Old Hicks Road in Long Grove, specializes in short-term orthopedic recovery and post-acute services. For more information, contact Denise Betzhold at 847.438.8275. Entertainment will be sponsored by The Friends of the Parks Foundation.

Code	Day	Date	Time	M/NM Fee
38592	Wed	Nov 20	11 am - 12:30 pm	\$3/\$5

Location: Alcott Center

Senior Trips

Trip Policies

Pick Up/Drop Off

Departure times are set and abided by. If changes occur, participants will be notified.

Return times may vary due to traffic and/or weather conditions. We will do everything possible to return at the scheduled time.

Casino trips will depart from the Golf and Sports Center, 801 McHenry Road, all other trips will depart from the Alcott Center, 530 Bernard Drive.

Refund Policy

No refunds are given unless the Park District cancels the trip. You are responsible for finding your own replacement if you are unable to attend the trip.

Registration Deadlines

Deadlines listed must be adhered to. If the required participant minimum is not met by the date listed, the trip will be cancelled due to reservation requirements. Full refunds will be given. It is very important to register, with payment, before the trip gets cancelled.

If you have signed up for a trip, and are unable to attend on the day of the trip, please call **847.850.2100**.

Refunds for trips and contractual workshops will only be issued if the spot can be filled from the waiting list.

All buses will depart promptly at the scheduled departure time.

Horseshoe Casino

This time we are off to Hammond, Indiana. Included in this trip is round trip transportation. Restroom facilities are not available on the bus, which will depart from and return to the Golf and Sports Center, located at 801 McHenry Road in Buffalo Grove. Please call if you signed up for this trip and are unable to attend. You must bring a picture I.D. or a valid drivers license. Please register with payment 2 weeks before departure date.

Age: 21 years and up

Code	Day	Date	Time	Fee
37878	Fri	Sept 20	9:30 am - 4:30 pm	\$5
38572	Fri	Nov 15	9:30 am - 4:30 pm	\$5

Location: Golf & Sports Center

Fabulous Fox River Lunch Cruise

The beautiful town of Geneva and St. Charles, IL is set on sloping streets, lined by gardens, and bursting with charm and history. In Geneva, enjoy some free time to shop at the famed Little Traveler, a Geneva institution since 1922. Afterward, at Pottawatomie Park in St. Charles, board the Fox River Queen, a replica steamboat paddle wheeler. Once on board, enjoy a fantastic buffet lunch with live musical entertainment, all on a 2-hour cruise of the scenic and serene Fox River. Cosponsored with Indian Trails Public Library. Registration with payment must be received by August 26 to avoid cancellation. Call to see if there are openings after that date.

Code	Day	Date	Time	Fee
38591	Thu	Oct 3	9:30 am - 3:15 pm	\$69

Location: Alcott Center

Senior Trips

9 To 5

This hilarious new musical from Grammy Award-winner Dolly Parton features the hit title song and Tony Award-nominated score. 9 to 5 is the hilarious story of friendship and revenge in the rolodex era. When 3 unlikely friends take control of the office and put their sexist, egotistical, lying, hypocritical bigot of a boss in his place, they learn there is nothing they can't do, even in a man's world. Registration with payment must be received by September 3. Transportation will not be provided. Cosponsored with Indian Trails Public Library.

Code	Day	Date	Time	Fee
38565	Wed	Oct 9	1 - 3 pm	\$31

Location: Marriot Lincolnshire



Upcoming Trips

Don't forget to sign up for Marriott Theatre, Casinos, and Chicago Your Way. Call 847.850.2100 to see if there are still openings. For additional information, refer to our summer catalog, available for viewing at bgparks.org.

Potawatomi Casino & More

Included in this trip is round trip transportation, a \$10 food voucher, and \$10 Firekeepers Reward Play. We will also make a short stop on the way home at the Mars Cheese Castle. The bus will depart from and return to the Golf and Sports Center, located at 801 McHenry Road in Buffalo Grove. Please call if you signed up for this trip and are unable to attend. You must bring a picture I.D. or a valid drivers license. Please register with payment 2 weeks before departure date. **Please note:** The bus will leave the casino at 4 pm. Bingo players may have to leave before their Bingo game ends.

Age: 21 years and up

Code	Day	Date	Time	Fee
38599	Mon	Oct 28	10 am - 6 pm	\$25

Location: Golf & Sports Center

Mary Poppins

The world's favorite nanny arrives on the Marriott stage! Mary Poppins, based on P.L. Travers' beloved stories and the classic Disney film, features a magical score and thrilling dancing with A Spoonful of Sugar, Chim Chim Cher-ee, Feed the Birds, and Let's Go Fly a Kite, coming to life in front of your eyes for the very first time. So, come and spend a jolly holiday with Mary and an irresistible cast of characters. Registration with payment must be received by November 12. Transportation will not be provided. Cosponsored with Indian Trails Public Library.

Code	Day	Date	Time	Fee
38590	Wed	Dec 18	1 - 3 pm	\$31

Location: Marriot Lincolnshire

Parks & Facilities

MAP	PARK NAME	ADDRESS	ACREAGE	Recreation Building	Swimming Pool	Picnic Area	Preschool Play Area	Elementary Play Area	Ball Diamond	Pickleball	Soccer Field	Tennis Courts	Basketball Courts	Ice Skating Rink	Bocce	Wildlife Conservation	Fishing	Bike Path/ Walkway	Parking Available	Lake/Pond	Detention Areas	Sand Volleyball	Inline Rink	Disc Golf	Skate Park	AED Facility
1	Alcott Center & Park	530 Bernard Drive	6.8	•	•	♿	♿	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	+
2	Aptakisic Park	1231 Weiland Road	4						•										•	•						
3	Apple Hill Park	2275 Apple Hill Lane	8.66			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
4	Aquadome Indoor Pool at BGHS	1100 W. Dundee Road	1	•															•							+
5	Bicentennial Park	1301 N. Arlington Heights Road	3.33				•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
6	Bison Park	905 W. Dundee Road	4.5						•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
7	Cambridge Park	951 S. Buffalo Grove Road	6			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
8	Candlewood Detention	443 Carman Avenue	0.75																•			•				
9	Canterbury Park	560 Blue Ash Drive	2.6				♿	♿	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
10	Cherbourg Park	815 Marseilles Circle	5.6			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
11	Children's Park	1000 Fremont Way	4.5				•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
12	Churchill Park	1900 N. Buffalo Grove Road	21.47						•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
13	Cooper Park	1050 Plum Grove Circle	6						•										•			•				
14	Crossings Pond	1051 Fremont Way	10.9															•	•	•	•	•	•	•	•	
15	Emmerich Park	150 Raupp Blvd.	13	•	•	•	•	•	•	•	•	•	*	•	•	•	•	•	•	•	•	•	•	•	•	+
16	Emmerich East Park	151 Raupp Blvd.	8.75			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
17	Frenchmens Cove	3351 N. Carriageway Drive, A.H.	4								•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
18	Green Lake Park	1101 N. Green Knolls Drive	20			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
19	Happy Tails Dog Park	835 Commerce Court	2.5															•	•	•	•	•	•	•	•	
20	Highland Point Park/Detention	850 Weiland Road	10.2															•	•	•	•	•	•	•	•	
21	Ivy Hall School & Park	1072 Ivy Hall Lane	5				•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
22	Kilmer School & Park	655 Golfview Terrace	8			•	•	•	•	•	•	•	*	•	•	•	•	•	•	•	•	•	•	•	•	
23	Lions Park	730 Weidner Road	5															•	•	•	•	•	•	•	•	
24	Longfellow School & Park	501 S. Arlington Heights Road	3.5			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
25	Martha Weiss Park	815 Kingsbridge Way	0.75				•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
26	Mike Rylko Community Park	1000 N. Buffalo Grove Road	76.5			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
26a	Golf & Sports Center	801 McHenry Road	↓	•														•								+
26b	Fitness Center	601 Deerfield Parkway	↓	•	•								•					•								+
26c	Spray 'N Play	951 McHenry Road	↓				•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	+
27	Mill Creek Park	1350 Radcliffe Road	7					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
28	Mirielle Park	2236 Avalon Drive	2.93			•	♿	♿	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
29	Nicole Park/Site 21	501 N. Arlington Heights Road	4				•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
30	Northwood Park/Detention	615 Pauline Avenue	3.29																			•				
31	Old Farm Park	1300 Highland Grove Drive	10.5				•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
32	Oxford Park	1450 Oxford Drive	1																							
33	Parkchester Park	851 Weiland Road	7.05			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
34	Prairie Grove Park	2020 Olive Hill	1.32				•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
35	Prairie School & Park	1530 Brandywyn Lane	9.5					•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
36	Raupp Memorial Museum & Park	901 Dunham Lane	3.5	•															•	•	•	•	•	•	•	+
37	Reservoir # 7	400 LaSalle Lane	0.25									•	•	•	•	•	•	•	•	•	•	•	•	•	•	
38	Rolling Hills Park	1850 Twin Oaks Blvd.	.48				•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
39	Rolling Hills North Park	1951 Sheridan Road	5.6						•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
40	Sommerset Detention	153 Pauline Avenue	1																			•				
41	Tartan Park	650 Pinehurst Lane	2				♿	♿	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
42	Twin Creeks Park	401 Aptakisic Road	7	•			♿	♿	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
43	Veterans Park	1300 N. Weiland Road	9.5			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
44	Weidner Park	50 Weidner Road	3.5																							
45	Wellington Commons Park/Detention	505 Windover Road	8								•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
46	Westchester Park	180 Thompson Blvd.	5.5			•	♿	♿	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
47	Willow Grove School & Park	777 Checker Drive	2			•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
48a	Willow Stream Pool & Park	600 Farrington Drive	54	•	•	•	•	•	•	•	•	•	*	•	•	•	•	•	•	•	•	•	•	•	•	+
48b	Willow Stream Park (S)	651 Old Checker Road	↓			•	♿	♿	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	+
49	Windfield Park/Detention	550 S. Arlington Heights Road	2.4																			•				
50	Windsor Ridge Park	780 Vernon Lane	6.24				•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	•	
51	Woodland Park	2500 N. Buffalo Grove Road	14			•	•	•	•	•	•	•	*	*	•	•	•	•	•	•	•	•	•	•	•	

* Indicates lighted court or field

Park Location Map



Schools

- A** Country Meadows Elementary and Woodlawn Middle Schools
6360 Gilmer Road, Long Grove
- B** Tripp Elementary School, 850 Highland Grove Drive
- C** Meridian Middle School, 1996 Brandywyn Lane
- D** Pritchett Elementary School, 200 Horatio Drive
- E** Riley Elementary School, 1209 Burr Oak Drive
- F** Kildeer Elementary School, 3100 Old McHenry Road, Long Grove
- G** Twin Groves Middle School, 2600 N. Buffalo Grove Road

Guidelines/Ordinances to follow in the parks

- Smoking is not allowed on park property.
- Dogs without leashes are not allowed on park property.
- Owner is responsible to pick up after animal(s) on park property.
- No alcoholic beverages allowed.
- No hitting of golf balls.
- No motorized vehicles unless authorized by Park District personnel (except for designated parking lots).
- Dumping of debris, grass clippings, etc. on park property is prohibited.
- Park closing hours are as follows: lighted parks 11 p.m. Non-lighted parks 10 p.m. Parks open at 6 a.m.
- Use sidewalks, not the grass. Discard trash.
- To report acts of vandalism and/or hazardous park conditions, please call Jim Holder at (847) 850-2163.
- No organized league games or practices permitted at Canterbury Park.



BUFFALO
GROVE
PARK
DISTRICT

530 Bernard Drive
Buffalo Grove, IL 60089
847.850.2100
bgparks.org

PRSRT STD
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Buffalo Grove, IL



BUFFALO GROVE DAYS

DISC GOLF TOURNAMENT

See page 13 for more details

DOG SHOW

See page 13 for more details

BUFFALO GROVE STAMPEDE

See page 16 for more details

FAMILY
FOOD
FUN!



JOIN US AT THE PARADE

Buffalo Grove Days Parade
Sunday, September 1 • 1pm
on Bernard Drive

See page 17